Mood Tracker App – Documentation

App description

The Mood Tracker is a mobile application built using React Native with Expo. It allows users to log their daily mood using emoji icons and optional notes. Users can review their mood history, analyze mood trends through statistics, and enjoy a clean, user-friendly interface that supports data persistence via AsyncStorage.

Setup Steps

1. Clone the GitHub repository to your local machine.

2. Open the terminal and navigate to the project directory.

3. Run the following command to install dependencies:

npm install

4. Start app using:

npx expo start

5. Scan the QR code using the Expo Go app or run it on an emulator.

# Features List

• Home screen displays today's logged mood (if any) and a log button.

• Log Mood screen provides 5 emoji options and note input, allows one entry per day.

• History screen lists all mood entries with date, emoji, and note.

• Stats screen displays how many times each mood was selected.

• Data is stored using AsyncStorage to maintain persistence across sessions.

# Screenshots

A screenshot of a phone

AI-generated content may be incorrect.A screenshot of a cell phone

AI-generated content may be incorrect.A white background with black dots

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AI-generated content may be incorrect.A screenshot of a phone

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