



INDRAPRASTHA INSTITUTE *of*
INFORMATION TECHNOLOGY **DELHI**

Prototype Evaluation



Group 7 Members:-

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Problem Statement

Everyone wants to stay fit and healthy. However, only a few people are able to achieve this goal because most people often lose their motivation to keep on working hard. The lack of a supportive environment for such activities also restricts people from exercising regularly.

Feedback Form

Please enter your name. *

Your answer

What were the first impressions of the home page? *

Your answer

How familiar were you with the icons provided on the home page? *

1 2 3 4 5

Not familiar at all ☐ ☐ ☐ ☐ ☐ Very familiar

Do the labels make sense to you? Would you like to recommend any improvements? *

Your answer

Please rate the visual design of Swastha. *

1 2 3 4 5

Poor design ☐ ☐ ☐ ☐ ☐ Excellent design

Did you find the information appropriately organized? *

Your answer

While trying to open a video, how easy was it for you to navigate through Swastha? *

1 2 3 4 5

Very hard ☐ ☐ ☐ ☐ ☐ Very easy

Would you like to recommend any changes for improving the navigation? *

Your answer

How would you describe your overall experience with Swastha? *

☐ Outstanding

☐ Great

☐ Good

☐ Average

☐ Poor

<https://docs.google.com/forms/d/e/1FAIpQLSfpHnD9rEAWCQxuHDGknLyIAKFwy4WY8TC3gatGp6V8zOAPww/viewform>

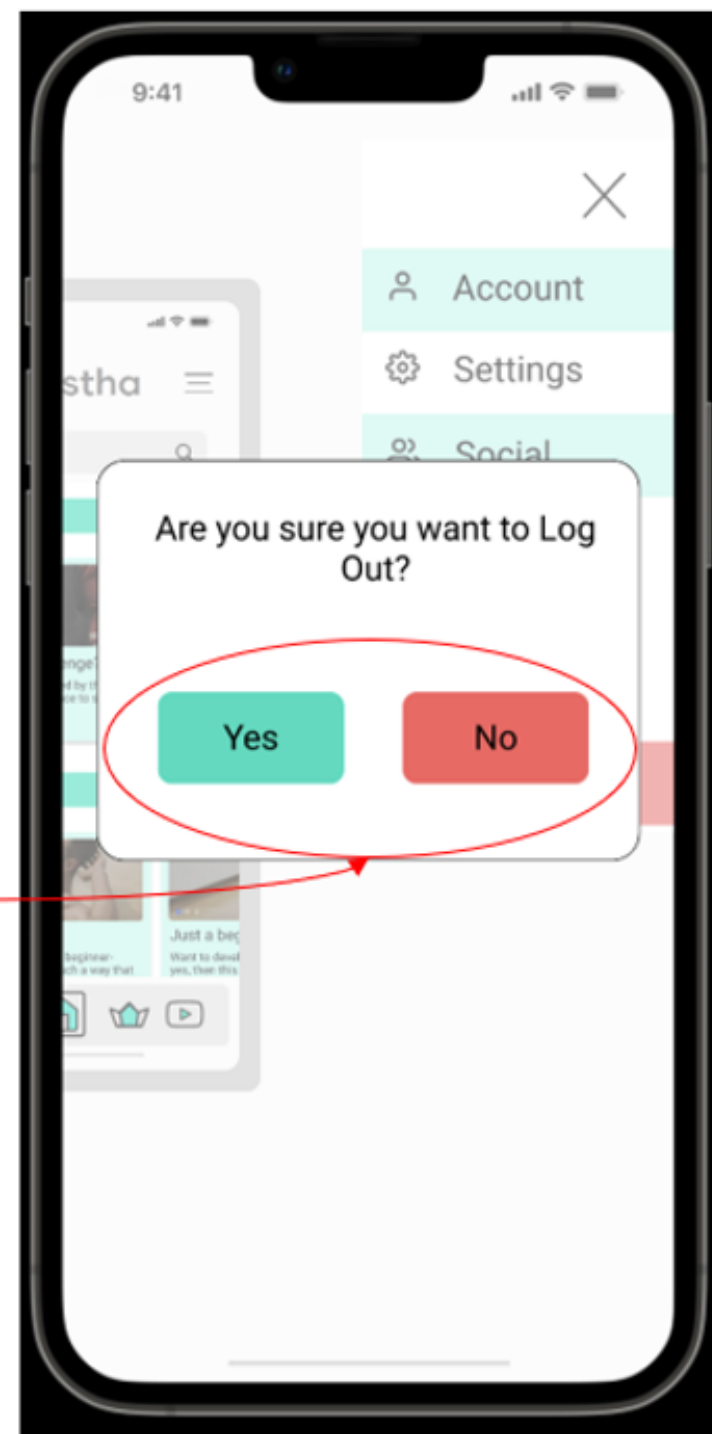
High Fidelity Prototype link

<https://www.figma.com/proto/ZZ71dFFZlZrKVKJacd3MA7/swastha-hifi?node-id=280%3A895&scaling=scale-down&page-id=8%3A7&starting-point-node-id=280%3A895&show-proto-sidebar=1>

Problems Identified through Feedback

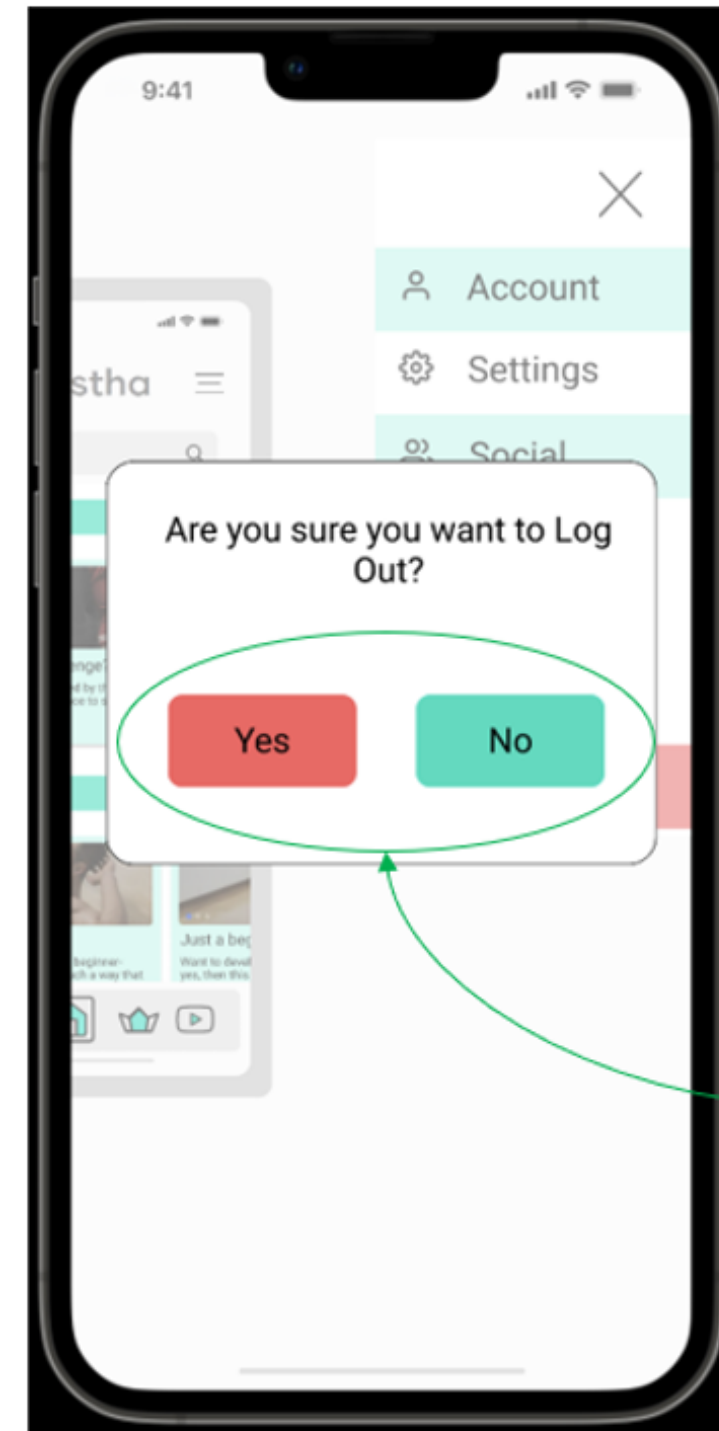
1. Weird coloration on the logout page.

BEFORE



If the user wants to log out, the green color invites them to click YES. This may cause a problem during an accidental click.

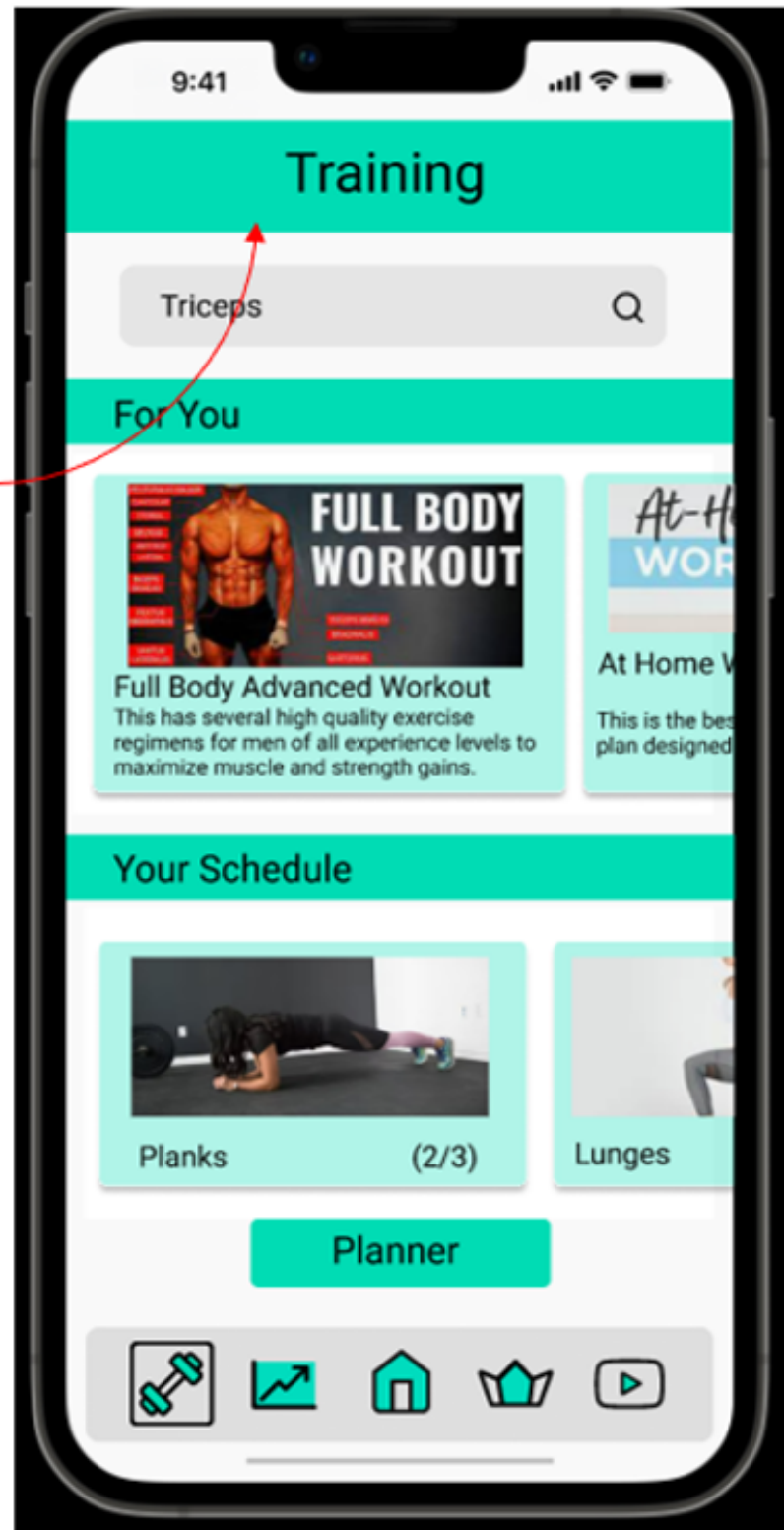
AFTER



The red color would help stop the user from logging out in case of an accidental click, as red implies danger.

