Individual Stress Response Clinical Assessment

Subject ID: S10 | WESAD Multimodal Analysis

Analysis Date: August 22, 2025 | Sessions Analyzed: 99 | Report Generated by: WESAD Analysis System

Subject Information

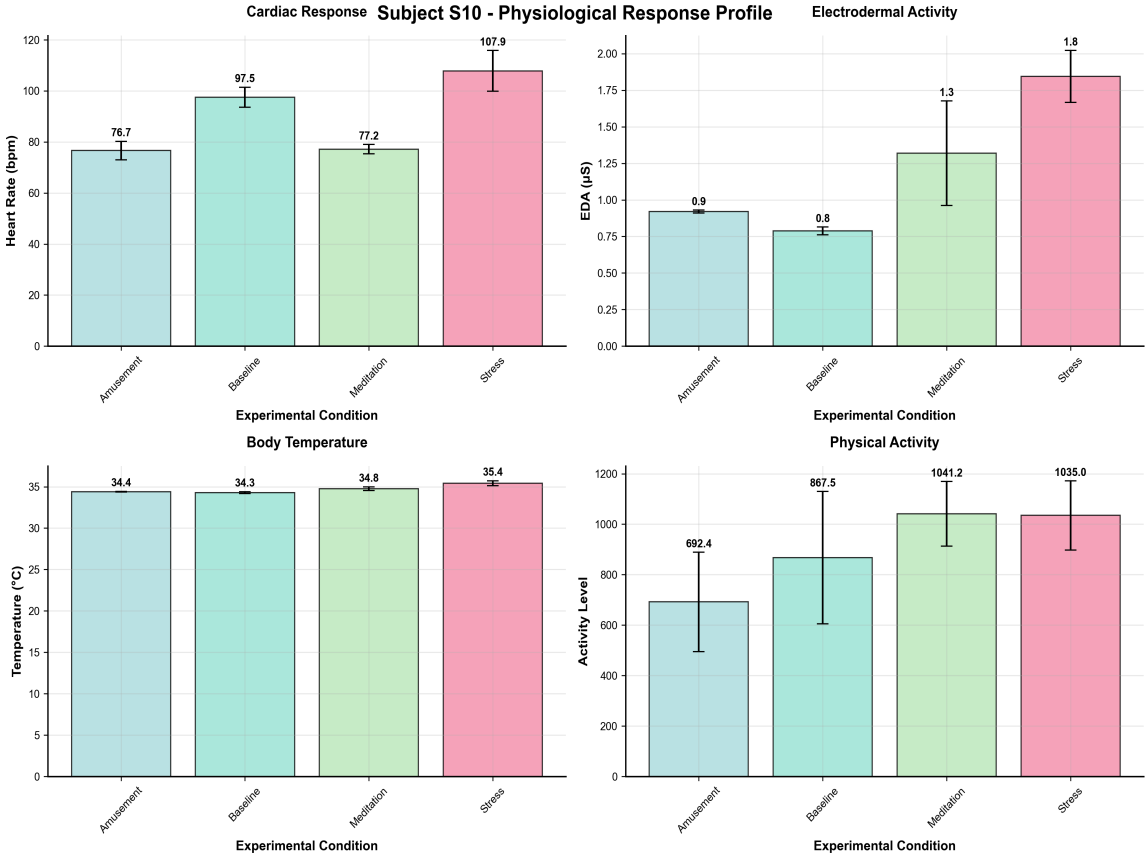
Subject ID	S10
Age	28 years
Gender	Male
BMI	24.0 kg/m²
Height	178 cm
Weight	76 kg
Sessions Completed	99
Conditions Tested	Baseline, Amusement, Meditation, Stress

