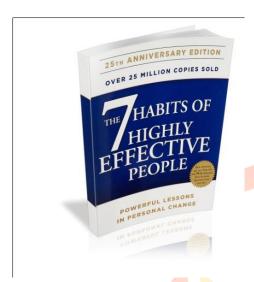
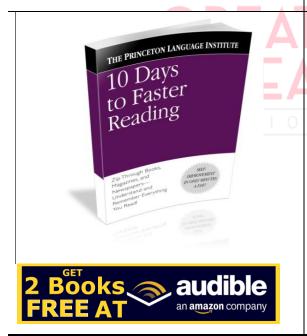
50 BOOKS YOU MUST READ







ENGLISH

THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE has been the key to the success of business leaders and individuals the world over.

Author reveals a step-by-step pathway for living with fairness, integrity, honesty and human dignity principles that give us the security to adapt to change, and the wisdom and power to take advantage of the opportunities that change creates.

HINGLISH

Kaamyaab logo ki sat effective aadtate, duniya bhar ke kai logo aur bijness leedars ke liye ek behad kaam ki kitaab ban chuki hai jisne logo ko bahut prbhavit kiya hai.

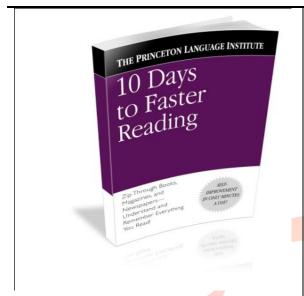
Is kitaab ke lekhak ne step by step rasta bataya hai ki kis tarah se ham imaandari, khuddari aur mehnat ke sath apni zindgi ko bharpoor tareeke se jee skte hai. Ye aise usool hai jo hame zindgi me nayapan apnaane ke liye prerit karte hai taaki ham apne wisdom aur power se sahi mouko ka istemaal karke apni zindgi me changes laa skate hai.

With this book you can Jump-Start Your Reading Skills! Speed reading used to require months of training. Now you can rev up your reading in just a few minutes a day. With quizzes to determine your present reading level and exercises to introduce new skills quickly,

10 Days to Faster Reading will improve your reading comprehension and speed as it shows you how to:

- *Break the Bad Habits That Slow You Down
- * Develop Your Powers of Concentration
- * Cut Your Reading Time in Half
- * Use Proven, Specially Designed Reading Techniques
- * Boost the Power of Your Peripheral Vision
- * Learn How to Scan and Skim a Written Report ...And All in 10 Days!

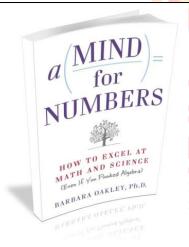






Is kitaab ki madad se aap apne padhne ke shouk ko aur bhi behtar bana sakte hai kyonki ye kitaab aapko sikhaayegi ki kis tarah se apni reading habit me izafa kiya jaaye. Speed reading ke liye mahino ki traning ki zaroorat padti hai. Magar ab is kitaab ke zariye dinbhar me sirf kuchh hi minutes me aap isme mahart haasil kar sakenge. Isme aapke liye quizzes hai jisse aapko apni present reding skills ke bare me pata chalega aur kuchh aisi exercises hai jo aapko reading me tezi lane ke skills batayegi. 10 days me faster reading kitaab aapki reading comprehensive ko behtar bana degi kyonki ye aapko bataati hai ki kis tarah:

- * buri aadto ko choda jaaye jo aapko slow down karti hai
- * apne concentration karne ki power ko badhyaa jaaye
- * apne padhne ka time ghatakar aadha kiya jaaye
- * reading power ke liye jani- mani aur khaas tour pe aapke liye taiyar kiye gaye tareko ki madad li jaye
- * apne Peripheral Vision ko boost kiya jaye
- * kisi bhi likhi hui report ko scan aur skim karna sikha jaaye aur ye sab sirf 10 dino me !

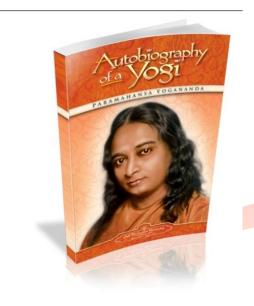




The book not only includes the learning strategies applicable to math and science but also to other subjects one is struggling in. This book is a guide based on the latest learning techniques that research tells us.

Is kitab me na keval math aur science ke liye khaas lerning strategies hai balki baaki subjects ke liye bhi hai jisme aapko dikkat aati ho. Ye kitab ek tarah ki guide hai jo latest lerning techniques par aadharit hai aisa research se pata chala hai .is kitab ke lekhak ke bare me :







Autobiography of a Yogi tells the story of Yogananda's search for spiritual enlightenment, his relationship with his guru and his teachings in Kriya Yoga. The book gives a compelling insight into the spiritual leader as he takes us on his journey from his early childhood in Gorakhpur to California in the 1940s. Along the way, we are introduced to the men and women who had a lasting impact on his life — and those whose lives he changed forever.

Autobiography of a yogi kitaab yoganand ke spiritual gyaan ki khoj ki kahani bataati hai. Isme unke guru ke sath unke rishte aur kriya yoga ke bare me jaankari milti hai. Yoganand ki Gorakhpur me bitaaye bachpan se lekar 1940 me California pahunchne tak ke safar ki kahanai is kitab me hai. Inme un saare aurt-aadmiyon ka zikr hai jinhone kisi na kisi roop se yoganand ji ko prbhavit kiya aur un logo ka bhi jinki zindgiyon me unki vajah se bhaari badlaav aaya.

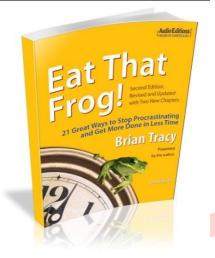




Blue Ocean Strategy presents a systematic approach to making the competition in business irrelevant and outlines principles and tools any organization can use to create and capture their own blue oceans. A must read for anyone who wants to do a business

Blue ocean strategy pesh karte hai ek systematic approach business competition me aapko sabse uncha uthane ke liye aur business karne ke aise usool aur tools bataata hai jise apne business me istemaal karke koi bhi organization apna khud ka blue ocean create kar sakti hai. Jo log business me naam kamana chaahte hai unhe ye kitaab zaroor padhni chahaiye.





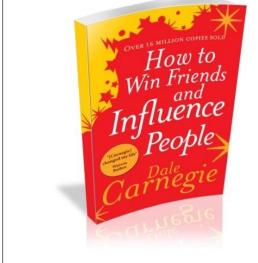
This is the book that can have the greatest positive impact on your life. Eat That Frog! shows you how to organize each day so you can zero in on these critical tasks and accomplish them efficiently and effectively.

Ye ek aisi kitaab hai jo aapki zindgi me bahut bada positive asar daal sakti hai. "eat that frog"! aapko sikhaayegi ki kis tarah apne har din ko kaise organize karke rakhe taaki aap critical task karne ke liye taiyar rahe aur unhe badi asani aur shaandar tareeke se kar paaye.



"You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."

From the fundamental techniques in handling people to the various ways to make them like you. This book offers insights on how to win people to your way of thinking; how to increase your ability to get things done; the ways to be a leader and change people without arousing resentment; and how to make friends quickly.



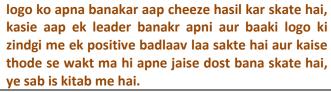
"agar aap logo me interest lena shuru karte hai to do mahine ke andar hi itne dost bana sakte hai jitney aap do salo me me logo ko apni tarf interested karne ki koshish ke baad bhi nahi bana payenge."

Is kitaab me fundamental techniques di gayi hai ki kis tarah logo ko handle kiya jaye. Aise kai tareeke is kitaab me bataaye gaye hai jinse aap logo ko apni tarah bana sakte hai. Ye kitaab aapko wo raaj batati hai jinse aap logo ka dil jeet sakte hai aur unhe influence yani apne rang me rang skate hai. Kasie









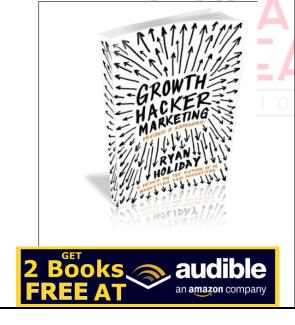
There are some people who seem to remain extremely happy, and there are some who don't seem happy, despite having the best of everything. Flow: The Psychology Of Happiness, analyses the behaviour of all kinds of people and tries to answer a simple question - What makes people happy? The author tries to explore the innermost feelings of people who remain happy, and calls this deeply edifying state of mind as 'flow', which also happens to be the title of this book.

Kuchh log aise hote hai jo hamesha khush rhate hai aur kuchh kabhi khush nahi lagte phir chahe unke pas sab kuch hi kyo na ho.

Flow: Ye kitab Har tarah ke logo ka behavior baariki se samjhne ki koshish karti hai aur phir ek asaan se sawal ka zawab dene ki koshish karti hai -aisa kya hai jo logo ko khushi deta hai? is is kitaab ke zariye lekhak un khushnuma logo ki gahri feelings ko explore karne ki koshish karta hai aur is gahre diamagi sukoon ko usne "flow" ka naam diya hai aur yahi is kitaab ka bhi naam hai.

Your new business went online yesterday and you've got a marketing budget of zero. How are you supposed to create a movement around your product? How can you get to your first thousand - or million - customers? Starting from zero, it feels impossible Enter the growth hacker. You may not have heard of growth hacking yet, but you've certainly used the billion dollar brands built by it: Hotmail, AirBnB, Facebook, Dropbox, amongst many Growth hackers thrive on doing what traditional businessmen would consider impossible: creating something from nothing. They 'hack' their company's growth to create a narrative of sensational success, turning excited media, users and social media into a viral marketing force that will help their business grow exponentially.

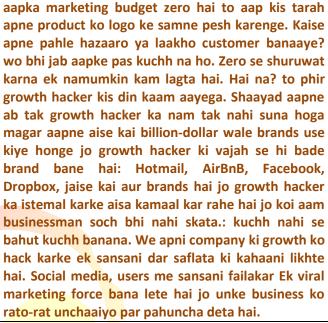
Maan lo aapka business kal se online ho gaya hai aur







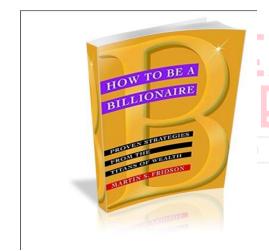




How to Be a Billionaire looks at the careers, the methods, and the minds of self-made billionaires to distil the common keys to titanic accumulations of wealth.