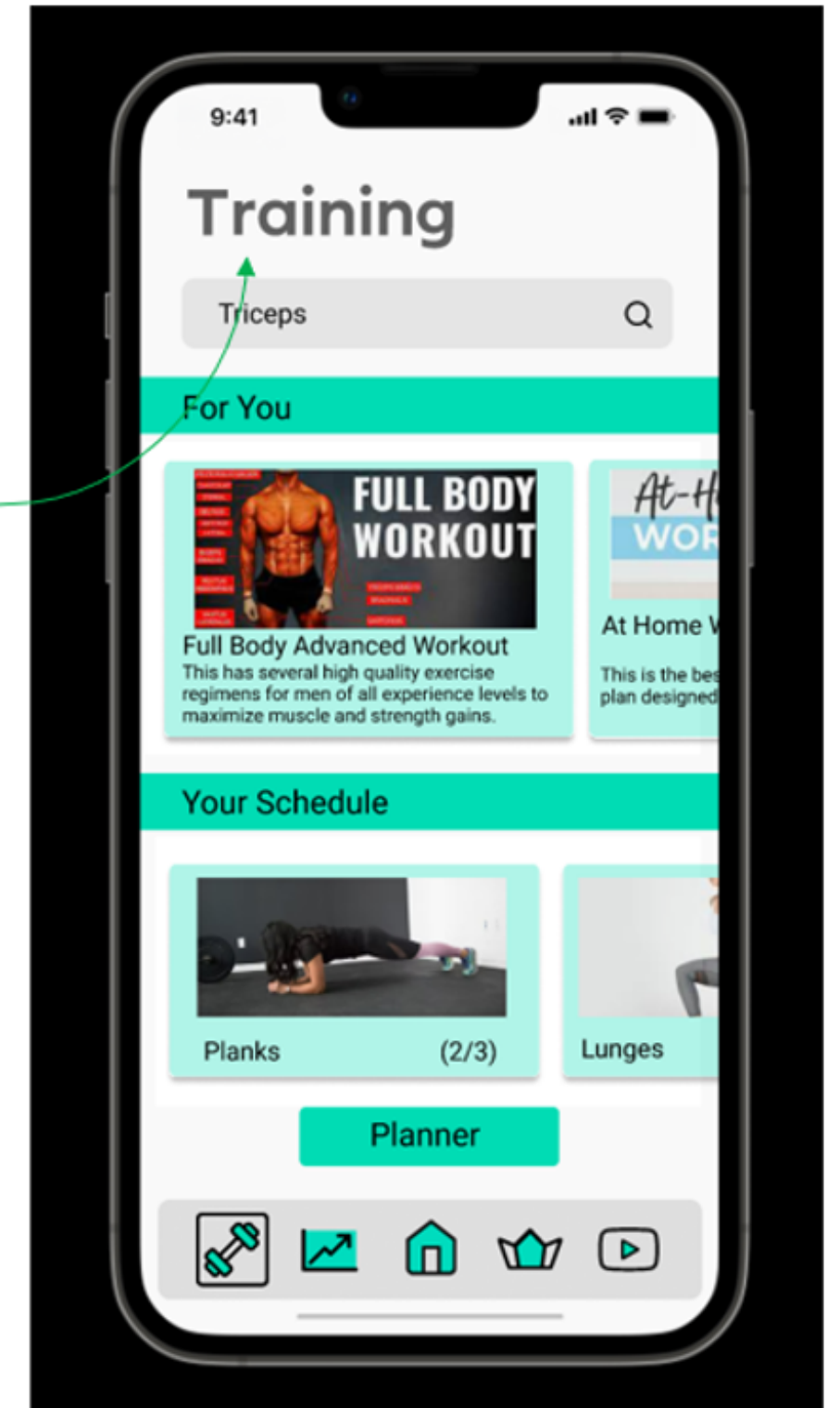
2. The green bar around the heading overloads the screen with color.

BEFORE



The green bar around the heading overloads the screen with color.

AFTER

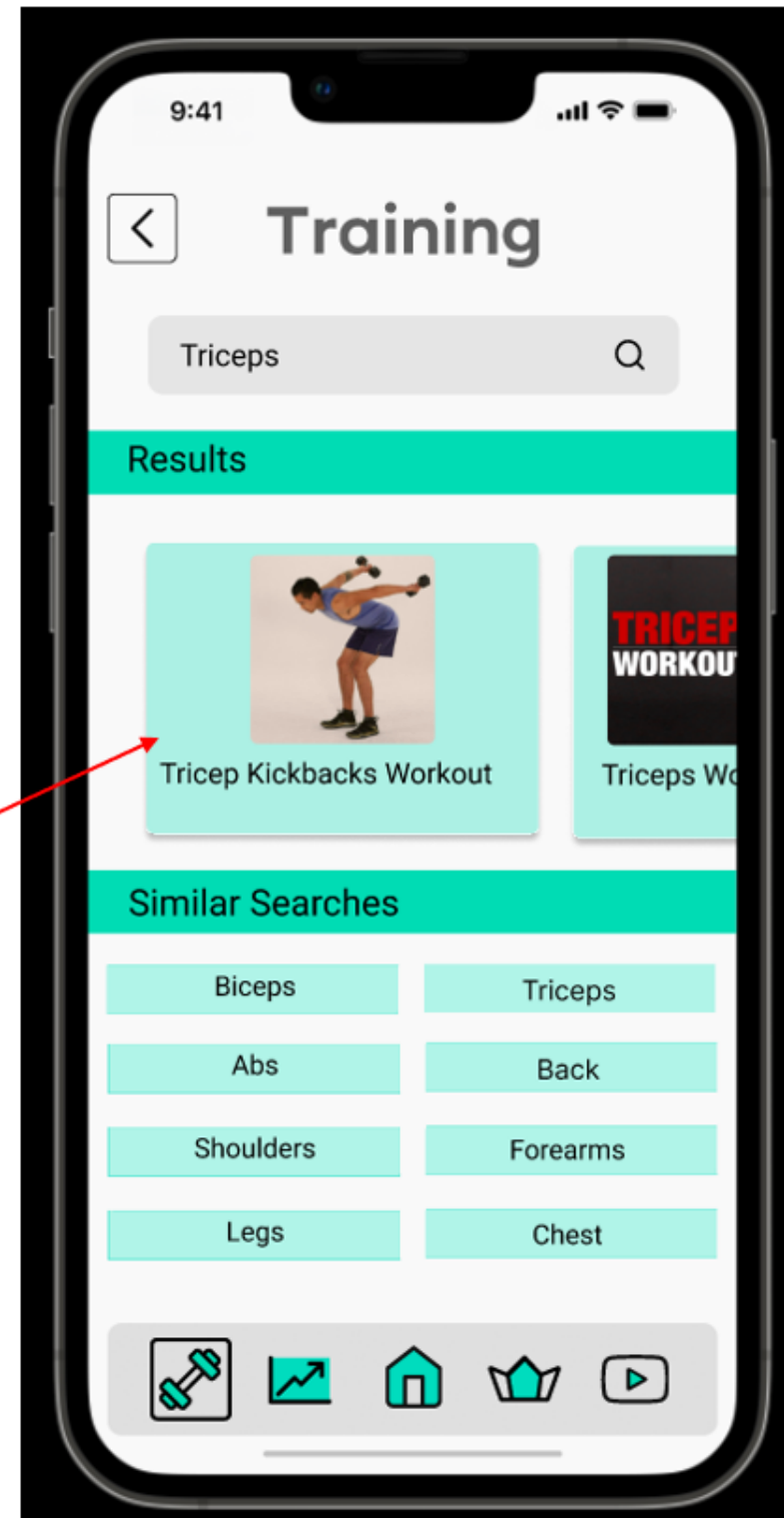


The green bar has been removed.

3.) Inconsistent buttons and labels on the Training page.

