OVER 35 LESSONS Pock House VD SET ROCK BEYOND THE BOUNDARIES BOOKLET



Presents

ROB BALDUCCI

INMOVATIVE GUITAR ROCK BEYOND THE BOUNDARIES

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DVD 2

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ABOUT THE ITSTRUCTOR



Rob Balducci

A native of New York, Rob Balducci has defined himself as a guitarist, musician, composer and one of the most sought after instructors in New York. Balducci's music is drenched in layers of sonic colors, each representing a tangible emotion, desire, depth, feeling, thought and mood. Rob said "There's this cliche that instrumental guitar music has gotten to be too much of a vehicle for soloing and showing off technique. That's completely the opposite of what I'm trying to do. My music is really like vocal songs with the guitar as the vocals." Guitar World said after hearing Balducci's debut CD "Hum-able Shred! What a concept."

"There are two things that make an effective musician, one is the technical ability to perform on the instrument and the second is an emotional investment in what you are playing. Rob has a really good equilibrium for the technical side of things and the emotional investment" - Steve Vai

"Rob is an excellent guitarist. I've always had his CDs around and I am waiting for him to become the next big guitar player." - Joe Satriani

Having played guitar for the past 24 years, Rob spent years dedicated to mastering his instrument. These well-spent years of woodshedding, and perfecting his technique would pay off handsomely. In 1990, Balducci would go on to win a local contest sponsored by Guitar For The Practicing Musician proclaiming him as New York's best guitarist. Balducci also furthered his

ROB BALDUCCI

six-string education, earning a degree in music performance and theory from Five Towns College. Balducci's debut CD, 1995's BALANCE distributed through Sony Music reaped unanimous praise from press and guitar enthusiasts alike heralding this promising new talent.

After his debut CD "Balance," Rob worked on new material and starting shopping his music to record companies. The new CD was sent to Steve Vai in hopes of Steve wanting to release it on his new record label Favored Nations Entertainment.

"Favored Nations was created with the intent of bringing music that's energetic and emotional, with performances by artists of the highest caliber. The artists signed to Favored Nations are a unique, dedicated breed that have attained the highest performance level on their chosen instruments" - Steve Vai.

Vai signed Balducci to Favored Nations and released Mantra and The Color Of Light CDs world-wide. Balducci's newest 2010 Favored Nations CD is titled Violet Horizon and features 15 new tracks of his best work to date with special guest appearances by Guthrie Govan and Dave Weiner.

Rob Balducci has the pleasure of working with and endorsing Ibanez Guitars, Cornford Amps, Intellitouch tuners, D'Addario Strings, Dimarzio Pick-ups, Eventide, George L's cables, Morley pedals, Keeley Pedals, Xotic pedals, Dunlop, Maxon and performs clinics around the world in support of these companies. The musical community has also taken notice of this guitar giant, with scores of global publications loudly singing his praises (most notably Guitarist UK, Guitar World, Young Guitar, and Burn).

What remains constant about Rob Balducci is his intoxicating cinematic scope of sounds, skintight arrangements and extraordinary six-string dexterity. Music is a highly personal experience for each and every listener, a uniquely exotic adventure conjuring up a kaleidoscope of different emotions and feelings. Like a master snake charmer, Balducci's music seduces, inspires, challenges, and ultimately takes you onto a new dimension of light and shade.

For more information about Rob Balducci and his music visit RobBalducci.com





Introduction

Welcome to *The Rock House Method*® system of learning. You are joining millions of aspiring musicians around the world who use our easy-to-understand methods for learning to play music. Unlike conventional learning programs, *The Rock House Method*® is a teaching system that employs DVD and 24/7 online lesson support along with this book to give you a variety of sources to assure a complete learning experience. The products can be used individually or together. The DVD that comes with this booklet matches the curriculum exactly, providing you with a live instructor for visual reference.

How to Use the Lesson Support Site

Every Rock House product offers FREE membership to our interactive *Lesson Support* site. Use the member number included with your program to register at RockHouseMethod.com. Once registered, you can use this fully interactive site along with your product to enhance your learning experience, expand your knowledge, link with instructors, and connect with a community of people around the world who are learning to play music using *The Rock House Method*®. There are sections that directly correspond to this product within the *Additional Information* and *Backing Tracks* sections. There are also a variety of other tools you can utilize such as *Ask The Teacher*, *Quizzes*, *Reference Material*, *Definitions*, *Forums*, *Live Chats*, *Guitar Professor* and much more.

REGISTER MOW



Click here now to use the member number included with your program to register for free at RockHouseMethod.com. Registering will also make all of the icon links in this booklet active links that will take you to the *Lesson Support* for this program.

ICON KEY

Throughout this book, you'll periodically notice the icons listed below. They indicate when there are additional learning tools available on our support web site for the section you're working on. When you see an icon in the book, visit the member section of RockHouseMethod.com for musical *Backing Tracks, Additional Information* and learning utilities.

BACKING TRACKS



Many of the exercises in this book are intended to be played along with bass and drum rhythm tracks. This icon indicates that there is a backing track available for download on the *Lesson Support* site or click here.

Additional Information



The question mark icon indicates there is more information for that section available, it can be theory, more playing examples or tips on the *Lesson Support* site or click here.

METROTOME

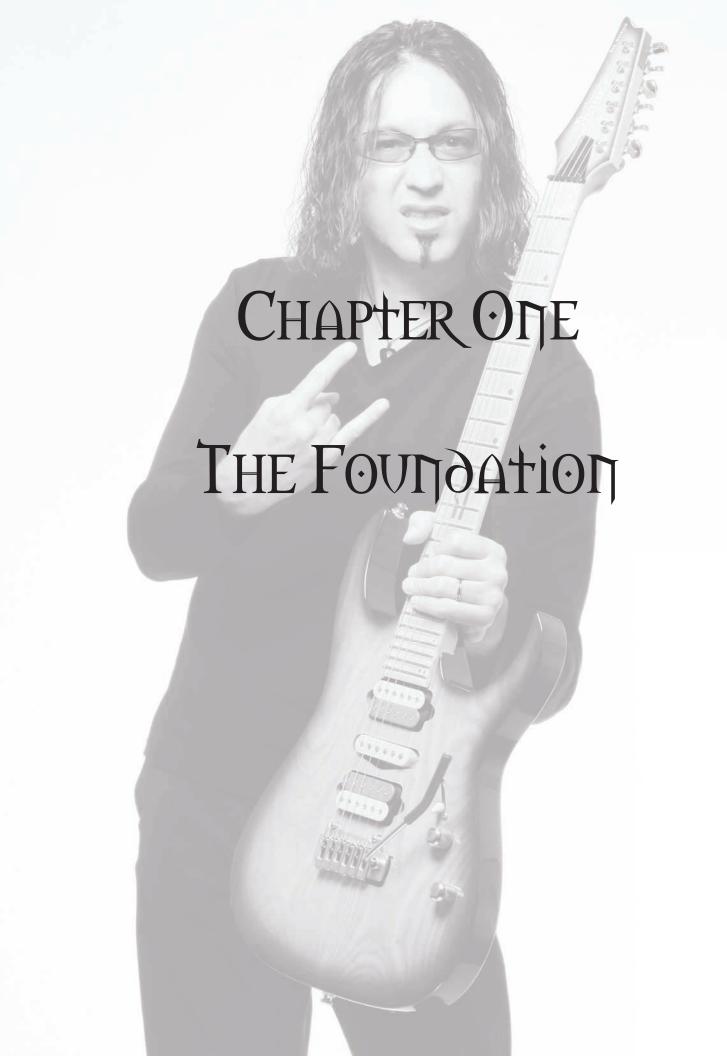


Metronome icons are placed next to the examples that we recommend you practice using a metronome. You can download a free, adjustable metronome on the *Lesson Support* site or click here.

TUMER



Also found on the web site is a free online tuner that you can use to help tune your instrument. You can download the free online tuner on the *Lesson Support* site or click here.



Tuning

DVD 1



Throughout this program Rob is using a six string guitar tuned standard A440 tuning. The tuning notes are;

(Thinnest) (Thickest)

1st String 2nd String 3rd String 4th String 5th String 6th String

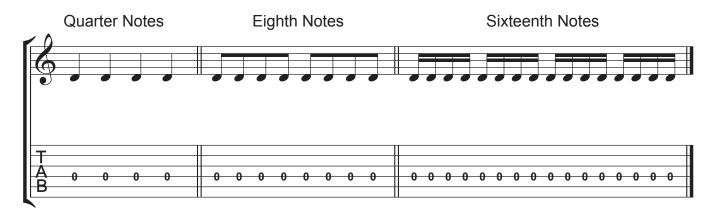
E B G D A E



HOLDING THE PICK







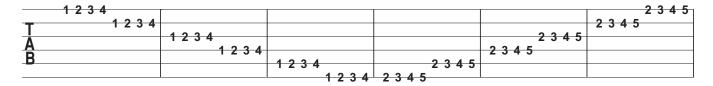
Use consistent alternate picking throughout.