Executive Summary

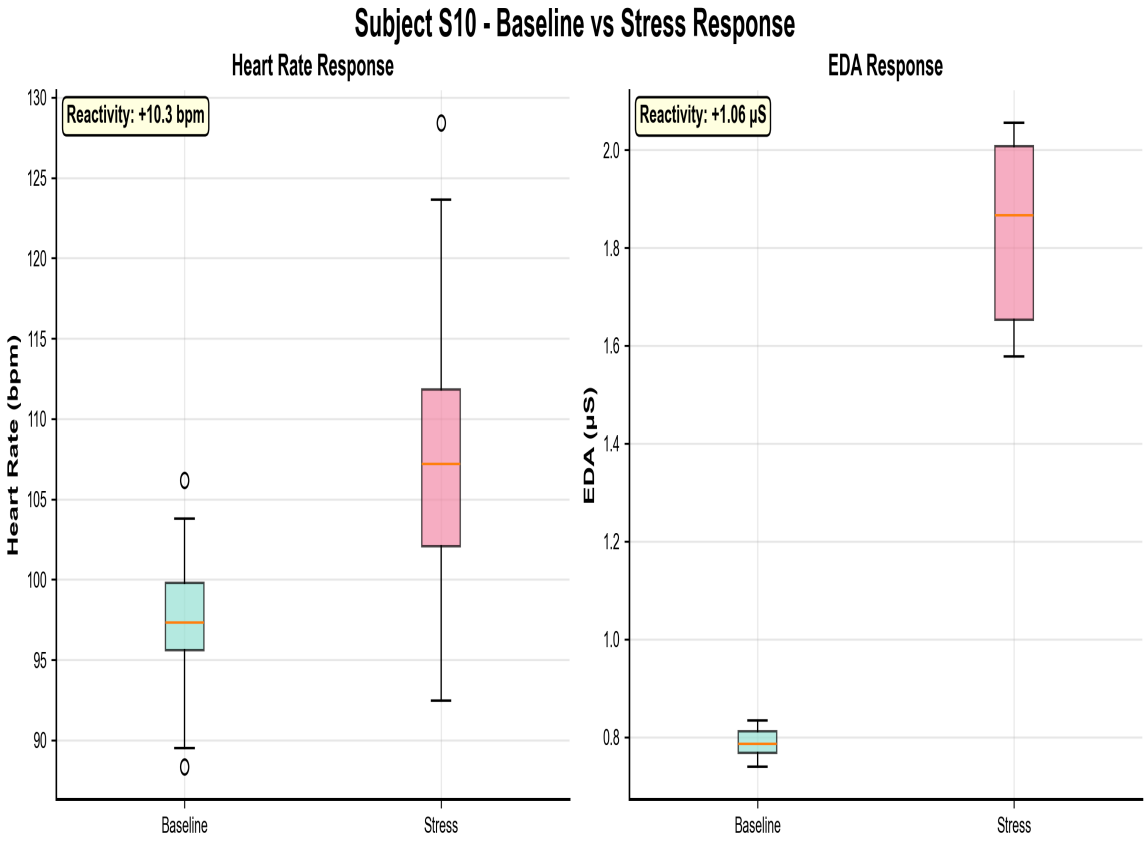
This report presents a comprehensive analysis of multimodal physiological responses for Subject S10, a 28-year-old male participant from the WESAD stress response study. The analysis encompasses baseline physiological measurements, acute stress response patterns, and recovery characteristics across multiple sensor modalities.

Metric	Value	Clinical Interpretation
Resting Heart Rate	97.5 bpm	Above Normal
HR Stress Reactivity	+10.3 bpm (+10.6%)	Unknown
EDA Stress Response	+1.06 µS (+134.0%)	Unknown
Core Temperature	34.3°C	Within Normal Range

