## Simple Harmonic Motion: Energy

For the mass-spring system:  $x = A\cos(\omega_0 t + \phi)$ 

Potential energy = 
$$\frac{1}{2}kx^2 = \frac{1}{2}kA^2\cos^2(\omega_0 t + \phi)$$

k.e. = 
$$\frac{1}{2}mv^2 = \frac{1}{2}m[-A\omega_0\sin(\omega_0t + \phi)]^2 = \frac{1}{2}mA^2\omega_0^2\sin^2(\omega_0t + \phi)$$

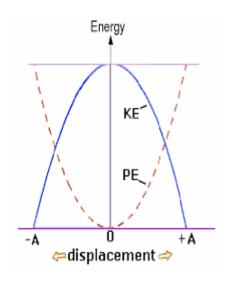
Total energy = 
$$p.e. + k.e$$

$$= \frac{1}{2}kA^{2}\cos^{2}(\omega_{0}t + \phi) + \frac{1}{2}mA^{2}\omega_{0}^{2}\sin^{2}(\omega_{0}t + \phi)$$
$$= \frac{1}{2}kA^{2} \quad (= \frac{1}{2}m\omega_{0}^{2}A^{2}) \qquad (:: E \propto A^{2})$$

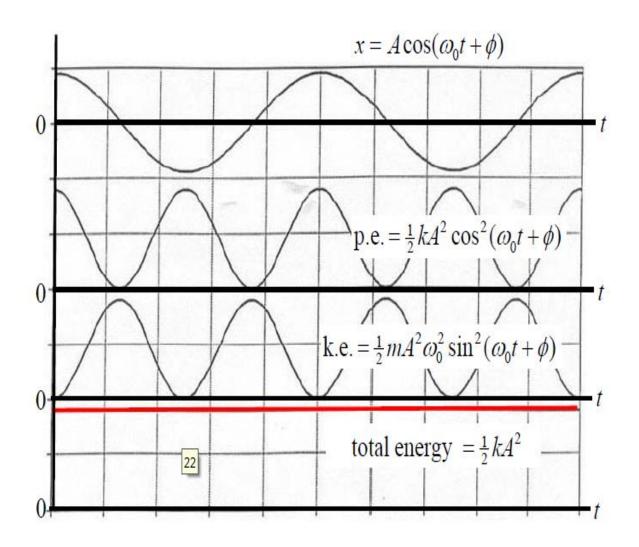
We can now write:  $\frac{1}{2}kx^2 + \frac{1}{2}mv^2 = \frac{1}{2}kA^2$ 

$$\therefore v = \pm \sqrt{\frac{k}{m}(A^2 - x^2)} \qquad \text{or} \qquad v(x) = \pm \omega_0 \sqrt{A^2 - x^2}$$

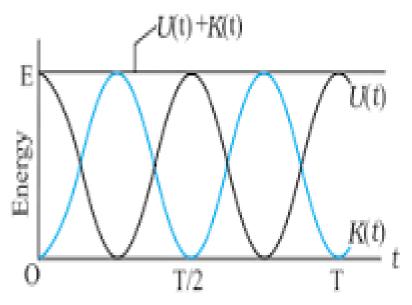
$$E = KE + PE = \frac{1}{2}kA^2$$

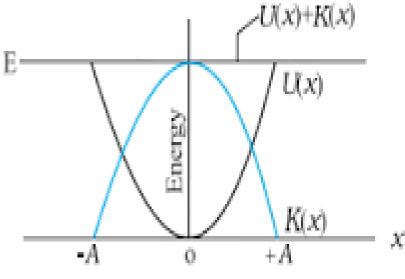


## Simple Harmonic Motion: Energy



### Simple Harmonic Motion: Energy

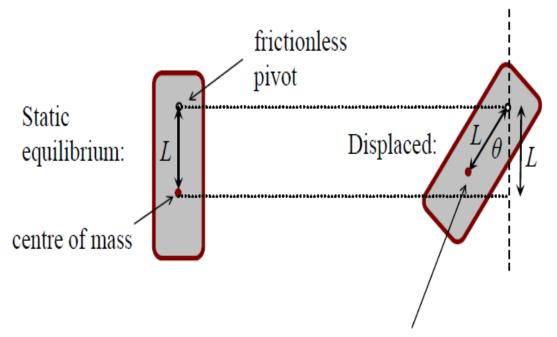




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#### Simple Harmonic Motion: Pendulum

#### The pendulum: general case



In displaced position, centre of mass is  $L-L\cos\theta$  above the equilibrium position.

