Consider a polynomial $f(x) = c_1 x^n + c_2 x^{n-1} + \dots + c_n x + c_{n+1}$

Since above polynomial has a root at

$$x = x_0$$

So $f(x_0) = 0$ implies that

$$c_1 x_0^n + c_2 x_0^{n-1} + \dots + c_n x_0 + c_{n+1} = 0$$

Rearrange the above equation as:

$$c_1 x_0^n = -(c_2 x_0^{n-1} + ... + c_n x_0 + c_{n+1})$$

Now, take modulus on both the sides of the equation as:

$$|c_1x_0^n| = |-(c_2x_0^{n-1} + \dots + c_nx_0 + c_{n+1})|$$

$$|c_1|x_0^n = |(c_2x_0^{n-1} + \dots + c_nx_0 + c_{n+1})|$$

Use sub-additive property $|a+b| \le |a| + |b|$ of modulus function,

$$|c_1 x_0^n| \le |c_2 x_0^{n-1}| + \dots + |c_n x_0| + |c_{n+1}|$$

Also, as c_{max} is the largest absolute value of c_i then for each $i=1,2,\cdots,(n+1)$,

$$C_{\text{max}} = |C_{n+1}|$$

So, from above equation,

$$\left|c_{1}x_{0}^{n}\right| \leq c_{\max}\left(1+\left|x_{0}\right|+...+\left|x_{0}^{n-1}\right|\right)$$

Substitute $n.x_0^{n-1}$ for $1+\left|x_0\right|+...+\left|x_0^{n-1}\right|$ where, x_0^{n-1} is the largest one if $x_0>1$:

$$\left|c_{1}x_{0}^{n}\right| \leq c_{\max} \cdot n \left|x_{0}^{n-1}\right|$$

$$\left|\frac{{X_0}^n}{{X_0}^{n-1}}\right| \le n \cdot \frac{C_{\max}}{|C_1|}$$

$$\left|x_0^{n-(n-1)}\right| \le n \cdot \frac{c_{\max}}{|c_i|}$$

$$\left|x_0\right| \le n \cdot \frac{\left|c_{\max}\right|}{\left|c_1\right|}$$

It also can be written as:

$$\left|x_0\right| \le n. \frac{c_{\max}}{\left|c_1\right|}$$

To make the term $n \cdot \frac{c_{\max}}{|c_1|}$ strictly greater than $|x_0|$, we can re-write as:

$$|x_0| < (n+1)\frac{c_{\text{max}}}{|c_1|}$$
 (since, $n < n+1$ always holds)