Training Metrics —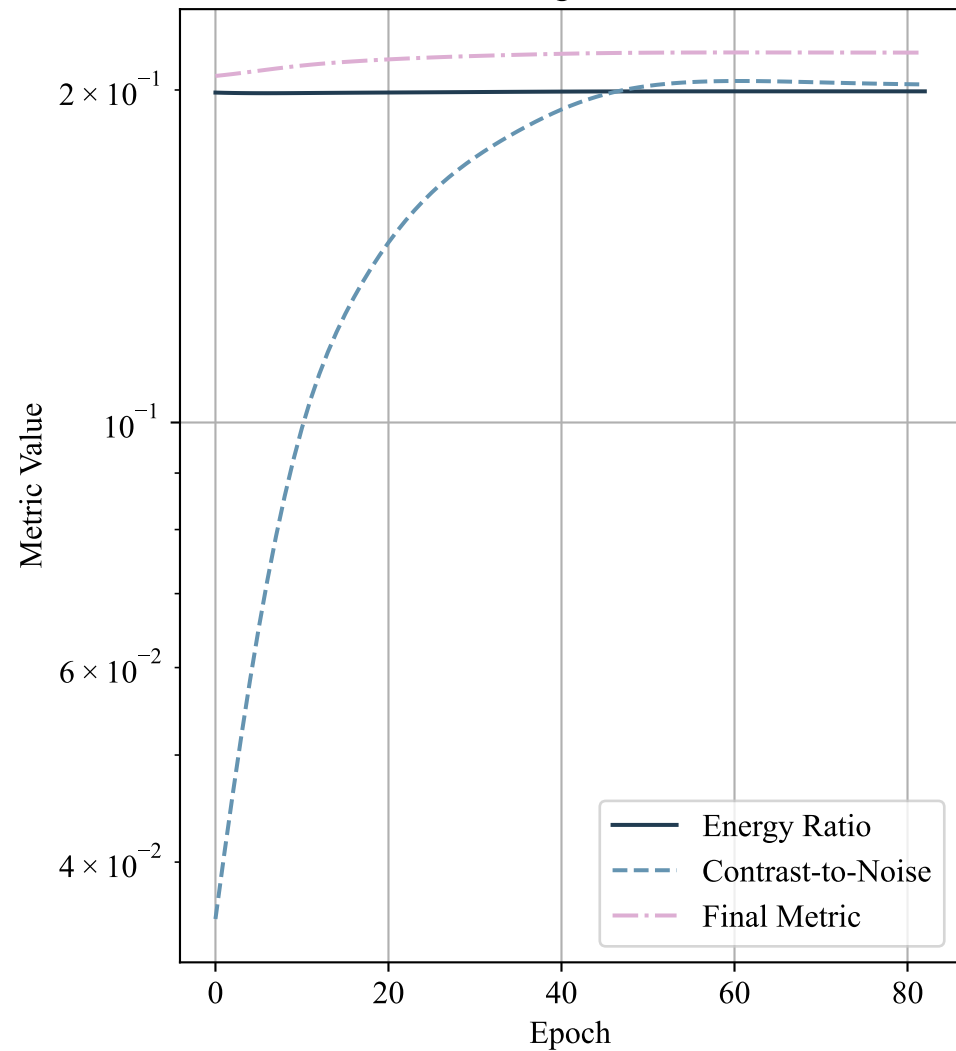 Optimized Window