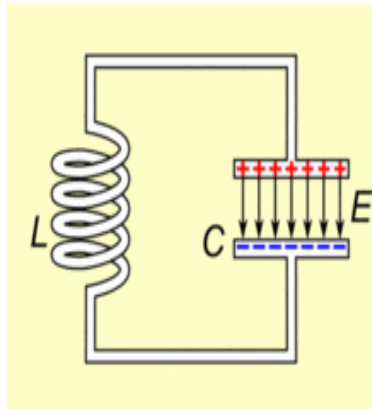
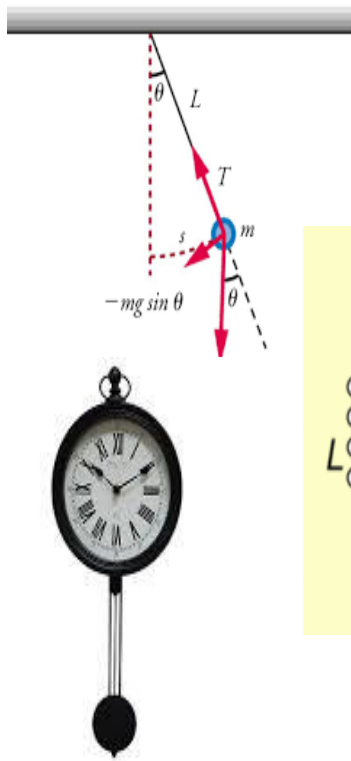


