

# **UNIVERSAL HUMAN VALUES & PROFESSIONAL ETHICS**

## **UNIT-I**

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### **CHAPTER-1: UNDERSTANDING VALUE EDUCATION**

**Q: VALUES OR HUMAN VALUES?**

**ANS:**

**Values Indicate the participation (=role) of a unit (such as: pen, plant, animal, human being etc)**

**in larger order of which it is a part.** For example:

- The value of a pen is that it can write. Here writing is the participation of the pen in the bigger order in which it is present along with paper and human being.
- The value of an eye is that it can be used for seeing.
- The value of a vegetable plant is that it provides nutrition to animals and humans.
- The value of a human being is its natural or expected participation in the larger order i.e., participation at the level of the individual, at the level of family, at the level of society and ultimately, at the level of nature/existence.
- Thus the value of a human being is its participation (=role) in this entire nature/existence. Hence, to understand human values, we need to study the human reality along with all that is there in the entire nature/existence which constitutes the larger order.  
**The role of human being is to understand and fulfill its relationship with each and every unit in the existence.**
- Human Values form the basis for all our thoughts, behaviour and work.

**Q: VALUE EDUCATION AND ITS ROLE?**

**ANS:** To understand human values, there is need for value education. We need to explore and understand things as they are; so that we are able to fulfil our participation (=role) with them. **The part of education that deals with the understanding of one's participation (=role) in the larger order, and thus ensuring it in living, is called as Value Education.**

- ✓ **Value education forms the basis of the rest of education as well. Ultimately, the whole education needs to be value based.**
- ✓ If the Education is not value based, it will not serve to fulfil the basic aspiration of the human being, (i.e., Happiness and Prosperity in continuity).
- ✓ Value Education can at most provide skills to a person to fulfil the need for physical facility (i.e., food, clothes, shelter, instruments, devices, machines etc) or so to say, make money, but the basic desire (=aspiration) will remain untouched.

### ROLE OF VALUE EDUCATION:-

- Value education ensures right understanding (=सही समझ) and right feeling (=सही भाव) in every human being.
- Value education helps in development of competence (=ability= योग्यता) so that we could live with definite human conduct (=निश्चित मानवीय आचरण).
- Value education enable us to be in harmony within and in harmony with others (=with other humans and the rest of nature).
- Value education facilitates the students to discuss on:
  - ✓ Their life goals, reflection on what they are and what they want to be
  - ✓ Their relationships in family.
  - ✓ Their relationships with society.
  - ✓ Their relationships with nature/existence.

### Q: PROCESS OF VALUE EDUCATION?

**ANS:** The process of value education is of self exploration (= Self verification) and self investigation.

Self exploration is the process to find out what is valuable to me by investigating within myself. Value education is not a set of do's and don'ts or a set of sermons (उपदेश). It rather is a process of self-exploration and self- investigation.

Self exploration includes two things---

- Verification (=जांचना) at the level of Natural Acceptance(=सहज स्वीकृति)
- Verification at the level of Experiential Validation (=अनुभव के आधार पर)

**Q: WHAT ARE THE 4 LEVELS OF LIVING? Or**

**Q: WHAT IS THE EXPANSE OF OUR BEING? OR**

**WHAT ARE THE STATES OR SITUATIONS IN WHICH I LIVE?**

ANS:

There are 4 levels of living of a human being: -----

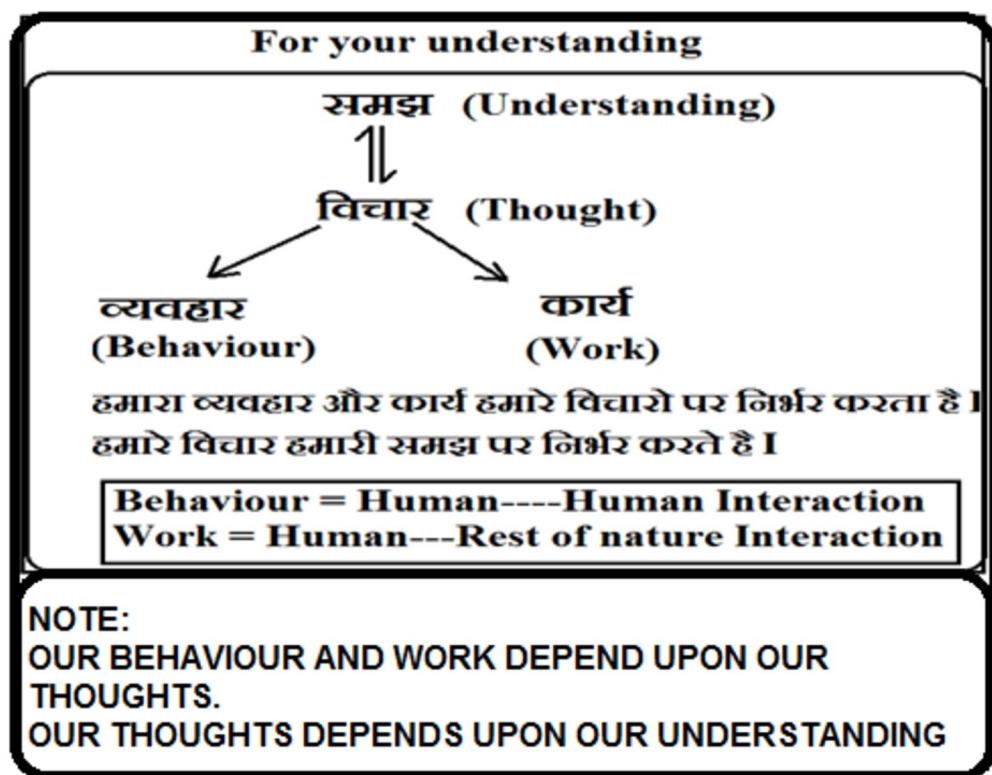
- |                     |                  |
|---------------------|------------------|
| 1. Individual       | व्यक्ति          |
| 2. Family           | परिवार           |
| 3. Society          | समाज             |
| 4. Nature/Existence | प्रकृति/अस्तित्व |

**Q: WHAT ARE THE DIMENSIONS OF LIVING?**

ANS:

There are 4 dimensions of human being: -----

- |                                                   |                                                                                                                 |
|---------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| 1. Thought= विचार,                                | BY: ANUPAM RATN, ASSISTANT PROFESSOR,<br>APPLIED SCIENCE DEPARTMENT<br>anupam05mphilevs@gmail.com<br>9871759903 |
| 2. Behaviour= व्यवहार,                            | You Tube Channel: Right education ensures holistic development                                                  |
| 3. Work= कार्य,                                   |                                                                                                                 |
| 4. Realization/Right Understanding=अनुभव/सही समझ] |                                                                                                                 |



## Q: CONTENT OR SCOPE OF VALUE EDUCATION?

ANS:

**The Content or Scope of value education is all Encompassing i.e., it covers all the dimensions and all the levels of living.**

### Content of Value Education

All Encompassing

Covering all four dimensions as an individual:

- 1. Thought विचार
- 2. Behaviour व्यवहार
- 3. Work कार्य
- 4. Understanding/Realization बोध/अनुभव

Covering all four levels as a society:

- 1. Individual व्यक्ति
- 2. Family परिवार
- 3. Society समाज
- 4. Nature/Existence प्रकृति/अस्तित्व

## Q: BASIC GUIDELINES FOR VALUE EDUCATION?

[LONG QUESTION] MOST IMPORTANT QUESTION

ANS: The basic guidelines for value education are as follows-

- \* UNIVERSAL
- \* RATIONAL
- \* NATURAL
- \* VERIFIABLE
- \* ALL ENCOMPASSING
- \* LEADING TO HARMONY

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1. **UNIVERSAL:** It is universally applicable to all human beings irrespective of their gender, caste, religion, nation and time.

For example: Living with a feeling of relationship is naturally acceptable to all human beings – it is universal

2. **RATIONAL:** It is logical, it is a set of proposal about reality, it can be verified and therefore it is not based on blind beliefs.

