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### Fashion Courage

As famed designer Miuccia Prada once said, “what you wear is how you present yourself to the world, especially today, when human contacts are so quick. Fashion is instant language.” Through fashion, one’s whole being can be represented in an instant. However, the courage to expose one’s self through mere clothing is another matter altogether. Even if an individual wishes to be courageous, and they show this by purchasing the clothes that most represents them, they might not have the determination to actually wear the clothes. Instead, they succumb to their fear of judgment and wear the most basic of attires, devoid of individuality.

To the people who lack the courage to express themselves through their clothes, it must be said that fashion ultimately gives people courage as opposed to robbing them of it. While it might be uncomfortable at first to dress in a more individualized style, this act, in the end, can make people feel more like themselves which in turn increases happiness and confidence. After all, there is a reason why the phrase “dress for success” continues to live on in contemporary society.

Ultimately, no matter how many excuses people make in an attempt to justify their choices to not dress how they really want, the truth is that the expression of the self is what brings true happiness. What others think about the fashion is secondary to one’s well-being. As

Harry Winston says, “people will stare. Make it worth their while.” There is no need to wait for an occasion to dress up. After all, who is to say that every day cannot be an occasion.