

Resource Directory

(El Paso)

WELCOME to El Paso, TX! Information compiled by Christi Luby, MPH, CHES (UTEP Doctoral Student & combat veteran's spouse) for Ft. Bliss chaplains, Family Readiness Groups, military members & their families. Resource website links and emails are active hyperlinks for easier connection. Periodic Updates will occur so please send changes, questions, comments, suggestions to: cdluby@miners.utep.edu (July 2010)

*Mrs. Luby does not recommend or guarantee the quality of the services provided by any of the businesses listed.

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****TRIAD Resources: Some projects have received special funding from the Texas Resource for Iraq – Afghanistan Deployment (TRIAD) of the San Antonio Area Foundation and contracted through the Center for Health Care Services. These projects are also found in document denoted “**TRIAD”**
TRIAD Resources– Texas Resources for Iraq/ Afghanistan Deployments

American Red Cross El Paso Chapter

Mark Matthys

915-590-0208

matthysm@usa.redcross.org

elpaso@usa.redcross.org

Army Community Services Fort Bliss

Peggy Brown

Cher Poehlein

915-568-0768

cher.poehlein@us.army.mil

Child Crisis Center of El Paso

Christin Johnson

915-562-7955

hpaulsboe@childcrisiselp.org

Children’s Grief Center of El Paso

Laura Olague

915-562-6004

laura@cgcelpaso.org

El Paso Child Guidance Center

Sue Jacobson

915-562-1999

epcgcenter@aol.com

El Paso/Ft. Bliss Armed Services YWCA

Jose Melendez

915-562-8461 ext. 300

aymca1@elp.rr.com

Goodwill of El Paso, Inc.

Arlene Alarcon

915-778-1858

aalarcon@goodwillep.org

Jewish Family & Children’s Service, El Paso

Emily Stuessy

915-581-3256

jfcselpaso@sbcglobal.net

Paso Del Norte Food Bank, El Paso

Estela Mendoza

915-532-1508

pfoodbank@elp.rr.com

Salvation Army

John Martin

915-544-9811

john.martin@usw.salvationarmy.org

Soldiers of Today and Yesterday

Johnie Lee Qualls

432-631-3429

styveteran@suddenlink.net

USA Cares, Inc.

Steven Silver

915-274-7476

ssilver@usacares.org

Veterans Affairs

Bridgette Murillo

915-564-6100 ext 6433

irma.murillo@va.gov

YWCA El Paso Del Norte Region

Maureen Hankins

915-577-2530 ext 488

m.hankins@ywcaelpaso.org

General Military Assistance

Army Community Services (ACS)

-**TRIAD Resources (Peggy Brown, Cher Poehlein: 915- 568-0768)
2494 Ricker Rd., Ft. Bliss 915-568-1132
- Relocation Readiness Manager- Cher Poehlein Cher.Poehlein@us.army.mil
-Mobility & Deployment- Tony Cassagnol 568-1132 antonio.cassagnol@us.army.mil
- Family Readiness Group (FRG) liaison- Thuy T. Depew (915) 569-7742 Thuy.Depew1@us.army.mil
-Family Advocacy Program manager- Kimberly Cook-McDaniel (915) 568-4878
Rio Grande Region of 211-City of El Paso (Referrals) 2-1-1
2-1-1 Live Chat/Resource web-site www.Military211help.org

ARMY OneSource <http://www.myarmyonesource.com/default.aspx>

Fort Bliss Information <http://www.fortblisslife.com/> <https://www.bliss.army.mil/>

FREE Military Handbooks and Guides www.militaryhandbooks.com

Guard and Reserve Resource Links <http://militarytimes.com/guardandreserve09>

Military One Source Official site www.militaryonesource.com username: military, password: onesource
1-800-342-9647 (24 hours a day/seven days a week)

-OneSource is an excellent resource: anything from a parent needing to find child care to someone just wanting to talk about their problems and stress
-Web site/toll free call center: Info for all service members, single/married/their families concerning health care, financial resources, family support and concerns throughout the deployment cycle.

Military Handbooks – 2009 Guard and Reserve Military Handbook
<http://www.woundedwarrior.af.mil/shared/media/document/AFD-090731-094.pdf>

My Army Benefits (One Stop for up-to-date benefits) <http://myarmybenefits.us.army.mil/EN/default.aspx>

National Military Family Association www.nmfa.org

The United States Army- Official USA site <http://www.army.mil/>

U.S. Army- Official site <http://www.hooah4health.com/>

Official Branch Websites/Major Resources (not listed elsewhere)

The United States Coast Guard – official site <http://www.uscg.mil/>

Air Force Crossroads- official USAF site www.afcrossroads.com/famseparation/guide_sec01.cfm

Marines for Life- official USMC site <https://www.m4l.usmc.mil/>

United States Navy – official Navy site www.navy.mil

**Also search www.facebook.com for official brigade, family readiness groups & Ft Bliss spouse groups

El Paso Government Community Websites

City of El Paso www.ci.el-paso.tx.us

Congressman Reyes 310 N. Mesa #400 534-4400 El Paso, Texas 79901 www.house.gov/reyes
Guillermo Valenzuela guillermo.valenzuela@mail.house.gov

El Paso Chamber of Commerce www.elpaso.org

El Paso County www.co.el-paso.tx.us

Ft Bliss Post Community Services

Exceptional Family Member Program <http://www.blissmwr.com/efmp/> (915) 569-1830/1854
-Enrollments: walk-in basis. Assignment Coordination/screening requires appointment.
-WBAMC EFMP Coordinator: behind orthopedic clinic (3rd floor Bradley Bldg)

Ft. Bliss Armed Services YWCA ASYMCA <http://www.asymcaelpaso.com/Home.html>
7060 Comington St (Ft Bliss: corner of Dyer and Hayes St)
-**TRIAD Resources POC: Jose Melendez (915) 562-8461 ext 300 aymcal@elp.rr.com
-Hotel, Child Dev Center, Junior Enlisted Food Pantry & Family Center

Fort Bliss Monitor- post news, yard sale, activities, child care, sell/give away dogs/cats www.fbmonitor.com

Fort Bliss Morale Wellness Recreation (MWR) www.blissmwr.com

Ft Bliss Army Volunteer Corps 568-1132 tephanie.hopper1@us.army.mil

Fort Bliss Website www.bliss.army.mil

Recycling Center Bldg 1334, 568-1537/487-6366

USO www.USO.org/ Yolanda D. Castillo, Director, USO El Paso, ycastillo@uso.org
Bldg. 2408 Chaffee Rd., Fort Bliss, PO Box 6413, El Paso, TX, 79916

Base Realignment and Closure (BRAC) - www.defenselink.mil/brac

Deployment Assistance

Female Soldier Readiness (Tips for health in the field and while deployed) <http://chppm-www.apgea.army.mil>

Military Family Research Institute at Purdue University- Links to info, Deployment Support resources for single/married soldiers/extended family
http://www.cfs.purdue.edu/mfri/pages/military/deployment_support.html

Mobilization & Deployment office (ACS – Ft. Bliss) 915-568-1132

USAA 877-2DEPLOY (financial/insurance)

Religious Support

Catholic Counseling Services, Inc.

499 St. Matthews, El Paso, TX 79907, (915) 872-8424 Fax: (915) 872-8425

M and W - F 9:00am - 6:00pm and Tu 9:00am - 8:00pm

Closed 12:00pm - 1:00pm Bilingual therapists Available

Contact: Jose Castrellon ccs@elpasodiocese.org **Lori Ortiz loritz@elpasodiocese.org

-Catholic Counseling Services, Inc. is a private non-profit 501 C (3) organization. Individual, family, marital for ages 5 and up. The services are available to anyone regardless of religion, race, ethnicity, income, age, gender, or sexual orientation. Accept: Sliding scale, Medicare, Medicaid, CHIP and most insurance accepted.

Documents required include: proof of income (last 3 pay stubs), utility bill, and medical insurance (if available)

Chaplains Family Life Center Building 448

Family Life Chaplain 915-568-2623

Chaplain Assistant 915-568-8251

-Bliss youth program

Cielo Vista Church Larry Wilkins: lwilkins@cielovista.org 595-0288

Protestant Religious Education Office – 568-0360

Single Soldiers Bible Study Tuesdays (BLDG 2498) 1730

USASMA Memorial Chapel (East Ft Bliss) Lee or Carole Bossert, 821-3103

-Couples, Women, Men, and Open Bible Study

Spouse Support Groups

Fort Bliss NCO Wives Club Meet 3 times a month, www.BlissNCOWives.com

Sierra Providence Health Network Support Groups

<http://www.sphn.com/en-US/ourServices/communityServices/Pages/supportGroups.aspx>

State Family Programs- FRG (Family Readiness Group) for National Guard and Reservists

9100 Gateway North El Paso, TX 79924 Toll free Help Line 800-252-8032

Mary Goldsmith: (915) 751-8806 x207 cell: (512) 239-8157

TEXAS Military Forces <http://www.agd.state.tx.us/#>

Army National Guard, Air National Guard, Texas State Guard

-Texas National Guard Counter Drug Program (Children & Adults) (915) 298-9620

-TexVet: Partners Across Texas Serving TX Vets & Their Families <http://www.texvet.com/>

National Guard Resource Web-site www.guardfamily.org

Weekly listing of El Paso local support groups:

<http://calendar.elpasotimes.com/> (Select Venue by Type: ex. Club, Church, Community)

Some also listed under: www.elpasotimes.com/neighborhoods

Language/Military/Classes & Training

ACS Bldg 2494 Ricker Rd. Ft. Bliss 568-1132: ESL, Army Family Team Building, Financial, Citizenship

Spouse Employment Resources/Immigration

www.military.com

www.militaryonesource.com

www.milspouse.org

www.NMFA.org (keyword: spouse employment)

Center for Employment Training Website: www.cetweb.org (Day/Evening classes available)

10610 N. Loop Dr. Suite R (at Horizon Blvd.), El Paso, TX 79927, (915) 859-1070 Fax (915) 860-9089

E-mail: Rose Guerrero rguerrero@cet2000.org

- Classes in truck driver, medical insurance billing, job placement assistance and vocational English.

-Financial aid available to those who qualify; training comprehensive, self-paced and open-entry.

El Paso Chamber of Commerce -Job openings/opportunities; <http://www.elpaso.org/>

10 Civic Center Plaza, El Paso, Texas 79901, 915-534-0500

- Job Register: Helps military spouses and family members find jobs. Mica Espinoza: mespinoza@elpaso.org

- Business development division: Briefs new soldiers on info about El Paso. Lea Torres: ltorres@elpaso.org

El Paso Job Corps Center- David Carrasco Job Corp (Employment Help for Youth 16 - 24)

Admin: 915-593-5928 School: 915-594-0022 tienda.martha@jobcorps.org

Employment Readiness Program Manager MWR Bldg 2494 Ft. Bliss, 915-568-1132/7088

Goodwill Staffing Solutions (Employment Help) 915-778-1858 aalarcon@goodwillep.org

Immigration Issues/Nationalization

James Spurling Supervisor, Adjudications Officer, Ft. Bliss, 915-225-1773

La Mujer Obrera (Workforce Development Women) 915-542-1387

Motivation, Education, Training 915-598-9071 elpaso@metinc.org

Nonprofit Enterprise Center (915) 590-1333 terry@nonprofitec.org angela@nonprofitec.org

Nonprofit Connection- Networking opportunity—meets monthly (7:30a.m.) for pastries and coffee.

Project ARRIBA -Job placement assistance; <http://www.projectarriba.org/>

1155 Westmoreland, Suite 235, El Paso, Texas 79925, 915-843-4055 x229 Cell: 915-799-6280

**Laura Ponce, Chief Operations Officer lponce@projectarriba.org & lvalenzuela@projectarriba.org

Texas Workforce Solutions of the Rio Grande (Employment Help) www.twc.state.tx.us

221 N. Kansas, Ste: 1000, El Paso, Texas 79901 915-887-2000 or 915-887-2124

Rosa Flores rosa.flores@urgwda.org 313-3052/772-2002, X 202

Women's Fund of El Paso (915)532-4673 www.womensfundofelpaso.org

- To connect women with resources available in the community and offer educational advancement and leadership development opportunities for their economic advancement.

Financial/Debt Counseling

Financial Classes ACS 568-7088 for free confidential appt.

InCharge Debt Solutions www.incharge.org/mm

-Free credit counseling for military (877) 399-8656;

SaveAndInvest.org Non-profit FINRA Investor Education Foundation

-Free saving and investing advice

Security Service Federal Credit Union <https://www.ssfcu.org/Military>

-Activated/deployed military low-rate loans, flexible loan payments, and counseling 866-809-6332

YWCA El Paso Del Norte Region www.ywcaelpaso.org

Consumer Credit Counseling Service of the YWCA

1600 Brown Street, El Paso, TX 79902, 755-2530 ext. 481; M-F 7:30am - 5:30pm (hours vary at each location)

-Free for military: To provide financial counseling services, including household budget and debt management training to military service members and their families.

- Documents needed: last paycheck stub, most current billing statement, and consumer credit application.

- Application can be picked up at any branch and needs to be presented at the first session

-**TRIAD Resources POC: Maureen Hankins (915) 577-2530 ext 488 m.hankins@ywcaelpaso.org

Savings/Retirement

Thrift Savings Plan www.tsp.gov

Discounts

Discounted products/services to military www.ephcc-abrazos.org (915) 566-4066 for reference

Travel Assistance

Air Compassion (Mercy Medical Airlift)

-Help Soldiers/Veterans get to a destination 888-662-6794; www.aircompassionforveterans.org

Angel Flights- Help Soldiers and their Families within the Western States, and within 1,000 miles, because they only utilize small engine aircraft (310) 390-2958; <http://www.angelflightsc.org/>

National Patient Center

-Help Soldiers who are injured get to a destination, for ex: special treatments and/or for emergent family situations. 800-296-1217; <http://www.patienttravel.org/>

Space-A travel Locations: <http://www.spacea.net/>

-Unaccompanied family members (spouse & children) of deployed service members (120 days or longer) can travel on military transport flights for free *Need deployment orders & child under 18 must have parent present.

Financial Assistance/Thrift Stores/Food Banks

AER (Army Emergency Relief) Loan Ft. Bliss 915-568-7088

-Through the military, taken in non-interest deductions directly from paycheck

American Legion Law Enforcement Post 74 E-mail: LwEnfPst74@juno.com (John McKinney)

1532 Charles Owens, El Paso, TX, 79936, (915) 598-4348

-Temporary family financial assistance, education pamphlets on drug awareness & suicide prevention

Catholic Charities St. Vincent de Paul Thrift Store

2104 N. Piedras, El Paso TX 79930 M-Sat 8:30am - 4:30pm

915) 564-4357 Fax (915) 564-9832 svdpelpaso@gmail.com

6018 Doniphan Dr., (915) 832-0447 Tu-Sun 10:00am - 4:00pm

Services: Clothing, furniture, household furnishings, food, financial

Agency/Caseworker Referral letter needed; Person needs to bring an I.D.

Discovery Shop 4747 Hondo Pass in the Bradly Center 757-0506 (Monday – Saturday, 10:00 a.m. - 4:00 p.m.)

- Social enterprise of the Child Crisis Center that operates as a resale thrift store and sells good condition second hand items to the public. All proceeds from the store go to funding the Child Crisis Center.

El Paso General Assistance (utilities, rent, mortgage, medications, funeral expenses) miflores@epcounty.com

800 E. Overland, Suite 301, 546-8150 or 9521 Socorro Road, Suite B1, 859-4101

M-F 8:00am -5:00pm Applications accepted 8:00am to 4:00pm All based on person's income

Utilities: assist with only one bill per year. Income guidelines must not be exceeded.

