

# Industrial-Safety-Module-3-Important-Topics-PYQs

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- Industrial-Safety-Module-3-Important-Topics-PYQs
  - 1. List any six important safety practices used with ladders in construction sites.
  - 2. Explain any four important safety practices in excavation work.
  - 3. Explain any five critical reasons for the high rate of accidents in the construction industry.
  - 4. As an engineering supervisor, how do you ensure overall safety during demolition operations?
    - 1. Site Survey
    - 2. Utility Disconnection
    - 3. Public and Worker Safety
    - 4. Structural Stability Measures
    - 5. Emergency Preparedness
    - 6. Supervision and Skilled Workforce
    - 7. Debris Management and Environmental Controls
  - 5. How can workers' safety be ensured during underpinning work?
    - 1. Pre-Excavation Planning and Survey
    - 2. Structural Stabilization
    - 3. Worker Safety Measures
    - 4. Excavation Safety
    - 5. Emergency Preparedness
    - 6. Supervision and Monitoring
  - 6. List the various hazards of underwater works.
    - 1. Compression & Decompression
    - 2. Nitrogen Narcosis
    - 3. Oxygen Toxicity

- 4. Construction-Related Safety
- 5. Adverse Environmental Conditions
- 6. Falling or Rolling Objects
- 7. Electric Shock & Explosive Gas Pockets
- 8. Welding & Cutting Risks
- 7. How can the safety of workers be ensured during excavation work?
- 8. You are appointed as a safety manager for a demolition work of a 10-storey building in a congested residential area. What safety measures must you ensure for the completion of the work?
  - Pre-Demolition Actions:
  - During Demolition:
  - Post-Demolition Actions:
- 9. Discuss the major ergonomic hazards associated with construction industries.
  - Major Ergonomic Hazards Associated with Construction Industries:
  - Ergonomic Hazard Prevention:
- 10. What are the safety precautions to be taken before entering a confined space?
- 11. Discuss some important aspects of construction safety provisions in the National Building Code.
- 12. Write short notes on the following:
  - i. Cumulative Trauma Disorders due to ergonomic issues in work sites
  - ii. Hazards and risks during underpinning works
  - iii. Safety measures during excavation works
    - 1. Protection Against Cave-ins
    - 2. Managing Underground Utilities
    - 3. Safe Equipment Operation
    - 4. Worker Safety
    - 5. Hazard Signage and Fencing
    - 6. Vibration and Structural Precautions
    - 7. Night Work and Illumination
    - 8. Emergency Preparedness
    - 9. Prevention of Flooding and Gas Accumulation
- 13. With suitable schematics, mention any eight specific safety precautions for scaffolding to ensure worker safety.

- 1. Proper Base Support
- 2. Use of Guard Rails and Toe Boards
- 3. Secure Anchorage
- 4. Safe Ladder Access
- 5. Overhead Protection
- 6. Regular Inspections
- 14. Explain the classification of residential buildings based on the National Building Code of India.
  - 1. Lodging or Rooming Houses
  - 2. Family Private Dwellings (One or two families)
  - 3. Dormitories
  - 4. Apartment Houses or Flats
  - 5. Hotels
- 15. Identify various hazards that may arise during the various stages of building construction.
  - 1. Civil Works
  - 2. Receiving and Storage of Materials and Equipment
  - 3. Erection
  - 4. Testing and Commissioning
  - 5. First Energizing
  - 6. Trial Operations
  - 7. Handing Over to Operating Staff
- 16. Mention the safety precautions to be implemented to avoid scaffolding-related incidents.
- 17. Discuss the safety and fire prevention facilities required for a building, as per the National Building Code.
  - Safety Facilities
- 18. Create a list of general safety precautions to be taken during tunneling, blasting, and demolition operations.
  - Tunneling Safety Precautions
  - Blasting Safety Precautions
  - Demolition Safety Precautions
- 19. Construction Safety
  - Scaffolding
    - Common Scaffolding Hazards
    - Safety Measures for Scaffolding

- Underwater
  - Hazards of Underwater Work
  - Safety Precautions for Underwater Work
  - Specific Work Precautions
- Under pinning
  - What is Underpinning?
  - Why is Underpinning Needed?
  - Safety Hazards of Underpinning
  - Safety Measures for Underpinning
- Shoring
  - What is Shoring?
  - Why is Shoring Important?
  - Basic Guidelines for Shoring Safety
- Ladders
  - Ladder Construction and Condition
  - Proper Use of Ladders
  - Safe Climbing Practices
  - General Safety Guidelines
- Blasting
  - Safety Precautions for Blasting
- Demolition
  - Common Safety Hazards in Demolition
  - Pre-Demolition Actions

## ***1. List any six important safety practices used with ladders in construction sites.***

### **1. Proper Construction and Condition:**

1. Use ladders made of sound materials with adequate strength. Avoid ladders with defective or missing rungs or those relying on nails or spikes for support.

### **2. Inspection and Maintenance:**

1. Regularly inspect ladders for defects or damage. Do not use painted wooden ladders, as paint can conceal flaws.

### **3. Stability and Placement:**

1. Ensure ladders are placed on stable, secure surfaces. Avoid placing ladders on movable objects like boxes or barrels. If necessary, station a person at the base or secure the ladder to prevent slipping.

#### 4. Height and Safety Features:

1. For heights above 9 meters, provide intermediate landings with guardrails. Ladders used for communication or work should extend at least 1 meter above the landing.

#### 5. Material Handling:

1. Use ropes to pull up tools and materials, minimizing transportation via ladder. Avoid carrying heavy or bulky loads while climbing.

#### 6. Avoiding Hazards:

1. Do not use metal ladders near exposed live wires. Workers should wear non-slippery footwear and always face the ladder while climbing or descending.

#### Trick to remember

Construct the ladder -> Inspect the ladder -> Place the Ladder -> Check height of the ladder -> Transport materials via ladder -> Avoid Hazards



## 2. Explain any four important safety practices in excavation work.

### 1. Protecting Workers and Public:

- Use fencing, barricades, or warning signs to prevent access to excavation areas by unauthorized personnel, vehicles, or livestock.
- Provide protective equipment such as helmets and goggles to safeguard against falling objects and windblown debris.

### 2. Maintaining Safe Distance for Equipment and Materials:

- Keep excavation equipment and vehicles at a distance of at least the depth of the trench or 6 meters from the excavation site.
- Stack excavated materials at least 1 meter or one-third the depth of the excavation away from its edge to prevent pressure on the sides or materials sliding back in.

### 3. Illumination and Warning Systems:

- Adequately light excavation areas for night work, ensuring that sidewalks and pathways are illuminated with warning lights for pedestrians and traffic.

- Use emergency generators to maintain lighting in case of power failures, and address glare issues with suitable shades to reduce risks of tripping.