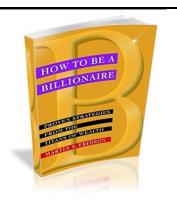
Each chapter explores a specific strategy and brings it to life through extended profiles of past and present masters of the art of making money. Do you think innovation is the best way to prosper in business? Sam Walton, founder of the Wal-Mart retail chain, would tell you otherwise. The key to Walton's success was supreme devotion to copying the methods of other successful discounters. What could be less complicated than buying low and selling high? But the ascent of Warren Buffett, John Kluge, and Laurence Tisch to billionaire status depended on much more than an eye for good bargains.

How to be a billionaire aapko we saare principal sikhaayegi jo aapko aur bhi ameer bana sakte hai aur aapke business ko ek mogul leval tak le jaa sakte hai. Ye kitaab careers ke bare me batati hai, un tareeko ke bare me aur khud apni bdoulat bane huye safal businessman ke sochne ke tareeko ke bare me bhi jise jankar aap bhi apni wealth ko dugna tiguna karne me kaamyab ho sakte hai. Iske har chapter me ek khas strategy di gayi hai aur aaj ke aur purane time ke khiladiyon ke profile bhi diye

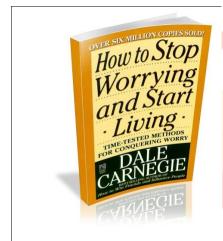








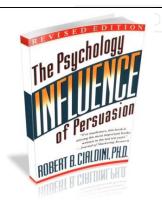
gaye hai jo paisa kamaane me maahir they. Kya aapko lagta hai ki kisi business ko chalane me innovation ka hath ho sakta hai? Sam walter jo walmart retail chain ke foaunder hai unka manna to kuch aur hi hai. Unki safalta ka raz yahi tha ki unhone baaki successful saste product ke tareko ki copy kit hi. Isse asan bhala aur kya ho sakta hai ki aap saste me kharedo aur mahnage daamo me becho? Lekin yahi nahi warren buffett, john kluge and Laurence tisch ke safalta ki unchaai par chadhne ka tareeka good bargains ke alwa kuch aur bhi hai.



How to Stop Worrying and Start Living, by bestselling author Dale Carnegie offers practical advice and helpful solutions to stop worrying and live your best life. In this book, you will learn how to: Develop habits that prevent fatigue; Live with positivity everyday; Overcome depression; Deal with the inevitable; Make decisions to improve your life.



Chinta karna kaise chode aur khush kaise raha jaye ?best seller lekhak dale Carnegie ki ye kitab is bare me practical advice deti hai aur kai madadgaar tareeke batati hai jinse koi bhi insan chinta chodkar khush rah sakta hai aur sahi maayne me zindgi ka maza le sakta hai. Is kitaab me aap paayenge : un habits ke bare me jaankari jo aapko chinta se bachayengi, har din positive rahne ke tareke, apne depression se chutkara pane ke tareke, kisi bhi halaat ka saamna karne ke jankari aur apne faisle khud lene ke bare me jisse aap apni zindgi sudhar sakte hai

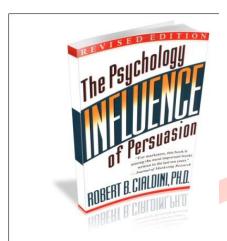


Influence, the classic book on persuasion, explains the psychology of why people say "yes"—and how to apply these understandings.

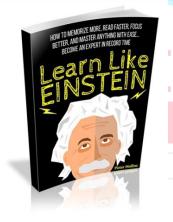
In this book you will learn the six universal principles, how to use them to completely influence anyone—and how to defend yourself against them. Perfect for people in all walks of life, the principles of Influence will move you toward profound personal change and act as a driving force for your success....in the rapidly expanding field of influence and persuasion.

His thirty-five years of rigorous, evidence-based









research along with a three-year program of study on what moves people to change behavior has resulted in this highly acclaimed book.

Influence ye classic kitab hai persuasion ke bare me jisme bataya gaya hai ki aise koun si psychology hai jo logo se "haan" bulva skati hai.—aur in sab ko practical me kaise apnaaya jaye. Is kitab me cheh universal principles ke bare me bataya gaya hai aur unhe logo ko poori tarah influence karne ke liye kaise istemal kare ye bhi bataya gaya hai. —aur khud ko unke khilaf kaise defend kare ye bhi is kitab me bataya gaya hai. Duniya me har tarah ke logo ke liye ye ek bilkul perfect kitab hai. Influence ke principles ki madad se aap khud me ek bada badlaav la paavenge aur khud ki sfalta ke live hi ek force vani takat ban jaayenge. Tezi se influence aur persuasion karne ki jaankari ki madad se. lekhak ki pantees saal ki kadi mehnat, suboot ke sath ki gayi research aur teen saal ke is study program se ki logo ka behavior kaise badalta hai, in sabki vajah se itni asardaar kitaab ko likha gaya hai jo padhne wale ki zindgi badal kar rakh deti hai.

Have you ever wished that you could learn and memorize more in less time? Stay focused, quit being frustrated, and absorb info like a human sponge?

If you're looking to

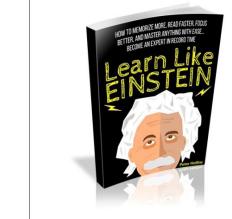
- (1) accelerate your learning abilities,
- (2) improve your memory instantly
- (3) pick up new skills efficiently and
- (4) fly through material and ace tests the answers are right in front of you.

This book contains step by step methods and habits to train your brain.

Kya aap kabhi ye sochte hai ki kaise kam wakt me zyada se zyada padhkar yaad kar le ?kaise focus kare, frustrated hona kaise chode aur dher sari information aise absorb kar sake jaise ki koi sponge hota hai.?

Agar aap in sab sawalo ka zawab dhoondh rahe hai:

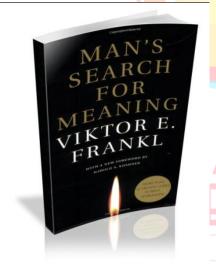






- (1) apne seekhne ki speed kaise badhaaye
- (2) apne memory ko kaise jaldi se behtar banaye
- (3) nayi skills asaani se apna sake, aur
- (4) sare material ko jhat se dimag me fit kar le aur har test asaani se paas kar le -in sab sawalo ke jawab aapke saamne hai.

Is kitab me aise habits aur tareeko ko step by step bataya gaya hai jisse aap apne dimag ko train kar sake.



Man's Search for Meaning was first published in 1946. Victor Frankl was a leading psychologist in Vienna when he was arrested for being a Jew during the Nazi regime. He survived the second world war and stayed in concentration camps where Germans use to kill jews.

He used his experiences to write this book. He propounded the theory that it is Man's constant search for meaning that allows him to survive even the most brutal, the most degrading situations in his life. He found that those with a capability to focus on love were the ones that survived. He based this observation on a long walk he was forced into by his captors.

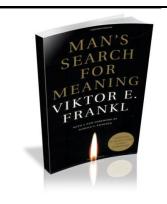
His companion spoke about his wife. This made Frankl think about his wife and the thought of her took his mind away from his current agony of being hit with rifle butts by his captors for dawdling.



Man's Search for Meaning kitab pahli bar 1946 me chahpi thi iske lekhak victor frankl Vienna me ek jane mane psychologist jab we nazi shashan ke hukm se ek jew hone ke liye kaid kar liye gaye they. We second world war me bach gaye they aur unhe concerntration camp bheja gaya tha jahan german fouje jews ko khatm kar rahi thi.

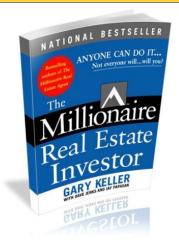
Unhone apne experience ko lekar ye kitab likhi hai. Unhone ye bat samjhnane ki koshish ki hai insaan hamesha zindgi ke sachhe mayne dhoondhne ki







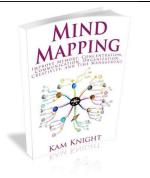
koshish karta hai isiliye wo mushkil se mushkil halaat ka bhi samna kar leta hai. Jo log pyar ki sachhai me yakeen rakhte hai wahi har haal me survive kar sakte hai. Ye sari baate lekhak ke khud ke experience ka nateeza hai jab unhe lambe samay tak kaid me rahna pada tha. Us wakt unke ek sathi jab apni wife ke bare me bate karta tha to lekhak ko bhi apni wife ki yad aa gayi aur uski mithi yado ne lekhak ko ek nayi himmat. Wo apni biwi ki yaad me apne sare dukh dard bhool gaye they. Unke captors unhe kitna bhi rifle ke butt se maarte rahe magar lekhak apni wife ki yado ke sahare har takleef sahte rahe kyonki unhe himmat mil rahi thi.



Anyone who wants to do anything related to property business. HE MUST READ THIS BOOK. he Millionaire Real Estate Investor represents the collected wisdom and experience of over 100 millionaire investors from all walks of life who became millionaires from almost nothing. This book-in straightforward, no nonsense, easy-to-read style-reveals their proven strategies.



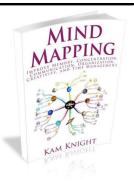
Jis kisi ko bhi property se judi hui kaam ki jankari chaahiye use ye kitab zaroor padhni chahiye. Millionaire real estate investor me 100 se bhi zyada millionaire investors ke anubhav aur wisdom ki sachi kahaniyan hai ki kis tarah alag alag background ke log jinke pas kuchh bhi nahi tha we kaise millionaire bane. Ye kitab saf seedhe shbdo me jo Pathak samjh sake us bhasha me aise mane huye khas strategies ke bare me batati hai jise jankar koi bhi apne millionaire banne ke sapne ko poora kar sakta hai.



Mind maps are an amazing organizational and creativity tool that can improve memory, concentration, communication, organization, creativity, and time management. This book is the ultimate resource on the topic of mind maps. In a short time, it can enhance your skills in reading, writing, learning, note taking, brainstorming, planning, productivity, and so much more.