Rent/Mortgage: Person must not have any income, no financial benefits, not be living in government housing

Medication program: only for life threatening medication

Application process: apply in person, application is reviewed and an explanation of the process is provided

Ft. Bliss Armed Services YWCA (Food Locker/Assistance) <http://www.asymcaelpaso.com/Home.html>

7060 Comington St (Ft Bliss: corner of Dyer and Hayes St) (915) 562-8461 (POC: See YWCA ASYMCA)

House of Hope 915-351-7643 delossantos13@att.net

<http://www.houseofhope-elp.org/>

- Free and Confidential: Pregnancy testing, limited obstetrical ultrasound, reproductive health & family planning education, free baby food and diapers

Jewish Community Center (Financial Assistance) 915-584-4437 (POC—see Daycare)

Jewish Federation of El Paso 405 Wallenberg DR, El Paso, TX 79912

Mary Peyton Foundation (Utilities Assistance) 915-533-9698

OMNI Financial 1-877 OMNI USA (All Ranks- All Services) www.militaryloans.com

3910 Dyer St, Suite E, El Paso, TX 79930, (915) 565-6664 customersupport@yesomni.com

Hollee Garcia: hgarcia@yesomni.com Customer Service Representative 1-800-798-6664, ext. 113

-Personal Loans up to \$10,000; Affordable repayment terms; Apply in person or online

Open Arms/Centro Santa Fe jdi@hsrctr.org

8210 North Loop; 595-0589; Tu-F 10:00am - 4:00pm F - 10am or 1pm for Food Bank

- Assist with: Thrift Store and Food Bank (First come, first serve/only for emergencies)

Documents needed: ID, social security card and proof of income and address; From Juarez: passport needed

Operation Homefront of Texas-Chapter: www.operationhomefront.net/texas www.homefrontonline.com
10157 IH 35 North, Suite A, San Antonio, TX 78233 (210)-659-8039 Toll free: 800-779-5921
- Provides emergency assistance and morale to our troops, to the families they leave behind and to wounded warriors when they return home. Texas Chapter POC: President jennifer.cernoch@operationhomefront.net

Paso Del Norte Food Bank, El Paso **TRIAD Resources pfoodbank@elp.rr.com
300 S Ochoa St., El Paso, TX 79901-2528 (915) 544-5592; POC: Estela Mendoza (915) 532-1508

Pregnancy Help Center of El Paso (Clothing & Diapers) 915-591-1343 Cris Sosa cris@pregnancyhcep.org
10781 Pebble Hills Blvd. Suite A, El Paso, TX 79935

Project Bravo (Funding for Utilities) www.projectbravo.org
915-532-7941 Call for hours/Seven different locations in the city
4838 Montana, El Paso, Texas 79903, 915-562-4100 (Administrative Office M-F 8-5) (Appt required)
Annie M. Payton, Exec. Dir., (915) 217-1190 apayton@projectbravo.org

Assist with: prescriptions, employment, housing, education (GED), medical and utilities

PAP (prescription assistance program): Application will be filled out/sent to a pharmaceutical company, if qualifies medications will be mailed to one's home

Documents needed: ID, SS card, rent receipt or proof of ownership, and proof of income

Energy program (SEAP): financial assistance for electric and gas bills

Weatherization program: weatherize your home (sealing doors or windows)

Project Gabriel (Affiliated with St. Patrick's Cathedral—call with need of Baby Items) 915-532-4085

Project Vida (Low Income Apts & Loans) <http://www.projectvidaelpaso.org/> czuniga.pv@hotmail.com
3607 Rivera El Paso, TX, 915-533-7057 (M-F 8-5) Outreach: Aida Ponce 351-1401

- Discounts for medication, medical/therapy services, dental clinic, family planning and immunizations

- Health Care: low cost healthcare in 3 clinics. Primary care including laboratory, medicines and referrals

- Low-Cost Housing: Offers over 100 low-cost apartments; provide housing for homeless single parent families.

Salvation Army - El Paso www.usw.salvationarmy.org

4300 E Paisano Dr., El Paso, 544-9811

-To provide food boxes, clothing, furniture vouchers, gasoline, and utility, rent or house payment assistance to military service members and their families (24 hour family shelter/No single men accepted)

- Worship Center, Adult Rehabilitation Center, Salvation Army Family Store, youth services, housing assistance, domestic violence; 3:00pm: Showers for anyone; 4:00pm: Soup kitchen anyone

-Assist with food, clothing, shelter, and furniture when available: Food pick up: M/W/F 1:30-3:30; -Clothing pick up: M-F same as office hours Social Service Dept M-F 8-5

Documents needed for food: picture ID, social security card, and proof of address

Documents needed for clothing: picture ID and social security card

-**TRIAD Resources POC: John Martin (915) 544-9811; john.martin@usw.salvationarmy.org

Salvation Army Thrift Store- 3920 Morehead, Tues-Sat 10-6 p.m. (915) 565-6532

Savers (Thrift Store-Low Cost Items) 915-832-0862 <http://www.savers.com/>

Soldiers of Today and Yesterday (STY) www.styveteran.org

-Grant monies available to help OIF/OEF service members with funds for hardship issues, etc. easiest way to get the money is visit with your chaplain who has the necessary social service paperwork and will fax it to them. They will send the monies out that same day and can wire money to the AKO account that day.

- El Paso Contact: 751-5800 Main Office: P.O. Box 4246, Midland, Texas 79704-4246

-**TRIAD Resources POC: Johnie Lee Qualls (432) 631-3429; styveteran@suddenlink.net

TX Department of Health & Human Services (Medicaid/CHIP/TANF/Food Stamp) 915-834-7500; 772-8383

Texas National Guard Family Support Foundation

-Monetary assistance: ONLY National Guard, interest free loans, grants for living needs, medical care, travel P.O. Box 5218, Camp Mabry, Bldg 42, Austin, TX 78763 (800) 252-8032; FRTX@tx.ngb.army.mil

USA Cares 1-800-773-0387; <http://www.usacares.org>

Local: 3800 N. Mesa, Suite A-2/102, El Paso, TX 79902

-To assist wounded warriors and their families, prevent home foreclosures and evictions, and to help with basic needs (utility, auto payments, food, insurance) during a financial crisis, funds for those with PTSD.

-**TRIAD Resources POC: Steven Silver (915) 274-7476 ssilver@usacares.org

West Texas Food Bank Office: 3727 Shell 915-595-1060 Food Pantry: Trinity First United Methodist Church Pastor: john@trinity-first.org (Food Pantry 533-2674 x.33) www.wtxfoodbank.org

Ysleta Lutheran Mission (Food, Clothing, Thrift Store) 915-858-2588 karmira17@yahoo.com
pastorheimer@gmail.com

WIC- Many military don't realize they may qualify. Numerous means of support for children 0-5yo, income only counts base pay & BAS, NOT BAH, also based on nutritional need, breast pumps now available.
51 Slater Road, Ft. Bliss Main number: 771-5870 Direct: 771-5850

Housing Assistance

Apartments for Military (off-post) fortbliss@placeproperties.com

Independence Place, 4011 Alabama Street, El Paso, TX 79930, 915-562-4300

Homebuyer Seminar/Classes ACS 568-7088

Military Rent-All- Furniture and equipment rentals, 1743 Victory Avenue, Ft. Bliss, (915) 565-8473

Mortgage Loans- First Light Federal Credit Union, 1741 Marshall Rd., Ft. Bliss, 915-562-1172

USAA – Loans, financing, banking, & insurance 800-531-8521

Housing/Shelters

Housing Authority of the City of El Paso

5300 E. Paisano, 849-3742 or 849-3836, M-F 8:00am - 5:00pm

- Information on availability and type of housing is accessible on the 1st of the month

Public Housing: based on person's income, person may not choose where to live; assigned upon availability.

Section 8: based on income, process starts with waiting list and rental assistance may be provided. Person needing assistance looks for a rental and the rental is processed through the housing authority

La Posada Home, Inc. (Single Mothers) Lydia Meneses, Serv. Coord. lyd_meneses@yahoo.com

- 1020 N. Campbell, El Paso, TX (915) 544-4595 or 544-4596
- 1930 Bassett, El Paso, TX, (915) 532-8498 POC: Monica Almuina or Julie Krill
- Housing for homeless women who are pregnant or have children (boys must be younger than 12 years old)
- Initial interview in person; No documents needed for interview. Women can stay up to 2 years and need to be attending school or working; Day care is provided

Opportunity Center (Clothing & Meals, Men & Women Shelter) 915-577-0069

1208 Myrtle El Paso, TX Seven days a week: 6:30am - 9:00pm (**Also See Centro San Vicente**)

- Homeless shelter: Single men & women over 19. Provides clothing, 3 meals/day. Having an ID would be helpful; Medical clinic available. homlessray@aol.com
- Homeless Youth Initiative (Dorothy Truax 274-2598)
- Veterans transitional, women transitional, Safehaven- single room occupancy, men, women, elderly & fragile

Rescue Mission (Meals, Clothing, Furniture, Food, Job Placement; Men & Women Shelter) 915-532-2575

1949 W. Paisano El Paso, TX (Open 24 hrs a day) Clothing provided 5 days a week, Meals: Three a day

- Homeless shelter for Males and females with families (4pm: Showers for anyone)
- Social workers provide prevention program for drug/alcohol issues jcortega_393@hotmail.com

Villa Maria Provides temporary shelter for homeless, single women working toward self-sufficiency.

920 S. Oregon, El Paso, TX 915-544-5500 villamaria_elp@sbcglobal.net

YWCA- Transitional Living Center

3700 Altura; 566-2762 M-F 8:00am - 5:00pm (Waiting list in effect) c.prieto@ywcaelpaso.org

- Contact person: Clemencia L Prieto, Administrator Referral can be done over the phone
- It is not an emergency shelter; Living placement for homeless women ages 18 and over, with or without children (No boys over the age of 12, No limit on age for female children)
- Women are expected to be self-sufficient within 18 to 24 months; Women need to be attending school or be working; 10% of income or 30 % of their adjusted income is given to the shelter and it is placed in a savings account which is given back to them upon leaving the facility; Individual and group therapy

Independence House: Also low income living (YWCA) depending on the woman's needs (915) 566-2763

Housing Referrals/Shelters (Not already listed)

Crisis Pregnancy Center (Pregnant Women) 2200 San Jose El Paso, TX, 915-565-1152

Dame La Mano (Single Mothers) 1014 S. Virginia El Paso, TX, 915-546-4040

Habitat for Humanity (Families) 9210 Dyer El Paso, TX, 915-755-6633

Missouri Street Men Single Room Occupancy 526 W. Missouri El Paso, TX, 915-533-1761

Missouri Street Women's SRO 1318 Myrtle El Paso, TX, 915-313-9897

Mujer Obrera (Single Women) 2000 Texas El Paso, TX, 915-542-1387

Reynolds House (Single Mothers) 8023 San Jose El Paso, TX, 915-598-7382

Ft Bliss Programs for Children

Ft Bliss Central Enrollment and Registration (CER) Bldg 1743, Victory Rd. 915-568-4373 for appt.
-In order to participate in any child youth program your child must have a current registration.

Off/On-Post Youth/Kids Groups

Ft. Bliss Teen Council 915-566-9828

-14-19yo. Meetings twice a month, voice military teen concerns/opinions

M.O.P.S. (Mothers of Pre-Schoolers) <http://mops.delsolchurch.com> lmolina@delsochurch.com

-Outreach Ladies Ministry of Del Sol Church, authentic community, mothering support, personal growth and spiritual hope. 11501 Vista del Sol Dr., El Paso, Texas 79936 (915) 855-3798

Post Library -568-6156, 568-1902 (Bldg 2, E-wing, Sheridan Rd., Ft. Bliss)

-Books, periodicals, computers/internet, Read Me a Story Tuesdays at 10am 2-5yo, Family Story Time Saturdays at 10:30am 2-6yo, Summer Reading Program 2-12yo

Texas Youth Speak Out for Military Kids Military4h@ag.tamu.edu

Military 4-H 720 East Blackland Road, Temple, TX 254-774-6022

“Youth Group” - Bliss Youth Bldg 195 on Ft. Bliss

-Food, live music, Bible message, 4-6pm Sundays

Youth Ministries Coordinator www.BlissYouth.org 915-568-2157

Center Staff Chaplain's Office, Bldg. 448 Pershing Road Ft. Bliss, TX 79916

-Free activities: Youth Ctr, Bible study-after school & home school programs, Campus Life programs at schools

Summer Camps/Activities

Ft Bliss Community Pool 252 Club Road (915) 568-5380 Hours of operation: 11 a.m. to 7 p.m. (Open at 6 a.m. for units and Soldiers who want to swim)

Ft. Bliss MWR <http://www.blissmwr.com>

Freedom Camp (every year June/July) 568-9306/569-7732; www.blissmwr.com/freedomcamp/

- Kids 7-18yo of Soldiers currently deployed, will deploy in a year or been back for less than a year

Operation Purple Summer Camps <http://www.operationpurple.org> OPC@MilitaryFamily.org

-Free week-long, overnight camps are open to all military children 7-17 with a parent deployed – with a focus on dealing with war-related stress and meeting others who know what they are going through.

Texas Lions Camp (Camp for Handicap and Diabetic Children) 915-757-6566

Youth Plex (Ages 11-18) -Bldg 195 Chaffee Road, 568-5437 www.blissmwr.com/cys/

-\$20-40 depending on camp selected

Family Activities in El Paso, Southern New Mexico

El Paso Happenings <http://elpaso.citysearch.com/find/section/elpaso/events.html>

El Paso KIDS-N-CO Family Theater www.kidsnco.org

El Paso Museum of Art www.elpasoartmuseum.org

El Paso ON Demand <http://elpasoondemand.com> (Heading: What's On, Calendar)

El Paso Opera www.epopera.org

El Paso Public Library www.ci.el-paso.tx.us/library

El Paso Scene <http://www.epscene.com/>

El Paso Scene (Roundup) <http://www.epscene.com/epsrdp.html>

El Paso Symphony www.epso.org

El Paso Zoo www.elpasozoo.org

Ft Bliss Happenings <http://blissmwr.com/calendar>

UTEP Season Tickets www.utepathletics.com (915) 747-6150

-Emily Hobel (Dir of Marketing) emhobel@utep.edu 747-6787

-Military Discounts on season tickets, Military Appreciation Nights

-Pete's Pass may be used by parents of UTEP Miners Kids Club members

Viva El Paso www.viva-ep.org

Western Playland Amusement Park www.westernplayland.com

Children Activities

Ascarate Fishing Club Community Fishing Lake 6900 Delta Drive; (915) 751-3891/0532; 755-0983
owh915@sbcglobal.net

Boys & Girls Clubs of El Paso <http://www.bgcelpaso.org/>

801 S. Florence, El Paso, TX 79901 Phone: (915) 532-7410 ajaime@bgcelpaso.org

- Crafts & leisure, personal values development programs; one-on-one staff & individual or staff & peer group relationships; tutors for homework help; weight training athletics; delinquency prevention; recreational activities. Eligibility: Ages 6-18 yrs Fee of \$4 annually Hours: Jun-Aug., 1 p.m. – 6 p.m.; Sept.-May, 3 – 8 p.m. Four Branch locations: 1) 14900 Gregg, El Paso, TX 79938 (915) 921-0017; 2) 801 South Florence, El Paso, TX 79901 (915) 532-7410; 3) 400 South Zaragoza (Kennedy Unit), El Paso, TX 79907 (915) 849-3692; 4) 4625 Delta, Delta Club, El Paso, TX 79905 (915) 533-2422

Boy Scouts of America YUCCA COUNCIL (Recreation) djjones@bsamail.org

- 7601 Lockheed, El Paso, TX 79925; (915) 772-2292 Fax (915) 772-4535

- Citizenship training, character development, personal fitness, leadership training for boys (6-20 years).

- Career and hobby exploring programs for young men and women ages 14-20 years.

El Paso Parks and Recreation rodriguezji@elpasotexas.gov or strautman@desperesmo.org 915-541-4331

Girl Scouts of the Rio Grande (Recreation) <http://www.gsriogrande.org> 915-566-9433 or 800.895.7390

Headquarters: 9700 Girl Scout Way, El Paso, TX 79924 ccrisler@gsdsw.org

Houchen Community Center (Recreation) 915-533-6445 communitycenter@houchen.org

609 Tays Street, El Paso, TX 79901-3054

Jewish Community Center (Daycare/Recreation/Counseling) 584-4437 Peggy jcommunitycenter@elp.rr.com

Miracle League of El Paso (Recreation for Children w/ Disabilities) sandieelp@aol.com 915-872-9249

Seasonal Youth Sports Bldg 195, Chaffee Rd. 568-2617/5437

-Soccer, Baseball, Tackle/Flag Football, Basketball, Barracuda Swim Team

SKIES Unlimited (Schools of Knowledge, Inspiration, Exploration & Skills) www.BlissMWR.com

-Cheerleading, Theatre, Dance, Academic, Gymnastics, Judo, Tae Kwon Do, Piano, Drivers Ed., Automotive Maintenance, ACT/SAT test prep course, College Prep, Babysitting Classes, Pool Activities, etc.