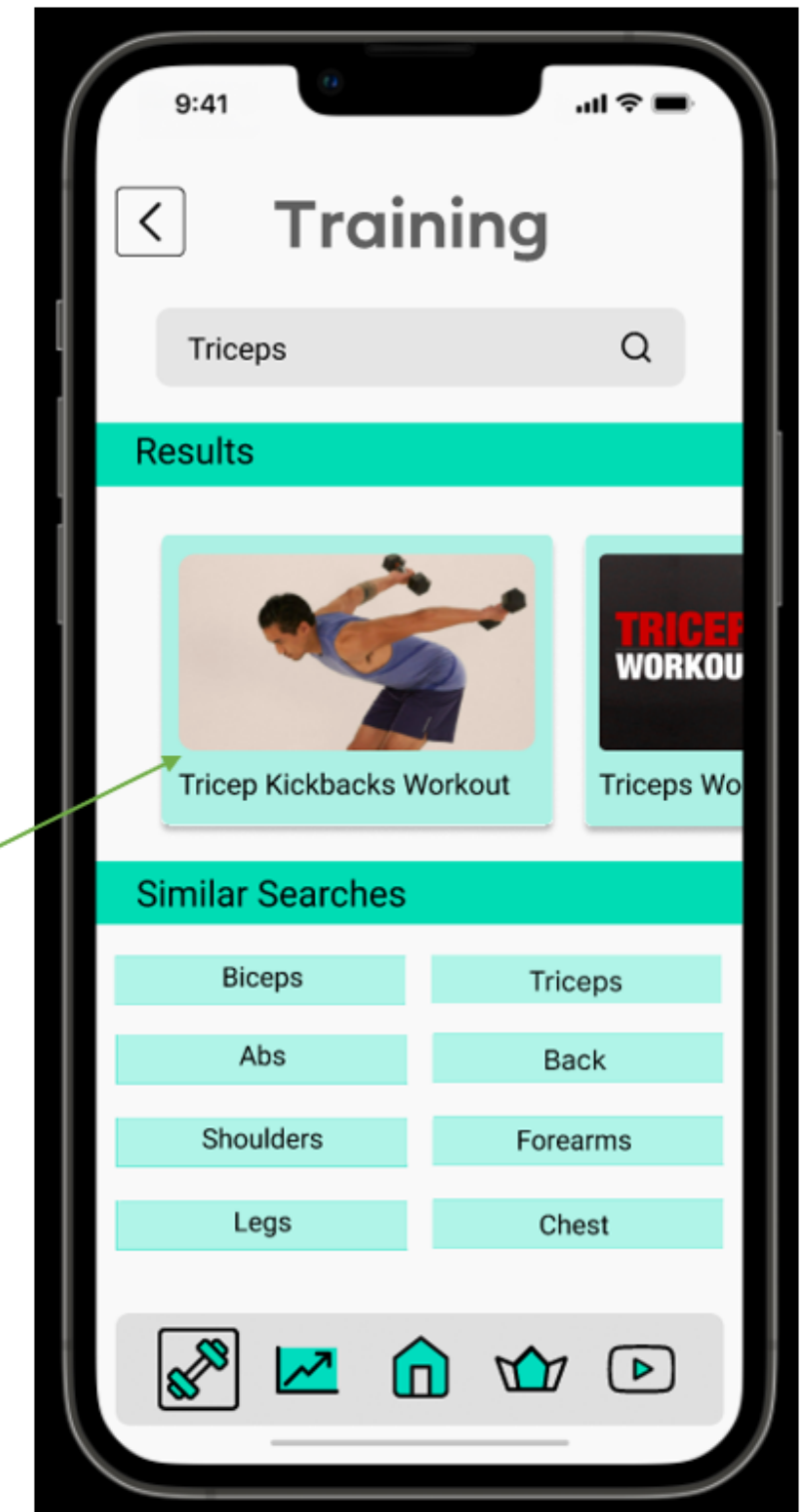
BEFORE

The labels and buttons on the training page are inconsistent.



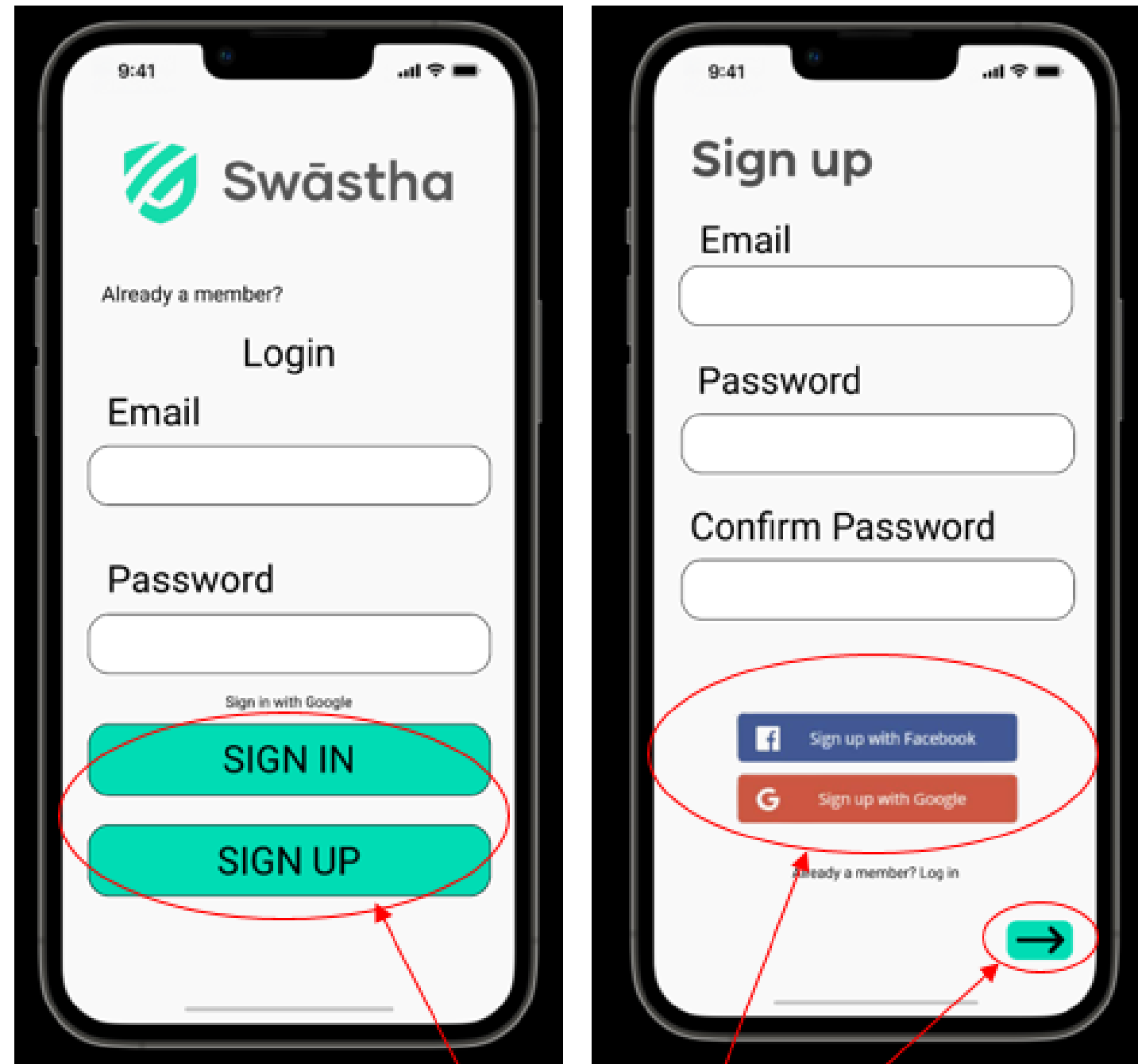
AFTER

The Labels and Buttons are fixed.



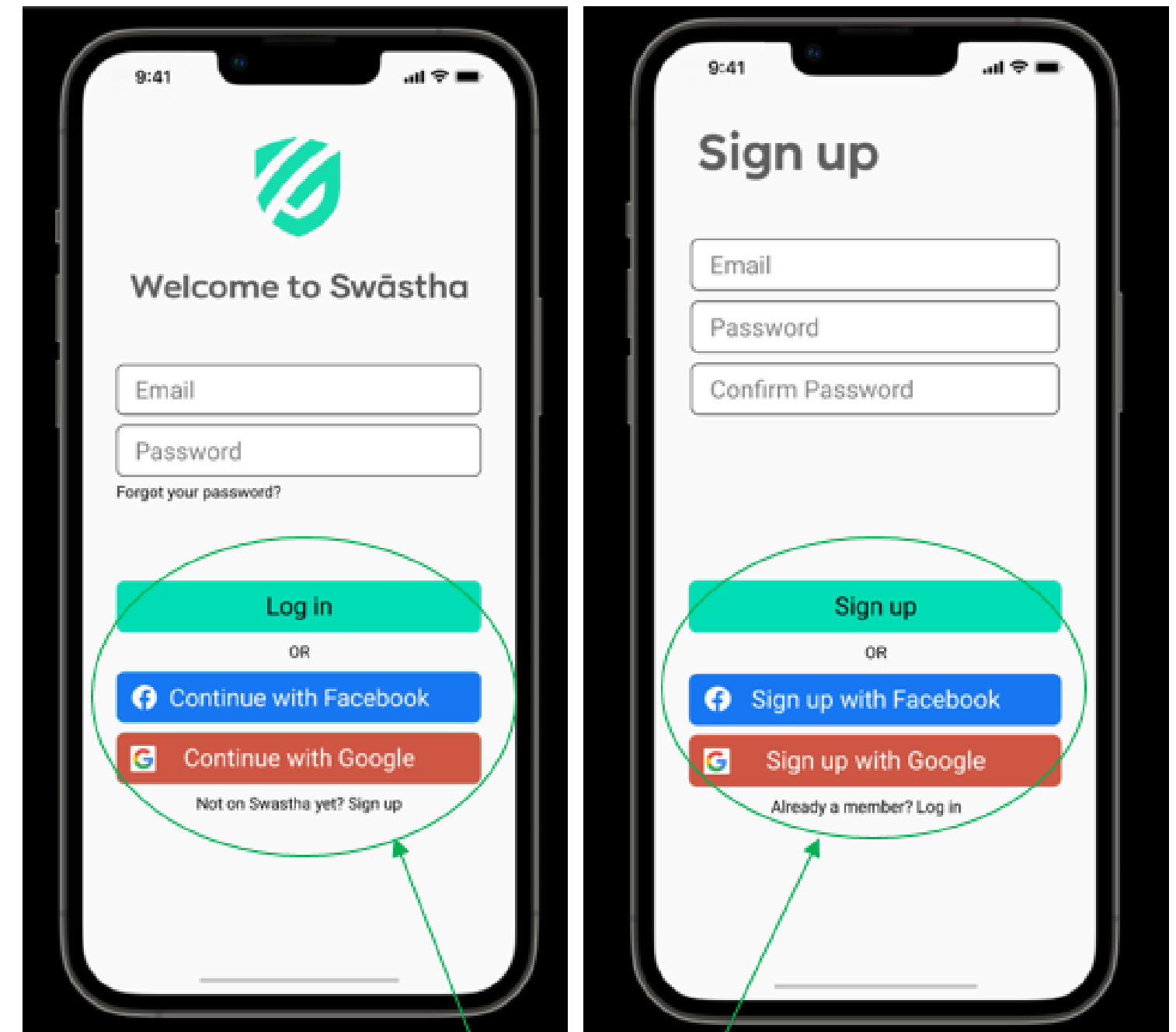
4.) Inconsistent buttons on Login and Sign up pages.

