UNIVERSAL HUMAN VALUE (BVE-401)

AKTU New Session (2024-25)

SIMPLE AND EASY LANGUAGE + HANDWRITTEN NOTES PDF

TOPIC

Introduction to Value Education

Understanding the need, basic guidelines, content, and process for Value Education, Self- Exploration-what is it? its content and process; Natural Acceptance and Experiential Validation as the mechanism for self- exploration, Continuous Happiness, and Prosperity-A look at basic Human Aspirations, Right understanding, Relationship, and Physical Facilities-the basic requirements for fulfillment of aspirations of every human being with their correct priority, Understanding Happiness and Prosperity correctly A critical appraisal of the current scenario, Method to fulfill the above human aspirations: understanding and living in harmony at various levels

ALL

UNIT -1

ENGINEERING EXPRESS

UNIVERSAL HUMAN VALUE

UNIT-1 Introduction to Value Education

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UNIT-2   Understanding Harmony in the Human Being

Understanding human being as a co-existence of the sentient 'I' and the material "Body", Understanding the needs of Self ('I') and 'Body Sukh and Suvidha, Understanding the Body as an instrument of 'I' (I being the doer, seer, and enjoyer), Understanding the characteristics and activities of 'I' and harmony in 'I', Understanding the harmony of I with the Body: Sanyam and Swasthya; correct appraisal of Physical needs, the meaning of Prosperity in detail, to ensure Sanyam and Swasthya. Programs

UNIT-3   Understanding Harmony in the Family and Society

Harmony in Human-Human Relationship Understanding harmony in the Family-the basic unit of human interaction, Understanding values in the human-human relationship; meaning of Nyaya and program for its fulfillment to ensure Ubhay-tripti; Trust (Vishwas) and Respect(Samman) as the foundational values of relationship, Understanding the meaning of Vishwas, Difference between intention and competence, Understanding the meaning of Samman, Difference between respect and differentiation; the other salient values in a relationship, Understanding the harmony in the society (society being an extension of the family): Samadhan, Samridhi, Abhay, Sah- astitva as comprehensive Human Goals, Visualizing a universal harmonious order in society- Undivided Society (Akhand Samaj), Universal Order (Sarvabhaum Vyawastha) from family to

Human value

Human values are the core principles that shape our behavior and guide us in our interactions with others.
for example:-

- Truth:- telling truth regarding some talk represent your value
- Equality:- not creating discrimination regrading anything represents equality

- Values are vary from person to person, culture to culture
- Universal values are shared by people all over the world like – respect, fairness.
- Value plays a big role in interact with the world shaping "who i am" and how we
- Some example of human value are: empathy, respect, love, wisdom, equality and many more...

factors of human values

Types

personal factor ← → social factor
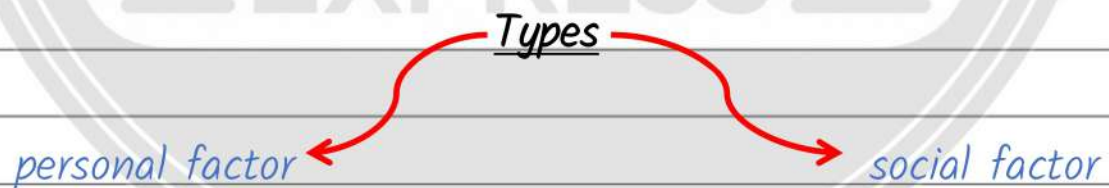
1. personal factor- They are the values that come from inside us, shape by our expressions, feelings and believes.

2. social factor- they are the values influenced by the world around us.