**3. NATURAL:** It is natural for human beings and natural for the rest of the nature.

- Natural for human beings means it is naturally acceptable. FOR EXAMPLE – Trust (विश्वास) in relationship (सम्बन्ध)
- Natural for rest of nature means that when we go about to implement it with nature, there are natural provisions to ensure this. FOR EXAMPLE -Provision for seed to tree, tree to seed.

**4. VERIFIABLE:** The proposal can be verified on the basis of Natural Acceptance and Experiential Validation.

**5. ALL ENCOMPASSING:** It covers all the aspects of life i.e.

- All the Dimensions of individual existence (i.e. Thought, Behaviour, Work & Realization) and
- All the levels of living (i.e. Individual, Family, Society and Nature/Existence)

**6. LEADING TO HARMONY:** value education enables us---

- \* to be in harmony within (स्वयं में) i.e at the level of Individual
- \* and to be in harmony with others (दूसरों के साथ) i.e Family, Society and Nature/Existence

**Q: NEED FOR VALUE EDUCATION?**

[LONG QUESTION] **MOST IMPORTANT QUESTION'**

ANS:

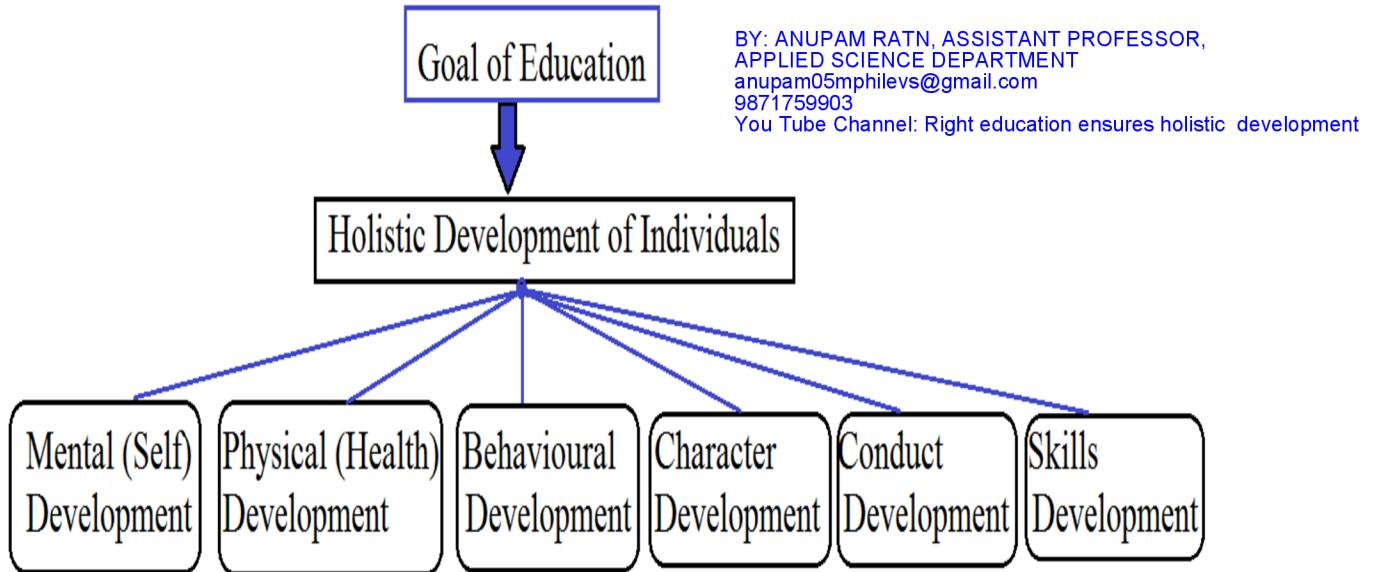
**Value education is required/must for-----**

**1. Holistic Development (समग्र विकास) of individuals: ----**

Holistic development refers to develop those abilities in the individual so as to live with happiness and prosperity in continuity.

We can recognize these abilities as-

- The ability to have right understanding, right feelings, right thought at level of self;
- The ability to keep the body healthy.
- The ability to recognize the need of physical facility and to ensure it.
- The ability to rightly utilize our self (mind), body and wealth.
- The ability to behave and produce in a harmonious manner (mutual fulfilling way).
- The ability to participate in the larger order. This participation is our role, it is our purpose, it is our right, it is our responsibility and it is our value.



**2. CORRECT IDENTIFICATION OF OUR BASIC ASPIRATIONS:** Based on correct identification of our aspirations, we can set our goals, sub goals in right direction and thus we can work for fulfillment of our aspirations.

**3. UNDERSTANDING UNIVERSAL HUMAN VALUES:** Understanding of human values is must to fulfill our aspirations (i.e Happiness). Values form the basis for all our thoughts, behaviour and actions. Once we become aware that what is valuable to us, these values become the source for our happiness.

**4. COMPLEMENTARITY OF VALUES AND SKILLS:** Both values (=value domain) and skills (=skill domain) are necessary to fulfill our aspirations. **Therefore, there are two main domains of value education-** MOST IMPORTANT PART

- **VALUE DOMAIN**:- When we identify and set our goal in right direction, it is called value domain.
  - **SKILL DOMAIN**:- When we learn, practice and work hard to achieve our goal, it is called skill domain. For example: engineering skills, technical skills, programming skills, medical skills, management skills, financial skills, agricultural skills etc.
- The Skills needed to be guided with values. Skills needed to be utilized in a people friendly and ecofriendly way. Thus values and skills have to go hand in hand. There is an essential complementarity between the two for the success of any human endeavour towards the goal of living a fulfilling life (=to live with happiness and prosperity in continuity).

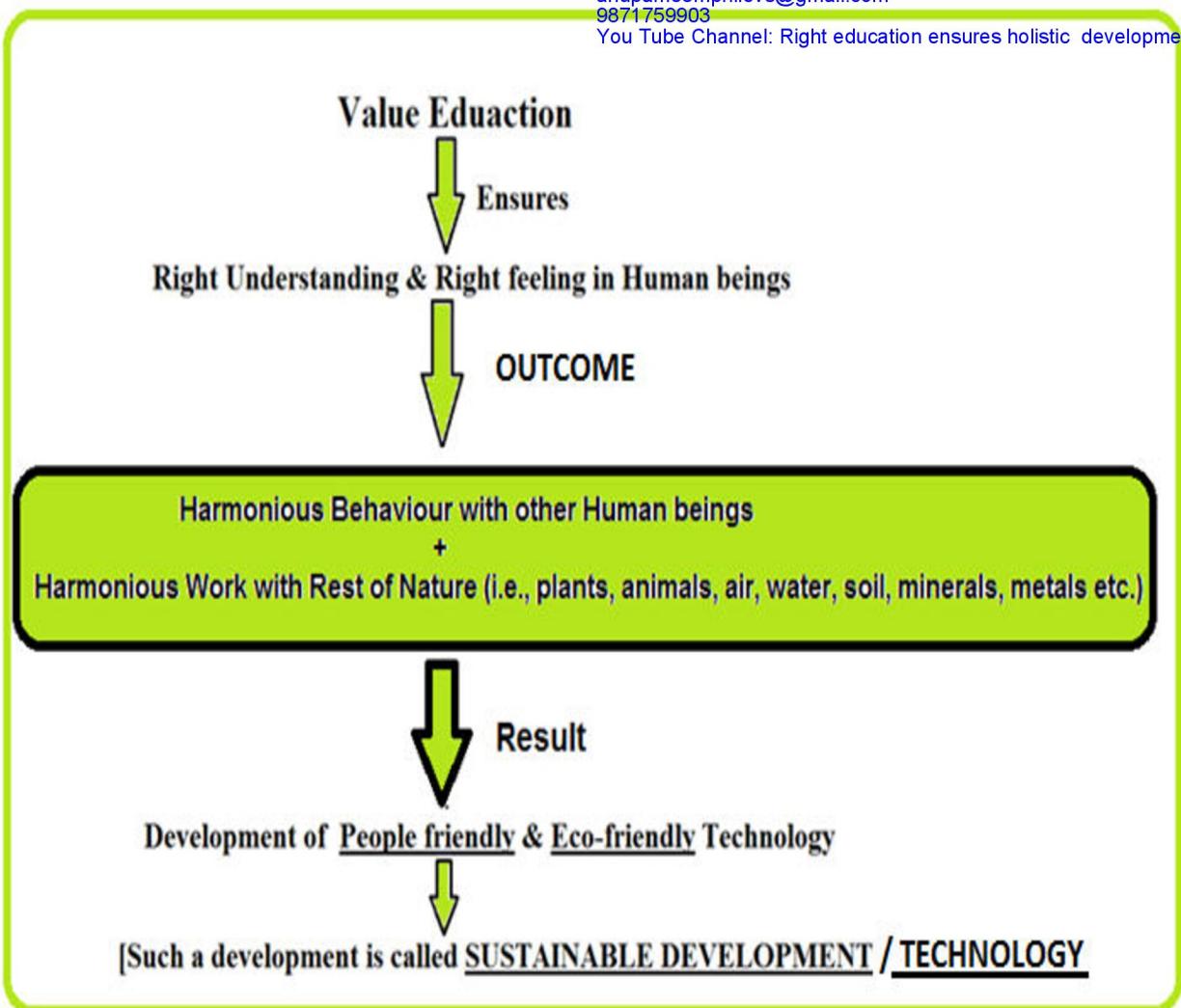
**5. EVALUATION OF OUR BELIEFS:** Value education helps us to verify our beliefs and Preconditionings (=मान्यताएँ). If we do not verify our beliefs and preconditioning, it may lead to conflicts (=झगड़ा/संघर्ष होना) and unhappiness.

