



MORE FUN, FEWER RISKS: DEVELOPMENT OF A GAMIFIED WEB APP FOR RISK MANAGEMENT

STUDIENARBEIT

of the course computer science at the
Cooperative State University (Duale Hochschule) Baden-Württemberg Karlsruhe

from

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Submission date:

18. May 2020

Timeframe: TODO: XX Wochen

Matriculation number, course: XXX, TINF17B2

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Abstract

Erklärung

(gemäß §5(3) der "Studien- und Prüfungsordnung DHBW Technik" vom 29.09.2017)

Ich versichere hiermit, dass ich meine Studienarbeit mit dem Thema: "More Fun, Fewer Risks: Development of a Gamified Web App for Risk Management" selbstständig verfasst und keine anderen als die angegebenen Quellen und Hilfsmittel benutzt habe. Ich versichere zudem, dass die eingereichte elektronische Fassung mit der gedruckten Fassung übereinstimmt.

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Glossary

Item Name description

1. Introduction

context, motivation, aims, purpose, ..

2. Theoretical background

This chapter introduces the theory of the domain risk management (chapter 2.1), gamification (chapter 2.2) and Progressive Web Apps (chapter 2.3).

2.1. Risk Management

There are plenty of reasons for projects to fail and frequently even large companies and organizations experience costly failures of big projects [6]. Projects are often defined as failed, when they cannot meet time or budget constraints or do not fulfill the pre-defined requirements. However, this definition is not useful in every context [2]. IT projects often follow agile management techniques allowing for changes in the pre-defined scopes [15]. To allow for a wider understanding of what IT-project failure means Lyytien and Hirschheim group such failures into four different categories [20]:

- Correspondence: Not meeting the pre-defined objectives
- Process: Exceeding time or budget restrains
- Interaction: Lack of end-user engagement
- Expectation: Inability to meet stakeholder's expectations

Analogous to the variety of ways in which a project can be defined as being unsuccessful there are many reasons which can lead to any such failure. Plenty research has been done to investigate the causes of project failure [7]. Events that lead to project failure can be understood as risks. Islam [11] provides the following definition for risks in an IT context:

"Software risk, is defined as, the possibilities of suffering a loss such as budget or schedule over-runs, customer dissatisfaction, poor quality and passive customer involvement due to an

CHAPTER 2. THEORETICAL BACKGROUND

undesirable event and its consequences during the life cycle of the project."

Many such risk factors have been identified in the literature by now. The following risks are an excerpt from lists collect via literature reviews by Whitney and Daniels [27] and Tesch et al [26].

Whitney and Daniels

- Lack of top management commitment to the project
- Failure to gain user commitment
- Misunderstanding the requirements
- Lack of adequate user involvement
- Lack of required knowledge/skills in the project personnel
- Changing scope/objectives
- Introduction of new technology
- Failure to manage end user expectations
- Insufficient/inappropriate staffing
- Poor project management
- Excessive schedule pressure
- Lack of technical specifications

Tech et al.

- Personnel shortfall and straining computer science abilities
- Unrealistic schedules and budgets
- System functionality
- Requirements management
- Resource usage and performance
- Personnel management
- Unrealistic project goals and objectives
- Poor project team composition
- Project management and control problems
- Problematic technology base/infrastructure

To counter such risk factors risk management practices can be integrated into the overall project management. Risk management serves to identify risks, analyze them and to address them to minimize the damage these risks could do to project [26].

Risk management is a process that should be initiated early in the project lifecycle to enable

proactive handling of threats [11]. In general the cycle of risk management involves the following steps: Identification, Analysis, Response/Treatment and monitoring and control [11], [26], [5]. The steps should be undertaken at the beginning of the project and updated whenever changes occur. There are different and more detailed variations [26], however for the purpose of this paper the general model will be assessed in more detail.



FIG. 2.1.: *Risk Management Circle*
[own representation]

The different steps of the process serve different purposes and have different side effects. Risk identification helps to create awareness and to initiate action in general. It is also a phase during which the project team and stakeholders can share their concerns regarding the project and clarify their expectations to form a common view [5].

To actually perform the identification different techniques can be used. Two commonly used ones are the checklist and brainstorming [11], [5]. Checklists rely on past experience to identify known risk factors which are applicable to the project at hand. Another variant of procedure is to use a questionnaire instead which covers characteristics of the project to find specifically

corresponding risks. Brainstorming is ideally done together with project stakeholders to gain different perspectives. Risk identification techniques are not mutually exclusive and combinations may result in more comprehensive results [11].

Risk analysis serves to create acceptance of the previously identified risks as well as to indicate their impact [5]. During this phase the likelihood of risk occurrence and the impact are estimated. This can be done in a qualitative manner by assigning ordinal values for both dimensions. The scales for likelihood can for example go from rare to almost certain. Impact can be described from low to catastrophic. Such estimates are subjective and may produce unclear results however trying to apply quantitative techniques can be unreliable as well since estimations based on past data may not be applicable anymore in a rapidly changing environment such as IT [11].

Risk response planning serves to reduce threats and to enhance opportunities [26]. Dealing with risks can be approached in different manners. Measurements can be defined to either avoid or prevent the risks or to deal with the impact should the risk occur. Another alternative can be to simply accept the risks or to outsource the risks [11]. Another practice used is to assign risk owners to establish clear responsibility for later control efforts [22].

Risk control serves to initiate action on the monitored risks and to direct action [11]. Monitoring the risks enables responding to changes via new cycles of the risk management process as well as triggering the measurements defined during the previous phase if necessary [26]. Techniques employed during this phase can be risk audits, trend analysis or regular status meetings [11].

