

2) How to develop a wide and deep vision span

FIRST EXERCISE

Focus your eyes ***only*** on the small white space between the letters **B** and **A**. Alternately, *read left and right from the inside out*, one line at a time.

N	B	Q
A	A	O

Try to make only one fixation to read the two lines then move on to the next set of letters. Repeat the exercises as much as you need to.

LEVEL 1 = Uppercase letters (A-Z)

N	B	Q
A	A	O
I	K	C
V	T	O
D	A	M
Y	S	S
H	R	V
T	K	V
L	G	T
W	L	Y

L	M	W
L	N	C
P	O	E
D	Q	T
S	B	N
H	F	P
V	N	Q
M	G	Z
R	A	U
X	O	B
B	X	W
X	E	E
Z	A	W
V	J	Y
A	V	W
Z	Z	K
J	K	Z
M	P	N
Z	G	G
A	N	Q
F	I	A
R	S	M
F	U	J
E	F	I
X	T	G
H	U	W
P	R	I
D	V	O
Z	W	Z
L	X	T

P	M	T
O	A	F
V	D	C
K	G	K
E	Z	D
J	P	W
Z	Y	L
R	L	H
P	U	M
X	Q	O
Y	F	D
B	I	V
T	K	R
A	D	V
W	M	H
C	Z	T
S	O	I
P	K	A
M	K	S
T	U	Y

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

I	4	4
F	P	F
6	D	Q
Q	G	8
7	N	5
8	I	D
5	U	O
2	E	A
E	Q	G
6	P	Y
V	F	A
3	U	S
E	H	T
6	K	X
J	U	Z
R	D	7
7	Y	D
9	L	1
D	W	5
O	N	N
9	2	K
2	H	5
E	O	6
M	7	E

F	H	0
B	2	G
4	K	B
W	0	R
T	3	L
T	W	5
6	C	2
2	6	N
D	2	O
1	F	2
Q	P	P
E	J	X
W	1	W
2	9	6
Y	I	V
M	X	U
4	E	G
6	7	R
1	6	6
F	I	L
Z	S	U
1	J	R
Z	0	3
Q	V	Q
Y	I	5
R	8	A
T	R	Y
C	Q	2
E	2	L
A	N	B

U	V	H
2	Q	1
4	V	G
N	I	N
W	I	M
4	Y	7

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

Q	I	I
C	j	e
J	h	n
4	2	S
s	t	9
l	g	2
z	x	8
z	N	e
d	L	6
v	u	z
W	X	j
u	w	B
D	L	i
F	j	U
i	R	1
Z	A	a

N	7	1
j	D	G
C	A	b
G	f	N
9	0	8
5	w	j
z	Z	N
b	a	K
A	0	I
K	R	0
7	S	G
I	6	v
0	j	t
3	S	H
q	k	A
r	k	G
Z	d	1
G	4	Z
5	r	1
H	B	h
E	m	9
X	P	G
K	4	d
2	A	u
9	R	z
R	4	4
5	k	O
Q	H	M
s	S	P
W	o	r

i	d	9
G	e	1
c	1	8
J	u	D
A	V	u
4	x	N
u	N	W
l	C	X
l	V	Y
u	z	J
G	9	P
8	V	0
w	u	q
M	4	9

SECOND EXERCISE

Focus your eyes **only** on center letter of each group -> **Y** (in this example). Alternately, *read left and right from the inside out*, one line at a time.

U	YSA	Z
W	OYR	Y
I	GRX	Q

Try to make only one fixation to read the three lines then move on to the next set of letters. Repeat the exercises as much as you need to.

LEVEL 1 = Uppercase letters (A-Z)

U	YSA	Z
W	OYR	Y
I	GRX	Q
P	IQO	A
O	JAO	K
O	RZF	T
X	DLP	K
N	HWO	Y
X	XYZ	P
N	TEK	R
P	QQB	F
K	JBB	N
E	LKI	U
Y	HIA	P
S	SYP	V

P	KRM	U
Y	GPM	Q
V	HVH	P
N	UGU	S
F	ZQM	Q
X	NIQ	A
D	SVI	Q
Y	VGZ	G
A	STV	T
S	JCV	K
T	LWW	A
A	MMU	G
F	ISN	P
I	EFK	Z
M	YNC	U
T	KPJ	F
S	KJL	I
S	SYH	G
V	MCJ	O
M	AVB	W
G	EWZ	I
D	YTX	X
D	SRG	B
X	EYE	L
C	TAR	M
V	QYL	P
N	POS	E
O	ULQ	L
H	TWV	G
V	IGN	T
V	ZBD	V
X	TPI	F
G	WGS	D

