

10 Levels of Hand Coordination Exercises

Jazer Lee
Transcribed by Jon B.

♩ = 72 Level 1 - Best friends (Play up and down together)



2 Level 2 - The Mirror (Play Opposite Directions)



3 Level 3 - 2 for 1 (LH play 2, RH play 1)



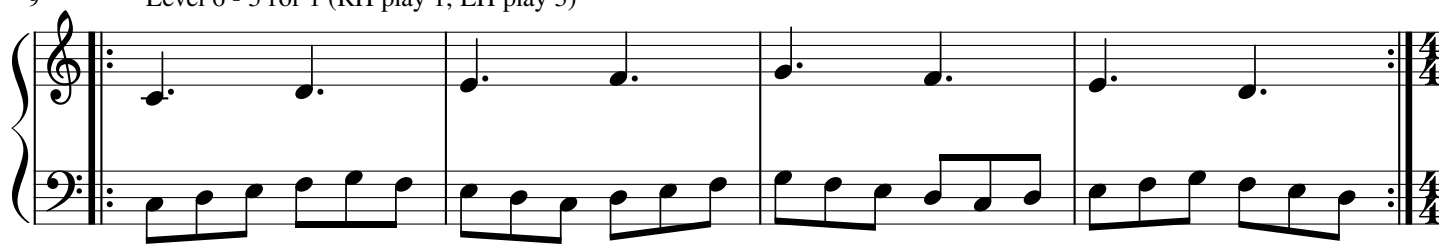
4 Level 4 - 2 for 1 (RH play 1, LH play 2)



5 Level 5 - 3 for 1 (RH play 3, LH play 1)



9 Level 6 - 3 for 1 (RH play 1, LH play 3)



13 Level 7 - 4 for 1 (RH play 4, LH play 1)



17 Level 8 - 4 for 1 (RH play 1, LH play 4)



21 Level 9 - Polyrhythm (RH play 3, LH play 2)



29 Level 10- Polyrhythm (RH play 2. LH play 3)



from the Youtube video: https://youtu.be/VXD0p_g_UTg