

iPad

9:41 AM



Please note:

Mental health concerns are a common issue in patients living with Inflammatory Bowel Disease.

Based on your responses, the program has calculated your levels of anxiety, depression and stress.

Please be aware that these results are only subjective. A comprehensive assessment by a trained mental health specialist is needed to confirm any diagnosis or symptom severity.

If you have any concerns or questions, please talk to your IBD nurse, gastroenterologist, medical practitioner or mental health professional (e.g., psychiatrist, psychologist).

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Individuals tend to report symptoms which more often than not that may be associated with psychological distress

We recommend you contact your doctor or psychologist within 24 hours and arrange a mental health review. Please also feel free to contact your local hospital IBD nurse or Lifeline.org.au

Are you considering harming yourself or thinking about suicide?

Please talk about these thoughts/feelings with your Gastroenterologist/IBD nurse



Lifeline.org.au

Please review these results with your Gastroenterologist or IBD nurse

Next

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Feedback to Gazi and Arshy

Regarding the app, here are few comments:

Q3: Options need to be:

- Crohn's disease
- Crohn's disease with Irritable Bowel Syndrome
- Ulcerative colitis disease
- Ulcerative colitis with Irritable Bowel Syndrome

Q35: Question should be "Do you have an appointment with a mental health expert within the next 14 days or are willing to contact your local doctor (GP) if your mental health symptoms worsen?"

Post feedback questions

Q2 answers: Not at all likely <> Extremely likely

29/10 Feedback to Gazi and Arshy

Q3 and Q4 need to be added (in PPT file)

Q4 (in current app version) answers: Not at all willing < > Extremely willing

Q11 (in current app version) answers: Not at all helpful < > Extremely helpful

Q11 (in current app version) answers: Not at all willing < > Extremely willing

Q12 (in current app version) answers: Not at all willing < > Extremely willing

Q13 (in current app version) question should be "What type of IBD outpatient service would you prefer?"

Q14 (in current app version) answers: None at all < > All my trust

Q15 (in current app version) question should be "How much trust do you place on your face-to-face visits with your Gastroenterologist/IBD nurse?"

Answer: None at all < > All my trust

Q16 (in current app version) answers: Not at all < > Extremely easy

12/11 Text changes to feedback template

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