-Ranging from free to \$85, 2 free classes per child for those with deployed parent

Bldgs: 1743 (569-7732); 3508 (568-8336); 3505 (569-5788); 5035 (568-7431); 195 (568-2908),

UTEP Miners Kids Club (Official Kids Club of UTEP Athletics for grades 8th and below)

-Emily Hobel (Dir of Marketing) emhobel@utep.edu 747-6787

-Brumbelow Bldg, Room 109, 500 W. University Ave., UTEP Season Ticket office: 747-6150

<http://utepathletics.cstv.com/kidsclub/utep-kidsclub.html>

-Kids Club Membership fee \$20; Add'l siblings \$15 each

-Members receive Miners Kids Club T-shirt, Welcome pack w/goodies, FREE entry to a Football & Men's Basketball game; FREE Entry to all regular season home games for Women's basketball, volleyball, soccer, softball, tennis, & track and field; Official lanyard/credential to get into games; Birthday card from Paydirt Pete; Kids Club Days with each sport, open exclusively to members; chance to be "KIDS Club CEO"; and more

After-School Programs

Army School-Age Program in Your Neighborhood (ASPYN) El Paso Area Locations www.ywcaelpaso.org
Ysleta 593-1289; Northeast 757-0306; Lower Valley 859-0276; West Side 584-4007; Socorro 593-1289

- Fee assistance and discounts available for Army families. ASPYN has partnered with the YWCA to ensure that Army families are secure in knowing their children are safe and in the care of well-trained professionals. In addition to receiving assistance locating and enrolling in quality school-age programs, Army families, Soldiers and Department of the Army Civilians also pay reduced fees, comparable to those charged on post.

Program brochure: <http://www.ywca.org/atf/cf/%7B4983106D-0ABE-429B-A5A7-2065C0504A00%7D/ASYPN%20BrochureIn.pdf>

Teresa D. Edwards (School Age Director) (915) 593-1289 ext. 231 t.edwards@ywcaelpaso.org

Big Brothers Big Sisters of West Central Texas www.bbbsa.org www.bbbsofep.org

POC: Bobbi Ortiz: Davisbj_bbbsofep@yahoo.com or Beth Senger, CEO bbbsofep@yahoo.com

1724 Wyoming Ave, El Paso, TX 79902-5711 (915) 544-4203 Cell: 915-269-1148

- Enriches, encourages, empowers children to reach their highest potential through safe, positive mentoring

- Provide mentors 18-years-old & above for one -year commitment--mentor program

Eligibility: Boys/girls ages 6-16 from single parent homes; children with family in prison/probation/parole

Central El Paso Community Organization CEPCO Any youth ages 6ys to 18 yrs Fees: No fee required

1010 E. Yandell, El Paso, TX (915) 544-6545 s.melton10@gmail.com

After School Program: Winter 4:00 p.m. – 6:00 p.m., Summer 11:00 a.m. – 4:00 p.m.

Latch Key Centers Unlimited Inc. 2626 N. Mesa, #257, El Paso, TX 79912; 533-9447; lkcinc@hotmail.com

- Latch Key Centers serves 110 children year round in after school and summer programs. It incorporates study skills, recreation and field trips into its curriculum (POC: Mary B. Stevens, Rosario Piedra)

YWCA-After-School Programs (915) 533-7528 (3-6pm HS&MS for school aged children, free for military)

Youth Plex After School Program--Fort Bliss Middle School and Teen Program 568-5437

Child Care: Emergency

El Paso Child Crisis Center 2100 N. Stevens Street, 562-4673 (answered 24/7) www.childcrisiselp.org

Holly Paulsboe Military Liaison/Outreach Coordinator hpaulsboe@childcrisiselp.org (915) 562-7955

****TRIAD Resources:** Help military families: Emergency Shelter for Respite/Stress Relief, Field Training, Medical Crisis, Food Pantry. Provide child care, respite care for exhausted spouse of deployed soldier; For Mom delivering baby & needs care the older children; Child emergency shelter: infants thru 13 yrs.

- Family Crisis: Emergency shelter for children ages 5-12; Nursery: temporary care for infants 0 to 5 years

- If admitted, Required: shot record, birth certificate, social security card and Medicaid card

El Paso MHMR (Mental Health & Suicide Hotline) 915-779-1800

Child Care: Routine

CYS (Child & Youth Services) Ft Bliss Child Development Centers (CDC)

Main CDC: Bldg 1730, 568-5689 (Multiple locations- Weekly care, part-day preschool, half-day, hourly care)

\$3.50/hr 1st child, \$3/hr all other

-Family Covenant: 16 hrs free per child per month when spouse is deployed; \$2/hr per child after 16hrs are used

Family Child Care (FCC) Bldg 1743, Victory Rd 568-4198 Quarters-based Family Child Care (certified homes)

Middle School and Teen Program (MS&T) Bldg 195, Chaffee Rd. 568-5437

- Pickup from Ross MS and Austin MS. EPISD will transport to the Youth Plex from Basset MS & Chapin HS.
- Snack, homework, tutoring/mentoring, Boys & Girls Club and 4H Club activities.

National Association of Child Care Resource & Referral Agencies www.naccrra.org/military

- Provide referrals to locate affordable, high-quality civilian community child care programs (800) 424-2246

School Age Services Main SAS Bldg 131, Doniphan Rd 568-7187; M-F 0530 to school bell & after until 1800

- Provides regular and occasional care for school age children 1st-5th grades. Services are provided for working parents needing before and after school escort service to and from Logan, Milam, Burnett, Travis, Assumption, Bliss, Hughey Elementary schools and Ross Middle School. Full-day camps during school out days.

YWCA: Workforce Solutions Child Care Resource & Referral- Child care for children under the age of 13
1600 N. Brown St., El Paso, TX 79902 (915) 533-7528 ext.399; Toll Free In-State (888) 533-9590

- Working or in school 25hrs/wk qualifies, \$50-\$300/mo sliding scale

CHILD EDUCATION- General Information

Director of Youth Education and Support Services blis.yess@conus.army.mil

MWR Bldg 2494, Ricker Rd., Fort Bliss, TX, 915-568-1132

-What are the schools like, what to do, what entertainment is there for the kids?

El Paso Independent Public Schools www.episd.org http://www.episd.org/schools/team_bliss.php

6531 Boeing Dr. El Paso, TX 79925; (915) 881-2700

Military Family Liaison: Carlos Martinez, Dir. Community & Governmental Relations 915-887-5888

Director Guidance Services: Kathy Ortega 915-881-2591; Guidance Services: (915) 779-4267

School Age Parent Center 1170 Walnut St, El Paso, TX 79930 (915) 545-5960

Free Online Tutoring for Grades K-12+ www.myarmyonesource.com/cyss_tutor Find Resources 24/7

*For children of: Active, Wounded, Reserve Component, National Guard, Army Civilians (including survivors)

Home School Legal Defense Association is a nonprofit advocacy organization established to defend and advance the constitutional right of parents to direct the education of their children and to protect family freedoms. Website with resources: <http://www.hslda.org/Default.asp?bhcp=1>

K12™ Curriculum- Homeschooling/Online school curriculum www.K12.com/military 1-866-667-1265

-Active Duty families, save 15% on independent study courses or full-time options with teacher support.

Partners in Education (PIE) Program- Ft Bliss School Liaison Officer (915) 569-5064 (MWR) 915-568-9306

Bldg 2494 Ricker Road, Fort Bliss TX 79916 <http://www.blissmwr.com/centralregistration/>

Bldg 505, In-processing Center, 569-5064 M-F, 0730-1630

School Supplies

Assistance League Thrift Shop- Just A Second elpaso.assistanceleague.org or www.assistanceleague.com

2728 E. Yandell Drive, El Paso, TX 79903, 915-564-0600 E-mail: alofelpaso@sbcglobal.net

-Assault Survivor Kits®: Supplies clothing kits to STARS for women victims of assault.

-Operation School Bell®: Provides clothing for children in need.

-Paso Bear: Provides bears to several agencies for distribution.

Salvation Army School Supplies Drive held in August, call for distribution (915) 544-9811

Scholarships/College Info

AER Education Assistance Ft. Bliss 915-568-7088

-Help Army families with the cost of undergraduate level education, post secondary vocational training, and preparation for acceptance by service academies for their dependent children.

El Paso Community Foundation www.epcf.org

310 N Mesa St # 1000; El Paso, TX 79901-1371(915) 533-4020 POC Bonita Johnson

-Scholarship for children of Soldiers Killed in Action (KIA) stationed at Ft. Bliss

El Paso Community College www.epcc.edu

Counseling Center – 831-2642 OR Laura Gonzalez – 831-2423, 594-2314

Center for Students with Disabilities (915) 831-2426

Free College Entrance Exam Software www.eknowledge.com/military

-eKnowledge Corp & football players sponsoring free SAT/ACT PowerPrep software (retail \$199.95) (active, veterans, and dependents) Fort Bliss School Liaison – 915-569-5064

GI Bill Support Team-Answer GI Bill questions 866-628-5999 esc@npec.org

SAT, ACT, PSAT Preparation -Testing and preparation classes (CYS) SKIESUnlimited: 569-7732

- Youth Plex, Bldg 195, Chaffee Rd., Ft. Bliss, 568-1132; blis.yess@conus.army.mil

University of Texas at El Paso (UTEP) www.utep.edu

UTEP Disabled Student Services www.studentaffairs.utep.edu

500 W. University SUB Room 106, El Paso, Texas 79968 (915) 747-5148 POC: hflores@utep.edu

Transition/Adjustment

El Paso Independent School District-Transition Services–Each school has a Transition Specialist/Job Coach
6531 Boeing Drive, El Paso, TX 79925-1086 (915) 775-2120 Education Center: (915) 881-2700

Fort Bliss Parent to Parent Program (915) 525-0096 Blissparent2parent@yahoo.com

-Local MCEC: Help children transition from one school to another & from a lower level to a higher level

Military Student.ORG DoD official resource site www.militarystudent.dod.mil or www.militarystudent.org

-Transition Toolkits: The Department of Defense prepared these toolkits to help parents, installation commanders, and school leaders make the education transition for military children as smooth as possible.

-Sesame Street Talk, Listen, Connect: Bilingual kits: help military families/their young children cope with feelings/challenges/concerns experienced during: pre-deployment, deployment and homecoming.

-Special Gift of SAT Software for Military Students: Thanks to Professional football players generous donation: military families can obtain an SAT or ACT test prep software program worth \$199.

-Promising Practices: Opportunity for state govts/local school districts to share programs/procedures/practices designed to make school transitions more efficient/more effective/less traumatic for military children.

Military Child Education Coalition (MCEC) nonprofit 501(c)(3) organization <http://www.militarychild.org>

909 Mountain Lion Circle (P. O. Box 2519) Harker Heights, TX 76548-2519 Ph: (254) 953-1923

-Promotes partnerships/networking of military installations & their supporting school districts. Focus: address transition/educational issues related to military-connected child, for active duty, National Guard, & Reserves.

-MCEC seeks to include: military installations/supporting schools/concerned organizations/caring individuals.

-Workshops/books/materials to help children develop/adjust to military life – also grieving a loss/injured parent.

Youth Education Support Services Bldg 2494, Ricker Rd (915) 568-1132

-**The Army Youth Sponsorship Program (Ft Bliss)** Youth Plex, Bldg 195, Chaffee Rd

- Program created by and for youth to make transitions a little bit easier. Join at: www.blissmwr.com/yess/

School Districts Websites

Anthony Independent School District <http://www.anthonysd.net/>

Canutillo Independent School District <http://www.canutillo-isd.org/>

Clint Independent School District www.clintweb.net

El Paso Independent School District www.episd.org

Fabens Independent School District <http://www.fabensisd.net/>

San Elizario Independent School District <http://www.seisd.net/>

Socorro Independent School District <http://www.sisd.net/>

Tornillo Independent School District <http://www.tisd.us/>

Ysleta Independent School District www.yisd.net

EPISD Gifted/Talented <http://www.episd.org/departments/AdvAcademicSvc/> (915) 881-2570

EPSID Magnet Schools www.episd.org Click on “Schools” then click on *Magnet Schools Icon*.

At-Risk Youth

Communities in Schools (Dropout Prevention) E-mail: cisnet@ciselpaso.org

1401 Pendale, Suite 300, El Paso, TX 79936 (915) 593-7317 Fax (915) 590-5451

- Dropout prevention program mission: champion connection of needed community resources with schools to help young people successfully learn, stay in school, and prepare for life.

Community Solutions of El Paso (Mentor Children of Prisoners) www.solutionsforelpaso.org
solutions-forelpaso@juno.com 915-861-7733

El Paso Police Department Youth Initiative Program <http://www.ci.el-paso.tx.us/police/yip.asp>

911 N. Raynor, El Paso, Texas 79903, 564-7256 tovarm@elpasotexas.gov or Adrian.e.lopez@us.army.mil

YIP Coordinator Off. Susan D. Lara larasd@elpasotexas.gov (915) 564-7245

Resource Directory: <http://www.ci.el-paso.tx.us/police/documents/YIP%20Helpline%20Directory%2008.pdf>

Juvenile Probation Department (Prevention and Intervention) 915-849-2500

National Youth Anti-Drug Campaign Educational info (800) 788-2800 (Email- nyac@theanti-drug.com)

Sierra Club (Outings— Inner City Youth Activities) 915-852-3011 www.TheAntiDrug.com/parentresources

Sierra Teen Health Resource Center (Pregnancy tests, prenatal intervention)
915-755-TEEN; 915-859-TEEN; 915-532-TEEN

Texas Youth Hotline 1-800-98-YOUTH (24/7) **provides prevention services** to youths, parents, siblings, & family members in need of caring voice & listening ear. Hotline counselors assist youth advocates (police, caseworkers, counselors and school officials) by locating state and local resources.

YWCA Project Redirection (Support Pregnant Parents/Parenting Teens) 915-533-2311 or 915-757-0306

Childhood Developmental Services

Avance msanchez@avance-elpaso.org

616 N. Virginia Ste. D, El Paso, TX 79902, (915) 351-2419

- Early childhood development, parenting, adult literacy, and healthy marriages
- Funded by public and private grants, contributions, and the United Way

ECI Early Childhood Intervention (Developmental Services for Children) www.elpasoeci.org

-Birth to 3yo children with disabilities or delays, free counseling, education and support to military families

4800 N. Lamar Blvd., Austin, Texas 78756; Local: (915) 534-4ECI (534-4324)

jennifer.childfind@pdnchildrens.org

Head Start (Developmental Education) - ESC Region 19 Head Start <http://www.esc19hs.net/>

11670 Chito Samaniego, El Paso, Texas 79936; (915) 790-4600 or 790-4670; mgomez@esc19hs.net

-Active Duty Military qualify for Head Start Preschool (4 year olds) regardless of income.

Military Child Education Coalition www.militarychild.org/ (254) 953-1923

Military “Parents as Teachers” Program -Parent Educ: Teaching at home, curriculum, child development

YWCA 1600 N. Brown, El Paso, TX 79902; 915-533-7528 x314

Student Online Achievement Resources (SOAR) www.MilitaryImpactedSchoolsAssociation.org

- Grades 3-12) State tests to see where they need to improve prior to moving to a new school or just to improve
- Focus on math, reading and language arts.

UKEP University Kids of El Paso rtorres1620@yahoo.com

11150 Montwood Dr # A, El Paso, 79936, Rose or Rosa 594-0202

10080 Dyer ST, El Paso, TX 79924, (915) 757-2022

Speech, Language and Hearing Service Providers Speech-Language Pathologist

Age Groups: Infant, Toddler, Pre-Kindergarten, School

Family Members: Disabilities/Developmental/Medical Issues/Support Groups

Advocacy, Incorporated (El Paso Regional Office) Eddie Rodriguez, Manager
300 E. Main Suite 205, El Paso, Texas 79901 (915) 542-0585 (Voice/TDD) Intake: (800) 948-1824
POC: Lulu Contreras mcontreras@advocacyinc.org

-Advocates for people with disabilities in the schools; advocating & supporting clients pertaining to emotional & mental health issues who may want to work; Protection & Advocacy of Individual rights as violation of Americans with Disabilities Act; The Fair Housing Act Amendments; People with developmental disabilities (limiting life activities as self-care, language, learning, mobility, self direction, independent living).