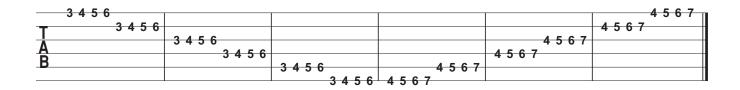
Rock House

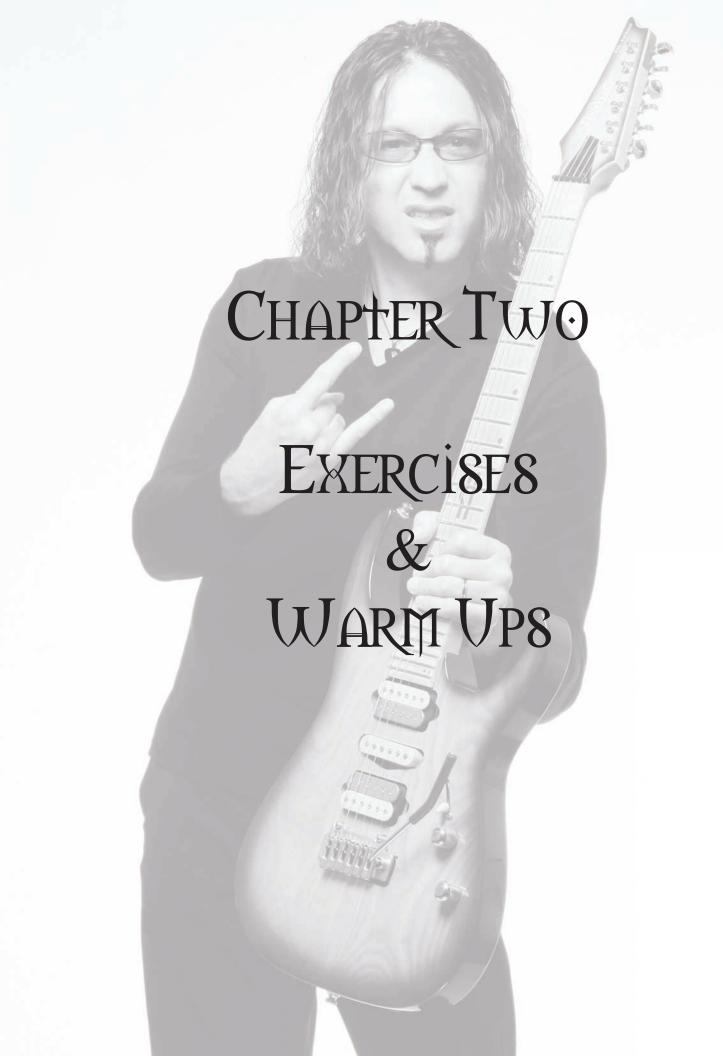
ROB BALDUCCI

PLAYING WITH CONTINUITY











THE FOUR FINGER STRETCH

Example 1

	12	-11	11	-11	- 11	
	13	13		12	12	ll ll
Т	13	13	12	12	12	
À	14	14		13	 13 	-
A	15	15	15	15	14	
В			.0		1	ll ll

Example 2

-	11	10	10	10	 10 	9	, 9	9	9	-8	- 8	-8	- 8	7
T	12	12	11	11	11	11	10	10	10	10	9	9	9	9
$\frac{1}{\Delta}$	13	13	13	12	12	12	12	11	11	11	11	10	10	10
R	14	14	14	14	13	13	13	13	12	12	12	12	11	11

	7	7	7	•	•	•	•	-	-	-	_	
		7	 	0	0	0	10			 		
-	-8	8	8	- 8	7		7	7	6	6	6	
- 1	40	•		•			.			-	-	
Λ	10	9	9	9	9	Ö	8	Ö	8	1	- /	
_	-11	11	10	10	10	10	9	9	9	9	8	
В		• •	. •	. •			•	•	•	•	"	

T	12	11	11	11	11	10	10	10	10	0	0	0	0	0
Α	12	11	11	11	11	10	11	10	10		10	40	10	10
В	13	13	14	12	12	12	13	11	11	11	10	10	10	10
							13							

T 。	0	0	7	7	7	7	6	6	6	6
/\				l l	8		_		1 -	
					9					
					11					



WARM UP PICKING EXERCISE



Use consistent alternate picking throughout.

The 24 1-2-3-4 Finger Combinations

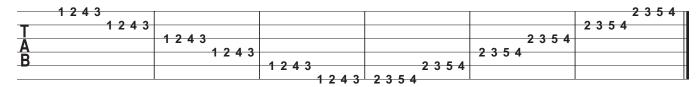
1234	2134	3124	4123
1243	2143	3142	4132
1324	2314	3214	4213
1342	2341	3241	4231
1423	2413	3421	4312
1432	2431	3412	4321

These 24 combinations will be referenced to by their columns. Note that Rob will be using these combinations in the next four lessons.

Example 1

	1234					2345
	-					
T	1 2 3 4					2 3 4 5
- 1		4 0 0 4			2245	
Λ		1234			2345	
A		1234			2 3 4 5	
D		1234			2343	i II
			1 2 3 4	2 3 4 5		
						1
			1234	2245		
			1 2 3 4	2343		

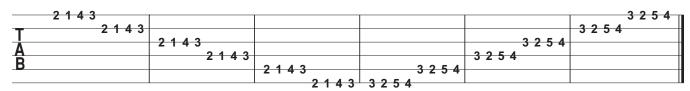
Example 2



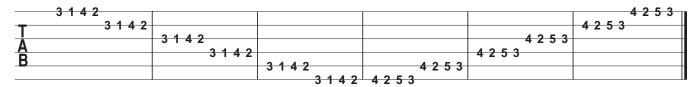
Example 3



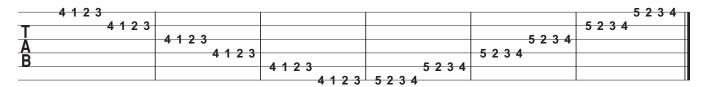
Example 4



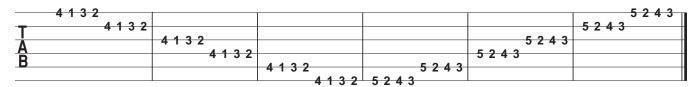
	3 1 2 4					4 2 3 5 ₁₁
	· · - ·					
	3 1 2 4					4 2 3 5
Т	3 1 2 4					4233
		3 1 2 4			4 2 3 5	
Λ		3 1 2 4			4 2 3 3	
A		3 1 2 4			4 2 3 5	l II
D		3 1 2 4			4 2 3 3	
В			3 1 2 4	4 2 3 5		
			3 1 2 4	4 2 3 3		
			3 1 2 4	4225		
			3124	4 2 3 3		



Example 7



Example 8



Rock House

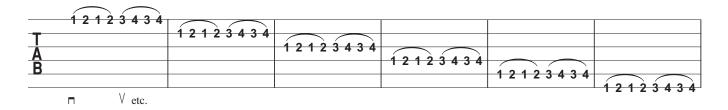
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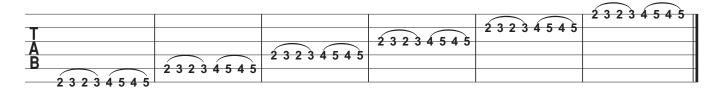
WARM UP LEGATO EXERCISE

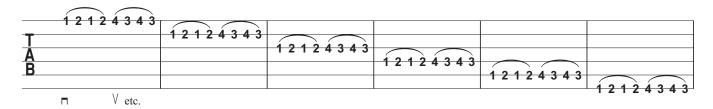


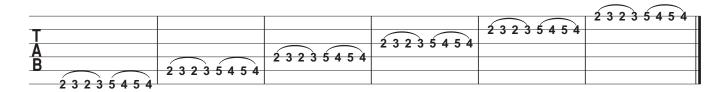
Example 1

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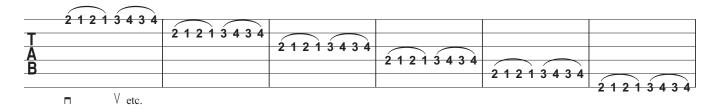


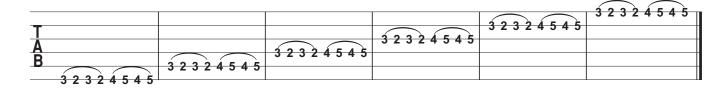


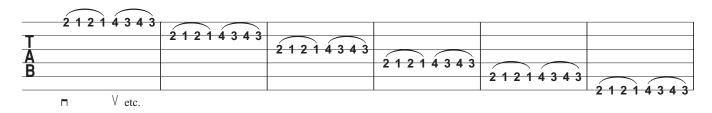




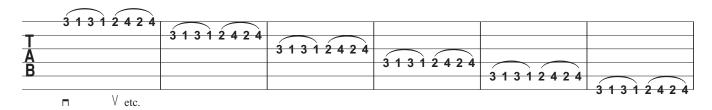
Example 3

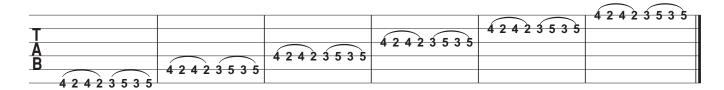




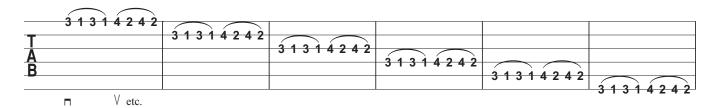


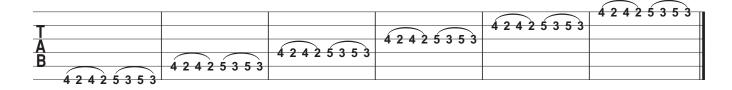
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				3 2 3 2 5 4 5 4	32325454
T			225	3 2 3 2 3 4 3 4	
A		32325454	3 2 3 2 3 4 3 4		
B	3 2 3 2 5 4 5 4	0 2 0 2 0 7 0 7			
32325454	3 2 3 2 3 4 3 4				