How value differ from skills

1. values- values are those which represent your character like; honesty, treatment.
2. skills- skills are those which represent your hobbies like riding, gaming, cooking

Value Education

- Value Education is a type of learning that focuses on teaching students about important principles, morals and ethics
- It's not just about academic subject like math's or science

Importance of value education

- Building characters like:- honesty, kindness and responsibility
- Promoting social responsibilities students became more aware about their roles
- It helps to build strong relations,
- It helps to visualize our goals clearly
- It reduce the feelings of jealousy and promote brotherhood
- It help us to understand our needs and provide directions to fulfill it

Needs of Value education

- Helps us to be a better person
- Guides your decision
- Helps to build strong relationship
- Create a better society
- Boost confidence

Basic Guidelines for Value education

- <u>Respect:</u> - Treat others by being polite. And kind.
- <u>Honesty:</u> - Always tell truth.
- <u>Responsibilities:</u> - Doing your task with dedication and being accountable. For your mistake,
- <u>Self-discipline:</u> - Control your actions and behavior, especially in Challenging situation.
- <u>Fairness:</u> - treat everyone equally and Justly

Process of value education

- The process of value education has to be that of self-exploration
- Whatever is found as truth or reality may be stated as proposal and has to be verified at the own right.
- It is the process of dialogue between "what you are" and "what you really want to be".
- This process helps you be in harmony within yourself and in harmony with everything around.

Self-exploration

- It is the process of dialogue between "what you are" and what you really want to be".
- It is a process of self evolution through self investigation.
- It is a process of knowing oneself and through that, knowing the entire existence.
- It is a process of knowing human conduct, human character and living accordingly.
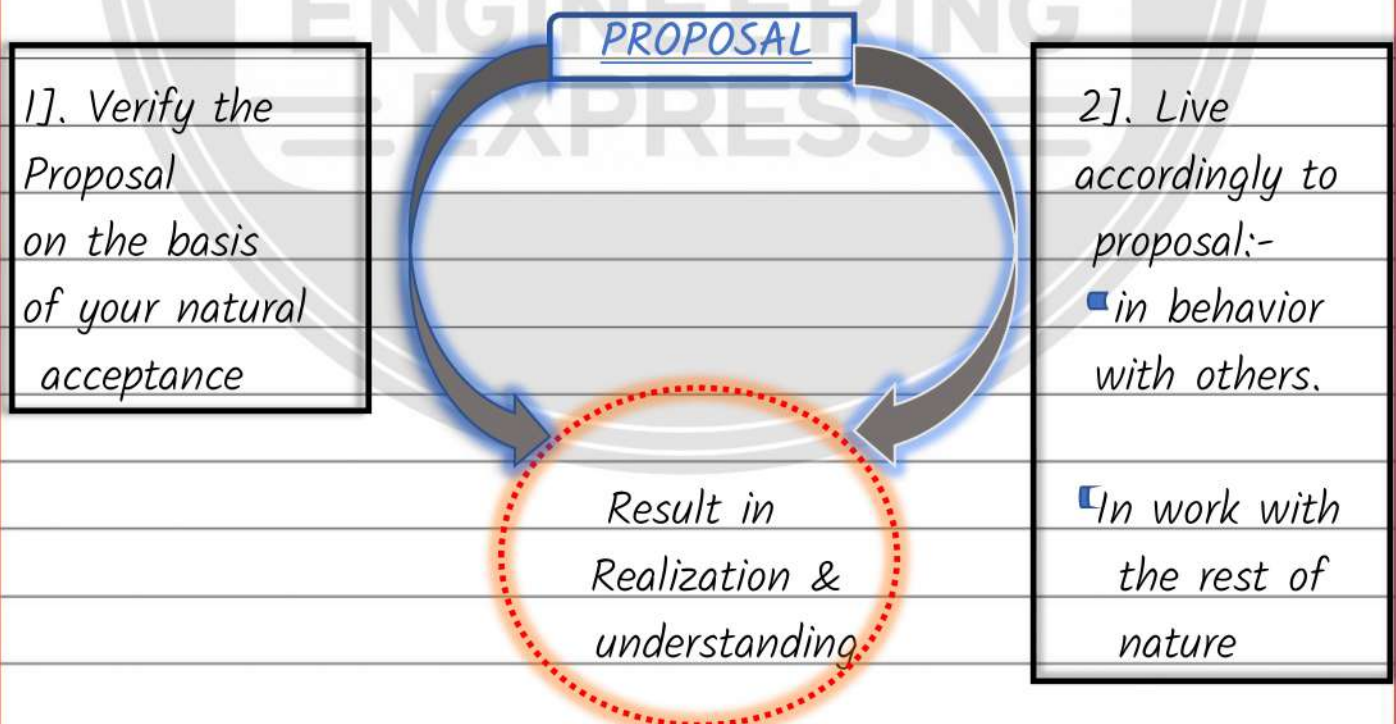- It is a process of being in harmony in oneself and in harmony with entire existence.

