

1. Over the past 2 weeks, how much have I been bothered by feeling down, depressed, or hopeless?
2. I feel dejected all the time.
3. I am hopeless about the future, I feel that my future is in the dark.
4. I have nothing to look forward to.
5. I am dissatisfied or bored with everything that I remain alike in joy and sorrow and rarely goes outside.
6. I feel guilty all of the time.
7. I am disgusted with myself all the time.
8. I dislike myself when I find that others are superior to me.**(i think parameter means marking should be different for this que) .**
9. I feel I am worse than anybody else.
10. I blame myself for everything, including my faults, unhappiness and failure.
11. I think of killing myself all the time.
12. I think of killing myself when I meet failure.
13. I hurt myself rather than others.
14. I hurt myself rather than accusing others.
15. I feel irritated all the time.
16. I have lost interest in people.
17. I have least interest in other affairs.
18. I never share my joys with others.
19. For me, the nearest or the dearest doesn't make any sense.
20. I can never take decisions, I take others' help while making decisions.
21. I hate myself when I see a fair complexioned person.
22. I believe that I look ugly.
23. It is difficult for me to work more than an hour.
24. I am not interested to know the outcome of my work.
25. I do not have a sound sleep. Once I wake up, it is hard to get back to sleep.
26. I feel tired all the time.
27. I have no appetite.
28. I feel trouble while breathing
29. I am always worried about my health.
30. I feel a lump in my throat.
31. I feel weak while walking.
32. I love to spend more and more time in my own world of fantasies.
33. I feel that everything is useless.
34. I think that I am a burden for others.
35. I feel that I am the most foolish person in the world.**(don't know if it is imp for depression que)**