#### 4. Preventing Cave-ins and Collapses:

- Ensure the sides of excavations are supported with bracing or shoring to prevent dislodgment of earth or rock.
- Remove loose stones, unstable materials, and projecting clumps of earth that could pose a risk to workers.

#### Trick to learn

Bring the workers -> Bring the equipments and materials -> Light up the area -> Prevent collapse



### ***3. Explain any five critical reasons for the high rate of accidents in the construction industry.***

#### 1. Working at Heights:

- A significant portion of accidents occurs due to workers falling from heights during construction, such as while working on scaffolds, ladders, or unfinished structures. Poor use of safety harnesses and guardrails contributes to this risk.

#### 2. Lapse in Management and Human Errors:

- Ineffective supervision, poor safety planning, or negligence in enforcing safety protocols often lead to avoidable incidents. Human errors, such as improper use of machinery or ignoring safety guidelines, further increase accident rates.

#### 3. Equipment Failures:

- Accidents caused by crane or lifting equipment failures, such as broken slings, ropes, or shackles, are common. Poor maintenance, overloading, or improper handling often lead to these incidents.

#### 4. Falling Materials and Objects:

- Materials like tools, debris, or construction components falling from higher levels often result in injuries or fatalities. This is exacerbated by improper storage, unsecured loads, or lack of protective measures like helmets.

#### 5. Electrical Hazards:

- Workers face risks of shocks, burns, or explosions during electrical testing, wiring, or equipment operation. Exposed live wires, lack of proper insulation, and insufficient training are key contributors to these accidents.

## Trick to learn

Suppose a crane is working at a height -> Human error happens -> Equipment fails -> Material starts falling -> It falls on electrical components and cause electrical hazards



## ***4. As an engineering supervisor, how do you ensure overall safety during demolition operations?***

### **1. Site Survey**

- Conduct a detailed site survey to assess the structural integrity of the building and identify potential hazards, including underground utilities, hazardous materials, and nearby structures that might be affected.
- Plan for the placement of scaffolds, screens, and barriers.

### **2. Utility Disconnection**

- Ensure all electrical, gas, water, and steam lines within the structure are disconnected and shut off from outside the building to prevent accidental leaks, fires, or electrocution during demolition.

### **3. Public and Worker Safety**

- Fence and cordon off the demolition site to restrict access to unauthorized personnel.
- Display warning signs prominently and ensure the area is properly illuminated for visibility during operations.
- Use personal protective equipment (PPE) like helmets, gloves, safety boots, goggles, and dust masks for all workers.

### **4. Structural Stability Measures**

- Stabilize surrounding buildings and structures to prevent collapse or damage caused by vibrations or withdrawal of support during demolition.
- Use controlled demolition techniques like sequential dismantling to minimize the risk of unintentional collapse.

### **5. Emergency Preparedness**

- Develop and communicate an emergency response plan, including first aid and evacuation procedures.
- Keep fire extinguishers and first aid kits readily available on-site.

## 6. Supervision and Skilled Workforce

- Assign trained and skilled workers to handle demolition activities, especially those involving heavy machinery or hazardous materials.
- Monitor operations closely to ensure adherence to safety protocols and intervene immediately if unsafe practices are observed.

## 7. Debris Management and Environmental Controls

- Establish a system to segregate hazardous and non-hazardous debris.
- Implement dust suppression measures, such as water sprays or covers, to minimize air pollution.
- Take steps to control noise levels by using appropriate equipment and scheduling noisy operations during permissible hours.

### Trick to learn

Survey the site and identify what all needs to be considered -> Disconnect electricity, water supply etc -> Close off the areas to others -> Make other building safe by stabilising -> Create emergency response plan -> Assign workers to demolish -> Manage the debris and environment when the job is done



## 5. How can workers' safety be ensured during underpinning work?

- **Underpinning** is a construction technique used to strengthen the foundation of an existing building or structure
- Underpinning involves significant risks due to the confined spaces, soil instability, and structural challenges.

### 1. Pre-Excavation Planning and Survey

- Conduct surveys to identify underground utilities (water, gas, electricity) to prevent accidental damage or hazards.



- **Soil Analysis:** Assess soil stability and determine the angle of excavation based on the angle of repose of the soil.

## 2. Structural Stabilization

- Reinforce the building above the excavation area to ensure it can sustain its load temporarily.
- **Support for Surrounding Structures:** Strengthen nearby structures that might be affected by excavation.

## 3. Worker Safety Measures

- **Escape Routes:** Ensure workers have safe and accessible escape routes from the pits.
- **Ventilation:** Provide adequate ventilation in confined spaces to maintain air quality.
- **PPE Usage:** Equip workers with necessary PPE such as:
  - Safety harnesses for fall protection.
  - Helmets to guard against falling debris.
  - Safety shoes for slip and puncture resistance.
  - Goggles and masks to protect against dust and hazardous substances.

## 4. Excavation Safety

- **Proper Sloping:** Excavate at a safe angle to prevent soil collapse.
- **Shoring and Bracing:** Support the sides of excavation pits using shoring or bracing systems.
- **Flooding and Gas Prevention:** Implement measures to prevent flooding or gas accumulation in the pits.

## 5. Emergency Preparedness

- **First Aid and Rescue Equipment:** Keep emergency kits and rescue equipment readily available.
- **Training:** Train workers in emergency procedures, including evacuation and first aid.

## 6. Supervision and Monitoring

- Ensure qualified supervisors are present on-site to monitor compliance with safety protocols.
- Regularly inspect the site for any emerging hazards and take immediate corrective action.