Recall 
$$\cos \theta = 1 - \frac{\theta^2}{2!} + \frac{\theta^4}{4!} - \dots$$
 For small angles,  $\cos \theta \approx 1 - \frac{\theta^2}{2}$ 

Gravitational potential energy = 
$$mgL(1-\cos\theta) = mgL\frac{\theta^2}{2}$$

### Simple Harmonic Motion: Pendulum

Gravitational potential energy =  $\frac{1}{2}mgL\theta^2$ 

Kinetic energy = 
$$\frac{1}{2}I\left(\frac{d\theta}{dt}\right)^2$$

Total energy = 
$$\frac{1}{2}I\left(\frac{d\theta}{dt}\right)^2 + \frac{1}{2}mgL\theta^2$$
 = constant

$$\therefore I \frac{d\theta}{dt} \frac{d^2\theta}{dt^2} + mgL\theta \frac{d\theta}{dt} = 0 \qquad ... \text{ true for all } \frac{d\theta}{dt}$$

$$\therefore \frac{d^2\theta}{dt^2} = -\frac{mgL}{I}\theta = -\omega_0^2\theta \qquad \text{where} \quad \omega_0 = \sqrt{\frac{mgL}{I}}$$

Equation of SHM

### Simple Harmonic Motion: Pendulum

The moment of inertia of the pendulum about an passing through the point of suspension is

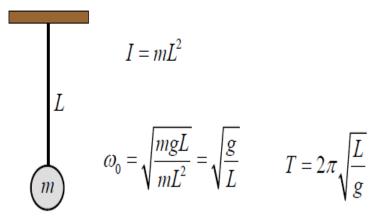
$$= mK^2 + mL^2$$

Therefore 
$$\omega_0 = \sqrt{\frac{gL}{K^2 + L^2}}$$

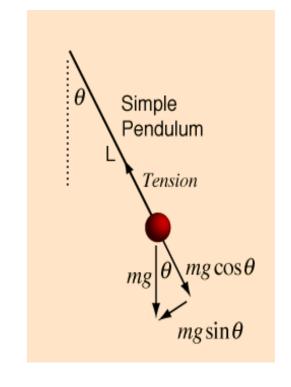
Time Period
$$T = 2\pi \sqrt{\frac{K^2 + L^2}{Lg}}$$

# Simple Harmonic Motion: Simple Pendulum

#### The simple pendulum







# Simple Harmonic Motion: Simple Pendulum

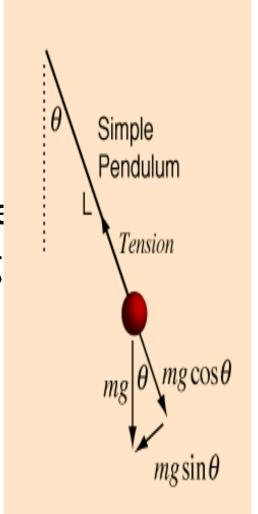
Restoring force

$$F = -mg\sin\theta$$

If the angle  $\theta$  is very small  $\sin\theta$  is very equal to  $\theta$ . The displacement along

$$x = L\theta$$

Therefore, 
$$F = -mg\theta$$



# Simple Harmonic Motion: Simple Pendulum

$$mL\frac{d^2\theta}{dt^2} = -mg\theta$$

$$\frac{d^2\theta}{dt^2} + \frac{g}{L}\theta = 0$$

$$\frac{d^2\theta}{dt^2} + \omega^2\theta = 0$$

Acceleration 
$$\frac{d^2x}{dt^2} = L\frac{d^2\theta}{dt^2}$$

$$Force = mL \frac{d^2\theta}{dt^2}$$

$$\omega^2 = \frac{g}{L}$$

$$T = 2\pi \sqrt{\frac{L}{g}}$$