TBL. 2.1.: *Summary effects and practices of the different phases of risk management*

Phase	Effects on the project	Risk management practices
Risk identification	Initiate action Create awareness Stakeholder communication Common view on the project Clarify expectations	Checklists Brainstorming
Risk analysis	Create acceptance Identify risk impact Estimate risk occurrence likelihood	Qualitative estimation Quantitative analysis
Risk response planning	Reduce threats Enhance opportunities	Contingency plan Risk avoidance or prevention Risk acceptance Outsourcing Risk ownership
Risk monitoring and controlling	Initiate and direct actions React to changes	Risk audit Trend analysis Status meeting

Different studies have been undertaken to evaluate the effect of risk management on project success [2], [5], [16], [12]. The results vary regarding which part of risk management or which tools and techniques contribute to projects success but some sort of positive impact is reported from all of them.

However, in practice risk management is often neglected [16]. Even if there is initial investment into risk management during the planning phase of a project there are tendencies to let efforts slide once the project is running and time pressure picks up [22]. Another attitude towards risk management that has been observed is to view it as additional work and cost which can hinder the adoption of any such practices [26].

For the development of a software tool to facilitate risk management in IT projects the following

conclusions can be drawn from the above presented:

- The tool should provide functionalities for all four phases of risk management
- To address the project stakeholders the tool should facilitate risk management practice and provide transparency
- The tool should be easy to use as to speed up risk management processes
- The tool should be engaging to prevent negligence in times of pressure

Further aspects to pay attention to when developing a risk management tool as presented by Keshlaf and Hashim [13] are:

- Documentation and building on that graphical preparation and usage of the documented risks
- User assistance for the risk estimation process
- Versatile applicability
- Comprehensiveness
- Automation

2.2. Gamification

The following chapter's aim is to clarify the main theory behind human motivation, gamification and the corresponding patterns and methods. Therefore first of all the term Gamification is defined and explained (chapter 2.2.1), furthermore there is an introduction to human motivation (chapter 2.2.2) and motivational design patterns (chapter 2.2.3). Moreover the Gamification Design Process is introduced (chapter 2.2.4). Finally the effectiveness of gamification in terms of business software is discussed. (chapter 2.2.5).

2.2.1. Definition

The term gamification is defined by Kumar and Herger as follows:

“ Gamification is the application of game design principles and mechanics to non-game environments. It attempts to make technology more inviting by encouraging users to engage in desired behaviors and by showing the path to mastery. From a business viewpoint, gamification is using people's innate enjoyment of play. ”

GAMIFICATION [14, p. 8]

Based on the above definition gamification aims to motivate the user to do something [14, p. 8]. That is why the next chapter provides a more comprehensive introduction on motivation.

2.2.2. Human Motivation

The game design principles and mechanics which are used in the context of gamification are a specialization of motivational design patterns used in Human Computer Interaction. [14, p. 59] Therefore this chapter provides an introduction to the ground of gamification from the areas psychology of motivation, behavioral psychology and behavioral economics - all three dealing with Human motivation.

Psychology of motivation Human motivation is one of the main topics of psychology. Some questions which arouse are: What motivates humans for doing something? What intentions do they pursue with their doing? Which activities are a pleasure for them? [1, p. 1]

There are two types of motivation: extrinsic and intrinsic motivation. On the one hand intrinsic motivation is based on an internal drive to do something. Humans are doing this task for their own. Possible motivational factors are gained autonomy, mastery or freedom. [1, p. 2, 3, 4], [14, p. 60, 61]

Deci describes intrinsic motivation as follows: "One is said to be intrinsically motivated to perform an activity when he receives no apparent rewards except the activity itself." [3, p. 105]

On the other hand extrinsic motivation is based on motivational factors from the outside, such as money, trophies or the comparison with others (for example with points, levels or leaderboards). [1, p. 2, 3, 4], [14, p. 60, 61]

One theory dealing with the core psychology behind motivation is the self-determination theory by Ryan and Deci. According this theory human motivation depends on the satisfaction of the three psychological basic needs:

1. Autonomy
2. Competence
3. Relatedness

Based on Deci and Ryan whenever humans feel autonomous, competent and related then motivation arises. [4, p. 416-432]

Flow is another concept based on intrinsic motivation. It describes the situation when different actions steps run and merge smoothly without any problems. The entire attention belongs to the current task and no concentration is necessary to focus on the task. The basis for being able to experience flow are a clearly defined aim, concrete action steps and the tasks submit feedback regarding their correctness. [1, p. 19, 20, 21]

Interest describes a current state of mind supporting knowledge building. It can be explained by a general preference for specific topics (e.g. specific school subjects), or by situational factors (e.g. interesting educational topics). Interest can be a catalyst for intrinsic motivation. [1, p. 22, 23, 24]

Behavioral psychology Behavioral psychology studies the way how humans behave and tries to find underlying patterns which trigger a specific behavior. There is a constant stream of inputs (stimuli) to our body. In the field of behavioral psychology human behavior is seen as a response to these inputs. [17, p. 10]

A concrete application, where behavioral psychology can be observed are learned processes, also known as operant conditioning. Prominent Experimental Research in the area of operant conditioning was done by Skinner and his experiments known as Skinner box. For a deeper insight into his experiments, his book "The behavior of organisms" [25] is referred. By rewards for desired behavior and punishment for undesired behavior humans get conditioned for specific desired behaviors. Rewards and punishments are the stimuli causing responses. [17, p. 11]

Moreover the time when rewards are provided, influences how the interaction works. Based on Lewis [17, p. 10] there are four different strategies:

1. Fixed Ratio: After a fixed number of responses rewards are provided (e.g. coffee card: the tenth coffee for free)
2. Variable Ratio: Reward frequency is not firmly defined, the reward is offered on average after a couple of responses (e.g. gambling machine)
3. Fixed Interval: Rewards are provided after a fixed period of time (e.g. coffee machine)
4. Variable Interval: The interval in which rewards are offered is variable (e.g. fishing)