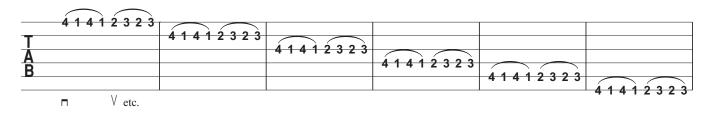




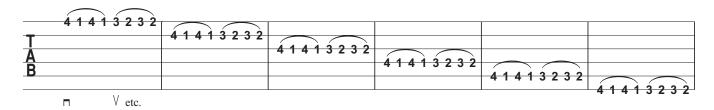
Example 6

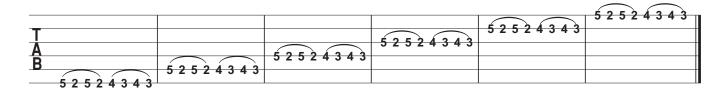






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				52522434	32323434
T			52522424	32323434	
A		£ 2 £ 2 2 4 2 4	32323434		
B	5 2 5 2 3 4 3 4	3 2 3 2 3 4 3 4			
5 2 5 2 3 4 3 4					
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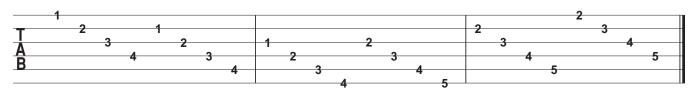
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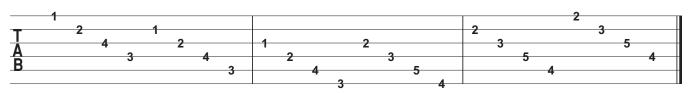
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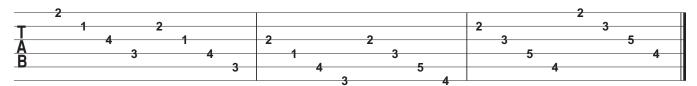
CROSS STRING PICKING EXERCISE

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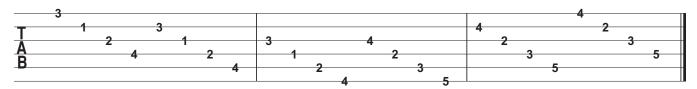
Example 1







Example 4



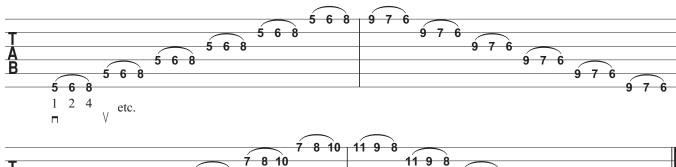
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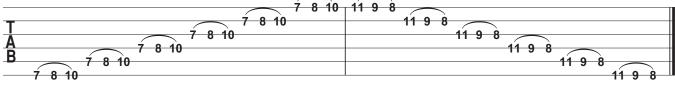
ROB BALDUCCI

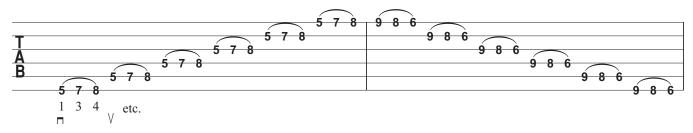
LITEAR HAMMER & PULL OFF SHAPES

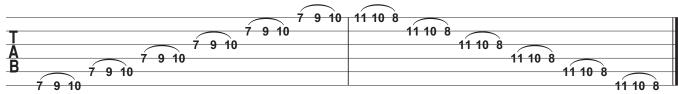


Use consistent alternate picking throughout.

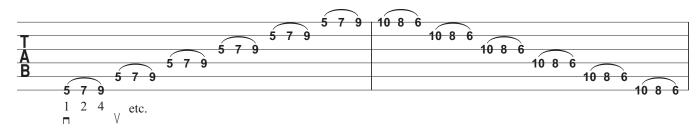


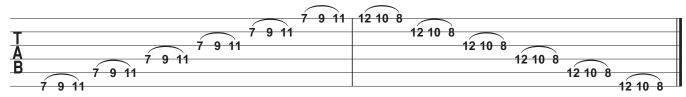


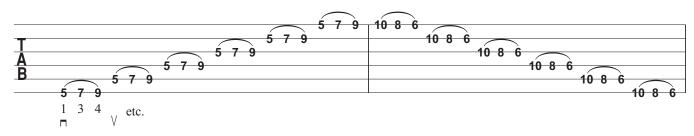


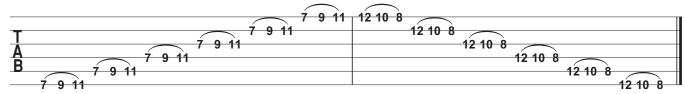


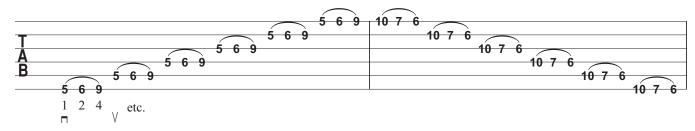
Example 3

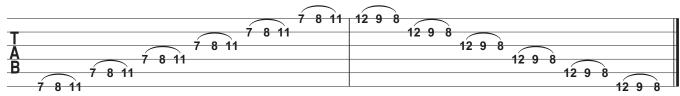




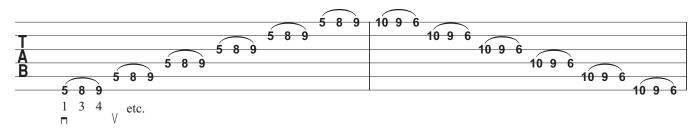


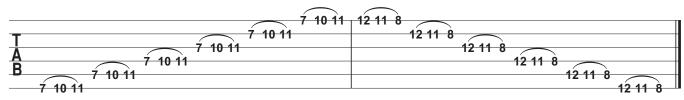


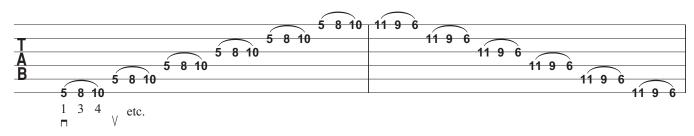


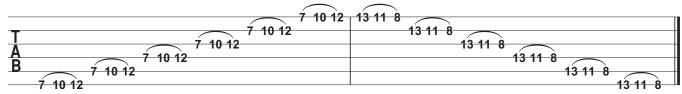


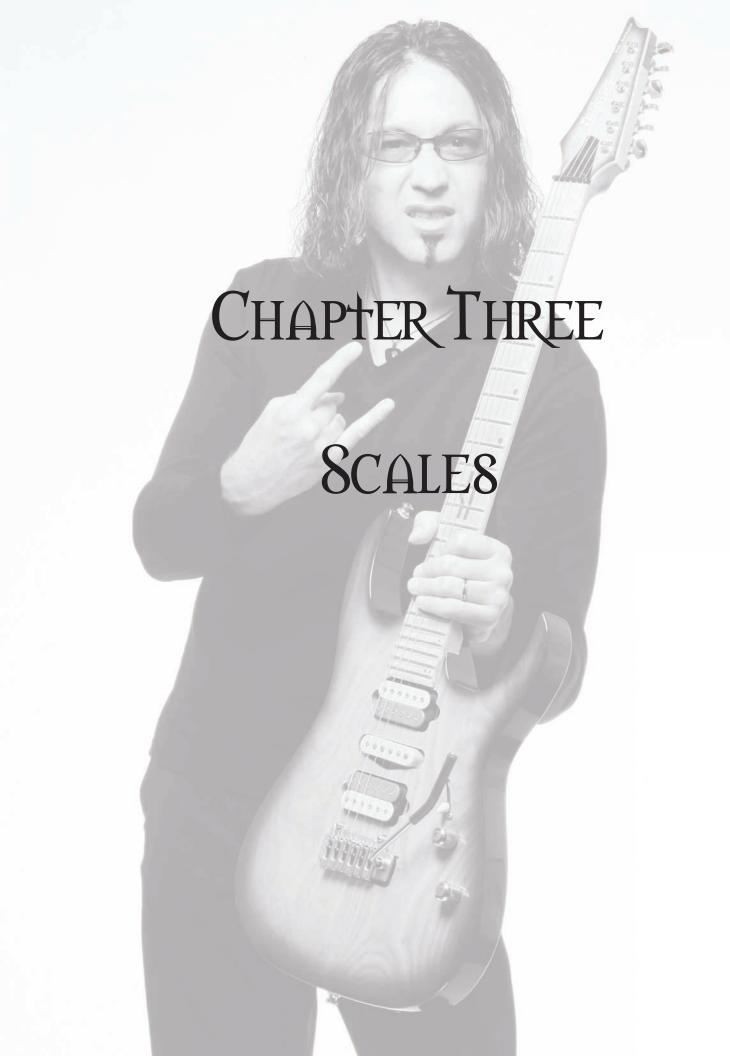
Example 6









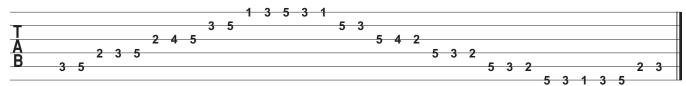


TRAditional Shapes

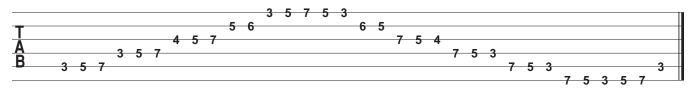




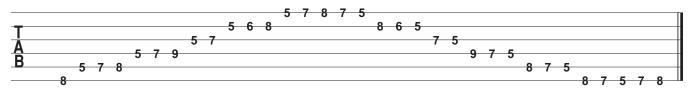




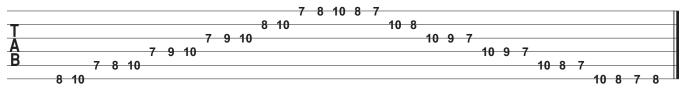
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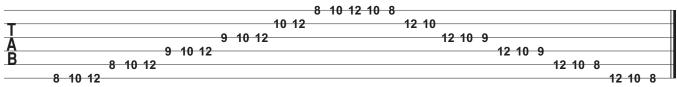
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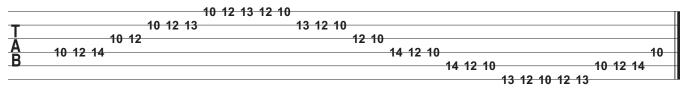
Shape 4