American Cancer Society 909 E. San Antonio, El Paso, TX 79901 (915) 544-4425

Alzheimer's Association STAR Chapter Headquarters Web site: www.alz.org/txstar
4687 N. Mesa, Suite 200, El Paso, TX 79912, 915.544.1799 or 1-800-272-3900
Susana Vargas Susana.Vargas@alz.org Education & awareness: Alzheimer's disease & dementia; Referrals to local resources, support groups, care consultations. Medic Alert & Safe Return program for those who wander.

Bienvivir Senior Health Service Web site: www.bienvivir.org
2300 McKinley, El Paso, TX 79930; (915) 562-3444; Hearing Impaired TDD/TTY 7726176
Services: Physician care, day health care, rehabilitation services, transportation, medications, personal care, and much more. Eligibility: 55 years or older, live in Bienvivir service area.

Border AIDS Partnership <http://www.borderaids.org/>
123 W. Mills, Suite 520, P.O. Box 272, El Paso, TX 79943, (915) 533-4020
-Fund HIV/AIDS education & prevention activities in El Paso, Texas, Southern New Mexico and Ciudad Juarez, Mexico; Provide.; Local HIV and AIDS service providers; Links to trusted HIV/AIDS education pages

Cancer Support (Patients, family, friends) Sierra Medical 747-2879; Del Sol Regional Oncology 595-9053

Cancer Survivor Support Group Chaplains' Conference Room, First Floor, WBAMC (#1146. 569-2235)

Candlelighters (Cancer diagnosis for ages under 21) Web site: www.candlelighterselp.org
1900 N. Oregon Suite 402, El Paso, TX 79902; (915) 544-2222 Fax (915) 544-6313
E-mail: candlelighters@elp.rr.com scottcan@elp.rr.com
Services: Help children & families deal with cancer trauma, emergency funds for medicine, travel; crisis, support groups, summer camp for kids with cancer and their siblings; food pantry; and more.

ChAMPS Family Support Groups Affiliated with El Paso MHMR rcantu@epprovidergroup.org
Norma Olivas or Stephanie Hoderfield at 629-2665
- Meetings on Wednesdays at 8929 Viscount 2nd Floor (5:30 p.m. to 7:00 p.m.)
- Support group for families with children with Mental Health Disorders.

Children's Disabilities Information Coalition (CDIC)- Community Parent Center Resource Center
1101 E. Schuster Ave., El Paso, TX 79902, (915) 217-2747 Fax (915) 496-0751 www.cdicelpaso.org
-Educational trainings as well as Information & support to parents of children with any disability ages 0-25
-Workshops on parenting a child with special needs, educational rights, ARD's, IEP's, IDEA 2004, NCLB
-One on one help: prepare for ARD meeting, understand child's records, communicate with school personnel
Club NICU (Neo-Natal Intensive Care Unit): Yoli at 592-7050. E-mail: info@cdicelpaso.org
Support Group: Meetings-every 1st & 3rd Wed each month at Del Sol Medical Center East 4th flr (7:30 p.m)

Community Placement Options (Employment/Residential- Individuals w/ Disabilities) www.comop.org
2420 Geronimo Bldg. D, El Paso TX 79925 (915) 771-7764 Fax (915) 771-8018 venessa.valles@comop.org
-Develops residential and supported employment programs and services for our consumers; namely individuals with developmental disabilities. Residential service for individual with MR diagnosis/must be Medicaid eligible. All services must be referred through El Paso Mental Health Mental Retardation (MHMR) or the Department of Assistive and Rehabilitative Services (DARS).

Coping with Breast Cancer

Total Care: 601 Sunland Park, 577-6764; Del Sol Medical Center: 10460 Vista Del Sol, 629-3458, 544-4427

Department of Assistive and Rehabilitative Services

401 East Franklin Ave. Suite 240, 834-7004, M - F 8:00am - 5:00pm

- Vocational opportunities for individuals with disabilities and to help a person obtain or retain employment
- Persons with physical or mental disability. Contact office to schedule an appointment with a counselor.
- Information about vocational services also available at Dept of Disabled Student service (747-5148) at UTEP

Department of Defense Special Needs Parent Toolkit www.militaryhomefront.dod.mil

- Contains comprehensive information and tools to assist military families with special needs children

El Paso Brain Injury Support Group- Meetings are held the second Tuesday of each month at 6:30 p.m.

Mentis Neuro Rehab, 1831 Murchison, Suite C El Paso, TX 79902

Contact: Nancy Peters 915-319-9553 E-mail: npeters@mentisneuro.com

El Paso Diabetes Assoc Support Groups: 915-532-6280, 577-6000, 859-7545, ext. 12 & ext. 55

El Paso Lighthouse for the Blind -Training and employment for legally blind

200 Washington St., 532-4495, M-F 8:00am - 4:30pm (Many of the referrals from Division for Blind Services)

Focus on the family: Support group for families, days and times for group vary; call to find out the specifics

Radio Reading Program: Volunteers record newspaper readings (Eng & Span)--listen to it on receivers

El Papalote (Daycare for Handicap Children) 915-544-8484 bea.vargas@pdnchildrens.org

Exceptional Family Member Program <http://www.blissmwr.com/efmp/>

- EFMP is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to military families with special needs members.

-For children or family members that have a medical condition that is chronic or constant – needing special medical treatment or program& EFMP (Respite Care) Examples: asthma, autism, allergies, speech delays, sickle-cell anemia, CP, MS, Cancer, depression, ADD/ADHD, hearing, down syndrome, etc...

-Soldiers on active duty are eligible to enroll in the program if they have a family member with a physical, emotional, developmental, or learning disability requiring specialized services. These needs are considered in the military assignment process. For further information please call (915) 568-1132.

-Support Group: Monthly support group meetings for military families

EFMP Coordinator 568-1343 or 568-7088 (Jessica Terrence Acker)

Hospice of El Paso www.hospiceelpaso.org

POC: luiss@hospiceelpaso.org

1440 Miracle Way, El Paso 79925; 532-5699 M-F 8:00am - 5:00pm (Nurse/social worker on call 24 hrs/day)

-A call to request services can be made by family member, doctor, friend, or person who is terminally ill

-Agency will need to obtain a referral from the doctor to obtain services
-Information will first be taken over the phone and then a home visit will be made to complete an assessment.
-Nurse will see patient once a week or depending on the need; Social Worker 2 times/month or as needed
-Provides required medication/medical equipment depending on diagnosis; CNA's provide hygiene needs
Bereavement Support Group: family members can attend during patient's illness and upon patient being deceased. Time of group depends on availability of family (Chaplin also available) Agency will follow-up with family up to 13 months after the loss

Visiting Nurses' Assoc (Circle of Hope Hospice) 2211 E Missouri, Ste 239, POC: Linda Rawland 543-6276

Life After Loss: Support group for people who have lost a loved one. Ste S-200; 545-6319 or 577-7870

Prevent Blindness Texas (Free Vision Screenings, Eye Glasses to qualified clients) 915-775-1200

La Fe C.A.R.E. Center (HIV/AIDS clinic) 1505 Mescalero Dr. El Paso, TX 79925 (915) 772-3366

Miracle Kids Support Group (for foster parents): Alejandra Melendez at 858-0298

Fridays at Child Crisis Center 2100 N. Stevens (9:00 a.m. - 11:00 a.m.) Daycare available children 0-12

On-line military medical info: Healthwise Knowledgebase www.wbamc.amedd.army.mil

Special Education Services and Assistance

Schools provide services to all students who are identified as educationally disabled. If the Full Individual Evaluation shows that a student has one or more of the following conditions, he/she is eligible to receive special education services under the "Individuals with Disabilities Education Act" (IDEA). The following are the Eligibility Codes: Learning Disability, Autism, Auditory Impairment, Visual Impairment, Speech Impairment, Deaf-Blind, Multiple Disabilities, Traumatic Brain Injury, Mental Retardation, Emotional Disturbance, Other Health Impaired, Orthopedically Impaired, Non-Categorical Early Childhood

*If the Full Individual Evaluation shows that the student does not have at least one of these conditions, he/she is not eligible for special education under the IDEA. However, he/she may be eligible for services under Section 504 of the Rehabilitation Act, which is a general education statute. (Please hand carry copies of all previous evaluations, reports and assessment documentation).

- Anthony ISD Special Education Department (915) 886-6570
- Canutillo ISD Special Education Department (915) 877-7449
- Clint ISD Special Education Department (915) 851-8383
- El Paso ISD Special Education Department (915) 775-2143
- Ysleta ISD Special Education Department (915) 434-0905
- Socorro ISD Special Education Department (915) 937-1800

Paso Del Children's Development Center (Special Health Care Needs) <http://www.pdnchildrens.org/>

1101 E. Schuster Ave., El Paso, Texas 79902, 915-544-8484

-Services to children with special needs and their families: child development center, early childhood intervention (ECI) program for infants through 3 years of age, community resources (info & referral services)
Community Resources Program Director, Gilda Gil-Lopez x.163: Gilda.lopez@pdnchildrens.org

Ronald McDonald House <http://www.rmhc.org/rmhc/index.html>

300 E. California Ave, El Paso, TX 79902, (915) 542-1522

-Provide a "home away from home" for families of seriously ill children receiving treatment at nearby hospitals.

Social Security Administration (SSI Disabled Children) 915-782-4600

Southwest Chapter Autism Society of America (SWASA) 915-772-9100
Support Group: first Tuesday of the month at Presbyterian Church on 1340 Murchison.

Support Group for Families of Children with Down Syndrome 590-5315
- First Saturday each month at 5304 El Paso Dr (2:00 - 3:00 p.m.)

Susan G Komen for the Cure (Breast Cancer resources) Helpline 1-877 GO KOMEN
El Paso Affiliate, 1700 Murchison, Suite 207, El Paso, TX 79902 www.komenelpaso.org
Maria I. Sanchez (Outreach Manager) (915) 533-4433 msanchez@elpasokomen.org

Texas Department of Assistive and Rehabilitative Services www.dars.state.tx.us
-Programs assisting individuals with brain and spinal cord injuries
1-800-628-5115; DARS.Inquiries@dars.state.tx.us DARS Inquiries

Texas Department of Assistive and Rehabilitative Services
ECI Early Childhood Intervention (Developmental Services for Children) www.elpasoeci.org
4800 N. Lamar Blvd., Austin, Texas 78756; (915) 534-4ECI (534-4324)
-Birth to 3yo children with disabilities or delays, free counseling, education and support to military families

Texas Department of Human Services (Dept. of Aging & Disabilities Serv-DADS) www.dads.state.tx.us
P.O.Box. 981017, El Paso, Texas 79998, 834-7575 POC: Thelma Diaz thelma.diaz@dads.state.tx.us

Volar Care for Independent Living (Employment Individuals w/ Disabilities) www.volarcil.org
1220 Golden Key Cr., Ste: C, El Paso, TX 79925, 591-0800; 8929 Viscount Ste 101
**POC: lechew@volarcil.org or Maria Perez mariap@volarcil.org

Health Education

City of El Paso: Dept of Public Health Website: www.elpasocitycountyhealth.com
5115 El Paso Dr., El Paso, TX 79905 (administrative) (915) 771-5702 Fax (915) 771-5729
-Health education presentations: coordinate and participate in community events/health fairs.
-Worth the Wait: sexuality education presentations (915) 771-5889
- Health Centers-Immunization Program – immunizations for children and adults (915) 771-5740
-VFC/Immunization Support – Coordinate Vaccines for Children Program (915) 778-2072
-“2-1-1”- Texas Information & Referrals - Free helpline 24 hours a day, Dial: 211 (7 days a week)
Laboratory - Potable water testing & lab test for public health programs (915) 546-3536
STD Clinic, 5115 El Paso Dr. - Testing, diagnosis & treatment (915) 771-1200
Tuberculosis (TB) Clinic, 5115 El Paso Dr. - Testing, diagnosis & treatment (915) 771-1230
WIC (Women, Infants and Children) Program - Nutrition education & (915) 771-5870
Supplement food for pregnant & breastfeeding women, infants & children from 1-5 years of age.

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)
DCoE assesses, validates, oversees and facilitates prevention, resilience, identification, treatment, outreach, rehabilitation, and reintegration programs for psychological health (PH) and traumatic brain injury (TBI) to ensure the Department of Defense meets the needs of the nation's military communities, warriors and families.
<http://www.dcoe.health.mil/default.aspx> Outreach Center Available 24/7 1-866-966-1020

DCoE (Component Centers)
DVBIC - Defense and Veterans Brain Injury Center <http://www.dvbic.org/>

CDP - Center For Deployment Psychology <http://www.deploymentpsych.org/>
CSTS - Center For The Study Of Traumatic Stress <http://www.centerforthestudyoftraumaticstress.org/>
National Intrepid Center of Excellence http://www.dcoe.health.mil/downloads/NICoE_Brochure_For_Web.pdf
T2 - National Center for Telehealth and Technology <http://www.t2health.org/>

DHCC - Deployment Health Clinical Center <http://www.pdhealth.mil/>

**DHCC: official site with extensive up to date info on PDHA and PDHRA and other health relate issues.

- Post Deployment Health Reassessment Forms, Guidelines and Resources – Service-wide

<http://www.pdhealth.mil/dcs/pdhra.asp>

VA/DoD Clinical Practice Guidelines at Deployment Health Clinical Center

http://www.pdhealth.mil/clinicians/va-dod_cpg.asp

Force Health Protection & Readiness Policy & Programs- official site

<http://fhp.osd.mil/pdhrainfo/links.jsp>

<http://deploymenthealthlibrary.fhp.osd.mil/>

PDHRA for U.S. Army Soldiers and Commanders

http://fhp.osd.mil/pdhrainfo/sm_fam/sm_fam_Army.jsp

Lifelines –official US Navy site- Info center for Navy members/their families-Sailors/Marines

<http://www.lifelines.navy.mil/lifelines/MilitaryLife/Deployment/StressManagement/index.htm>

Visiting Nurse Association of El Paso vnavolunteer@yahoo.com 543-6240, 532-0888

4171 N. Mesa, Building D, Suite 500. Healthcare and hospice volunteers, community health education

CRISIS/COUNSELING

Hotlines 24/7 Report Lines

Report Spouse and Child Abuse

Ft Bliss Military Police: 568-2115/2116 or 568-1236/1237

Ft Bliss Social Work Services: 569-2800/2858

Child Crisis Center/Family Resource Center of El Paso: 562-7955/562-4673

El Paso Center Family Violence: 593-7300

ACS Family Advocacy Program Victim Advocates (915) 568-4878/7088

ACS Family Advocacy (915) 588-5870 (restricted or unrestricted)

Adult Abuse Hotline (Disabled 18 and over & Elderly 65 and over) 1-800-252-5400 or txabusehotline.com to report abuse, neglect or exploitation

Crime Victims Assistance (Financial - Victims of Violent Crimes) 915-834-5815 or 915-546-2191

Domestic Violence (915) 241-1055

El Paso First Health Plans, Inc. www.epfirst.com

Behavioral Health Crisis Line 915-351-1264

Toll free number: 1-866-944-6467 (MHMR)

El Paso Mental Health Mental Retardation (MHMR) Crisis Hotline 915-633-0500

S.T.A.R.S. (Sexual Trauma & Assault Response Services) www.stars-elpaso.org

Crisis Line 24 hour- 7 days a week, confidential (915) 799-1800

710 N. Campbell, 533-7700, 8:00am - 5:00pm M - Th and F 8:00am - 12:00pm

Crisis intervention, outreach and follow-up services to victims of sexual violence--Free of charge

Short term individual supportive therapy counseling for victims and their families; Provide support through legal process; Bilingual therapists Available. Calls are screened, information is gathered, case is reviewed, and case is then assigned to a counselor POC: Ari Medina stars2arim@yahoo.com

Suicide Prevention Hotline 1-800-273-TALK

Sexual Assault Prevention & Response 24-hour confidential contact line: 915-490-3896

Texas Runaway Hotline 1-888-580-4357

Texas Youth Hotline 1-800-98 YOUTH

TriWest's Behavioral Health Portal <http://www.triwest.com/beneficiary/BehavioralHealth/Default.aspx>

West Texas Regional Poison Center 1-800-222-1222 Poison Emergencies
(24Hrs/7Days Bilingual English/Spanish)

Legal Assistance

County Court of El Paso #1, Mental Health Court

500 E. San Antonio #802 El Paso, TX 79901-2497 (915) 546-2011

Cesar Prieto Program Director/Administrator cprieto@epcounty.com

Diocesan Migrant and Refugee Services www.dmrp-ep.org

2400 E. Yandell, El Paso, Texas 79902, 532-3975

Alma Ramirez aramirez@dmrp-ep.org

-Full-service immigration legal aid clinic serving low-income immigrants and refugees.

