

Karibu Meat Lovers RESTAURANT



Agriculture House, Mezzanine Floor

Junction of Moi Avenue and Harambee Avenue.

Next to Quickmart Supermarket near Bomblast.



OPERATIONAL HOURS

5:30 AM-11PM everyday



FOR DELIVERIES & ENQUIRIES

Call, Text, Whatsapp

0701 61 63 85

We also offer **OUTSIDE CATERING** services at an Affordable rate! Invite us to all your events from corporate events, graduations, birthday parties, weddings to even your local chamas. Contact us to get personalized service.



meatloverslimited



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Hot Beverages

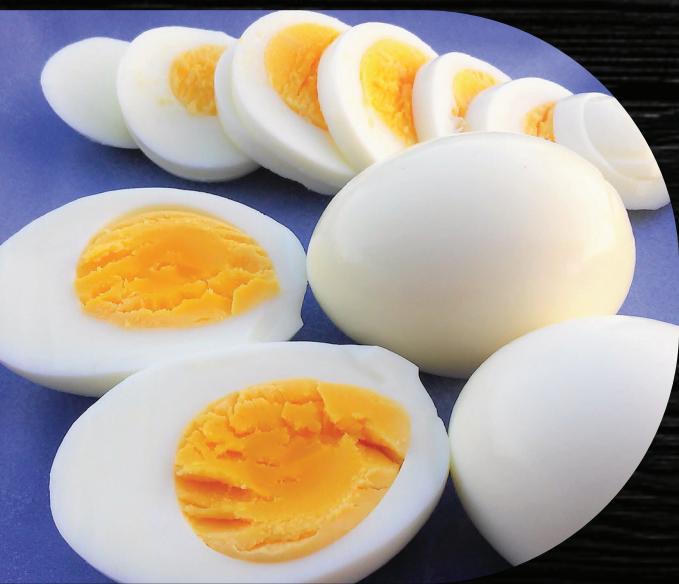
Black tea	50/=
Lemon tea	60/=
Mixed tea	100/=
Uji wimbi	100/=
Masala tea	100/=
Fermented Uji	100/=
Glass of Milk	100/=
Black Coffee	70/=
White Coffee	100/=
Black Chocolate	80/=
White Chocolate	100/=
Bone Soup	100/=

Cold / Warm Beverages

Soda 300ml	100/=
Water	100/=
Honey lemon/Ginger	100/=
Fresh juices	150/=

Eggs

2 Boiled eggs	100/=
2 Fried eggs	100/=
2 Scrambled eggs	100/=
Spanish omellete	120/=



Snacks

Ndazi	30/=
Chapati white	50/=
Sausage	50/=
Mahamri	50/=
Chapati Brown	50/=
Samosa	50/=
Pancake	50/=
Nduma	100/=
Ngwaci	100/=
French toast	100/=
Bacon	300/=



Breakfast Combos

Meat Lovers Mini Breakfast 350/=

*Mixed tea / Coffee, Gizzards/ Liver,
Toast Bread , Fried Eggs*

Meat Lovers Medium Breakfast 400/=

*Mixed tea / Coffee, Fried eggs,
Beef Sausage, Grilled Tomatoes,
Toast Bread, Fresh Juice.*



Meat Lovers Special Breakfast 450/=

*Mixed tea / Coffee, Fried eggs,
Beef Sausage, Toast Bread, Baked beans,
Fruit slices, Fresh Juice.*

For Chicken Lovers



Chicken Stew

Fried in onions, tomatoes, capsicum and concasse sauce.

500/=

Maryland Chicken

Crispy chicken served with chips

500/=

Chicken Masala

Chicken stew finished with dhana jeera, garam masala and a touch of cayenne pepper.

500/=

Chicken Barbeque (Choma)

Charcoal Grilled, Marinated in garlic & ginger paste, salt, paprika and white pepper served with gravy sauce.