X	SAH	Y
X	KFN	H
O	YBS	Y
Q	QAE	O
S	OIH	C
P	IVT	L
K	LIR	M
T	DEO	H
M	LGX	G
A	BQN	Z
E	DRM	G
E	RKD	J

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

H	2NH	D
F	ZZ9	4
T	MMZ	A
S	X3A	X
R	CAQ	U
F	NHJ	S
Y	4WC	D
X	PZW	K
Q	YUD	Q
P	JPG	F
5	4PI	M
H	412	7

J	GXD	6
2	LGT	S
Y	S4Q	4
5	8H2	5
G	NRK	4
Y	CTC	K
P	616	M
X	LNZ	5
I	M89	9
F	DP4	0
6	7I2	W
L	30D	0
4	KW9	6
Y	3NT	9
B	49G	8
K	W3U	9
7	4FR	O
F	T3D	K
7	7CL	2
N	WBG	J
U	US3	C
T	7RY	5
9	ZJI	9
F	8HX	6
3	HT6	8
Z	0XL	5
L	NRQ	L
4	XIB	F
P	VQ2	3
R	HJ6	G
N	CE9	E
R	VNU	E
W	M0Q	O

D	B73	H
7	E2M	2
3	FKV	N
N	3SH	Z
V	4ZG	A
T	BBO	J
F	OFX	6
8	9TR	Q
Q	SAX	G
4	DXX	1
0	IED	W
6	08F	E
S	QER	I
R	Y3L	K
V	Q3Y	Q

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

E	pnP	N
K	vMx	R
x	kfy	g
6	lvU	F
r	5e1	7
7	HRD	X
q	0Xu	y
z	VYD	K
O	iJq	K
h	Dp6	L
S	6WS	T
9	ToH	o
w	3Tm	J
w	i1P	h
P	ol4	E
Z	F9v	1
T	kuD	K
W	agw	b
q	OcM	E
d	JCA	5
v	pKC	F
6	RI4	z
y	mlx	W
H	yCR	Q
s	E4S	M
S	7FV	6
c	fqU	t

V	iSB	H
c	jZy	o
U	s5n	v
F	Uri	G
i	X6e	Q
3	hN0	7
O	uDV	R
U	HkY	Y
V	rS1	g
Z	XYd	J
4	yTl	i
D	kKL	P
3	6Al	v
K	on4	C
v	KXa	7
K	lnL	M
T	Y8M	j
g	ODb	K
7	JDz	F
F	xu8	J
O	niY	C
U	VGI	9
d	Lrx	3
4	7F0	h
R	Awx	j
y	6u2	E
w	GfU	R
9	PFD	A
X	w2M	r
S	jU6	D
3	Nfy	m
n	yB7	S
G	hq4	F

THIRD EXERCISE

Focus your eyes ***only*** on center letter of each group -> **L** (in this example). Alternately, *read left and right from the inside out*, one line at a time.

Z	P	K	R	A
A	A	L	T	F
J	T	W	G	S

Try to make only one fixation to read the three lines then move on to the next set of letters. Repeat the exercises as much as you need to.

LEVEL 1 = Uppercase letters (A-Z)

Z	P	K	R	A
A	A	L	T	F
J	T	W	G	S
R	T	K	N	D
R	Y	J	S	D
B	W	A	V	R
S	C	T	I	W
Q	O	Z	V	X
U	T	Z	B	W
N	B	O	F	B
W	X	L	O	B
J	V	W	X	E
H	G	V	A	O
W	U	C	Y	X
V	L	Z	P	H

D F L	Y S O	M I I	J I I	U K P
T R C	A F T	J H R	N D V	B C B
S Y X	I T L	Q G F	M O O	L M O
M S S	V U S	V G X	D S A	G X I
X E F	H O W	Y E I	Q C V	A v v
R P Z	H W U	F I E	L D G	W S R
E C Z	X B T	F W W	J B L	JW O A
F N P	Y F A	P K G	H G Y	K O T
U Y S	I G X	C J H	L T O	A T A
F E K	H G B	Y J F	X H O	D D O
Z K W	K H P	U W M	G X X	K Y N

