



2019 Annual Report



Accronyms

ACHPR	Africa Commission on Human and People's Rights	ISSCR	International Sexual and Reproductive Rights Caucus
ADP	Annual Development Plan	MCA	Member of County Assembly
ARP	Alternative Rites of Passage	MYP	Meaningful Youth Participation
CAC	Comprehensive Abortion Care	NCD	Non Communicable Diseases
CEFM	Child, Early and Forced Marriage	RAHU	Reach a Hand Uganda
CEDAW	Convention on Elimination of All Forms of Discrimination Against Women	RHRN	Right Here Right Now
CIDP	County Integrated Development Plan	SRHRS	Sexual and Reproductive Health and Rights
CM	Child Marriage	SOGIE	Sexual Orientation, Gender Identity and Expression
COYA	Coalition for Youth Advocacy	TICH	Tropical Institute of Community Health and Development
CTG	Closing The Gap	TP	Teenage Pregnancy
FGM	Female Genital Mutilation	UPR	Universal Periodic Review
FSP	Fiscal Strategy Paper	VCAT	Value Clarification and Attitude Transformation
ICPD	International Conference on Population and Development		

Letter From Executive Director



A handwritten signature in black ink, appearing to read "Victor Rasugu".

Victor Rasugu
Executive Director

Every person has the right to the highest attainable standard of health, which includes the right to health care services, including reproductive health care. This right was reaffirmed in the Constitution of Kenya 2010. As a country, we are at a defining moment.

Despite the remarkable gains over the years, access to sexual and reproductive health and rights (SRHR) remains remote and out of reach for many young people – especially young women – in Kenya.

As an organization, our eyes remain on the horizon of the promises made in Cairo in 1994. We remain cognizant that for young people, girls and women to be able to enjoy SRHR, we must sustain our advocacy efforts and consistently remind the national and the county governments that SRHR is not only a health issue but also a development one.

In 2018/2019 using Participatory Advocacy Model for the Youth (PAMY), NAYA supported different county governments in developing SRHR frameworks for a strategic focus and accountability

on adolescent and youth health. The success in the implementation of these frameworks will only be a reality if young people are meaningfully involved in the entire implementation cycle.

As we move into the next decade of the Sustainable Development Goals, individuals, civil society organisations, community leaders, young people, private sector, government, legislators and donors must work together in advancing choices for all.

We must recommit to the Cairo Agenda since we have unfinished business. We must re-affirm the aspiration of the Kenya Constitution on the right to health. We must bring young people to the table and have a meaningful dialogue on what will work for them and what will not and thereafter involve them in the implementation process.

Background

The Network for Adolescent and Youth of Africa (NAYA) is a regional advocacy organization founded in October 2001 by the African Regional Office of the Planned Parenthood Federation of America (PPFA).



NAYA aims at enhancing the capacity of young people, youth advocates, youth led organizations and policy makers to undertake Sexual and Reproductive Health and Rights (SRHR) advocacy at international, regional, national and county level in Kenya to improve the quality, affordability and accessibility of health including SRHR information and services.



NAYA's vision is a society where health including sexual and reproductive health and rights of young people are protected, fulfilled, promoted and respected.



NAYA's mission is to advocate for the development and implementation of legislation and policies on health including sexual and reproductive health and rights.



The Team

In 2019, the NAYA team consisted of a diverse, talented and committed workforce of 15 staff operating from three offices in Nairobi, Kisumu and Kajiado. They are headed by the Executive Director who provided strategic leadership and technical support. Further, an advisory board of 5 provided oversight and strategic direction. NAYA also worked with over 94 youth advocates and volunteers in Nairobi, Kajiado, Kisumu, Siaya, Migori, Kisii, Homa Bay and Mombasa Counties.



08

✓ Counties in operation



03

Offices



15

Staff in total



94

Youth advocates



05

Advisory board

Executive Summary: 2019 In Brief



NAYA's Participatory Advocacy Model for Youth (PAMY) is an advocacy model built on the concept of Meaningful Youth Participation (MYP) and the commitment of NAYA in meaningfully engaging young people in the programme management cycle. Meaningful Youth Participation means that young people are empowered to take an active role in decision-making at various levels in an organisation and within different stages of a program.

In 2019, NAYA realized the following key successes in line with the thematic areas for the PAMY Model:

