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| 1. | 0 I do not feel sad.  1 I feel sad  2 I am sad all the time and I can't snap out of it.  3 I am so sad and unhappy that I can't stand it. |  |
| 2. | 0 I am not particularly discouraged about the future.  1 I feel discouraged about the future.  2 I feel I have nothing to look forward to.  3 I feel the future is hopeless and that things cannot improve. | I am hopeless about the future.  I feel that my future is in dark.  I have nothing to look forward. |
| 3. | 0 I do not feel like a failure.  1 I feel I have failed more than the average person.  2 As I look back on my life, all I can see is a lot of failures.  3 I feel I am a complete failure as a person. |  |
| 4. | 0 I get as much satisfaction out of things as I used to.  1 I don't enjoy things the way I used to.  2 I don't get real satisfaction out of anything anymore.  3 I am dissatisfied or bored with everything. | I seldom attend the parties.  I remain alike in joy and sorrow. |
| 5. | 0 I don't feel particularly guilty  1 I feel guilty a good part of the time.  2 I feel quite guilty most of the time.  3 I feel guilty all of the time. | I feel that I am the most foolish person in the world. |
| 6. | 0 I don't feel I am being punished.  1 I feel I may be punished.  2 I expect to be punished.  3 I feel I am being punished. |  |
| 7. | 0 I don't feel disappointed in myself.  1 I am disappointed in myself.  2 I am disgusted with myself.  3 I hate myself. | I am disgusted with myself all the time.  I am disgusted with my intelligence.  I hate myself when, I fail in my attempts.  I dislike myself when I find that others are superior to me. |
| 8. | 0 I don't feel I am any worse than anybody else.  1 I am critical of myself for my weaknesses or mistakes.  2 I blame myself all the time for my faults.  3 I blame myself for everything bad that happens. | I feel, I am worse than anybody else.  I blame myself for my faults.  I blame myself for the unhappiness.  I blame myself for my failure.  I feel that I am responsible for all that happens around it. |
| 9. | 0 I don't have any thoughts of killing myself.  1 I have thoughts of killing myself, but I would not carry them out.  2 I would like to kill myself.  3 I would kill myself if I had the chance. | I think of killing myself all the time  I love to hurt myself when I find myself to be guilty.  I hurt myself rather than others when I am annoyed.  I think of killing myself when I meet failure.  I think of killing myself when I face shame.  I like to kill myself rather than being blamed.  I love to kill myself when I am surrounded by problem.  I hurt myself rather than accusing others.  I feel that living is a burden.  I hurt myself rather than others when they annoyed. |
| 10. | 0 I don't cry any more than usual.  1 I cry more now than I used to.  2 I cry all the time now.  3 I used to be able to cry, but now I can't cry even though I want to. |  |
| 11. | 0 I am no more irritated by things than I ever was.  1 I am slightly more irritated now than usual.  2 I am quite annoyed or irritated a good deal of the time.  3 I feel irritated all the time. | I feel irritated all the time.  I get irritated more easily than I used to.  Even the minute things irritate me.  I am becoming more and more irritated day by day. |
| 12. | 0 I have not lost interest in other people.  1 I am less interested in other people than I used to be.  2 I have lost most of my interest in other people.  3 I have lost all of my interest in other people. | I have least interest in other affairs.  I have lost interest in people.  I don't bother about people.  I don't have any interest in making intimacy with people.  I don't comment on others affairs.  I don't like to make friends.  I escape from giving suggestions to people even if I am asked to do so.  I feel uneasiness among the relatives  I never share my joys with others.  For me, the nearest or the dearest doesn't have any sense.  I have lost all hopes from my relatives and friends.  I am least interested in making friends.  I escape from relatives and friends.  I don't even think of my elders when I get irritated. |
| 13. | 0 I make decisions about as well as I ever could.  1 I put off making decisions more than I used to.  2 I have greater difficulty in making decisions more than I used to.  3 I can't make decisions at all anymore. | I can never take decision.  I feel difficulty in taking decision.  I take others help while taking decision.  I put off making decisions more than I used to.  I escape from taking decisions.  It takes too long for me to take decision.  I am disappointed with my memory.  It is very hard for me to decide all alone.  I always leave it on others to take decision. |
| 14. | 0 I don't feel that I look any worse than I used to.  1 I am worried that I am looking old or unattractive.  2 I feel there are permanent changes in my appearance that make me look unattractive.  3 I believe that I look ugly. | l am disappointed with my physique.  I hate myself when I see a fair complexioned person. |
| 15. | 0 I can work about as well as before.  1 It takes an extra effort to get started at doing something.  2 I have to push myself very hard to do anything.  3 I can't do any work at all. | I feel that I should take some energy tonic to continue working.  I can't work as long as I used to do.  It is difficult for me to work more than an hour.  I am no interested to know the outcome of my work.  My working capacity is much worse now.  I have to push myself for doing any work. |
| 16. | 0 I can sleep as well as usual.  1 I don't sleep as well as I used to.  2 I wake up 1-2 hours earlier than usual and find it hard to get back to sleep.  3 I wake up several hours earlier than I used to and cannot get back to sleep. | I do not have a sound sleep.  Once I wake up, it is hard to get back to sleep.  I wake up several time at night.  I see wild dreams while sleeping.  I murmur while sleeping.  I often dream while sleeping.  I often get up at night during sleep. |
| 17. | 0 I don't get more tired than usual.  1 I get tired more easily than I used to.  2 I get tired from doing almost anything.  3 I am too tired to do anything. | I feel tired all the time.  I am too tired to do anything. |
| 18. | 0 My appetite is no worse than usual.  1 My appetite is not as good as it used to be.  2 My appetite is much worse now.  3 I have no appetite at all anymore. |  |
| 19. | 0 I haven't lost much weight, if any, lately.  1 I have lost more than five pounds.  2 I have lost more than ten pounds.  3 I have lost more than fifteen pounds. |  |
| 20. | 0 I am no more worried about my health than usual.  1 I am worried about physical problems like aches, pains, upset stomach, or constipation.  2 I am very worried about physical problems and it's hard to think of much else.  3 I am so worried about my physical problems that I cannot think of anything else. | I am always worried about my health.  I am worried about upset stomach or constipation.  I feel trouble while breathing  Headache upsets me very much  Pains in heart or chest upsets me.  I feel lump in the throat.  I am worried about my dizziness nature.  I am critical of myself for my weakness.  I feel weakness while walking. |
| 21. | 0 I have not noticed any recent change in my interest in sex.  1 I am less interested in sex than I used to be.  2 I have almost no interest in sex.  3 I have lost interest in sex completely. |  |
| 22. | I feel dejection | Once I am dejected, it is hard to overcome.  I feel dejected all the time.  I overcome dejection when people pacify me.  I am dejected with my fortune.  For me, dejection is no worse than an enemy.  I feel dejected when youngsters misbehave with me. |

I love to spend more and more time in my own world of fantasies.

Whether it is in home or outside, nobody listens me.

I feel that everything is useless.

It is hard for me to tolerate anything.

Once I get excited, it is hard to cool down.

When I see other’s sadness, I get upset.

I depend on people to get my work completed.

I feel to forget enmity at the time of sorrow.

I am critical of myself for my behavior.

I think that I am a burden for others.

I try to escape things that irritate me.

REPEATED QUESTIONS

1. I have least interest in other affairs.
2. I have to wake up several times at night.