Training Metrics /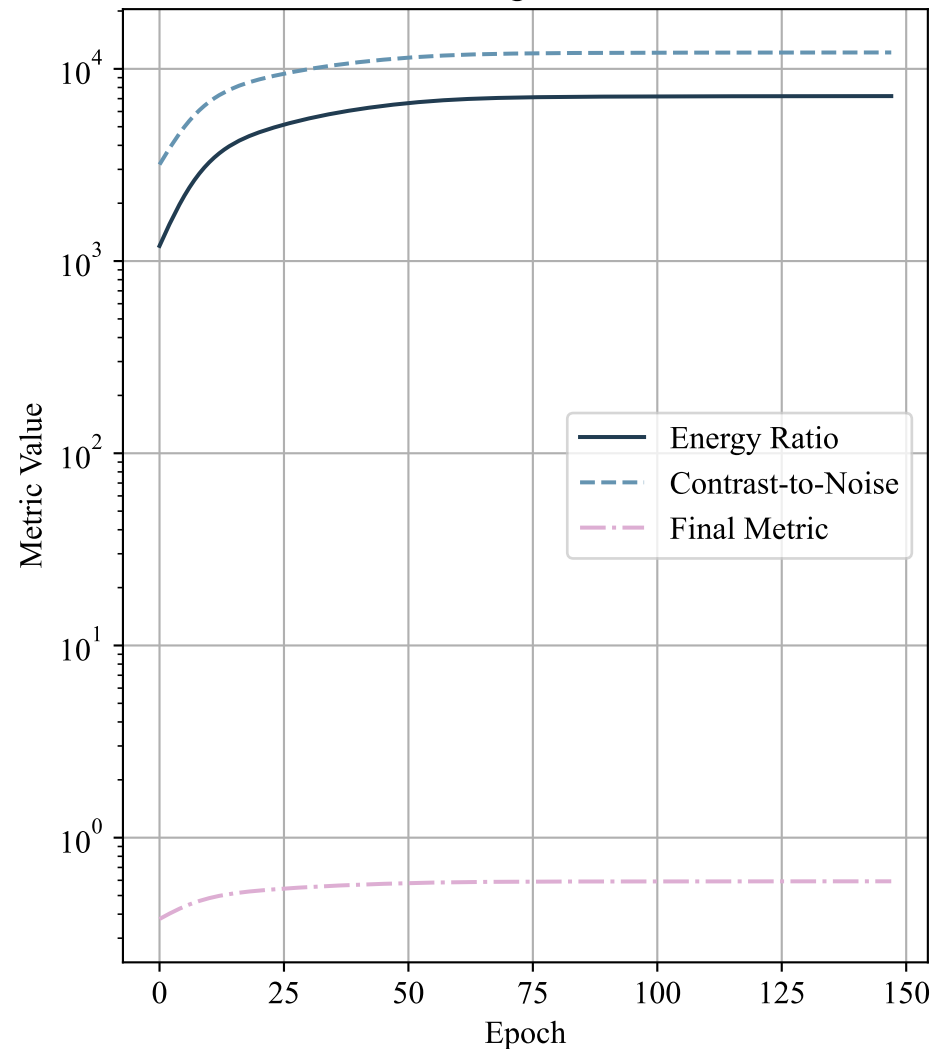 Optimized Window