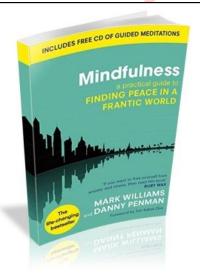
Mind maps bahut hi creative, amazing







organizational tool hai jo aapki memory improve karne me madad karta hai. Isse aap apni concentration, communication, organization, creativity, aur time management ko behtar bana sakte hai. mind maps ke topic par ye kitab sabse behtareen jaankari deti hai. Thode se wkat me hi aap iski madad se apni padhne. Likhne, seekhne aur nots lene ki skills ko improve kar sakte hai aur sath hi brainstorming, planning, productivity aur bhi kafi kuch is kitab ko padhkar sekha ja sakta hai.



Mindfulness reveals a set of simple yet powerful practices that you can incorporate into daily life to help break the cycle of anxiety, stress, unhappiness, and exhaustion. It promotes the kind of happiness and peace that gets into your bones. It seeps into everything you do and helps you meet the worst that life throws at you with new courage. The book is based on Mindfulness-Based Cognitive Therapy (MBCT).



Mindfulness asaan aur asardaar tareke se aise practice set aapko batata hai jo aap apni day-to day life me apnakar apne stress, anxiety, dukh aur pareshaniyo se chutkara pa sakte hai. Isme jo bate likhi hai unko padhkar ek alag tarah ki khushi aur shanti milti hai jo apke nas-nas me sama jati hai. Ye aapko kuch bhi kar skatne ke liye ek motivation deti hai aur bure se bure ka samna karne ke liye aapki himmat badhati hai. Is kitab ko mindfulness-based cognitive therapy (MBCT) ke adhar par likha gya hai.

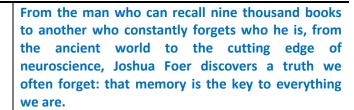


Can anyone get a perfect memory? This book author used to be like most of us, forgetting phone numbers and mislaying keys. Then he learnt the art of memory training, discovering the mnemonic ancient 'memory palace' technique first practiced by people over 2,500 years ago.



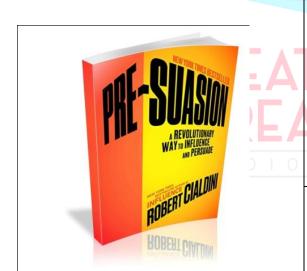






Kya koi aisa ho skata hai jiski memory ekdam perfect ho?is kitab ke lekhak bhi ham me se kai logo jaise hi they. Aksar phone number bhool jana, chabiya guma dena unke liye bhi aam bat thi. Aur tab unhone mermory training ki kala sekhi. Jisse unhone jani ek bahut purni technique jise memory palace kahte hai jise 2,500 sal pahle log istemal kiya karte they..

Ek aise insan se lekar jise nou hazaar kitaabe yaade hai us insan tak jo khud apne bare me hi bhool jata ho, puraane wkat se lekar aaj ke is ati-adhanuki neuroscience ke zamaane tak ki bat kare to lekhak Joshua foer ko ye bat samjh me aayi ki hamari memory yani yaade hai hamare har sawal ka zawab hai.





In Pre-suasion, we learn how to completely influence anyone. This books tells us what to say and what to do before we SAY THE ACTUAL MESSAGE. The author says that the worlds best persuaders succeed not only because of what they say or how they say it, but because of what they do in the moment before they deliver their message. In the process he draws on a series of compelling case studies and a profound understanding of human psychology to offer a ground-breaking work that is both fascinating and brilliantly practical.

Pre-suasion, is kitab me ham ye sekhte hai ki kisi ko bhi poori tarah se kaise apne bas me kiya jaaye yani kaise kisi ko influence kar skate hai. Ye kitab batati hai ki kisi ko asli baat samjhane se pahle asal me kya bola jaye aur kya kiya jaye lekhak ne isme bataya hai ki duniya ke sabse best persuaders isliye safal nahi huye ki kya kahna hai aur kya kahna hai balki isliye khyonki we jaante they ki apni bat rkahne se pahle unhe pata tha ki unhe kya karna hai. Is bare me aur batate huye unhone kai case studies hamare samne rakhi hai aur behtar tarekse se samjhane ke liye

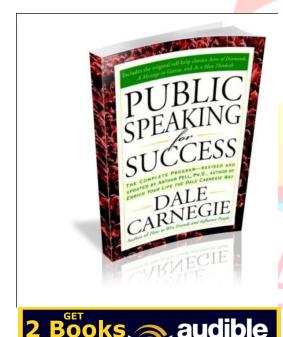


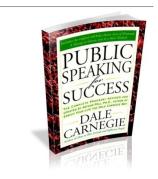
human psychology ke bare me khulkar bataya hai. Ye kitab ek nayi khoj hai jo aap par jadoo ki tarah asar karti hai aur apnaane me poori tarah practical bhi hai.

Public speaking is a vital skill which is important in all spheres of life. Generally, people who are good at public speaking go a long way in their professional careers. Hence, acquiring sound public speaking skills at an early age is critical. The book helps the readers in learning the various techniques of 'speaking with confidence'. Written using several examples and powerful narration, this book is a wholesome learning material for public speaking. The book begins with the most essential component of public speaking - confidence. The author explains the various ways in which readers can improve their confidence so that once they go on stage, they have no fear. Then, it deals with important factors of speaking like when to pause and the various pausing techniques. Then, it moves on to the topic of delivering the content.

More than what you speak, what is crucial is how you speak and hence delivery is the most important factor in public speaking. It discusses the various techniques of delivery and force. Additionally, there are notes on preparation and body language.

Publick speacking ek bade kaam ki skill hai jo zindgi ke har area me zaroori hai. Aamtour par jo log publick speaking me ache hote hai we apne professional life me bhi bahut tarakki karte hai. Isliye kam umr se hi publick speaking ki knowledge hona kafi mayne rakhta hai. Is kitab ki madad se readersaisi bahut si tecniques seekh skate hai jo batati hai ki "confidence ke sath apni bat kaise rakhi jaye". Isme bahut se examples ke sath ye sab bataya gaya hai aur batane ka tareka behad interesting hai. Kul milakar public speaking ki skill me maharat hasil karne ke liye ye kitab ek bade kaam ki cheez hai. Kitab ki shuruwat me public speaking ke khas component ke bare me bataya gaya hai aur wo hai confidence. Lekahk ne confidence badhane ke asie kai tareke bataye hai jinki madad se readers bina kisi dar aur sharm ke stage par jakar apni bat bol sakte hai ya apni speech de sakte hai. Confidence ke

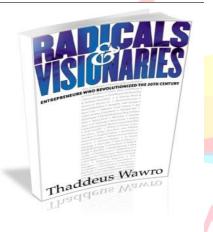






bad dusra zarori factor aata hai ki apni bat ke douran kab pause le.isme kai sari pausing techniques ke bare me bhi bataya gaya hai. Iske bad bari ati hai apna content deliver karne ki.

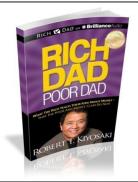
Ham kya bol rahe hai usse zyada zarooi hai ye seekhna ki kaise bol rahe hai. Connect deliver me yahi sikhyaa jata hai ki apni bat ko asardaar tareke se kaise logo ke samne pesh kiya jaye. iske sath hi kitab me notes bhi diye gaye hai ki kaise aap apni body language improve kare aur publick speaking ke liye kaise prepare kare..



In this book you'll meet 36 of the groundbreaking businessmen who achieved extraordinary success and shaped our modern world. Radicals & Visionaries reveals the complete stories of both the best business heros.



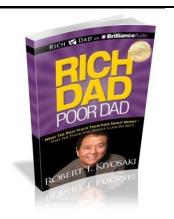
Is kitab me aap aise 36 leek se hatkar businessman ke bare me padhenge jihone apni zindgi me safalta ki unchaaiyion ko chhuwa aur apne kaamo se is duniya ki tasveer hi badal kar rakh di. Radicals & Visionaries kitab hame aise hi business heros ke jeevan ki complete kahaniya bataati hai.



Rich dad poor dad

- 1. Explodes the myth that you need to earn a high income to become rich
- 2. Challenges the belief that your house is an asset
- 3. Shows parents why they can't rely on the school system to teach their kids about money
- 4. Defines once and for all an asset and a liability











Teaches you what to teach your kids about money for their future financial success

Rich dad poor dad

- 1.is galatfahmi ko door karti hai ki ameer banne ke liye aapki income high honi chahiye
- 2. logo ke is vishwas ko chunouti deti hai ki hamara ghar hamara asset hota hai.
- 3. parents ko batati hai ki apne bachho ko paise ka gyan dene ke liye unhe sirf skooli padhaai par depend na rakhe.
- 4. is bat ko samjhati hai ki ek bar ka asset hamesha ka esset aur ek bar ki liability hamehsa ki liability', ye bat aap apne bachho ko unke future financial success ke liye paise ki ahmiyat samjhaye.

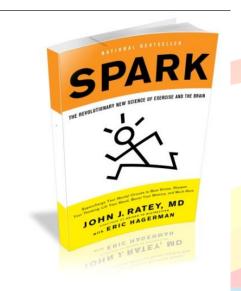
In this book author explains that what are things people must understand to live happy meaningful life, to make it easy for people he has written 6 principle's, and

these 6 principles and steps are

- 1) SELF- IMAGE
- 2) RELATIONSHIP
- 3) GOALS
- 4) ATTITUDE
- 5) WORK
- 6) DESIRE

Is kitab me lekhak un bato ko batata hai jinhe apne jeevan me apnakar har koi hansi-khushi zindgi guzaar sakta hai. Ek aisi zindgi jise aap bharpoor jeeye aur apne sath-sath dusro ki zindgi me bhi roshni failaye. Ye kitab asani se sabki samjh me aa sake isliye isme 6 principles aur steps bataye gaye hai jo is tarah hai:

- 1) self –image yani aapki image kaisi ho
- 2) relationship yani rishto ko kaise nibhaya jaye
- 3) goals jo aap apni zindgi ke liye tay karte hai
- 4) attitude yani aapka behavior kaisa ho
- 5) work yaai apka kaam
- 6) desire yani aapki ichaye



Did you know you can beat stress, lift your mood, fight memory loss, sharpen your intellect, and function better than ever simply by elevating your heart rate and breaking a sweat?