**6. TECHNOLOGY AND HUMAN VALUES:** The present education system has become largely skill-based. The prime emphasis is on science and technology. Value education is a missing link in the present education system and therefore most of our efforts (i.e. Development or Technology) result into crisis at the level of Individual, Family, Society and Nature/Existence in the form of Environmental Pollution, depletion of Natural Resources and Diseases in living beings (i.e Human beings, plants & animals).

**Therefore value education is must to ensure harmony at all the levels of living i.e. Individual, Family, Society and Nature/Existence.**

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**Q: As a human being, we have two important questions to resolve:**

- a) What to do?
- b) How to do?

MOST IMPORTANT QUESTION

**Elaborate on the meaning of these two questions with a few examples.**

**ANS: As a human being, we have two important questions to resolve:**

1. What to do?
2. How to do it?

**A holistic education basically has to address both these aspects adequately.**

- ✓ The domain of education which addresses the issues related to '**What to do?**' is called **Value Education**. It gives us the clarity of our goal, our basic aspiration and the programme to fulfil the basic aspiration.
- ✓ The second domain which addresses the issues related to '**How to do?**' is called **Skill Education**. It helps us learn skills, methods and techniques to implement the programme. Both are essential and complementary components of education, and need to be addressed properly.

**Q: HOW ARE VALUES AND ETHICS RELATED? OR**

**WHAT DO YOU MEAN BY DEVELOPMENT OF ETHICAL COMPETENCE?**

**ANS:**

Ethics is the expression of definite human conduct in one's behaviour, work or participation in the larger order. It is easy to appreciate that the core purpose of value education is to develop ethical competence (=Right understanding) among human beings which will reflect in all their pursuits (i.e., behaviour and work). Values form the basis of our understanding, thoughts, behaviour and work. Our behaviour and work depend upon our thoughts and our thoughts are governed by our understanding. Therefore our understanding and thoughts need to be right (=value based) so as to live with definite human conduct.

## **CHAPTER-2: SELF EXPLORATION AS THE PROCESS FOR VALUE EDUCATION**

### **Q: WHAT IS SELF EXPLORATION?**

**ANS: Self exploration is the process to find out----**

- ✓ **What is valuable to me**
- ✓ **What is valuable for my happiness**
- ✓ **What is right for me**
- ✓ **What is true for me by investigating within myself, with my own right- therefore self exploration is also called self verification or self investigation.**

**MOST IMPORTANT QUESTION**

**Self exploration (=verification) includes two things:**

- I. Firstly, we can verify the proposal on the basis of **Natural Acceptance** and
- II. Secondly, we can verify the proposal on the basis of **Experiential Validation** (i.e. we can live according to the proposal to validate it experientially).

### **Q: WHAT IS THE CONTENT OF SELF EXPLORATION?**

**MOST IMPORTANT QUESTION**

**ANS: It includes two things: Desire (चाहना) and Program (चाहना को पूरा करने का कार्यक्रम).**

#### **Content of Self-exploration**

1. Desire (चाहना) – Aim, Objective, Purpose – **Happiness, Prosperity** → Continuous  
What to do, what to achieve?
2. Program (करना) – Process of achieving the desire  
How to do, how to achieve it?

To Understand &  
To Live in Harmony } At all 4 Levels:  
 1. As an Individual  
 2. In Family  
 3. In Society  
 4. In Nature/Existence

**चारों स्तर (INDIVIDUAL, FAMILY, SOCIETY & NATURE ) पर  
HARMONY के PROVISION को समझना और वैसा ही जीना .**

**THIS IS THE PROCESS OR PROGRAM OF ACHIEVING THE  
DESIRE (I.E., HAPPINESS & PROSPERITY IN CONTINUITY).**

#### **आपके समझने के लिए:**

**मानव की चाहना (=DESIRE) क्या है? BASIC HUMAN ASPIRATION OR HUMAN DESIRE ???**

**उत्तर: संसार का प्रत्येक मानव निरंतर सुख (=HAPPINESS) एवं समृद्धि (=PROSPERITY) के साथ**

**जीना चाहता ही है I Basic Human Aspiration/Desire= HAPPINESS & PROSPERITY IN CONTINUITY**

**चाहना पूरी कैसे होगी अर्थात् चाहना को पूरा करने का क्या कार्यक्रम है?**

**उत्तर: चारों स्तर की व्यवस्था के नियम को समझना और वैसा ही जीना**

## **Q: WHAT IS NATURAL ACCEPTANCE? WHAT ARE ITS CHARACTERISTICS?**

**ANS:** Natural Acceptance means “What is naturally acceptable to us? Or “How to be is naturally acceptable to us?” (प्राकृतिक रूप से कैसा होना हमें सहज स्वीकार्य है I) MOST IMPORTANT QUESTION

- ✓ Natural acceptance refers to our Natural Understanding or Right Understanding
- ✓ It refers to unconditional and total acceptance of Self, People and Environment.
- ✓ It is a mechanism of self exploration.
- ✓ It tells what is right for us i.e. what is valuable for our happiness.
- ✓ Once we commit ourselves on the basis of natural acceptance, we feel a holistic sense and inner harmony (=happiness).

