YOUR VISION SPAN

The most important component of the speed-reading process is the vision span.

What is the visual span? It represents the number of letters that can be recognized reliably without moving the eyes.

I think you are familiar with that moment when your eyes blink as you read a line in a book. Well, your eyes are not blinking without reason. They are recording the information, which your brain will process later on. This is where speed-reading or slow reading makes the difference.

Reading word-by-word (also called sub vocalization) or vocalizing every syllable makes you a slow reader. Most probably in your childhood you were taught to read out loud when learning something. This is not what speed reading is.

Why do you need to avoid subvocalizing when reading a material? Your vision span is in direct relation with the eye blink when recording the information in your brain. The shorter your vision span, the less information is processed.

If you expand your vision span, your speed reading will dramatically increase. If you do all the exercises I am providing to you then your reading speed will skyrocket. You will be able to read at a glance words, phrases, and even whole sentences. Your progress depends on your dedication.

Tips:

=> The exercises that follow are divided in two main parts:

1) How to expand your vision span and control your eyes

2) How to develop a wide and deep vision span

=> Each exercise has three levels of difficulty:

1) Uppercase letters (A-Z)
2) Uppercase letters (A-Z) + Numeric digits (0-9)
3) Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

=> You can repeat all these exercises as many times as you need to. They can be a good warm-up for your reading assignments.

=> In order to get the most out of them, spend 15 minutes every day for 30 days. Small and consistent steps are preferable than doing 3 hours per day once a week.

1) How to expand your vision span and control your eyes

FIRST EXERCISE

Start with the first line and focus your eyes **_only_** on the center letter -> **P** (in this example). Start to read aloud, or silently vocalize in this order: _center letter, left letter, right letter_.

<div align="center">

N   P   J

</div>

Once you've done that, move your eyes to the next horizontal line and repeat the process. Continue until you've done with that set.

Try to do all the three sets of exercises. It takes time, but you will get the maximum of benefits.

It's normal to have the tendency to move your eyes left-right, but try to avoid that as much as possible. There are two options to avoid this flaw:

- record yourself using a camera with a focus on your eyes;

- ask a friend or family member to supervise you when you train your eyes.

Two tips for you:

- First, try to focus your eyes _on the tops_ of the printed letters/words - this way your eyes will move rapidly.

- Second, do not force yourself to see all the letters precisely. **Have fun** as this is not a race or contest. Yes, it's normal to make mistakes. You just need to concentrate on training your eyes, on forming new healthy habits of reading. With enough patience, you will see your vision span increases and your reading speed as well.

Only after mastering the first exercise you should move to the second one.

LEVEL 1 = Uppercase letters (A-Z)

N	P	J
T	L	N
V	P	F
W	P	H
G	X	I
A	T	L
X	I	P
J	A	E
M	V	E
P	Z	D
J	I	D
E	B	K
Q	B	O
F	F	K
P	I	M
A	U	G
H	Y	N
P	Z	R
F	A	S
E	S	Z
D	Y	O
W	U	J
K	T	C
U	S	Q
D	G	Y
W	J	A
B	L	Y
B	C	E
L	N	N
E	P	X
M	E	Z
A	Y	D
H	K	W
E	A	T
I	Q	Y
L	X	A
B	H	I
R	T	B
M	Y	O
E	Q	H

Z	G	V
D	U	Y
V	H	K
I	G	J
F	I	F
Z	X	H
H	K	N
J	W	M
J	E	Z
E	R	O
Y	C	H
Q	T	L
O	X	U
H	E	T
K	Z	N
G	N	R
S	G	A
F	H	N
O	X	H
E	S	B

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

C	V	H
J	2	J
O	G	2
H	A	T
I	D	Z
J	E	R
T	R	8
W	9	R
V	T	M
P	7	J
V	R	G
0	N	9
2	V	E
U	O	Z
U	9	A
T	V	5

G	O	1
L	2	W
O	H	X
M	G	N
U	P	L
N	2	9
4	N	Q
M	C	0
P	Y	0
C	M	K
9	1	Z
6	J	Z
Z	O	7
E	J	I
W	S	Q
T	S	4
T	9	T
D	M	Q
B	C	X
D	9	I
B	O	Z
D	V	I
M	4	8
G	A	L
6	Z	M
M	F	5
G	2	T
W	9	0
6	X	E
1	V	5
L	S	S
2	7	A
A	T	K
E	G	K
A	D	Y
T	9	B
M	W	D
A	U	2
W	0	4
I	G	H
E	U	H
M	T	K
1	1	I
X	Y	O