The evidence is incontrovertible: aerobic exercise physically remodels our brains for peak performance.

In SPARK, John Ratey, MD embarks upon a fascinating journey through the mind-body connection, illustrating that exercise is truly our best defense against everything from depression to ADD to addiction to menopause to Alzheimer's.

Filled with amazing case studies (such as the revolutionary fitness program in Naperville, Illinois, that has put the local school district of 19,000 kids first in the world of science test scores),

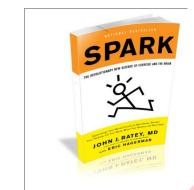
SPARK is the first book to explore comprehensively the connection between exercise and the brain. It will change forever the way you think about your morning run.



Kya aap jaante hai ki aap apni zindgi se stress hata sakte hai, apna kharab mood theek kar sakte hai, memory loss ki problem door kar sakte, apne dimag ko tez kar sakte hai .aap ue sab kar skate hai sirf apna heart rate badhakr aur paseena bahakar. Isme koi shak nahi hai ki aerobic exercise aapke dimag ko asal me aise remodel karta hai ki apka dimag apna behtareen performance dene lagta hai.

In kitab SPARK, me john ratey, MD batate hai mind aur body ke apas me connection ki ek fascinating kahani. Jisme dikaaya gaya hai ki kis tarah se rozana exercise hamare sharer ke liye sabse behtar defence ki tarah kam karti hai joh hame depression se lekar ADD, menopause, kisi bhi tarah ke addiction aur Alzheimer jasi bimariyon se bacha sakti hai. Isme kai amazing case studies ke bare me likha gaya hai (jaise ki napeville, Illinois ka revolutionary fitness program, jiski vajah se district ke local schools ke







19,000 bachhe world of science test me first aaye they)

SPARK pahli kitab hai jo exceercise aur hamari body ke beech ke connection ko vistaar se batati hai ki kis tarah exercise ahamre liye bahut zarori hai aur hame ye kyo rozana karni chahiye. Is kitab ko padhne ke bad apni subah ki morning run ke fayde jaanakr aap hairan rah jayenge.





Instead of behaving like everybody else and settling for average results, take Massive Action with The 10 X Rule, remove luck and chance from your business equation, and lock in massive success.

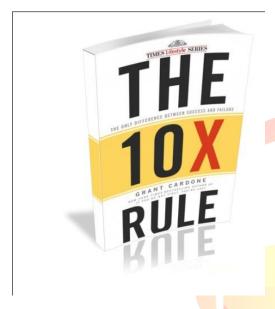
Achieve "Massive Action" results and accomplish your business dreams! While most people operate with only three degrees of action-no action, retreat, or normal action-if you're after big goals, you don't want to settle for the ordinary.

To reach the next level, you must understand the coveted 4th degree of action. This 4th degree, also know as the 10 X Rule, is that level of action that guarantees companies and individuals realize their goals and dreams.

It also demonstrates why people get stuck in the first three actions and how to move into making the 10X Rule a discipline. Find out exactly where to start, what to do, and how to follow up each action you take with more action to achieve Massive Action results.

- * Learn the "Estimation of Effort" calculation to ensure you exceed your targets
- * Make the Fourth Degree a way of life and defy mediocrity * Discover the time management myth
- * Get the exact reasons why people fail and others succeed * Know the exact formula to solve problems Extreme success is by definition outside the realm of normal action.









Baaki logo ki tarah aasani se average result par Santosh kar lene ke bajaaye 10 X rule ke sath zindgi me kuch bada karne ki sochiye. Bade kadam uthaaye, bade failse lijiye. Apne business se luck aur chance jaise shabd hata dijiye phir dekhiye kais aap badi kamyabi hasil karte hai.

"Massive Action" ke results achieve kijiye aur apne business ko unchaayiyon me le jaane ke sapne poore kijiye. Zyadatar log action ki teen state ki soch ke sath kaam karte hai- no action, retreat, ya normal action- agar aap bade sapno ke peeche bhag rahe hai to kam ya ordinary se aapka kaam nahi chalega. Agle leval tak pahunchne ke liye aapko 4th degree ke action ki madad leni padegi. Ye 4th degree jise 10X rule bhi kahte hai, action ka wo leval hai jo kisi bhi insaan ya ek company ko apne sapno aur goal ko hasil karne ki guarantee deta hai. Isme ye bhi bataya gaya hai ki kyo log aksar apne pahle teen action me hi fans kar rah jate hai aur kis tara se aap aage badhkar 10X rule ko apni zindgi ka zaroori hissa bana sakte hai. Isme bataya gaya hai ki aapko kahan se shuruwat karni hai, kya-kya karna hai aur kaise har action ko follow karna hai taki aapko massive actions result hasil ho sake.

- * sekhe "estimation of effort" calculation taki aap apnea target badha sake.
- * 4th degree action ko jeeva me poori tarah utar lijiye, use apne jeene ka dhang bana lijiye
- * time management myth ko discover kijiye
- * un sabhi karnao ko janiye ki kyo kuch log fail hote hai aur kuchh successful
- * apni problems solve karne ka sateek formula sikhiye. Badi safalta tabhi milti hai jab aapk normal action se upar uthakr performe karte hai.



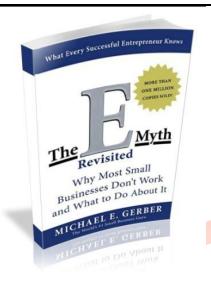
WHY MOST BUSINESSES FAIL.

YOU HAVE TO READ THIS BEFORE YOU JUMP INTO ANY BUSINESS.

This Author tells the major difference between working on your business and working in your business.

Gerber walks you through the steps in the life of a business—from Business infancy through adolescent growing pains to the mature Business perspective: the guiding light of all businesses that succeed—and





shows how to apply the lessons of franchising to any business, whether or not it is a franchise.

Kyo adhiktar business fail ho jate hai? koi bhi business shuru karne se pahle ye kitab padhna aapke liye behad zarori hai.

apne business ke liye kam karne aur apne business me kaam karne ke beech ek bada fark hota hai aur wo fark kya hai ye hame is kitab ke lekhak samjhate hai. Gerbers jo lekhak hai wo hame business ke jeevan kea lag-alag steps par lekar jaate hai. Shuruwat se lekar safalta tak. Jab business shuruwati steps me hota hai, uske bad dheere-dhere abdhta hai aur unchayiyo tak pahunchta hai.—aur ye kitab hame batati hai ki kisi bhi business me franchising karke kaise fayada liya jaaye aur phir chahe wo business franchise ho ya na ho.



Want to learn to paint, play the piano, launch a business, fly a plane? Then pick up this book and set aside twenty hours to go from knowing nothing to performing like a pro. That's it.

You'll learn how to

- 1) Focus energy on acquiring key skill sets
- 2) Eliminate obstacles and discover critical tools
- 3) Create rapid feedback loops
- 4) Work against the clock to get better fast ...With examples ranging from writing a web program to learning an instrument to picking up windsurfing, Kaufman shows how to break complexity into simple tasks, make the very best of your limited time and solve unexpected problems.

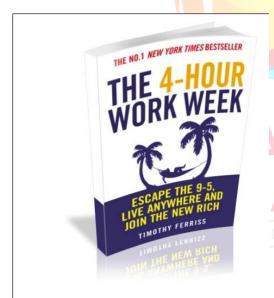
Kya aap painting karna chahte hai, piano bajana chahte hai, koi business launch karna chahte hai, ya phir hawai jahaj udana chahte hai ?to der kis bat ki jaldi se ye kitab uthaaye aur apne sapno ko poora karne ke liye 20 ghante ka time set kar lijiye. Ise padhkar nousikhiye se ban jaaye ek professional. Bas itna hi karna hai apko ki is kitab ko padhe aur padhkar jaaniye ki kis tarah:







- 1) skill sets hasil karne ke liye kaise energy ko focus kiya jaye 2) mushkilo ko door kare aur kis tarah critical tools ko hasil kiya jaye
- 3) rapid feedback loops ko create kare
- 4) behtar results pane ke liye ghadi ko bhi peeche chode...jaise ki job hi aap seekhna chahe use kam wakt me kaise seekhe chahe wo koi web program banaa ho ya phir koi unstrument bajana ya phir windsurfing seekhna. Lekhak kaufman hame batate hai ki mushkil kaamo ko seekhne ke liye kaise simple task ki madad li jaye, apne wakt ka kaise behtraeen istemal kiya jaye, aur kaise anchanak aane wali problems ka solution nikala jaye..



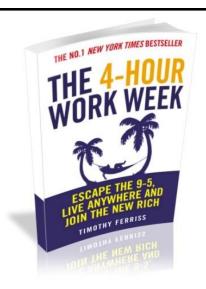


This books tells about how you can open a business which earns you 10 times of your salary but working just four hours per week. Because Author does the same.

Today, no one has the patience to wait for fulfilling their respective desires since we are living in the age of rat-race. Given the unstable economic conditions of today's times, no one knows whether they would be able to enjoy and travel life post-retirement. The earlier generations had to struggle a lot during their youth and there was a culture of 'settling-down' with a government job and enjoy the retirement and post-retirement plans of the government. Nowadays, with the corporate culture, youth do not have the patience of waiting till the last may be 1/3rd phase of their lives to relax. They have the luxury of enjoying along with their hectic jobs because even the companies today want their employees to be stress-free. Again, there is advice on how to deal with a long-term career and convert it into short-work schedules alongside frequent little-retirements.