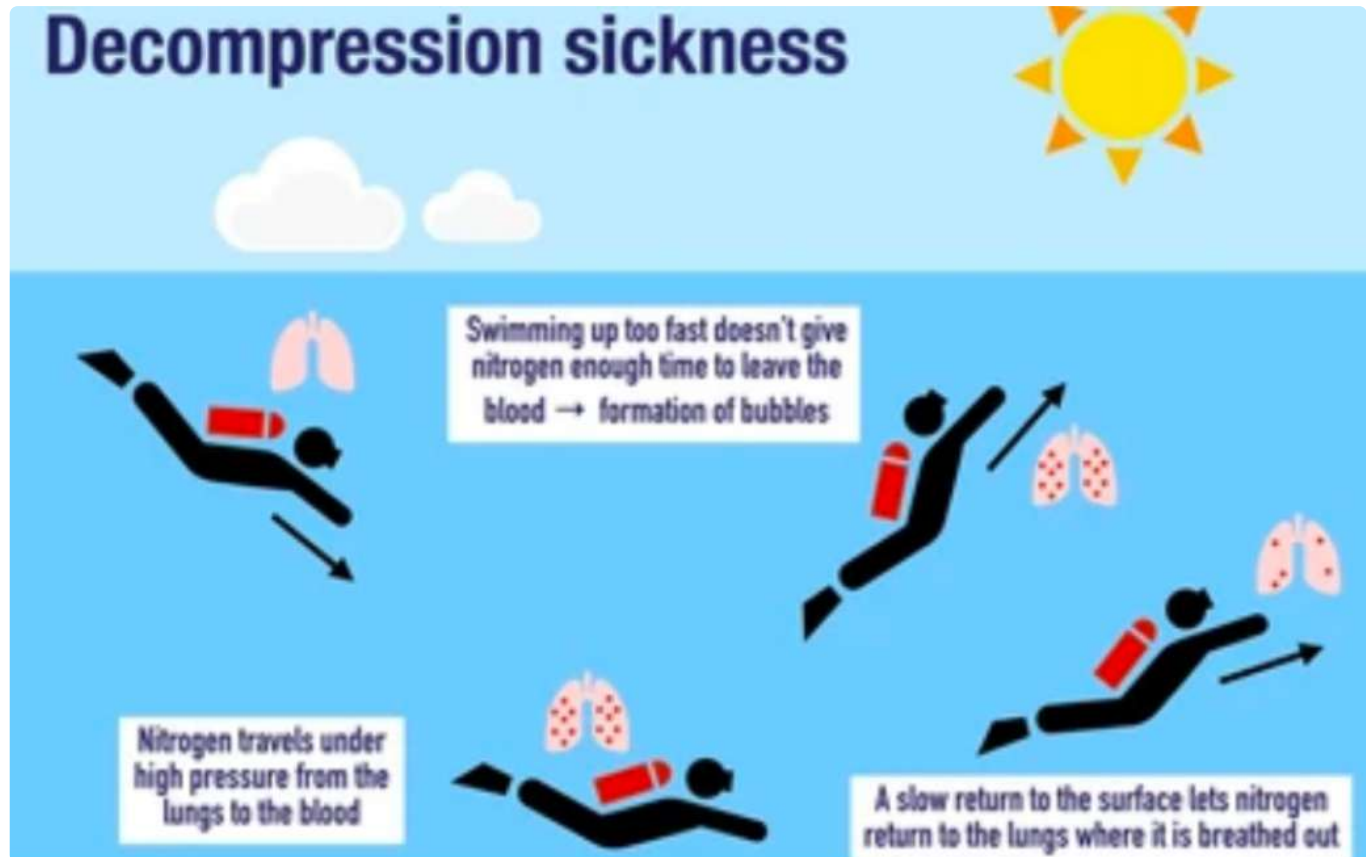
## Trick to learn

Survey->Reinforce building and surroundings ->Protect workers with PPE -> Excavate at safe angle to prevent collapse -> Supervise -> Emergency response



## 6. List the various hazards of underwater works.

### 1. Compression & Decompression



- **Decompression sickness (The Bends):** Occurs when a diver rises too quickly, causing nitrogen trapped in the body to form bubbles. Symptoms can include joint pain, itchy skin, vision and hearing issues, paralysis, or death. This condition requires treatment in a decompression chamber.

### 2. Nitrogen Narcosis

- Caused by increased nitrogen absorption at greater depths
- Leading to symptoms similar to alcohol intoxication, such as impaired judgement and coordination.
- It is a temporary condition but can be dangerous if not recognised.

### 3. Oxygen Toxicity

- When a diver breathes in higher levels of oxygen than normal, it can lead to disorientation, difficulty breathing, vision problems, lung damage, seizures, or even death.

### 4. Construction-Related Safety

- Underwater construction work requires knowledge of how materials and tools behave in the underwater environment, as they can act differently than on land.
- For example, welding underwater or the movement of objects underwater can be more difficult and hazardous.

### 5. Adverse Environmental Conditions

- Working underwater often means **working on slippery, uneven surfaces** that pose a risk of losing balance or getting injured.
- Water turbidity can **make it difficult to see**, which is especially hazardous when using heavy machinery or dealing with hazardous materials.
  - **Water turbidity** is a measure of how clear water is, or how much light is scattered by particles in the water.
- Cold water can cause hypothermia, reducing physical capabilities and mental clarity, increasing the risk of accidents.

### 6. Falling or Rolling Objects

- During underwater construction, the danger of cut-away pieces falling or rolling creates a risk of injury.

### 7. Electric Shock & Explosive Gas Pockets

- Working with electrical equipment underwater can result in **fatal electric shock or severe burns**.

### 8. Welding & Cutting Risks

- When severed, tightly bound wire can snap back with force, posing a hazard to the diver.
- Cutting overhead can cause molten metal to fall onto the diver, damaging equipment and causing serious burns.

- Divers should ensure that no body part or equipment comes into contact with live electrodes or grounded surfaces when electrical tools are in use.

### Trick to learn

Diver dives with the risk of compression/decompression -> Risk of Breathing high oxygen/nitrogen -> Does construction work -> Risk of slipping -> Risk of things falling and shocks -> Welding risks



## 7. How can the safety of workers be ensured during excavation work?

1. **Underground Installations:** Verify and isolate any underground utilities (e.g., sewers, water pipes, electrical cables). If they cannot be removed, ensure they are properly protected or fenced off.
2. **Barricades and Fencing:**
  - Fences or barricades should be placed around the excavation site to prevent accidental falls by workers or the public.
  - Warning signs should be clearly displayed, and the area should be illuminated at night to ensure visibility.
3. **Bracing and Support:**
  - Excavation walls should be adequately supported with bracing or shoring to prevent collapse.
  - Materials should not be stored too close to the edge of the excavation to prevent pressure on the walls.
4. **Illumination:** Ensure the excavation site is properly lit during night work to prevent accidents from falls and to help workers navigate safely.
5. **Signage and Warnings:** Clear signage should be posted around the excavation to warn both workers and the public of potential hazards.
6. **Ladders and Safe Access:** In trenches deeper than 1.5 meters, ladders should be provided for easy access and escape.
7. **Proper Equipment Handling:** Ensure excavation equipment is parked a safe distance from the excavation (at least 6 meters or the depth of the trench). Vehicles should not be driven too close to the excavation pit.
8. **Personal Protective Equipment (PPE):**

- Workers should wear helmets to protect against falling objects.
- Eye protection should be used to shield workers from flying debris or dust.
- Proper hearing protection is needed if noisy equipment is used nearby.

9. **Emergency Plans:** Always have a rescue plan in place, and workers should know the location of the nearest first aid facilities and how to reach help in case of an emergency.

### Trick

Check underground installations -> Add fencings -> Bracings -> Lighting -> Warning -> Ladders for workers to access -> Equipment for workers and PPE -> Emergency plans



**8. You are appointed as a safety manager for a demolition work of a 10-storey building in a congested residential area. What safety measures must you ensure for the completion of the work?**

### Pre-Demolition Actions:

#### 1. Site Survey:

- Conduct a survey of the site to assess risks and plan safety measures. This should include the location of scaffolding, debris screens, and any adjacent structures.
- Ensure the stability of surrounding buildings or structures, especially those that might be affected by the demolition.