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

9	d	d
j	y	t
X	Y	2
9	3	A
9	O	E
0	8	m
y	b	B
v	4	I
T	c	v
N	J	e
x	f	0
P	c	n
b	l	g
r	8	l
s	J	4
U	S	8
m	G	L
Y	w	m
z	X	1
s	9	1
A	a	Q
i	F	P
V	N	E
6	G	N
i	C	b
T	2	Z
n	q	a
A	a	m
u	W	O
E	d	2
V	U	s
t	b	b
j	T	U
D	2	r
u	E	B
t	w	q
y	z	q
U	c	w
K	a	L
Q	0	g

M	a	o
i	s	M
O	B	M
F	y	f
M	n	1
H	Y	B
V	F	S
w	U	0
l	b	H
q	m	x
K	f	d
q	x	i
N	b	U
i	i	r
J	b	G
J	n	S
9	p	8
e	D	X
D	E	r
k	v	Z

SECOND EXERCISE

Start with the first line and focus your eyes *only* on the center letter -> **D** (in this example). Start to read aloud, or silently vocalize in this order:

Center, immediate left, immediate right, far left, far right.

A	JDM	A

LEVEL 1 = Uppercase letters (A-Z)

A	JDM	A
D	OSM	B
K	IGR	Y
I	MNH	J
U	YZJ	Y
Q	RGL	I
J	PHG	R
K	HTQ	F
V	KMP	K
P	NFI	V
L	DQY	T
A	ERR	L
V	TKH	I
L	WSU	B
O	LJI	D
E	LJG	Y
M	TJY	X
V	AJU	S
R	HCA	H
R	FUF	V
T	FNA	H
J	UQW	P
N	EGS	L
V	ESC	S
V	GAA	I
R	WEM	G
P	COX	Z
R	ZGC	W
G	WMF	R
A	HZJ	N
K	RNF	W

K	LVM	I
V	SLE	L
S	MUP	Z
I	XUQ	R
V	XNU	G
P	ZEG	Q
L	ZYK	N
Z	FGN	S
T	PVZ	F
Z	BDK	F
M	UCK	W
L	CUP	A
G	EZZ	M
Q	KPV	K
R	PHR	D
J	VTR	R
A	HUA	Z
Q	SKT	X
F	QNK	O
Z	EKU	U
R	SIC	I
O	BKG	P
S	VPD	L
L	ELW	G
L	EQV	E
A	WNL	S
W	FYA	O
U	MCF	N
W	KES	N

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

L	6LKX	X
K	SLO7	7
P	Z0T7	7
W	EZH1	1
8	LJJ4	4
Z	LUR7	7
Y	Q5DP	P
8	Y3P8	8
S	34EM	M
X	9OQX	X
9	7UNR	R
Q	0MR9	9
3	1T0B	B
I	OSO6	6
6	OZM	1
Y	3XK	2
M	FI7	F
F	B1B	J
E	UEG	O
Y	W9P	P
B	7W9	8
P	R3F	M
0	TLJ	3
S	0PW	J
E	GYD	P
1	6X6	4
L	2WN	G
P	P2R	I
6	DPQ	H
J	EKJ	Q
I	8P7	M
1	JUZ	7
E	PA5	H
A	YYZ	S
N	LNT	P
3	RW7	F
Y	574	7
A	7AC	F
W	8B5	F
E	NGR	F
D	Y6P	Q