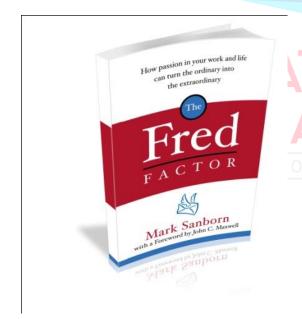
Denver jaane ke kuch din bad hi Mark Sanborn apne postman Fred se mile. Fred ne unka darwaja pe knock kiya, apna introduction diya aur unka apne pados me swagt kiya. usne Sanborn se unke bare me poocha aur ye bhi poocha ki agar we kabhi ghar







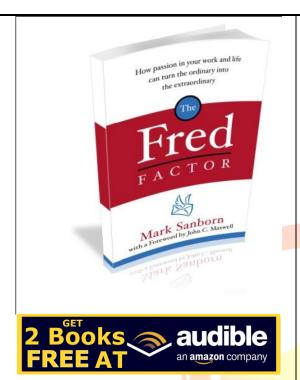
pe na ho to unki mail untak kaise pahunchayi jaaye. Batane ki zarorat nahi ki Sanborn kitne shock huye. Unhone Fred se unke kaam ke bare me poocha ki we is job me kaise aave. Fred ke jawab se Sanborn kafi inspire huye aur unhone Fred ke vicharo aur uske attitude ko motivational seminars ke zariye logo tak pahucnhane ka faisla kiya. Fred ki philosophy ko samjhne ke liye is baat ko samjhne aur apne jevan me utaaren ki zaroorat hai ki:--koi bhi apni zindgi me badlaav laa sakta hai- saflata ke liye apne rishte sudharna behad zarori hai. –aap auru ke zindgi ko ek value de zaroori nahi ki har cheez ko paise se toula jaye- aap kabhi bhi zindgi ki ek nayi shuruwat kar sakte hai. Is inspiring aur motivate karne wali guide ke zariye Sanborn hame batate hai ki kaise ham sab apni zindgi ko behtar bana skate hai, kaise ham sab ke andar ek "Fred" chhupa hai jise hame bahar nikalna hai taki ham apnea as-paas ke logo ko aur khud ko bhi motivate karte rahe.

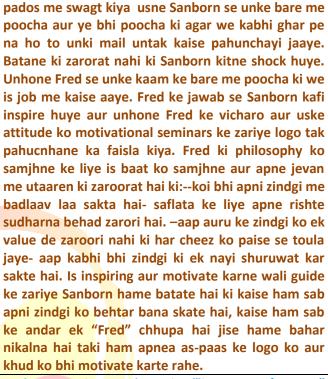


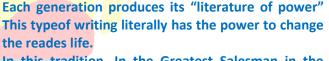
Mark Sanborn met his postman, Fred, just after he moved to Denver. Fred knocked on his door, introduced himself and welcomed him to the neighbourhood. He also asked Sanborn about himself and how he wanted his mail handled while he was away. Needless to say, Sanborn was shocked. He asked Fred more about his job and how he approached it. Fred's answers inspired him to develop motivational seminars promoting Fred's attitude and approach to life. To embody the Fred philosophy is to realise and practise that:--Everyone can make a difference--Success is built on good relationships--You must continually create value for others and it doesn't have to cost anything--You can reinvent yourself whenever you want. In this succinct and inspiring guide, Sanborn shows us how we can all truly make a difference everyday and become a 'Fred', as well as how to recognise, reward and attract Freds into our lives.

Denver jaane ke kuch din bad hi Mark Sanborn apne postman Fred se mile. Fred ne unka darwaja pe knock kiya, apna introduction diya aur unka apne





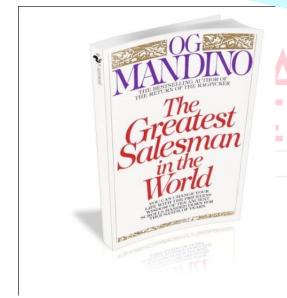




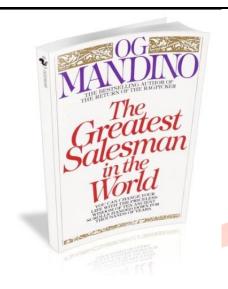
In this tradition. In the Greatest Salesman in the World is destined to influence countless lives.

Here is the legend of Hafid, a camel boy of two thousand years ago and his burning desire to improve his lowly position in life. To prove his potential ability, he is sent by his master to sell only one robe. He fails and instead, in a moment of pity, gives the robe to warm a newborn baby in a cave near the inn. Hafid returns to the caravan in shame but is accompanied by a bright star shining above his head. This phenomenon is interpreted by Pathros to be a sign from the gods and he gives Hafid ten ancient scrolls, which contain the wisdom necessary for the boy to achieve all his ambitions.

Har generatrion apne liye ek "literature of power". Creat karti hai. Is tarah ki kitaabe sach me readers ki life change karne ki power rakhti hai. isi tradition ko kayam rakhte huye duniya ke sabse bade salesman apne vicharo se laakho logo ke zindgi me badlaaw laate hai . yaha ham aise hi ek legend Hafid ke bare me bata rahe hai. jo ki aaj se do hazaar saal pahle ek untho ka chrwaha tha aur jo apni zindgi me kuchh

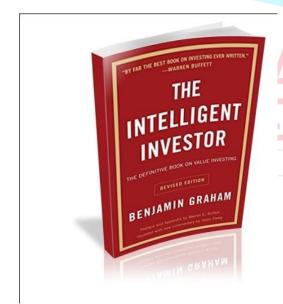






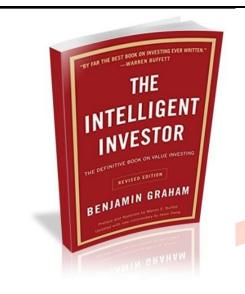
bada karna chahta tha. Uske kabiliyat ko parkahne ke liye uske master ne use ek kapda bechne ke liye bheja. Hafid wo kapda kisi ko nahi bech paya balki ek saraay ke pas wali ek gufa ek newborn baby ko dekhkar use daya aa gayi aur use thand se bachane ke liye usne wo kapda de diya. Wo kapda bech nahi paaya tha isliye wo sharminda tha aur isi sharm ke sath wo apne carvan me lout aaya magar uske sar ke upar ek sitara jhilmila raha tha. Jab Pathros ne ye dekha to usne kaha ki ye Hafid ki nekdili ka inaam hai jo use god se mila hai. aur usne Hafid ko 10 ancient scrolls diya jisme wisdom ki baate thi aur jinhe apnakar hafid apne sapne poore kar paya.





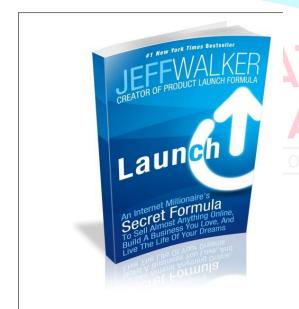
Written by one of the greatest investment advisers of twentieth century, the book aims at preventing potential investors from substantial errors and also teaches them strategies to achieve long-term investment goals. Over the years, investment market has been following teachings and strategies of Graham for growth and development. In the book, Graham has explained various principles and strategies for investing safely and successfully without taking bigger risks. Modern-day investors still continue to use his proven and well-executed techniques for value investment, the book focuses on major principles that can be applied in day-today life. All the concepts and principles are explained with the help of examples for better clarity and understanding of the financial world.

Ye kitab twentieth century ke ek mahaan investment advisers ne likhi hai. is kitab ka maksad hai ki potential investors ko investment karte wakt aamtour par ki jaane wali galityo se bachana aur unhe kuchh aise strategies ke bare me batana jisse investors apne long-term investment goals haasil



kar paye. Investment market kai saalo se growth aur development ke liye graham ki teachings aur strategies ko follow kar raha hai. is kitab me Graham ne kai tarah ke principals aur strategies ko explain kiya hai taaki readers safe aur successful tareke se investment kar sake aur unhe kam se kam risk uthana pade. Aaj bhi kai investers Graham ke proven aur well executed techniques ka istemal karke faayda uthaa rahe hai. is kitaab me khas principal diye gaye hai jo rozmarra ki zindgi me apply kiye ja skate hai. sabhi principals aur concepts ko explain kiya gaya hai aur bahut se example bhi diye gaye hai taki readers aasani se financial jagat ki jaanakri hasil kar sake.



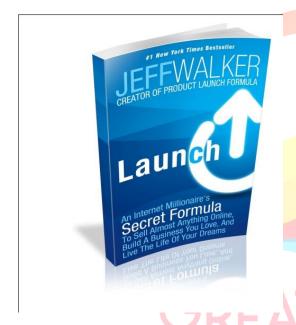


"Launch" will build your online business---fast. Whether you've already got a business or you're itching to start one, this is a recipe for getting more traction. Think about it---what if you could launch like Apple or the big Hollywood studios? What if your prospects eagerly counted down the days until they could buy your product? What if you could create such powerful positioning in your market that you all -but- eliminated your competition? And you could do all that no matter how humble your business or budget?

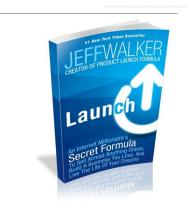
Since 1996 Jeff Walker has been creating hugely successful online launches. After bootstrapping his first Internet business from his basement, he quickly developed an underground process for launching new products and businesses with unprecedented success. But the success-train was just getting started---once he started teaching his formula to other entrepreneurs, the results were simply breathtaking. Tiny, home-based businesses started doing launches that sold tens of thousands, hundreds of thousands, and even millions of dollars

in sales with their launches. "Launch" is the treasure map into that world---an almost secret world of digital entrepreneurs who create cash-on-demand paydays with their product launches and business launches. Whether you have an existing business, or you have a service-based business and want to develop your own products so you can leverage your time and your impact, or you're still in the planning phase---this is how you start fast. This formula is how you engineer massive success. Now the question is this---are you going to start slow, and fade away from there? Or are you ready for a launch that will change the future of your business and your life?