The most response over time is generated by variable ratio strategy. In case of designing engaging applications, connecting the user with this application one should consider the use of rewards in a variable ratio. [17, p. 11]

So large parts of the gamification principles are based on rewards (e.g. increasing points, levels) and punishments (e.g. decreasing points and levels). However the application of these principles should always be done carefully. There is a thought experiment by Schell called "chocofication". First of all there is the fact that chocolate tastes good. Adding chocolate to peanut butter makes it tasting good. But nevertheless the conclusion that everything tastes good with chocolate is wrong. For example hot dogs with chocolate are a disaster. To conclude you can say, that based

on the thought experiment chocolate is not the magic bullet for food, alike gamification is not the magic bullet for application design. [17, p. 12]

Behavioral economics Behavioral economics explores, which effects affect economic decisions. In general whenever a resource (e.g. time, money) is reached or lost it is the consequence of a decision. So behavioral economics could also be seen as the theory behind decision making. Moreover in the context of Human Computer Interaction whenever a user interacts with an application lots of decisions are made. Engaging application design tries to include aspects of behavioral economics to influence the users decisions to spend more time in the application. Human decisions could be rational or irrational. Rational decisions are made to reach a concrete aim such as happiness and can be logically explained. Irrational decisions are not necessarily comprehensible. Nevertheless irrational decisions can be triggered by external influences. For example people tend to use memberships, even if they doesn't profit (e.g. injured people go to the gym to use the membership). Referring to the relationship between behavioral economics and application design the application can be designed to trigger the user to make an irrational decision (e.g. spend more time inside the application than needed). [17, p. 19]

Patterns which motivate the user to do something by using the theoretical background of motivation, behavioral psychology and behavioral economics are described in the following chapter 2.2.3.

2.2.3. Motivational Design Patterns

The theoretical concepts above are used in various motivational design patterns. In Lewis [17] and Kumar and Herger [14] motivational design patterns are described. In the following some patterns which may be relevant for the conception of the risk management application are introduced. The selection criteria was the applicability of the pattern in the context of a business application for risk management. For a more comprehensive entry into motivational design patterns please refer to [17] and [14].

Based on [17] the patterns can be classified. The presented patterns are out of the classes of Gameful Patterns, Social Patterns, Interface Patterns and Information Patterns. Gameful Patterns focus on operating methods known from games, Social Patterns, enable the users to satisfy their social contact needs, Interface Patterns are dealing with the influence of the interface on the user's behavior and Information Patterns study the way how content and information can be presented. [17, p. 4, 5, 6]

Gameful Patterns

- Collection: Collecting and owning virtual items (e.g. Forza Horizon, Pokémon). [17, p. 4, 35]
- Specialization—Badge: The user has reached a goal which is now visible through a badge (e.g. Xbox 360). [17, p. 4, 37]
- Growth: User owns something which was reached over time (e.g. SimCity). [17, p. 4, 40]
- Increased Responsibility: Trust in a user is the underlying basis for getting responsible tasks (e.g. Stack Overflow). [17, p. 4, 41]
- Leaderboard: Ranking users based on specific metrics (e.g. Doodle Jump). [17, p. 4, 44]
- Score: Based on the reward principle. By performing desired behavior the user normally achieves points, presenting his/her achievement level (e.g. Pac-Man) [17, p. 4, 46]
- Challenge: Challenges motivate users by giving them the feeling of reaching something great (e.g. Runkeeper) [14, p. 77, 78]

- Constraints with urgent optimism: Urgent Optimism combined with deadlines leads to a motivational effect. It is an extreme form of self-motivation combined with the belief in the reachability of the aim. [14, p. 78]
- Journey (Onboarding, Scaffolding, Progress): Journey describes the adaptability of the application based on different usage phases. One can think about a specific onboarding process providing an introduction and help regarding the application. The next phase after onboarding is scaffolding. The user is still inexperienced leading to a risk of operating errors. By providing support and constant feedback the bounce rate is minimized. Finally the user is onboarded and knows the main concepts of the application and is able to use them. Nevertheless constant user engagement is still desirable. It can be implemented with elements clearly showing users their current progress and feedback loops. (e.g. Setup process for LinkedIn) [14, p. 80, 81, 82]

Social Patterns

- Activity Stream: Representation of current events as never ending stream of news (e.g. Facebook). [17, p. 4, 52]
- Broadcast: Information can be shared between different users (e.g. Facebook, Twitter). [17, p. 4, 53]
- Social Feedback/Feedback loops: Users are able to easily feedback something. Furthermore multiple feedback loops are possible (e.g. Facebook). [17, p. 4, 54]

Interface Patterns

- Notifications: The user can be alerted by the application when a change occurs (e.g. Android, iOS) [17, p. 5, 70]
- Praise: Rewards for performing desired behavior (e.g. FarmVille) [17, p. 5, 72]
- Predictable Results: The results of an action are clearly predictable for users. (e.g. Google Search always provides search results) [17, p. 5, 74]

- State Preservation: The current state of the application is stored at any time, no matter when the application is left (e.g. Google Docs) [17, p. 5, 75, 76]
- Undo: The user is able to revert actions (e.g. Google Docs) [17, p. 5, 79]

Information Patterns

- Organization of Information: When information is presented ordered and organized the retrieval afterwards is simpler (e.g. Outlook) [17, p. 6, 85, 86]
- Personalization: Based on the individual user preferences the application adapts itself (e.g. Amazon) [17, p. 6, 87]
- Reporting: Reporting inappropriate content by users is possible (e.g. Facebook) [17, p. 6, 90]
- Search: Huge content is easily searchable (e.g. Google Search) [17, p. 6, 90, 91]
- Task Queue: Presents tasks which can be done next by a user trying to keep the user using the application (e.g. Setup process for LinkedIn) [17, p. 6, 93]

