

CURRICULAM VITTE

Name: Dr Dharmendra Panchal

Date of Birth: 02 Oct 1984

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Current Post and date of commencement:

- *Founder Chairman: Dr Diabeat – Digital Diabetes Clinics*
- *Consultant Physician: Diabetes, Obesity & Endocrine at Diabetes care and hormone clinic, Sabarmati, Ahmedabad*
- *Consultant Physician: Diabetes, Obesity & Endocrine at SAL Hospital, Ahmedabad*
- *Assistant Professor, Internal Medicine at M K Shah Medical college and research institute, Ahmedabad*
- *Visiting Consultant Endocrine at Gujarat Cancer and Research Institute, Ahmedabad*

Summary of Work Experience:

- *Medical officer in department of medical services from March 2008 to August 2008 in Apollo Hospitals International Ltd., Bhat, GIDC ESTATE, Gandhinagar.*
- *Senior Registrar in Internal Medicine department from May 2012 to December 2013 at Narayana Hrudayalaya Hospitals, Ahmedabad.*
- *Consultant Physician and Diabetologist from December 2013 to April 2016 at Shalby hospitals, SG highway unit, Ahmedabad. I was heading THE DIABESITY CLINIC as Diabetologist and Obesity Physician in the institute.*

Other Posts/Roles (including Senior Office Bearer role in national bodies)

- *Treasurer: Association of Physician India 21-22*
- *Treasurer: APICON 2023*

Qualifications and Fellowships:

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| • MBBS | 2006 |
| • MD Medicine, Gujarat University | 2012 |
| • Fellow Diabetes India | 2016 |
| • Certificate Course in Evidence based Diabetes Management | 2016 |
| • Certificate course in Gestational Diabetes Mellitus | 2013 |
| • Certificate course in Management of Thyroid Disease | 2016 |
| • Certificate course in Diabetes Retinopathy | 2017 |
| • Fellowship – Royal Collage of Physician, Edinburgh | 2022 |
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Current Active Research

(1) Clinical Trials and Laboratory Research (as Chief Investigator or Primary Investigator):

Primary Investigator

- *A Randomized, Double Blind, Double Dummy, Active-controlled, Multicenter Study to Evaluate the Efficacy and Safety of Bempedoic Acid in Comparison with Ezetimibe in Patients with Hyperlipidemia at High Cardiovascular Risk Not Adequately Controlled by Maximally Tolerated Statin Therapy. (ICR/20/018)*
- *A Multicenter, Double Blind, Double Dummy, Randomized, Parallel -Group, Three Arm, Phase III, Active Controlled Comparative Study to Assess Efficacy and Safety of Fixed Dose Combination of Dapagliflozin and Sitagliptin Phosphate Tablets in Comparison to Sitagliptin Phosphate Tablets as an add on to Metformin in Patients with Type 2 Diabetes Mellitus. (ICR/20/001)*
- *A Randomized, Open Label, Prospective, Three Arm, Parallel, Multicenter study to Evaluate Efficacy and Safety of Metformin with / without Concomitant Administration of Thymoquinone in Patients with Type 2 Diabetes Mellitus.*
- *A Phase 3, Randomized, Double-blind, Parallel-group, Vehicle controlled, Multicenter Study of the Efficacy and Safety of Granexin Gel in the Treatment of Diabetic Foot Ulcer (GAIT 1)*
- *"Acarbose/Metformin Fixed Dose Combination: Treatment patterns and Outcomes in Newly Diagnosed T2DM patients in India"*

Co-Investigator

- *Effect and safety of Semaglutide 2.4 mg once weekly in subjects with overweight or obesity and type 2 diabetes.*
- *Open-label Extension Study of Relamorelin for the Treatment of Diabetic Gastroparesis*
- *Safety Evaluation of Basaglar in Adult Subjects with Type 2 Diabetes Mellitus in India: A Post-marketing Study,*

(2) Major management responsibilities in research:

- *Member Endocrinologist DSMB (Data Safety Monitoring Board) Veeda Clinical Research*

(3) Peer Reviewer of Academic Journals / Editorial Roles

- *Editorial board member: Innovative Publications, MSD Publications.*

Publications in peer reviewed journals with DOI (local and International)

1. **Dharmendra Panchal**, Sanjeev Phatak, Banshi Saboo, Rutul Goklani, Dhruvi Hasnani, Rikin Shah, Padmanabh Zinzuwdia. CAC: An Under-Utilized Tool for Screening of ASCVD in Diabetes. *Journal of Diabetes, Metabolism and its Complications*. 2020; Volume 2(1): 2-6. doi: 10.31487
2. **Dharmendra Panchal**, Sanjeev Phatak, Banshi Saboo. Can we define clinical journey of Diabetes Reversal. *Journal of clinical diabetology*. 2019.