BEFORE



Navigating the Login and Sign up pages was difficult as the buttons were inconsistent

AFTER

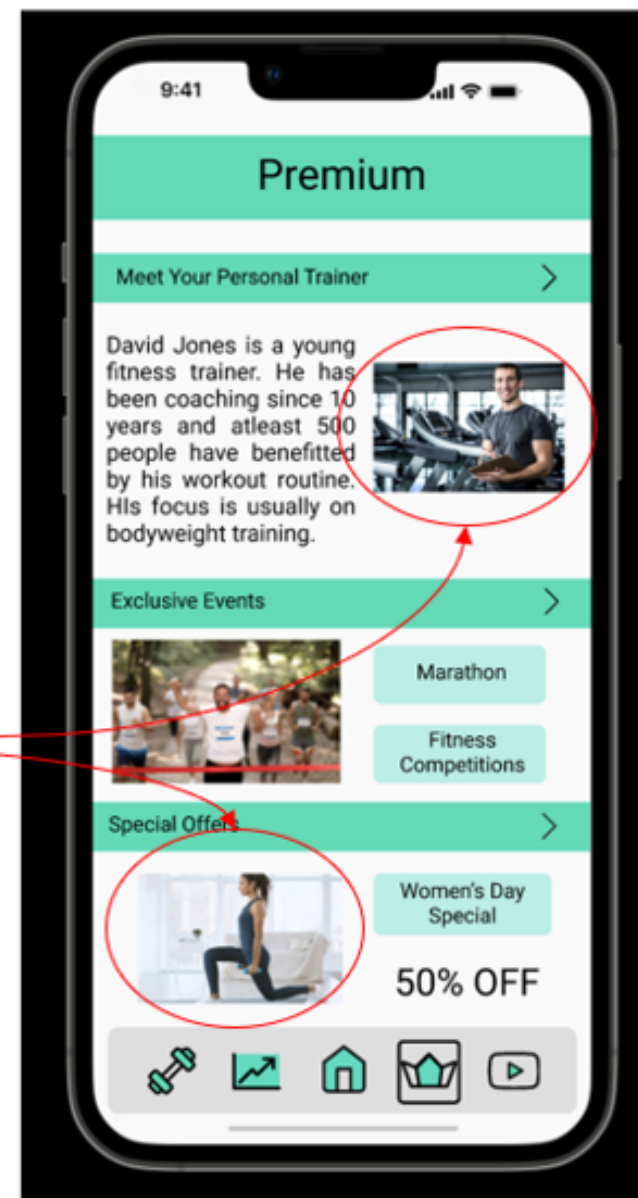


Buttons were made consistent and a cleaner layout was introduced to increase usability

Problems Identified through Observation

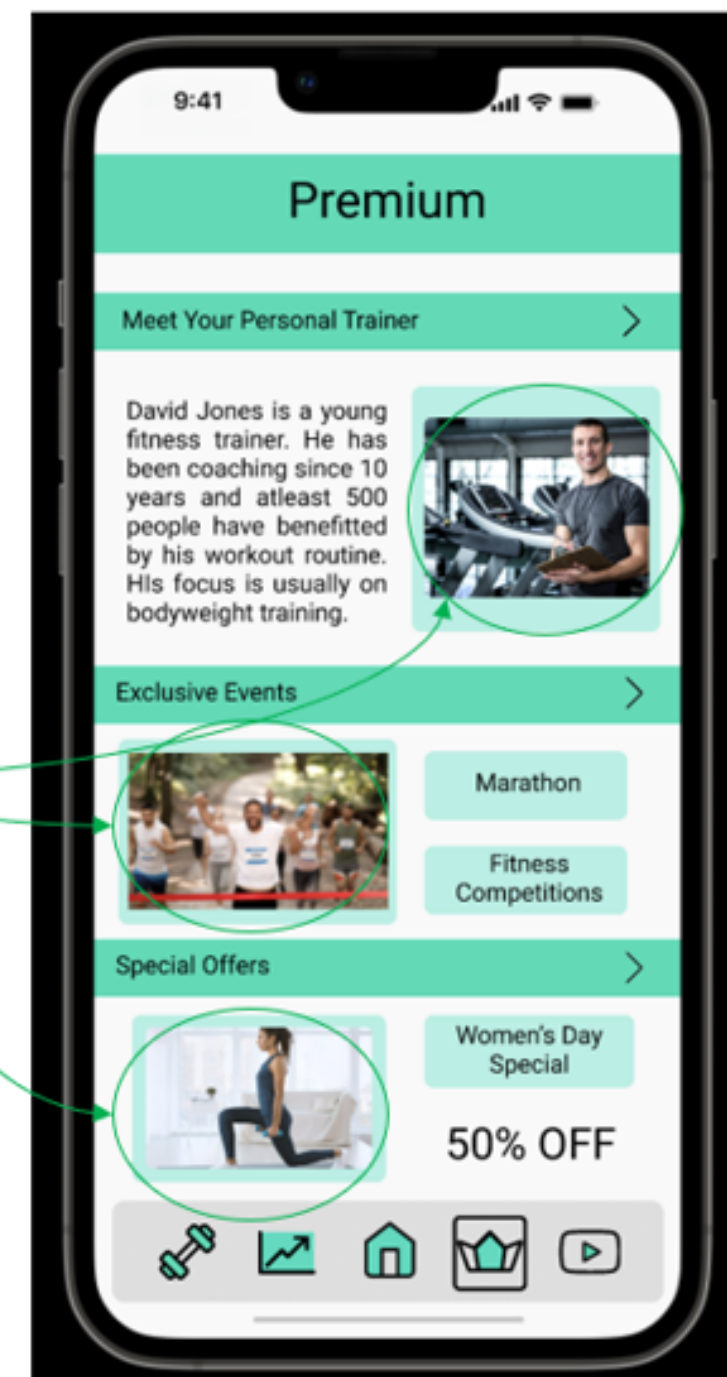
1. Empty Spaces on premium page

BEFORE



We observed that Udai found the Premium page to be aesthetically pleasing. However, it had a few empty areas, which made it inconsistent with the other pages of the app.

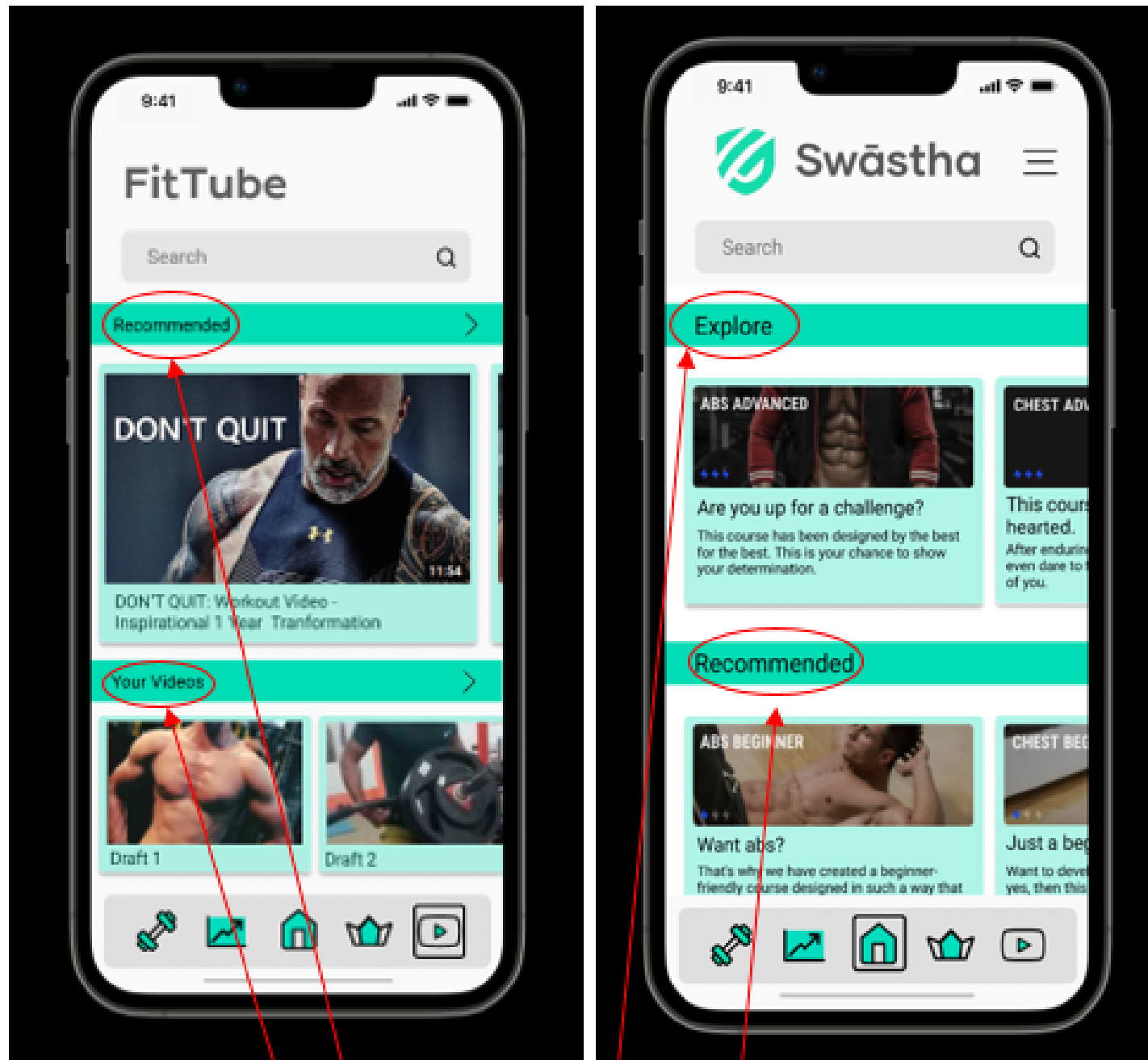
AFTER



We added a few rectangles to make the screen look more appealing to the users.