Dismas Charities www.dismas.com Hector Zamora hzamora@dismas.com

7011 Alameda, El Paso, Texas 79915; 494-8619

- The mission of Dismas is to provide quality, cost-effective community-based supervision and treatment services to individuals within the criminal justice system.

El Paso County Juvenile Probation Dept. and Detention Facility www.co.el-paso.tx.us

6400 Delta, El Paso, TX 79905-5408; (915) 849-2570; 849-2500 x. 2510 POC: Teresa Woodruff 849-2572

El Paso County Probate Court #2 www.epcounty.com

500 E. San Antonio, El Paso, Texas 79901, 546-8183

Donna Cude-Islas Djcil@aol.com

El Paso County Public Defender's Office www.epcounty.com Bridgette Silva bsilval@epcounty.com

500 E. San Antonio, Room 401, El Paso, Texas 79901, 546-8185

State Bar of Texas- Guide to Guardianship in Texas www.courts.state.tx.us/gcb or www.guardianship.org

Texas Rio Grande Legal Aid (Legal Aid Low to No Cost --Only civil cases)

1331 Texas Ave.; 915-585-5100 M-F 8:00am - 12:00pm and 1:00pm - 5:00pm

Person needs to call the toll free number first (Qualifying person will be assigned attorney)

Toll free #: 1-888-988-9996 (times vary depending on the season of the year)

In person appointments only for foreclosures, hearings, lockouts and evictions

Children's Rights/Abuse Reporting

Advocacy Center for Children (El Paso) <http://advocacycenterep.org/>

1100 E. Cliff Dr., Bldg D, El Paso, TX 79902-4625; (915) 545-5400 s.oliva@juno.com

- Help child victims of severe physical and sexual abuse and their non-offending family members.

Provides child friendly environment, immediate crisis counseling, medical and long-term counseling referral services and transportation free of charge

Advocacy Incorporated (El Paso Regional Office) Eddie Rodriguez, Manager

300 E. Main Suite 205, El Paso, Texas 79901; (915) 542-0585 (Voice/TDD) Intake: (800) 948-1824

Center Against Family Violence (CAFV) www.cafv.org

580 Giles, El Paso, TX, 595-2238 24-hour Crisis Hotline: 593-7300 (for domestic violence)

M-F 8:00 am - 5:00pm Call for an intake appointment Bilingual therapists available

-Refuge, counseling, advocacy, support groups and individual therapy for survivors of domestic violence,

community awareness/education on issues of family violence (intervention and prevention program for batterers); Parenting classes, teen programs

-Advocacy, Immigration advocacy, Legal advocacy, Texas Crime Victims' Compensation, Court accompaniment, Divorce/child support, Safety planning, Little School Children's Program, Therapy, Support groups, Referrals, Protective Order, Ritzzy Rags Resale Store (Fees: All victim services are **free of charge**)
-Emergency Shelter for Battered Women– 24-hour HOTLINE: (915) 593-7300, 1-800-727-0511 (outside area)
POC: Stephanie Karr skarr@cafvl.org (915) 593-1000 ext. 403
-For Batterers Intervention Program, 3800 N. Piedras, Ste. C, 562-0077

Center for Children, Inc. El Paso (Runaway Shelter and Star Services) Web site: www.epcccinc.org
2116 N. Stevens, El Paso, TX 79930; (915) 562-4765 (24-hour hotline) Fax (915) 850-0511
E-mail: Patricia Rivas PRivas@EPCCINC.ORG

-24 hour Runaway shelter for ages 13-17 & Therapeutic Foster Care (T.F.C.) for level 4 children
-Immediate crisis interventions; emergency shelter; group, individual and family counseling; Safe Place Program; outreach/presentations; life skills for families & youth (anger management, parenting classes).
Eligibility: Ages 7-17 for Services to At-Risk (STAR) Program; ages 10-17 for emergency shelter
E-mail: Sandy Rioux SRioux@epccinc.org
Healthy Opportunities for Marriage Enrichment Program: parenting and marriage classes

Center for Children-Transitional Living Program for Homeless Teen Mothers (See Other Resources)
2200 N. Stevens St., C-3 & C-4, El Paso, TX 79930 M-Th 8:30am - 5:30pm and F 8:30am - 5pm
Contact: Jeanne Hosch or Regina Bautista (915) 565-8361 or 915-562-7423
- Services: 18-month residential program that provides a comprehensive array of services aimed at developing both skill and personal characteristics necessary to enable young women to raise healthy, well-adjusted children. Eligibility: Teen mothers between the ages of 17-21 and their children. Must be in a homeless situation; be willing to work on setting goals for independence; cannot be an active alcohol or drug abuser; and cannot currently be on probation.

Child Welfare Board (915) 546-2136 E-mail: BHUML@epcounty.com

El Paso Adoption Services, Inc. 905 Noble St, El Paso, Texas 79902, (915) 542-1086

El Paso Child Crisis Center (Emergency Shelter/Parenting/Visitation) 915-562-7955

El Paso Federation of Families POC: Angelique Martinez (anmartinez@epcounty.com)
5304 El Paso Drive, El Paso, TX 79901, (915) 771-7363

-Non-profit org collaborating with schools, communities, private & governmental agencies and other advocacy organizations to provide, advocate, and educate families with needed emotional and informational support about their rights and the array of accessible high quality, family centered services available.

El Paso Police Department Crimes Against Children/Youth Initiative Program www.eppd.org
9600 Dyer, El Paso, TX 79924, 915-298-9600 (Info listed elsewhere)

El Paso Project Linus 585-1492 Non-profit donates handmade blankets to children in crisis.

Lee & Beulah Moor Children's Home (Foster Care) 915-544-8777
POC: Rowena Dipasupil rpdipasupil@leemoor.org ext. 232
1100 Cliff Drive, El Paso, Texas 79902

Lutheran Social Services (Foster Care) www.lsss.org/netcommunity 915-598-5410
5959 Gateway West, El Paso, Texas 79925
POC: Merlyn Estrada mestrada@lsss.org

Texas Department of Family and Protective Services: TDFPS (Health and Human Services Commission)
1) Child Protective Services (CPS) www.dfps.state.tx.us
119 N. Stanton, El Paso, TX 79901; (915) 542-4535 or (800) 252-5400
-To protect children 0-17 years of age from abuse or neglect. To include needed services to children and families via referrals and contract. Elizabeth Muller 521-3875 elizabeth.muller@dfps.state.tx.us
2) Adult Protective Services (915) 834-5743, 834-5767 Felix.Cabrera@dfps.state.tx.us
401 East Franklin Street, Suite 350, El Paso, TX 79902

A World for Children Website: www.awfc.org E-mail: gallardoa@awfc.org
1760 Airway Blvd., Suite 102, El Paso, TX 79925; (915) 781-3330 Fax (915) 781-3332
Services: Foster care & adoption services to children in El Paso (physically, emotionally abuse and neglected).

Social Services/Hospitals/Rehabilitation (Not listed elsewhere)

Action Care Rehab: Center For Health Psychology PC www.actioncarerehab.com
10420 Montwood Dr Ste D, El Paso, TX 79935-2752, (915) 598-6616; contact@actioncarekids.com
- Dwayne D. Marrott, Phd PC
- If secondary insurance is Medicaid, services are provided to military.

Center for Advancement of Human Behavior LPC (See Providers: Family Services of El Paso)
6090 Surety Dr Ste 200, El Paso, TX 79905-2061, (915) 781-1337

El Paso Health and Rehabilitative Center <http://elpasohealthandrehab.com> elpaso.bds@lrcmail.com
11525 Vista Del Sol, El Paso, Texas 79936, 855-3636 POC: Olga Lujan (915) 309-2994
- Services include 24 hour nursing care, physical, speech and occupational therapies, specialized dietary services, recreational activities, pharmaceutical services, salon services, transportation, and much more!

Highlands Regional Rehabilitation Hospital www.highlandsrehab.com
POC: Victor Carrillo vcarrillo@highlandsrehab.com
1395 George Dieter, El Paso, Texas 79936, 298-7243

William Beaumont Army Medical Center Hospital, 5005 N. Piedras, Bldg 7777, El Paso, Texas 79920,
(915) 569-1958 POC: Tony Tate tonytate@amedd.army.mil

Health Clinics/Pharmacy/Prescription Discounts

Sierra Providence Health Network (TRICARE Provider) www.sphn.com

-Providence Memorial Hospital & The Children's Hospital, 2001 N. Oregon, 915-577-6011

POC: Gloria Pina (915) 577-8837 Gloria.pina@tenethealth.com

- Sierra Medical Center, 1625 Medical Center Drive, El Paso, TX 79902, (915) 577-4000

- Sierra Providence East Medical Center, 3280 Joe Battle Blvd, El Paso, TX 79938, (915) 832-2000

-SPHN supports Fort Bliss and commits to working to ensure the well-being of Soldiers and their families.

Texas Tech www.ttuhsc.edu/elpaso

4800 Alberta, (behind Thomason Hospital) El Paso, Texas 79905

1) Neurology and Psychiatry (915) 545-6466 Lourdes Martinez lourdes.martinez@ttuhsc.edu

2) Clinic (915) 545-6580; M-F 8:00am - 5:00pm

Includes: Internal medicine, neurology, ob/gyn, pediatrics, breast care, psychiatry, neurosurgery

A referral from your primary doctor is needed to obtain services

3) Texas Tech Pharmacy 545-6500; M-F 8:00am - 7:00pm Apply in person

Discount Program: person qualifies only if they received services from Texas Tech for the past five years

4) Children's Miracle Network (915) 545-7599

5) Family Practice Center 9849 Kenworthy, El Paso, TX 79924, Phone: 915/757-3178 ext. 275

Director of Behavioral Medicine, Mara V. Rubio, LCSW, LMFT, BCD Mara.rubio@ttuhsc.edu

Thomason Patient Financial Services (For medication discount)

4824 Alberta (Annex Bldg.) 521-7900 M - F 8:00am – 5:00pm

-Discounts for medications that are prescribed from Texas Tech or Thomason

-Documents needed: Proof of address, current check stubs, ID, verification of tax return, social security card and minors' social security card

University Medical Center (Formerly Thomason General Hospital) malthoff-olivas@umcelpaso.org

4815 Alameda Ave, El Paso, TX 79905 (915) 544-1200 www.umcelpaso.org

Scheduling/Register: 521-2255 (M-F, 7 a.m. to 6 p.m.) - Social Workers: 521-7930

-UMC of El Paso Outpatient Clinics: Offer comprehensive primary care services to the medically underserved

- Provide transitional care services to those who require continuity of care. Hospital bound patients.

-Fabens Clinic 101 Potosio, (915) 521-2270

-Ysleta Clinic 300 S. Zaragoza, (915) 860-8820

- UMC at Montwood, 12135 Montwood, Suite 115, (915) 521-2258

-Outpatient Services: General Health, Laboratory, Pediatric, Family Practice, Internal Medicine, Physicals for school/employment/insurance, Prenatal, Immunizations, TH Steps, Pregnancy test/counseling, family planning

- Educational Services: Child birth preparation (Lamaze), Parenting, Diabetes/glucose monitor, Asthma

Low cost/free medical

Children's Miracle Network (Medical and Social Referrals) 24/7 Hotline: 915-532-KIDS (See Texas Tech)

- Toll-free 1-877-532-KIDS (Children: birth to 21 yrs.). 24/7 FREE & Confidential (Eng & Spanish): Answers simplest to the most complex medical/social/behavioral questions along with referrals for emergency services.

- Ronald McDonald Care Mobile (Children: birth to 18 yrs): "Pediatric home-on-wheels" serves El Paso community living in the Socorro Independent School District, from vaccinations to health screenings.

Kool Smiles- Dentistry for Kids accepts TRICARE, 6065 Montana Ave, 915-613-5846 asanchez@dpmsco.com

El Paso First Health Plans Inc. www.epfirst.com

2501 North Mesa, El Paso, TX 79902, (915) 532-3778 1-877-532-3778 (from outside El Paso)

Jim Voiland MBA, MSN, RN, LP (Dir of Health Services) 915-298-7198 ext. 1111 jvoiland@epfirst.com

-CHIP Perinatal Program Provides perinatal care for expecting moms who do not qualify for Medicaid or CHIP

-CHIP Children's Health Insurance Plan for children ages 0-18

-Premier Plan STAR Medicaid Program for children who fall into certain income guidelines and adults who qualify for SSI Supplemental Security Income

-HealthCARE Options, a targeted benefit plan designed primarily for the indigent adult population

Pro Action (Low Cost Vaccinations) 915-532-2771

WIC Women Infant and Children-Numerous means of support for children 0-5yo, income only counts base pay & BAS, NOT BAH, also based on nutritional need, breast pumps now available.

51 Slater Rd., Ft. Bliss 915-771-5870 & 771-5850

Drug Awareness/Substance Abuse

Alcoholics Anonymous Recovery Support Group Hours: 24 hrs a day/7 days a week www.aael Paso.org

3318 Douglas, El Paso, TX 79903 (915) 562-4081 aaelpaso@sbcglobal.net

Al-Anon (for families of alcoholics and/or Ala-Teen for teens of alcoholics) (915) 562-4083

-Various meeting locations around the city millietall0065@att.net

(For groups in Spanish) Alcolicos Anonimos 351-1141 Al-Anon 778-3686

Aliviane - Administration POC: Dante Jimenez, BHC Director djimenez@aliviane.org

1111 Baranca, Suite 800, El Paso, TX 79936

(915) 782-4000 Fax (915) 782-4040

- Behavioral Health Services/drug treatment/Intervention/prevention/counseling. Available for all age groups.

-Aliviane-Men's Facility

10690 Socorro Rd., 858-6208, M-Th 8:00am - 12:00pm for admission

Sliding fee scale and insurance; Bilingual therapists available

Residential Program: open 24 hours a day for Ages 18 and over

Individual and group therapy for drug/alcohol issues and dual diagnosis. Individual, group and family therapy and intense case management. No longer medical detox; only 35 day inpatient treatment

OSAR (Outreach Screening, Assessment and Referral Program – 521-7818): mandated by state (substance abuse screenings & referrals (To receive services: must be referred by OSAR, court ordered or court mandated)

-Aliviane Women and Children Treatment Program

7722 North Loop, Suite El Paso, Texas 79915 (915) 782-4014 M-F 8:00 - 5:00pm (for an assessment)

-Aliviane Inc.-Behavioral Health Clinic (BHC) (915) 782-4023 Office

Intake: Ricki Estrada

Sliding fee scale, medicaid and insurances Bilingual therapists available

Residential Program -Open 24 hours a day Inpatient average stay: 30 to 90 days

Individual and group therapy for drug/alcohol issues and dual diagnosis. Individual, group and family therapy and intense case management. Accept children with their mother, however the limit is 3 children, ages 12 and under. Child therapist available for the children

-PPW (Pregnant Postpartum Women): This program provides case management, GED, computer classes and job preparation. The program follows the patient for 6 months within the community.

Casa Vida de Salud 6000 Welch #7, El Paso, TX 79905; (915) 775-0505 Fax (915) 850-0283
E-mail: Rosa Jennings rjennings@recoveryalliance.net Web site: www.recoveryalliance.net
- Residential 30 day peer recovery services (drug & alcohol problems) for adults only and/or nonresidential once a week relapse/recovery/life skills sessions.

Fort Bliss Army Substance Abuse Program 915-568-1033

Narcotics Anonymous 566-6060 List of meetings: 915-269-0506
-Various Locations throughout the city. Call for times, days, and locations.