### **CHARACTERISTICS OF NATURAL ACCEPTANCE:**

- \* It is **INNATE** (=INBORN) in every human being.
- \* It is **INVARIANT** (=CONSTANT) i.e. it does not change with person, place and time.
- \* It is **UNIVERSAL** i.e. it is same for all of us.
- \* It is Definite.
- \* It is uncorrupted by likes or dislikes or assumptions
- \* It does not depend on Beliefs or Dogma.

|                                                                                             |                                                                                                            |
|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| In order to see your Natural Acceptance, just ask yourself these questions                  | Answer by your Natural acceptance.<br><br>(We get answers within ourselves and it is spontaneous- स्वतः:). |
| Q: Do you want to live with happiness?                                                      | YES                                                                                                        |
| Q: Do you want to live with Prosperity?                                                     | YES                                                                                                        |
| Q: Do you want to live with a feeling of relationship or opposition?                        | Relationship                                                                                               |
| Q: What is naturally acceptable to you in a relationship?<br>a) Trust<br>b) Mistrust        | Trust                                                                                                      |
| Q: What is naturally acceptable to you in a relationship?<br>a) Respect or<br>b) Disrespect | Respect                                                                                                    |
| Q: Do you want to live in a relationship with mutual happiness?                             | Yes                                                                                                        |
| Q: Do you want to live in with a feeling of opposition?                                     | No                                                                                                         |
| Q: What do you want to be- “prosperous” or “deprived”?                                      | Prosperous                                                                                                 |
| Q: Do you want to be “happy” or “unhappy”?                                                  | Happy                                                                                                      |
| Q: Do you want to be “healthy” or “unhealthy”?                                              | Healthy                                                                                                    |

**Q: WHAT IS EXPERIENTIAL VALIDATION?**

MOST IMPORTANT QUESTION

ANS:

**It is a mechanism of self exploration in which we verify the proposal by living accordingly.**

- ✓ To verify the proposal according to experiential validation, I need to live accordingly with the physical world around. In physical world, I interact with other human beings and rest of nature. It includes two things i.e., Behaviour and Work.
- ✓ Human-Human interaction is called Behaviour while Human & Rest of Nature interaction is called Work.
- ✓ If the proposal is true-
  - \* It ensures mutual happiness in **Behaviour** with other human beings.
  - \* It ensures mutual prosperity in **Work** with rest of nature.
- ✓ It helps to develop right understanding and skills and clarify values.

**Q: EXPLAIN THE PROCESS OF SELF EXPLORATION?**

[LONG QUESTION]

ANS: **Self exploration is the process to find out----**

MOST MOST IMPORTANT QUESTION

- ✓ What is valuable to me
- ✓ What is valuable for my happiness
- ✓ What is right for me
- ✓ What is true for me by investigating within myself, with my own right- therefore self exploration is also called self verification or self investigation.

**The process of self exploration is as follows: -----****(A) First of all we have to keep in mind that-----**

- Whatever is being said is a PROPOSAL.
- Don't assume it to be TRUE or FALSE immediately.
- Do not just accept or reject the proposal on the basis of-----
  - \* Religious books or Scriptures
  - \* Other human being (Ex: Great man, TV star, advertisement)
  - \* Any instrument/equipment/machine data

## **(B) Then what to do-----**

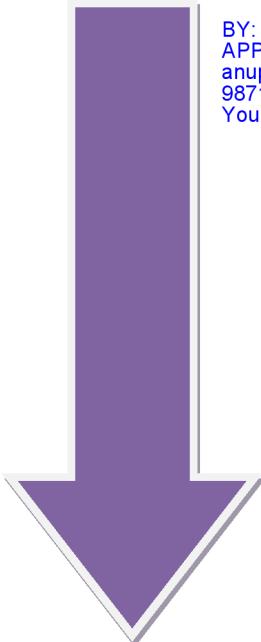
- Verify the proposal on the basis of your Natural Acceptance.
- Live accordingly to validate it experientially. This is called Experiential Validation.
- It results in realization (=right understanding)
- On having realization (=right understanding) , we get-----
  - ✓ **Assurance** means--- I am clear this is what I want to do
  - ✓ **Satisfaction** means---- I am sure that this will lead to harmony
  - ✓ **Universality** means----- It is same for all

## **(C) OUTCOME:**

- ✓ If the proposal is true in behaviour with human  Mutual Happiness
- ✓ If the proposal is true in work with rest of the nature  Mutual Prosperity
- ✓ If the proposal is such that it does not ensure our health, happiness within our self, mutual happiness in behaviour with human beings and mutual prosperity in work with rest of nature, then the proposal is wrong or false or (not right).

## **DIAGRAM IS MUST**

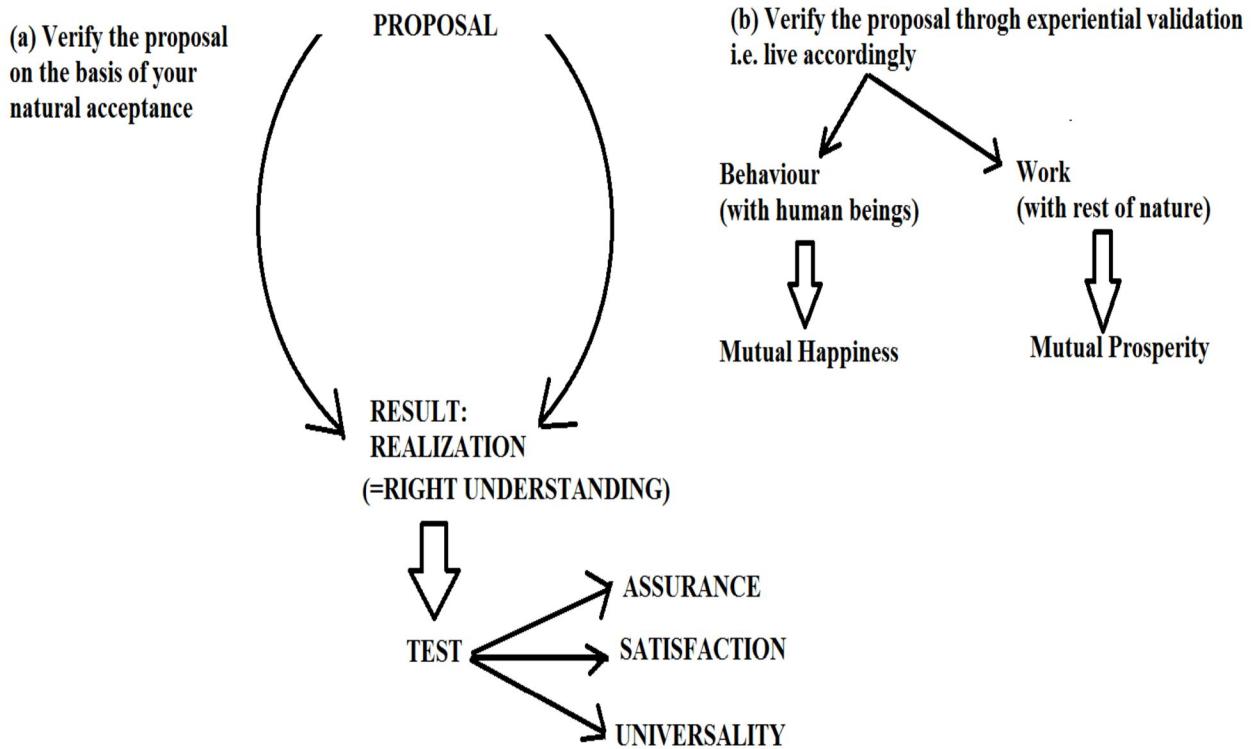
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- It is a proposal
  - Don't assume it to be true
  - Verify it in your own right
  - Not on the basis of scriptures
  - Not on the basis of readings from instrument
  - Not on the basis of others
- Self verification

THIS DIAGRAM IS MUST

### PROCESS OF SELF EXPLORATION



### Q: WHAT IS THE PURPOSE/ IMPLICATIONS OF SELF EXPLORATION? [LONG QUESTION]

ANS: The purpose of self exploration is: -----

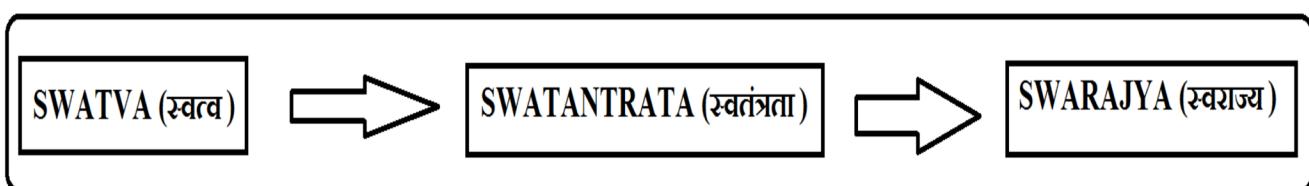
MOST IMPORTANT QUESTION

- 1) It is a process of dialogue (संवाद) between me and you and very soon it becomes a process of dialogue within your own self.