M	O	O	E	R
X	I	B	S	T
W	C	Y	V	E
W	M	O	H	P
B	N	E	D	O
V	Q	O	L	A
A	I	L	C	H
Q	M	X	B	H
H	D	B	R	R
B	L	F	S	I
S	X	F	P	O
X	G	C	M	J

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

B	7	W	X	3
A	F	L	B	D
G	O	Z	Y	X
8	M	H	2	A
J	O	5	L	E
5	E	Q	W	E
X	I	6	4	v
O	F	Y	3	Y
I	R	R	I	2
M	G	I	2	4
F	3	L	C	R
D	V	7	U	T

D P K	G 7 L	E 9 0	X V A	4 R G
V Y T	L 0 G	2 G T	B P 8	R F 9
K X E	4 I 7	K 3 H	W J O	T B 6
8 1 C	4 A K	5 X E	2 6 D	M 0 Z
7 A P	K 3 P	L Z 5	6 6 T	B I S
D R 5	M 3 Q	H Q L	L 1 P	H 5 W
2 G W	T V 0	T H S	X 1 X	E J 5
H V Z	K 6 A	D U O	H F V	X 5 S
M 4 0	C T D	2 0 R	K S V	P S 9
4 K P	L 1 W	Z J 2	G 8 W	0 R L
9 S 4	D 0 Y	K T Q	S 8 X	H N 4

F	R	Q	L	T
8	0	1	F	F
G	T	M	BE	E
E	6	S	T	3
D	6	Q	V	A
U	2	R	Y	O
X	7	8	U	F
9	A	Y	C	P
7	X	T	P	U
O	Q	0	3	C
2	Z	F	7	E
Y	P	G	6	6
D	4	0	H	V
Q	C	L	1	L
J	C	4	Y	Q

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

J	w	X	b	Y
Z	a	Y	u	L
z	1	f	1	5
y	e	b	v	8
p	n	p	j	Q
0	s	z	s	f
f	j	5	B	z
G	V	G	r	b
o	x	8	f	L

N	G	T	X	C
5	H	P	6	a
6	U	Q	H	K
X	b	5	q	9
n	U	u	b	h
m	5	H	m	e
N	d	I	9	T
y	E	o	f	U
5	N	G	5	Y
I	9	k	8	A
e	1	b	r	w
R	h	I	H	5
4	S	x	E	q
I	d	O	A	t
5	D	v	5	7
h	M	J	0	b
c	s	V	H	F
m	j	V	c	g
t	W	0	0	4
p	4	b	w	q
g	m	9	b	e
p	b	x	u	q
B	o	J	K	b
O	4	r	6	h
1	e	4	7	o
v	q	R	9	t
G	I	1	d	9
p	0	b	k	T
k	1	u	7	b
K	P	8	R	c
U	x	X	W	S
w	v	K	y	9
w	h	t	9	2

b	f	D	t	d
Y	O	i	1	R
d	S	A	l	r
E	X	4	s	d
D	2	P	s	1
y	K	E	o	t
j	6	y	c	t
M	q	l	N	R
C	9	P	y	V
T	E	R	Z	0
E	f	L	T	I
a	Z	g	5	V
3	j	g	6	v
Z	O	9	0	v
p	c	D	E	7
l	P	o	Z	u
e	P	t	a	H
r	i	U	3	1

FOURTH EXERCISE

Focus your eyes ***only*** on center letter of each group -> **A** (in this example). Alternately, *read left and right from the inside out*, one line at a time.

K	O	UBP	G	E
I	P	QUI	Z	V
F	X	GAC	K	M
Z	G	BLJ	A	Q
Z	W	ILD	L	H

Try to make only one fixation to read the five lines then move on to the next set of letters. Repeat the exercises as much as you need to.

LEVEL 1 = Uppercase letters (A-Z)

K	O	UBP	G	E
I	P	QUI	Z	V
F	X	GAC	K	M
Z	G	BLJ	A	Q
Z	W	ILD	L	H
M	J	WUD	T	A
H	P	HZZ	S	Y
N	D	LOB	Q	C
P	V	WKG	B	G
H	J	TMP	Q	M
A	O	HBK	T	J
W	F	JPJ	S	N
O	B	YXC	K	X
G	T	QFR	A	A
U	R	KAG	D	x