New Beginnings Outpatient Services cuquilady@aol.com
6044 Gateway East Suite 610; 771-0990; M-F 9:00am - 7:30pm & Sat 9:00am - 2:00pm
Accept: Medicaid, insurances and sliding scale based on income (usually \$35/session)
Individual and family therapy for substance abuse issues; Bilingual therapists available

OSAR – University Medical Center Trauma Dept: Drug Treatment, Therapy 915-521-7818 or 866-373-1253

Texas National Guard Counter Drug Program (Children & Adults)
(El Paso Police Dept Representative: Adrian Lopez 915-298-9620)

Trinity Detox Behavioral Health Center (Non-profit) Charles Garcia cgarcia@homewardboundinc.org
POC: Albert Pena or Angie Medrano amedrano@homewardboundinc.org
M-F 9:00am - 5:00pm (Assessments on a walk-in basis) AA and NA groups offered throughout the week
-Inpatient and outpatient services for drug and alcohol issues; Individual, family and group therapy daily
Crisis Residential Unit: 8716 Independence, El Paso Texas 79907, (915) 772-9111 or 858-6100
-Inpatient is open 24 hour a day, as long as there is bed availability.
Outpatient office: Homewardbound, 6000 Welch Suite A-2, El Paso Texas 79905, 915 772-4700

University Behavioral Health (UBH) Formerly NCED Mental Health Center Substance Abuse Services
1900 Denver Avenue, El Paso TX 79902, (915) 544-4000 ext. 2414; Hotline: (800) 967-3411
Primary Focus: (49 Bed facility) Mental health and substance abuse services Also See Mental Health
Services Provided: Substance abuse treatment, Detoxification
Type of Care: Hospital inpatient, Outpatient, Partial hospitalization/day treatment
Special Programs/Groups: Adolescents, Persons with co-occurring mental and substance abuse disorders, Persons with HIV/AIDS, Seniors/older adults, Criminal justice clients
Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance
Payment Assistance: Sliding fee scale based on income and other factors
Special Language Services: ASL or other assistance for hearing impaired, Spanish

West TX Community Supervision & Corrections Dept. <http://www.co.el-paso.tx.us/wtc/office.htm>
- Resource lists for: Court Residential Treatment Center, Residential Substance Abuse Treatment

Behavioral Health

Alternatives Center for Behavioral Health (Mental Health)
5001 Alabama, El Paso, TX 79930, (915) 565-4800 Fax (915) 565-3163; M-F 8:00am - 5:00pm
E-mail: admin@alternativescentre.com Assessments scheduled by phone or in person
-Adult and adolescent partial hospital programs (depression, anxiety, PTSD, substance abuse, Bipolar

Disorder); adult & adolescent outpatient groups; individual and family therapy program; increase adolescent knowledge of various coping and refusal skills, increase awareness of the consequences of drug and alcohol abuse; provide necessary tools to make informed decisions. "Alternatives for Youth" provides therapeutic groups and education on decision-making skills, anger management and alcohol/drug awareness.

Accept: Medicaid and insurances

Centro San Vicente Homeless Medical Clinic and Counseling Center www.sanvicente.org

1208 Myrtle Avenue, El Paso, TX 79901; Susan Osborn – (915) 351-8972 csv@csv.tachc.org

- Provides community based primary healthcare, dental services, social services, and health education.

Health Clinic: (915) 859-7545 (Also See Opportunity Center-Shelter)

Depression and Bipolar Support Alliance (DBSA) El Paso <http://www.dbsalliance.org> www.dbsatexas.org

El Paso Community Mental Health Mental Retardation (MHMR) www.epmhmhmr.org

24 Hour Crisis Line 779-1800 For crisis: open 24 hours a day

1600 Montana St., El Paso, TX 79902

915-887-3410 (Central administration office and customer relations number); 1-877-562-6467

-**Rene Hurtado, Chief External Affairs Officer: rhurtado@epmhmhmr.org

-Selene Quintana, Chief Administrative Officer: squintana@epmhmhmr.org

- Diagnose/evaluate those with suspected mental health problems seeking residential and rehabilitation services.

-Outpatient Clinics in various areas of the city (8am - 5pm)

-Accept: TRICARE, Sliding scale, medicaid, medicare & most insurance (Initial screenings are free of charge)

- Services depend on diagnosis and state mandates, Therapy groups are provided as needed.

-Medication monitoring and case management is offered if person qualifies for services. Person is screened and evaluated and it is determined if they are sent to EPPC or PEAK (in Santa Teresa, NM)

- Intake (Montana); Central Out-Patient (Yandell); East Valley Out-Patient (Zaragoza); North East Out-Patient (Diana); ChAMPS (Boeing)

El Paso Federation of Families POC: Angelique Martinez (anmartinez@epcounty.com) Listed elsewhere
5304 El Paso Drive, El Paso, TX 79905; (915) 771-7363

El Paso Psychiatric Center (EPPC) 915-532-2202 elpaso.nami@dshs.state.tx.us Open 24 hrs a day

NAMI El Paso (National Alliance of Mental Illness) (Inside EPPC) Hector Morales, President

4615 Alameda Avenue, Rm. 1157, El Paso, Texas 79905, (915) 534-5476 or (915) 534-5478

M, W & F. 12:00pm - 3:00pm Tu & Thu 10:00am - 1:00pm

- Inpatient treatment for adults and children (First assessed at El Paso Mental Health Mental Retardation)

- NAMI El Paso's membership includes: family members, loved ones/caregivers of those with brain disorders, consumers diagnosed with a mental illness, community professionals, and all who share NAMI's mission.

- Provide education for the family members of those who are mentally ill; Groups in English and Spanish

- A Lending Library provides educational videos and books to the family members

Accept: Medicaid and Medicare

La Familia del Paso (Meeting place: activities/programs for consumers with mental health issues)

1511 E. Yandell, 532-9434

La Fe, Inc Centro de Salud Familiar-Children's Health Insurance Program (CHIP)

1225 E Yandell Dr, El Paso, TX 79902, (915) 351-6466, 1-877-541-7905

<http://www.hhsc.state.tx.us/chip/index.html> or <http://www.tachc.org>

La Fe (Health Center) Centro de Salud Familiar www.lafe-ep.org

La Fe 545-7059; 915-534-7979 or 545-4550 M-F 8:00am - 5:00pm

Adult clinic: 700 S. Ochoa El Paso, Texas 79901; Pediatric clinic: 721 S. Ochoa

-General medical services, prenatal, WIC, dental services, pediatrics and immunizations. Discounts on dental & medical services if lives within specified zip code. Documents: proof of residence, check stub or income tax, ID, Medicare, Medicaid or insurance card. Recommend person become member, but no one refused services.

POC: maria.carrillo@lafe-ep.org

Technology Department (545-7190): Computer classes/graphics, GED, citizenship, guitar and many more

Peak Psychiatric Hospital Open for Crisis 24 hours a day Diana.dillard@psysolutions.com

5045 McNutt Road, Santa Teresa, NM - (575) 589-3000 Toll-free: 888-599-9808

5065 McNutt Road; El Paso, TX (915) 542-1515 Phone (Texas only): 888-545-4118

-Blue Cross/Blue Shield, Medicare, Medicaid, CHAMPUS/TriCare and other insurance carriers

-Texas Medicaid up to age 21 (psychiatric services), New Mexico insurance and some Texas insurances

-Inpatient services for children (as early as age 5), adolescents and adults; Individual, family and group therapy

-Mental health services and detox; Residential treatment for children and adolescents (pre-authorization needed)

- SAY (Sexually Aggressive Youth) Unit: youth need to be court ordered (Partial and intensive psychiatric and substance abuse treatment. Outpatient treatment: 18 and over. Free Evaluation: By Appt but Walk-ins accepted

Southern New Mexico Human Development, Inc. <http://www.snmhd.org>

820 HWY 478 Anthony, New Mexico, 88021 24 hr/Crisis (575) 882-5101 or (575) 589-1147

Crystal Heredia-Sanchez heredia@snmhd.org

-Counseling/outreach: Ages 6 yrs and older: Outpatient Counseling/Services, Crisis Intervention, Counseling:

Family, Support Group, Sexual Assault, Intensive Home-Based; Alcohol & Substance Abuse Outpatient

Services: Individual, group, family therapy, Crisis Intervention, Testing and Evaluations, Emergency Services,

Referral Services; Assessment and Screening, Stabilization and Counseling, Follow-up Services

Sun City Behavioral Health Care www.suncitybehavioral.org

616 N. Virginia Ste B, El Paso TX, 79902, (915) 351-4680; POC: Mike Anslinger manslinger@epmhmr.org

Texas Tech Department of Neuropsychiatry and Behavioral Sciences (See Health Clinic)

4615 Alameda (within EPPC), 545-6830; M-F 8:00am - 5:00pm

- Psychiatric evaluations and medication monitoring; Samples of medications sometimes provided

- Intake done by phone, not a walk in clinic; appointment is set up if criteria is met

Administrator: Albert Campos albert.campos@ttuhsc.edu

University Behavioral Health of El Paso UBH Not affiliated with any El Paso university www.ubhelpaso.com

-Inpatient and Outpatient Mental Health Services (See Also Substance Abuse)

POC: Mike Roser mike.roser@ubhelpaso.com

1900 Denver, El Paso, TX 79902, 915-544-4000 Toll Free: 1(800)-967-3411

-Trauma Specialist: Daniel L. Dagle, LPC. (915) 549-9010

Neuro Rehabilitation (ex. Traumatic Brain Injury)

Mentis Neuro Rehabilitation Center www.mentisneuro.com

1831 Murchison Drive, El Paso, TX 79902-2917, (915) 351-4441

-Mentis provides the highest level of post acute neuro-rehabilitation to persons who have sustained an acquired brain injury or who are significantly challenged by neurological conditions that restrict mobility, social interaction, communication, employability and re-entry into their homes & communities.

General Counseling

Fort Bliss Family Advocacy Program Bldg 2494 Ricker Rd. Ft. Bliss 915-568-4878

-Spouse and child abuse, New Parent Education, Child Health and Safety Issues, Life Skills Classes (stress management, dating violence), Family & Individual counseling

Military and Family Life Consultants (Active, NG, & Reserves, family members & DA Civilians)

- FREE confidential (No records) Counseling support/assistance, after-hours/weekend appt available

-Call 915-490-3868 (off post appts), 915-525-4330 (on-post), 525-4449 or 238-2787

Child Counseling

Center for Children – El Paso See Also Child Rights

-Family support programs and the specialized services needed to care for runaway and homeless youth and their families, homeless teen mothers and their children, and emotionally disturbed youth and their families

2200 N. Stevens St., El Paso, TX 79930; (915) 565-8361; info@epccinc.org

Children's Grief Center of El Paso www.cgcelpaso.org POC: Laura Olague laura@cgcelpaso.org

-Centre Bldg., 123 West Mills Suite 650 (next to old Plaza Theatre), El Paso, TX 79901

(915) 532-6004 Fax (915) 532-6061 M - F 9:00 am - 5:00pm

-11625 Pellicano Dr # B, El Paso, TX 79936-6242, (915) 532-6004

-Provide grief counseling and support groups for all ages that have lost a loved one.

-Children ages 5 to 21. While children are in the group, parents also go to a support group.

-Groups meet twice a month on Thursdays 6pm to 8pm (in Spanish and English)

Must call to schedule an interview for family members involved (Interview cost \$35; Group session \$20/family)

-Workshops provided for the community on helping grieving children heal.

-TRIAD Resources: They are having a military specific day called "Operation Mend a Heart" Oct 10, 2009 (For family members- lost a loved one to war, accident, or illness)

El Paso Child Guidance Center

-**TRIAD Resources POC: Sue Jacobson epcgcenter@aol.com

2701 E Yandell Dr, El Paso TX 79901 (915) 562-1999 Yandell Office: M-Th 8:00am - 7:00pm

9001 Cashew Suite 300, El Paso, TX 79907 (915) 860-2644 Zaragosa Office: W and Th - 9:00am - 7:00pm

-To provide mental health services for military personnel and their families.

-Provide individual, marital and family counseling services, specializing in children and adolescents with behavioral and emotional problems and victims of sexual abuse.

Intake Coordinator: Patricia Tafoya Accept: Sliding scale, medicaid, and insurance

Rollercoaster Program: offered twice a year, for children whose parents are going through a divorce (primary program for ages 5 to 8 & intermediate program for ages 9 to 13-Divorce group for parents offered at the same) Rollercoaster Program (Helps Children Cope w/ Divorce) 915-562-1999

Texas Youth Hotline 1-800-98-YOUTH (answered 24 hours a day, seven days a week) provides prevention services to youths, parents, siblings, and other family members who are in need of a caring voice and listening ear. The Hotline counselors also assist youth advocates, such as, police, caseworkers, counselors and school officials by locating state and local resources.

Family Counseling

Catholic Counseling Services, Inc. ccs@elpasodiocese.org

499 St. Matthews, El Paso, TX 79907, (915) 872-8424 Fax: (915) 872-8425 Contact: Jose Castellon

-Private non-profit 501 C (3) organization. Individual, family, marital for ages 5 and up. Services available to anyone regardless of religion, race, ethnicity, income, age, gender, or sexual orientation.

Compassionate Friends-El Paso (Support Group for Bereaved Parents) <http://www.elpasotcf.org/>

El Paso Compassionate Friends meets the Wednesday of each month except December and October at St. Paul's Lutheran Church, 1000 Montana Ave., El Paso, TX 79902 (More info: Susan Crews at (915) 542-0908)

Family Services of El Paso (Counseling) 915-781-9900 famserep@sbcglobal.net

6040 Surety, El Paso, TX, 781-9900 M-Th 8:00am - 8:00pm F 8:00am -7:00pm

-Individual, family and marital therapy. Intake information obtained by phone and a therapist will call back to schedule an appointment. Bilingual therapists Available

- Accept: Medicaid, sliding scale, insurances, CHIP and TRICARE (need a referral)

- Parenting Classes: Call to sign up and the agency will call back to give the starting class date. Prices: \$10 per person and \$15 per couple English class: Th 5:30pm to 7:30pm Spanish class: Wed 6:00pm to 8:00pm

- Free Marital Classes: Individuals need to be established clients to attend the classes

English class: 6:00pm on Mondays Spanish class: 6:00pm on Tuesdays

Fatherhood Help Service www.fatherhoodhelp.org 592-DADS (3237) Jim Whitlatch Jim@fatherhoodhelp.org

- Community-based program helps men develop attitudes, knowledge & skills needed to get & stay involved with their children. 24/7 Dad™ focuses on key fathering characteristics (masculinity, discipline, work/family balance) Help men evaluate their own parenting skills, & fathering role models. 12- session program developed by National Fatherhood Initiative. Classes are on Tuesday evenings from 6pm to 7:30pm at 10781 Pebble Hills Suite A (across the street from the Police Station).

Jewish Family & Children's Services (JFCS) -- a United Way Agency jfcs counselor@sbc.global.net

401 Wallenberg Dr, El Paso, TX 79912, M/W/Th 8:30am-5:00pm, Tu 8:30am - 8:00pm, F 8:30am- 4:00pm

-TRIAD Resources POC: Emily Stuessy (915) 581-3256 jfcselpaso@sbcglobal.net

-Call for intake appointment - Children, Marriage Counseling, Play Therapy, Personal, Family & Relationship Counseling, Individual Therapy, Serving Everyone Regardless Of Religion; Bilingual therapists Available

- Substance Abuse Group: Mon - 11:00am and Tu - 6:00pm (translation provided)

Accept: Sliding scale, Medicaid and insurance; Intake appointment: \$25;

Living Hope Christian Counseling Services (Christian based counseling) www.livinghopeccs.org

6044 Gateway East Suite 506 (State National Bank Bldg), (915) 772-2237 M-F 9:00am - 6:00pm

-Individual, marital and group therapy; Bilingual therapist available

Accept: Sliding scale and insurance; Call to make an appointment livinghopeccs@aol.com

Sexual Trauma and Assault Response Service (Supportive Counseling) 915-533-7700 (See S.T.A.R.S.)

Southwest Counseling Center Inc. Crisis Line 1-800-964-1542 <http://www.swccnm.com/>

100 West Griggs, Las Cruces, NM, (575) 647-2800 Bernadette Pina, CEO bpina@swccnm.com

M-F 8:00am - 7:00pm Call to schedule an intake appointment Bilingual therapists available

Accept: Sliding scale, Medicaid, Medicare, and insurance

- Individual, group and family therapy; Outpatient substance abuse program; Other programs include: nursing and medical services and case management

Marriage/Divorce Counseling/Services

Dispute Resolution Center 915-533-4800

El Paso County Domestic Relations Office 915-834-8200

Fort Bliss Transparenting Program-Children of parents going through/have been divorced
568-4878 or 569-7749

Healthy Marriage Program-Free Marriage Counseling 569-7743; 569-7749

Recovering Couples Anonymous (For people in a hurtful marriage) Alex and Leticia Mora: 855-9244

Twogether in Texas- Model Cities El Paso

-Premarital education/healthy marriage services (support development of healthy marriages/strong families)
-Confidential dating, married, gay counseling, save \$60 off marriage license
Roger O'Dell, Executive Director, Cell - 915-276-9626 rogerthat@aol.com
11199 Pelicano Dr., El Paso, TX 79935; 915-591-0404

Psychological Services with Multiple Providers

Amanecer Psychological Services Website: www.amanecer-ep.org Nicolezavala21@sbcglobal.net

6500 Boeing Dr Ste L150, El Paso, TX 79925; (915) 779-5600 Fax (915) 779-5605

6621 Doniphan, Ste. G, Canutillo, TX 79835; (915) 877-5100 Fax (915) 877-5107

-Counseling, psychological evaluations/testing, psychiatric services, drug/alcohol abuse, drug testing, ADHD testing, supervised visitation.