1 Policy and Legal Advocacy for Health Including Comprehensive Sexual and Reproductive Health and Rights

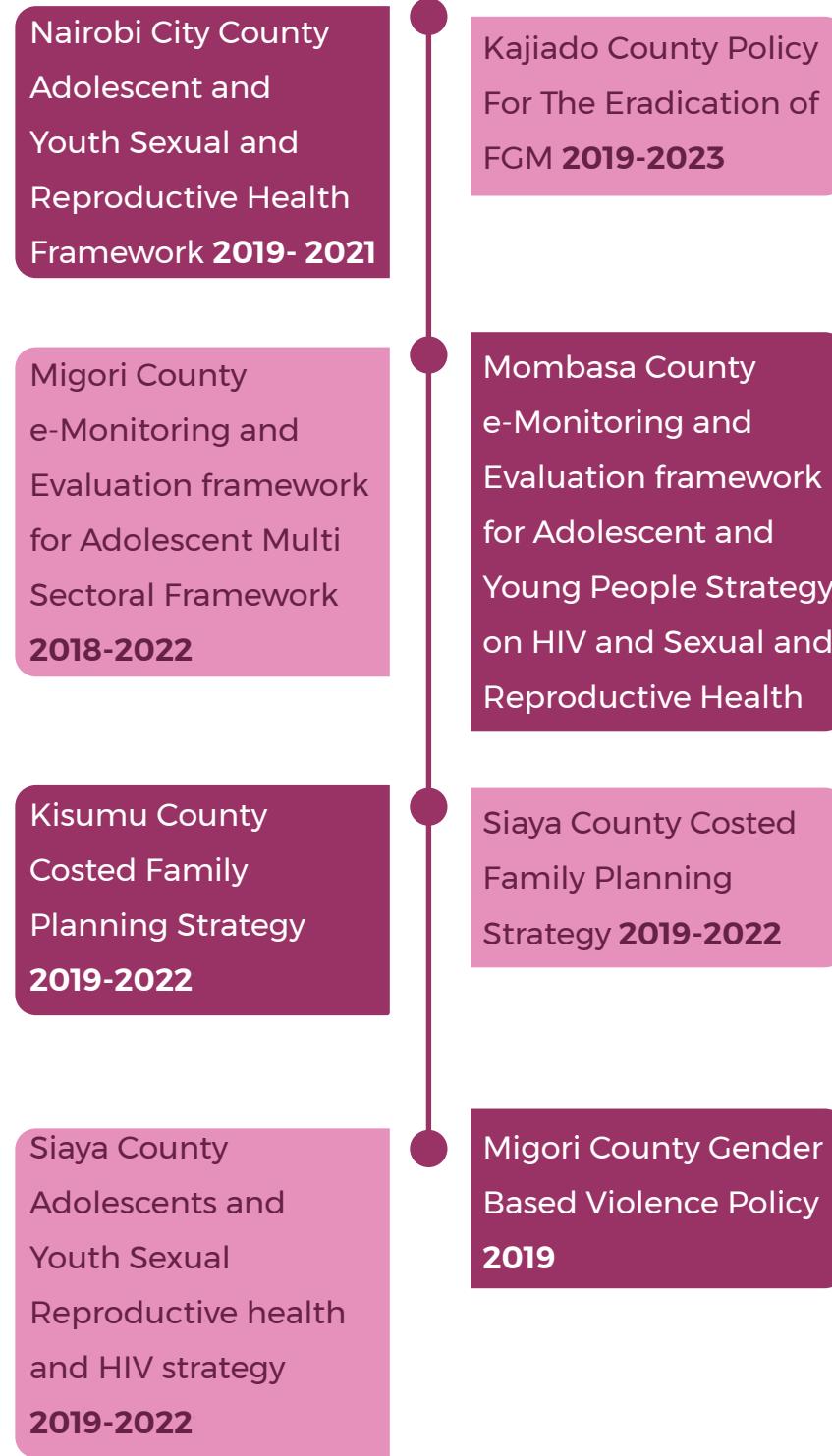
In 2019, NAYA was involved in policy advocacy initiatives with county and national governments for strengthened policy and legal environment on health including sexual and reproductive health and rights.

NAYA technically supported the national and county governments to develop, review and monitor the implementation of the below policies, guidelines, strategies and plans:

National Government

- 1 National Adolescent Sexual and Reproductive Health Policy Implementation Framework **2018-2022**
- 2 National Advocating for Change for Adolescents Toolkit **2018**
- 3 National Meaningful Adolescent and Youth Engagement Framework
- 4 Reproductive Health Policy Review **2019**
- 5 Review of Reproductive Health Commodity Strategy **2013-2017**

County Government



Strategic Litigation

NAYA utilizes strategic litigation as an advocacy tactic to challenge restrictive laws and policies that criminalize certain key components of SRHR. In 2018, NAYA filed a suit against the Attorney General, the Cabinet Secretary for Health, the Director of Medical Services, the Ministry of Health, the Kenya Medical Practitioners and Dentists Council and the Kenya Film and Classification Board at the Constitutional & Human Rights Division of the High Court of Kenya in Nairobi. The petition challenges the following regressions;

The directive by the Director of Medical Services, that Marie Stopes Kenya should not provide Post Abortion Care in its facilities;

The ban by Kenya Film and Classification Board (KTCB) against Marie Stopes from providing information on the state of unsafe abortions in Kenya.

This petition will be used to set precedent on access to information and services on safe and legal abortion and strengthen public support for youth SRHR.

The decision by the Kenya Medical and Dentists Council (KMDC) to ban Marie Stopes Kenya from offering any form of abortion services in all its 23 facilities that serve most underserved populations and communities within the republic of Kenya;

2 Grassroots Advocacy



80
Grassroots advocacy



08
Counties



60
Champions



120
Community Leaders

Youth Advocates organised and facilitated over eighty (80) grassroots advocacy forums with community leaders, religious and cultural leaders, local administration officials, gatekeepers and young people in eight (8) counties to address key health and SRHR challenges in different communities and to develop local rights-based solutions.

We collaborated with over 60 champions in these forums. We secured commitments from over one hundred and twenty (120) community leaders and champions to advance SRHR in their jurisdictions including through availing information and creating an enabling environment in their communities.



3 Regional and National Capacity Building



60
SRHR Partners trained on **Advocacy** and Monitoring and Evaluation.



20
technical assistance sessions held with **youth advocates** on SRHR, advocacy, media and policy communications and abstract development.



40
CSO representatives and youth advocates **trained** on budget advocacy and health financing.



25
young people both **youth advocates** and **young people** from Kenya SRHR Alliance trained on MYP refresher course.



20
youth advocates trained on media advocacy and policy communication.



20
young people from Kenya SRHR Alliance trained on accountability mechanisms and engaging with the Commission on Population and Development.

30
Family Health Options Kenya (FHOK) staff trained on advocacy and Policy Communication.

Ethiopia SRHR Alliance and **Talent Youth Association Ethiopia Trained** on Advocacy, Policy Communication and Monitoring and Evaluation.

