

CURRICULUM VITAE

PERSONAL DETAILS:

NAME	:	POOJA KISHAN SULEGAI
DATE OF BIRTH	:	07-11-1994
AGE	:	27 Years
GENDER	:	Female
PERMANENT ADDRESS	:	Kathipura, Anjangaon Surji Dist - Amravati
PRESENT ADDRESS	:	H-2 Gangaram society Dharam nagar Sabarmati 380005 Ahmedabad
MARITAL STATUS	:	Married
CONTACT NO	:	7972658676 / 9930501574
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CARRIER GOALS :

- Working in a challenging field which will make full use of my abilities, developing both personal and interpersonal skills, along with sincere contribution to the organizations growth and goals.
- Serve dedicatedly to human kind and to prove myself as an asset to this field of physiotherapy.

EDUCATIONAL QUALIFICATION :

Sr.No	Year	Name of Institution	Board/ University	Percentage
1.	Final yr MPT- 2020 (Cardiorespiratory Physiotherapy)	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	60%
2.	1 st yr MPT-2018 (Cardiorespiratory Physiotherapy)	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	59%
3.	PGP CET- 2017	-	Maharashtra board	61/100 (SML:14, OBC)
4.	4 th yr BPT-2016	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	70%
5.	3 rd yr BPT-2015	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	67%
6.	2 nd yr BPT-2014	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	70%
7.	1 st yr BPT-2013	PT School & Centre, GMCH, Nagpur	MUHS, Nashik	67%
8.	HSC-2012	Sitabai Sangai Jr. College , Anjangaon	Maharashtra State Board	81%
9.	SSC- 2010	Sitabai Sangai Kanya- shala ,Anjangaon	Maharashtra State Board	95%

PROFESSIONAL SKILLS:

- ✓ Good control over communication.
- ✓ Sound knowledge of the techniques of handling patients, medical terminologies, electro therapy. and exercise therapy techniques.
- ✓ Good knowledge of human anatomy, patho -physiology and palpation skills.
- ✓ Ability to interact with patients of various age groups.
- ✓ Always having a good sense of responsibility towards the patient.

WORKSHOP AND CONFERENCES ATTENDED:

- ✓ CME & Workshop on "Basics of Mechanical Ventilation" at KRIMS HOSPITAL NAGPUR.(2018)
- ✓ Spirometry Training Workshop 2018 by Indian Chest Society.(2018)
- ✓ CPE (Continuous Physiotherapy Education) on Cardio Physiotherapy up date in Ravi Nair Physiotherapy College, Sawangi (Meghe)Wardha
- ✓ Medical and surgical update society Spinal Cord Injury Symposium & Workshop (2018).
- ✓ Resident as a Teacher: Basic Workshop in Educational Methodology (2018)
- ✓ Research Methodology Workshop.
- ✓ Workshop on " Cardiopulmonary Resuscitation" at SUPER SPECIALTY HOSPITAL AND PHYSIOTHERAPY SCHOOL AND CENTER GMCH NAGPUR.(2017)
- ✓ Taping Workshop Module-1.(2017)
- ✓ 5th International Conference of Physiotherapy-AIMMS (2016)
- ✓ Workshop on "Physiotherapeutic Intervention in ICU" at AIIMS DELHI(2016).

WORK EXPERIENCE :

- ✓ One month observer ship and work experience of 3 months (2016) as a Therapist at Dr. Neelam Nagarnaik Lifeline Physiotherapy & Child rehab centre (Nagpur)
- ✓ 6 months experience as a Consultant Physiotherapist at Apollo Clinic (Nigdi) Pune [Prophysio Health care]

RESEARCH WORK:

- ✓ effect of listening to different types of music on vo2max using rock port one mile fitness walking test in normal young healthy individuals. (mpt thesis topic)
- ✓ effect of medial arch support with weight bearing exercises and weight bearing exercises alone in school aged children with flatfoot. (internship dissertation topic)

KEY ABILITIES:

- Dedication and commitment towards work.
- Empathetic approach towards patients.

REFERENCE:

- DR.Umanjali Damke –Principal And Professor Physiotherapy school and centre GMCH Nagpur.
- DR.Shobha Bhavare – Professor Physiotherapy School and Centre GMCH Nagpur
- DR. Chandan Kumar Ray Mohapatra -Cardiothoracic And Vascular Surgeon ,Sion Hospital Mumbai