[यह एक संवाद की प्रक्रिया है, यह संवाद आपके और मेरे बीच शुरू होता है। शीघ्र ही यह संवाद आपके स्वयं में चलने लगता है।]

- 2) It is a process of knowing "what I am" (जैसा मैं हूँ) and "what I really want to be" or what is naturally acceptable to me" (जैसा मुझे होना सहज स्वीकार्य है)

- 3) It is a process of Self-exploration, Self-investigation → Self-evolution
- 4) It is a process of knowing oneself and through the self knowing nature and entire existence.
- 5) It is a process of knowing and recognizing harmony at all the levels of living.
- 6) It is a process of knowing human conduct, human character and living accordingly.
  
- 7) It is a process of -----
  - ✓ Knowing our Innateness or Natural acceptance---(SWATVA)
  - ✓ Live according to our Natural acceptance-----(SWATANTRATA)
  - ✓ Living in harmony with others-----(SWARAJYA)



#### **Q: SWATVA, SWATANTRATA AND SWARAJYA?**

MOST IMPORTANT QUESTION

**ANS: SWATVA (स्वत्व):-**

- \* Swatva means **INNATENESS** of self.
- \* Swatva is our innate faculty. It is already there, intact in each one of us.
- \* **Swatva refers to know our Natural acceptance.**  
[अपनी सहज स्वीकृति को जानना = स्वत्व]

**SWATANTRATA (स्वतंत्रता):**

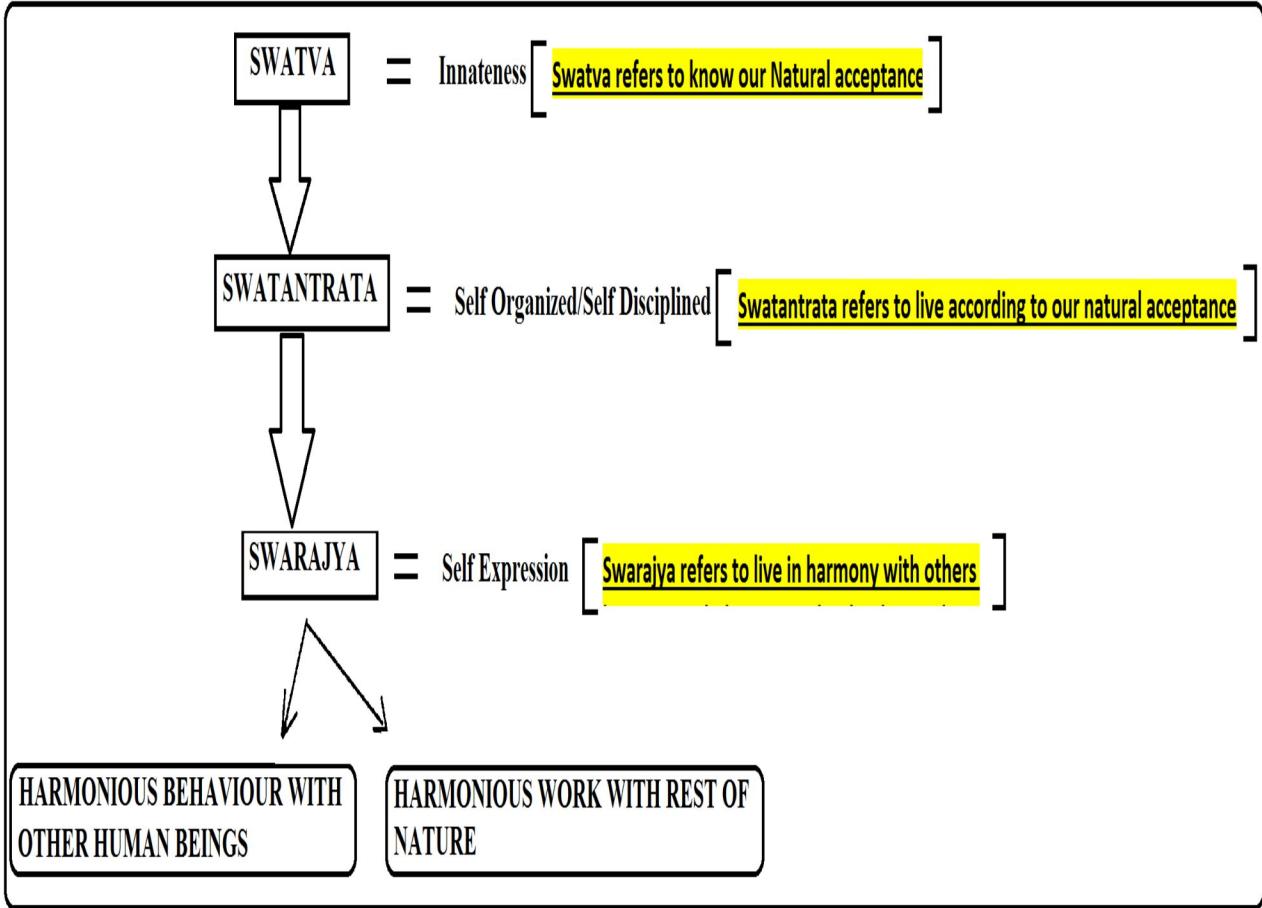
- \* Swatantrata means being **SELF ORGANIZED** or being in harmony within.
- \* **Swatantrata refers to live according to our natural acceptance**  
(अपनी सहज स्वीकृति के आधार पर जीना= स्वतंत्रता).

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**SWARAJYA (स्वराज्य):**

- \* Swarajya means **SELF EXPRESSION**.
- \* **Swarajya refers to live in harmony with others i.e. harmonious behaviour with other human beings and harmonious work with rest of nature.**  
(दूसरो के साथ सहज स्वीकृति के आधार पर जीना अर्थात् दूसरो के साथ संबंधपूर्वक होकर जीना =स्वराज्य)

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## **CHAPTER-3: BASIC HUMAN ASPIRATIONS**

**Q: WHAT IS BASIC HUMAN ASPIRATION?** OR Human Desire ??

**MOST IMPORTANT QUESTION**

**ANS:** Basic Human Aspiration is Happiness and Prosperity in continuity.

- ⇒ Happiness (सुख) means to be in the state of harmony or to be in a state which is naturally acceptable to me.
- ⇒ Prosperity (समृद्धि) is the feeling of having more than required physical facilities (सुविधाएं)-which are identified with the help of right understanding and produced using right skills in a sustainable manner (i.e., people friendly and environment friendly way).

**Q: HAPPINESS AND UNHAPPINESS?**

**ANS:**

| <b>HAPPINESS (सुख)</b>                                                                                                                                                                                                                                                                                                                   | <b>UNHAPPINESS (दुःख)</b>                                                                                                                                                                                                                                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Happiness means to be in a state of harmony</li> <li>• Happiness = harmony within myself</li> <li>• Happiness= to be in a state/situation which is naturally acceptable to me.</li> </ul> <p style="text-align: center;">HARMONY<br/>↓<br/>HAPPINESS<br/>↓<br/>SWATANTRATA<br/>(स्वतंत्रता)</p> | <ul style="list-style-type: none"> <li>• Unhappiness means to be in a state of disharmony.</li> <li>• Unhappiness= disharmony within myself</li> <li>• Unhappiness= to be in a state/situation which is not naturally acceptable to me.</li> </ul> <p style="text-align: center;">DISHARMONY<br/>↓<br/>UNHAPPINESS<br/>↓<br/>PARTANTRATA<br/>(परतंत्रता)</p> |

**Q: CONTINUITY OF HAPPINESS?**

**ANS:** Continuity of happiness means harmony at all the levels of my being i.e.

- I. Harmony at the level of individual
- II. Harmony at the level of family
- III. Harmony at the level of society
- IV. Harmony at the level of nature/existence

**Program for continuity of Happiness:**

- a) To understand harmony at all levels of my being (Individual, Family, Society & Nature)
- b) To live in harmony at all the levels of my being (Individual, Family, Society & Nature)

## **Q: WHAT IS PROSPERITY, HOW CAN WE BECOME PROSPEROUS?**

MOST IMPORTANT QUESTION

**ANS:** Prosperity (समृद्धि) is the feeling of having more than required physical facilities (सुविधाएं)- which are identified with the help of right understanding and produced using right skills in a sustainable manner (i.e., people friendly and environment friendly way).