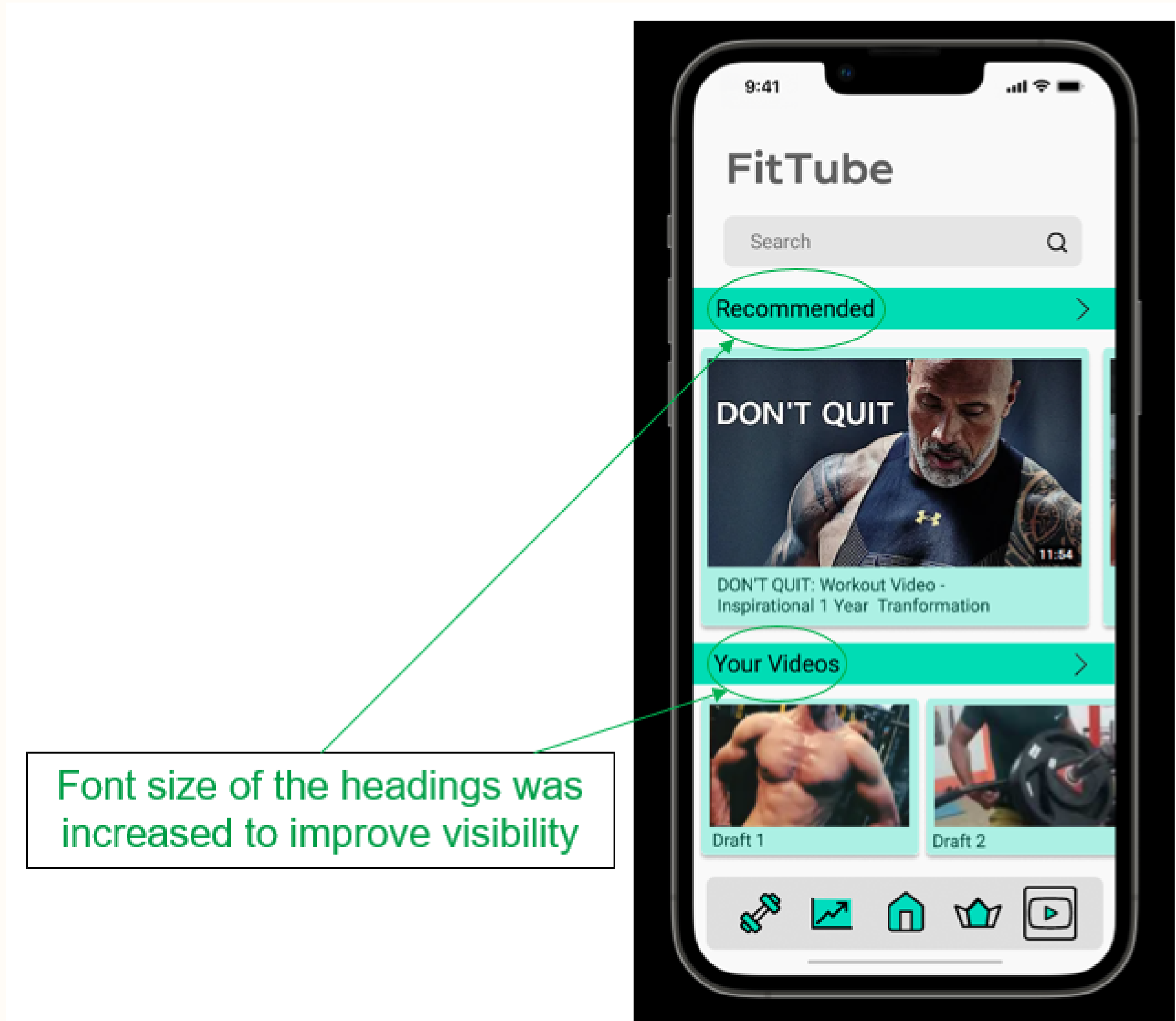
2.) Difficult to read headings on some pages

BEFORE



During guerilla testing, it was observed that headings on title bars were smaller on some pages, and it was difficult to read them

AFTER



Task Flow

1. User opens Swastha



2. Lands on the login page and selects the appropriate mode



3. User creates an account

9:41

Sign up


Email


Password

Confirm Password

Sign up

OR

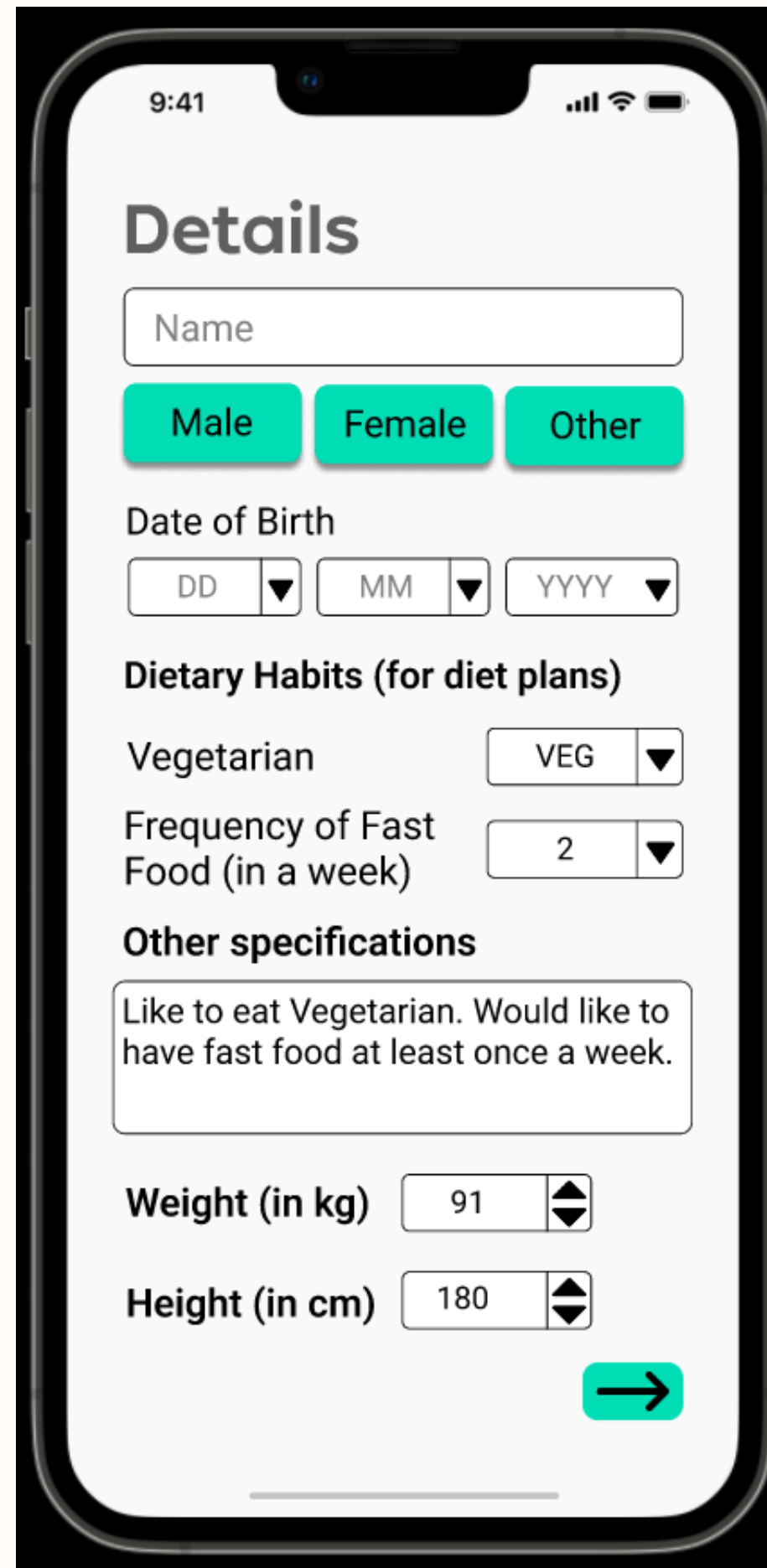
 Sign up with Facebook

 Sign up with Google

Already a member? Log in

User can sign up through multiple accounts

4. User enters their details



A mobile application interface for a 'Details' form. The screen is titled 'Details' and contains several input fields and buttons. At the top, there is a status bar showing the time as 9:41 and signal strength. The form includes a 'Name' text input field, three teal buttons for 'Male', 'Female', and 'Other', and a 'Date of Birth' section with three dropdown menus for 'DD', 'MM', and 'YYYY'. Below this is a 'Dietary Habits (for diet plans)' section with a 'Vegetarian' label and a 'VEG' dropdown, and a 'Frequency of Fast Food (in a week)' label with a dropdown showing the value '2'. An 'Other specifications' section contains a text area with the text 'Like to eat Vegetarian. Would like to have fast food at least once a week.' At the bottom, there are two numeric input fields: 'Weight (in kg)' with the value '91' and 'Height (in cm)' with the value '180'. A teal button with a right-pointing arrow is located at the bottom right of the form.

9:41

Details

Name

Male Female Other

Date of Birth

DD ▼ MM ▼ YYYY ▼

Dietary Habits (for diet plans)

Vegetarian VEG ▼

Frequency of Fast Food (in a week) 2 ▼

Other specifications

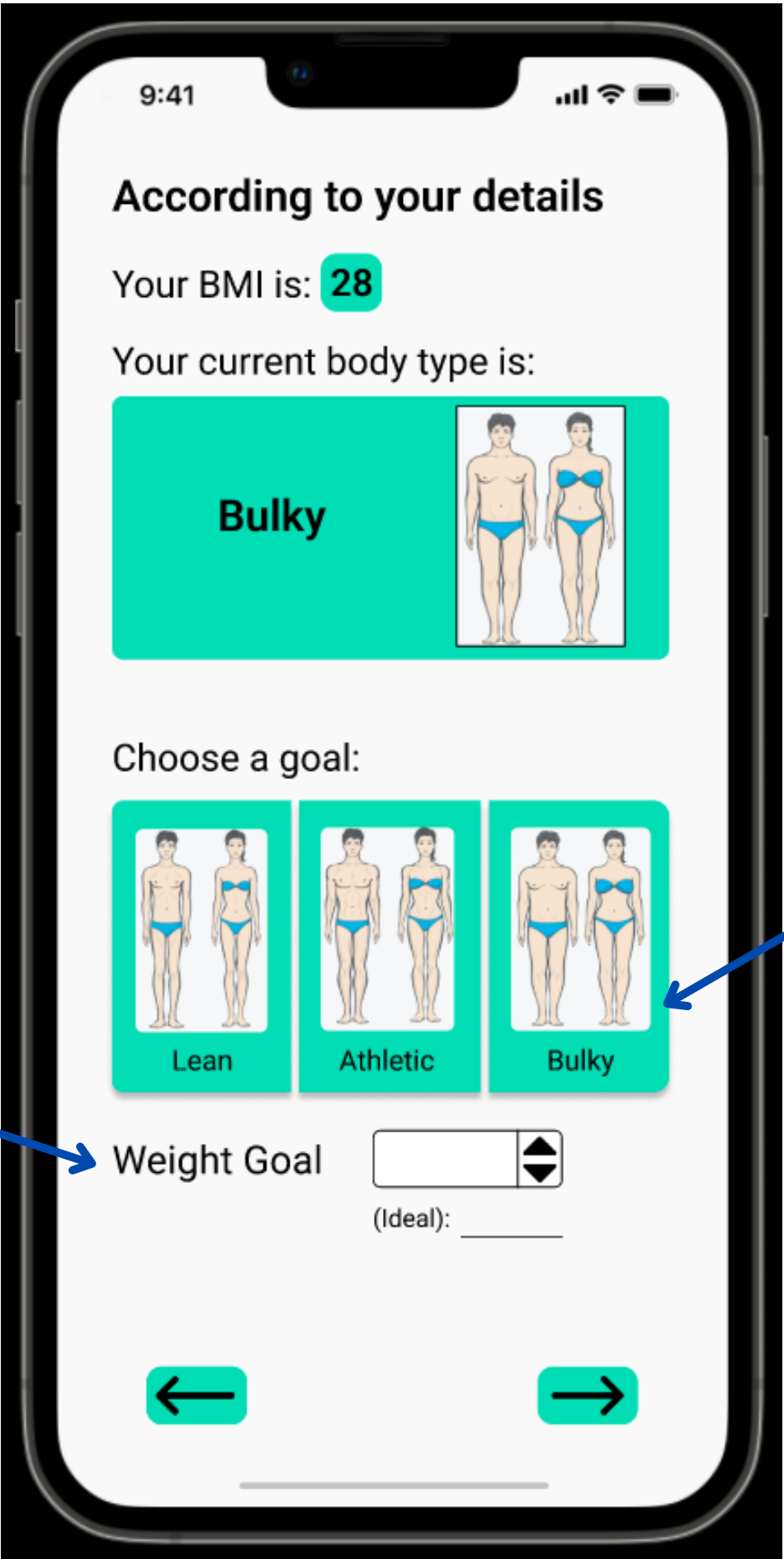
Like to eat Vegetarian. Would like to have fast food at least once a week.