7	HFJ	J
R	QSF	7
K	Z98	J
Y	WT1	2
O	ZQR	2
1	FFA	T
Z	W0V	8
5	25R	N
M	ARQ	N
N	24Y	M
V	1YC	L
O	CYN	O
9	B5B	O
9	A1U	U
P	2NJ	T
T	A91	4
G	BGJ	4
E	03T	Z
3	SRS	A

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

W	Pio	c
d	qJs	L
k	9C2	b
k	KaA	L
A	UuG	b
a	9Kk	0
D	IYp	X
y	G9b	Y
8	Fp3	Q
G	ac9	Q
O	8qD	Y
x	yGV	X
j	Lmf	v
O	GZj	D
4	6cB	n
o	TCE	s
U	Gbu	C
X	UFo	x

H	V27	b
U	8aG	h
m	H0u	u
T	ITP	K
7	2YD	p
V	xp7	c
P	CqR	u
r	sDX	u
t	BRo	R
n	djO	B
0	6Ne	b
G	9v6	3
7	Sjp	y
T	054	Y
6	mKB	5
b	IIV	a
A	jJJ	m
O	znC	z
k	5C5	N
F	LsB	8
g	qcc	G
M	2f7	r
5	lrb	d
z	52X	c
z	taH	k
S	xjL	6
p	H4n	R
I	uUH	O
c	jTA	k
O	WvA	Q
j	NJ3	b
Q	OHx	y
Y	BN3	n
9	rNj	K
t	Hlt	P
I	SYX	D
z	9tb	E
T	eAV	x
m	yrX	W
k	jXR	e
K	GuS	0
Q	AGX	O

THIRD EXERCISE

Start with the first line and focus your eyes _**only**_ on the center letter -> **U** (in this example). Start to read aloud, or silently vocalize in this order:

Center, immediate left, immediate right, far left, far right.

G	P	U	Q	P

LEVEL 1 = Uppercase letters (A-Z)

G	P	U	Q	P
K	X	P	W	B
R	M	Z	B	I
C	S	Z	R	D
T	J	E	E	P
E	V	D	N	U
Y	V	G	H	E
M	G	W	V	Y
H	D	L	I	H
L	S	G	H	L
Q	C	F	W	D
W	M	K	L	Y
T	F	J	P	A
P	G	R	Z	A
L	L	C	H	N
L	D	H	M	M
T	R	D	W	A
G	Z	D	I	Q
V	U	R	B	C
S	Y	Z	X	L
F	B	L	L	K
E	M	E	J	B
L	L	M	P	S
I	T	I	T	V
R	K	X	H	R
N	W	Y	K	Y
M	B	B	Y	U
E	H	O	Q	F
B	I	L	Q	E
Q	Z	G	E	C
F	P	R	O	P

W	Q	J	D	S
C	R	V	A	B
S	S	Q	Z	A
X	F	J	V	K
R	V	G	M	J
D	U	Z	W	N
A	T	N	P	Q
R	H	Y	G	D
X	R	O	V	F
I	F	B	G	S
I	K	H	S	O
A	X	D	J	F
G	S	Y	S	G
I	L	A	R	E
C	N	G	J	F
Z	T	C	G	B
R	L	E	F	R
X	R	X	D	O
Z	P	X	Z	F
V	L	O	B	F
C	U	W	M	X
O	M	U	H	T
P	I	J	U	G
Z	Q	N	H	V
G	D	T	F	D
P	C	E	P	S
F	M	V	P	P
X	V	N	E	O
X	L	Y	L	Z

R	U	E	X	3
X	F	2	K	Q
K	I	M	0	T
8	I	A	1	4
2	P	N	O	B
0	L	D	H	M
N	F	6	M	N
I	W	5	3	0
0	K	2	U	8
O	E	7	H	D
M	0	9	0	C
D	R	Y	3	9
D	P	R	O	7
4	5	K	B	G
A	T	I	C	G
7	7	O	B	O
9	7	I	L	9
I	P	4	7	Q
4	U	H	D	G
E	I	I	V	D
L	3	I	X	Q
F	W	W	G	5
K	K	R	G	8
R	E	9	9	Y
0	E	W	W	J
F	U	7	A	Z
J	P	S	Y	I
H	G	3	R	D
Q	Z	M	7	7
3	N	D	T	4
C	V	O	R	4
V	B	P	Y	O
R	3	P	I	6
1	I	4	H	O
1	C	D	D	P
M	K	J	Z	G
R	N	L	Y	Y
D	S	Y	F	V
9	5	V	O	4
F	1	0	V	A
6	H	A	Q	E