4 Networking and Partnerships

Networking and Partnerships are critical components of NAYA's PAMY Model.



NAYA partnered with international and national civil society organizations,

networks, government agencies, media houses and young people for joint advocacy, capacity sharing, leveraging on resources, synergies and opposition monitoring. In particular, NAYA collaborated with Right Here Right Now, Kenya SRHR Alliance, Closing the Gap Consortium, International Sexual and Reproductive Rights Caucus (ISRRC), YES I DO Alliance, Right Evidence Action (REA) Alliance. Further, NAYA collaborated with

Africa Coalition on Safe Abortion (ACSA) on Africa Region CSOs position on safe abortion, Africa Reproductive Rights (ARRI) on changing the landscape on Sexual and Reproductive Health and Rights; opportunities and threats in Africa, UPR Info and Kenya UPR Task Force as well as with the Center for Reproductive Rights to develop a shadow report for Kenya's third cycle Universal Periodic Review (UPR), a joint petition with the CSO caucus in Nairobi County for the removal of bill board fueling stigma in safe abortion.



NAYA also convened CSOs to develop a shadow report focusing on SRHR for UPR.

NAYA was also active in the Kenya She Decides Local Movement and worked with local champions from a diverse group of political leaders, influencers, SRHR activists such as Hon. Esther Passaris and Prof. Marlene Timmerman to ensure that women and girls can access safe and legal abortion services in line with the Constitution of Kenya and the reinstated Policy, Standards and Guidelines on the Reduction of Maternal Mortality from Unsafe Abortion in Kenya. Through this partnership, NAYA engaged in the

47th United Nations General Assembly Session (UNGA)

showcasing the local movement's best practices in advancing women and girls SRHR rights during The SHE Decides Global Movement side event and forums with global SRHR partners, development partners and political leaders.

Furthermore, **NAYA also engaged in the Bill and Melinda Gates Goalkeepers meeting** convened by The Gates Foundation that sought to bring together a diverse group of young people and partners across the continent to share their organization's work inline with addressing and achieving the seventeen (17) Sustainable Development Goals (SDGs), with a particular focus on NAYA's advocacy work on SDG 3 specifically advancing adolescents and youth SRHR.

NAYA also secured additional support from Center for Reproductive Rights for an offline and online campaign on improving access to safe and legal abortion in Kenya and Sexual Rights Initiative for Universal Periodic Review Engagement. NAYA also collaborated with Planned Parenthood Global in the Global Youth Ambassador Programme by hosting Global Youth Ambassador (GYA) from the United States and nominating a GYA Fellow to participate in advocacy and Learning activities in the United States Congress and other Federal and State Level decision making levels in the United States.

NAYA also served in the Family Planning 2020 Country Task Force composed of Donor focal persons from UNFPA, DFID, USAID, Government representatives from Ministry of Health and National Council For Population and Development (NCPD) and Civil Society Organizations (CSOs) as the Youth Focal Point. NAYA engaged in the quarterly meetings with the Task Force and the FP 2020 Secretariat to strengthen youth friendly approaches to family planning and SRHR.

5 Media Advocacy

Media plays an important role in bringing health including sexual health and rights issues to the forefront as a development issue. In 2019, NAYA utilised traditional media platforms like radio, newspapers and television and new media platforms to reach policy makers, the public and young people for public support as well as for advocacy. Through our partnership with the media;

Forced to have cut at childbirth:

Florence Sinet's harrowing tale highlights the oft-downplayed, but formidable force of tradition and superstition in the fight against FGM

BY CORNELL NGARE
ngarekianukuji@gmail.com

Don't leave me! I'm begging you, please don't leave!" The young woman screamed amidst gasps for air as the waves of pain around her womb grew worse and drifted closer to one another.

Florence Sinet, 24, had gone into labour a few hours earlier while at her house in Looodokilani, Kajiado County. When her waters broke, she asked her husband to take her to hospital, but her husband, in his late 50s, insisted that she deliver the child at home, the traditional way.

He called the local traditional midwife who arrived within minutes and started attending to Sinet. The midwife examined the labouring woman and immediately realised that this was going to be a difficult birth. The baby had not descended properly and needed to be turned before it could be delivered.

Good thing that the sexagenarian already had dozens of home births under her belt, a good number of which had similar, if not worse, complications. She had only lost a few babies and even fewer mothers. However, when she examined Sinet, she suddenly rose to her feet and stumbled backwards, a horrified



Laws allow abortion in some cases but are women aware?

Women who have procured unsafe abortion may not be aware of the health complications they may be facing. Several factors are responsible for negative health-seeking behaviours among women seeking abortion-related care. First is the limited knowledge about complications related to unsafe abortion. As the goal is to do away with

Help women fight, overcome postnatal depression, stigma

The responsibilities of being a parent are worrying, especially being a first-time mother and a single parent, which is likely to lead to postnatal depression. Postpartum depression which is also known as postnatal depression is a complex mix of physical, emotional and behavioural changes that happen to a woman after giving birth. Due to self-stigma associated



Published in the Daily Nation, The Star, The Standard and People Daily



Collaborated with journalists to develop 8 feature stories on SRHR to amplify online and offline conversations on SRHR, building public support and targeting policy makers with key SRHR advocacy asks.



Participated in 3 discussions on national television on NTV and KTN News discussing Family Planning, Access to safe and legal abortion, and Age of Consent.

 **500,000**
people reached on social media.

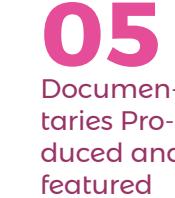


Media Campaigns

Together with our partners conducted four (4) media campaigns on SRHR. The campaigns included **#KeepWanjikuSafe**, **#MyAbortionMyHealth** and **#EndAbortionStigma**.



on health and SRHR on local and international radio platforms including the United Nations Radio!



on Menstrual Health Hygiene, Female Genital Mutilation (FGM), Child Marriage, Budgetary Allocation to SRHR, and Intergenerational dialogues and Accountability.