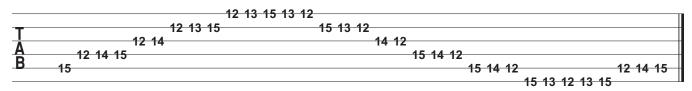
Shape 5



Shape 6



Shape 7

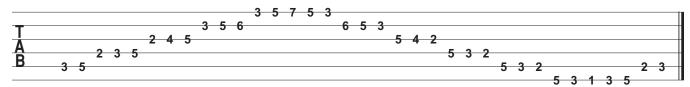


THREE MOTES PER STRING

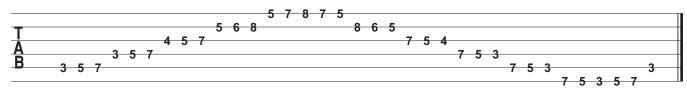


KEY OF "C"

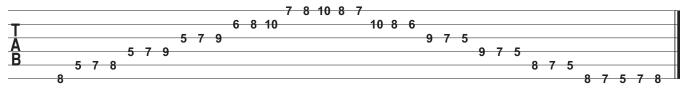
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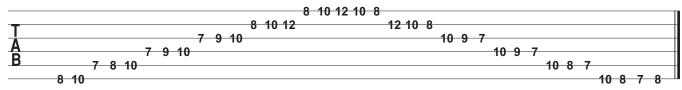
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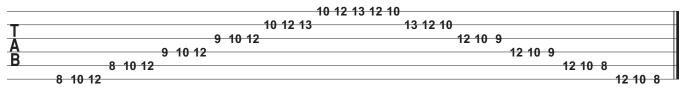
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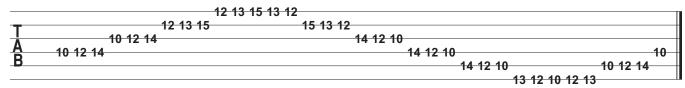
Shape 4



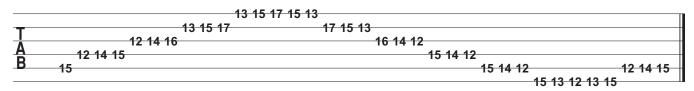
Shape 5



Shape 6



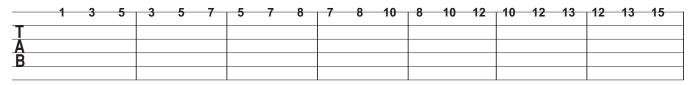
Shape 7



THE LATERAL APPROACH



First String



_	15	13	12	13	12	10	12	10	8	10	8	7	8	7	5	7	5	3	5	3	1
T																					
Α																					
В																					

Second String

Т	1	3	5	3	5	6	5	6	8	6	8	10	8	10	12	10	12	13	12	13	15
Α																					
В																					

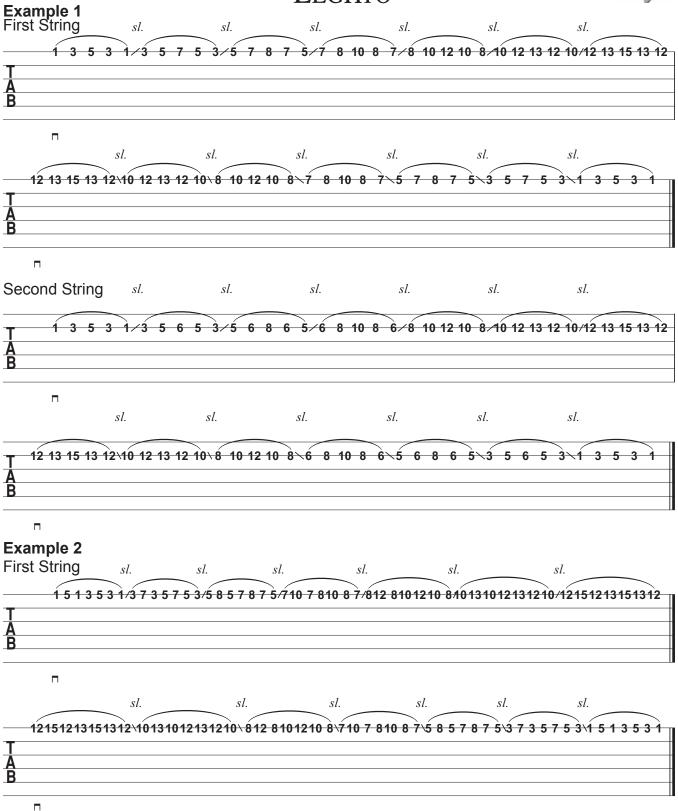
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Α																					
В																					

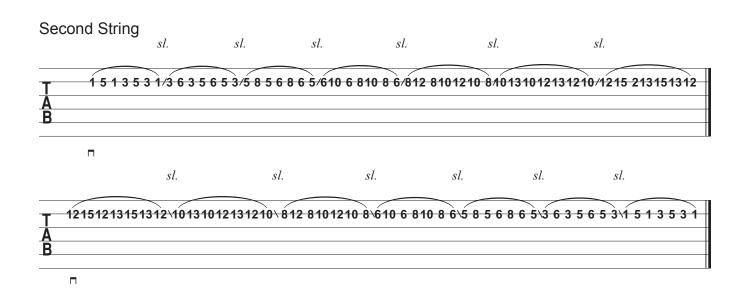


THE LATERAL APPROACH



LEGATO



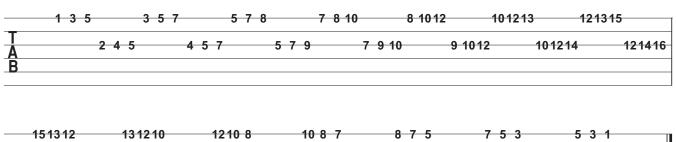


Rock House

ROB BALDUCCI

THE LATERAL APPROACH String Skipping

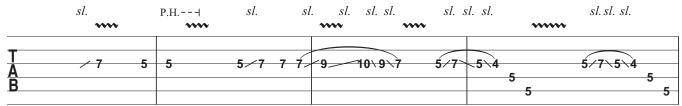


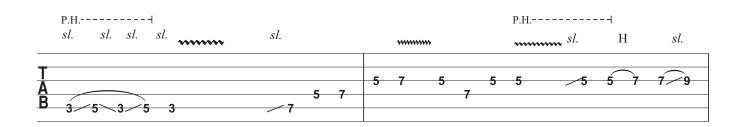


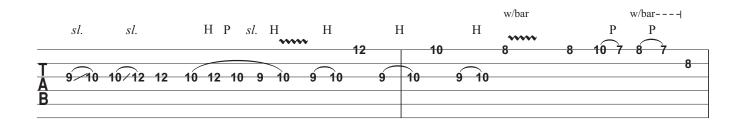
151	31 2 131	210 12 1	0 8 10	8 7 8	7 5 7	5 3 5 3	3 1
Τ	161412	141210	1210 9	10 9 7	9 7 5	7 5 4	5 4 2
B							