#### 2. Utility Shutdown:

- Shut off electrical power to all services within the structure to prevent accidents involving electrical shock or fires.
- Shut off or control all gas, water, and steam service lines outside the structure to prevent potential hazards during demolition.

#### 3. Fencing and Barricades:

- The demolition site should be adequately fenced and cordoned off to prevent unauthorized access.
- Prominently display warning boards around the perimeter to alert the public to the potential hazards.

#### 4. Dust and Debris Control:

- Implement dust suppression measures, such as water sprays or dust barriers, to minimize airborne dust.
- Plan for the segregation of hazardous and non-hazardous debris. Hazardous materials, such as asbestos, should be handled by certified contractors and disposed of according to regulations.

#### **5. Stability of Nearby Structures:**

- Ensure that the demolition work does not compromise the stability of nearby buildings, roads, or infrastructure.
- Consider the impact of the demolition process, such as vibration, on adjacent structures and foundations.

#### **6. Worker Safety:**

- Provide personal protective equipment (PPE) for workers, including hard hats, goggles, ear protection, gloves, and dust masks.
- Ensure that workers are trained and competent in demolition tasks, including the safe use of machinery and manual handling procedures.

### **During Demolition:**

#### **1. Monitor Structural Integrity:**

- Continuously monitor the structural integrity of the building during demolition to avoid unintentional collapse. Ensure that demolition follows the planned sequence to prevent structural instability.

#### **2. Protection for Workers:**

- Provide safety barriers or nets to catch falling debris and prevent injury to workers or the public.
- Ensure that workers are working at safe distances from overhead hazards and use fall arrest systems when necessary.

#### **3. Public Safety:**

- Have flagmen or security personnel monitor the site and direct traffic away from the danger zone.
- During working hours, ensure that adequate lighting is provided, especially if demolition work is carried out at night.

#### **4. Noise and Vibration Control:**

- Implement noise control measures, such as using quieter equipment or restricting the demolition hours to reduce disruption to the surrounding area.

- Use vibration-damping techniques to minimize the impact on neighboring buildings.

## 5. Environmental Protection:

- Monitor and manage environmental factors such as air quality (dust) and noise levels, ensuring compliance with local regulations.
- Arrange for proper waste disposal, recycling, and the safe handling of hazardous materials.

## Post-Demolition Actions:

### 1. Final Inspection:

- After the demolition is complete, perform a final inspection to ensure that all debris has been removed and the site is secure.
- Ensure that any hazardous materials have been safely disposed of according to regulations.

### 2. Site Clearance:

- Ensure the site is cleared of all demolition materials and debris, and that the area is made safe for future construction or public use.



## 9. *Discuss the major ergonomic hazards associated with construction industries.*

- Ergonomic hazards refer to work conditions that put stress on the musculoskeletal system, leading to injuries such as musculoskeletal disorders (MSDs).
- These injuries occur due to the physical strain on workers' bodies when they perform tasks with improper posture, force, or repetitive movements.
- In the construction industry, ergonomic hazards are common, as workers often perform physically demanding tasks in challenging environments.

## Major Ergonomic Hazards Associated with Construction Industries:

### 1. Heavy Lifting

- Construction workers frequently lift heavy materials such as equipment, lumber, metal, and containers. Lifting 50 lbs or more can strain the body, especially when done improperly or repetitively.

### 2. Improper Grip and Repetitive Hand Movement

- The improper grip on tools like hammers, drills, screwdrivers, and nail guns can lead to long-term damage to the hands and wrists.

### 3. Tool Training and Maintenance

- Construction tools are essential but can be dangerous if not used or maintained properly. Improper use or poorly maintained tools can create additional physical strain on workers.

### 4. Repetitive Tasks

- Many construction tasks require repetitive motions, such as lifting, carrying, hammering, or measuring. Over time, these motions cause cumulative strain on muscles, joints, and ligaments.

### 5. Awkward Postures and Twisting

- Construction workers often work in cramped or awkward positions, such as bending over or twisting their backs while lifting or using tools.

### 6. Vibration Exposure

- Tools like jackhammers, power drills, and other vibrating equipment expose workers to hand-arm vibration syndrome (HAVS).

### 7. Forceful Exertions

- Some tasks require workers to exert significant force, such as breaking concrete, carrying heavy materials, or using power tools.

### Trick to learn

Workers lift heavy stuff, with improper grip and unmaintained tools -> They do repetitive tasks with awkward posture -> They exert significant force and have vibration exposure due to power drills

## Ergonomic Hazard Prevention:

To reduce ergonomic hazards in the construction industry, the following measures should be implemented:

1. **Promote Correct Posture:**
2. **Use Ergonomically Designed Tools:**
3. **Training and Education:**
4. **Maintain Tools and Equipment:**
5. **Task Rotation and Breaks:**
6. **Use Mechanical Aids:**



7. **Encourage Stretching and Physical Conditioning:**
8. **Ensure Adequate Hydration and Rest:**



## ***10. What are the safety precautions to be taken before entering a confined space?***

### **1. Hazard Assessment**

- Identify potential dangers like toxic gases, low oxygen, or physical hazards.
- Obtain a confined space entry permit to ensure all risks are managed.

### **2. Ventilation**

- Ensure proper airflow to avoid harmful gas buildup.

### **3. Trained Personnel**

- Only trained workers should enter the space.

### **4. Personal Protective Equipment (PPE)**

- Use safety harnesses, helmets, respirators, gloves, and boots.
- Wear goggles or face shields for eye protection.

### **5. Turn off equipment**

- Ensure all equipment and machinery are turned off and locked out to prevent accidental activation.

### **6. Rescue Plan, Access and Escape Routes**

- Have a rescue plan in place, with trained personnel and necessary rescue equipment.
- Ensure there are safe entry and exit points.
- Keep pathways clear for easy escape in emergencies.

Trick\*\*

Check for low oxygen and ventilation -> Trained personnel with PPE -> Turn of equipment  
-> Rescue plan



## ***11. Discuss some important aspects of construction safety provisions in the National Building Code.***

- The National Building Code (NBC) of India provides guidelines to ensure the safety, health, and well-being of both construction workers and residents.
- These guidelines cover various aspects of building design and construction, especially for residential buildings. Here are some key safety provisions:

### 1. General Safety Guidelines

- The NBC outlines guidelines to prevent accidents during construction by ensuring structural stability and safety.
- It provides a framework for protecting public health and safety by setting standards for building materials, construction practices, and facilities.

### 2. Structural Integrity

- All structures should be designed to handle loads safely and to resist structural failure.
- Reinforcements, foundations, and supports must be built according to the NBC standards for material strength and durability.

### 3. Kitchen Safety

- Kitchens must have provisions for washing utensils with proper drainage connections.
- Floors should be impermeable, and the kitchen must open to an exterior space for ventilation.

### 4. Bathroom Safety

- Bathrooms should be well-ventilated with a window or opening to the open air.
- Floors should be watertight and slope towards the drain.
- Bathrooms should be enclosed and made of non-absorbent materials to avoid water leakage.