Thus prosperity includes two things---- (= the way to become prosperous)

- a) Identification of required physical facilities in right quantity using right understanding.
- b) Ensuring availability/production of more than “what is required” physical facilities using right skills in a sustainable manner (i.e., people friendly and environment friendly way).

**A prosperous person** (समृद्ध व्यक्ति) thinks of right utilization of things (वस्तुओं का सद-उपयोग करना) and nurturing others (दूसरों का पोषण करना).

## **CHARACTERISTICS OF A PROSPEROUS FAMILY:**

**If my family is prosperous, then:--**

- ✓ We identify the required physical facility for the family (including the required quantity) – with right understanding
- ✓ We produce more than the required physical facility using cyclically enriching process – with right skills
- ✓ We consume as much as is required (for nurturing, protection & right utilisation of the body), and not more.
- ✓ We share the rest for mutual fulfillment in relationship & for order in society – with a sense of responsibility in relationship

## **Q: PROSPEROUS PERSON AND DEPRIVED PERSON?**

**ANS:**

**A prosperous person** (समृद्ध व्यक्ति) thinks of right utilization of things (वस्तुओं का सद-उपयोग करना) and nurturing others (दूसरों का पोषण करना) because his needs are limited.

**A deprived person** (दरिद्र व्यक्ति) thinks of accumulation of things (वस्तुओं का अनावश्यक संग्रह करना) and exploiting others (दूसरों का शोषण करना) because he has no program for his needs i.e. his needs are unlimited.

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## **Q: WHAT IS THE USE OF PHYSICAL FACILITY?**

**ANS:** Physical Facility is required for nurturing, protection and right utilization of the body.

- ✓ The required physical facility can be identified.
- ✓ The quantity of physical facility required can also be recognized.
- ✓ Physical Facility for nurturing, protection and right utilization of the body is required in a limited quantity.

## **Q: EXPAND THE FOLLOWING: SVDD, SSDD & SSSS? Which one is based on Natural Acceptance?**

**ANS:** There are three categories of human beings on the basis of physical facility.

### **I. SVDD: Suvidha Viheen Dukhi Daridra (সুবিধা বিহীন, দুখী দরিদ্র)**

(Lacking physical facility and therefore they are unhappy and deprived. Such people think of accumulation of things and exploiting others)

### **II. SSDD: Suvidha Sampanna Dukhi Daridra (সুবিধা সম্পন্ন, দুখী দরিদ্র)**

(Having physical facility, however unhappy and deprived because they have no program for their needs (i.e. Needs are unlimited). Such people think of accumulation of things and exploiting others)

### **III. SSSS: Suvidha Sampanna Sukhi Samriddha (সুবিধা সম্পন্ন সুখী সমৃদ্ধ)**

(Having physical facility, happy and prosperous. Such people think of right utilization of things and nurturing others).

**NOTE: SSSS is based on Natural Acceptance, because every human being wants to live with Happiness and Prosperity in continuity.**

## **Q: PROSPERITY AND WEALTH?**

**MOST IMPORTANT**

**ANS:**

| <b>PROSPERITY</b>                                                                                                                                                                                   | <b>WEALTH</b>                                                                                                                                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Prosperity is the feeling of having more than required physical facilities.                                                                                                                         | Wealth is a physical thing.                                                                                                                                                                                                                                 |
| It is a feeling of having enough physical facility.                                                                                                                                                 | It means having money or lot of money or having a lot of physical facility.<br>It is just a part of prosperity.                                                                                                                                             |
| The person having a feeling of prosperity will share what he has.<br><b>Therefore a prosperous person</b> thinks of right utilization of things and nurturing others because his needs are limited. | The person, who has a lot of wealth (money or physical facilities) but does not want to share even a bit of it, will feel deprived.<br>Therefore having a lot of money or physical facilities does not mean that the person has a feeling of having enough. |

## **CHAPTER-4: THE PROGRAM TO FULFILL BASIC HUMAN ASPIRATIONS**

**Q: PROGRAM TO FULFILL BASIC HUMAN ASPIRATIONS? OR [LONG QUESTION]**  
**WHAT ARE THE BASIC REQUIREMENTS TO FULFILL HUMAN ASPIRATIONS? OR**  
**WHAT ARE THE THREE THINGS NEEDED TO FULFILL BASIC HUMAN ASPIRATIONS**  
**WITH PRIORITY ORDER?**

MOST MOST IMPORTANT QUESTION

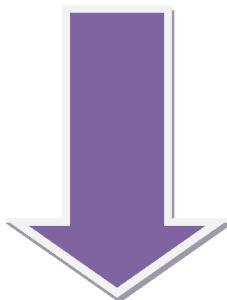
**ANS:** Basic Human Aspirations is **Happiness and Prosperity** in continuity.

- ⇒ **Happiness (सुख)** means to be in the state of harmony or to be in a state which is naturally acceptable to me.
- ⇒ **Prosperity (समृद्धि)** is the feeling of having more than required physical facilities (सुविधाएं)-which are identified with the help of right understanding and produced using right skills in a sustainable manner (i.e., people friendly and environment friendly way).

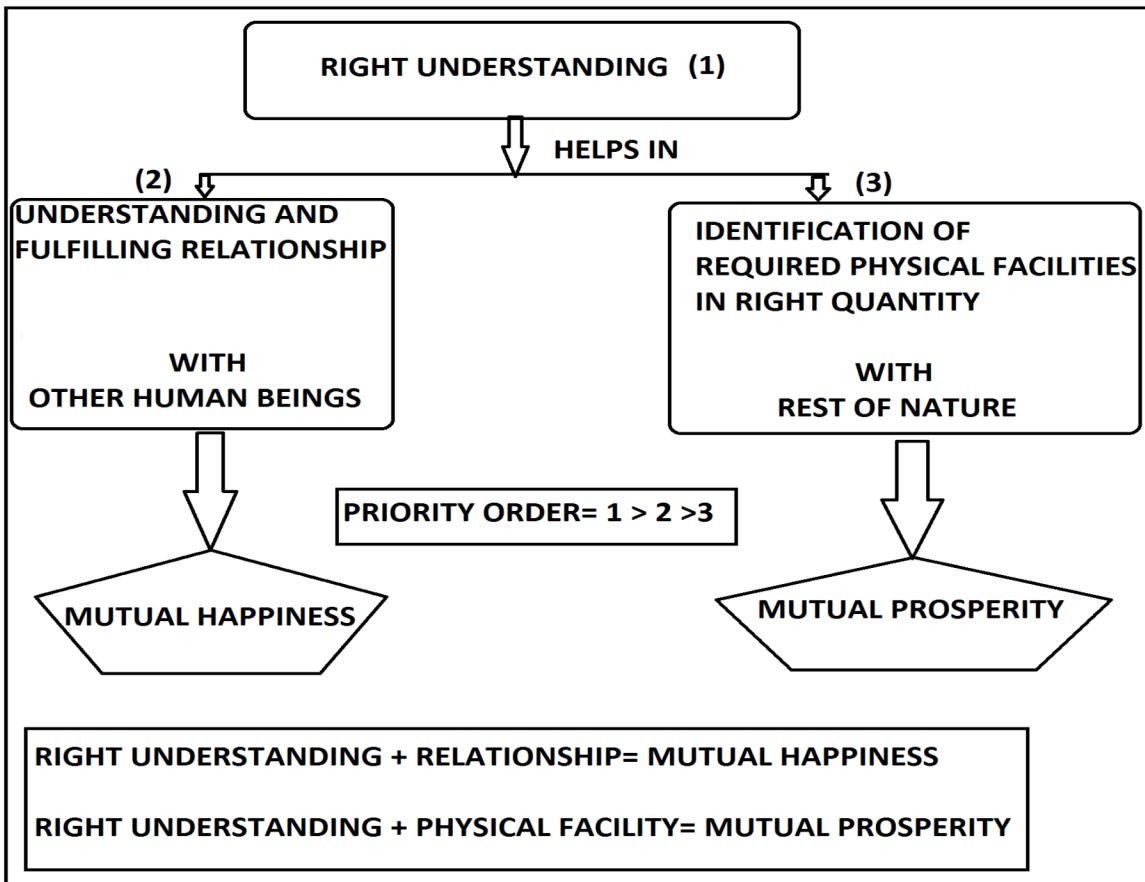
These aspirations can be fulfilled by three things-

