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ART 75

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### Perception Through Nature

The video that I titled is "Perception Through Nature" because it is based on how I see my first year at SJSU was the nature and the greenery. As a student fresh out of high school, it was really hard for me to adjust to university life. I came from a charter school that is located in a parking lot with classroom as portables. Although, I began a new chapter in my life and a fresh start. There were times where I felt lonely and stressed out, but something around the campus helped me in a way I was able to de-stress from school, work, and personal life. In this video, I am quite proud of my first attempt in filming and editing this video. I felt it represents myself and how I am able to be inspired and motivated to create art around me.

The video starts out with a monochrome setting where it represents my anxiety, loneliness, and stress from school/work and etc. As the door opens, it shows the colors of the outside world. The idea behind it is portraying an abstract representation of the self-reflection to inner self-care such as taking walks, looking at nature or daydreaming. I filmed a couple of my favorite areas around SJSU which is the Art Building and BBC's surrounding nature. In my artistic approach, I was going for a lighthearted and cinematic style by incorporating the nature of the school campus and blending in flowers to represent the illusion.

While I watched and edit the video, there were some parts that I felt frustrated but also proud at the same time. From this video, there is going to be more improvement made in the future. I hope to recreate this video in the next 2 to 4 years ahead in my university life. It's a way for me to look back on the growth and progress that I have made during my time as an Art Student.