7	X	S	2	U
W	Z	5	P	U
D	S	7	L	O
2	9	S	B	4
E	Q	F	K	L
6	4	5	C	E
H	J	5	E	K
4	N	I	F	S
G	N	L	F	M
F	R	T	W	Z
8	L	6	W	R
2	K	7	2	Q
M	X	Q	Y	K
L	E	8	B	D
W	A	B	9	A
G	7	U	S	Y
O	9	A	9	G
E	N	P	3	O
E	X	G	P	3

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

0	j	u	P	w
j	t	R	X	C
Z	S	u	T	m
N	a	w	S	s
s	c	y	f	n
t	z	x	K	l
6	x	o	U	w
4	l	1	5	M
y	o	R	X	F
R	U	O	5	o
2	F	I	m	g
K	3	W	r	5
H	Z	T	G	x
M	x	W	g	v
W	9	j	V	3
L	h	R	A	Y
e	b	y	0	Z
N	6	y	c	c

d	N	9	o	Q
V	P	J	Y	r
Y	C	z	c	a
f	Y	j	8	7
Q	x	D	V	n
P	7	G	d	t
V	K	q	R	R
i	h	h	q	e
J	k	j	J	J
F	w	e	9	x
F	X	3	z	S
R	h	u	B	G
P	k	t	n	P
r	s	0	y	k
K	p	A	l	V
h	N	L	Y	8
O	1	E	s	L
d	N	N	a	m
q	9	D	1	A
B	p	N	A	D
o	U	w	1	K
w	J	8	1	y
2	a	8	F	H
D	P	H	H	a
A	H	6	u	E
P	1	m	A	B
B	D	h	m	l
t	1	E	O	c
e	C	x	F	z
3	6	m	s	a
H	2	g	q	z
m	F	T	o	R
b	z	Y	G	2
m	W	A	o	9
z	i	k	o	G
p	G	c	f	j
D	3	G	D	t
E	N	J	7	5
M	z	m	H	E
N	l	E	I	f
u	c	v	8	1
Y	3	7	8	Z

FOURTH EXERCISE

Start with the first line and focus your eyes _**only**_ on the center letter -> **B** (in this example). Start to read aloud, or silently vocalize in this order:

Center, immediate left, immediate right, far left, far right.

L	T	ZBR	Q	O

LEVEL 1 = Uppercase letters (A-Z)

L	T	ZBR	Q	O
I	H	TOI	J	N
L	T	MCU	F	E
K	F	FJW	C	N
X	L	EGX	U	R
U	G	VOQ	S	H
I	C	SDL	M	X
N	S	IWS	Q	U
W	H	JDU	J	N
K	C	GPF	I	M
J	T	NXU	V	V
D	Z	BKE	I	A
B	D	FYU	X	W
K	I	DUZ	X	C
Q	M	AXL	N	P
G	J	PCW	M	P
P	D	DIT	K	I
I	M	XPZ	F	J
W	B	WZJ	C	P
I	L	QTL	R	S
L	N	NJG	B	B
O	A	UBC	Q	P
E	Y	DZQ	B	H
A	F	AUR	J	V
V	W	DHN	C	W
L	F	DDC	L	L
G	K	BVX	M	Y
X	P	MZI	O	P
K	W	ZWR	D	M
S	V	QSR	X	D
Y	Z	CDX	Q	W