Basic contents of self-exploration

Contents of self exploration is just finding answers to the following fundamental questions of all human beings.

1. **Desire goal:-** *what are my desire goals? what do I really want in life? what is the goal of human life?*

2. **Program:-** *What is my program for fulfilment the desire? how to fulfill it?*

In summary the above two questions cover the whole domain of human aspiration thus they form the content of self exploration

Process of self exploration-->

PROPOSAL

1]. Verify the Proposal on the basis of your natural acceptance

2]. Live accordingly to proposal:-
- in behavior with others.
- In work with the rest of nature

Result in Realization & understanding

Natural acceptance

Natural acceptance is a way to accept the good things naturally

for example:- food for nurturing
cloths for body

characteristics :-
- It does not depend on the place
- It does not depend on our past conditions
- It is same for all of us, it is part of humanness
- It doesn't change with time

Experimental validation

Experiment validation involves testing an Idea or proposal through personal experience and observation

Basic human aspiration

- *Make a list all you want in life*
1. To be an engineer
2. first ranker

- *Now ask your self why do you want those all things then the answer is:- to be happy*

similarly, human also require physical facilities for fulfillment of bodily needs

the main motive is:

| continuous happiness
&
Continuous prosperity |

Note: -
→ Prosperity means feelings of having or being able to have physical facilities more than required
→ Includes wealth as well as other factors

Happiness:-
- To be in state of liking
- To be in state of harmony

Note: -
→ Wealth means the state of being rich or having an abundant.
→ wealth is a kind of prosperity.

Unhappiness:-
- To be in state of unliking
- To be in state of disharmony

Program to fulfill basic human aspiration

⇒ Besides physical facilities all human want relationship
⇒ Relationship with Other people or human being like:- father, mother, sister, friend etc.
⇒ Human being wants a good relationship with all of them to be happy

There is need of right understanding at all 4 level

- Myself → how we interact with ourself
- Family → involve interaction with family & other relatives
- Society → interaction with friends, neighbors and other members.
- Nature → our connect with the natural world.

Right understanding

Relationship → physical facilities

Relationship → With family, society etc. → right understanding+ relationship = mutual fulfillment