2.2.4. Gamification Design Process

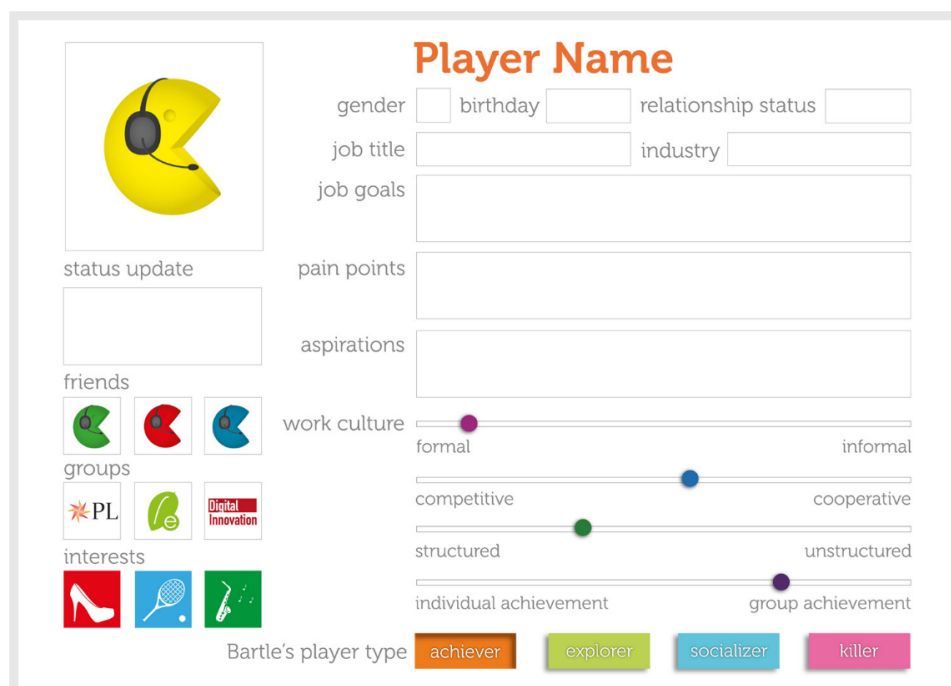
According to [19, p. 5, 6] and [14, p. 27, 28] a well established design philosophy is User Centered Design. The center of the whole design and development of the application is the user. With this approach it is getting possible to match the users needs. The developed application is intuitively operable for the user and increases the user's productivity.

In the context of gamification the User Centered Design Process can be adapted to be a Player Centered Design Process.

Based on [14, p. 29-32] it consists of five steps:

1. Player

Firstly it should be clearly defined who is the user, respectively the player. Based on a profound knowledge of the player and his needs the application can be designed. Therefore user/player personas are created, describing different users/player types, interacting with the application. The following user/player persona template is based on [14, p. 38-45]:



The form is titled "Player Name" in orange. It contains several input fields and sliders for creating a player persona. On the left, there is a yellow Pac-Man character icon with a headset. Below it are sections for "status update", "friends" (with three Pac-Man icons), "groups" (with icons for PL, Digital Innovation, and a green leaf), and "interests" (with icons for a high heel, a tennis racket, and a green leaf). The main section contains input fields for "gender", "birthday", "relationship status", "job title", "industry", "job goals", "pain points", and "aspirations". There are also four sliders: "work culture" (formal to informal), "competitive" (competitive to cooperative), "structured" (structured to unstructured), and "individual achievement" (individual achievement to group achievement). At the bottom, there are four colored buttons labeled "achiever" (orange), "explorer" (green), "socializer" (blue), and "killer" (pink).

FIG. 2.2.: *Player Persona Template*
[14, p. 46]

2. Mission

Secondly the main goal of the gamification process is identified, the so called mission. Figure 2.3 represents the S.M.A.R.T Mission process to identify the mission. First of all the current situation is analyzed and the target business outcome is studied. Based on the gained knowledge a mission for the gamification process is set. It should be specific, measurable, actionable, realistic and time-bound. [14, p. 49-52]

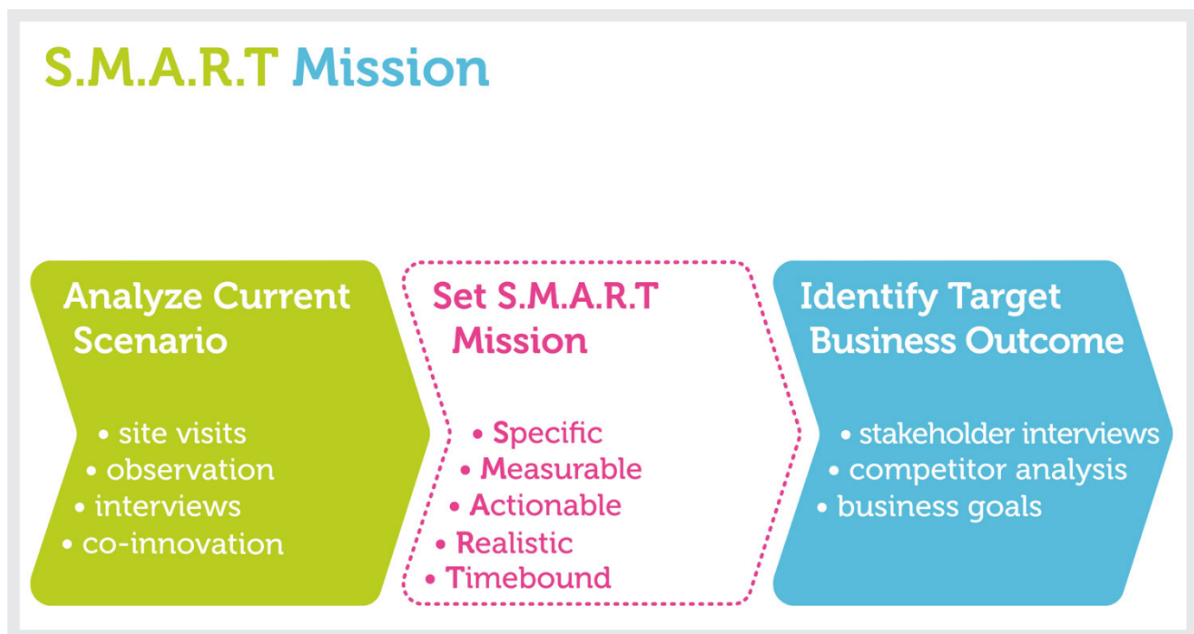


FIG. 2.3.: S.M.A.R.T. Mission
[14, p. 50]

