

Discharge Summary

Facility & Patient Information

Facility: Sri Venkateswara Super-Speciality Hospital, 12 Gandhi Road, Bengaluru 560001, Karnataka
Patient: Ananya Rao | Gender/Age: F / 32 y | DOB: 24 Aug 1993
UHID: SVH-23-009812 | Encounter: 2025-B-67345
Admission: 02-Sep-2025 09:05 | Discharge: 09-Sep-2025 10:40
Attending Surgeon: Dr Arvind Krishnan, MS DNB

Discharge Diagnoses

ICD-10	Description
K80.00	Acute calculous cholecystitis
E11.9	Type 2 DM, controlled
I10	Essential hypertension
E66.3	Overweight (BMI 28)

Procedures Performed

Date	CPT / ICD-10-PCS	Description
03-Sep-2025	47562 / 0FT44ZZ	Laparoscopic cholecystectomy (GA)

Pertinent History & Hospital Course

Presented with 16 h right-upper-quadrant pain, fever 38.2 C, WBC 13.8 x10⁹/L. Ultrasound showed multiple gallstones and wall thickening (6.5 mm); CBD 5 mm. Started IV piperacillin-tazobactam 4.5 g every 8 h plus fluids. Cholecystectomy on day 2 uneventful; no bile-duct injury. Post-op hyperglycaemia (max 226 mg/dL) handled with sliding-scale insulin. Pain shifted from IV tramadol to oral paracetamol by day 3. Wound clean; ambulating day 4.

Key Investigations

Test	Admission	Peak/Valley	Discharge
WBC (x10 ⁹ /L)	13.8	14.1	8.1
ALT (U/L)	76	92	28
Creatinine (mg/dL)	0.8	0.9	0.7
HbA1c (%)	7.5	-	-

Imaging: USG abdomen (02-Sep) - multiple stones; CBD normal. CXR day 1 - clear.

Consultations

Endocrinology, Dietetics, Physiotherapy.

Complications

None.

Condition on Discharge

Afebrile; BP 122/74 mmHg; HR 78 bpm. Incision dry/intact; pain 2/10 on oral meds. Ambulating independently; tolerating soft diet.

Discharge Plan

Diet: Low-fat, 1600 kcal diabetic plan; avoid fried foods 4 weeks.
Activity: Walk 30 min daily; no lifting over 8 kg for 4 weeks.
Medications: Metformin 500 mg BID, Telmisartan 40 mg OD, Cephalexin 500 mg every 6 h for 5 days, Paracetamol 500 mg every 6 h PRN up to 7 days.
Follow-up: Surgery (16-Sep-2025 10:00), Endocrinology (30-Sep-2025 12:00), Family Physician (07-Oct-2025 11:30).
Red-flags: Fever above 38 C, jaundice, worsening pain, wound discharge.

Physician Declaration

Discharge Summary

I certify that the information above is accurate and complete.

Signature & Date

Dr Arvind Krishnan 09-Sep-2025