physical facilities → things we use, come from nature → right understanding + physical facilities =mutual prosperity
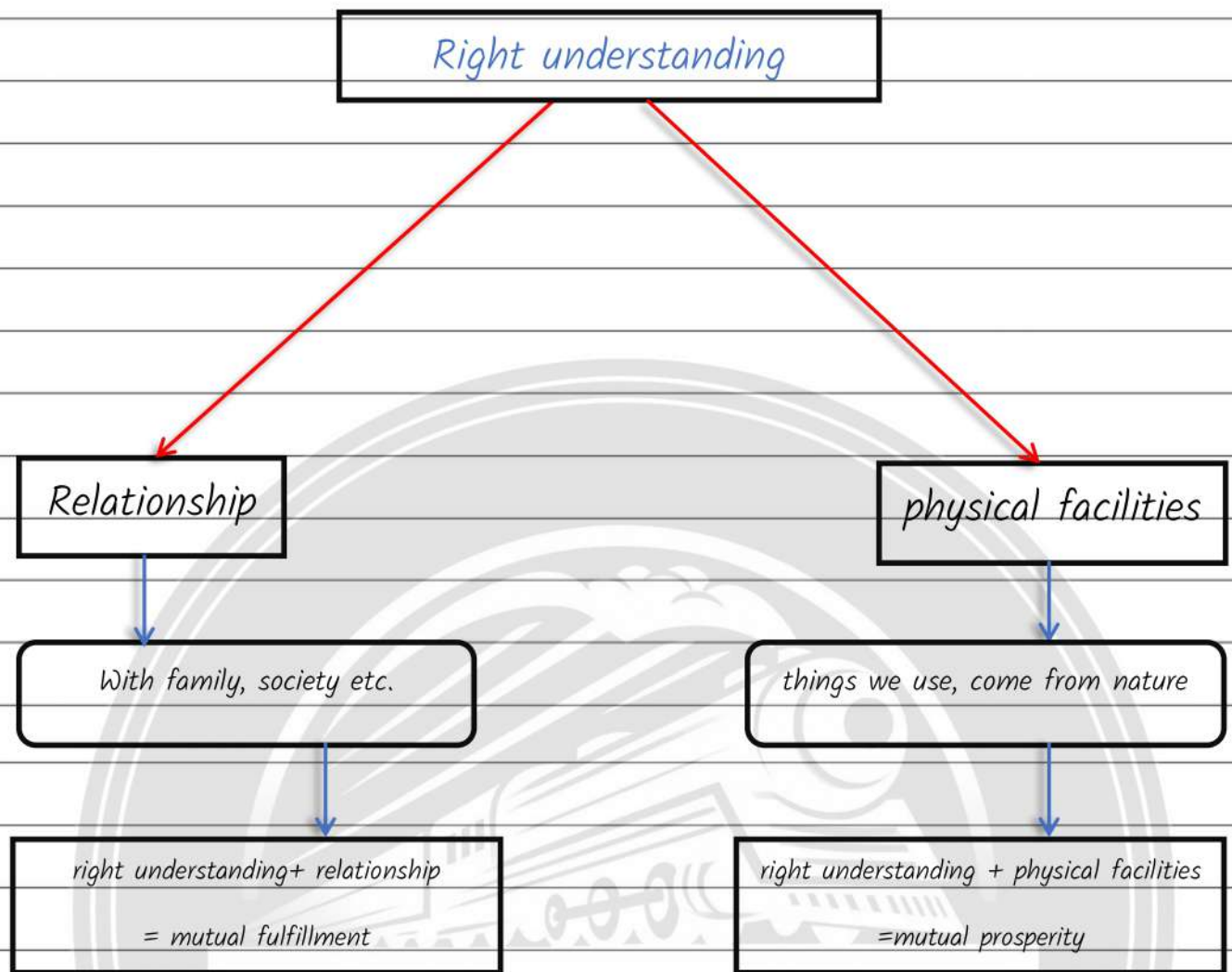
For fulfilling human aspiration, human works on 3 steps

1. Right understanding

2. Relationship

3. Physical facilities

But today, people are focusing largely on 3rd step most of the time.

On the basis of this people are divided into two types

1. SVDD
2. SSDD

➕ *Those who do not have physical facilities/wealth and feel unhappy and deprived are called **SVDD**.*

SVDD:- *Saadhan Viheen Dukhi Daridra*
- *i.e. material deficient, unhappy, deprived.*

⇒ Why people suffer from SVDD state?
Because they do not have right understanding

➕ *Those who have physical facilities/wealth and feel unhappy and deprived are called **SSDD**.*

SSDD:- *Sadhan Sampann Dukhi Daridra*
- *i.e. material affluent, but unhappy and deprived*

⇒ Why people suffer from SSDD state?
Because they do not have right understanding and right understanding of relationship

⇒ Do you want to be in SVDD or SSDD state?
Answer will be NO
Everybody wants to move in the state of having physical facilities and feeling happy and prosperous

SSSS:- *Sadhan Sampann Sukhi Samridh*
- *i.e. material affluent, happy and prosperous*

Thank You