3. Human Motivation

Thirdly based on the theory behind human motivation (chapter 2.2.2) the concrete motivational factors for the different user personas are defined. [14, p. 59-67]

4. Game Mechanics

Game mechanics represent the area of adding concrete gameful patterns to a non game environment. As part of motivational design patterns gameful patterns are described in chapter 2.2.3. While implementing gameful patterns in non game environments one should take into account that adding all patterns to an application normally doesn't reach the resumed aim. Hence the selection of fitting patterns must be adapted to the prescribed

context. The main aim behind adding gameful patterns is to build a positive engagement loop centering the user/player. Figure 2.4 shows the four main steps of the engagement loop, starting with a motivating emotion. [14, p. 69-71]

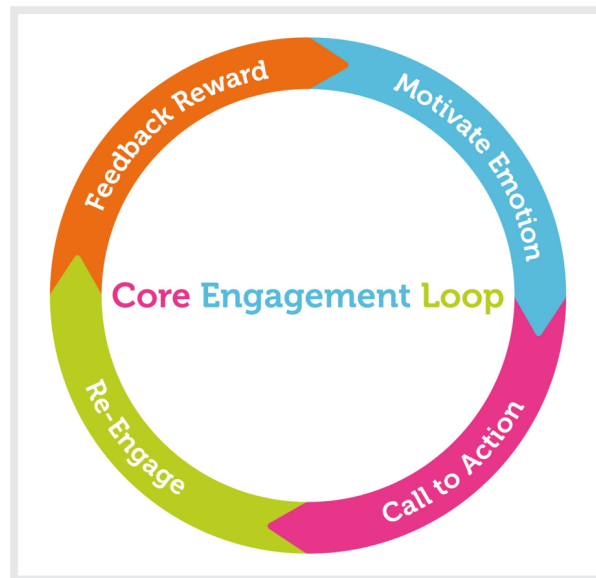


FIG. 2.4.: *Engagement Loop*
[14, p. 88]

5. Manage, Monitor and Measure

After applying specific game mechanics to an application there are few points left, which should be observed in production. On the one hand the mission should be managed. Based on the S.M.A.R.T. Mission process the identified mission should be checked frequently and if needed adapted. On the other hand the user/player behavior should be monitored and measured to evaluate the effectiveness of the implemented patterns. This can be done qualitative by surveys and interviews and quantitative by tracking and data evaluation. Based on the acquired knowledge the application can be enhanced in the future. [14, p. 92-96]

2.2.5. Discussion

A literature review from Hamari, Koivisto and Sarsa [9] tries to answer the question if gamification works. Therefore quantitative and qualitative studies on this topic had been analyzed, resulting in the statement that quantitatively there are positive effects of gamification, but the gamification elements are only partly responsible for these effects. The analysis of qualitative studies resulted in the statement that gamification is more versatile than often assumed. [9, p. 3029, 3030]

The next arousing question is: What are the reasons for these results and which disruptive factors harm the effectiveness of gamification? Therefore the study's conclusions are analyzed resulting in two aspects: Influence of the gamified context and User qualities. [9, p. 3029, 3030]

Influence of the gamified context The context which should be gamified influences the prospects of success. Hamari, Koivisto and Sarsa name three contextual factors [9, p. 3029, 3030]:

1. Social environment:

In order to form behaviors one key for success is the voluntariness of doing something. [9, p. 3030]

2. Nature of the system:

Systems which should be gamified can be hedonic or utilitarian. Hedonic systems support their users reaching desire and pleasure. [9, p. 3030] They are based on the philosophical concept of hedonism, which centers the human pursuit of desire and pleasure. Only the steady pursuit can reach intrinsically motivation. [21, p. LV]

On the contrary utilitarian systems are purpose-oriented. The underlying philosophical concept is the utilitarianism. It is based on the principle that an action is morally correct when it maximizes the aggregated overall benefit, that is the sum of the welfare of all concerned. [21, p. 3]

3. Involvement of the user:

Depending on the application's context there are two types how a user can be involved: cognitive or affective. [9, p. 3030] Cognitive involvement describes the user's interest respective an application. When being affectively involved, one evolves specific feelings

regarding the application. In the context of business application normally the user's are involved cognitively. [28]

The overjustification effect describes the consequences how intrinsically motivated users change their behavior when extrinsic incentives are added. By adding extrinsic motivation the intrinsic motivation decreases. [1, p. 9-13]

Moreover there is the risk of false incentives. When applying gamification patterns without really thinking about the consequences it can lead to misguided behavior. E.g. when every user who contributes a risk to the project get points, there was a false incentive created, leading to lots of contributed risks, but little attention for the risk management of each risk. [14, p.69]

User qualities The different abilities and qualities of users have a decisive influence on the users behavior while using the application and thus the success of gamification. Each user interacts differently with the application. E.g. positive gamification effects where only measurable inside a specific context or with specific users. [9, p. 3029, 3030]

2.3. Progressive Web Apps

As of today, devices such as mobile phones and personal computers come with their own app store. Microsoft offers their own Store, Google its Play Store and Apple the App Store. As a user you often find yourself worrying about an app you once saw running on another platform not being available for your platform too (e.g. Apples iOS and Googles Android). [24, p. 3]

Progressive Web Apps (PWAs) approach these concerns by trying to move away from app stores onto a platform which is available on most devices – the web browser. This means that PWAs are regular web apps at their core but can progressively leave the web browser. For example, PWAs can be installed on the underlaying operating system and be accessed from the app switcher or the taskbar and be executed in full screen mode without the browsers interface being visible. [18, p. 26] Further characteristics of PWAs and how exactly a PWA can leave the web browser are granularly described in the following chapter.