Weight (in kg) 91 ▼

Height (in cm) 180 ▼

→

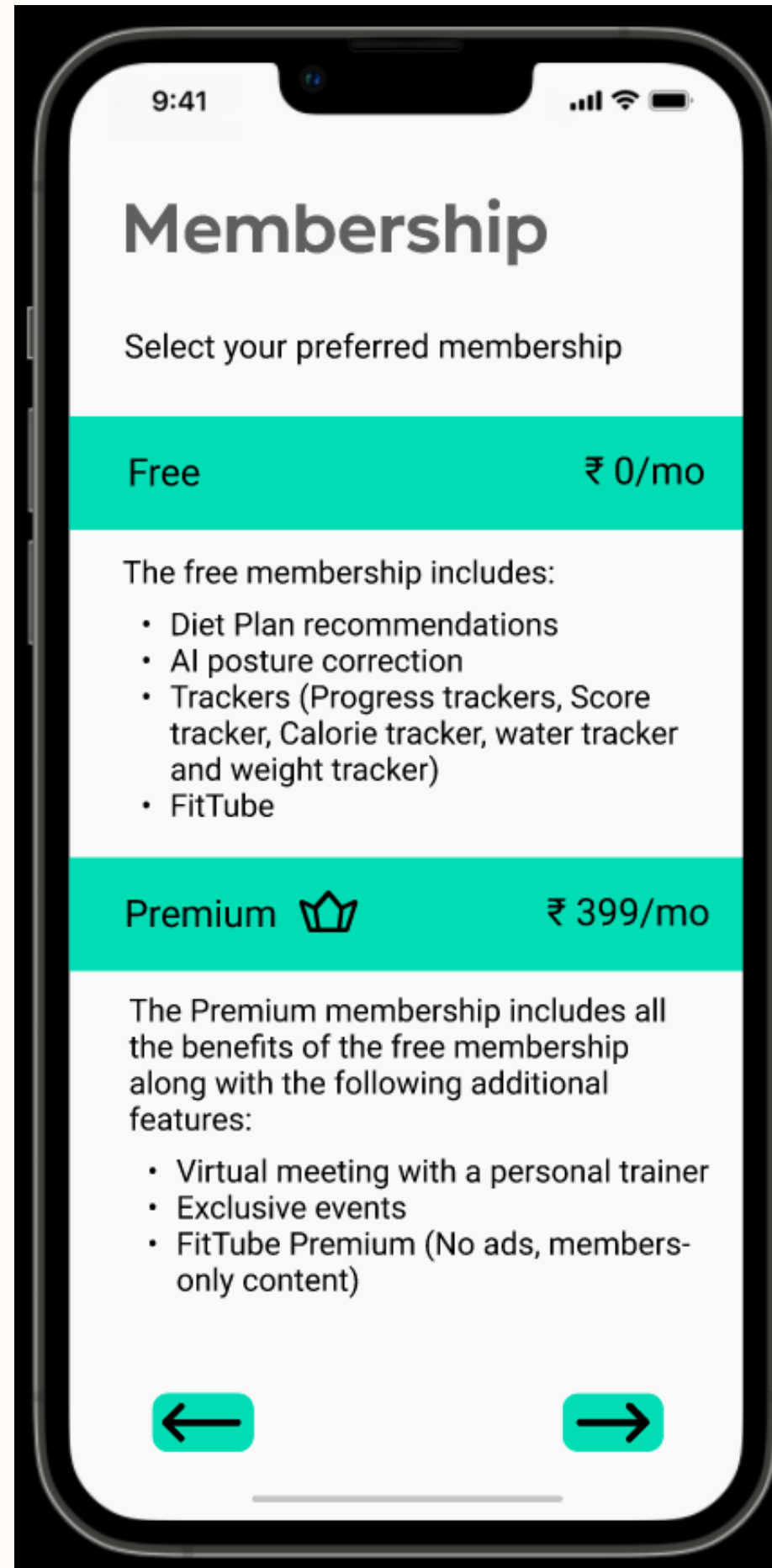
5. User sets their goal



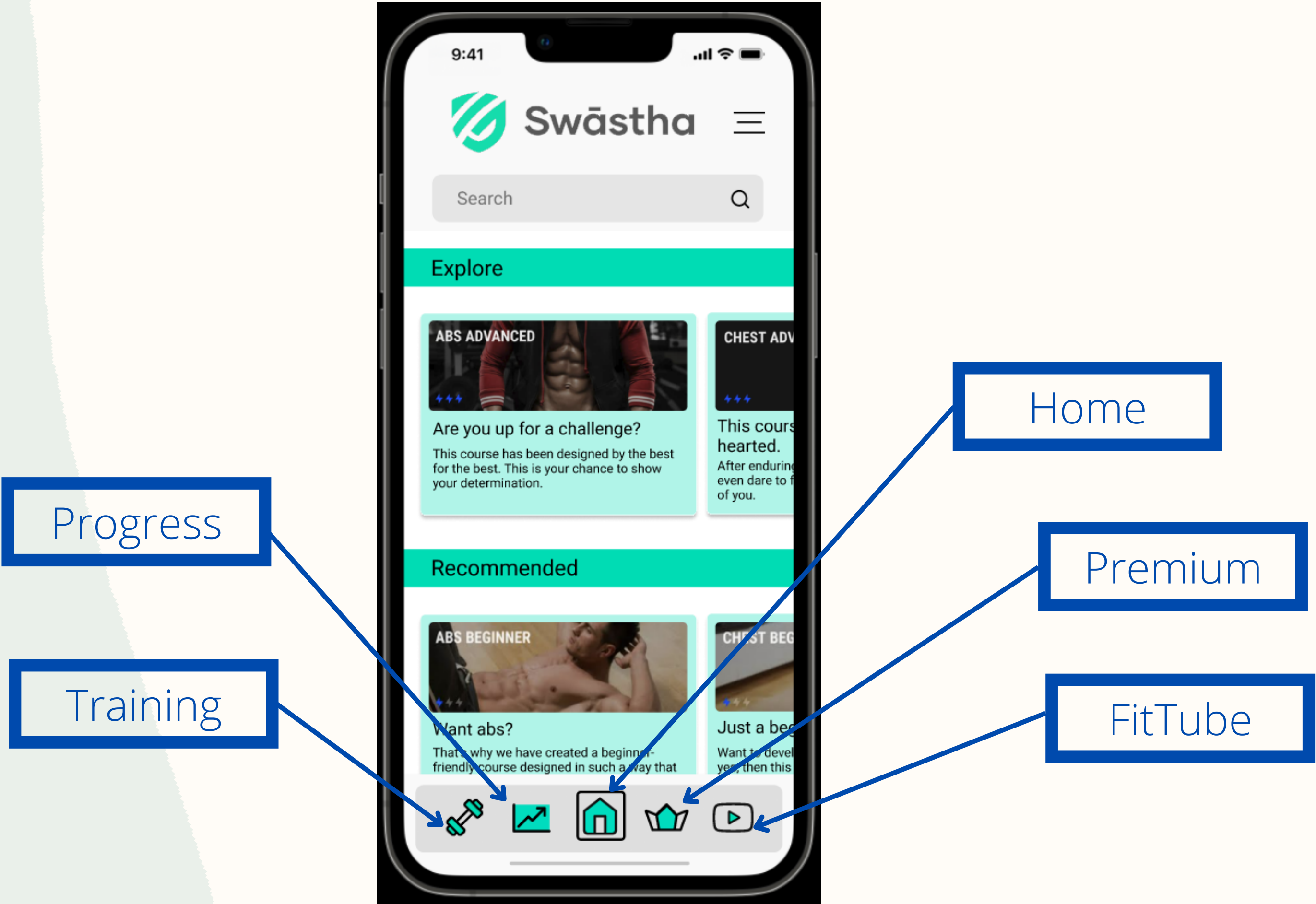
Number-picker or a counter

Images depicting different physiques

