Sadly, but every 5 minutes one American die because of food.

I profoundly believe that the power of food has a primal place in our homes that binds us to the best bits of life. We have an awful, awful reality right now. America is one of the most unhealthy countries in the world.

Our child will live a life ten years younger than you because of the landscape(привычка) of food that we've built around them. Two-thirds are overweight or obese.

The statistics of bad health are clear, very clear. We spend our lives being paranoid about death, murder, homicide; it's on the front page of every paper, CNN. Look at homicide at the bottom, they are at the end of it. Right?

Every single one of those in the red is a diet-related disease. Any doctor, any specialist will tell you that. Fact: diet-related disease is the biggest killer in the United States, right now, here today. This is a global problem. It's a catastrophe. We need a revolution. Russia, Australia, Germany, India, China, all have massive problems of obesity and bad health. Think about smoking. It costs way less than obesity now.

We should start a food. We need it. The time is now. We're in a tipping-point moment. Look at her. She's 16 years old. She's got six years to live because of the food that she has eaten.

Well, modern-day life. Let's start with the Main Street. Supermarkets. Big companies. Thirty years ago, most of the food was largely local and largely fresh. Now it's largely processed and full of all sorts of additives, extra ingredients, and you know the rest of the story.

Home. The biggest problem with the home is that used to be the heart of passing on food culture, what made our society.

Let's get on schools. School food is something that most kids — 31 million a day, actually — have twice a day, more than often, breakfast and lunch, 180 days of the year. So you could say that school food is quite important.