Z	W	KQF	C	D
A	P	BJT	R	C
R	R	MVB	M	M
L	L	UMH	J	T
O	E	LON	N	D
D	X	GOE	S	B
Z	R	SPZ	S	J
X	R	GBL	Y	P
Z	M	SGM	J	A
A	C	UGD	B	F
Q	X	EOT	E	M
C	Q	BJI	C	S
E	T	XAH	L	N
J	A	IGJ	E	F
Y	L	VKG	T	J
C	W	JBR	X	X
G	L	HNW	M	N
V	N	IFG	P	E
F	V	YGR	V	N
L	Y	HXH	Z	K
M	W	NBF	K	T
J	X	UCM	N	C
J	A	YRT	Q	W
Z	P	TQH	H	F
P	R	BZR	W	M
P	N	HRM	D	T
Z	W	DBE	Q	Z
Y	D	PVG	R	R
F	O	QLT	P	I
G	W	BGJ	D	P
G	S	JHE	K	B
Q	D	MTK	F	A
F	J	HNT	W	D
E	K	JNM	T	B
W	L	TVU	B	E

R	J	MAP	W	K
P	G	JBG	J	R
M	K	DPX	Q	D
Y	M	RUI	I	Z
G	M	RSS	O	U
U	V	OLK	Q	M
E	B	HHI	V	V
E	V	UMF	A	R
M	S	DIT	Z	G
H	Q	NSO	W	Q

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

4	9	EXE	E	2
Y	L	TED	7	k
Q	X	OAO	2	i
Y	Q	4GI	0	m
U	2	3EI	8	3
8	8	F6M	Q	5
W	C	CXK	O	9
2	X	PI5	R	n
Z	X	5YF	8	s
V	9	79Y	M	z
4	D	XI9	N	y
A	C	7NP	B	K
2	9	XI2	R	G
0	5	817	W	3
5	Q	FID	S	9
L	4	QW2	D	V
0	A	L47	3	M

0	F	I9K	G	U
X	0	TR3	2	0
S	S	42K	R	O
P	U	V6Z	I	8
O	8	5AV	6	F
W	D	KDV	6	2
4	V	BBI	V	Y
B	N	IQL	4	L
V	S	338	9	D
C	5	S0Z	Y	N
9	U	VHH	J	3
A	Q	AI5	G	W
7	C	55R	V	C
V	H	3DX	J	5
6	U	U2B	C	O
E	8	ZT5	R	8
7	A	QG9	Z	A
T	J	VM1	2	Q
O	H	MBC	L	Z
Q	C	R8D	D	F
X	Q	0U1	P	Q
V	K	IZM	P	5
C	I	6L7	8	X
C	G	A0R	O	0
M	9	ZGU	0	B
9	I	CT0	L	0
R	Z	7PD	J	A
V	5	L1J	6	U
V	C	IAM	F	M
E	5	XC2	M	T
H	A	2T4	J	2
O	8	K22	B	3
4	H	CSV	X	H
7	Q	MDQ	9	C
L	1	BX2	E	E
T	X	V5E	Y	E
H	R	NRC	8	G
B	Z	96I	A	7

A	U	5YU	A	X
A	G	CJA	S	C
D	J	F2T	X	X
T	5	TU0	S	9
Z	7	0F0	7	2
A	U	5YU	A	X
A	G	CJA	S	C
D	J	F2T	X	X
T	5	TU0	S	9
Z	7	0F0	7	2

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

d	V	4qD	4	0
o	I	o2x	L	G
R	g	89R	y	N
Z	f	W6x	K	F
s	T	bGR	8	K
p	r	9FX	a	y
H	P	Xxn	P	s
G	v	kNZ	p	t
E	U	ewX	b	n
b	W	clK	E	P
4	b	nHg	b	8
n	X	5I5	n	f
6	X	5I5	n	f
r	i	VIB	M	9
Z	A	LbN	G	u

b	2	cZI	l	o
L	7	joS	A	U
y	R	afT	w	g
M	A	0pG	h	a
p	9	7Pu	e	u
T	P	w9y	y	F
K	9	1SM	U	3
w	M	U3m	C	k
X	D	TK9	A	S
J	D	C5p	2	x
i	S	6Hz	F	r
C	m	OeU	x	a
T	T	iQg	C	Y
3	J	BXK	m	C
a	e	Ckk	G	2
j	g	pwC	5	J
i	f	HLQ	l	9
v	7	ZaZ	B	S
u	y	qXg	y	l
Y	t	KeN	l	c
e	U	4Gb	k	d
w	v	LZx	Z	H
G	l	3QK	l	o
q	k	0Uc	l	O
2	a	ge9	f	1
1	8	eSR	h	d
o	Q	PE7	o	F
n	Q	hat	1	g
J	5	d1O	B	H
8	W	7oM	l	p
N	a	8RZ	A	G
3	Z	LKU	d	H
0	4	YDp	X	f
2	o	hkl	g	J
K	g	sXF	a	Z