2.3.1. Characteristics of a Progressive Web App

To transform an existing Web App into a PWA or build one from scratch one must implement different criteria's instead of including a new framework or library. [24, p. 6] While the following eight characteristics represent Mozilla's (Firefox) ideas of a PWA, other web browser manufactures such as Microsoft (Edge) or Google (Chrome) have roughly the same idea about PWAs and describe eight or ten characteristics respectively within their developer documentations. [18, p. 90][23]

1. **Progressive:** The first characteristic defines that a PWA should not exclude the user from using the core functionality but extend the user experience by embracing new features implemented by the web browser manufactures. [18, p. 100][8, p. 2]. For example, a web app to check mails should not exclude the user from checking their inbox or sending mails but could provide push notifications to inform about incoming mails. In this example the user is not excluded from using the core functionality of a mail app (checking the inbox and sending mails) and user experience is enhanced by push notifications. To avoid unexpected failures a developer should follow the *Feature Detection* principle which says

an application should not blindly use a non-standardized feature before checking its existence. [18, p. 101]

2. **Network Independent:** Using a regular web app on the go can be a problem, especially in regions with little to no mobile reception or no stable Wi-Fi being around. Thus, the dynamic content of a web app does not load within a tolerable timeframe or a user is inhibited to perform actions like sending a mail. [18, p. 106] On these grounds a technology called *Service Worker* has been established and implemented by many browser manufactures. In short, a service worker is a script that is able to listen to the network traffic caused by a PWA and therefor is able to cache possible answers fetched from a server and serve them to the web app when no stable network connection is available or do background syncing by running code even when the web app isn't in use. For more information about the service worker see chapter 2.3.3 (p. 25). [24, p. 43]
3. **Safe:** As mentioned in the previous paragraph, service workers can run code independently from the PWA. To avoid harmful service workers from running malicious code, browser manufactures expect PWAs to be served by a trusted host over a secure connection. To be more precisely, over an HTTPS connection. [24, p. 24] *HTTPS* stands for Hypertext Transfer Protocol Secure and is based on *TLS* (Transport Layer Security). Once the host has obtained a digital certificate for its domain, this certificate is being transferred to the client where it can be verified by the web browser. On success an HTTPS connection can be established and every upcoming network traffic will be encrypted. [18, pp. 112-113]
4. **Re-engageable:** A feature which native apps are using for a while now are push notifications. Push notifications are a common way to inform users about the newest events such as a new mail in the user's inbox. Thanks to the Push API that is implemented on top of the service worker, just like native apps, PWAs can keep the users engaged by sending notifications as it can be seen in figure 2.5. [8, p. 201]
5. **Responsive:** This characteristic specifies that the PWA render its user interface corresponding to the devices used to access it. This is necessary as the available space and input method can change from device to device. The screen of a phone on average is way smaller than the screen of a notebook. Furthermore, using fingers to interact with a phone is less precise

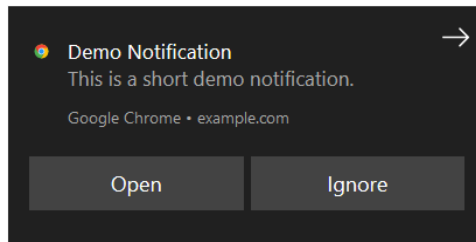


FIG. 2.5.: *Push notification to keep users engaged*

than using a mouse on a notebook. [18, pp. 115-116] In figure 2.6 for example one can see how the content and navigation arranges differently on each device. Due less space the navigation bar on the mobile version (extract on the right side) is completely collapsed and can be accessed by clicking the so-called burger-like icon while on the desktop version the whole navigation bar is visible.

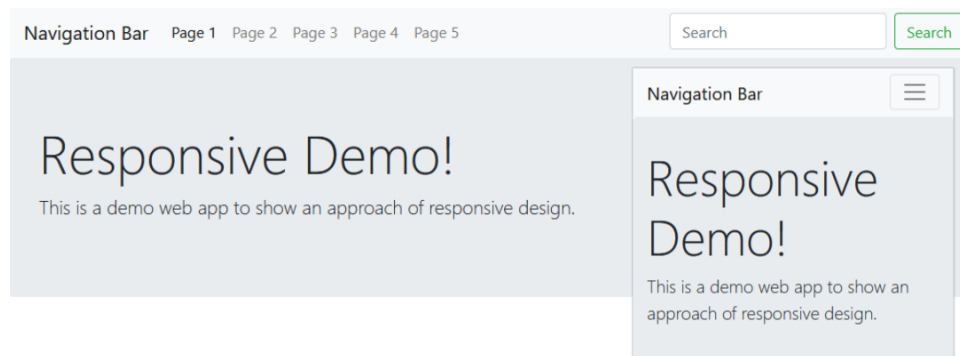


FIG. 2.6.: *Responsive design*

6. **Discoverable:** As PWAs are not a new framework or library but regular web apps at their core, there needs to be a method to distinguish between a PWA and a regular web app. This is necessary for web browsers to provide additional features to PWAs such as an option to install (see next paragraph). To make a PWA discoverable a “Web Manifest” file (see chapter 2.3.2, p. 23), which contains information like the name of the PWA, needs to be provided. [18, p. 118]
7. **Installable:** To take things even further, besides offline functionality, a PWA should be installable to the user’s device. In detail, a user should be able to install the PWA from within the web browser to the underlaying operating system like Android or iOS. From this point on the user can launch the PWA directly from the devices home screen like

it is shown in chapter 2.3.2 (p. 23). Different browser manufactures expect different requirements to be fulfilled before they provide an option to install. Mozilla's Firefox for example expect that the PWA is network independent, safe and discoverable. [10]

