



IAESTE App: Country Information

This is a form containing general information about your country and your IAESTE national and local committees.

General information:

- Country: **Czech Republic**
- Capital: **Prague**
- Population: **10,5 million**
- National language(s): **czech**
- Currency: **czech koruna**
- Time zone: **cet = utc +1**
- Voltage: **230 V / 50Hz**
- Phone country code: **00420 / +420**
- SIM card providers: **Vodafone, T-mobile, O2**
- Cities with IAESTE LCs: **Prague, Brno, Ostrava, Pilsen, Liberec, Zlin**
- Climate: The Czech Republic experiences a temperate climate with distinct seasons. Spring brings mild temperatures of 10 to 20 degrees Celsius, with occasional rain showers. Summer sees warmer weather, ideal for outdoor activities, but occasional thunderstorms can occur. Autumn brings cooler temperatures and colorful foliage, with daytime highs around 10 to 15 degrees Celsius. Winter brings cold temperatures, ranging from -5 to 5 degrees Celsius, along with snowfall, especially in mountainous areas. It's essential to dress appropriately and be prepared for sudden weather changes throughout the year.
- Social media links:
 - Website: <https://www.iaeste.cz/trainee>
 - Facebook: <https://www.facebook.com/IAESTECzechrepublic>
 - Instagram: <https://www.instagram.com/iaesteczechrepublic/>

In this section please fill out the information about your country's culture

Country information:

- **Fun facts about the country:**
 - Our country is number one in drinking alcohol and beer especially. TBD
 - Our favorite destination for vacation is Croatia.
 - Our favorite dress code is sandals with socks in it.
 - We are very adventures that is why there is a lot of Czech tourist dying in the mountains without proper gear.
 - Every autumn we go out for mushroom hunting because we love it more than eating.

- **Cities/towns that you recommend visiting:** *(short description for each, pointing out the most important landmarks people should visit):*
 - In **Prague**, there are countless options to enjoy your time! You can start by visiting historical sites such as **Prague Castle**, **Old Town Square**, or **Charles Bridge**, and explore the city's rich cultural heritage. If you're into art, galleries and museums like the **National Gallery** or the **Kampa Museum** are great choices. If you want to relax, you can take a stroll along the **Vltava riverbank**, visit one of the local parks, or enjoy a romantic boat cruise on the river. Food and drink enthusiasts can indulge in traditional Czech cuisine at taverns or taste local beer at breweries. And for those seeking entertainment and nightlife, Prague is home to many bars, clubs, and theaters where you can enjoy a great atmosphere. Whatever your interests, Prague surely has something that will captivate and entertain you!
 - other places to visit:
Astronomical Clock (Orloj)
Prague Jewish Quarter (Josefov)
Petrín Hill and Observation Tower
 - In **Karlovy Vary**, there are plenty of options to enjoy your time! You can explore historical landmarks, relax with spa treatments, or simply stroll through the picturesque streets of the town and discover new places. If you're into nature, you can go on hikes in the surrounding forests or enjoy panoramic views from lookout points. For culture enthusiasts, there are galleries, museums, and opportunities to taste local cuisine in cozy restaurants and cafes. And if you're looking for entertainment, don't forget to check out local festivals, concerts, or go shopping for souvenirs and handmade products. The possibilities are truly diverse, so choose what appeals to you the most and enjoy your stay in Karlovy Vary!

- **Český Krumlov**, nestled in the Czech Republic's southern region, is a gem of medieval charm. Its UNESCO-listed Old Town boasts winding streets and stunning Renaissance and Baroque architecture. Don't miss Český Krumlov Castle, perched above the town, offering panoramic views. Take a stroll along the Vltava River, which winds through the town, or hop on a canoe for a leisurely paddle.
- **Brno**, the country's second-largest city, is known for its impressive architecture, lively arts scene, and thriving student population. Visitors can explore the historic **Špilberk Castle**, which overlooks the city and offers stunning views of the surroundings. **The Cathedral of St. Peter and Paul**, with its iconic twin towers, is another must-see attraction. Additionally, Brno is home to numerous museums, galleries, and theaters, showcasing the city's rich cultural heritage.
- **Pízeň**, famous for its beer and brewing tradition, is a dynamic city with a proud industrial past. Beer enthusiasts should not miss a visit to the **Pilsner Urquell Brewery**, where they can learn about the brewing process and sample the famous Pilsner beer. The historic city center boasts beautiful architecture, including the Gothic-style **St. Bartholomew's Cathedral** and the Renaissance-style **Town Hall**. Visitors can also explore the underground tunnels beneath the city, which served as beer cellars in centuries past.
- **Other places you recommend visiting:** *(short description for each. This can include national parks, historical landmarks, beaches, mountains, museums or anything else):*
 - **Český ráj** is unique for its sandstone rock area which is beautiful to walk in or for rock climbing.
 - **Beskydy, Jeseníky, Sumava, Krkonoše** pretty much all the Czech mountains are the perfect place for relaxing and enjoying nice nature with traditional cabins with good beer and food.
 - **Orlík + Zvíkov** – 2 castles, water reservoir
 - **NP Bohemian Switzerland** – national park
 - **Moravian Karst** – nature reserve, caverns, gorges

Airports with budget airlines *(Wizz Air, Ryanair, EasyJet, Transavia, Norwegian):*

- **Prague-Vaclav Havel Airport Prague**
- Ostrava
- Pardubice
- Brno

Website(s) with travel connections inside the country *(train, bus, public transportation, ridesharing):*

Idos.cz

Cd.cz

Regiojet.cz

Le.cz
Arriva.cz
Flixbus...

Traditional food and drinks you recommend trying: *(short description for each)*

- **Food:**
 - “**Svíčková**” – beef steak with dumplings and cream
 - “**Guláš**” - pork / beef steak with dumplings and brown vegetable sauce
 - “**Knedlo vepřo zelo**” - pork steak with cabbage and dumplings
 - “**Honzovy buchty**” - sweet dough with cream inside
 - “**České koláče**” - czech traditional pie “Frgál”
 - “**Plněné knedlíky**” - sweet dumplings filled with fruits
 - “**Chlebíček**” - open sandwich
 - “**Věneček**” - pastry with vanilla cream inside
- **Drinks:**
 - “**Beer**”- The famous ones are very good. After you have enough of those you can pick from tons of small breweries.
 - “**Slivovice**” - homemade or look for brand “Žufánek”
 - “**Medovina**” - sweet alcohol, tastes after honey. Look for “Křivoklátská medovina”, they usually sell it in Albert

Tipping in the restaurants: *(is it common or unusual, how much should you leave?)*

*Common to leave “something” – 10-20 Czech “koruna” crowns
If you spend more money than 200 Czech crowns it is common to leave about 10%, but it is not mandatory. If you do not like how they treat you do not pay it.*

Discounts for transportation *(do you know about any way of getting discounts for transportation? - e.g. in Belgium is cheap train Go Pass ticket if you are under 26, but you have to ask for it):*

Mostly ISIC accepted

What is the common greeting in your country *(do you only shake hands, or you kiss on both cheeks...?):*

Shaking hands mainly, unusually hugging or kissing

Emergencies - numbers:

Police: 158

Ambulance 155

Fire brigade: 150

Emergency line (for everything): 112

Any other interesting or useful information:

I would recommend seeing the main tourist attraction in Czech and if you stay longer go to nature to meet locals and to get more traditional stuff without the view of a traditional tourist. A great source of travel inspiration is [this](#) YOUTUBE channel. It will help you, especially in Prague not to fall for tourist traps and for tourist prices, etc.