G	Q	XWC	P	V
K	M	FOU	Y	V
E	Z	PCQ	W	Y
M	W	ANI	T	F
J	T	WPR	J	T
L	H	ORH	V	H
D	S	VPO	U	X
T	D	BWD	N	W
F	I	LWW	V	G
P	P	YTS	N	H
G	L	VHO	S	T
N	L	UPF	V	M
U	P	SAZ	G	U
K	Z	BUJ	L	Q
Y	Q	JWE	B	N
G	C	ZOC	S	X
S	W	BWL	S	N
Z	G	SWP	K	O
N	U	KNV	V	J
D	C	COV	G	F
N	C	PBV	W	X
O	R	EPY	G	M
Z	L	VWB	T	R
E	X	QKN	H	U
K	D	ITE	T	C
Y	H	ZNZ	U	Q
I	P	PWV	P	X
S	K	OOY	K	K
G	D	FCO	J	Y

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

5	3	81C	X	9
2	1	IIR	B	5
G	T	ED4	K	2
1	O	2T8	Z	W
9	A	B7Z	P	8
9	D	14T	V	R
E	1	767	M	F
Z	X	SWY	2	S
A	0	7X7	N	E
U	U	DCD	S	U
5	8	GQ0	8	4
P	C	GTF	J	N
D	W	Y02	G	5
W	Q	694	B	2
9	5	ADF	H	5
5	6	F6B	C	9
Y	L	PJR	Q	U
1	X	FW7	Y	M
D	9	L1X	E	R
M	0	F2W	9	4
H	C	C25	T	J
L	U	O6J	K	M
7	S	2KG	9	F
V	W	SM9	Y	9
4	U	UGY	1	5
D	N	XWP	U	8
K	O	KMQ	9	X
7	5	QGO	D	7
A	5	O6Z	E	X
G	0	U4P	H	D
C	0	EDS	0	2
L	Y	TPO	A	K
J	U	WWK	U	B
E	8	E6B	H	1
0	J	7QO	5	F
3	U	YPJ	F	J
B	6	SNX	P	N
9	F	BYV	6	R
9	G	1NL	J	F
C	M	L71	W	R
Y	E	DA6	R	6

9	8	RSW	U	Z
4	0	9ZY	9	R
5	V	PBL	O	H
2	I	OR7	9	D
V	6	N6F	D	X
X	9	FB5	B	T
N	V	4VV	6	6
G	Q	Q0Y	2	A
S	P	G80	J	K
3	C	U4V	U	D
W	M	DMB	1	P
7	J	B66	3	L
G	Y	ON7	U	0
1	L	A7E	B	7
N	J	KCQ	A	G
R	H	7ZF	O	9
T	N	LJ1	P	Y
N	D	1TP	D	9
A	L	WRO	V	I

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

B	z	2v3	v	b
f	T	Jxw	T	E
y	g	oqc	y	x
m	a	yaH	8	z
U	p	Ah2	G	a
E	M	q9n	9	m
k	u	9jN	E	0
K	8	pVc	T	K
p	b	IDS	j	g
m	s	fpX	F	y
u	w	q0N	r	Z
A	n	tur	1	O
1	U	hj6	E	m
c	v	1zT	K	R
D	P	AwV	o	g
X	H	LQr	v	y
F	x	tfr	I	v
G	h	wHN	n	S

q	O	C9n	a	N
r	j	TVS	U	N
Q	L	nRd	N	G
k	f	1RE	B	5
t	3	4hC	5	O
P	s	77i	B	c
X	h	Ctf	A	F
B	w	1xm	E	d
A	F	Dvp	1	H
h	R	5yf	2	u
v	L	FuV	0	o
1	D	ot9	P	a
s	Q	y7U	h	x
1	7	LZo	W	P
l	X	vy3	F	o
b	w	lUa	T	1
Z	M	IRg	A	U
P	z	YFc	N	t
g	N	7ZS	B	4
R	q	1tO	i	x
8	5	Jr4	V	v
a	J	dJZ	1	3
l	b	0wL	E	z
l	G	7Sk	E	f
2	s	c82	g	f
f	o	L2U	6	f
X	k	Il5	G	q
8	0	48t	D	b
A	4	sM2	X	S
8	P	cqe	9	A
W	g	Ylz	o	7
9	B	moN	d	d
8	J	BUB	N	N
p	S	4fs	5	M
Q	I	7iy	M	r
m	B	INU	y	b
v	V	oM5	i	m
d	k	ODT	k	9
N	0	zBl	Q	q
H	3	h0l	o	2
i	Z	Q1O	H	s
8	D	JgM	Y	b

FIFTH EXERCISE

Start with the first line and focus your eyes **_only_** on the center letter -> **F** (in this example). Start to read aloud, or silently vocalize in this order:

Center, immediate left, immediate right, far left, far right.