8. **Linkable:** The last characteristic implies that a PWA is referable by a *URL* (Uniform Resource Locator, e.g. "www.example.com") instead of being in the need to be installed via any app store. Ideally, the URL should also point to different views of a PWA like a profile page of a specific person. Hence, the current view can be easily shared between users. As PWAs are being run by a web browser, which need an URL to access the web app in first place, this characteristic, in its fundamentals, does not require any further attentiveness by the developer. [18, pp. 126-127]

2.3.2. Web Manifest

The web manifest is a *JSON* (JavaScript Object Notation) file. Its primary task is to make a PWA discoverable and installable (see chapter 2.3.1, p. 20) by providing descriptive information, like a short app name and paths to icons, about the PWA. The following listing shows a minimal web manifest:

LISTING 2.1: *Example Web Manifest*

```
1 {
2   "short_name": "PWA Demo",
3   "name": "Progressive Web App Demo",
4   "description": "A simple Progressive Web App Demo.",
5   "icons":
6     [{"src": "favicon.ico",
7       "sizes": "64x64 32x32 24x24 16x16",
8       "type": "image/x-icon" },
9     {"src": "logo192.png",
10      "type": "image/png",
11      "sizes": "192x192" },
12     {"src": "logo512.png",
13      "type": "image/png",
14      "sizes": "512x512" }],
15   "start_url": ".",
16   "display": "standalone",
17   "theme_color": "#dddddd",
18   "background_color": "#ffffff"
19 }
```

The (short-)name represent the name of the PWA which is used on the app switcher or home screen, depending on how much space is available. `icons` contains various file path to app icons with different sizes which are used in different scenarios like the app switcher, home screen or the apps splash screen. For each use case the most appropriate size is chosen automatically. `start_url` defines the entry point of the PWA, `display` holds information about how the PWA will be displayed once it is installed (e.g. `standalone` for no web browser elements) and finally `theme-` and `background_color` which determine the primary color of the user interface and the background color of the splash screen respectively. [10]

Figure 2.7 shows the effects of this web manifest on an example PWA. On the left one can see the use of the icon and name field in Google's Chrome "Add to Home Screen" prompt. In the

middle the short name is used due the given space. Once the PWA is launched, like on the right, the standalone display mode is used which hides all elements of the web browser.

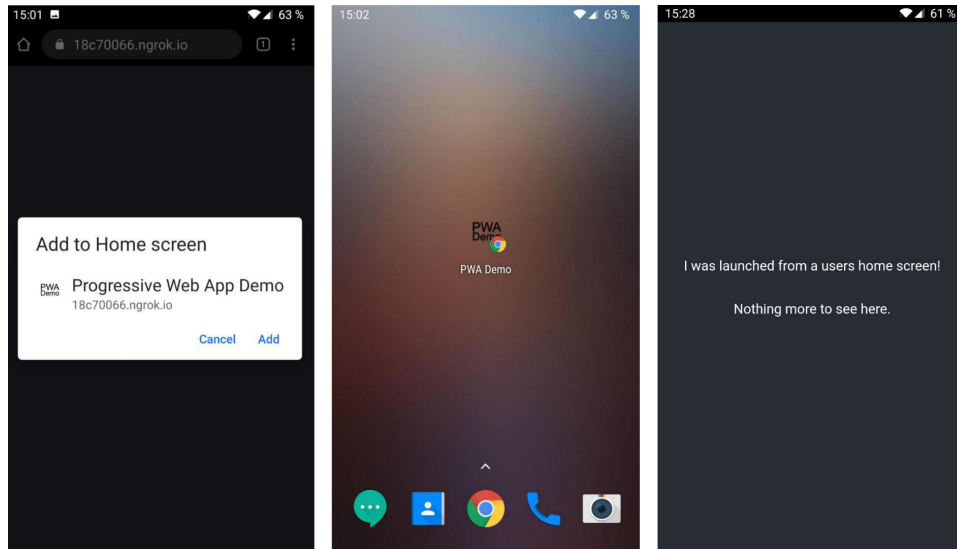


FIG. 2.7.: Outcome of the web manifest

2.3.3. Service Worker

A service worker is a script written in JavaScript, running in the context of the web browser. Its primary purpose, as mentioned in chapter 2.3.1 (p. 20), is to cache content and provide it to the PWA whenever a slow or no connection to the Internet exists. Background syncing as well as sending push notifications can also be realized with a service worker. To achieve this, a service worker has three specific traits: being *controller*, *interceptor* and a *proxy*. [18, p. 176]

After being registered by the web browser, which means that a HTTPS connection is established and it is request by the PWAs source code, it has full control to all in- and outgoing network traffic, hence the trait of a controller. Interceptor means that the service worker can manipulate and inspect the network traffic and proxy as the service worker is able to decide if the outgoing traffic should be redirected to the requested resource or completely avoid any outgoing traffic by answering with data it stored in a cache previously. The latter is the exact reason why a service worker is indispensable for the Network Independent characteristic (chapter 2.3.2, p. 23) of a PWA. [18, p. 176-177]

CHAPTER 2. THEORETICAL BACKGROUND

The upcoming listing demonstrate how a service worker can manipulate and proxy outgoing network traffic. Before, lets assume that a cache called `pwa-demo` was already created by the service worker.