### 5. Staircase Safety

- The width of staircases in low-rise buildings should be at least 0.9 meters, with wider staircases required in high-rise or multi-unit buildings.
- Stairways must be made from non-combustible materials, and handrails should be at least 100 cm high.
- Stairs should not have combustible decorations or materials and must not interfere with structural elements like beams or columns.

### 6. Loft Safety

- Lofts are allowed only in residential buildings, excluding shops.
- The loft area must not exceed 25% of the covered area, and the height should be no

less than 1.75 meters.

## 7. Basement Safety

- Basements should have a minimum height of 2.5 meters and must be properly ventilated.
- Walls and floors must be waterproof, and surface drainage should not enter the basement.
- Access to the basement should be via the main entrance or a staircase.

## 8. Fire Safety

- In large buildings, automatic fire detection and alarms are essential.
- Fire extinguishers, sprinklers, and wet risers must be installed to meet the NBC standards.
- The layout of staircases and exits should allow for quick evacuation in case of fire.

## 9. Exit and Emergency Evacuation Safety

- Every building must have exits for safe evacuation in emergencies like fires or earthquakes.
- Exits should be clearly visible, wide, and properly illuminated.
- Staircases and exits must be designed to allow continuous movement to the exterior of the building.
- Lifts and revolving doors are not considered exits.

### Trick

Structural integrity->Kitchen->Bathroom->Staircase->Loft(Upper room)->Basement(Underground) ->Fire->Exit



## 12. Write short notes on the following:

### i. Cumulative Trauma Disorders due to ergonomic issues in work sites

- Cumulative Trauma Disorders (CTDs), also known as repetitive strain injuries (RSIs), are soft tissue injuries that occur due to repeated exposure to ergonomic stressors at work.
- These injuries develop over time when tasks are performed too frequently or for too long without allowing the body to rest and recover.

### Key Points:

- **Cause:** CTDs arise from repetitive motions, awkward postures, or sustained force, often in tasks such as typing, lifting, or using hand tools.
- **Common Affected Areas:** The injuries typically affect smaller body parts, such as the fingers, wrists, elbows, or neck.
- **Types of CTDs:** In the construction industry, common types of CTDs include:
  - **Tendon disorders:** Affecting tendons and muscles (e.g., tendonitis).
  - **Nerve disorders:** Causing compression or irritation of nerves (e.g., carpal tunnel syndrome).
  - **Neuro-vascular disorders:** Affecting both nerves and blood vessels.

#### **Prevention:**

- **Ergonomic adjustments:** Modify workstations, tools, and tasks to reduce strain.
- **Rest and breaks:** Regularly schedule breaks to allow the body to recover.
- **Proper posture:** Encourage workers to maintain neutral body positions to minimize stress.

## **ii. Hazards and risks during underpinning works**

1. **Collapse of Excavations:** During underpinning, holes are dug beneath existing structures. These excavations can collapse, posing serious risks to workers.
2. **Soil Instability:** The soil underneath a structure may shift or settle during underpinning, leading to the risk of subsidence or collapse of the building above.
3. **Exposure to Underground Utilities:** Excavations can accidentally damage underground utilities such as water pipes, gas lines, or electrical cables.
4. **Falling Objects:** Tools, materials, or debris may fall into the excavation, injuring workers.
5. **Inadequate Structural Support:** If the superstructure is not adequately supported before excavation begins, the structure above may shift or collapse.
6. **Confined Space Hazards:** Working in confined spaces can restrict movement and lead to risks of accidents, including difficulty escaping in case of an emergency.
7. **Flooding or Gas Accumulation:** Excavation pits could become flooded or accumulate hazardous gases, posing risks to workers.

## **iii. Safety measures during excavation works**

### **1. Protection Against Cave-ins**

- Securely support excavation sides using bracing or timbering to prevent collapse.
- Remove loose rocks, stones, or unstable materials from trench edges.

- Ensure excavated materials are placed at least **1 meter** or **1/3rd the depth of the pit** away from the edge to avoid pressure on excavation walls.

## 2. Managing Underground Utilities

- Identify and verify the location of underground utilities such as water pipes, gas lines, and electrical cables.
- Isolate or provide protection to these utilities if they cannot be removed.

## 3. Safe Equipment Operation

- Ensure excavation machinery is parked at a safe distance, at least **the depth of the trench** or **6 meters**, from the edge of the excavation.
- Prevent vehicles from operating too close to excavation sites to avoid vibration and collapse.

## 4. Worker Safety

- Provide ladders or other means of safe access in trenches **1.5 meters or deeper**.
- Equip workers with **Personal Protective Equipment (PPE)**, such as hard hats, safety goggles, gloves, hearing protection, and dust masks.
- Avoid working on steep slopes above other workers.

## 5. Hazard Signage and Fencing

- Install barriers or fences **1 meter high** to prevent falls by workers, the public, or animals.
- Place warning signs and lights to ensure safety during day and night, especially near public pathways or roads.

## 6. Vibration and Structural Precautions

- Prevent vibrations from nearby traffic or equipment by managing loads and maintaining safe distances.
- Strengthen adjacent structures if excavation is likely to impact their foundations.

## 7. Night Work and Illumination

- Adequately light excavation areas for night work.
- Use emergency generators to ensure continuous lighting during power outages.
- Minimize glare from artificial lights to reduce slipping and tripping risks.

## 8. Emergency Preparedness

- Provide emergency escape routes from pits or trenches.
- Train workers on emergency protocols and first-aid procedures.

## 9. Prevention of Flooding and Gas Accumulation

- Ensure trenches are not prone to flooding by managing water drainage.
- Monitor and ventilate excavation sites to prevent the buildup of hazardous gases.



# ***13. With suitable schematics, mention any eight specific safety precautions for scaffolding to ensure worker safety.***

### 1. Proper Base Support

- Ensure that the base of the scaffold is stable and rests on solid, level ground.
- Use base plates and adjustable screws for uniform load distribution.

### 2. Use of Guard Rails and Toe Boards

- Guard rails (minimum height of 1 meter) and toe boards (minimum height of 150 mm) should be installed to prevent falls and falling objects.

### 3. Secure Anchorage

- Securely fasten the scaffold to the building or structure using ties or braces to prevent sway or collapse.

### 4. Safe Ladder Access

- Provide secure ladders or built-in staircases for safe access to platforms. Ensure ladders are firmly attached and do not interfere with the scaffold's stability.

### 5. Overhead Protection

- Provide overhead covering when work is performed above a scaffold to protect workers below from falling materials.

### 6. Regular Inspections

- Inspect scaffolding at least once every 7 days and after exposure to adverse weather conditions.
- Check alignment, bracing, couplers, planks, and platform security.