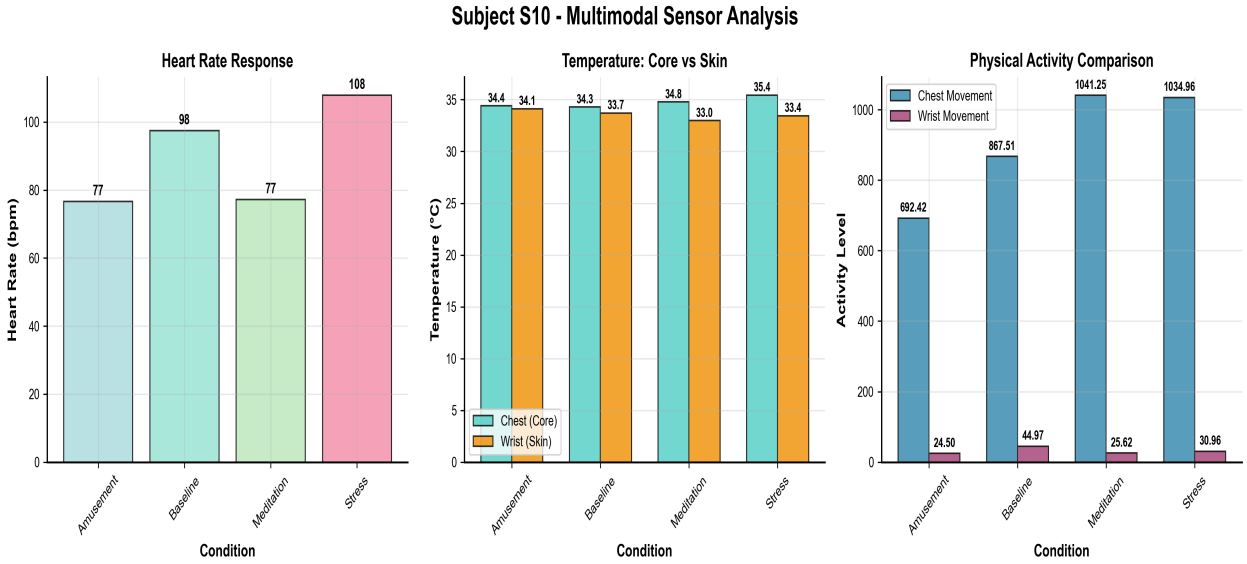
Physiological Response Analysis



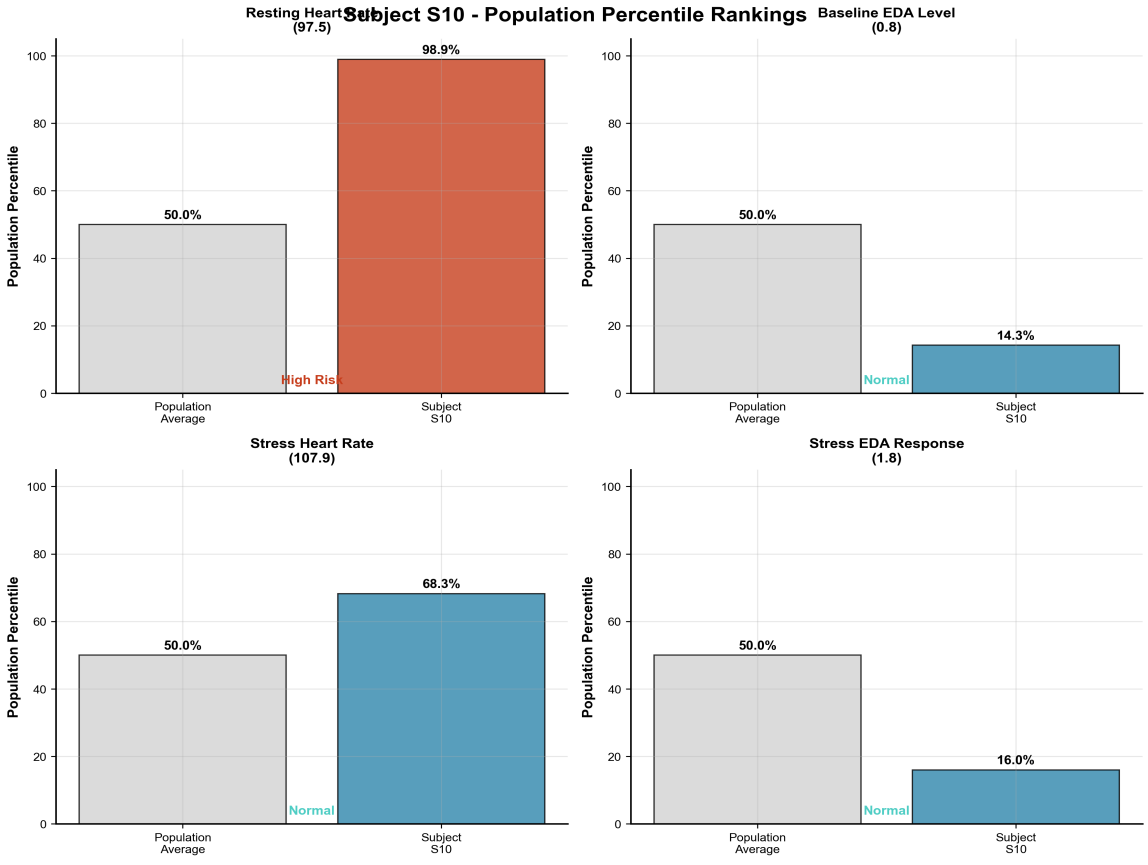
Stress Response Analysis


Subject S10 - Baseline vs Stress Response
Heart Rate Response
Reactivity: +10.3 bpm
Heart Rate (bpm)
130
125
120
115
110
105
100
95
90
Baseline
Stress
EDA Response
Reactivity: +1.06 µS
EDA (µS)
2.0
1.8
1.6
1.4
1.2
1.0
0.8
Baseline
Stress

Multimodal Sensor Analysis



Population Comparative Analysis



Clinical Interpretation & Recommendations

Overall Stress Response Assessment

Stress Response Classification: MILD ELEVATION

Mildly elevated stress response with some parameters showing above-average reactivity: atypical resting heart rate (above normal). While not immediately concerning, these patterns may warrant monitoring and lifestyle interventions to optimize stress management.

Key Findings

• Heart Rate Stress Response: +10.3 bpm (+10.6% increase from baseline)

• Electrodermal Activity Response: +1.06 μS (+134.0% increase)

• Resting Heart Rate: 97.5 bpm (above normal)

• Population Ranking: 98.9th percentile for resting heart rate

Recommendations

• Implement stress reduction techniques such as mindfulness meditation or deep breathing exercises

• Evaluate work-life balance and identify potential chronic stressors

• Consider regular cardiovascular exercise to improve stress resilience

• Follow-up assessment in 6 months to monitor progress

Report Analysis and Generation:

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