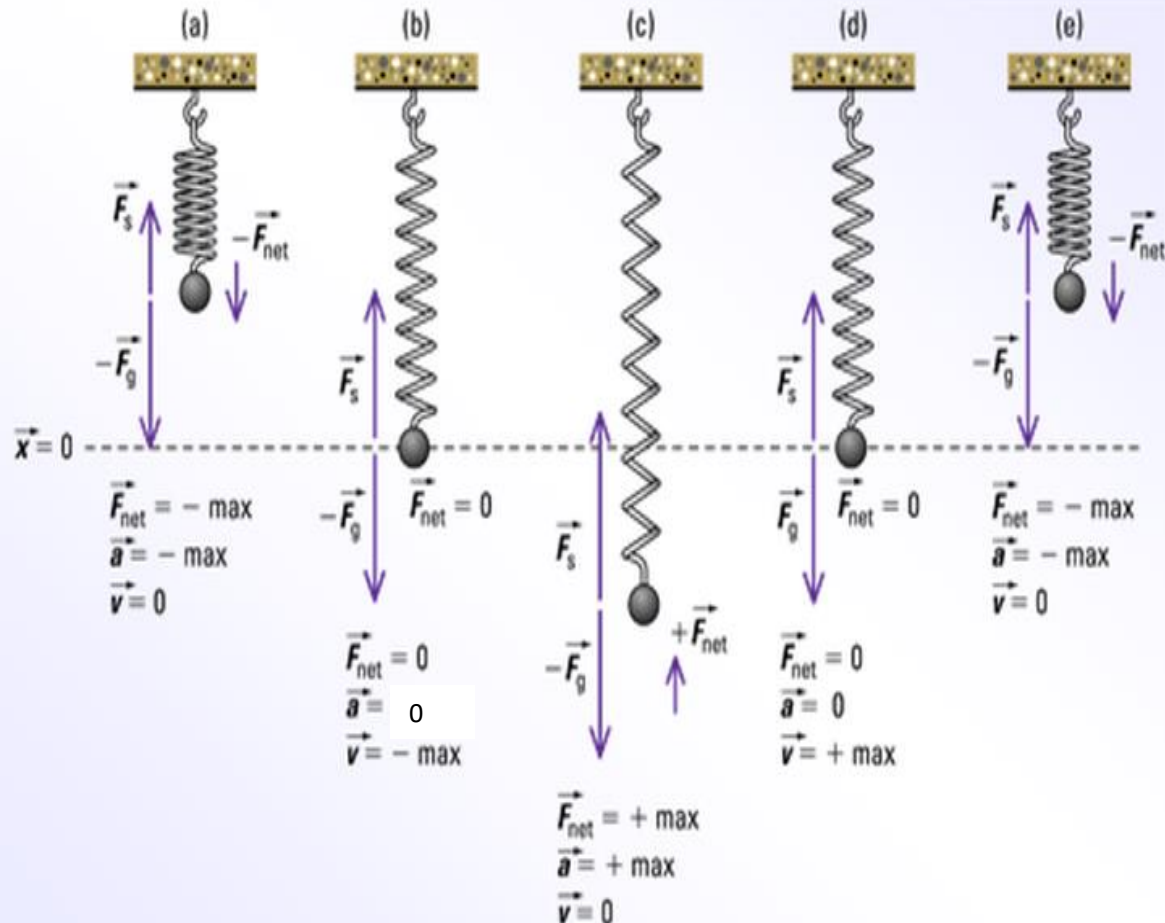
# Lecture 2

# Harmonic Motion



# Simple Harmonic Motion

## Simple Harmonic Motion of Vertical Mass-spring Systems



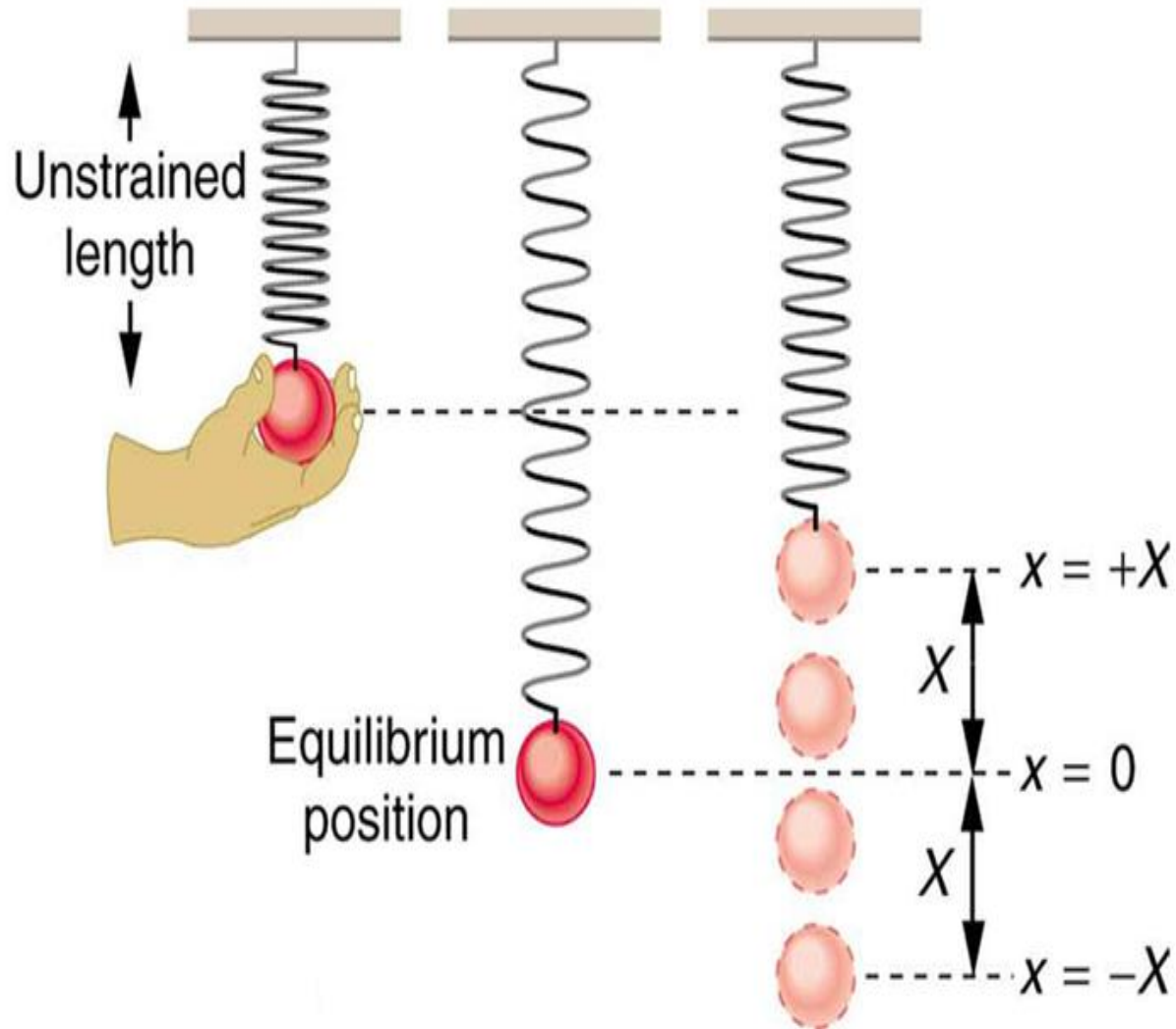
# Simple Harmonic Motion

**Periodic Motion:** A motion which repeats itself in equal intervals of time is periodic motion. For example, the motion of the hands of a clock, the motion of the wheels of a car and the motion of a merry-go-round.