V	7	UTG	B	7
X	c	Qje	5	G
G	g	YgX	l	H
d	j	2iT	v	p
5	3	lbS	y	T
S	l	AP1	7	p
T	L	gWJ	M	g
h	y	NI6	m	u
F	o	CIS	0	K
z	u	SI9	C	H

FIFTH EXERCISE

Focus your eyes ***only*** on center letter of each group -> **K** (in this example). Alternately, *read left and right from the inside out*, one line at a time.

Y	V	A	DUA	Q	O	L
Z	Q	U	FKV	N	E	H
E	C	K	LJC	R	U	P

Try to make only one fixation to read the three lines then move on to the next set of letters. Repeat the exercises as much as you need to.

LEVEL 1 = Uppercase letters (A-Z)

Y	V	A	DUA	Q	O	L
Z	Q	U	FKV	N	E	H
E	C	K	LJC	R	U	P
L	B	N	DSH	G	H	T
Y	K	R	GAW	T	G	W
H	H	O	DGC	Y	F	Q
N	W	A	GLG	C	H	B
Q	Z	V	NCY	O	E	M
T	K	O	HUD	L	C	Y
R	H	L	FZZ	C	C	W
D	M	W	KBD	I	M	L
W	N	Q	XRT	X	J	J
X	I	W	TDZ	V	W	S
N	Z	M	PBJ	T	Y	W
H	R	N	ZVK	C	S	Y

C	O	O	WMX	D	K	U
Z	P	S	FYF	L	P	X
J	O	K	GOI	Y	M	X
E	G	S	BGA	L	R	Y
L	Q	L	VCW	M	W	F
X	M	R	QLZ	C	Q	Y
Q	F	Q	GKV	U	C	O
P	P	W	MGY	L	V	J
O	Q	B	JJR	I	E	X
T	W	L	STI	G	W	Y
D	F	U	NRP	P	H	H
X	N	N	LPE	G	S	K
S	C	D	GHM	M	O	C
D	X	Z	DTR	S	H	F
H	A	Q	FAX	L	D	R
S	X	H	GNU	T	G	O
S	U	K	JMG	Q	B	V
U	G	S	AWW	B	O	I
S	I	M	TBQ	P	U	L
S	J	S	SYD	J	M	M
S	S	M	KEU	D	G	A
S	K	L	ZOB	D	D	O
H	B	G	LHF	L	X	Y
V	T	I	QMP	K	P	A
U	J	T	SCW	I	S	O
Y	K	F	FCK	L	I	E
X	E	S	GCW	T	Q	J
U	Y	F	SGB	G	A	U
X	J	B	VRQ	T	U	X
H	F	W	UHZ	M	U	G
E	K	L	MHM	C	U	C
U	E	H	ASH	D	Z	S
J	L	K	UVO	L	S	A

C	B	B	HBX	B	F	Y
K	F	U	MWU	G	X	C
G	I	L	MZE	L	V	Z
B	E	A	CMD	Q	U	U
Z	Z	M	WMF	D	M	D
O	I	E	AIG	H	R	X
U	J	J	UYG	R	X	R
J	L	P	LLE	Y	R	X
H	A	N	PMI	O	M	G
G	Q	B	RDT	Z	E	R
Q	S	E	DCF	E	E	W
L	Z	N	IEN	O	H	B

LEVEL 2 = Uppercase letters (A-Z) + Numeric digits (0-9)

F	S	5	78Y	F	P	F
P	D	M	FO1	G	E	O
H	8	H	RN9	B	Y	3
H	2	G	54O	X	W	N
Q	G	0	LKA	2	5	6
W	5	T	DVR	0	X	6
R	J	Q	LS4	M	O	C
T	L	U	R79	N	T	V
6	L	N	32I	K	9	J
W	8	E	FYW	4	L	I
L	A	J	A2M	G	H	T
D	5	R	9F9	5	E	U

