

## Exercise

A career is an individual's journey through learning, work, and other aspects of life. There are a number of ways to define a career and the term is used in a variety of ways. Everybody who has a career exactly wants to advance their career.

If you want to advance your career, you will have to make some careful decisions about which jobs you take. Consider a job offered for the value it has to your career. It may mean sacrifices at first.

You may have to move to a different region or country to get a job that is right for you. You may have to work late hours, at least temporarily. You might even have to take a lower salary for a job that offers you the experience that you need. But you should never accept a job if it is not related to your career goals.

Accepting a job that is not within your career path will not give you the skill or experience you need or want. You will find yourself frustrated in such a position and consequently will not perform your best.

This will have an effect on the people around you, who will not feel as if you are being part of the team. The best advice is to think carefully before accepting any position and make sure that the job is one you have.

1. According to the text, the author advises the reader about ...

**A. How to increase the career.**

B. Make a decision in a job.

C. Think carefully before accepting a position in a job.

D. How to get a good job.

2. The main idea of the second paragraph is that ...

A. Considering a job offered is necessary.

B. Moving to a different region to get a job can help you.

C. Relating your jobs to your career goals will be advantageous for your boss.

**D. Making a careful decision before accepting a job is important.**

3. What is mainly discussed in the text?

A. How to look for a job.

**B. How to advance a career.**

C. What to do to get a good job.

D. How to lessen your stress in your office.

There are many reasons why people become vegetarians, including personal health, the environment, and the economy.

A vegetarian is a person who does not eat meat, poultry, and fish. Vegetarians mostly eat fruit, vegetables, legumes, grains, seeds, and nuts. Vegetarians also consume eggs and dairy products, but they avoid meat products, such as beef, chicken stocks, and gelatin.

According to research, vegetarians have a lower risk of heart disease, high cholesterol, diabetes, obesity, and high blood pressure. This may happen due to a healthy vegetarian diet, which has low fat but high fiber.

However, a vegetarian diet can be high in fat if it includes excessive amounts of fatty snacks, fried food, whole dairy products, and eggs.

At the same time, a vegetarian diet can be simple and easy to prepare. Therefore, a vegetarian diet must be well-planned to prevent and treat certain diseases.

4. What meal is not consumed by vegetarians?

A. Dairy products

**B. Fried food**

C. Sausages

D. Milk

5. Why does a vegetarian have a lower risk of many diseases? They ...

A. Eat vegetables every time.

**B. Consumes low-fat but high-fiber food.**

- C. Avoid excessive amounts of fatty snacks.
- D. Have well-planned agenda of what to eat.

6. "... if it includes excessive amounts of fatty snacks ..."

The bold word can be replaced by ...

**A. Too many**

- B. Decent
- C. Very few
- D. Little

7. According to the text, which of the following statements is true?

**A. Being a vegetarian help keep your body strong.**

- B. Vegetarians may not eat fatty snacks.
- C. Eggs do not contain any fat or fiber.
- D. Vegetarians do not consume gelatin.

There are many arguments in favor of a boarding school education. Nevertheless, the boarding school is not always the best education institution for everyone.

At an early age interacting and communicating with people is very important for a child's personal life and can be especially helpful for his/her future. In a boarding school, shy children can take advantage of interaction through communal activities. The boarding school also offers a great variety of activities such as arts, sports, and music that allow children to demonstrate and develop specialized skills in their free time.

Furthermore, the structured way of life and strict rules at the boarding school may helps students to get used to a well ordered way of life. The manners and social skills will help them to become more responsible and confident, and to develop their talents in leadership. Professionally trained teachers and educators in the boarding school can offer excellent education without the parents' constant supervision.

In spite of these good points, it is not advisable to send a child to a boarding school if he/she is a dependent learner. A boarding school usually demands that student learn independently. In

addition, the boarding school should not be seen as a measure to solve inappropriate behavior or unsatisfactory study performance. Instead of improving, problematic children may close off their relationship with their peers and teachers.

In conclusion although a boarding school may provide good education to many children, it is not recommended for those who are strongly attached to their families. They may become frustrated and socially isolated.

8. From the text, we can conclude that...

- A. The boarding school can be very expensive
- B. There are good and bad boarding schools
- C. The boarding school is the solution to our educational problems

**D. Not everyone thinks that the boarding school is the best educational institution for children**

9. Why do parents send their children to boarding school? Because...

- A. It is good for shy children

**B. It gives good education for adults**

- C. Interacting and communicating with people is very important
- D. It does not allow children demonstrate excellence and develop their skills

10. According to the writer, children in a boarding school can develop specialized skills in...

- A. Entrepreneurship

**B. Community service**

- C. Reading
- D. Drama

### Punctuality

Being on time may be a stunning social ethic and one amongst nice importance, because it creates potency in the system and implies respect for each other. However, it's one of the numerous values that's hard for our students to find out. Inner discipline is the highest kind behavior.

The greatest colleges attempt to instill this with a crazy atmosphere. Why, even adults arrive late to meetings, work, etc. Here, we tend to disagree that late comers ought to be kept. they will run warnings, most of that area unit enough to create them strive their best to succeed in the college on time later. If this fails, invite the parent to high school.

By closing the gates, the college is behaving cruelly, so that we tend to like to not expose our kids. Each college has responsibility to implant sensible instructional principles, however it ought to be in applicable ways in which. Sensible colleges produce competitive students.