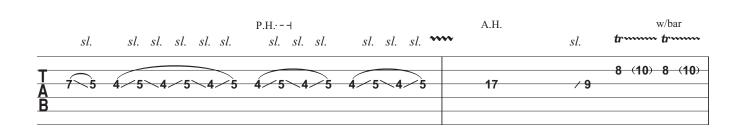
Applying the Lateral Approach

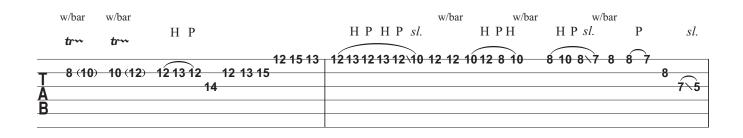




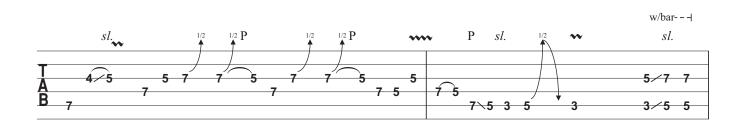


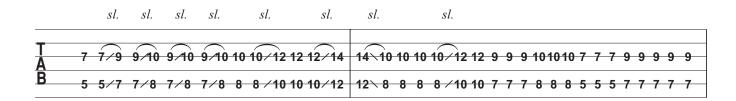


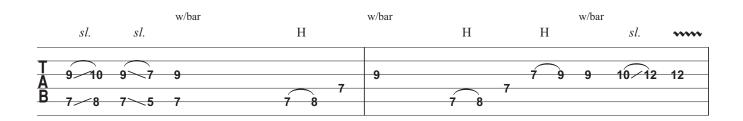


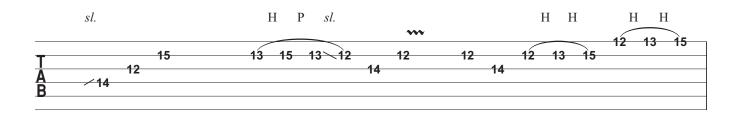


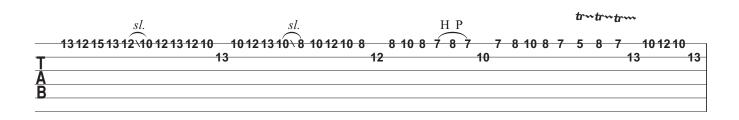
ROB BALOUCCI

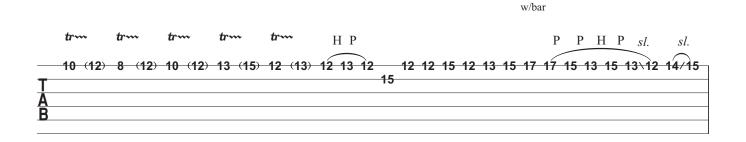




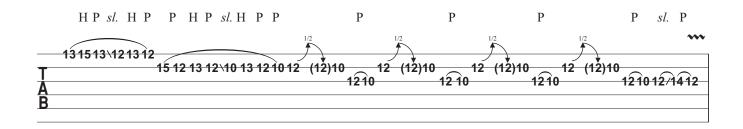


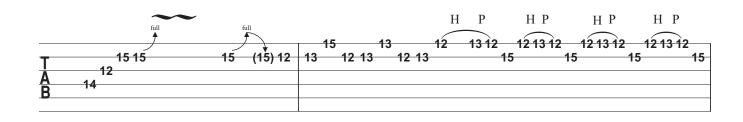


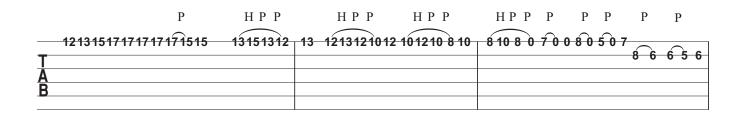


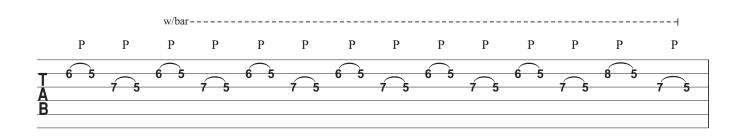


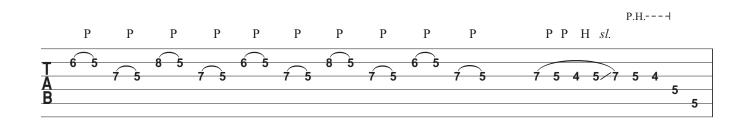
ROB BALDUCCI

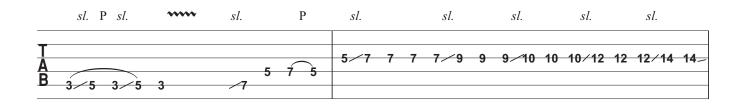


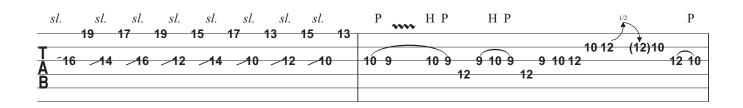


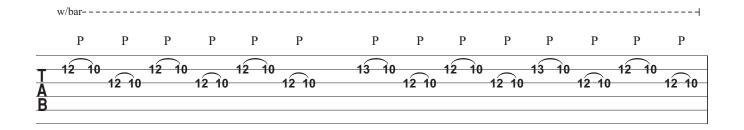


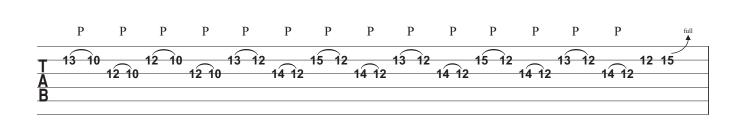


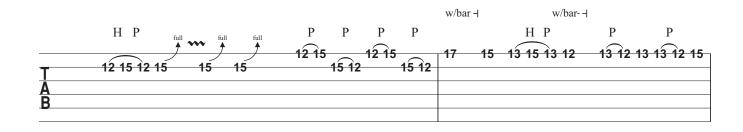


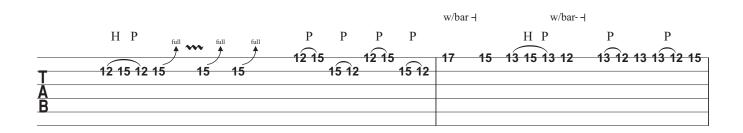


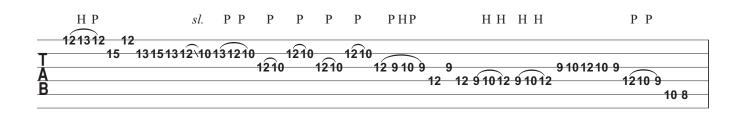


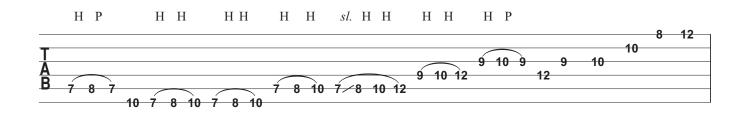


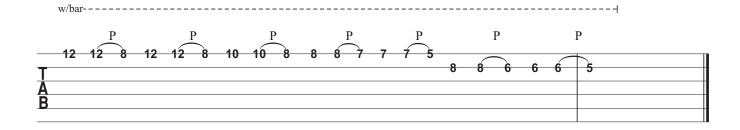










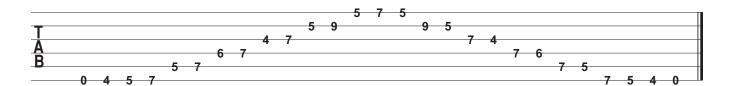


Altered Dominant Pentatonics

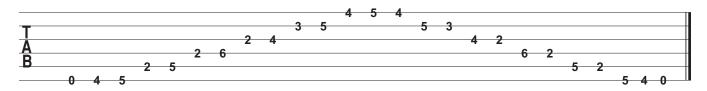


Key of "E"

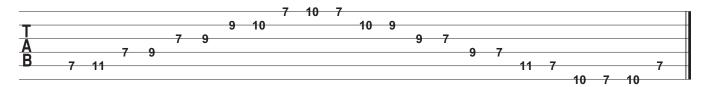
First Position



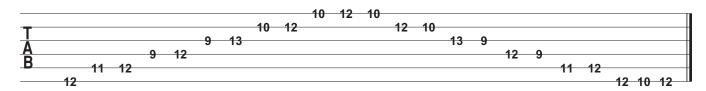
Second Position



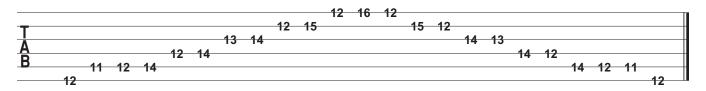
Third Position



Fourth Position



Fifth Position

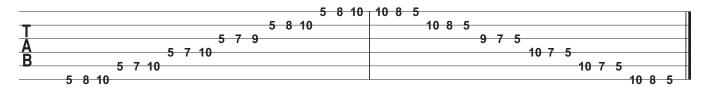




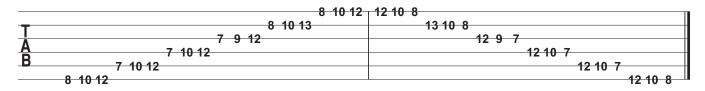
Εχτεηδεδ ΡεητΑτοπίς8



First Position



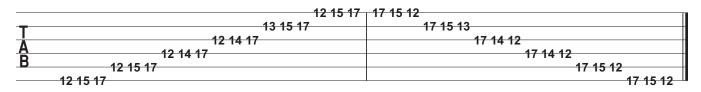
Second Position



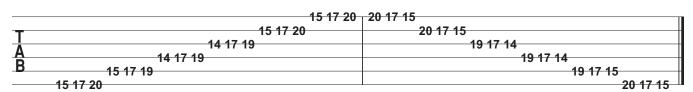
Third Position

	10 12 15	 15 12 10
T	10 13 15	15 13 10
<u> </u>	9 12 14	14 12 9
<u>A</u>	10 12 14	14 12 10
B	10 12 15	15 12 10
	10 12 15	15 12 10