500/=

Chicken Curry

Chicken stew finished with curry powder, a touch of cayenne pepper and cream.

500/=

Chicken Biryani

Delicious rice dish loaded with spicy marinated chicken and caramarized onions.

600/=

Grilled Boneless Chicken Breast

Marinated in garlic & ginger paste, lemon, salt, paprika and pepper, thyme and rosemary served with BBq sauce

700/=

Chicken Stir Fry

Chicken oven roast tossed in onions, capsicum, dhania and tomatoes.

800/=

Kuku Kienyeji

Dry Fry Kienyeji

Tossed in onions, bell pepper, carrots and a touch of dark soy sauce and dhania.

600/=

Wet Fry Kienyeji

Tossed in onions, bell pepper, little dark soy sauce finished with little concasse.

600/=

Grilled Kienyeji

Marinated in thyme, rosemary, a touch of paprika, salt and corn oil.

600/=

Chicken Wings

a) Buffalo Wings

Deep fried chicken wings finished in barbeque sauce.

500/=

b) Drum Wings

Chicken drumwing baked in the oven with sweet and sour sauce

500/=

Chicken Gizzards

Tossed in onions, capsicum, tomatoes and a touch of dhania.

400/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes



For Beef Lovers

Matumbo Fry

Cooked and fried with dark soy and tomato concasse sauce with a pinch of black pepper. Lorem ipsum

350/=

Roast Beef (Choma)

Charcoal Grilled, Marinated in garlic & ginger paste, salt, paprika and white pepper served with gravy sauce.

500/=

Beef Stew

Cooked with diced carrot, potatoes, sweet onions and cubed capsicum.

500/=

Beef Wet Fry

Cooked and fried with dark soy and tomato concasse sauce.

500/=

Beef Dry Fry

Fried and toasted with assorted capsicums and soy sauce.

500/=

Boiled Beef (Chemsha)

Perfectly simmered and served with a delicious mug of beef soup.

500/=

Liver

Cooked with capsicum, onions, tomatoes and dhania.

500/=

Rump Steak

Sprinkled with paprika, salt and pepper served with pepper cream sauce.

650/=

Sirloin Steak

Marinated with buttered cream pepper and salt served with beef gravy sauce.

700/=

T-bone Steak

Grilled pepper steak on bone with black pepper and chopped herbs served with mushroom sauce.

800/=

1 Kg Choma / Chemsha

1200/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes

All served with free Chef's special sauce

For Mbuzi Lovers

Mbuzi Dry Fry

550/=

Finely cut goat tossed in onions, black pepper, carrots, a touch of dhania, dark soy sauce, salt and pepper.

Mbuzi Wet Fry

550/=

Finely sliced goat tossed in onions, green pepper, tomatoes, carrots, a touch of dhania, finished with little concasse sauce.

Roast Mbuzi (Choma)

550/=

Charcoal Grilled Mbuzi, marinated in fresh garlic, salt, cayenne, rosemary and thyme, served with minted gravy sauce

Boiled Mbuzi (Chemsha)

550/=

Perfectly simmered and served with a delicious mug of goat soup.

Spicy Mbuzi Meatballs

600/=

Goat mince perfectly baked and moistened in spicy tomato concasse sauce.

Mbuzi Biryani

600/=

Tender lamb cube stirred in spicy biryani sauce and caramelized onions with steamed rice.

Lamb Chops

600/=

Grilled lamb chops, marinated in fresh garlic, salt, cayenne, rosemary and thyme, served with minted gravy sauce

1 Kg Mbuzi Choma / Chemsha

1400/=

Boiled Goat Head (Half)

200/=

Boiled Goat Head (Full)

400/=

Boiled Goat leg

50/=

Vegetables

50/=

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes

All served with free Chef's special sauce



For Pork Lovers



Bacons & Chips

Grilled bacon, served with a portion of chips and coleslaw salad on the side.