6 Health Financing

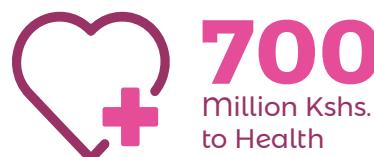
In line with the Constitution of Kenya 2010 and other legislation including the Public Finance Management Act, 2010 that provides for public participation in the budget making process, NAYA participated in the budget making process in Mombasa, Nairobi, Kajiado, Kisii, Migori, Homa Bay, Kisumu and Siaya Counties. In particular, we analyzed the draft fiscal strategy papers and budget estimates and developed and submitted budget memos in the eight counties; we convened CSOs and non state actors, hosted pre and post budget consultations with County Executives and legislators in the counties; and published a three year trend analysis for Mombasa, Nairobi and Kisumu Counties to make a case for budgetary allocation to health and Sexual and Reproductive Health and Rights.

Through our efforts we were able to realize increases in budgetary allocations to health;



In Nairobi County

jointly with our partners we secured an additional budgetary allocation of



In Siaya County

we secured an allocation of



2.6

Billion Kshs.
(28%) for
Health

2.5

Million Kshs.
for Reproductive
Health Training

In Kajiado County

we secured a budgetary allocation of Kshs.



6,492,700
Million Kshs.
for Gender Mainstreaming
and Anti FGM
Campaigns

In Kisii County

we secured an allocation of



In Migori County

Health we secured an allocation of



In Kisumu County

we secured an allocation of



3.5

Billion Kshs.
(33%) for
Health



62

Million for
reproductive
Health



12.6

Million Kshs. for
Reproductive
Health



2.8

Million Kshs. for
Community
Health

7 Utilizing International Mechanisms for Accountability



Recognizing that international and regional instruments are part of the laws of Kenya, NAYA engaged with key mechanisms for protection, fulfillment, respect and promotion of health including sexual and reproductive health and rights.

- 1** We engaged with the 64th Ordinary Session of the Africa Commission on Human and People's Rights in Sharm El Sheikh, Egypt; the 41st session of the Human Rights Council in Geneva; the 52nd session of the United Nations Commission on Population and Development in New York and provided information on the SRHR situation of young people in Kenya to the United Nations Independent Expert on Discrimination and Violence due to Sexual Orientation and Gender Identity. NAYA also convened stakeholders to prepare a Shadow Report on the Sexual and Reproductive Health and Rights situation for the Universal Periodic Review (UPR) of Kenya.
- 2** Ahead of the Universal Periodic Review of Kenya, NAYA held consultative briefing meetings with 30 Missions based in Geneva on the SRHR Situation in Kenya and to lobby them to make specific recommendations on SRHR.
- 3** NAYA further engaged the government of Kenya through the Kenya National Commission on Human Rights on the reservation on Article 14(2) (c) of the Maputo Protocol and followed up on CEDAW Concluding Observations.
- 4** NAYA also supported 12 young people to participate in the Nairobi Summit on ICPD.

Programmes

NAYA: Institutional Strengthening and Organizational Development

In 2019, NAYA continued strengthening its organizational systems and practices. NAYA completed its Child Protection Policy and Procurement Policy. Further, in strengthening its human resource management, NAYA hired additional staff in charge of Finance and Grant, a Resident Communication Consultant, and two (2) Programme Associates to strengthen its human capital.

The Board also continued to provide strategic leadership in order to realize the NAYA mission as guided by the Board Charter. In 2019, NAYA's advocacy and sustainability efforts were supported by CHOICE For Youth and Sexuality, Planned Parenthood Global, Center for Reproductive Rights and Rutgers.



Get Up Speak Out (GUSO) Project



The GUSO Project (Kenya) is a **five year** (2016-2020) project being implemented by an alliance of



Civil Society Organizations with support from

- CHOICE for Youth and Sexuality,
- Rutgers,
- Stop AIDS Now and
- SIMAVI.



GUSO is implemented in Kisumu, Nairobi, Homabay, Siaya and Bungoma Counties in Kenya.

GUSO project has five outcome areas, four of which NAYA is implementing:

- Strengthened and sustainable alliance comprehensively address the SRHR of young people.
- Empowered young people increasingly voice their rights.
- Increased Utilization of SRHR information and education by all young people
- Increased Access to SRHR Services
- Improved Social Cultural, political and legal environment for gender sensitive SRHR



Strengthened and sustainable alliance comprehensively address the SRHR of young people.

Outputs

-  **5** NAYA staff received training from the country SRHR Alliance.
- Supported the development of the **Alliance's M&E implementation framework for MYP guidelines.**
-  Provided technical assistance to Advocacy TWG on advocacy and Monitoring and Evaluation.
- Supported the Alliance in Development of the **Alliance Strategic Plan 2020-2024.**

Empowered Young People Increasingly Voice their Rights.

Outputs

-  **70%** NAYA staff received training from the country SRHR Alliance.
-  **5** collaborations among young people and youth advocates from different alliance related organisations/ networks.
-  **10** joint SRHR Youth led Advocacy Activities.
-  **6** Advocates placed on internship for on job learning within the organization and on continuous mentorship on program implementation.
- **Youth Advocates submitted 18 accepted abstracts and participated in 4 conferences (Kisumu UHC, Reproductive Health Network, AHAIC and abortion conference in Ethiopia).**
In the Ethiopia conference NAYA youth advocate was awarded with the best poster presentation.