Therapy Service Associates-Individual, family and marital therapy

5959 Gateway West Suite 501, 772-1829, M-F 9:00am - 6:00pm

Accept: Insurance, Medicaid, no sliding scale \$100 a session

Combat/Deployment-related Counseling

After Deployment—afterdeployment.org (See Also DCoE)

<http://www.afterdeployment.org/web/guest;jsessionid=0503FEF3741FC3C8E40330E93847FF12>

American Red Cross- El Paso Area Chapter elpaso@usa.redcross.org

3620 Admiral St., El Paso, TX 79925 (915) 592-0208; <http://www.redcrosselpaso.org>

-TRIAD Resources POC: Mark Matthys matthysm@usa.redcross.org

-Coping With Deployment: counseling, training class; Disaster Services

Bridges for Warriors <http://www.bridgesforwarriors.org/>

-Bridges for Warriors and Families is a national, all services private organization, founded by military spouses who saw a need to give back to the Soldiers, Marines, Sailors, Airmen, Coast Guardsmen, active and reserve who have sacrificed their physical and mental health in the service of our great country.

El Paso Depression Support www.orgsites.com/tx/el-paso-depression-support

-Support group Mon 530-630pm, free for military & family, for anxiety, eating disorders, ADD, PTSD, etc...

First Presbyterian Church 1340 Murchison, El Paso, TX 79924; ramorrat@aol.com 915-493-3263

NotAlone Free online counseling services/sessions www.notalone.com/groups notalonehq@notalone.com
- Specifically for spouses & family members of veterans or deployed Warriors, online "classroom" setting, similar to online education where participants can interact & learn about the issues through a variety of media.

Sesame Street Family Connections

- a bilingual, (English/Spanish) child centered online space where both children and adults can interact and stay connected when distance makes everyday communication difficult. With the help of their favorite Sesame Street friends, family members can compose encouraging messages to each other, share artwork and videos, upload photos, and get answers to some questions they may have but didn't know how to ask. Sesame Street Family Connections will serve as the common and private online place to keep military families connected across the globe. Questions or would like more information tlc@sesameworkshop.org
www.SesameStreetFamilyConnections.org

University Behavioral Health El Paso (UBH) Inpatient and Outpatient Mental health Services

-Freedom Care program, ASD & PTSD specialized counseling, chemical dependency, psychiatric care (will provide transportation). (915) 544-4000 www.ubhelpaso.com 888-320-8101 (see Mental Health/SubAbuse)

Vet Centers (See Also Vet Employment)

- Provide readjustment counseling to those who served in ANY combat zone and their family members, employment assistance eilenne.grozier@va.gov

El Paso Vet Center: 1155 Westmoreland, Suite 121, El Paso, TX 79925; 915-772-0013

Las Cruces Vet Center: 575-523-9826

Veterans Resource Center- PTSD, TBI, Mental Illness, Homelessness, Suicide 800-950-6264,
www.veteransresourcecenter.net

Veteran's Assistance

Homeless Veterans -Section 8 rental vouchers www.Hacep.org
Charm Mizer 564-6159 or Lorena Rivera 849-3852

Texas Disabled Veterans - Property Tax Exemption El Paso Central Appraisal District
5801 Trowbridge Dr., El Paso, TX 79925-3346 (915) 780-2000; www.elpasocad.org
-Apply in person: bring disability statement of VA benefits form that is dated from this year.

Texas State Veterans Home Program www.texasveterans.com
-Vets can go if: cannot live on their own/do not feel comfortable/safe doing so any longer.
9650 Kenworthy Street, El Paso, TX 79924, 915-751-0967

Texas Veterans Land Board

-veteran homes, cemeteries, below-market rate loans for land, housing, and home improvements, historical preserve (tell war experience to be documented)
1-800-252-8387, www.texasveterans.com

Veterans Lodge – Shelter Plus Care Charm Mizer – (915) 204-1715

-Provides rental assistance and services to chronically homeless veterans with mental illness or other disability

Veterans Medical Benefits

El Paso County Veterans Assistance Office- Benefits, medical care, mental health
4641 Cohen Ave., Suite D, El Paso, TX 79924; 915-759-7990; miflores@epcounty.com
Health Benefits Eligibility: 877-222-8387

El Paso VA Healthcare System www.seamlesstransition.va.gov

5001 N. Piedras, Rm B203, El Paso, TX 79930 (attached to William Beaumont Army Medical)

915-564-6100 Case Manager: ext. 6433 (M-F 8:00am - 4:45pm) 915-564-7500

Joel Arrigucci – (915) 564-6159; Patient Advocate: 564-7987; Registration: 915-564-6167 or 800-672-3782

- Behavioral health; medical appointments; dental appointments; substance abuse program; social work service;
- Disabled Veterans Commission; Veterans benefits counselors; VA Regional Office.

- Individual and group counseling for veterans; Limited available counseling for families

- Drug/alcohol counseling, military sexual trauma, PTSD, some support groups for Iraq and Afghanistan returning veterans; CWT (Counseling work therapy) is provided as needed

- Disabled American Veterans Commission provides transportation, as needed

- Vocational rehabilitation for those with disabilities

- Call or walk-in for an intake; Bilingual therapists; Fee depends on disability. Fee varies from \$15 to \$50

- Public Affairs Office (Susan Fleming) (915) 564-7574

OIF/OEF VA Healthcare Program (915) 564-6100 Ext. 6414 jacquelyn.williams@va.gov

- For those that served in OIF/OEF and are getting out of the service or are already out

- Begin benefit enrollment before discharge

Veterans Affairs (begin benefit enrollment before discharge)

- **TRIAD Resources POC: Bridgette Murrillo (915) 564-6100 ext. 6433 irma.murillo@va.gov

Program Support Assistant: (915) 564-7581 ricardo.renteria@va.gov

Health Tools, Caregiver resources <https://www.myhealth.va.gov>

Social Security Administration www.socialsecurity.gov/woundedwarriors

800-772-1213 or 866-563-9310 x27404

- If getting out of military and on medical hold can apply for disability, for wounded, compassionate allowances for cancer and TBD, 3yrs or more unable to work, make less than \$700/month can qualify

Texas Veterans Commission Disability Benefits 1-800-252-VETS; www.tvc.state.tx.us

Disability Claims Representation & Counseling 915-564-7852; www.tvc.state.tx.us

Veterans Benefits Administration Supervisor (Rodney Thompson) (915) 564-6100 ext. 7985

Veteran Employment

American GI Forum Veterans- Also helps those discharged with other than honorable

- Find full-time job work tools, work clothes, and transportation assistance

5959 Gateway Blvd W # 401, El Paso, TX 79925-3318, 915-774-0525

El Paso Vet Center 1155 Westmoreland, Suite 121, El Paso, TX 79925, 915-772-0013

Las Cruces Vet Center: 575-523-9826

Las Cruces Health Clinic: 575-522-1241 ext 2908

Healthcare Center: Community Based Outpatient Clinic (CBOC) Cynthia.huerta-montoya@va.gov

- Readjustment counseling: served in ANY combat zone and their family members, employment assistance

El Paso County Veterans Assistance Office: Education Benefits: 877-823-2378

Employer Support of the Guard and Reserves 800-336-4590; www.esgr.mil

-Soldiers that return from deployment and have trouble getting job back or finding another job.

Goodwill of El Paso, Inc. www.goodwillep.org

9611 Acer Ave, El Paso, TX 79925

-To assist veterans with post-military employment training and placement opportunities.

-TRIAD Resources POC: Arlene Alarcon (915) 778-1858 aalarcon@goodwillep.org Listed Elsewhere

Texas Veterans Commission- Texas Workforce VetJobs@tvc.state.tx.us

-Workforce Solutions Upper Rio Grande - Veterans Resource and Referral Specialist

1359 Lomaland Dr, El Paso, TX 79935-5201 Office (915) 887-2653

-El Paso Northeast Workforce Ctr. (TX Vet Commission- Employment) 512-463-6826

9740 Dyer Street, Suite 109-113, El Paso, TX 79924-4752 (915) 887-2833

**Local Veterans' Employment Representative: Hilario Hernandez Hilario.Hernandez@urgwda.org

-**TX Veterans Leadership Program:** <http://www.twc.state.tx.us/tvlp/tvlp.html>

Veterans Education Program 877-898-3833; VetsEd@tvc.state.tx.us

VA Vocational Rehabilitation 7500 Viscount Suite C-50 (915) 772-2195

Veterans Groups/Organizations

82nd Airborne Association- El Paso Roy P. Benavidez-Robert Patterson Chapter www.bpaac.org

2608 Fort Boulevard, El Paso, TX, 79930-2116 Tel: (915) 562-9969

- John Ceballos, CHR, 230 Ridgemont Dr, El Paso, TX 79912-5329, (915) 494-9698

- Jose H. Hernandez, SEC, 3309 Voss Drive, El Paso, TX 79936-1916 (915) 875-2014

American Legion www.legion.org www.veterans911.org

- Post 58 Veterans Advocates of El Paso, 4724 Vulcan Ave, El Paso - 751-6900 & 755-7168; Ron Holmes

- Law Enforcement Post 74, 1532 Charles Owens, El Paso, TX, 79936, Phone: (915) 598-4348

- Post No 832, 2400 Bassett Ave, El Paso - (915) 534-9395

- Post No 36, 3730 Shell St, El Paso - (915) 592-4695

Disabled American Veterans www.dav.org

VA Health Care Center, Rm B203, 5001 N Piedras, El Paso, TX 79930-4211, 915-564-7500

DAV El Paso- 8888 Dyer St # 416, El Paso - (915) 751-5800 or (915) 564-6180

<http://www.davmembersportal.org/chapters/tx/165/default.aspx>

Meeting Location: 3730 Shell Ave, Am Legion Post #36, El Paso, TX 79925, (915) 592-3312

Meetings Are Held on the 1ST Thursday of each month Time: 7:00 PM

Military.com began in 1999 and claims to be the **largest military and veteran membership organization** with 10 million members. They state that their free membership connects service members, military families and veterans to all the benefits of service — government benefits, scholarships, discounts, lifelong friends, mentors, great stories of military life or missions, and much more. www.military.com

Military Order of the Purple Heart

- MOPH VA Outpatient Clinic, 5001 N. Piedras, El Paso, TX 79930-4211, (915) 564-6166
NSO: Robert Macias roberto.macias1@us.army.mil
- MOPH Chapter 393 POC: Edward Jones (ejones4@elp.rr.com) (915) 755-8402
- Meeting Location: Partida Hall, 2608 Fort Blvd., El Paso, 79930 1:00 pm 1st Saturday

Veterans Business Association www.veteransbusinessassociation.com

President: Carlos Rivera crivera22@elp.rr.com

1359 Lomaland, Suite 522, El Paso, TX 79935; Office: (915) 629-2052 / Cell: (915) 269-9274

V F W-Veterans of Foreign Wars

- Post 812 Davis-Seamon Post, 2400 McKelligon Canyon Rd, El Paso, TX 79930, (915) 562-2161
- Post 8919 (Yucca) 5535 Saluki Dr, El Paso, (915) 751-5871
- Post 8550 (Dennis L. Cunningham) 4714 Titanic Ave, El Paso, TX 79904, (915) 751-5099
- Post 6388 (Ysleta), 9170 Cananea Ln, El Paso, TX 79907-6804, (915) 858-4190
- Post 8782 (Tigua), 7722 Adobe Dr, El Paso, TX 79915, (915) 593-0262
- Post 10326 (Coronado) El Paso
- Post 10354 (Horizon) El Paso
- Post 2451 (Northeast) El Paso
- Post 2753 (Marcos B. Armijo) El Paso
- Post 5615 (Segura-Mc Donald) El Paso

Vietnam Veterans of America, Chapter 574. Lucio Moreno, 593-3872

Vietnam Vets- El Paso, 6065 Montana Ave, El Paso, TX 79925-1835, (915) 781-2353

TRICARE HEALTHCARE PROVIDERS

TriWest Healthcare Alliance (915) 564-4574 P.O. Box 640107 El Paso, TX 79904 <http://www.triwest.com>

FERNANDEZ, PETER; PHD (915) 541-1100 1700 Murchison Dr Ste 213 El Paso, TX 79902

Spec: Clinical & Neuropsych

PEREZ, OSCAR E; MD (915) 533-5550 1400 N El Paso St Ste A El Paso, TX 79902

Spec: Addiction Medicine, Psychiatry

SCHYDLOWER, MANUEL; MD (915) 545-6788 4801 Alberta Ave El Paso, TX 79905

Spec: Adolescent Medicine, Family Practice, Pediatrics

Marriage/Family Therapist (LMFT)

CHRISTOPHERSON, JOSEPH B (915) 772-2237 6044 Gateway Blvd E Ste 506 El Paso, TX 79905

*See Living Hope Christian Counseling Services

CONTRERAS, ELIZABETH (915) 772-2237 6044 Gateway Blvd E Ste 506 El Paso, TX 79905

*See Living Hope Christian Counseling Services

LEGATE, BARBARA H (915) 241-4000 109 N Oregon St # 703 El Paso, TX 79901

Spec: Adolescence bhlegate@yahoo.com

Mental Health Counselor

ACOSTA, HOLAYA P; LPC (915) 533-0303 4150 Rio Bravo St Ste 128 El Paso, TX 79902

*Psychotherapy Service of El Paso hpadjust@gmail.com

ACOSTA, MARIA S; LPC (915) 779-5600 6500 Boeing Dr Ste L150 El Paso, TX 79925

*Amanecer Psychological Service (915) 877-5100 6621 Doniphan Dr Canutillo, TX 79835