### Trick

Place the scaffold->Guard rails -> Tie it to the building -> Use Ladder -> Protect people below -> Inspect regularly



## ***14. Explain the classification of residential buildings based on the National Building Code of India.***

### **1. Lodging or Rooming Houses**

- Buildings where sleeping accommodation is provided for individuals who may not be related.
- Examples: Hostels, paying guest accommodations, and boarding houses.

### ***\*2. Family Private Dwellings (One or two families)***

- Independent residential buildings occupied by a single-family or two families.
- Includes villas, bungalows, and duplexes.

### **3. Dormitories**

- Structures with sleeping arrangements in shared spaces for multiple occupants.
- Typically used in institutions like schools, colleges, and training centers.

### **4. Apartment Houses or Flats**

- Multi-family residential buildings with individual units (flats) for separate families.
- Common facilities like staircases, elevators, and parking are shared among the residents.

### **5. Hotels**

- Buildings providing lodging facilities, often with additional amenities like dining, recreational, and concierge services.
- Includes motels, resorts, and luxury accommodations.

**Trick: HALF-D**

H -> Hotel

A -> Apartment

L -> Lodging

F -> Family Private Dwelling

D -> Dormitories



## ***15. Identify various hazards that may arise during the various stages of building construction.***

### **1. Civil Works**

- Falls into open trenches or excavations.
- Collapse of walls, structures, or scaffolding.
- Falling materials or tools from heights.
- Injury from heavy equipment during excavation.

### **2. Receiving and Storage of Materials and Equipment\*\***

- Fires due to improper storage of flammable materials.
- Damage or collapse of stacked materials.
- Injury from handling heavy equipment or spares.

### **3. Erection**

- Falls from heights during structural assembly.
- Crane or sling failure leading to equipment falling.
- Fires during welding or cutting operations.

### **4. Testing and Commissioning\*\***

- Testing and commissioning is the process of ensuring that all installed systems, components, and equipment in a project (such as a building or industrial plant) are functioning as intended.
- Electrical shocks or short circuits.
- Fires or explosions during equipment testing.



## 5. First Energizing

- First energizing is the moment when electrical systems or equipment are connected to a live power supply for the first time.
- Electrical accidents from live circuits.
- Failures leading to explosions or fires.

## 6. Trial Operations

- Trial operations involve running the systems or equipment under real-life conditions to verify their performance
- Equipment failures causing injuries.
- Accidents due to lack of familiarity with equipment.

## 7. Handing Over to Operating Staff

- This is the final stage in the project lifecycle when control of the equipment or plant is transferred to the end-users or operating staff.
- Lack of awareness about safety protocols.
- Errors in plant operation or maintenance.

### Trick

When constructing first Civil works are done

Civil works require storage of materials

Once materials are ready, we will construct the building

Then we test all components

Connect to main power supply

We do trial operations based on real life scenarios

At last we will hand it over to the end users



## ***16. Mention the safety precautions to be implemented to avoid scaffolding-related incidents.***

### 1. Use Good Materials

- Use strong, defect-free materials (preferably steel).
- Boards should be strong, even, and securely fastened.

## 2. Keep It Stable

- Brace scaffolds to prevent swaying or collapsing.
- Anchor scaffolds to the building or structure.

## 3. Add Safety Barriers

- Install guardrails and toe-boards to stop falls.
- Use side screens to catch falling objects.

## 4. Protect Workers Below

- Use overhead covers to protect workers underneath.
- Place nets or screens along pathways.

## 5. Check Regularly

- Inspect scaffolds every 7 days or after bad weather.
- Check for loose parts, weak planks, or unstable ground.

## 6. Avoid Dangerous Weather

- Don't work on scaffolds during storms or strong winds.

## 7. Be Careful When Dismantling

- Don't remove supports too early.
- Stack dismantled materials neatly.

## 8. Train Workers

- Ensure workers know how to safely use and handle scaffolds.



# ***17. Discuss the safety and fire prevention facilities required for a building, as per the National Building Code.***

## 1. Fire Safety Equipment

- Install fire extinguishers, automatic sprinklers, and wet risers.
- Provide automatic fire detection and alarms.

## 2. Building Exits

- Provide clear, illuminated, and continuous exits.
- Avoid lifts or revolving doors as emergency exits.
- Ensure exits lead directly to a safe open area.

## 3. Staircase Design

- Use only non-combustible materials for stairs.

- Keep staircases continuous from the ground floor to the terrace.
- Maintain a minimum width:
  - 0.9m for low-rise residential.
  - 1.25m for flats or group housing.

#### 4. Fire Escape Routes

- Ensure escape routes are free of obstructions.
- Avoid using decorative or combustible materials.

### Safety Facilities

#### 1. Ventilation and Open Spaces

- Provide proper ventilation for kitchens, bathrooms, and basements.
- Ensure open space or windows in all living areas.

#### 2. Basement Safety

- Prevent water entry with waterproof floors and walls.
- Allow access only through the building's main entrance or alternative stairs.

#### 3. Structural Safety

- Maintain stairway handrails at a minimum height of 100 cm.
- Avoid beams or columns reducing staircase width or headroom.

#### 4. Alarms and Signage

- Use alarms for evacuation during emergencies.
- Clearly mark emergency exits for easy visibility.



## ***18. Create a list of general safety precautions to be taken during tunneling, blasting, and demolition operations.***

### Tunneling Safety Precautions

#### 1. Worksite Hygiene and Maintenance:

- Ensure tunnel floors are clean and dry to prevent slipping.
- Avoid storing unused tools or materials inside the tunnel.
- Regularly inspect platforms and working areas for stability and hazards.

#### 2. Lighting and Electrical Safety:

- Cover and secure all power and light lines to prevent short circuits or open flames.

- Use insulated and properly maintained electrical equipment.

### 3. Medical and Emergency Preparedness:

- Ensure the availability of medical personnel and equipment at the worksite.
- Provide adequate firefighting equipment and water supply.

### 4. Worker Safety Equipment:

- Mandate the use of steel helmets, rubber gloves, goggles, and protective clothing.
- Train workers on safe operation procedures and hazard identification.

### 5. Ventilation and Communication:

- Install efficient ventilation and drainage systems.
- Provide a reliable communication system to share critical information quickly.

### 6. Structural Checks and Signage:

- Regularly check the power supply, lighting, and safety systems.
- Display safety signboards prominently.

## Trick

Lighting -> Worker Safety -> Ventilation -> Hygiene -> Medical -> Structural checks

## Blasting Safety Precautions

### 1. Area Demarcation:

- Display red flags prominently around the blasting area.
- Ensure workers and bystanders are at least 200 meters away from the site.

### 2. Warnings and Supervision:

- Issue an audible warning (e.g., whistle blast) before ignition.
- Conduct blasting operations under trained supervision.

### 3. Structural Proximity:

- Avoid blasting within 200 meters of existing structures unless explicitly permitted by an engineer.

### 4. Handling Explosives:

- Follow government-approved procedures for drilling, loading, and disposal of explosives.
- Store and handle explosives according to safety regulations.