Increased Utilization of SRHR Information and Education by all Young People

Outputs

-  **257** NAYA staff received training from the country SRHR Alliance.
-  **6** targeted twitter chat campaigns on reproductive health-related issues including sharing advocacy messages on **NAYA's (#NAYAVoices)** online platforms reaching out to policymakers.
-  **25** radio shows with broadcast radio in Radio Mayienga a Local **Vernacular (Luo)** and Sky FM (Luo).

Improved Social Cultural, political and Legal Environment for Gender Sensitive SRHR

Outputs

-  **656,246** people reached by campaigns and social media.
- **39** people structurally involved in the implementation of the program at community level.
- **28 MCAs** Reproductive Health champions from Kisumu, Siaya and Homabay counties **deliberated on the gains made on the 'Reaffirmed HomaBay Accord' and developed county specific action plans for 2019.**
- **625** opinion leaders reached out during community dialogue forums.

-  **3** technical assistance sessions with the media youth advocates on developing media publications.
-  **15** community dialogue forums held in Kisumu, Siaya and Homabay counties focusing on sexual reproductive health and rights issues such as contraception and teenage pregnancy.
-  **47** articles published on the local dailies; The Star, The Daily Nation and The Standard

Outcomes



Closing The Gap Project



The Closing The Gap Project is a three year project (2018-2020) supported by Planned Parenthood Global and implemented in...



05
Counties

The project is implemented in

- Kisumu,
- Kisii,
- Migori,
- Siaya and
- Homabay Counties

in South Western Kenya in collaboration with

06
service delivery partners

to increase access to sexual and reproductive health information and care, including family planning services and comprehensive abortion care.

(NAYA is the lead advocacy partner in all five counties).



Key Outputs

-  **20** Technical assistance sessions held with **20 advocates in 5 counties.**
-  **61** newspaper articles published on SRHR, family planning and CAC.
- **20** Review meetings held with **20 advocates in 5 counties**
- **15** advocacy forums conducted.
- **08** CSO meetings held with champions to advance SRHR.
- **05** county specific advocacy action plans developed with **25 SRHR Members of County Assembly champions** from **5 counties.**

▪ **Analyzed FSP, ADP and county budgets from 5 counties to inform advocacy.**

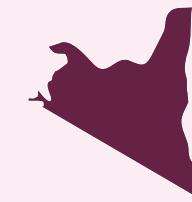
▪ **Held South Western Intercounty MCAs review meeting with 25 MCAs from 5 counties.**

▪ **Advocacy meetings held with county assembly clerks and senior technocrats.**

▪ **10 memoranda developed** and submitted to County Executives and Assembly in **5 Counties** during public participation on Fiscal Strategy Paper and Budget.

▪ **10 meetings held with county assembly health committees** to track and advance SRHR issues.

Key Outcomes



12.6

Million allocated towards reproductive health in **Migori County.**

Migori County Sexual and Gender Based Violence policy developed.

Kisumu County 5 year family planning Costed Implementation Plan developed.



Kisumu County Costed Family Planning Strategy Developed.

Draft **Kisumu County** reproductive Health Strategy developed.



Siaya County Adolescent and Young people SRH/HIV Action plan Developed.

Siaya County Costed Family Planning strategy developed.

The Yes I Do Project



The Yes I Do (Kenya) is a five year project (2016-2020) implemented by an alliance of



05

Civil Society Organizations

namely;

- Amref Health Africa
- Plan International
- Network for Adolescents and Youth of Africa (NAYA KENYA),
- Centre for the Study of Adolescence (CSA)
- UJAMAA AFRICA

with support from CHOICE for Youth and Sexuality, Amref Netherlands, Plan Netherlands and Rutgers.

The project is implemented in Kajiado West Sub County, Kajiado County, Kenya.

The program has five key areas. NAYA is leading on two intervention areas namely:

- Adolescent girls and boys are meaningfully engaged to claim their SRHR entitlement
- Policy makers and duty bearers commit to implement laws and/or policies on CEFM, FGM/C and teenage pregnancy.



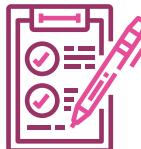
Adolescent girls and boys are meaningfully engaged to claim their SRHR entitlement

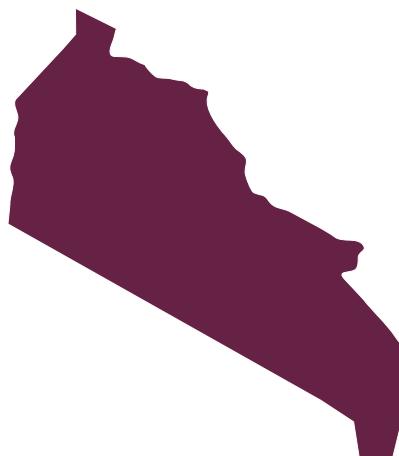
Key Outputs

-  **20 youth Advocates trained** on media advocacy and policy communication.
-  **4 Radio discussions held on community radio** on FGM, teenage pregnancy, child marriage to inform, persuade and motivate community members, young people and community leaders to take specific action.
-  **1 Documentary** on the lived realities of FGM, Child Marriage and Teenage Pregnancy produced and disseminated.
-  **Participation in 2 joint Alliance Alternative Rites of Passage (ARP) forums.**
-  **05 feature stories** Collaborated with journalists to develop and publish 5 feature stories on FGM, teenage pregnancy, child marriage.
-  **1 Refresher training** on MYP to Alliance Members and 4 Review Meetings held with Alliance Members to track MYP Action Plans.
-  Commemoration of the International FGM Zero Tolerance Day and Day of the Africa Child with 155 gatekeepers and opinion leaders for advocacy and communication campaigns to address teenage pregnancy, child marriage and female genital mutilation.
-  **16 Youth Forums** conducted with 301 young people to strengthen their capacity and strengthen meaningful youth participation in addressing harmful cultural practices.
-  **4 Review Meetings** held with youth advocates.