F	M	E	XOJ	V	V	2
X	5	F	6C1	C	D	1
9	K	Y	RZT	G	W	9
1	Z	R	LU0	8	9	B
T	E	T	Y1I	C	M	V
O	X	8	RGA	S	Q	1
X	A	T	NRM	Y	I	5
P	P	7	DSU	7	M	V
X	Q	H	6QV	Z	B	U
Q	K	C	NYJ	9	I	M
N	R	Q	7EM	J	W	I
Q	U	9	83P	1	I	O
A	D	J	6HQ	J	4	7
0	0	I	JO1	A	F	4
X	B	O	QMM	H	2	5
6	Z	4	WGT	H	G	9
K	T	B	RY3	3	7	V
Y	C	E	ECA	E	G	6
A	X	S	SMP	C	D	G
O	K	O	VGC	F	J	0
4	2	5	FPE	R	P	J
K	R	L	CSE	Z	F	6
T	G	F	HMG	V	U	0
C	Y	P	8NZ	C	G	7
5	E	Q	EK2	0	J	O
Z	7	N	161	P	R	2
4	A	F	YWW	L	7	S
F	T	0	ISC	E	6	X
L	Y	V	496	R	A	H
W	U	M	3OK	7	C	Q
V	5	0	7ON	T	2	0
T	B	O	Z9U	7	X	B
9	N	R	4DQ	R	M	3

B	7	K	38L	W	7	S
O	O	J	JVB	K	Q	3
A	5	K	X61	9	M	Y
Z	M	S	IOE	I	3	I
4	B	F	OZF	C	C	X
5	X	U	VVZ	4	U	5
8	B	4	Y66	U	Z	0
X	K	R	Y3N	5	T	V
4	B	E	PPK	G	M	K
9	H	J	5J9	J	V	C
9	W	T	YJA	O	5	N
F	0	V	QPN	A	S	M
7	Y	0	VWZ	J	T	O
U	F	S	DR0	2	9	V
A	3	V	N8P	3	T	9

LEVEL 3 = Uppercase letters (A-Z) + Numeric digits (0-9) + Lowercase letters (a-z)

i	x	l	1Rv	6	b	c
6	k	K	ZmA	h	r	G
v	R	d	4XE	E	j	r
d	o	p	lAb	h	S	Z
h	o	B	Qkt	l	o	G
j	X	F	Jqt	L	t	b
1	b	o	l0G	Y	R	4
j	i	y	yUG	v	F	v
x	D	J	KOZ	W	N	5

C	1	m	lqT	J	m	8
O	T	W	PIM	Y	y	s
G	L	m	5by	k	P	K
N	A	R	sun	t	c	f
V	z	f	l4r	e	N	O
Y	Y	9	DYQ	S	c	q
a	i	K	GC1	B	c	n
Q	J	L	UWy	N	u	j
I	9	e	fMf	t	O	t
4	8	C	7Xw	d	I	B
4	h	D	IHx	2	Y	X
n	4	4	GcF	r	E	I
O	k	H	Whk	X	5	2
2	2	v	U1d	1	8	9
I	C	2	w50	e	v	r
G	u	x	eXL	y	y	g
9	a	7	s3D	Y	S	t
G	P	z	Sxy	Y	F	y
7	0	B	mU8	Z	G	k
S	N	U	gVu	r	3	o
F	5	s	yyZ	O	1	3
W	W	p	QOT	R	W	1
c	o	Z	f9h	h	n	9
p	W	Y	tH2	7	s	Z
S	1	X	jCo	j	g	f
t	P	z	k7g	a	l	a
Y	C	N	al2	D	U	G
Z	j	2	0hj	O	c	U
v	t	O	9p8	L	a	D
G	1	m	me2	F	U	M
I	i	f	Z2T	5	U	z
p	M	u	bO6	z	d	A
x	L	1	Tg3	V	y	g
I	2	9	vso	v	5	B

P	v	I	kyg	z	F	y
x	S	J	MOB	t	J	I
P	B	H	rTZ	K	2	t
6	1	h	1k7	R	6	j
Y	y	S	5fr	v	q	R
2	C	D	Vda	X	I	P
s	f	N	WFX	a	1	v
6	d	g	V3W	u	H	R
u	S	m	Npq	5	v	s
Z	S	E	8db	a	b	N
o	i	g	sdg	L	b	f
6	J	p	cQF	y	v	m
M	6	T	VsO	k	X	0
B	0	N	1Om	Z	5	Q
O	b	z	Peu	g	s	d
h	9	t	VkA	p	v	1
t	g	V	8xx	z	D	D