A	Y	I	JFE	V	K	D

LEVEL 1 = Uppercase letters (A-Z)

A	Y	I	JFE	V	K	D
N	X	H	VGV	N	P	U
J	Z	Y	WHT	M	Z	V
D	D	N	FXQ	B	P	Z
V	K	N	NPZ	W	M	Y
O	H	E	BNV	F	U	R
N	S	J	ZEK	U	N	H
Y	A	J	YPI	W	E	G
W	G	H	LNY	L	R	T
U	K	M	FPE	T	L	Z
T	Q	V	NQN	W	K	M
K	G	W	ARS	K	I	Q
V	U	O	TSZ	W	N	U
V	U	I	MVH	R	O	T
Z	Q	C	ZMX	G	P	L
E	X	X	NWJ	K	T	T
Q	T	I	HII	H	A	J
X	R	X	ZKR	L	A	S
L	D	N	HVJ	P	L	X
C	Q	X	TNC	Q	T	V
D	N	O	UKJ	X	J	P
L	T	I	BUO	U	S	Z
O	T	Y	KRR	B	E	Y
C	P	K	PCZ	Y	S	T
W	X	S	XRO	U	K	U
Z	Z	S	BQO	P	G	N
V	R	K	RYN	F	M	P
F	C	S	NEP	T	G	W
S	C	S	FCY	W	K	K

K	Q	A	PYQ	M	S	J
O	K	A	JZK	D	C	P
N	W	I	NTA	Q	J	O
O	L	L	MRP	J	A	A
R	B	P	DJE	W	Y	E
M	D	Z	LUW	M	S	H
J	R	F	MHG	M	O	J
A	F	X	WDY	B	B	H
I	M	U	MCA	W	A	E
S	H	I	JKN	P	Q	A
D	O	W	LJC	E	E	T
C	C	V	OKC	W	T	D
F	U	H	DDN	E	R	E
O	N	O	QUB	I	E	F
V	Y	I	PAI	Q	G	J
D	X	K	TEY	E	X	N
I	Q	O	AKS	M	J	O
V	V	I	PXR	B	Q	H
Z	Q	I	RDL	H	M	A
X	Q	N	LRL	N	H	D
D	F	B	UWH	P	Q	W
Z	M	X	WCV	B	F	W
G	Z	W	PWB	I	V	N
J	O	C	ZZV	C	L	J
E	P	R	FXG	W	C	L
N	O	N	DBP	U	V	V
V	O	G	GTI	H	X	A
F	C	X	FAO	R	U	R
F	Z	O	CAX	Z	G	J
Z	A	C	NBW	K	I	L
K	I	E	OYY	O	J	X

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

J	B	E	WFV	V	1	I
3	I	Z	LRF	Y	W	L
4	1	8	47O	F	U	I
D	W	A	17W	I	9	G
3	Z	E	HWO	7	J	V
9	A	P	LQC	M	L	N
A	2	E	J9F	T	Z	H
N	F	X	QT8	M	W	J
R	U	O	B4V	V	Q	8
T	X	K	OIT	D	I	M
H	B	K	3TB	6	1	Q
R	J	E	CRY	4	1	A
I	M	K	3U7	6	D	P
8	O	V	R0S	R	O	U
F	1	F	X35	V	3	N
9	2	P	X6Y	W	L	3
W	8	P	L0S	2	F	7
J	5	H	1DF	Q	Z	D
G	S	6	Z21	L	0	6
D	S	X	QC4	N	P	V
V	G	W	OND	H	R	E
O	6	U	XZL	8	Y	D
M	W	J	QV2	C	0	N
R	G	N	5V2	H	8	F
E	0	7	GN9	Y	D	W
F	F	7	OK9	U	J	8
T	O	X	BQE	G	T	E
X	O	0	F7P	E	J	N
0	7	X	IQO	O	H	5
P	9	A	TOH	W	N	S
B	V	S	1KZ	I	Q	D
K	H	U	APX	1	J	K
N	0	E	1DQ	J	2	M
5	F	4	NJT	J	S	R
G	R	C	4M4	6	O	A
3	H	I	8IK	P	0	5
D	M	V	ONA	T	O	U
U	2	6	FEO	L	Z	H
2	J	E	QRV	U	L	A
6	K	I	YUH	O	G	0