500/=

Pork Cutlets

Marinated in thyme, rosemary, dark soy sauce, paprika, ginger, garlic and lemon served with BBq sauce.

550/=

Sweet and Sour Pork

Diced pork, finished in the same sauce with vinegar and pineapple, seasoned to taste.

550/=

Pork Stir Fry

Pork stripes tossed in tomatoes, onions, capsicum, a touch of salt, pepper and dark soy sauce.

550/=

Pork Chops

Marinated in thyme, rosemary, dark soy sauce, paprika, ginger, garlic and lemons then finished in the oven. Served with BBq sauce.

600/=

Honey Glazed Pork Stake Ribs

Marinated ribs with garlic, ginger, dark soy sauce, salt, finished with honey glazed sauce.

700/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes

All served with free Chef's special sauce



For Fish Lovers

Fried Fillet

Double fried tempura fillet, served with lemon slices and tartar sauce.

600/=

Fish Curry

Boneless fish fillet, seasoned in a Pakistan style with coconut milk, yoghurt and curry sauce.

600/=

Grilled Fish Fillet

Marinated grilled fillet induced in lemon served with tartar sauce.

550/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes

Whole Fish

Fried Tilapia

Fresh whole fish tilapia fried, served with tomato concase sauce.

550/=

Catch of The Day

Fresh whole fish tilapia, boiled and served with tomato concase sauce.

550/=

Wet Fry Tilapia

Light fried whole tilapia fish dipped in well blended tomato and onion sauce with corriander

600/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes



Meatlovers Platters

Small Platter (1 pax)

Inclusive of all meat, assorted in small quantities. Beef, lamb, chicken, sausage and potato wedges.

1000/=

Medium Platter (2 pax)

All meat assorted in medium quantities. Beef, lamb, chicken, sausage and potato wedges.

1500/=

Large Platter (1kg)

All meat assorted in quarters quantities. Beef, lamb, chicken, sausage and potato wedges. Served with kachumbari on side.

1800/=



For Platter Lovers

Beef Platter

From 1kg of beef prepared to customers preference.

1500/=

Chicken Platter

Whole chicken prepared to customers preference.

1800/=

Lamb Platter

Lamb ribs prepared to customers preference.

2000/=

Kienyeji Platter

Whole kienyeji chicken prepared to customers preference.

2300/=

Vegetables

Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere

50/=

Accompaniments:

Ugali, Rice, Mukimo, Chapati, Matoke, Chips, Pilau, Mashed potatoes



Salads

Kachumbari	50/=
Coleslaw Salad	100/=
Fruit Salad (Medium)	250/=
Fruit Salad (Large)	400/=
Garden Salad <i>Garden lettaa, cucumber, onions, avocado and cherry tomatoes</i>	350/=
Chicken Cab Salad <i>Dressed garden salad with grilled chicken slices.</i>	400/=
Chargrilled Lamb Skewer Salad <i>Dressed lettuce in red wine vinegar, oregano and well marinated lamb skewers</i>	450/=
Beef Thai Salad <i>Grilled rare beef slice dressed in lemony flavoured coriander leaves with cool cucumber and fresh mint.</i>	500/=

For Vegetarians

Githeri	200/=
Njahi	150/=
Ndengu	150/=
Vege Pilau	200/=
Spaghetti	150/=
Githeri Special	250/=
Njahi Rice	200/=
Spaghetti Bolognaise	300/=

Soup

Soup of the day

100/=



Accompaniments

Vegetables	50/=
<i>Sukuma wiki, Cabbage, Spinach, Managu, Kunde, Terere</i>	
Ugali	50/=
Chapati (White or Brown)	50/=
Rice	100/=
Mukimo	100/=
Matoke	100/=
Mashed potatoes	150/=
Plain fries	150/=
Masala chips	200/=