AGUIRRE, DAVID; LPC (915) 562-1999 2701 E Yandell Dr El Paso, TX 79903

*El Paso Child Guidance Center

AYALA, GEORGE; LPC	(915) 778-4243 2112 Trawood Dr Ste A1	El Paso, TX 79935
*Counseling Associates, Inc. chlpc@att.net		
BACA GOMEZ, MARIA M; LPC	(915) 757-2022 10080 Dyer St	El Paso, TX 79924
*UKEP Univ. Kids of El Paso	(915) 591-2101 11150 Montwood Dr # A	El Paso, TX 79936
BILBE, REBECCA R; LPC	(915) 779-5600 6500 Boeing Dr Ste L150	El Paso, TX 79925
*Amanecer Psych Services	(915) 877-5100 6621 Doniphan Dr Ste G	Canutillo, TX 79835
BROWN, ELIZABETH A; LPC	(915) 591-2101 11150 Montwood Dr Bldg A	El Paso, TX 79936
*UKEP Univ. Kids of El Paso		
BURGOS, CECILIA B; LPC	(915) 525-9246 468 San Blas Dr	El Paso, TX 79912
ceciburgos@aol.com		
COLLINS, JOE D; LPC	(915) 351-4431 4625 Alabama St # C	El Paso, TX 79930
Pinnacle Social Services		
DAVIS, ALLISON J; LPC	(915) 845-3122 300 Thunderbird Dr Ste 12	El Paso, TX 79912
*Counseling Cntr of Expressive Arts		
FABELA, MARY H; LPC	(915) 757-2022 10080 Dyer St	El Paso, TX 79924
*UKEP Univ. Kids of El Paso		
FRANCO, MARTHA O; LPC	(915) 533-0303 4150 Rio Bravo St Ste 128	El Paso, TX 79902
*Psychotherapy Service of El Paso		
FRIAS DURAN, PATRICIA; LPC	(915) 562-1999 2701 E Yandell Dr	El Paso, TX 79903
*El Paso Child Guidance Center	(915) 562-1999 9001 Cashew Dr Ste 300	El Paso, TX 79907
GADNEY, LUCIA S; LPC	(915) 351-4431 4625 Alabama St # C	El Paso, TX 79930
Pinnacle Social Services		
GADNEY MOSS, BLANCA L; LPC	(915) 351-8030 4625 Alabama St # C	El Paso, TX 79930
Pinnacle Social Services		
GALLARDO, HECTOR H; LPC	(915) 562-1999 2701 E Yandell Dr	El Paso, TX 79903
*El Paso Child Guidance Center		
GARCIA, GILBERTO J; LPC	(915) 355-4813 6070 Gateway Blvd E Ste 208	El Paso, TX 79905
*Family Services of El Paso	(915) 781-1337 6090 Surety Dr Ste 200	El Paso, TX 79905
GARCIA JR, RAFAEL; LPC	(915) 542-4200 4530 Montana Ave # A1	El Paso, TX 79903
*Letty Counseling Services letycsr63@yahoo.com		
GONZALEZ, IRMA D; LPC	(915) 526-2300 7511 Alpine Dr	El Paso, TX 79915
gonzalez.icounsel@gmail.com		
GUTIERREZ, LETICIA; LPC	(915) 542-4200 1501 Arizona Ave Ste 10B	El Paso, TX 79902
*Letty Counseling Services	(915) 542-4200 4530 Montana Ave Ste A1	El Paso, TX 79903
HENNEBURG, JAMES V; LPC	(915) 778-3807 1420 Geronimo Dr Ste B4	El Paso, TX 79925
Counseling Center		
HERNANDEZ, MARA; LPC	(915) 533-1929 1201 N Mesa St Ste H	El Paso, TX 79902
Center for Attachment and Trauma Treatment marahernandez@sbcglobal.net		
HEYDEMANN, NANCY; LPC	(915) 225-2346 7362 Remcon Cir	El Paso, TX 79912
alfredo.angcayan@ioelpaso.com		
HOPKINS, DOUGLAS P; LPC	(915) 562-1202 2030 Gateway Blvd N	El Paso, TX 79903
*Counseling Assoc, Inc.	(915) 778-4243 2112 Trawood Dr Ste A1	El Paso, TX 79935
HOPPE, CURTIS L; LPC	(915) 855-8550 3022 Trawood Dr	El Paso, TX 79936
*Montwood Medical Cntr	(915) 751-2448 9311 Diana Dr	El Paso, TX 79924
sandraw.young@yahoo.com		
JOHNSON, STEPHEN W; LPC	(915) 545-1188 2332 Montana Ave	El Paso, TX 79903
*Counseling Cntr Expressive Arts	(915) 845-3122 300 Thunderbird Dr Ste 12	El Paso, TX 79912
LEOS, LORELI; LPC	(915) 845-3122 300 Thunderbird Dr Ste 12	El Paso, TX 79912
*Counseling Cntr Expressive Arts	(915) 240-8409 833 Via Riqueza St	El Paso, TX 79912
MARCEL, SAMUEL L; LPC	(915) 613-0030 1790 N Lee Trevino Dr Ste 203	El Paso, TX 79936
*UKEP Univ. Kids of El Paso	(915) 757-2022 10080 Dyer St	El Paso, TX 79924
	(915) 591-2101 11150 Montwood Dr Bldg A	El Paso, TX 79936

MARIE, DONNA; LPC donnamariemalpc@gmail.com	(915) 592-3366 8080 Gateway Blvd E Ste 101	El Paso, TX 79907
MARTINEZ, ANASTACIA C; LPC	(915) 775-2599 5959 Gateway Blvd W Ste 306	El Paso, TX 79925
MARTINEZ III, JOSE E; LPC jemartinez1511@elp.rr.com	(915) 532-2030 4171 N Mesa St Bldg A	El Paso, TX 79902
MAYNEZ OLMOS, SOCORRO smolpc@yahoo.com	(915) 581-7599 125 Thunderbird Dr Ste J	El Paso, TX 79912
MEDINA, SERGIO; LPC Region 19 Education Service Center	(915) 780-6576 6611 Boeing Dr	El Paso, TX 79925
MILLER, LEAH A; LPC *Counseling Cntr Expressive Arts ngomez@ccoea.com	(915) 845-3122 300 Thunderbird Dr Ste 12	El Paso, TX 79912
MONTES, JORGE R; LPC *alfredo.angcayan@ioelpaso.com	(915) 355-7958 2300 George Dieter Dr (915) 355-7958 3000 Pera Ave Apt 8 (915) 355-7958 7362 Remcon Cir	El Paso, TX 79936 El Paso, TX 79905 El Paso, TX 79912
MONTY, ESTHER; LPC	(915) 598-2190 1600 N Lee Trevino Dr Ste C4	El Paso, TX 79936
MUNIZ, FERNANDO; LPC	(915) 598-2190 1600 N Lee Trevino Dr Ste C3	El Paso, TX 79936
NANCE, LOIS L; LPC Selenee_3@yahoo.com	(915) 587-1097 6044 Gateway Blvd E # 651	El Paso, TX 79905
NICHOLSON, MELISSA; LPC	(915) 595-1067 9825 Eastridge Dr	El Paso, TX 79925
OGNIBENE, DORIS A; LPC *Jewish Family & Children's Services	(915) 581-3256 401 Wallenberg Dr	El Paso, TX 79912
ONTIVEROS, DEBORAH M; LPC *Well Connect Employee Assistance Program	(915) 593-5676 1600 N Lee Trevino Dr Ste C7	El Paso, TX 79936
PELKING, SCOTT; LPC *Counseling Cntr Expressive Arts	(915) 845-3122 300 Thunderbird Dr Ste 12	El Paso, TX 79912
PINON, GRACIELA I; LPC *El Paso Adoption Services, Inc	(915) 543-4933 905 Noble St	El Paso, TX 79902
RIOS, MARIA E; LPC	(915) 778-8900 5959 Gateway Blvd W Ste 645	El Paso, TX 79925
RAMIREZ, CHRIS; LPC * Counseling Assoc, Inc.	(915) 778-4243 2112 Trawood Dr Ste A1	El Paso, TX 79935
RAMIREZ, FRANCISCO A; LPC *UKEP Univ. Kids of El Paso	(915) 591-2101 10080 Dyer St (915) 591-2101 11150 Montwood Dr Bldg A	El Paso, TX 79924 El Paso, TX 79936
REYES, ENRIQUE M; LPC docreyes@sbcglobal.net	(915) 544-6586 2709 Montana Ave	El Paso, TX 79903
RHEDER, RICHARD H; LPC *Family Services of El Paso	(915) 545-1188 2332 Montana Ave (915) 781-9900 6040 Surety Dr	El Paso, TX 79903 El Paso, TX 79905
ROBLES SAMANIEGO, MARIA A *Jewish Family & Children's Serv	(915) 581-3256 401 Wallenberg Dr (915) 252-5889 2730 Mountain Ave	El Paso, TX 79912 El Paso, TX 79930
RODRIGUEZ, CELIA J; LPC *EP Center for Children	(915) 588-3773 2108 N Stevens St (915) 857-2622 5225 Roger Maris Dr	El Paso, TX 79930 El Paso, TX 79934
SALCIDO, RICHARD; LPC *Family Services of El Paso	(915) 781-9900 6040 Surety Dr (915) 781-1337 6090 Surety Dr Ste 200	El Paso, TX 79905 El Paso, TX 79905
SANDERS, KAREN L; LPC Ksanders74@elp.rr.com	(915) 532-2030 4171 N Mesa St Ste A106	El Paso, TX 79902
SANTOYO, CHRISTINE C; LPC csantoyo@elp.rr.com	(915) 587-0092 332 Olivia Cir (915) 584-3866 230 Thunderbird Dr Ste J	El Paso, TX 79912 El Paso, TX 79912
SIFUENTES, BLANCA; LPC blanca@eplpc.com	(915) 329-6110 10935 Ben Crenshaw Dr Ste 100	El Paso, TX 79935
STEARNE, LAURA M; LPC *Well Connect Employee Assistance Program	(915) 593-5676 1600 N Lee Trevino Dr Ste C7	El Paso, TX 79936
STUESSY, EMILY K; LPC *Jewish Family & Children's Services	(915) 581-3256 401 Wallenberg Dr	El Paso, TX 79912

TATEM, DIANE W; LPC	(915) 633-0500 1600 Montana Ave	El Paso, TX 79902
*El Paso MHMR	(915) 780-6576 6611 Boeing Dr	El Paso, TX 79925
VASQUEZ, RODOLFO E; LPC	(915) 781-9900 6040 Surety Dr	El Paso, TX 79905
*Family Services of El Paso	(915) 781-1337 6090 Surety Dr Ste 200	El Paso, TX 79905
	(915) 781-1337 6070 Gateway Blvd E Ste 208	El Paso, TX 79905
VERA-LOPEZ, REBECCA; LPC	(915) 241-6877 2108 N Stevens St	El Paso, TX 79930
*EP Center for Children		
WAGNER, LINDA; LPC	(915) 585-9760 5862 Cromo Dr Ste 145	El Paso, TX 79912
Empowerment Services benessalopez_odllc@msn.com		
YORK FRANCO, JESSICA; LPC	(915) 227-1255 5640 Montana Ave Ste C1	El Paso, TX 79925
sfranco3@elp.rr.com	(915) 227-1255 9530 Viscount Blvd Ste 1G	El Paso, TX 79925
YOUNG, ELIZABETH S; LPC	(915) 592-3287 7400 Viscount Blvd Ste 201	El Paso, TX 79925
*Biofeedback & Stress Management Center biofeedback_stressmgmt@yahoo.com		

Social Worker

AGUILAR, TONI W; LMSWACP	(915) 781-9900 6040 Surety Dr	El Paso, TX 79905
*Family Services of El Paso	(915) 781-1337 6090 Surety Dr Ste 200	El Paso, TX 79905
AGUIRRE, RAFAEL; LCSW	(915) 351-3988 905 Noble St	El Paso, TX 79902
*El Paso Adoption Services, Inc		
ARAUJO, ADELINA L; LCSW	(915) 872-8424 499 St Mathews St Bldg E	El Paso, TX 79907
*Catholic Counseling Services, Inc	(915) 351-4431 4625 Alabama St # C	El Paso, TX 79930
BRENNER, KIMBERLY H; LCSW	(915) 491-5709 5758 N Mesa St	El Paso, TX 79912
*Well Connect Employee Assistance Program wellconnect@sbcglobal.net & Family Matters Coaching		
BURGOS CAD, IRENE; LCSW	(915) 857-8242 1510 N Zaragoza Rd Ste B14	El Paso, TX 79936
mine613@aol.com		
CASTANEDA, GUADALUPE	(915) 593-5676 1600 N Lee Trevino Dr Ste C7	El Paso, TX 79936
*Well Connect Employee Assistance Program		
CASTRELLON, JOSE; LCSW	(915) 872-8424 499 St Matthews St Bldg E	El Paso, TX 79907
*Catholic Counseling Services, Inc.		
DEINES, WALTER; LCSW	(915) 772-8210 6501 Boeing Dr Ste F2	El Paso, TX 79925
wdeines1@att.net		
DEINES, YOLANDA A; LCSW	(915) 772-8991 6501 Boeing Dr Ste F2	El Paso, TX 79925
DOMINGUEZ, MARTHA; LCSW	(915) 772-1829 5959 Gateway Blvd W Ste 501	El Paso, TX 79925
Therapy Service Associates		
DURON, DIANA; LCSW	(915) 545-1188 2332 Montana Ave	El Paso, TX 79903
Adult and Adolescent Counseling Center		
GATELY, MICHAEL J; LMSW	(915) 542-4951 1733 Curie Dr Ste 204	El Paso, TX 79902
GOMEZ, JAVIER H; LCSW	(915) 881-1300 6455 Hiller St Ste B3	El Paso, TX 79925
GOMEZ, SIXTO G; LCSW	(915) 590-3330 9771 Eastridge Dr	El Paso, TX 79925
Pueblo de Salud Home Health		
GOMEZ, THERESA A; LCSW	(915) 590-3330 9771 Eastridge Dr	El Paso, TX 79925
Pueblo de Salud Home Health		
KRUZICH, DAVID J; LCSW	(915) 566-2000 4625 Alabama St	El Paso, TX 79930
Cocaine & Alcohol Evening Treatment		
LITTLE, LILLY; LCSW	(915) 449-1549 7362 Remcon Cir	El Paso, TX 79912
	2150 Trawood Dr	El Paso, TX 79935
LUNA, ROSA E; LCSW	(915) 772-1829 5959 Gateway Blvd W Ste 501	El Paso, TX 79925
Therapy Service Associates		
MARQUEZ, HENRY J	(915) 781-9900 6040 Surety Dr	El Paso, TX 79905
*Family Services of El Paso	(915) 781-1337 6090 Surety Dr Ste 200	El Paso, TX 79905
MARTINEZ, GUSTAVO R; LCSW	(915) 241-7272 814 Myrtle Ave	El Paso, TX 79901
MARTINEZ, SUSAN; LCSW	(915) 872-8424 499 St Matthews St Bldg E	El Paso, TX 79907

*Catholic Counseling Services, Inc

MAUREIRA, DAMIAN A; LCSW (915) 858-3857 657 Winn Rd El Paso, TX 79927

MORENO, RUBEN; LCSW (915) 772-1829 5959 Gateway Blvd W Ste 501 El Paso, TX 79925

Therapy Service Associates

NACIM, BETSY E; LCSW (915) 545-1188 2332 Montana Ave El Paso, TX 79903

*Family Services of El Paso (915) 781-9900 6040 Surety Dr El Paso, TX 79905

NAPIWOCKI, CHRISTINE; LCSW (915) 751-1926 8815 Dyer St Ste 160 El Paso, TX 79904

Socialchris71@yahoo.com

PARK, PATRICIA B; LCSW (915) 544-3400 1921 E Yandell Dr El Paso, TX 79903

PARK, RICHARD L; LCSW (915) 544-3400 1921 E Yandell Dr El Paso, TX 79903

PARSONS, ELIZABETH J; LCSW (915) 542-1086 905 Noble St El Paso, TX 79902

*El Paso Adoption Services, Inc

POLITO, JEANETTE L; LCSW (915) 545-1243 444 Executive Center Blvd 230 El Paso, TX 79902

REED, NORMA W; LCSW (915) 542-1582 1310 Montana Ave El Paso, TX 79902

Nwreed2@sbcglobal.net

RUBIO, MARA V; LCSW (915) 757-2581 9849 Kenworthy St El Paso, TX 79924

*Texas Tech Family Practice Center Albert Campos albert.campos@ttuhsc.edu mara.rubio@ttuhsc.edu

TORRES, OMAR E; LCSW (915) 779-5600 6500 Boeing Dr Ste L150 El Paso, TX 79925

*Amanecer Psychological Service (915) 877-5100 6621 Doniphan Dr Ste G Canutillo, TX 79835

VALENZUELA, JESUS E; LCSW (915) 544-0772 1725 E Yandell Dr El Paso, TX 79902

Mdiaz024@yahoo.com

VARELA, ALBERT J; LCSW (915) 544-7980 10536 Montwood Dr Ste C El Paso, TX 79935

center4eap@elpbizclass.com (915) 544-7980 2310 Montana Ave El Paso, TX 79903

VILLALOBOS, GRISELDA; LCSW (915) 781-9900 6040 Surety Dr El Paso, TX 79905

*Family Services of El Paso

Psychology

BASURTO JR, RODOLFO; PHD (915) 779-5600 6500 Boeing Dr Bldg L150 El Paso, TX 79925

*Amanecer Psychological Service (915) 877-5100 6621 Doniphan Dr Ste G Canutillo, TX 79835

CARRION, FELIX; PHD (915) 540-1609 4120 Rio Bravo St Ste 218 El Paso, TX 79902

CHOWDHURY, INGRID; PHD (915) 587-1091 6044 Gateway Blvd E # 651 El Paso, TX 79905

DAVIS, DIANA L; PHD (915) 351-6102 1810 Murchison Dr Ste 100 El Paso, TX 79902

*UKEP Univ. Kids of El Paso (915) 591-2101 11150 Montwood Dr Bldg A El Paso, TX 79936

HAND, MICHAEL P; PHD (915) 584-3636 600 Sunland Park Dr Ste 6-100 El Paso, TX 79912

mphand@msn.com

NATALICIO, LUIZ; PHD (915) 603-5850 306 Thunderbird Dr El Paso, TX 79912

luizn@elp.rr.com

PATTERSON, RICHARD B; PHD (915) 778-2458 1605 Beech St # B El Paso, TX 79925

RANKIN, ROBERT J; PHD (915) 584-3866 230 Thunderbird Dr Ste J El Paso, TX 79912

DrBobRankin@aol.com