Fourth Position



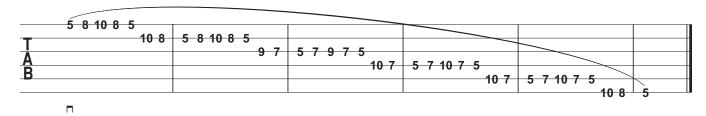
Fifth Position



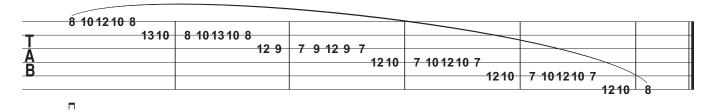
HAMMER PULL OFF PATTER118



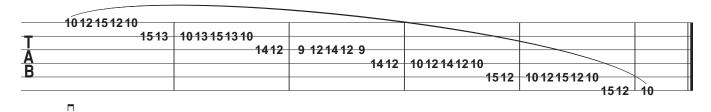
First Position



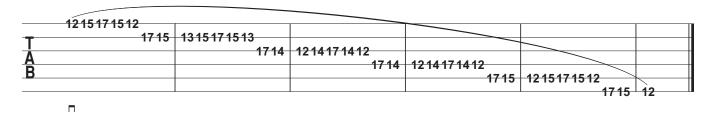
Second Position



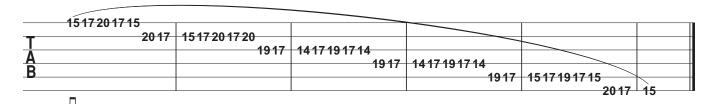
Third Position

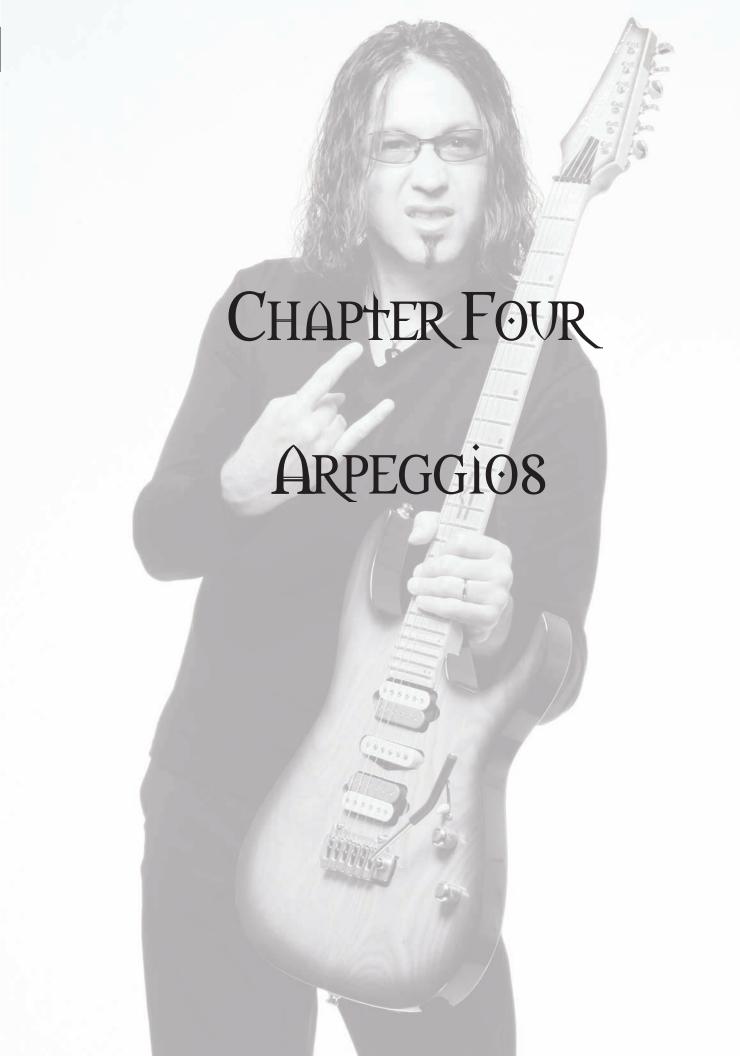


Fourth Position



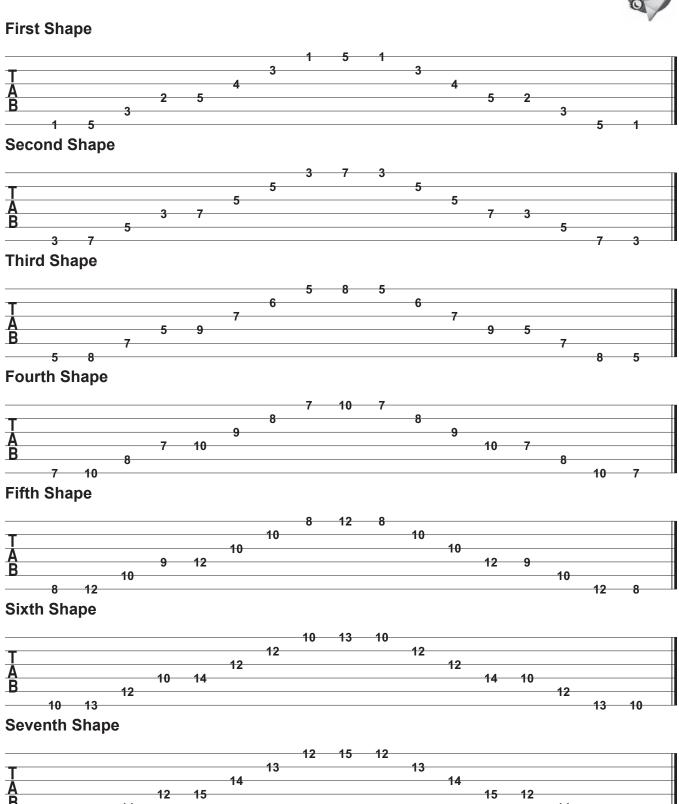
Fifth Position





Diatoric Arpeggios in "C"

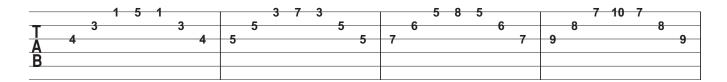


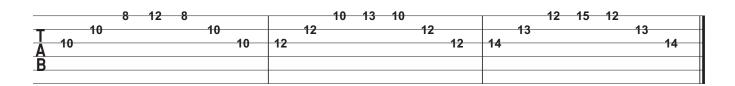


12 15



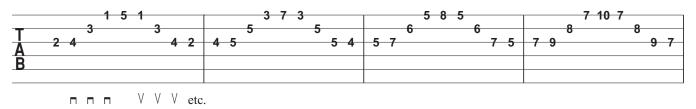
Three String Diatonic Arpeggios in "C"

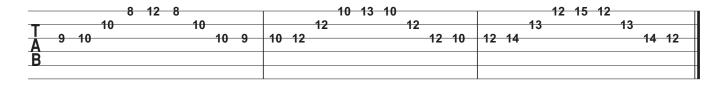




Adding a Scale Tone

Example 1





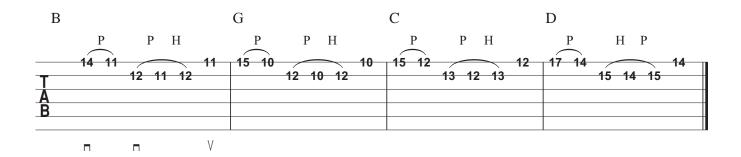
Example 2 - Variation

	12 15 13	3 12	10 1	3 12 10					
T-	13	15 13 12	12	13 12 10	10	12 10 8			
 	12 14	14 12	10 12	12 10	9 10	10 9			
<u>A</u>									
В									

_	7 10 8 7	,	5 8	7 5	3 7	5 3	1 5	5 3 1
T	7 9	10 8 7	5 7	8 6 5 7 5	5 4 5	7 6 3 5 4	2 4	5 3 5 4 2
B								

FLYING ARPEGGIO8





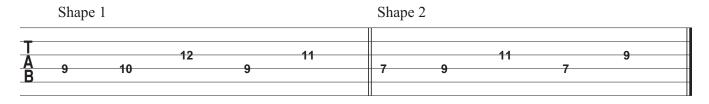
Rock House

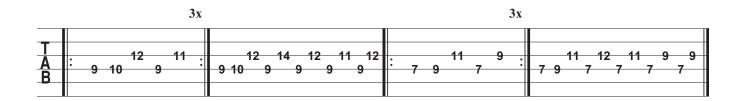
ROB BALDUCCI

APPLYING ARPEGGIO8

"THE DAMCE"







String Skipping Arpeggios



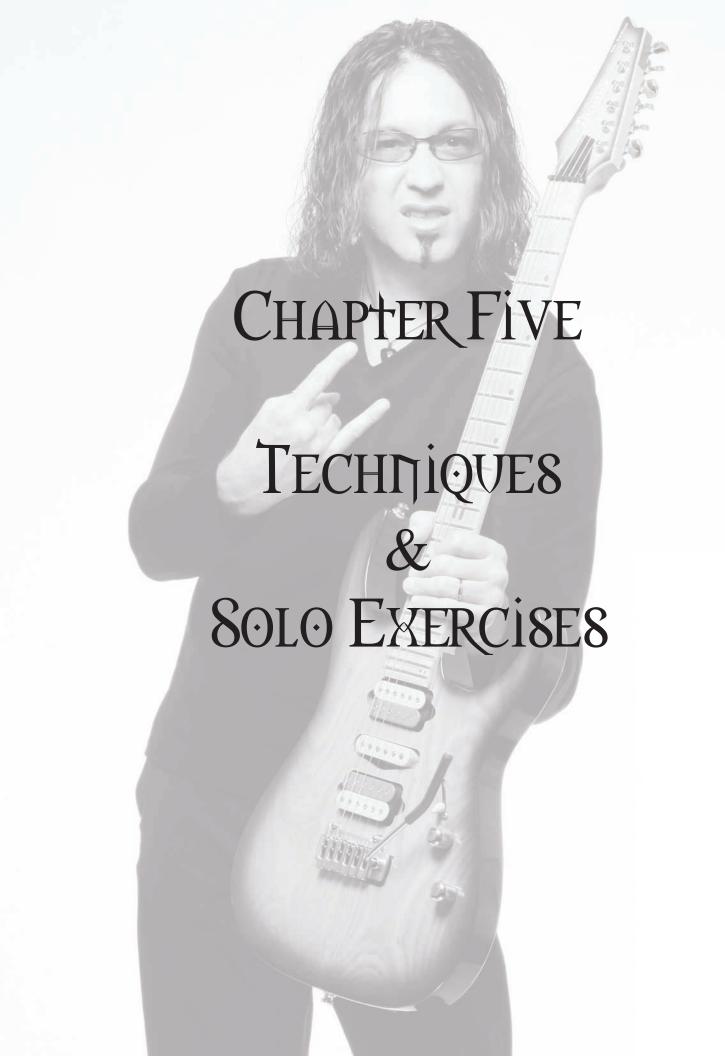
Example 1

	8	10 8	8 12	2					
	U	10 0			_				_
T					8	-10 8	10 12	10 8 12 11 9 11	8
	0 11	11 9 1	4	11 0	0 11	44	0 11	11 0 11	11.0
Λ	9 11	11 9 1	1	11 9	9 11	- 11	9 11	11 9 11	113
В									
_									

Example 2

	_{II} 15 19	15					
	13 19	13			1 45	40 45	
T 40 47		47	40 47	40 4		19 15	16 17
À 16 17	:	1/	16 1/ :	16 17	/ :	1/	16 17
B							



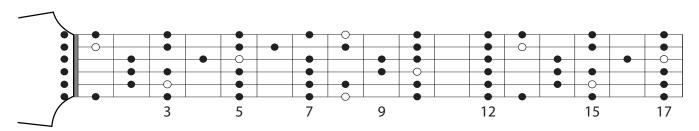


DVD 2

PLAYING OUTSIDE THE BOX LEAD EXERCISE



C Major Scale



Example 1 - Use strings 1 & 3.