Policy makers and duty bearers commit to implement laws and/or policies on CEFM, FGM/C and teenage pregnancy

Key Outputs

-  **4** policy memoranda developed and submitted to policy makers on child marriage teenage pregnancy and female genital mutilation.
-  **16** community engagement forums held with 132 gatekeepers to table calls to action on FGM, TP and CM.
-  **16** policy dissemination forums held with 208 opinion leaders in Kajiado West to present different policy and legal documents on SRHR and FGM and developed local implementation plans.



Key Outcomes

-  **1** **7** chiefs (local administration officials) involve young people in planning and holding community forums (chief's barazas).
-  **2** **5** suggestions from young people incorporated in End FGM Committees Resolutions.
-  **3** Kajiado County finalizes and launches County FGM Policy.
-  **4** policy makers, champions and community leaders publicly commit to act on FGM, Teenage Pregnancy and Child Marriage.
-  **5** Kajiado County incorporates 2 youth advocates in the Health Bill Development process.

Rights, Evidence, Action (REA) Project

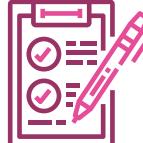
The REA Program is supported by CHOICE for Youth and Sexuality and RNW Media to address limited respect, protection and fulfilment of Sexual and Reproductive Health and Rights of all young people, including young LGBT.

In Kenya, NAYA implements the program in collaboration with Love Matters Kenya.



Key Outputs

- Participation at the 41st session of the Human Rights Council** in Geneva to influence resolutions on human rights, SRHR, and inclusivity and presentation of recommendations on SRHR and SOGIE.

 **6 policy communication materials;** position papers, shadow reports, information submitted to international, regional and national policy makers including the Office of the High Commissioner on Human Rights and the Independent Expert on Sexual Orientation and Gender Identity

- Participation in 64th Ordinary Session of the African Commission on Human and People's Rights,** Egypt and holding 2 panel discussions on youth sexual and reproductive health and rights

- Convened civil society organizations** to develop and submit a shadow report on the Universal Periodic Review and participated in the UPR Pre Sessions in Geneva and briefed over 30 states on SRHR in Kenya.

- Participation in the National SRHR Technical Working Group** and supporting the dissemination and implementation of the National Adolescent Sexual and Reproductive Health Policy.

-  **Technically supported Ministry of Health, Kenya to develop Meaningful Adolescent and Youth Engagement Framework** to strengthen meaningful youth participation of young people in policy development

- Follow up Meeting Held with Ministry of Health Kenya to track CEDAW Concluding Observations.**

-  **8 newspaper articles** highlighting discrimination and violence based on sexual orientation, gender identity and expression, inadequate access to comprehensive youth-friendly services published and disseminated to persuade and motivate policy makers to ensure inclusive and comprehensive youth friendly services.

- Participation in International SOGIE Forum** to track policy and legal environment on sexual orientation and gender identity in Kenya and for joint advocacy on SOGIE.

-  **4 technical assistance sessions and 4 review meetings** held with 10 youth advocates to strengthen their capacity on SRHR and to review meaningful engagement in REA programme

Key Outcomes

-  Collaborated with CSOs to advocate for the successful renewal of the mandate of the UN Special Rapporteur on SOGIE
-  **22**
un
Member
state
Lobbied
Successfully lobbied UN Member states to issue 22 Recommendations on SRHR and SOGIE during the United Nations Universal Periodic Review of Kenya



Right Here Right Now (RHRN) Project

The REA Program is supported by CHOICE for Youth and Sexuality and RNW Media to address limited respect, protection and fulfilment of Sexual and Reproductive Health and Rights of all young people, including young LGBT.

In Kenya, NAYA implements the program in collaboration with Love Matters Kenya.



Key Results:

- **3 meetings** held with 42 members of health, budget and liaison committees from Kisumu, Nairobi and Mombasa County Assemblies to advocate for budgetary allocation.
- **1 Multimedia** on key asks by young people developed.
- **1 Multimedia** on key asks by young people developed.
- **3 Year Trend Analysis Reports on Budgetary Allocation** in Kisumu, Nairobi and Mombasa Counties developed and disseminated to key policy makers.
- **11 newspaper articles** on SOGIE, Comprehensive Abortion Care and Comprehensive Sexuality Education (CSE) published through newspaper articles and blogs
- **2 policy briefs** on unsafe abortions and on Maputo Protocol developed and disseminated to key policy makers, Members of County Assembly and the public for action and public support.
- **3 Memos** on budgetary allocation developed and submitted.
- **3 Consultative forums** with 62 young people including young LGBQ in Mombasa, Kisumu and Nairobi Counties to develop memoranda on policy and budget making process.
- **45 MCAs sensitized on safe and legal abortion.**
- **Media advocacy campaigns on SRHR including SOGIE.**

Key Outcomes

- ✓ **Kisumu County Assembly Health Committee Accepts 9 Recommendations on SRHR including comprehensive youth-friendly services in Kisumu County Health Bill**
- ✓ **3 Health Committees (Mombasa, Nairobi and Kisumu) commit to draft motions on maternal mortality and discuss in County Assemblies**
- ✓ **Kenya National Commission on Human Rights Commits to convene Attorney General's Office, Ministry of Foreign Affairs, National Gender and Equality Commission and Ministry of Health to discuss Reservation.**
- ✓ **An online County Monitoring and Evaluation Framework developed by Mombasa County to strengthen implementation and accountability for Adolescent and Youth Policy.**
- ✓ **10 Mombasa County Assembly Make Public Commitments to Support SRHR**

Beyond The Horizon Project

The Beyond The Horizon Project was a short project supported by the Center for Reproductive Rights to conduct campaigns on reducing maternal mortality and morbidity from unsafe abortions in Kenya.