3. Shivani Arya, **Dharmendra Panchal**, Banshi Saboo. Epidemiology and phenotype variation in young diabetes patients. *IP Journal of Nutrition, Metabolism and Health Science* 2020;3(3):90–94. doi:10.18231
4. Gokalani R, **Panchal D**, Saboo B, Zinzuwadia P, Patel D, Chaudhury R, et al. The extent of use of SGLT2 inhibitors in patients with type 2 diabetes in clinical practice: A study from India. *J Diabetol* 2021;12:305-9. doi: 10.4103/jod.jod_81_20.
5. Rutul Gokalani, **Dharmendra Panchal**. Swings of Sugars in COVID Era. *Journal of Social Health and Diabetes* Vol. 8 No. 1/2020. doi: 10.1055/s-0040-1722420.
6. Sanjeev R Phatak, Banshi D Saboo, **Dharmendra Panchal**, Shivangi Dwivedi, Padmanabh Zinzuwadia and Dhruvi Hasnani. The Blue Index – A Comprehensive Diabetes Assessment Score. *Journal of clinical diabetology*. 2018; Volume 5(2).
7. Vidisha Patel, Banshi Saboo, **Dharmendra Panchal**, Smita Shah. A Clinical Case study of a patient with Syndrome Z in Diacare, Diabetes Care and Hormone Clinic, Ahmedabad. *IP Journal of Nutrition, Metabolism and Health Science* 2020;3(2):56–60. doi:10.18231
8. Phatak SR, Saboo B, Dwivedi S, Zinzuwadia P, **Panchal D**, Ganguli A, et al. Sweetening sixteen: Beyond the ominous octet. *J Diabetol* 2021;12:1-9. doi: 10.4103/jod.jod_9_20.
9. Saboo B, Phatak S, Jethwani P, Patel R, Hasnani D, **Panchal D**, et al. Intervention of a personalized low-carbohydrate diet to reduce HbA1c level and weight in patients with Type 2 diabetes using seed-based flour as replacement for high-carbohydrate flour and foods. *J Diabetol* 2021;12:196-200. doi; 10.4103/jod.jod_74_20
10. Saboo, Banshi, Shruti Sheth, Shashank R Joshi, Sudhir Bhandari, Jothydev Kesavadev, Anuj Maheshwari, Manish Agrawal, Dhruvi Hasnani, Feny Patel, **Dharmendra Panchal** and Rutul Goklani. “Use of Ambulatory Glucose Profile for Improving Monitoring and Management of T2DM.” *The Journal of the Association of Physicians of India* 66 7 (2018): 69-71.
11. Ali SM, Chen P, Sheikh S, Ahmad A, Ahmad M, Paithankar M, Desai B, Patel P, Khan M, Chaturvedi A, Patel R, **Panchal DT**, Shah K, Chavda V, Saboo BD, Patel A, Ahmad I. Thymoquinone with Metformin Decreases Fasting, Post Prandial Glucose, and HbA1c in Type 2 Diabetic Patients. *Drug Res (Stuttg)*. 2021 Jul;71(6):302-306. doi: 10.1055/a-1388-5415. Epub 2021 Mar 8. PMID: 33684953.
12. Sanjeev Phatak, Banshi Saboo, Vidisha Patel, Urman Dhruv, Rucha Mehta, Om Lakhani, **Dharmendra Panchal**. Consensus for management of hyperglycemia in COVID 19 patients. *Gujarat Medical Journal*. 2020;75(1);26-30.

Roles in Medical Education (Teaching / Training / Assessment / Curriculum Development)

(1) Educational Roles

- Assistant Professor M K Shah Medical college and Research Center, Chandkheda, Ahmedabad, Gujarat, India.

(2) Teaching and Training Roles

- Regional faculty for the course of CCEBDM “Certificate course in evidence based diabetes management” by SAFES and IDF along with PHFI and Dr Mohan’s diabetes education institute.
- Regional faculty for National Diabetes Education Program (NDEP) by PHFI

(3) Invited Lecture / Speaker at National and International Meetings

- DIACON 2016, 2017, 2018, 2019, 2020
 - RSSDI 2019. 2020
 - DIABETES INDIA 2018
 - 12th annual conference of Arabic Association for the study of Diabetes and Metabolism (AASD) Cairo, Egypt, 10 –12 October 2017
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Service Management Roles

- Proud Rotarian member and vice chairman Gujarat district health prevention committee RID 3054 21-22
 - President: Rotary Club Sabarmati, Ahmedabad : 2022-23.
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Active Service Development / Quality Improvement Initiatives in healthcare, including work with voluntary sector or community settings:

- *Founder Dr Diabeat: Digital Diabetes Clinics in Ahmedabad, Gujarat.*
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