## Trick

Mark Areas for blasting -> Put Warning -> Handle proximity -> Handle the explosives

## Demolition Safety Precautions

### 1. Pre-Demolition Survey:

- Conduct a comprehensive site survey, including positions for screens and scaffolds.
- Ensure public safety by planning measures to stabilize nearby buildings.

### 2. Utility Management:

- Shut off or control all gas, water, steam, and electrical services outside the structure.

### 3. Worksite Protection:

- Fence and cordon off the demolition site with appropriate warning boards.
- Ensure debris is segregated into hazardous and non-hazardous materials.

### 4. Dust and Noise Control:

- Implement measures to suppress dust emissions.
- Monitor noise levels and provide appropriate protective equipment.

### 5. Worker and Structural Safety:

- Use stable scaffolding and safety harnesses to prevent falls.
- Avoid undermining foundations that could cause unintended collapses.

## 19. Construction Safety

### Scaffolding

Scaffolding is a temporary structure made of wood or metal that helps workers perform tasks like construction, repair, or painting on buildings. It provides a safe platform for workers and materials at different heights.

#### Common Scaffolding Hazards

Scaffolding can be dangerous if not used properly. Some common hazards include:

- **Collapses:** Scaffolds can fall if not built or maintained correctly.
- **Slipping Ladders:** Unsecured ladders can slip, causing falls.
- **Faulty Materials:** Using weak or damaged materials can lead to accidents.
- **Weak Platforms:** Inadequately supported or narrow platforms can collapse.
- **Lack of Safety Features:** Missing guard rails or toe boards can increase the risk of falls.
- **Insufficient Bracing:** Scaffolds need proper support to stay stable.

#### Safety Measures for Scaffolding

To prevent accidents, it's essential to follow these safety measures:

1. **Detailed Plans:** Designers should create clear and detailed plans for scaffolding, including stability measures against lateral forces (sideways movements).
2. **Horizontal Bracing:** Add horizontal braces at different levels to prevent support struts from buckling.
3. **Good Materials:** Use strong, sound materials for constructing scaffolds to ensure safety.
4. **Secure Platforms:** Boards and planks should be of uniform thickness, tightly laid, and securely fastened to prevent shifting.
5. **Stable Support:** Ensure that every scaffold is securely supported or suspended, with adequate bracing for stability.
6. **Ties and Braces:** Scaffolds should be tied to the building or braced independently to avoid swaying.
7. **Weather Conditions:** Do not allow work on scaffolds during storms or high winds to avoid accidents.
8. **Regular Inspections:** Check scaffolding every week for safety. Inspect:
  - Alignment and support of vertical poles (standards)
  - Straightness of scaffolding
  - Adequacy of bracing
  - Tightness of couplers
  - Security of planks and platforms
  - Condition of ladders and the ground supporting the base
9. **Overhead Protection:** When work is happening above, provide overhead coverings to protect workers below from falling materials.
10. **Screening for Workers Below:** Use screens or nets to catch any materials falling from the scaffold, especially where workers might pass underneath.
11. **Safe Dismantling:** Take care when taking down scaffolds to prevent materials from falling. Don't remove bracing or supports too early.
12. **Remove Nails Carefully:** When dismantling, carefully remove nails and pile materials securely to avoid accidents.



## Underwater

**Underwater work** can be risky because it involves working in water, which changes how tools and the body function. Workers need special training to handle these unique challenges safely.

## **Hazards of Underwater Work**

### **1. Compression & Decompression (The Bends):**

- When divers rise to the surface too quickly, nitrogen in their bodies doesn't have time to escape, causing "the bends." Symptoms include joint pain, itchy skin, trouble seeing or hearing, and even paralysis or death. To prevent this, divers must rise slowly and use a decompression chamber if needed.

### **2. Nitrogen Narcosis:**

- Under pressure, divers can absorb more gases, making them feel drunk or confused underwater, similar to alcohol intoxication.

### **3. Oxygen Toxicity:**

- Too much oxygen can make it hard to breathe or see and can lead to seizures or lung damage. In severe cases, it can be fatal.

### **4. Construction Risks:**

- Tools and materials behave differently underwater. For example, welding and chemical reactions are affected by water pressure. Objects are also lighter and move more slowly, requiring special skills and training to work safely.

## **Safety Precautions for Underwater Work**

### **1. Know Your Gear:**

- Divers must be very familiar with their equipment and always check it before starting a dive.

### **2. Dive Planning:**

- Plan the dive carefully, including how long and deep the dive will be, and stick to the plan.

### **3. Never Dive Alone:**

- Always dive with a partner for safety.

### **4. Have a Rescue Plan:**

- Know how to get help and where the nearest decompression chamber is located.

### **5. Ascend and Descend Slowly:**

- This helps prevent decompression sickness. Take regular breaks on the way up.

### **6. Monitor Air Supply:**

- Keep an eye on your air supply throughout the dive to avoid running out.

## Specific Work Precautions

### 1. Be Aware of Falling Objects:

- Underwater, cut-away pieces can fall or move unexpectedly. Divers must check their surroundings before cutting materials.

### 2. Avoid Cutting Overhead:

- Hot metal from cutting can damage diving helmets or equipment, so avoid cutting above your head if possible.

### 3. Handle Electricity Safely:

- Never carry or change an electrode while the power is on, and ensure you don't touch any grounded metal while working with electricity.

### 4. Avoid Contact with Live Wires:

- Be careful when carrying loose metal items like wrenches, as they could accidentally touch live wires and cause electric shock.



## Under pinning

### What is Underpinning?

Underpinning is a method used in construction to make the foundation of an existing building stronger and more stable. This is done when the foundation is weak or needs to support more weight than it was originally designed for.

### Why is Underpinning Needed?

1. **Weak Foundation:** The original foundation isn't strong enough.
2. **New Use of Building:** The building's purpose has changed, requiring more support.
3. **Soil Changes:** The ground under the foundation may have shifted or become unstable.
4. **Nearby Construction:** Digging around the building can weaken the soil.
5. **Cost-Efficient:** It's cheaper to strengthen the existing foundation than to build a new one.
6. **Foundation Movement:** If the building has shifted due to poor soil, underpinning helps fix it.
7. **Adding Floors:** If you're adding extra floors above or below, the foundation may need more support.



## Safety Hazards of Underpinning

When underpinning, workers dig holes under the building, which can cause parts of the structure to temporarily hang over the excavation. This creates risks like collapses, so safety measures are crucial.