LISTING 2.2: *Cache First Service Worker*

```
1 self.addEventListener('fetch', event => event.respondWith(  
2   caches.open('pwa-demo')  
3     .then(cache => cache.match(event.request))  
4     .then(response => response || fetch(event.request))  
5   )  
6 );
```

In the first line one can see the service worker is referencing itself and adds an event listener for all `fetch`-events (requesting data from outside of the web browsers context). The event listener gets passed the `fetch` event as its second argument on which it calls the `respondsWith` method. Within that method, it opens the cache called `pwa-demo` in line two to then check if the requested event matches the data stored in the cache in line three. If it does match, it then directly returns the data back to the PWA. Otherwise it executes the right part of the conditional OR expression `||` and calls the `fetch` method to get the data from the requested resource. [18, p. 60]

This strategy is called *Cache First* as the service worker will look in the cache before requesting resources outside of the browser's context. Once cached, the data will available much faster and offline but if the resource change its content, the service worker will still return the old, cached version. On the other side the *Network First* strategy exists that will always fetch data when a connection to the resource (e.g. the Internet) can be established. Thus, the user will always receive the newest content and has a slightly older version available when being offline. On the downside, if the connection is slow the content may take a while to be fetched. Therefore, the *Cache and Network* strategy combines both, the *Cache-* and *Network-First*, strategies. To bridge the time of fetching new content, the user is presented the cached content until the result is available and then be presented by refreshing the user interface. These are just a few but popular strategies and each has their own scenarios where they work best. [8, pp. 109-111]

2.3.4. Compatibility

As with every new specification introduced it takes some time until every manufacturer has fully implemented it in their products. In this chapter a short overview of what web browsers, in terms of PWAs, are currently capable of is given. The following figures are taken of a site called www.CanIUse.com (17/10/2019) which shows to what grade a web browser version supports a specification. Red means no support, dark green fully supported and light green supported to a specific grade.

In figure ?? one can see the web browser compatibility of the web manifest for richer offline experiences like being installable.

IE	Edge	Firefox	Chrome	Safari	Opera	iOS Safari	Opera Mini	Android Browser	Opera Mobile	Chrome for Android	Firefox for Android	UC Browser for Android	Samsung Internet
			4-38										
			39-66										
			67-72										
6-10	12-16	2-68	73-76	3.1-12.1	10-60	3.2-11.2		2.1-4.4.4	12-12.1				4-9.2
11	17	69	77	13	62	11.3-12.3	all	76	46	76	68	12.12	10.1
	76	70-71	78-80	TP									

FIG. 2.8.: *Compatibility of the web manifest*

The web manifest is currently not widely supported on the desktop versions of many browsers. Currently only Google's Chrome fully supports it, in return though, most major, except Opera Mini, mobile browsers at least partly support the web manifest.

Figure ?? shows the web browsers support for the service worker which primary goal is the offline functionality. Regardless of desktop or mobile platform, it is currently supported by every major web browser except the Internet Explorer and Opera Mini.

If the PWA should use push notifications to inform its users about new occurrences and fulfill the re-engageable characteristic (see chapter 2.3.1, p. 20) it can use the Push API which is another specification that needs to be implemented by the web browsers manufacturer.

As seen in figure 2.10, most manufacturers have implemented this feature, Apple falls behind with their desktop and mobile web browser Safari as well as Microsoft's Internet Explorer.

Thinking back upon the first characteristic of a PWA, being progressive, a non-supported feature (e.g. the web manifest in Mozilla's Firefox) won't lock the user out of the app as all these

CHAPTER 2. THEORETICAL BACKGROUND

IE	Edge *	Firefox	Chrome	Safari	Opera	iOS Safari *	Opera Mini *	Android Browser *	Opera Mobile *	Chrome for Android	Firefox for Android	UC Browser for Android	Samsung Internet
		2-32											
		33-43											
		44											
		45											
		46-51											
		52											
	12-14	53-59	4-39		10-26								
	15-16	60	40-44	3.1-11	27-31	3.2-11.2							
6-10	17	61-68	45-76	11.1-12.1	32-60	11.3-12.3		2.1-4.4.4	12-12.1				4-9.2
11	18	69	77	13	62	13.1	all	76	46	76	68	12.12	10.1
	76	70-71	78-80	TP									

FIG. 2.9.: *Compatibility of the service worker*

IE	Edge *	Firefox	Chrome	Safari	Opera	iOS Safari *	Opera Mini *	Android Browser *	Opera Mobile *	Chrome for Android	Firefox for Android	UC Browser for Android	Samsung Internet
	12-15												
	16	2-43	4-41		10-36								
6-10	17	44-68	42-76	3.1-12.1	37-60	3.2-12.3		2.1-4.4.4	12-12.1				4-9.2
11	18	69	77	13	62	13.1	all	76	46	76	68	12.12	10.1
	76	70-71	78-80	TP									

FIG. 2.10.: *Compatibility of the Push API*

specifications should only enhance the user experience and not lock the user out from using the core functionality of a web app.

3. Domain description

text...

3.1. Survey

3.1.1. Unterkapitel

3.2. Domain Model

3.2.1. Unterkapitel

3.3. Gamification concept TBD

3.3.1. Player Personas

Player Personas based on survey -> Player Centered Design <https://www.interaction-design.org/literature/bookshelf-at-work-designing-engaging-business-software/chapter-3-58-player>

3.3.2. Mission

Mission

3.3.3. Motivation + Mechanics

not only gamification patterns, but also basic motivational patterns => concrete conception of used patterns

3.3.4. Evaluation

Evaluation

4. Software Specifications

4.1. Technologies

4.2. Requirements

4.3. Use Case Specifications

4.4. Architecture

5. Implementation

5.1. Unterkapitel -> Design, Evaluation, Methodisches, PM, ...

5.2. Unterkapitel2

6. Discussion

7. Conclusion and Outlook

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Appendix

A. Anhang1

VI

A. Anhang1