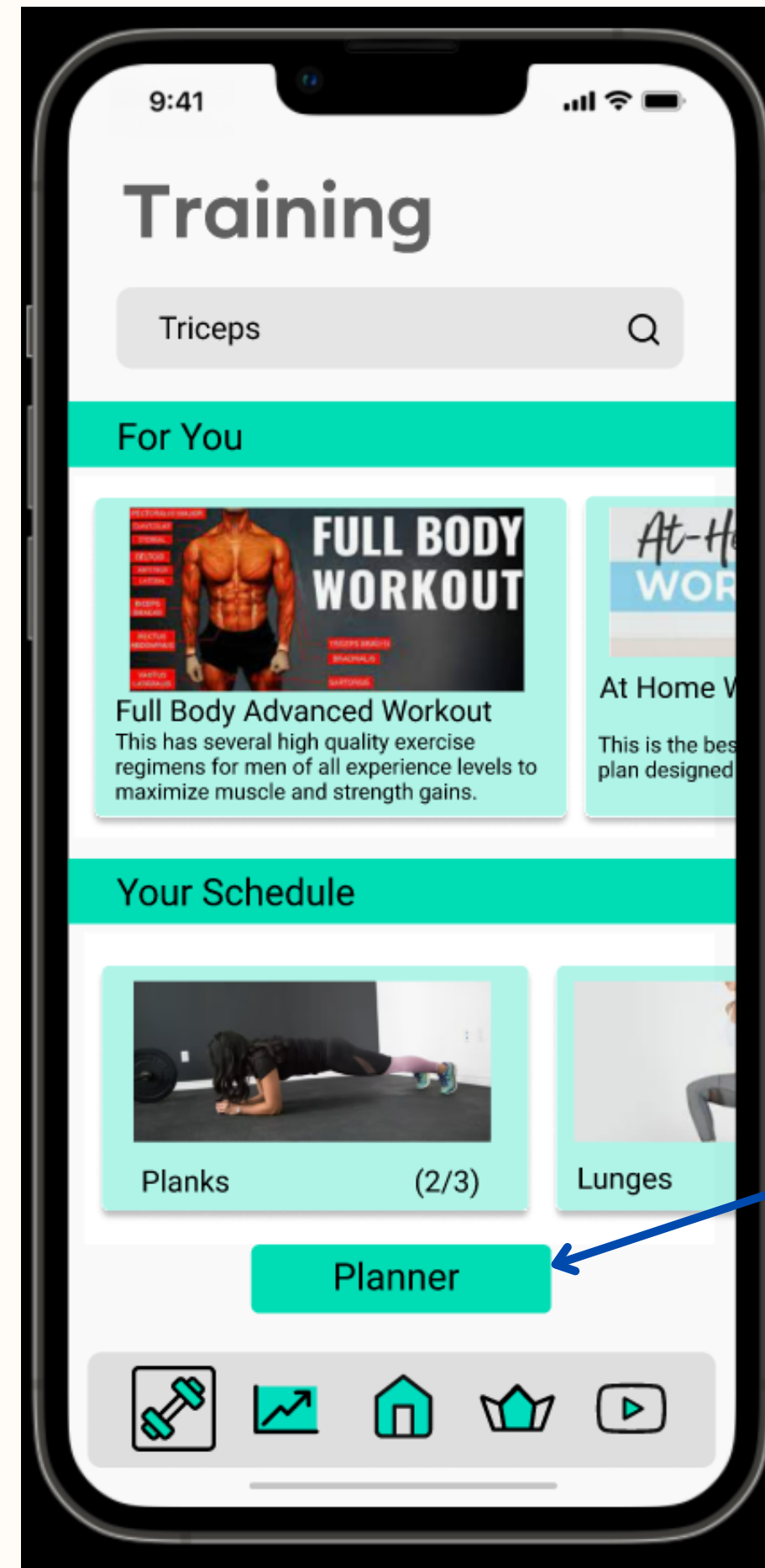
6. Selects membership plan



7. The user lands on the Home page

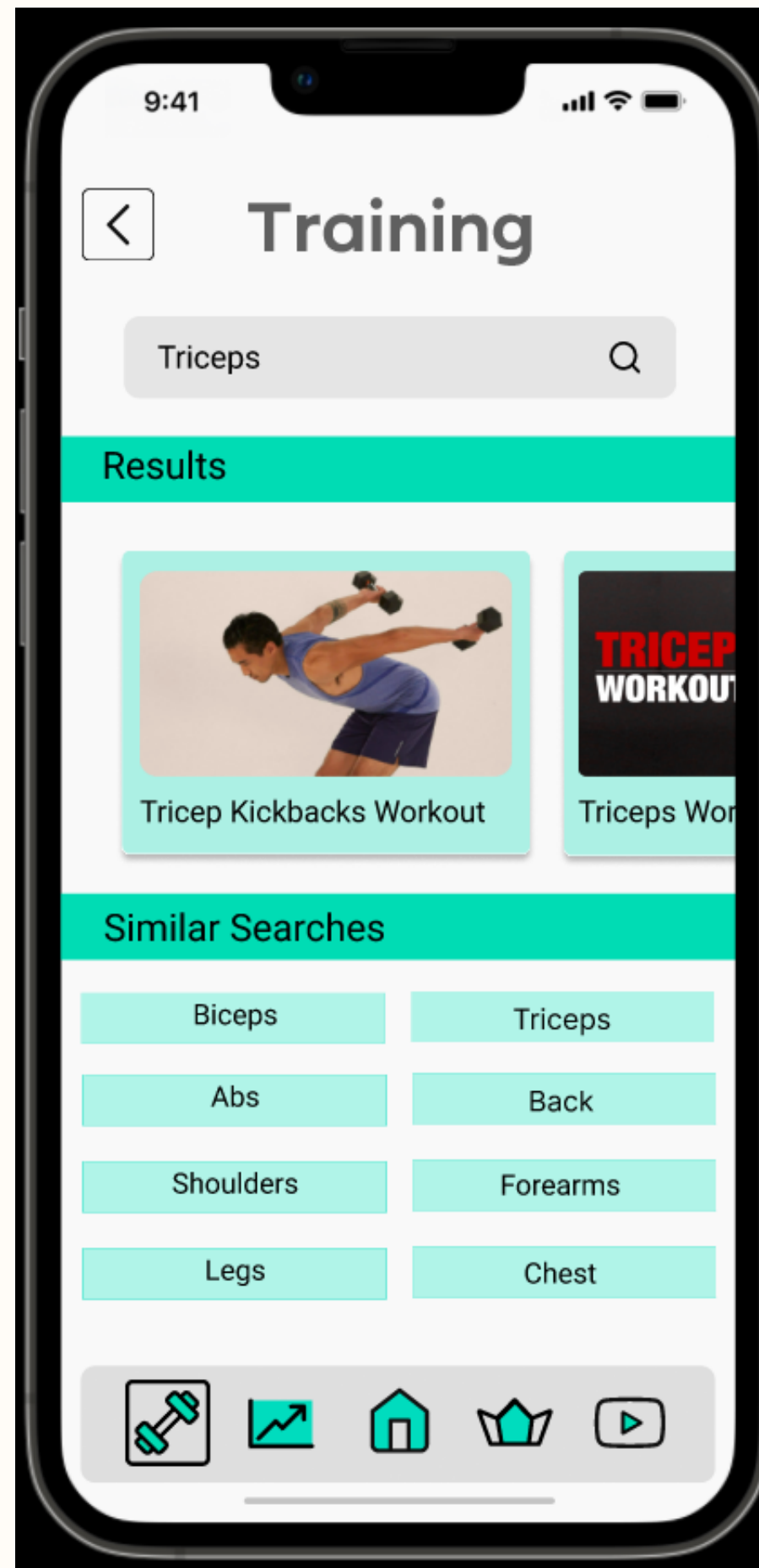


8. User opens the Training tab

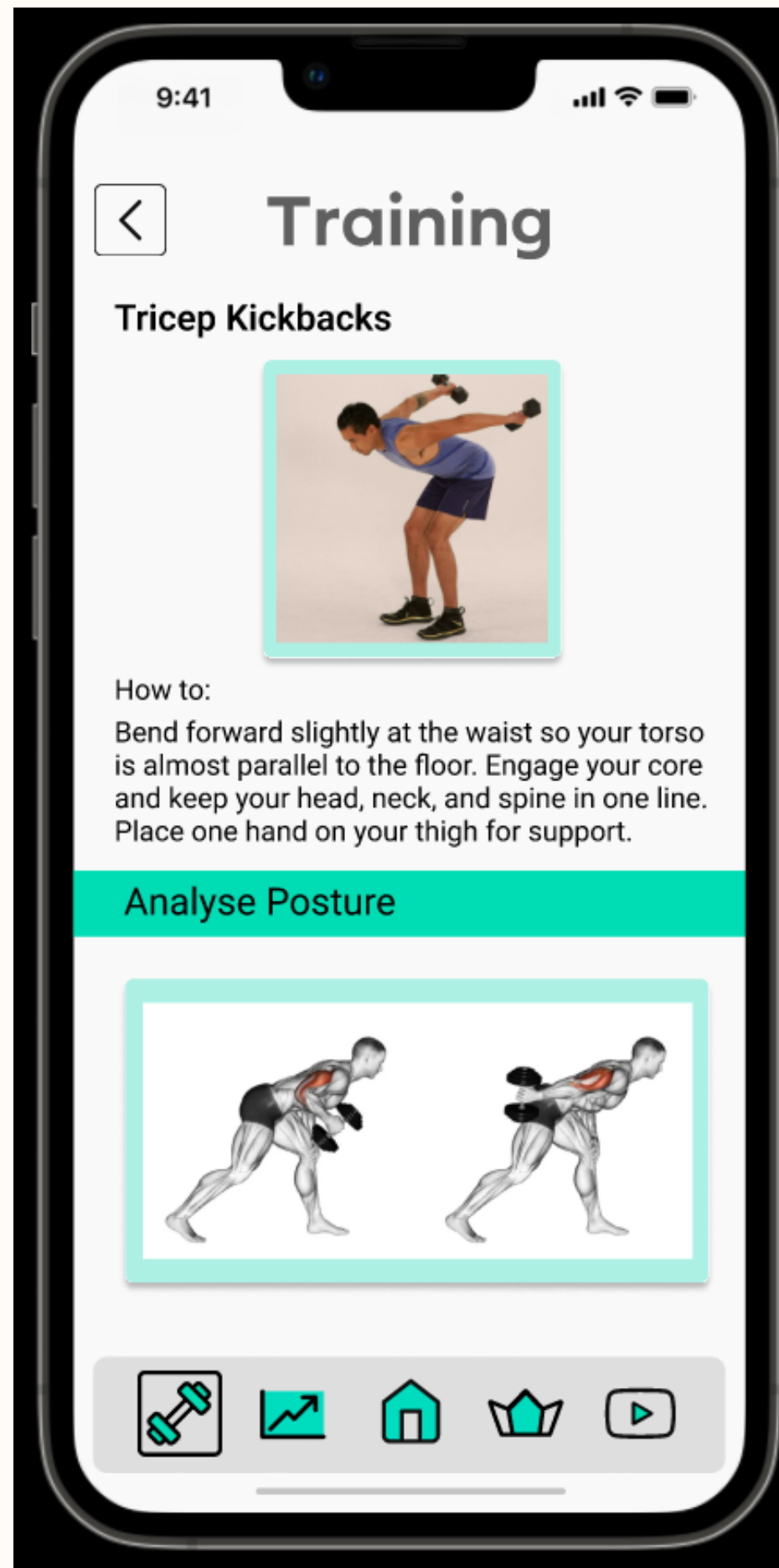


The diet planner for the user.