"Launch" ye kitab aapka online business chalane me madadgar sabit hogi wo bhi tezi ke sath ---. Chahe aap pahle se hi ek business chala rahe hai ya phir business shuru karna chahte hai – is kitab me aapko business chalane ki ek perfect recipe milegi. Zara sochiye- agar aap apne business Apple ya kisi bade Hollywood studions ki tarah launch kar sake? Kya ho agar aapke prospective khareeddaar aapke product khardeene ke live ungiliyon me din gin rahe ho?kya ho agar market me aap apni aise powerful jagah banae me kaamyab ho jaye ki aapke saamne koi bhi tik na sake ? aur ye sab sapne sach ho sakte hai bhale hi aapka business Ya budget kitna bhi chota kyo na ho. 1996 se lekar ab tak Jeff Walker online launch ki successful kahaniya likhte aa rahe hai. apne basement se shuruwat karke apne pahle internet business ko bootstrapping karne ke bad unhone jald hi nay products launch kane ke liye ek underground process shuru kar diya tha. Jisme unhe behad salfta bhi mili. Magar ye saflata ki bas ek shuruwat thi- unhone jab apni safalta ka formula baki enterpreneurs ke sath shayer kiya to iska result kamal ka nikla. Chote-mote home based business dekhte hi dekhte aise product launch karne lage jo laakho me bikne lage aur million dollar ki sale karne lage. "Launch" ek tarah se ek map ki tarah hai jo khajane tak le jaata hai-digital entrepreneurs ki jaadui duniya jo apne business launches aur product launches se cash-on-demand payedays create karti hai, phir chahe aap pahle se hi kisi business me ho





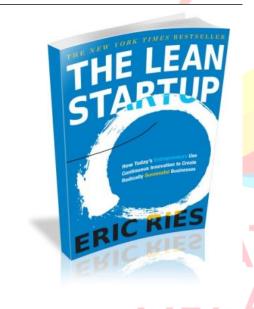




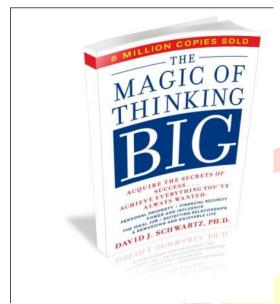
koi service based business chala rahe ho aur aap apna koi product develop karna chahte ho ya phir abhi aap business ke pahle phase me hi kyo na ho, --aap is kitab ko padhkar ek fast shuruwat kar sakenge. Ye formula batata hai ki kiase badi kaamyabi ki planning ki jaaye. Magar ab sawal uthta hai ki -kya aap ek sust shuruwat karne ke bad jald hi gayab ho jana chahte hai ya phir ek aisi dhamakedar launch ke liye taiyar hai jo aapke business aur apki zindgi ko hameha ke liye badal kar rakh dega.

The way to start a company has changed drastically over the time and this book will explain you how to utilize this change to our benefit. The book provides the plan, how a 'startup' is a company devoted to creating something innovative under circumstances of extreme uncertainty. As per author Every one of us has one thing in common and that is to clear the way of uncertainty and reach the target of having a sustainable, unbeaten and balanced company. The book make you learn entrepreneurship, in organization of all sizes, a way to judge their vision continuously and to adapt and adjust according to situation.

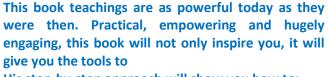
company ki shuruwat karne ke tareko me pichhle kai saalo me kafi fark aaya hai aur ye kitab aapko batayegi ki kiase in tareeke me aye fark ko utilize karke apne business me faayda uthaya jaa skata hai . ye kitab hame plan provide karati ha, ye batati hai ek 'startup" aisi company hoti hai jo kuchh naya aur innovative creat pesh karti hai magar wo kaamyab hoga ya nahi ye kaha nahi ja sakta. Is kitab ke likhak ke hisaab se ham sab me ek cheez common hoti hai aur wo hai ki ham sab uncertainty ke doubt ko clear karke apne target tak pahunchna chahte hai aur ek kamyab, tikaau aur balanced company khadi karna chahte hai. ye kitab padhke aap business karne ke tareeke sekhenge, kisi bhi choti ya badi organization ke liye ye ek kaam ki kitab hai, ye ek tareka hai apne vision ko lagatar jaanchne parkahne ka aur har halat har stithi ke hisab se khud ko dhaalne ka.











His step-by-step approach will show you how to:

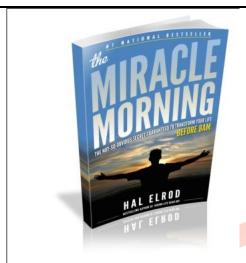
- 1)Defeat disbelief and the negative power it creates
- 2) Make your mind produce positive thoughts
- 3) Plan a concrete success-building programme
- 4) Do more and do it better by turning on your creative power
- 5) Capitalise on the power of NOW

Is kitab ki seekh aaj bhi utni hi powerful hai jitni ki tab thi jab ye kitab aai thi. Ye kitab ekdam practical, empowering aur poori tarah engaging hai jo na sirf aapko inspire karegi balki aapko aise tools bhi batayegi jo step by step dhang se aapko batayenge ki kis tarah:

- 1)avishwas yani disbelief ko apne man se hata de aur iske negative power ko bhi jo disbelief paida karti hai
- 2) dimag ko aisa banaye ki wo sirf positive soche
- 3) ek aisa mazboot plan banye jo poori tarah kaamyab ho sake
- 4) apne creative power ko badhkar zyada aur behtar kare
- 5) Capitalise on the power of NOW



What if you could miraculously wake up tomorrow and any--or every area of your life was transformed? What would be different? Would you be happier? Healthier? More successful? In better shape? Would you have more energy? Less Stress? More Money? Better relationships? Which of your problems would be solved? What if I told you that there is a "not-soobvious" secret that is guaranteed to transform any--or literally every area of your life, faster than you ever thought possible? What if I told you it would only take 6 minutes a day? Enter The Miracle Morning. What's now being practiced by thousands of people around the world could perhaps be the simplest approach to creating the life you've always wanted. It's been right there in front of us, but this book has finally brought it to life.







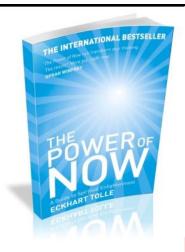


Kya ho agar aap kal uthe aur paaye ki aapki zindgi ki ek cheez ya har cheez badal chuki hai ?kya aapko isse koi fark padega? Kya aap zyada khush honge? Ya zyada successful ya phir pahle se healthy aur fit ?kya aapke pas energy zyada hogi ? aapka stress kam ho jayega? Aapke pas zyada paisa hoga? Aapke relationship pahle se behtar honge ?aapki koun si problem solve ho chuki hogi ? kya hoga agar mai aapko batau ki ek aisa "not-so-obvious" secret hai jo guarantee se aapki zindgi ka koi ek ya har ek area transform kar sakta hai. wo bhi itni tezi se ki aap soch bhi nahi skate ? aur kya ho agar mai aapko batau ki ye sab ho sakta hai har din ke sirf 6 minute dekar? To pesh hai aapke liye miracle morning jise sari duniya ke hazaaro log practice me laa rahe hai. aur yahi wo asaan tareeka hai ek aisi zindgi banana ke liye jo shaayad aap saalo se chaahte hai. aur ye sab hamare bilkul saamne tha magar asal me ye kitab hi hai jo ise hamare liye lekar aayi hai.

The One Thing, explains how the habit to succeed can be incorporated in our life to overcome the hurdles like the lies that will block our success, the thieves that will steal our time and increase our concentration in the purpose, the way we prioritize and the productivity of our business. The book comes in handy for people indulged in business and helps them increase the efficiency of their work and remove the hindering factors. The book is easy to read and substantial in the ideas it conveys.

Ye book explain karti hai ki kis tarah jeetne ki aadat apne jevan me utaar kar ham jhooth fareb jaise hurdles se chutkara paa sakte hai jo hamari success ko block karti hai. hamare apne business ko prioritize aur productive karne ka jo tareeka hota hai wahi darasal aise chor hai jo hamara wakt churate hai aur haamre purpose ke concentration ko badhate hai. ye kitab un logo ke liye behad kaam ki hai jo kisi na kisi business me involve hai taaki ise padhkar we apne kaam ki efficiency ko bada sake aur peeche dhaleklne wale factors ko apne business se door kar sake. Ye kitaab behad asaan hai padhne me iske ideas sach me chalne wale hai.



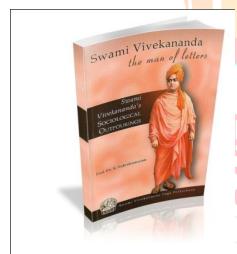


of Now shows you that every minute you spend worrying about the future or regretting the past is a minute lost, because really all you have to live in is the present, the now, and gives you actionable strategies to start living every minute as it occurs.

This book is even better than Meditation. The Power



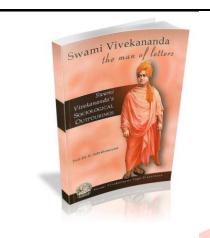
Ye kitaab meditation se bhi behtar hai. "the power of now" aapko batati hai ki har ek minute jo aap future ki chinta me ya apne past ke upar regret karne me kharch karte hai, wo bekar chala jata hai. kyonki har pal aapko apne present ko behtar bitane me lagana chaahiye., aur ye kitab aapko aise strategies batati hai jise aap apne jevan me utar kar har apne jeevan ke har minute ko bharpoor jee paayenge.



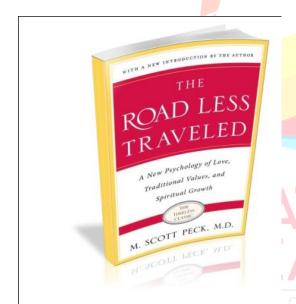
Swami Vivekananda was a great social reformer and a very inspiring personality of India. Vivekananda was called by the name Narendranath Datta.. He was born in Kolkata on 12 January 1863 to Vishwanath Datta and Bhuvaneshwari Devi. His father was a successful attorney. He used to practice meditation even from his boyhood, and was associated with Brahmo Movement for some time. At the threshold of youth Narendra had to pass through a period of spiritual crisis when he was assailed by doubts about the existence of God. In November 1881, Narendra went to meet Sri Ramakrishna who was staying at the Kali Temple in Dakshineshwar. Narendra became a frequent visitor to Dakshineshwar and under the guidance of the Sri Ramakrishna, he made rapid strides on the spiritual path.



Swami vivekanada ek mahan social reformer yani samaj sudhakar they. Unki personality bahut asardaar thi. Unka asali naam narendranath data tha..we 12 january 1863 me Kolkata me paida huye they. Unke pita vishwanath data aur maan ka naam bhuvanseshwari devi tha. Unke pita ek successful



attorney they. We apne bachpan se hi meditation ki practice kiya karte they. Aur barhmo movement me bhi kuchh time ke liye involve rahe they. Apni jawani ke shuruwat me Narendra ko spiritual crisis ka saamna karna pada jab unhe bhagwaan ke hone ya na hone par doubt tha . November 1881, me narendra sri Ramakrishna se milne gaye jab we dakshineshwar ke kali mandir me thahre huye they. Tab se Narendra Dakshineshwar mandir me aksar jaane lage they aur Sri Ramakrishna ke guidance me unhone spiritual path par unchaaiyon ko chhua.