1. **RIGHT UNDERSTANDING:** Right understanding means understanding and living in harmony at all 4 levels of my being (i.e. Individual, Family, Society & Nature )
2. **RELATIONSHIP:** Relationship means interpersonal relationships that a person builds in his/her life at home, workplace and in society.
3. **PHYSICAL FACILITIES:** Physical facilities /physical comforts include Food, Clothes, Shelter, and Money etc.

**DIAGRAM IS MUST**



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## CONCLUSION:

- The basic human aspiration is to be in a state of continuous happiness and prosperity. It is something we want to be and continue to be, without any break.
  - For fulfilment of human aspiration, three things are necessary in this priority order:-
    - 1) Right understanding in the Self,
    - 2) Fulfilment in relationship with human being and
    - 3) Physical facility with rest of nature
  - Fulfilment of relationship (with human being) leads to mutual happiness, and fulfilment of physical facility (with rest of nature) leads to mutual prosperity.
  - Living with all three i.e., 1. Right Understanding, 2. Relationship and 3. Physical Facility, with priority order (1>2>3) is living with human consciousness.
  - Living solely on the basis of physical facility is not fulfilling for human being. For human being, physical facility is necessary but it does not suffice. It may be adequate for the fulfilment of animal. If one is seeking fulfilment solely out of physical facility, ignoring of the need for right understanding and relationship, he/she is living with animal consciousness or inhuman consciousness.
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**Q: ANIMAL CONSCIOUSNESS AND HUMAN CONSCIOUSNESS? OR PHYSICAL FACILITIES ARE NECESSARY AND COMPLETE FOR ANIMALS, WHILE THEY ARE NECESSARY BUT NOT COMPLETE FOR HUMANS COMMENT.**

ANS:

MOST IMPORTANT QUESTION

### **ANIMAL CONSCIOUSNESS:**

FOR ANIMALS PHYSICAL FACILITIES ARE NECESSARY AND COMPLETE. ANIMALS NEED PHYSICAL FACILITY (FOOD) TO SURVIVE, MAINLY TO TAKE CARE OF THEIR BODY.  
FOR EXAMPLE: ANIMAL WILL LOOK FOR FOOD WHEN IT IS HUNGRY. ONCE IT GETS THE FOOD, IT DOES NOT DESIRE FOR OTHER THINGS.

RIGHT UNDERSTANDING (?) -Missing

RELATIONSHIP (?) -Missing

PHYSICAL FACILITY (FOOD)----- ✓ 1

HENCE IN ANIMAL CONSCIOUSNESS, PHYSICAL FACILITY (FOOD) IS ON PRIORITY

### **HUMAN CONSCIOUSNESS:**

IN CASE OF HUMAN BEINGS PHYSICAL FACILITIES ARE NECESSARY BUT NOT COMPLETE BECAUSE OUR ASPIRATIONS CAN NOT BE FULFILLED ALONE ONLY WITH THE HELP OF PHYSICAL FACILITIES.

IN ORDER TO FULFILL OUR BASIC ASPIRATIONS (i.e. HAPPINESS AND PROSPERITY IN CONTINUITY), WE NEED RIGHT UNDERSTANDING AND GOOD RELATIONSHIP AS WELL ALONG WITH PHYSICAL FACILITIES.

RIGHT UNDERSTANDING

1



GOOD RELATIONSHIP

2



PHYSICAL FACILITIES

3



**PRIORITY ORDER:**

**1 > 2 > 3**

**TO LIVE WITH ALL THREE i.e. RIGHT UNDERSTANDING, RELATIONSHIP & PHYSICAL FACILITIES IS KNOWN AS HUMAN CONSCIOUSNESS**

## CONCLUSION:

- Living with all three i.e., 1. Right Understanding, 2. Relationship and 3. Physical Facility, with priority order (1>2>3) is living with human consciousness.
- Living solely on the basis of physical facility is not fulfilling for human being. For human being, physical facility is necessary but it does not suffice. It may be adequate for the fulfilment of animal. If one is seeking fulfilment solely out of physical facility, ignoring of the need for right understanding and relationship, he/she is living with animal consciousness or inhuman consciousness.

**Q: THERE ARE MANY PROBLEMS MANIFEST TODAY AT THE LEVEL OF INDIVIDUAL, FAMILY, SOCIETY AND NATURE. IDENTIFY SOME OF THESE PROBLEMS WITH THEIR ROOT CAUSE AND CONSEQUENCES? OR**

MOST MOST IMPORTANT QUESTION

**PREVAILING NOTIONS OF HAPPINESS IN THE SOCIETY AND THEIR CONSEQUENCES? OR**

**WHAT IS THE OUTCOME WHEN WE TRY TO IDENTIFY RELATIONSHIPS BASED ON EXCHANGE OF PHYSICAL FACILITIES?**

**[MOST IMPORTANT LONG QUESTION]**

ANS:

In the current scenario/ present situation Gross Misunderstanding (आधारभूत भ्रम) is--

- HUMAN BEING = BODY
- DESIRE = HAPPINESS
- HAPPINESS =
  - ⇒ Having a lot of money or physical facilities
  - ⇒ Pleasure obtained from sensation of physical facilities and body.
- PROGRAM TO ACHIEVE HAPPINESS=
  - ⇒ Accumulation of physical facilities by any means
  - ⇒ Fulfilment of required expectations (feelings) from others.
- Having more physical facilities= More happiness (अधिक सुख)
- Having more physical facilities = More prosperity (अधिक समृद्धि )
- More physical facilities= Good relationship
- Money is everything
- Money is helpful in building relationship with other human beings

**वर्तमान समय में आधारभूत भ्रम:** वर्तमान समय में मानव ने अधिक धन एवं सुविधाओं को ही सुख एवं समृद्धि का आधार मान रखा है। मानव समझता है की जितना अधिक धन एवं सुविधाएं हमारे पास होंगी हम उतने ही सुखी एवं समृद्ध होंगे। लेकिन क्या वास्तव में अधिक धन एवं सुविधाएं होने के बावजूद श्री क्या मानव वास्तव में सुखी हो पाया है????-- स्वयं में जांचो ??

Therefore we are trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities by exploiting others.

This thinking has resulted in wrong assessment of our needs for physical facilities and therefore we have become Anti-people and Anti-ecological. This situation has been threatening the human survival itself.