9. Searches for an exercise

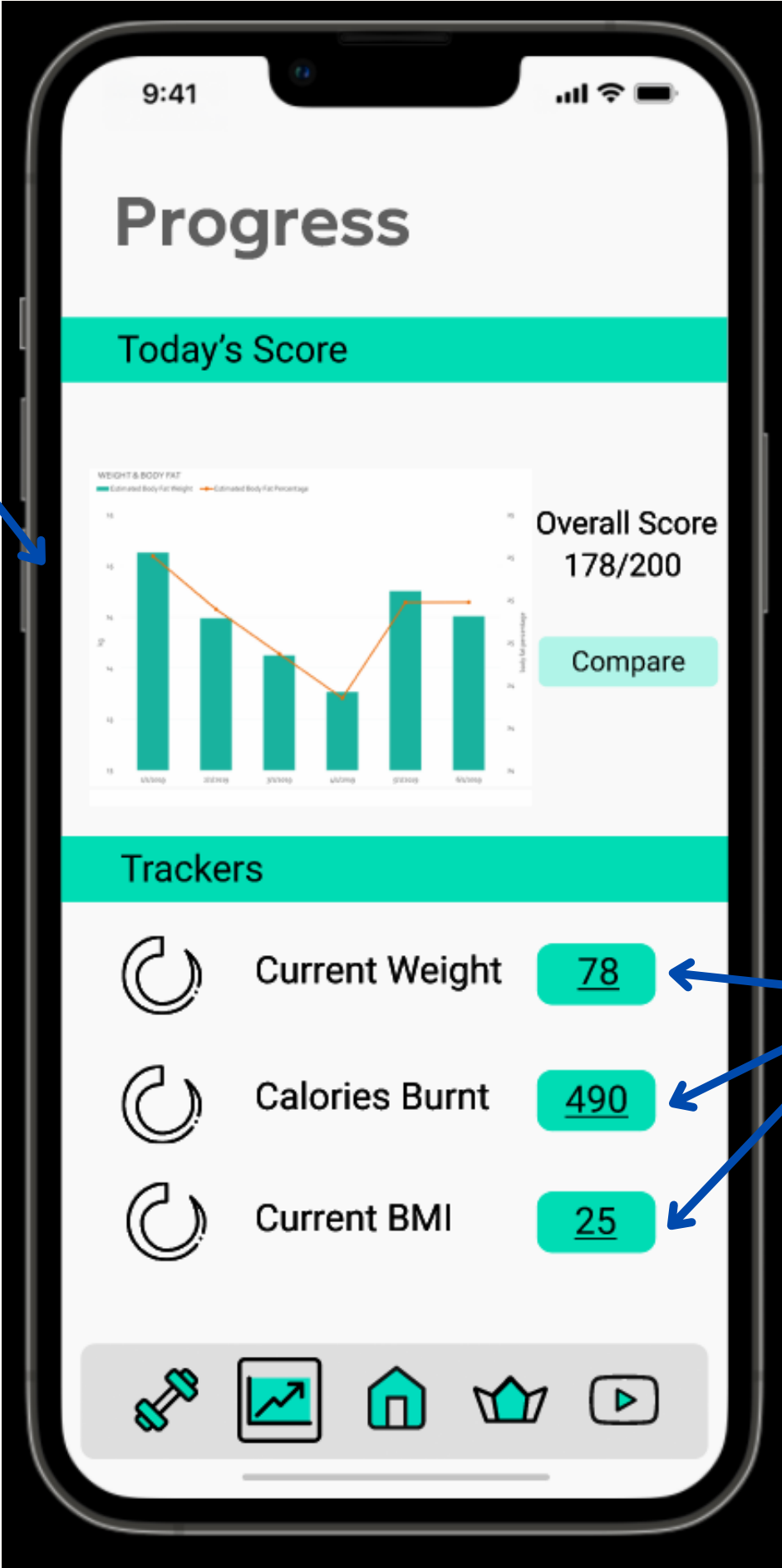


10. Selects the video/animation they want to watch



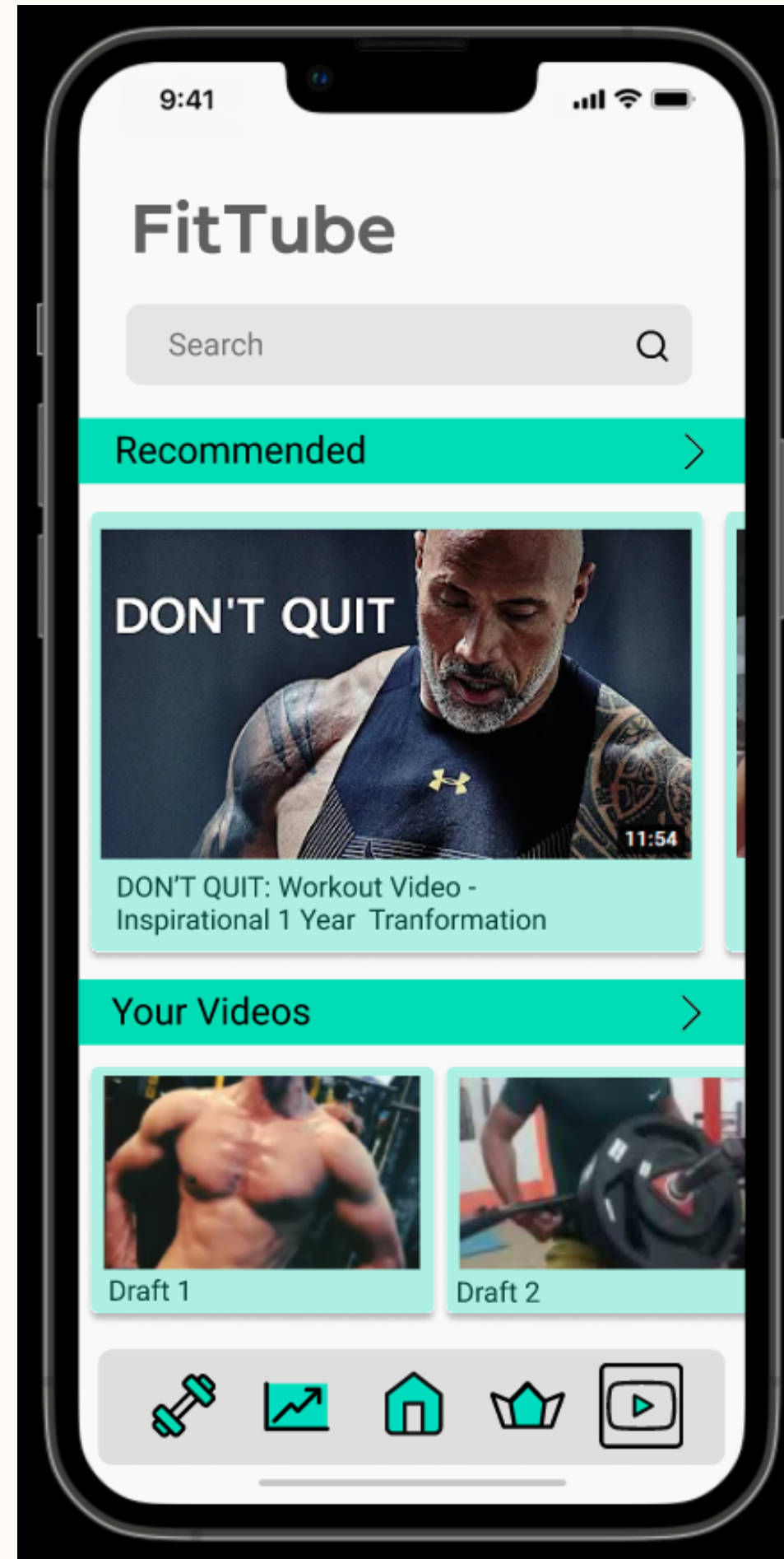
11. After training, user looks at the progress

Graphs showing weekly progress

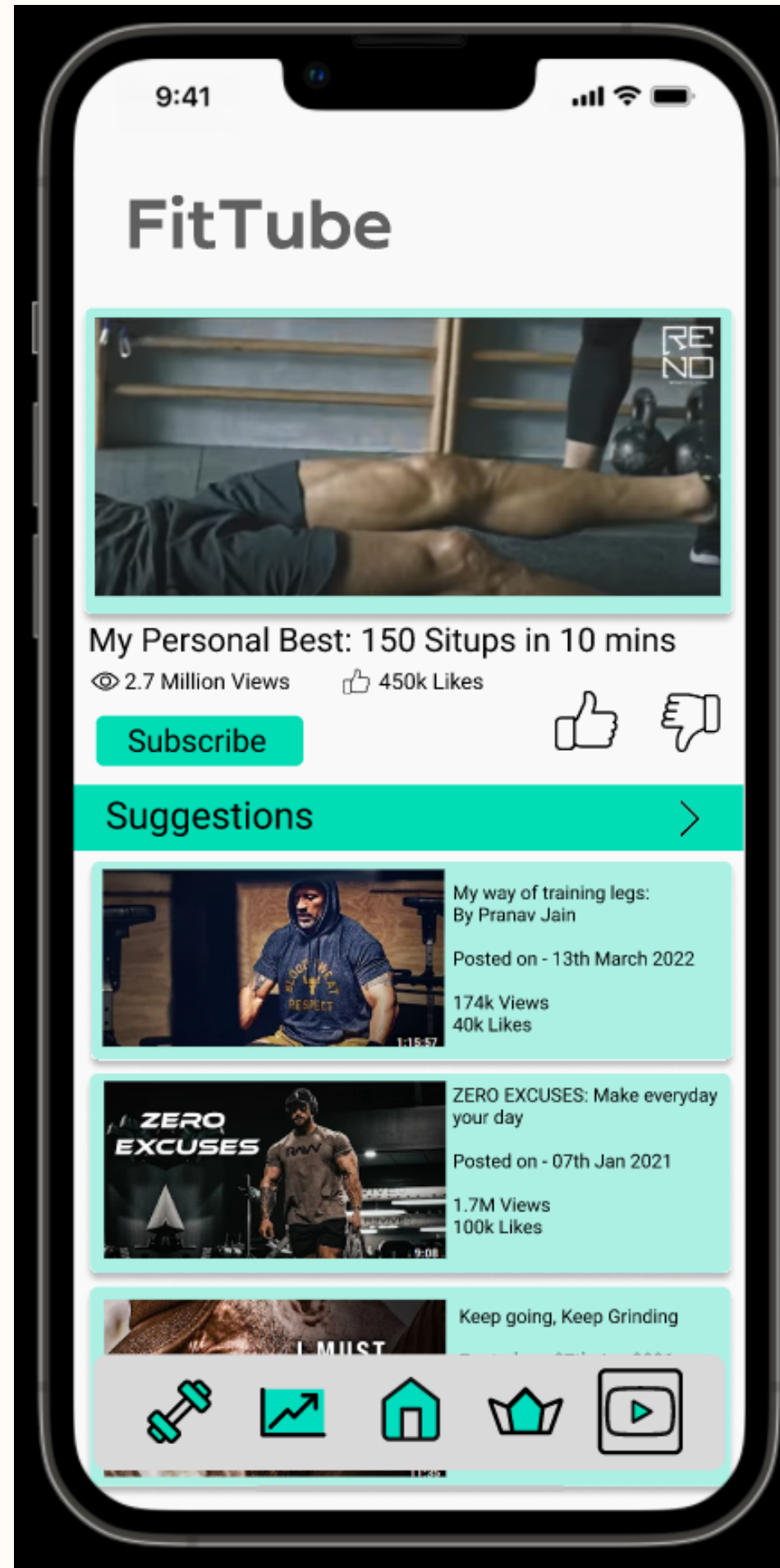


Trackers showing your daily progress.

12. To stay motivated, they open the FitTube tab



13. Look at the videos uploaded by other users



Solution

Swastha provides unique features like FitTube and leaderboard contests to keep the users motivated. Moreover, the Social option of Swastha allows the users to make friends and build a supportive peer group. With regular notifications, exciting events, professional trainers and a healthy competitive environment, people are bound to push themselves to their limits.