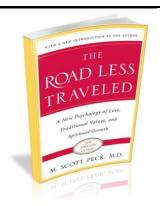


Confronting and solving problems is a painful process which most of us attempt to avoid. Avoiding resolution results in greater pain and an inability to grow both mentally and spiritually. Drawing heavily on his own professional experience, Dr M. Scott Peck, a psychiatrist, suggests ways in which facing our difficulties - and suffering through the changes can enable us to reach a higher level of selfunderstanding. He discusses the nature of loving relationships: how to distinguish dependency from love; how to become one's own person and how to be a more sensitive parent. This is a book that can show you how to embrace reality and yet achieve serenity and a richer existence. Hugely influential, it has now sold over ten million copies - and has changed many people's lives round the globe. It may change yours.



Problems ka samna karna aur unhe solve karna ek painful process hai jise ham sab avoid karna chahte hai. resolution ko avoid karna bahut painful hota hai isse hamari mental aur spiritual growth dono ruk jaati hai, apne khud ke jeevan ke professional experience se heavily inspire hokar Dr, M. Scott Peck, jo ek psychiatrist hai unhone aise tareeke suggest kiye hai jisse hame apne problems ko face karna aur changes se hone wali sufferings se ham is khud ko is layak bana sakte hai ki self understanding ke unche leval tak pahuch sakte hai. we hame loving





relationship ke bare me bataate hai: kaise pyar me dependency ko kam kiya jaaye, kais ek khud par nirbhar insaan bane, kais ek zyada behtar parent bane. Ye kitab aapko batayegi ki sachai ka saamna kaise kiya jaaye aur sath hi serenity aur bharpoor zindgi kaise jee jaaye. Ye kitab bahut badi influential hai jiski ab tak das million se zyada copies bik chuki hai. aur isne duniya ke bahut se logo ki zindgi badly hai aur ye aapki bhi badal sakti hai.

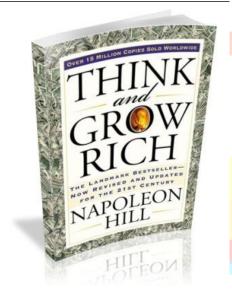




For decades, we've been told that positive thinking is the key to a happy, rich life. "Fuck positivity," Mark Manson says. "Let's be honest, shit is fucked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugar-coat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F**k is his antidote to the coddling, let's-all-feel-good mind-set that has infected



Dashko se ham ye jaante aa rahe hai ki positive thinking se ham ek khushhaal rich life jee sakte hai. lekin Mark Manson kahte hai "bhaad me jaaye positivity "sabse pahle honest bane, aur hame isi ke sath rahna hai. apne behad popular internet blog me Manson koi chikni chupdi bate nahi karte. Ye ise bina ghuma phiraye seedhe tareeke se samjhate hai—sacha, refreshing aur bilkul imaandar sach ka dose jo aajkal baut mushkil se milta hai. "the subtle art of not giving a fuck "unka chaaplusi ka ek antidote hai, sab achha aur behtar mahsoos kare is mind set ke khilaf hai ye kitab jisne logo ke dimag ko infected kiya hai.





Napoleon Hill's classic Think and Grow Rich, has made more millionaires and inspired more successes than any other book in history. For three decades Napoleon Hill collaborated with America's most creative and successful entrepreneurs, learning firsthand why they succeeded while others failed. Some of the most famous self-made multimillionaires personally revealed to Hill the secrets they had used to pull themselves out of poverty and create their own success. More than a self-improvement book, Think and Grow Rich, offers philosophy complete of personal achievement. It will teach you methods to create a success-consciousness within yourself and it will provide you with a detailed blueprint for achieving that success. Think and Grow Rich, is a book that will not just change what you think -it will change the way you think.

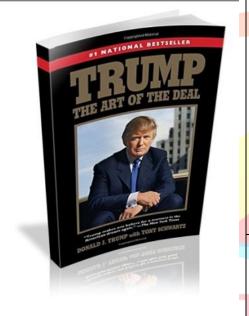
Napoleon Hill ki claasic kitab "Think and grow rich" ne history ki kisi bhi aur kitab se zyada millionaires aur successful zindgiyan banayi hai. teen decades se Napoleon Hill America ke sabse zyada creative aur successful entrepreneurs ke sath collaboration kar rahe hai. ye kitab sabse zaroori baat samjhati hai ki kyo we safal hai jabki baki log fail huye hai. bahut famous self made multimillionaires ne khud Hill ko we secrets bataye hai jinki madad se we garibi ki daldal se bahar nikal sake aur apni success story likh paaye. Ek self improvement se kahin zyada ye kitab "think and grow rich" aapko personal achievement ki poori philosophy batati hai, ye aapko aise methods sikhaayegi jisse aap apne andar ek success consciousness la payenge. Aur ye aapko degi ek aisa detailed blueprint jo aapko success dilayega. Ye kitab na sirf aapki soch badal degi balki apke sochne ka tareeka bhi badal kar rakh degi.



I like thinking big. I always have. To me it's very simple: If you're going to be thinking anyway, you might as well think big.' – Donald J. TrumpHere is Trump in action – how he runs his business and how he runs his life – as he meets the people he needs to meet, chats with family and friends, clashes with enemies and changes the face of the New York City skyline. But even a maverick plays by the rules and Trump has formulated eleven guidelines for success. He isolates the common elements in his greatest deals; he shatters myths; he names, spells out the zeros and fully reveals the deal-maker's art. And throughout, Trump talks – really talks – about how he does it.

Trump: The Art of the Deal is an unguarded look at the mind of a brilliant entrepreneur and an unprecedented education in the practice of deal-making. It's the most streetwise business book there is – and the ultimate read for anyone interested in making money and achieving success and knowing the man behind the spotlight.

Mujhe bada sochna pasand hai. aur maine hamesha yahi kiya hai. mere liye ek kafi asan hai.: agar aapko kuchh sochna hi hai to bada hi sochiye. ' - Donald J. Trump. Yahan trump poore action me hai—kaise we apna business chalte hai aur kaise apni zindgi jeete hai. – jaise ki we un logo se milte hai jinse unhe milna chaahiye, apne parivar aur dosto se chat karte hai, apne dushmano se takrate hai aur new York city skyline me badlaaw laate hai. lekin ek awaara aadmi ke bhi kuchh usool hote hai aur kuchh cheeze to hame manani hi padti hai. aur trump ne successful banne ke liye gyarah aise hi guidelines banayi hai. unhone apni is great kitab me koi common elements nahi rakha hai, unhone har myth ko toda hai, we isme zeros yani jo kuchh bhi nahi hai uska naam lekar bat karte hai aur deal maker ke art ke bare me batate hai. poori kitab me trumps baat karte hai sirf



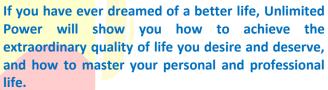




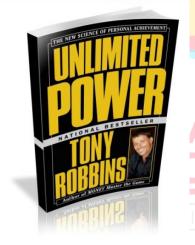
yahi bat ki unhone jo kiya wo kaise kiya.

Trump: The Art of the Dealye kitab ek brilliant entrepreneur ke soch par adharati hai jisme aap sikhenge deal making ke secrets. Ye ek bahut hi kaam ki kitab business book hai- har koi jo paise kamana chahta hai, safal hona chahta hai aur spotlight ke peeche ke hero ko jannana chahta hai use ye kitab zaroori padhni chahiye





Anthony Robbins has proven to millions through his books, tapes, and seminars that by harnessing the power of the mind you can do, have, achieve, and create anything you want for your life. He has shown heads of state, royalty, Olympic and professional athletes, movie stars, and children how to achieve. With Unlimited Power, he passionately and eloquently reveals the science of personal achievement

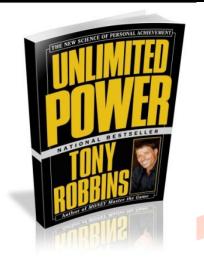


B O O K S



Kya aapne ek behtar zindgi ke bare me sochte hai, to "Unlimited Power" ye kitab apko batayegi ki kaise is sapne ko poora kiya jaaye aur ek aisi shaandar quality ki life jee jaye jiske bare me aap sirf sochte hai. apni personal aur professional zindgi ko kaise apne control me rakha jaaye ye sab is kitab se pata chal sakta hai. lekhakAnthony Robbins ne apni is kitaab, tapes aur seminars se laakho logo ko ye prove kar diya hai ki apne dimag ki power se we jo





chahe kar sakte hai. har cheez jo aap apne jeevan me chahte hai use paya ja sakta hai. apni is baat ko unhone kai state heads, royalty, Olympic aur professional athletes, movie stars aur bachho ko sabit karke dikhaya hai ki kaise apne goals ko paya ja sakta hai. is kitab Unlimited Power,me we passion ke sath behtareen tareeke se personal achievement ke science ka secret bata rahe hai.



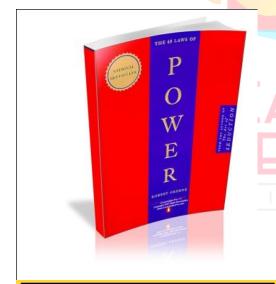
Drawn from 3,000 years of the history of power, this is the definitive guide to help readers achieve for themselves what Queen Elizabeth I, Henry Kissinger, Louis XIV and Machiavelli learnt the hard way.

Law 1: Never outshine the master

Law 2: Never put too much trust in friends; learn how to use enemies

Law 3: Conceal your intentions

Law 4: Always say less than necessary. The text is bold and elegant, laid out in black and red throughout and replete with fables and unique word sculptures. The 48 laws are illustrated through the tactics, triumphs and failures of great figures from the past who have wielded - or been victimised by power.

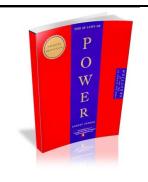




Ye kitab 3,000 salo ke power ki history ke anubhavo ko lekar likhi gayi hai. jo readers ke liye ekdam sateek guide ki tarah hai. readers ise padhkar apne saare sapne aise hi pore kar sakte hai jaise queen Elizabeth 1, Henry Kissinger, Louis XIV aur Machiavelli, in sabne apni kadi mehnat se seekh kar achieve kithi.