### CONSEQUENCES AT ALL 4 LEVELS:

#### I. AT THE LEVEL OF INDIVIDUAL:-----

- Depression
- Stress
- Psychological disorders
- Loneliness
- Suicide

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#### II. AT THE LEVEL OF FAMILY:-----

- Breaking of joint families
- Mistrust
- Conflicts between older and younger
- Divorce
- Dowry tortures
- Acrimony in relationships (सम्बन्धो में रुखापन/ कड़वाहट)

#### III. AT THE LEVEL OF SOCIETY:-----

- Terrorism
- Naxalism
- Communalism
- War between nations
- Acrimony in relationships (सम्बन्धो में रुखापन/ कड़वाहट)

#### IV. AT THE LEVEL OF NATURE:-----

- Depletion (=loss) of natural resources (such as fossil fuels)
- Deforestation & loss of wildlife/bio-diversity
- Environmental pollution
- Degradation of quality of air, water and soil
- Problems like Global warming, ozone hole, acid rain, desertification etc.

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## Current State of Human – without Right Understanding

### Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg.  
Money is everything)

Accumulation  
By Any Means

Domination ,  
Exploitation, Fear

Mastery &  
Exploitation

In Every Individual

In few Individuals

In Society

Over Nature

Obsession for Consumption  
“ for Profit  
“ for Sensual Pleasure

Terrorism  
War

Resource Depletion  
Pollution

Individual based (having different or opposing goals)

**Q: ROLE OF EDUCATION SANSKAR OR SHIKSHA SANSKAR? OR  
WHAT DOES EDUCATION SANSKAR ENSURE?**

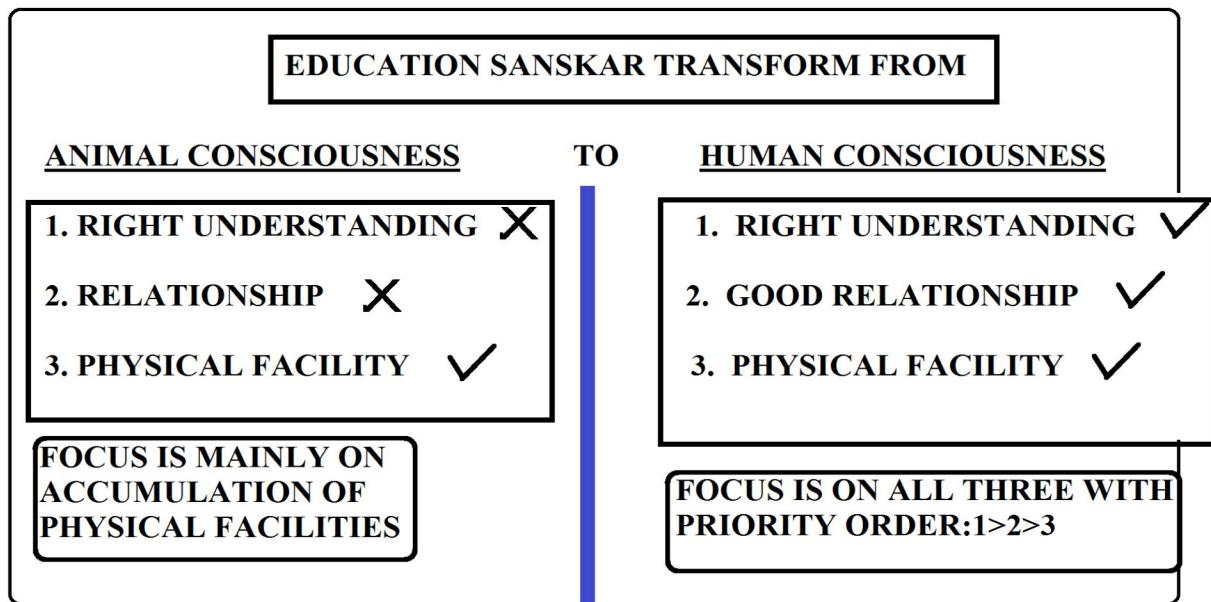
ANS:

MOST IMPORTANT QUESTION

**Education-Sanskars ensures-----**

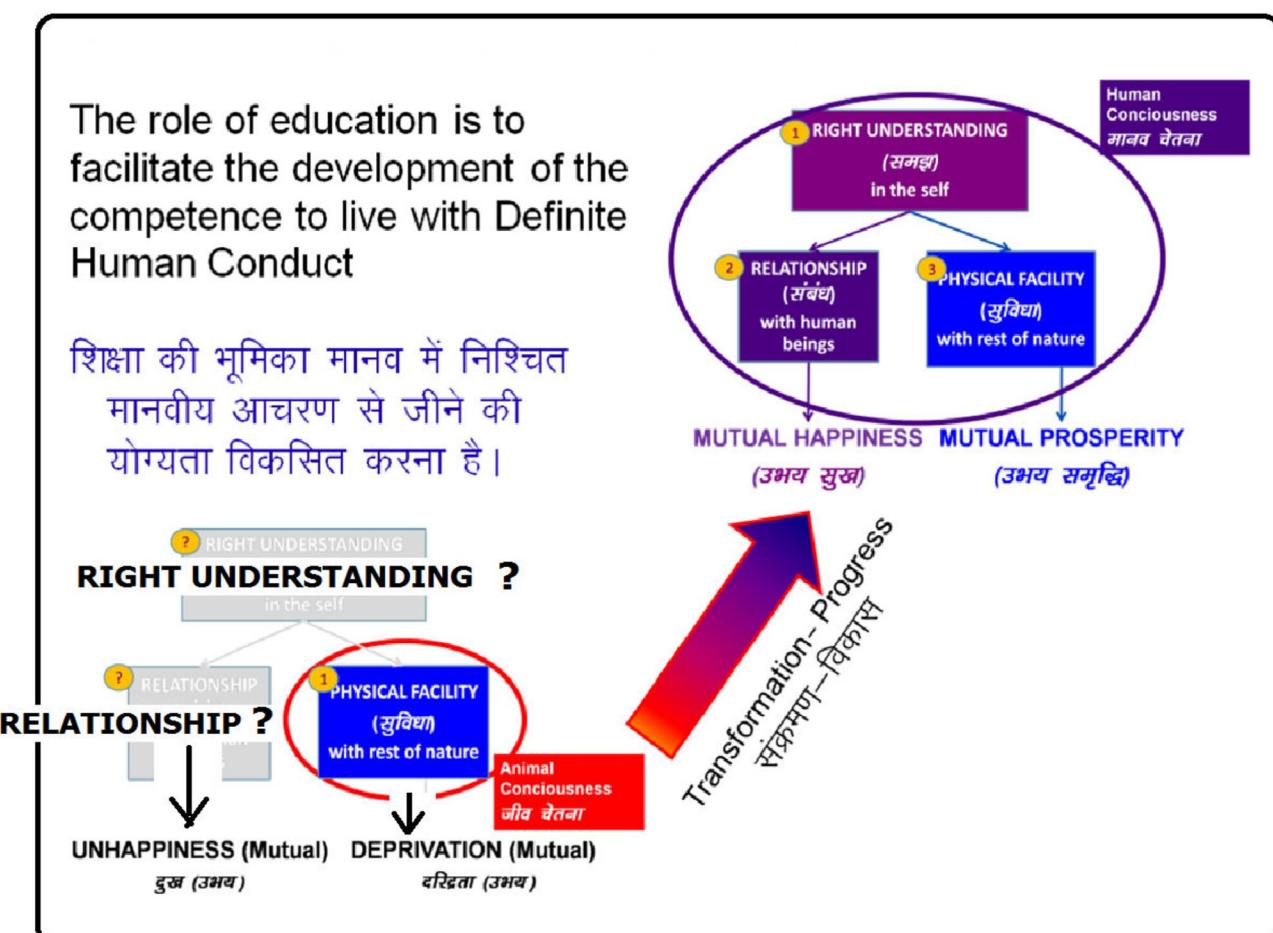
1. Holistic Development of individuals.
2. Transformation from animal consciousness to human consciousness.
3. Right understanding (=Holistic perspective) in the self of every child.
4. The capacity to live in harmonious relationship with the other human beings.
5. The capacity to identify the need of physical facility and the skills & practice for sustainable production of more than what is required leading to the feeling of prosperity.

## EDUCATION SANSKAR TRANSFORM FROM



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