M	X	Z	H0A	T	F	U
4	2	L	A0F	N	C	K
A	F	E	Z36	Z	L	L
2	F	H	FPD	H	W	X
X	Z	A	CKF	W	2	L
2	Z	1	SZF	H	3	Z
B	7	Q	5RE	M	Q	5
R	K	Q	J7Z	G	9	9
9	E	Z	OJK	V	Z	U
T	W	9	BHU	3	6	7
Z	N	X	P7B	0	I	Y
O	6	Y	A5M	P	0	X
E	U	I	0WD	T	4	Z
N	2	W	X3X	H	X	C
T	8	Y	XJD	K	U	H
0	O	0	076	4	D	4
2	5	2	G74	E	V	Z
L	Q	X	R84	Y	2	6
B	G	N	EKL	U	J	5
Y	5	2	UY7	9	8	H

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

v	Q	1	H05	K	B	A
B	8	F	VGc	M	f	X
Q	v	J	wlt	Y	Z	z
k	i	v	ZZS	H	h	q
A	T	u	Ksv	h	v	v
3	w	m	gjz	s	c	l
c	2	G	K5E	2	l	E
j	6	L	4yY	A	a	K
H	D	6	YD1	4	Q	y
T	9	5	g7k	Q	M	b
u	F	n	lbd	M	K	C
1	f	w	o2P	q	n	S
B	c	5	Mdh	s	a	q
d	X	6	tlo	j	d	2
K	h	7	5nP	9	o	D
K	A	u	QVt	H	h	f

U	d	k	2MY	O	l	9
z	3	a	hkh	H	w	B
6	Q	Z	9DR	I	g	i
Y	3	7	lmj	u	P	x
3	D	4	nQy	l	k	l
X	z	e	q2c	b	d	y
m	P	S	p22	k	p	i
6	h	j	ZLh	L	u	l
8	X	Q	mVD	B	F	p
n	V	u	KX4	c	w	j
C	4	J	emo	q	p	7
m	2	P	wgw	v	q	C
z	B	l	iBx	r	0	s
G	d	o	Z4F	3	C	o
S	C	F	BJv	f	K	n
x	p	X	7DA	p	V	x
t	V	Y	kvN	r	h	k
1	E	Y	tHH	t	C	4
8	1	e	BhU	F	0	Z
O	A	S	DRS	G	H	r
t	x	d	40m	s	t	A
i	Z	G	DnQ	e	3	b
w	8	N	pS8	t	J	q
L	R	D	syD	E	d	0
R	i	3	X85	4	9	W
g	O	f	LeC	6	q	V
C	a	l	3YG	Z	H	P
r	3	Z	98h	8	U	y
L	B	B	9xQ	p	f	f
4	Y	B	JAp	D	B	4
k	h	v	GYR	5	9	F
J	E	1	oSZ	s	o	G
t	Z	X	CJ5	0	d	z
v	J	y	Tvv	t	A	g
C	U	C	6Me	t	C	x
0	k	R	CmP	E	y	Y
x	2	4	EDA	8	U	0
7	a	A	STh	Z	Z	x
F	F	t	5Ez	X	A	m
U	w	w	qWY	E	d	Z
e	Q	Q	NAH	X	2	Z
8	P	z	l4Q	j	J	d
L	4	9	odM	j	i	2
5	F	a	hSa	f	l	v