Kids Kona

Fries	100/=
Masala Chips (non-spicy)	200/=
Maryland Chicken	350/=
<i>Crispy bread crumbed chicken served with chips</i>	
Grilled Minute Steak	450/=
<i>Well marinated slice steak, served with chips</i>	
Fish Fingers	500/=
<i>Fish fillet stripes coated in eggs and bread crumbs served with tartar sauce.</i>	

Kids Beverages

Milk	100/=
Juice	150/=
<i>Pineapple, Mango, passion</i>	

For Pizza Lovers

STANDARD PIZZA



Regular	550/=
Medium	800/=
Large	1000/=
Any 2 Pizza's	
2 Regular Pizza	1100/=
2 Medium Pizza	1600/=
2 Large Pizza	2000/=

Plain Pizza

Pizza sauce, Mozzarella cheese with popcrons.

Chicken BBQ Pizza

Pizza sauce, Mozzarella cheese, Diced chicken, Onions.

Beef BBQ Pizza

Pizza sauce, Mozzarella cheese, Diced beef, Diced tomatoes, Onions.

Margarita Pizza

Pizza sauce, Mozzarella cheese, Tomatoes, Onions.

Veggie Plus Pizza

Pizza sauce, Mozzarella cheese, Tomatoes, Pineapple, Green pepper, Mushroom

PREMIUM PIZZA



Regular	600/=
Medium	900/=
Large	1050/=
Any 2 Pizza's	
2 Regular Pizza	1100/=
2 Medium Pizza	1600/=
2 Large Pizza	2000/=

Meat lover's pizza.

Pizza sauce, Mozzarella cheese, Diced beef, Chicken, Lamb, Sausage, Onions

Chicken & Mushroom Pizza.

Pizza sauce, Mozzarella cheese, Chicken, Mushroom, Onions

Sausage & Avo Pizza.

Pizza sauce, Mozzarella cheese, Sausage, Onions, Avocado.

Salami Pizza.

Pizza sauce, Mozzarella cheese, Black olives, Salami, Mushrooms.



For Burger Lovers

BEEF BURGERS



EXTRAS

Kshs. 30 each.

Avo

Lettuce

Tomato

Onions

BBQ sauce

Kshs. 100 each.

100g pate

Cheese slice

Pineapple ring

Salami

Mushroom

Beef, Lamb, Sausage, Chicken

Without chips With chips

Tam Burger. 300 450

Calamarized onions, beef pate, lettuce, tomato slice, onions.

Cheese Burger. 400 550

Lettuce, Tomato slice, Onion, beef pate, cheese, Gherkins.

Double Cheese Burger 600 750

Lettuce, Tomato slice, Onion, beef Pate, cheese, beef pate, cheese, Gherkins.

Cheese & Onions 630 780

Lettuce, Onion slice, Tomato, Beef Pate, Cheese, Beef Pate, Calamarized Onions.

Double Cheese & Onions 800 950

Lettuce, Tomato slice, Onions, Beef Pate, Cheese, Calamarized onions, Beef Pate, Cheese, Calamarized onions

Fully Loaded Cheese Burger 1050 1200

Lettuce, Tomato slice, Onions, Beef Pate, Cheese, Beef Pate, Calamarized onions, Beef Pate, Capsicum.

CHICKEN BURGERS

Chicken Lovers 500 650

Grilled chicken breast, Lettuce, Tomato slice, Gherkins.

Chicken, Pine & Cheese 600 750

Crispy breast, Lettuce, Cheese, Pine ring.

Double Pine & Cheese 950 1100

2 crispy breasts, Lettuce, 2 cheese, Pine ring.

Kshs. 150 each.

Grilled chicken breast

Crispy chicken breast



For Milk Shake Lovers

Vanilla Shake	350
Strawberry Shake	350
Chocolate Shake	350



For Ice Cream Lovers

Vanilla Ice Cream	250
Strawberry Ice Cream	250
Chocolate Ice Cream	250