Key Results:

- Consultative meetings held with 55 young people from Migori, Siaya and Kisumu Counties on access to safe abortion services and information
- Collaboration with young people to develop county specific outcome document that highlighted the key challenge and called on policy makers to take specific actions to address unsafe abortions.
- Intercounty intergenerational dialogues with 30 young people including young women, 6 County Health Management Team (CHMT) i.e. (3 County Directors of Health and 3 Reproductive Health Coordinators) and 12 Members of county assembly (4 per county) drawn from both the Health and Budget committees from Migori, Siaya and Kisumu Counties.
- Media campaigns on access to safe and legal abortion.

Key Outcomes



Commitment by 12 Members of County Assembly to strengthen meaningful youth participation in policy processes including the budget making process and allocate budget for SRHR including post abortion care services.

Young People's Experiences in 2019



My Experiences as a Global Youth Ambassador

By Dominic Kimitta

The Global Youth Ambassador (GYA) Programme is an annual Learning Exchange Programme hosted by Planned Parenthood Global. In 2019, NAYA participated in the GYA programme by hosting a GYA Fellow from the United States and nominating a GYA Fellow from the organization to visit the United States of America and learn from other advocates. I was honoured to be appointed the Global Youth Ambassador to participate in the program.

As part of the program, I got the opportunity to host Ms Samantha Bohrt, a passionate advocate from Planned Parenthood of Greater Texas. During her visit, I organized forums with young people from Nairobi, Kisumu and Kajiado Counties to discuss the SRHR challenges affecting young people in Kenya and in the United States, the best practices and lessons learnt from both countries and the opportunities for collaboration. She also met Members of County Assembly and County Health Management Teams from Nairobi, Kisumu and Kajiado Counties. Hosting the GYA from Texas was a learning moment on the shared challenges of young people and how meaningful engagement in policy making is critical in addressing these issues.

I was excited to travel to the United States to share NAYA's innovative interventions to address the SRHR challenges affecting young people in Kenya and also learn more about Planned Parenthood Global's advocacy initiatives.

The highlight of my visit was the opportunity to visit Capitol Hill, the United States Congress, to understand the law-making process in America. I was surprised to learn how the laws of America have immense effects on countries around the world including Kenya.

I also had the opportunity to visit the House of Representatives at Texas Capitol and understand the state legislature. I was excited to learn about the innovative strategy of Planned Parenthood of Greater Texas of using theatre to reach young people in communities, schools and other institutions with information on SRHR.

Now back in Kenya, I am working with my colleagues to develop an anthology on the lived realities of young people in Kajiado County.

This opportunity was truly a life changing platform and I am glad to have learnt a lot and to be able to infuse these learnings into my day to day work.



My Experiences at the CHOICE Connector Week

The Partner Week is an annual convening hosted by CHOICE For Youth and Sexuality as a forum for CHOICE partners from all over the world to share best practices, successes and lessons learnt. In 2019, the CHOICE Partner Week was held in Uganda. I had the opportunity to represent my organization NAYA and interact with partners from Uganda, Ethiopia, Nigeria, Zambia, Malawi, Indonesia, Netherlands, Kenya, Zimbabwe, Mozambique and India.

During the Connector Week, the Sexual Rights Initiative (SRI) conducted a three day training on international human rights mechanisms including Treaty Monitoring Bodies and the Human Rights Council Mechanisms. The training increased my knowledge on these mechanisms and how young people can utilize these opportunities to advance Sexual and Reproductive Health and Rights (SRHR). I learnt how to prepare shadow reports and how to advocate for human rights in Geneva.

The training was followed by a week of sharing and learning from all partners on their strengths and best practices. I was happy to learn more about Self-care, Design Thinking, Advocacy, Messaging and Tools as well as Planning, Monitoring Evaluation and Learning, Report writing and Fundraising. As a young person, I feel more empowered and better equipped to conduct my advocacy, thanks to CHOICE and NAYA.

In their own words:

“I am grateful to NAYA for the opportunity and space to grow, learn, share and be positive change agents in the community. It's a space where I was accorded leadership opportunities and trusted as a change agent. I engaged policy makers, other young people and was part of several campaigns on SRHR.

Everlyn Odhiambo
Youth Advocate

“Nairobi county has maintained a good partnership and working relationship with NAYA over the years. They have taught the County the importance of Meaningful Youth Participation (MYP). Furthermore, NAYA has continuously provided both technical and financial support to the activities organized and convened by The County . In 2019, NAYA technically supported the County to develop a County Adolescent Youth Sexual and Reproductive Health (AYSRH) Framework as well as support in planning, and Monitoring and Evaluation.”

Faith Kiruthi
Adolescent and Youth Coordinator; Nairobi
County Department of Health

“NAYA is a partner that has truly been supportive. In 2019, they supported us in analyzing the County Programme Based Budget and made us understand the added value of budgetary allocation to SRHR. They also technically supported us to develop a County Monitoring and Evaluation Tool for the Adolescent and Youth Strategy. We are now able to see where we are, what needs to change, and what's working. We are also able to coordinate our partners and ourselves better because of the tool.”

**County Director of Health,
Mombasa**

Challenges

- Opposition to Our Work!
- NAYA received insults and negative comments from a section of the public, online commentators and policy makers on sensitive issues SRHR including abortion, sexual and gender minorities and comprehensive sexuality education.
- Adverse weather patterns particularly in Kajiado County.
- High turnover of trained youth advocates.
- Transfer and reshuffle of champion county employees.