**Oscillatory Motion:** An oscillatory motion is a periodic motion in which an object moves to and fro about its equilibrium position. The object performs the same set of movements again and again after a fixed time. One such set of movements is an Oscillation. The motion of a simple pendulum, the motion of leaves vibrating in a breeze and the motion of a cradle are all examples of oscillatory motion.

**SHM:** To-and-fro motion under the action of a restoring force. Simple harmonic motion is the simplest example of oscillatory motion.

# Simple Harmonic Motion: Graphs



# Simple Harmonic Motion: Equation

**Hooke's Law:** The extension of an elastic object is directly proportional to the force applied to it. Or,

The restoring force applied to an elastic object (such as a spring) is proportional to the displacement (or extension) and in the

**Hooke's Law:**

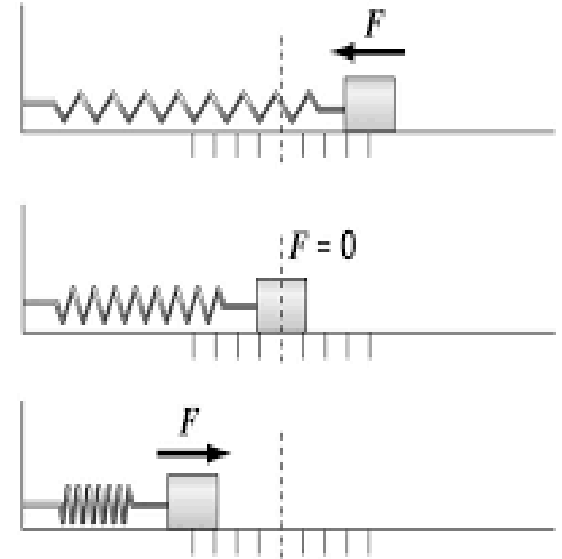
Restoring force,  $\vec{F}_{\text{restore}}$  is proportional to that displacement.

$$\vec{F}_{\text{restore}} = -k\Delta\vec{x}$$

where  $\Delta\vec{x} = \vec{x} - \vec{x}_0$

and  $k$  is the “spring constant”  
[N m<sup>-1</sup>]

Start with the momentum principle:  $\frac{d\vec{p}}{dt} = \vec{F}_{\text{net}}$



For horizontal forces on the mass:  $\frac{dp_x}{dt} = -kx$  displacement caused

$$\therefore \frac{d(mv_x)}{dt} = -kx \quad \text{or} \quad \frac{d}{dt} \left( m \frac{dx}{dt} \right) = -kx$$

$$\therefore \frac{d^2x}{dt^2} = -\frac{k}{m}x$$

# Simple Harmonic Motion: Equation

We can combine the constants  $k$  and  $m$  by making the substitution:

$\frac{k}{m} = \omega_0^2$ , which results

$$\frac{d^2x}{dt^2} + \omega_0^2 x = 0.$$

Some solutions of this equation are:

$$x = A \sin(\omega_0 t + \phi)$$

$$x = A \cos(\omega_0 t + \phi)$$

This solution can be proved to be

the solutions of the above

$$x(t) = A \cos(\omega_0 t + \phi)$$

$$v(t) = \frac{dx(t)}{dt} = -A\omega_0 \sin(\omega_0 t + \phi)$$

$$a(t) = \frac{d^2x(t)}{dt^2} = \frac{dv(t)}{dt} = -A\omega_0^2 \cos(\omega_0 t + \phi)$$

... acceleration = - (constant) . (displacement)

$$= -A\omega_0^2 \cos(\omega_0 t + \phi)$$

$$= A\omega_0^2 \cos(\omega_0 t + \phi + \pi)$$

Phase difference between acceleration and displacement is  $\pi$

Phase difference between  $v$  and  $x$  (and  $v$  &  $a$ ) is  $\frac{\pi}{2}$