

# Resources

## Web Resources

### *Contact List Form*

[https://www.hadley.edu/Downloads/pdf/ContactList\\_Handout.pdf](https://www.hadley.edu/Downloads/pdf/ContactList_Handout.pdf)

*Emergency Preparedness*, Food Safety and Inspection Service, U.S. Department of Agriculture.

<https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/emergency-preparedness/emergency-preparedness-index>

This resource provides important information about food safety during natural disasters and emergencies. It also provides a weather emergency food safety checklist.

*Emergency Preparedness and Response*, Office of Public Health Preparedness and Response, Centers for Disease Control and Prevention.

<https://emergency.cdc.gov/>  
[https://twitter.com/CDCemergency?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/CDCemergency?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)

This website provides key up-to-date information on how to prepare for natural disasters.

*How to Prepare for Emergencies: Mobile Apps*, American Red Cross.

<http://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps>

The American Red Cross offers many mobile apps for emergency preparedness: first aid, and alerts and notifications for various weather conditions and natural disasters.

*Just in Case: Emergency Readiness for Older Adults and Caregivers*, National Family Caregiver Support Program, U.S. Department of Health and Human Services, Administration on Aging.

[https://www.acl.gov/sites/default/files/programs/2016-10/Just in Case030706 links.pdf](https://www.acl.gov/sites/default/files/programs/2016-10/Just_in_Case030706_links.pdf)

This printable document presents emergency readiness in three steps: (1) know the basics, (2) have your emergency supplies ready, and (3) make a personal plan. It includes a very useful checklist.

## **Organizations**

American Association of Poison Control Centers  
(AAPCC)

800-222-1222

[aapcc.org](http://aapcc.org)

PoisonHelp.org

American Foundation for the Blind

1401 South Clark Street

Suite 730

Arlington, VA 22202

800-232-5463

[afb.org](http://afb.org)

American Red Cross National Headquarters

431 18th Street, NW

Washington, DC 20006

800-733-2767

202-303-4498

[redcross.org](http://redcross.org)

Federal Emergency Management Agency (FEMA)

500 C St. S.W.

Washington, DC 20472

800-621-3362

800-480-2520 (to obtain publications)

202-646-2500

[fema.gov](http://fema.gov)

[ready.gov](http://ready.gov)

[fema.gov/mobile-app](http://fema.gov/mobile-app)

Lighthouse Guild

250 West 64th Street

New York, NY 10023

800-284-4422

TTY 711

[lighthouseguild.org](http://lighthouseguild.org)

National Fire Protection Association (NFPA)

1 Batterymarch Park

Quincy, MA 02169-7471

800-344-3555

617-770-3000

[nfpa.org](http://nfpa.org)

National Safety Council (NSC)

1121 Spring Lake Dr.

Itasca, IL 60143-3201

800-621-7615

630-285-1121

[nsc.org](http://nsc.org)

U.S. Consumer Product Safety Commission (CPSC)

4330 East-West Highway

Bethesda, MD 20814

800-638-2772

TTY: 301-595-7054

[cpsc.gov](http://cpsc.gov)

## **Books Available Through the National Library Service**

American Medical Association, *The American Medical Association's Handbook of First Aid and Emergency Care* [braille], Washington, DC: NLS, 1981. Book number: BR 04621.

American Red Cross, *Cardiopulmonary Resuscitation* [braille], Los Angeles, CA: Braille Institute of America, 1977. Book number: CLBraille (BR10655).

Arnold, Peter, *Check List for Emergencies* [sound recording], Washington, DC: National Library Service for the Blind and Physically Handicapped, Library of Congress, 2016. Book number: DB 12765.

Downloadable talking book:

<http://hdl.loc.gov/loc.nls/db.12765>