Key Lessons Learnt

- 2019 was a critical learning year for NAYA.
- NAYA learnt the critical importance of creative and innovative policy communication strategies; particularly on how best to leverage audio-visual platforms and multimedia messages in informing, persuading and motivating policy makers to take action.
- The problem posing pedagogy where learning is co-created and technical assistance is based on identified needs is critical in capacity strengthening and meaningful youth participation.
- Networking and coalition building is critical in mutual learning, leveraging on resources, building support, movements as well as for sustainability of projects and results.
- Documenting best practices including through submission of abstracts to conferences is critical in capacity sharing and a critical tool for knowledge management.
- Opposition monitoring is an integral component of any advocacy work.
- A multipronged approach with various core strategies is essential in advocacy for Youth SRHR and meaningful youth participation.

Partnerships and networks in 2019

Name of the network/group/ alliance/ platforms/etc.	Type of network	ROLE
	<ul style="list-style-type: none"> • National or local level • Youth networks/groups • Formal or informal • Including non NGOs? (E.g. Government /knowledge institutes, etc.) 	
Adolescent SRHR TWG	National	Strengthened opportunity for collaboration with the National government and CSOs on SRHR
Kenya SRHR Alliance	National NGOs network	Joint advocacy and formation of common positions on SRHR including LGBT; Capacity Strengthening
Right here Right Now Alliance	National NGOs Network	Joint advocacy and movement building on SRHR including LGBT and CAC; Capacity Strengthening
Girls Not Brides Kenya	National NGOs Network	Capacity Strengthening, Joint advocacy and movement building for ending child marriage in Kenya.
International SOGIE Forum	International Informal Meetings	Joint advocacy and formation of common position on SRHR including LGBT; Movement Building; Capacity Strengthening
Africa Coalition on Safe Abortion (ACSA)	Regional CSO Network	Capacity Strengthening, Joint advocacy and movement building for access to safe and legal abortion
Africa Reproductive Rights (ARRI)	Regional CSO Network	Capacity Strengthening, Joint advocacy and movement building for Reproductive Rights
YIDA Alliance	NGO Network	Evidence for advocacy, Joint advocacy on SRHR including MYP.
County Technical Working Groups	County Based	Strengthened opportunity for collaboration with county governments and CSOs on SRHR
County SRHR CSOs Network	County Based	Joint County level Advocacy on SRH and Budget Advocacy.

Summary of Audited Accounts

**Statement of
Comprehensive
Income for the
year ended
31, July 2019**

Income	2019	2018
Grant income	44,687,323	42,122,251
Other income	400,959	24,000
	45,088,282	42,146,251

Expenditure

Programme cost	26,631,676	25,095,695
Administration expenses	3,312,203	2,420,705
Establishment costs	1,574,885	1,820,949
Staff costs	16,383,558	18,989,006
	47,902,322	48,326,355

Surplus/deficit for the period before tax	-2,814,020	-6,180,104
Tax charge	-	-
Surplus (deficit) for the period after tax	-2,814,020	-6,180,104
Other comprehensive income	-	-
Total comprehensive income for the period added to the fund balances	-2,814,020	-6,180,104

**Statement of
Financial Position
As at 31, July 2019**

Assets	2019	2018
	KES	KES
Non-Current Assets		
Property, Plant and Equipment	1,730,678	1,538,784
	1,730,678	1,538,784
Current Assets		
Trade and other receivables	197,200	681,639
Cash and cash equivalent	11,473,641	13,575,993
	11,670,841	14,257,632
Current liabilities		
Trade and Payables	604,723	185,600
		185,600
Net current Assets	11,670,841	14,072,032
		15,610,816
Equity		
Capital and reserves		
Capital fund	184,907	184,907
Accumulated fund	12,611,889	15,425,909
	12,796,796	15,610,816

**Statement of
Changes in Equity
For the year ended
31, July 2019**

	Capital fund Balances KES	Accumulated Fund Balances KES	Totals KES
Year ended 31, July 2017			
At the start of the period	184,907	21,606,012	21,790,919
Prior year adjustments	-	-	-
Movement during the year	-	-6,180,104	-6,180,104
	184,907	15,425,908	15,610,815

Year ended 31, July 2018

At the start of the period	184,907	15,425,908	15,610,815
Net capital expenditure	-	-	-
Movement during the year	-	-2,814,020	-2,814,020
	184,907	12,611,888	12,796,795

**Statement of
Cash Flow in
Equity For the
year ended
31, July 2019**

	2019 KES	2018 KES
Cash flow from operating activities		
Surplus (deficit) before tax	-2,814,020	-6,180,104
Adjustments for:		
Depreciation	263,365	260,547
Prior year adjustments	-	-
	-2,550,655	-5,919,557
Operating profit before working capital changes		
Increase (decrease) in:		
Trade and other receivable	484,439	283,561
Trade and other payables	419,123	-
Cash generated from operations	-	-
Income tax paid	-	-
	903,562	283,561
Net cash from operating activities	-1,647,093	-5,635,996
Cash flows from investing activities		
Purchase of property, plant and equipment	-455,259	-411,200
	-455,259	-411,200
Cash flows from financing activities		
Proceeds from members (capital expenditure)	-	-
Interest expense	-	-
Net cash from/(used in) financing activities	-	-
Net increase(decrease) in cash and cash equivalents	-2,102,352	-6,047,196
Cash and cash equivalents	13,575,993	19,623,188
Cash and cash equivalents 3st July 2018	11,473,641	13,575,992

Donors



Committed to sexual and reproductive
health and rights advocacy

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