

# Discharge Summary

## Facility & Patient Information

**Facility:** Sri Venkateswara Super-Speciality Hospital, 12 Gandhi Road, Bengaluru 560001, Karnataka  
**Patient:** Ananya Rao  
**Gender/Age:** F/32 y  
**DOB:** 24 Aug 1993  
**UHID:** SVH-23-009812  
**Encounter:** 2025-B-67345  
**Admission:** 02-Sep-2025 00:00  
**Discharge:** 09-Sep-2025 00:00  
**Attending Physician:** Dr Arvind Krishnan, MS DNB

## Discharge Diagnoses

ICD-10	Description
K80.00	Acute calculous cholecystitis
E11.9	Type 2 DM, controlled
I10	Essential hypertension
E66.3	Overweight (BMI 28)

## Procedures Performed

Date	CPT/ICD-10-PCS	Description
03-Sep-2025	47562/0FT44ZZ	Laparoscopic cholecystectomy (GA)

## Pertinent History & Hospital Course

Presented with 16 h right-upper-quadrant pain, fever 38.2 C, WBC 13.8 x 10<sup>9</sup>/L. Ultrasound showed multiple gallstones and wall thickening (6.5 mm); CBD 5 mm. Started IV piperacillin-tazobactam 4.5 g every 8 h plus fluids. Cholecystectomy on day 2 uneventful; no bile-duct injury. Post-op hyperglycaemia (max 226 mg/dL) handled with sliding-scale insulin. Pain shifted from IV tramadol to oral paracetamol by day 3. Wound clean; ambulating day 4.

## Key Investigations

Test	Admission	Peak/Valley	Discharge
WBC (10 <sup>9</sup> /L)	13.8	14.1	8.1
ALT (U/L)	76	92	28
Creatinine (mg/dL)	0.8	0.9	0.7
HbA1c (%)	7.5		

Imaging: USG abdomen (02-Sep) - multiple stones; CBD normal. CXR day 1 - clear.

## Consultations

Endocrinology, Dietetics, Physiotherapy.

## Complications

None.

## Condition on Discharge

Afebrile; BP 122/74 mmHg; HR 78 bpm. Incision dry/intact; pain 2/10 on oral meds. Ambulating independently; tolerating soft diet.

## Discharge Plan

- Diet: Low-fat, 1600 kcal diabetic plan; avoid fried foods 4 weeks.
- Activity: Walk 30 min daily; no lifting over 8 kg for 4 weeks.
- Medications: Metformin 500 mg BID, Telmisartan 40 mg OD, Cephalexin 500 mg every 6 h for 5 days, Paracetamol 500 mg every 6 h PRN up to 7 days.
- Follow-up: Surgery (2025-09-16 10:00), Endocrinology (2025-09-30 12:00), Family Physician (2025-10-07 11:30).
- Red-flags: Fever above 38 C, jaundice, worsening pain, wound discharge.

## Physician Declaration

I certify that the information above is accurate and complete.

**Signature: Dr Arvind Krishnan, MS DNB**

**Date: 12-Sep-2025**