### Safety Measures for Underpinning

1. **Check for Underground Utilities:** Always check for pipes, wires, or other services before digging.
2. **Safe Excavation Angles:** Dig at an angle to prevent the soil from collapsing.
3. **Flooding and Gas:** Ensure that the pits won't flood or be exposed to harmful gases.
4. **Strengthen the Building:** Reinforce the structure before digging to prevent collapse.
5. **Support Excavation Walls:** Use proper supports to hold up the sides of the hole.
6. **Easy Escape Routes:** Make sure workers can quickly get out of the pit if needed.
7. **Reinforcement Rods:** Use safe and secure methods, like threaded couplers, to connect rods.
8. **Nearby Structures:** Check and strengthen surrounding buildings that might be affected.
9. **Provide Safety Gear:** Workers should have personal protective equipment (PPE) like helmets, safety harnesses, goggles, masks, and shoes.
10. **Ensure Ventilation and Safe Access:** Make sure the pit has good airflow and that workers can enter and exit safely.



## Shoring

### What is Shoring?

Shoring is a construction technique used to temporarily support a building, structure, or trench to prevent it from collapsing, especially during repairs or changes. It can be done using vertical, angled, or horizontal supports (called shores).

### Why is Shoring Important?

- **Safety:** Shoring keeps workers safe by preventing collapses during construction or renovation.
- **Stability:** It ensures that structures remain stable while work is being done.

## Basic Guidelines for Shoring Safety

1. **Survey the Site:** A qualified person should check the area for any hazards that might affect the shoring system.
2. **Fix Hazards:** If any risks are found, they should be corrected before starting work.
3. **Plan Ahead:** Prepare for the installation of shoring by ensuring the right tools and equipment are available.
4. **Inspect Equipment:** Check all shoring equipment before use. If anything is damaged, it should be repaired or replaced.
5. **Use Approved Drawings:** Obtain a detailed shoring plan from a qualified professional and keep it on-site.
6. **Handle Equipment Carefully:** Use the shoring equipment only as intended and treat it with care.
7. **Get Supervisor Approval:** Do not set up, take down, or change the shoring without a qualified supervisor's permission.
8. **Ongoing Inspections:** Regularly check the shoring system throughout the project. If anything seems unsafe, stop using it and consult a supervisor.
9. **Avoid Climbing:** Workers should not climb on cross braces and should not use the shoring if they feel dizzy or unwell.
10. **Adjust Uneven Conditions:** Periodically fix any uneven ground under the shoring to ensure stability.
11. **Careful Dismantling:** Follow safety protocols when taking down shoring. Don't remove anything without supervisor approval.



## Ladders

### Ladder Construction and Condition

1. **Quality Materials:** Ladders should be made from strong materials and built to last. They must be in good condition without defects.
2. **Check for Defects:** Never use ladders with missing or damaged rungs, or any rungs that rely solely on nails or spikes for support.
3. **Avoid Painting Wooden Ladders:** Painting wooden ladders can hide defects, making them unsafe.

## Proper Use of Ladders

1. **Height Requirements:** If a platform is 1.5 meters (about 5 feet) or higher, a ladder or stairway should be provided.
2. **Intermediate Landing:** For ladders over 9 meters (about 30 feet) tall, there should be an intermediate landing with guardrails for safety.
3. **Tools and Materials:** Whenever possible, lift tools and materials using a rope instead of carrying them up a ladder.
4. **Stable Base:** Ladders should not be placed on boxes, barrels, or any other unstable objects.
5. **Prevent Slipping:** Ensure the ladder is stable and secure to prevent slipping, especially on smooth or vibrating surfaces.
6. **Proper Height:** When using a ladder, ensure it rises at least 1 meter (about 3.3 feet) above the landing area for adequate hand-hold.

## Safe Climbing Practices

1. **Face the Ladder:** Always face the ladder while climbing or descending.
2. **Limit Loads:** Minimize the transportation of materials on ladders. Use them only for access, not for carrying heavy or bulky items.
3. **Inspection:** Regularly inspect ladders for safety and stability.
4. **Portable Ladders:** Make sure portable ladders are in a secure position before climbing.
5. **Assistance at the Base:** If necessary, have someone hold the ladder at the base to prevent slipping.
6. **Avoid Slippery Surfaces:** Do not place ladders on slippery or oily surfaces unless they are secured or held by someone.

## General Safety Guidelines

1. **Footwear:** Avoid wearing slippery shoes or boots while using ladders.
2. **Limit Users:** Only one person should be allowed on a ladder at a time.
3. **Avoid Metal Ladders Near Electricity:** Do not use metal ladders near exposed live wires, as they can conduct electricity and cause serious injury.



## Blasting

Blasting is a method used to break rocks or hard soil into smaller pieces using explosives. This process involves several steps, including drilling holes, placing a detonator and explosives, detonating the charge, and clearing away the debris. Because blasting can be very dangerous, it's essential to follow strict safety precautions.

### Safety Precautions for Blasting

1. **Visible Warnings:** Place red flags around the blasting area to alert everyone that blasting is about to take place.
2. **Safe Distance:** All workers must move at least 200 meters (about 650 feet) away from the blasting site to ensure their safety.
3. **Audio Alerts:** Sound a warning by blowing a whistle before igniting the explosives. This lets everyone know that blasting is imminent.
4. **Supervised Operations:** Blasting should only be conducted under the supervision of trained personnel who know how to handle explosives safely.
5. **Proximity to Structures:** Do not conduct blasting within 200 meters of any existing buildings unless the engineer explicitly approves it in writing.
6. **Follow Regulations:** All procedures for using explosives—such as drilling, loading, and disposing of explosives—must comply with government rules and safety guidelines.



### Demolition

Demolition involves tearing down buildings or structures, and it can be more dangerous than construction. Often, unskilled workers carry out demolition work, which increases the risks. Engineers must not only design and build safely but also ensure that the demolition process is safe at the end of a structure's life.

### Common Safety Hazards in Demolition

1. **Structural Collapse:** There's a risk of the building or parts of it collapsing unexpectedly.
2. **Falling Objects:** Tools and materials can fall from heights, posing a danger to workers below.
3. **Damage to Services:** Workers might accidentally strike overhead power lines or underground utilities, which can cause accidents.
4. **Debris Generation:** Demolition creates a lot of waste materials that can clutter the site and pose hazards.

5. **Hazardous Substances:** Debris may contain dangerous materials, like asbestos, which can be harmful to health.
6. **Dust and Noise:** Demolition creates dust and noise, which can affect workers and nearby residents.
7. **Environmental Impact:** Demolition activities can negatively impact the local climate and environment.
8. **Segregation of Waste:** Properly sorting debris into hazardous and non-hazardous materials is essential for safety and compliance.

## Pre-Demolition Actions

Before starting any demolition work, several safety measures should be taken:

1. **Site Survey:** Conduct a thorough survey of the area, including the position of scaffolds and screens.
2. **Public Safety:** Ensure the safety of the public and nearby buildings by stabilizing them and preventing collapses.
3. **Power Shut-Off:** Turn off electricity to all services inside the structure to prevent accidents.
4. **Control Services:** Shut off or safely manage gas, water, and steam lines outside the building.
5. **Secure the Area:** Fence off the demolition site and place warning signs to inform the public.
6. **Dust Control:** Implement measures to suppress dust during the demolition process to protect workers and the environment.