Example 2 - Use strings 1 & 4.

Example 3 - Use Adjacent strings only.

Example 4 - Use bends only.

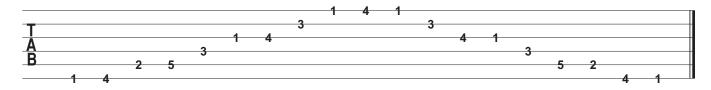
Rock House

ROB BALOUCCI

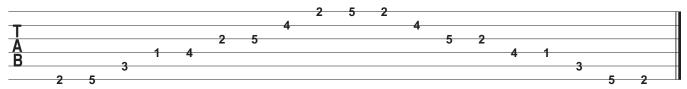
Diminished Arpeggios



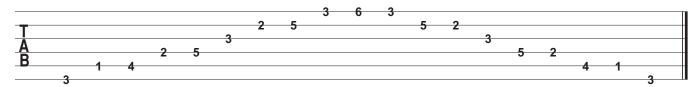
Shape 1



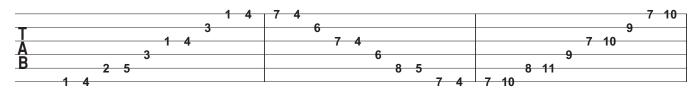
Shape 2

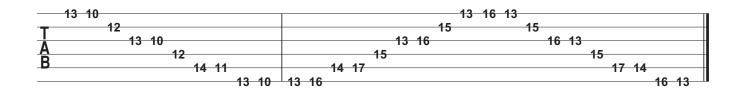


Shape 3

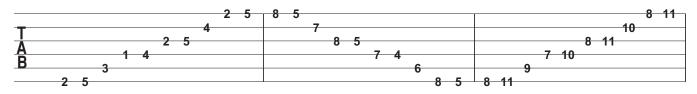


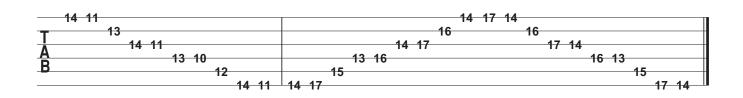
Lateral Shape 1



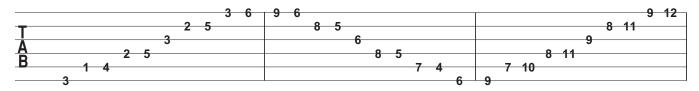


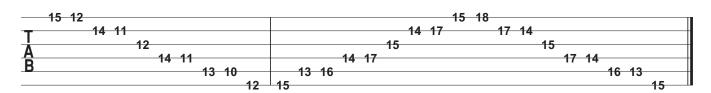
Lateral Shape 2





Lateral Shape 3



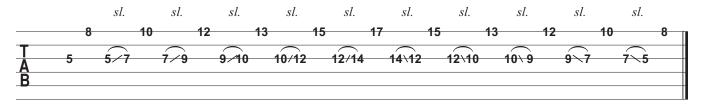




Using a Wah Pedal as an Effect



Example 1 - Octaves



Example 2 - Dead Strums

	~	X	~	~	
	_ ^	^	^	^	
-	l	X	X	X	
	II 0	~		~	
À	X	X	Х	Х	
A	: X				۰
P					
ם	⊩ X —	X	X	X	
	II Ü				
	- Х	X	X	X	

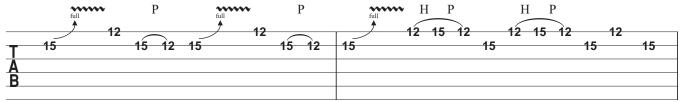
Example 3 - Chords

	A	Csus ²	Dsus ²	G	
T A B	2 2 2 0	3 3 5 5 3	5 5 7 7 7	3 3 0 0	

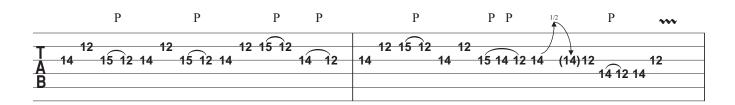


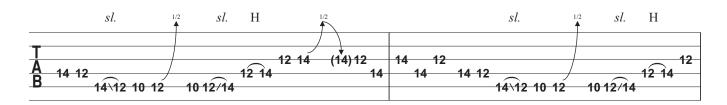
Example 4 - Minor Pentatonic Riffs Key of "E"

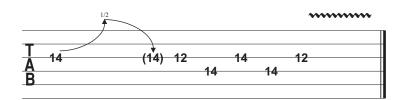




	Н Р	Н Р	Н Р	Н Р	Н Р	Н Р	Н Р	
T A B	12 15 12	12 15 12 5 1	12 15 12 5 1	12 15 12 5 15	12 15 12	12 15 12 5 1	12 13 12 15	15 14 12



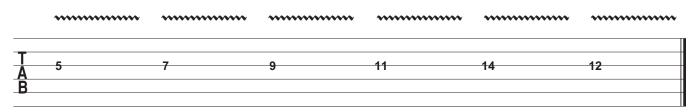




Vibrato & Bending

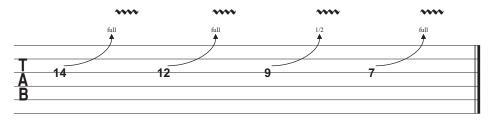


Example 1 - Vibrato



*Practice with all four fingers.

Example 2 - Bending



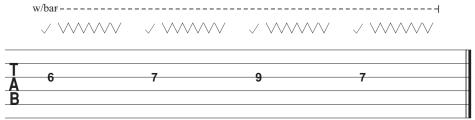
^{*}Practice with all four fingers.

Rock House

ROB BALDUCCI

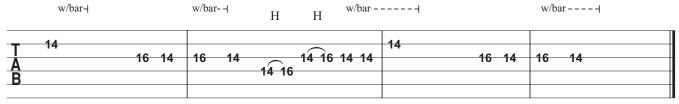
WHAMMY BAR

Example 1 - Whammy Bar



Experiment using different levels of vibrato by moving the bar faster and in wider motions.

Example 2 - Whammy Bar Flutter



OCTAVE8



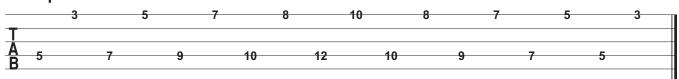
Example 1

A	5	7	9	10	12	10	9	7	5	
В	3	5	7	8	10	8	7	5	3	

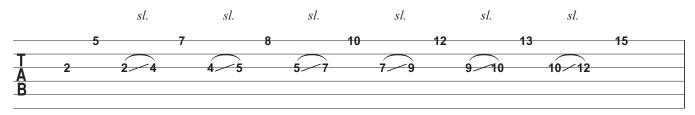
Example 2

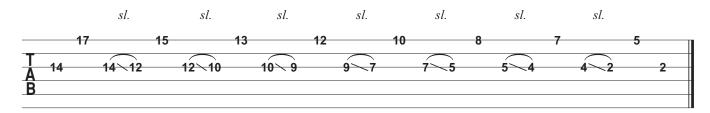
T 6	8	10	12	13	12	10	8	6	
A 3	5	7	9	10	9	7	5	3	