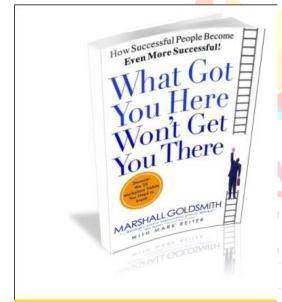
Law 1: kabhi bhi apne master se age mat madhiye Law 2: dosto par had se zyada yakeen mat rakhiye,apne dushmano ka istemal karna seekhiye Law 3: apne asli iraade mat zaahir kijiye





Law 4: jitni zaroorat ho utna hi bola jaaye

. isme likhi gayi baate shaandar aur bold hai. kale aur laal rang se likhi gayi is kitab me fables aur behtareen world sculptures milegi. Isme diye gaye 48 laws ko mahan logo ki tactics, haar aur jeet ke zariye dikhaya gaya hai. unke jeveen ke anubhavo ke bare me likha gya hai jinhone power hasil ki ya phir power ka shikaar bane.



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Perhaps one small flaw a behaviour you barely even recognise is the only thing thats keeping you from where you want to be. It may be that the very characteristic that you believe got you where you are like the drive to win at all costs is whats holding you back. As this book explains, people often do well in spite of certain habits rather than because of them and need a "to stop" list rather than one listing what "to do". Marshall Goldsmiths expertise is inhelping global leaders overcome their unconscious annoying habits and become more successful. His one-on-one coaching comes with asix figure price tag but in this book you get his great advice for much less.

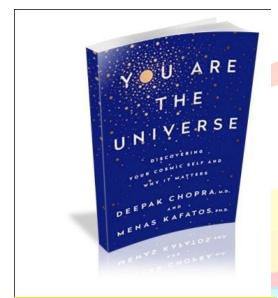
aapke behavior ki ek chhoti si galti jo aapko dikhaayi bhi na de, shaayad wahi ek cheez hai jo aapko aage badhne se rok rahi ho, jo aap banna chhate hai uski rah me rukavat ban rahi ho. Ye ho sakta hai ki wahi ek aapka characteristic aapki safalta ka dushman ban raha ho aur aap ye samjh hi nahi paa rahe ho. Jaise ki is kitab me explain kiya gaya hai log aksar apni zindgi me kuchh khas tarah ki aadto ke bavjood tarakki karte hai. aur aksar hi "kya kare" ke bajaaye "kya na kare" zyada behtar sabit hota hai. Marshall Goldsmiths jo is kitab ke lekhak hai, we is mamle me expert rah chuke hai aur unhone kai global leaders ko apne unconscious mind ki ajeebogareeb aadto se chutkara paane me madad ki hai apni is kitab ke zariye. Jo successful hai unhone aur zyada safalta hasil ki hai. unkione-on-one coaching ki ye kitab ek cheh anko ki price ke sath aati hai magar isme likhi great advice ke liye wo keemat bhi kam hai.



In this book, that combines cutting edge science with real world applications, Chopra and Kafatos redefine our nature of reality and what is possible. Here they ask 10 questions:

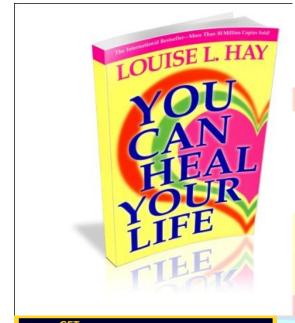
- 1) What Came Before the Big Bang?
- 2) Why Does the Universe Fit Together So Perfectly?
- 3) Where Did Time Come From?
- 4) What Is the Universe Made Of?
- 5) Is There Design in the Universe?
- 6) Is the Quantum World Linked to Everyday Life?
- 7) Do We Live in a Conscious Universe?
- 8) How Did Life First Begin?
- 9) Does the brain create the mind?
- 10) You Are The Universe offers answers that open up new possibilities for all of us to lead more fruitful, peaceful and successful lives
- Is kitab me cutting edge science ko real world application ke sath joda gaya hai., is kitab ke zariye Chopra aur Kafatos nature of reality ke nature ko redefine karte hai aur batate hai ki kya possible hai. Is kitab me aise 10sawal hai:
- 1) Big Bang se pahle kya hai?
- 2) ye Universe itna perfect tareekse se kaise bana hai?
- 3) Time kahan se aata hai?
- 4) ye Universe kis cheez se bana hai?
- 5) kya Universe ke banne me koi design hai?
- 6) k<mark>yaQuantum World ro</mark>zmaara ki zindgi se juda hai?
- 7) kya ham ek Conscious Universe me rahte hai?
- 8) Life sabse pahle kaise shuru hui?
- 9) kya hamara brain mind ko create karta hai?
- 10) "You Are The Universe offers " ye kitab aise hi mushkil sawalo ke aasan zawaab talashne ki koshish karti hai jo hame nayi possibilities ke bare me sochne par mazboor karte hai. taaki ham aur bhi shant, successful aur meaning ful jeevan jee sake.

'You Can Heal Your Life' is practical and insightful books which help in evaluating the do's and don'ts of life. Your mind plays an important role in the well-being of the body. The book is appreciated by various people for its content. The writer provides guidance towards the right path to heal your life. The author has been able to explain just how our negative thoughts and beliefs about ourselves are









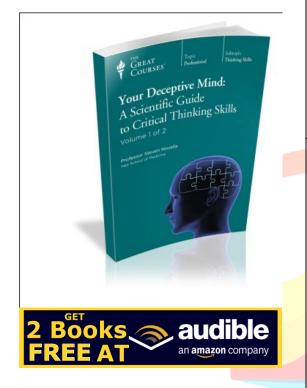
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able to lead to various health conditions and emotional issues that can ruin our lives. The right thought pattern can heal anything, change the way of thinking and your body will be fit and fine. The book is all about the in-depth relationship between the body and mind. You Can Heal Your Life is a gift from the author Louise L. Hay. Let us give this gift to ourselves and our dear ones in order to keep them fin and healthy always. Stay away from the negative thoughts and negative beliefs and see the change into your life. Just by simple healing techniques make your dreams come true and create a truly happily ever after life.

'You Can Heal Your Life' ek practical aur insightful kitab hai jo hame life me kaya kare kya na kare ki soch ko evaluat<mark>e k</mark>arti hai yani kya faydemand hai kya nahi ye batati hai. ye to ham jaante hai ki hamara dimaag bahut kaam ka hai aur hamre body ka dhayan rakhta hai. is kitab ke content ko kai <mark>saare logo ne bahut appreciate kiya hai. iske lekhak</mark> <mark>ne isme life ko he</mark>al karne ke liye ek sahi rasta dikhaya hai. kis tarha se hamare negative soch aur vishwas hamari body ko bahut si bimariyon ka shikar bana dete hai, ye sab bate lekhak ne isme khulkar explain ki hai. ek sahi soch ke sath kis tarah ham har bimari ko heal kar skate hai, problems ko suljha sakte hai taaki ham hamesha fit aur fine rahe, ye sab bate is kitab me hai, ye kitab body aur mind ke relationship ke bare me gahraai se batati hai. "You Can Heal Your Life" lekhak Louise L. Hay. Ka apne readers ke liye ek gift hai. to aayiye ham khud ko aur apne kareebe logo ko ye gift de jisse ham hamehsa khush aur tandurust rahe. Aur har tarah ke negative khyaal aur beliefs se door rahe phir dekhe kis tarah hamari zindgi badal jaayegi. Isme asaan se healing techniques di gayi hai jinhe apnakar koi bhi ek khushhaal zindgi ka sapna poora kar skata hai.

No skill is more important in today's world than being able to think about, understand, and act on information in an effective and responsible way. What's more, at no point in human history have we had access to so much information, with such relative ease, as we do in the 21st century. But because misinformation out there has increased as well, critical thinking is more important than ever.



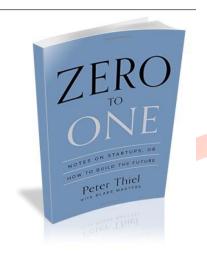


The key to successful critical thinking lies in understanding the neuroscience behind how our thinking works - and goes wrong; avoiding common pitfalls and errors in thinking, such as logical fallacies and biases; and knowing how to distinguish good science from pseudoscience. Professor Novella tackles these issues and more, exploring how the (often unfamiliar) ways in which our brains are hardwired can distract and prevent us from getting to the truth of a particular matter.

Aaj ki dour me koi bhi skill isse zyada important nahi hai ki aap soch sakte hai, samjh sakte hai, aur di gayi information ka istemal effectice aur responsible tareekse se kar sakte hai. aur sabse zaroori baat ki human history me kabhi bhi pahle hamare pas itni information nahi thi jitni aaj hai, is 21st century me.magar jaankari ke sath sath galat jaankari bhi badti jaa rahi hai aise me critical thinking aur bhi zyada important ho gayi hai. aur ek successful critical thinking ke live hame neuroscience ke bare me janakri hona bahut zaroori hai ki kis tarah se ye hamare liye kam karti hai- - kis tarah pitfall aur erros ko apni thinking power se door kiya jaye and goes wrong; jaise ki logical fallacies aur biases, yani ek hi pahlu se sochna. Kaise ham sahi science ko nakli science se alag kare. Professor Novella in sare issures ko sahi sareeke se handle karte hai aur explore karte hai ki koun se aise tareekse hai jisse hamara brain yani dimag ek sahi raste par chale taaki wo us cheezo se door rahe jo ahme sach tak pahunchne se rokti hai

pandicinic se roke





The next Bill Gates will not build an operating system. The next Larry Page or Sergey Brin won't make a search engine. If you are copying these guys, you aren't learning from them. It's easier to copy a model than to make something new: doing what we already know how to do takes the world from 1 to n, adding more of something familiar. Every new creation goes from 0 to 1. This book is about how to get there.



Agala bill gates operating system nahi banayega. Agala Larry page ya Sergey Brin koi search engine nahi banayega. Agar aap in logo ki copy karte ahi to aap kuchh nahi seekh rahe in logo ke jeevna se. kisi model ko copy karna asaan hai bajaye koi nayi cheez invent karne ke. Jo hame pahle se pata hai ki kaise duniya ko 1 to n tak le jaye, me kuchh aur bhi cheeze Jodi gayi hai. har nayi cheez hamesha 0 to 1 ki tarf hi jaati hai. aur ye kitaba yahi bataati hai ki wahan tak kaise pahuncha jaye.