Example 3



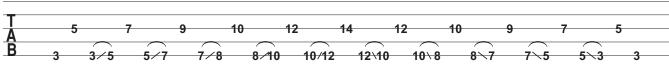
Example 4



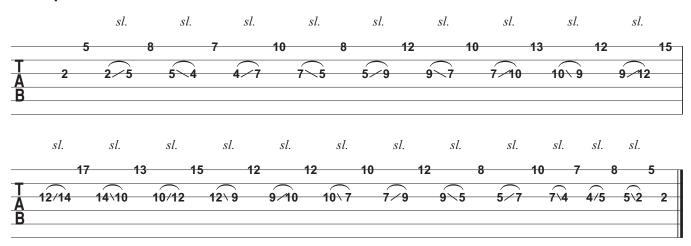


Example 5

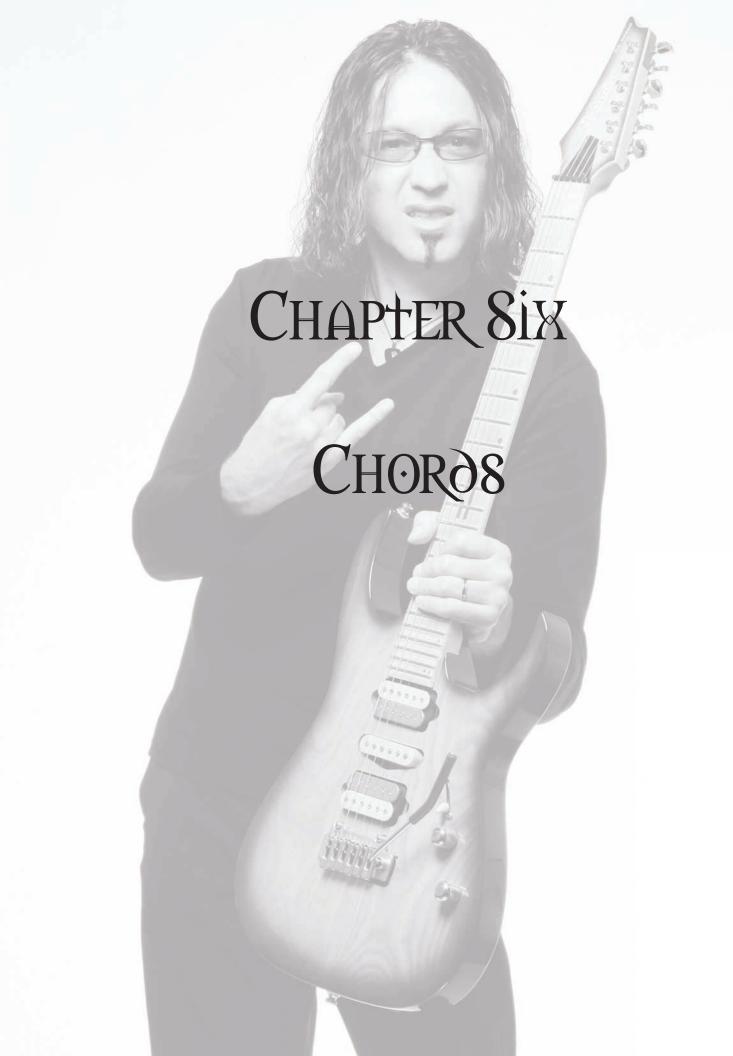




Example 6

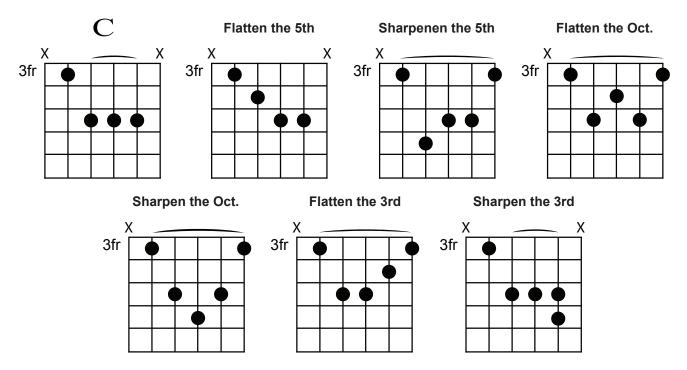






Morphing Chords



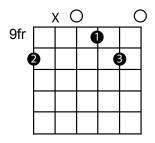


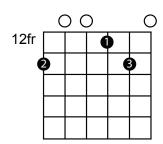
Your assignment is to take your favorite chords and use this "morphing" technique. Write down the chords you come up with that you like. Then try morphing the new chord voicing's you created and keep deriving new chords. The limitations to this technique are endless.

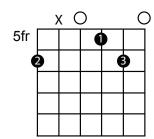


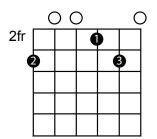
CHORD VOICINGS & PROGRESSIONS

"EMPRESS"





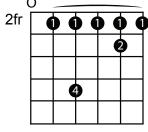


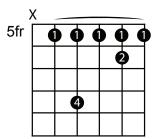


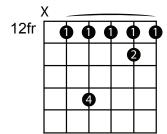
"Violet Horizon"



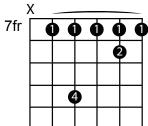


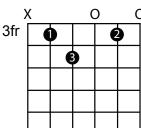


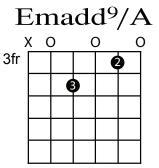




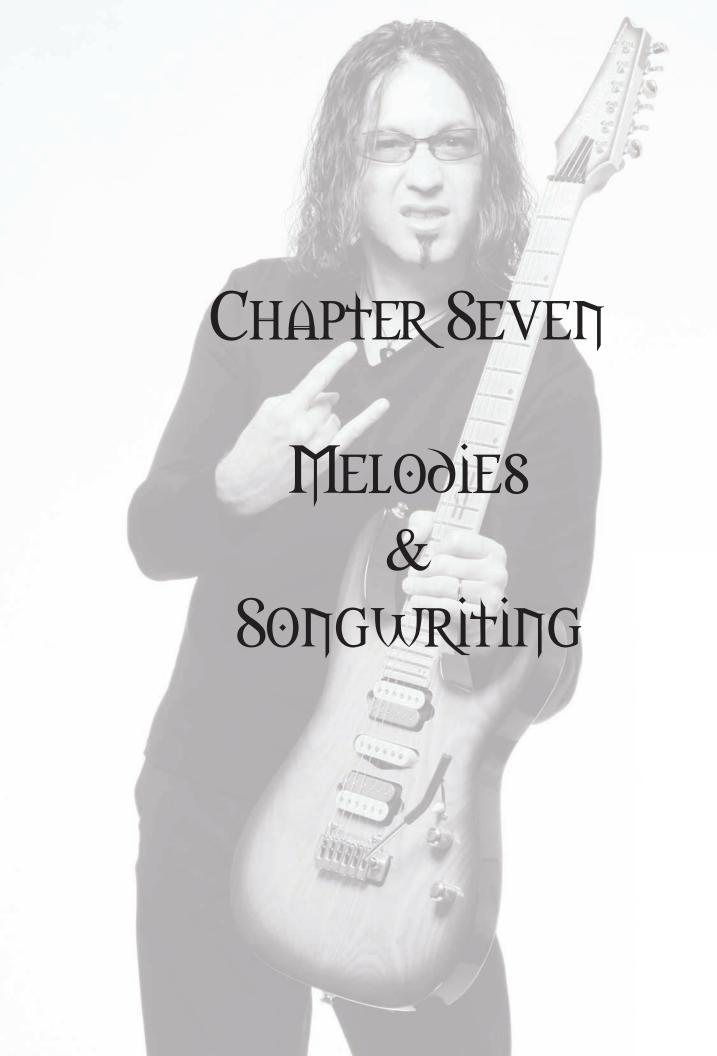
Cadd^{9‡11}







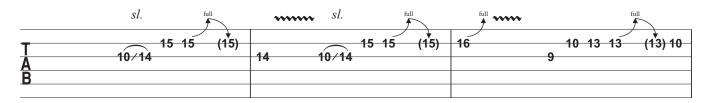
Note that in the actual recording of "Violet Horizon" Rob only uses the Em^{11} , $Cadd^{9}$ and $Emadd^{9}/A$ chords. The other voicings are for the lessons demonstration purposes only.



THE SONG WRITING PROCESS



"OF the Earth"



T 9 9 9 10 9 7 7 7 B 10

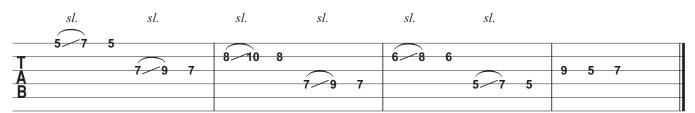


Creating a Melody By Humming

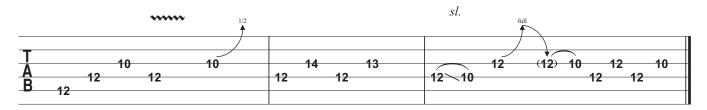
"Liquid Soul"



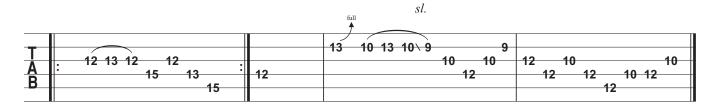
Riff 1



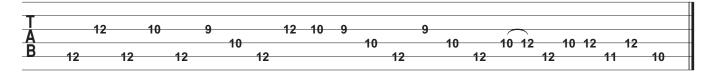
Riff 2 Riff 3



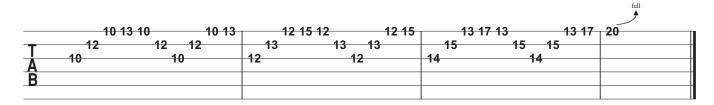
Riff 4 Riff 5



Riff 6



Riff 7



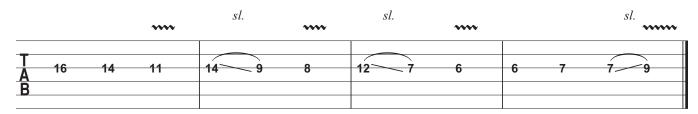


EMBELLISHING A MELODY

"THE E88EŋCE"



Example 1



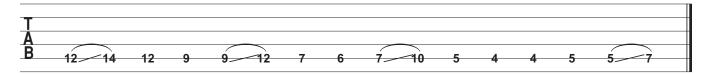
Example 2

sl.

sl.

sl.

sl.



Example 3

sl.

sl.

_				
Ţ	14/16 16 14 14 11	14 14 9 9 8	12 12 7 7 6	6 7 7 9 9 9
	12/14 14 12 12 9	12 12 7 7 6	10 10 5 5 4	4 5 5 7 7 7

Example 4

Т	12 (0	16	0	0	17	0	19	0	17	0	16	17	16	12	0	16	0	17	0	19	0	17	0	17	19	17
Α																											
В																											

sl. sl.

	10 17	10
- 12 0 16 0 17 0 19 0 17 0 16 17	19 17	19
Δ 16	16 14 14 16	16
B		
_		

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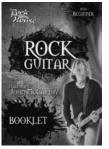


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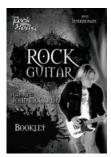
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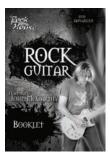
DVD



Beginner



Intermediate



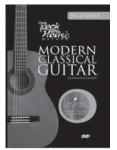
Advanced



Beginner



Intermediate



Beginner



Leo Nocentelli



Riffs, Rhythms & Secrets



Workout Routines for Guitarists



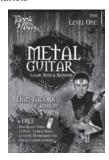
John McCarthy Basics of Metal Guitar



Alexi Laiho Melodic Speed, Shred & Heavy Riffs #1



Alexi Laiho Melodic Speed, Shred & Heavy Riffs #2

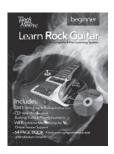


Dan Jacobs Leads, Runs & Rhythms #1

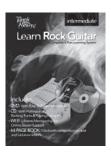




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