Curriculum Vitae

**MAHESHWARI RIDDHI NARESH**

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| CARRER OBJECTIVES | To be contributing asset in the field of physiotherapy, this will provide exiting opportunities to utilize my skills in an organization which rewards performance with responsibilities and challenging opportunities |
| ACADEMIC QUALIFICATION | **Master of Physiotherapy in Musculoskeletal** Conditions( Exams Given2015)  JG College of Physiotherapy , Ahmedabad (Gujarat University)  **Bachelors of Physiotherapy** (first class)(2012)  College of physiotherspy,sumandeep vidhyapeeth, baroda  H.S.C (first class)  **ASIA English School, Ahmedabad**  Gujarat Secondary and Higher Secondary Education Board-2008 |
| ACADEMIC ACHIEVMENT S | Secured in top 5 in bachelor degree course with2nd rank in 3rd year and 3rd rank obtained in final year |
| RESEARCH PAPER AND PRESENTATIONS | Presented a Scientific Evidence Based Seminar Titled “ **Plyometric” Advance therapeutic at 7th GUJSATAE CONPHYCS**’13 in 0ctober 18 and 19,2013  Research Paper titled **“Efficacy of speed of upper abdominal curl-ups on strength and ability of core muscles in young individuals** presented at “CONOR-2013” in December 2013 at Ahmedabad |

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| WORKSHOPS AND TRAINING | Introduction class on Brain Mulligan’s concept mobilization with movement, NAGs, SNAGS,etc for 2 days with 16 credit hours  Workshop on Brain Mulligan ‘s concept Mobilization with Movement , NAGs , SNAGs etc for 8 days with 64 credit hours  Workshop on Primary and Advance Pilates Instructor Training course for 4 days with 40 credit hours  Work shop on research methods and medical statistics for 2 days with 16 credit hours  Work shop on Advance stem cell regeneration medicine  Workshop on vestibular rehabilitation and ICU Monitoring |
| CONFERENCE ATTAINED AND ACHIEVEMENT | 8TH GUJSTATE CONPHYCS 2014 in novemember,2014 at Ahmedabad  Nationalconference on orthopaedic rehabilitation “CONOR 2013” in December 2013  7th GUJSTATE CONPHYCS 2013 in October 2013  Attained seminar on advances in total knee replacement surgery in CIIMS Hospital, at Ahmedabad  2nd Annual National Conference And WorkShop -AIIMS at Delhi  8th Annual Conference of the IAP-2010 at mangalore  Phyxis-2010 at baroda  Participated as a medical team member in Marathon 2009 and 2011 in baroda |

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| WORK EXPERIENCE | 6 months of internship at Dhiraj general hospital, baroda, pipariya  Clinical training At LG Hospital for one year during post graduation  Clinical training at Shalby hospital for 2 months during postgraduation  Worked for 4months as a physiotherapist in collabroration with Dr.piyush at JASH ORTHOPEDIC Hospital in Ahmedabad  Worked for 2 Months in APANG Manav mandal Physiotherapy center  Working as a reiki therapist with attainment for first and second degree achievement in REIKI method of Natural Healing |
| ROLES AND RESPONSIBILITY PERFORMED | * Working with patient to identify the physical problem * Developing and reviewing treatment programmes * Assisting patients with joints and spinal problem specially following surgery * Helping patient s rehabilitation following accidents and surgery * Supervising physiotherapy assistance * Treating patient in ICU with acute care management * Writing patients case notes and reports * Collecting patients statistics * Educating patients in prevention of future injury and to prevent future injury * Keeping upto date with new techniques * Junior lecture taking |
| ACTIVITIES AND AVOCATION | Social service provided in andhjan mandal  Ceritified and won 2nd price in swimming completion for basic stroke by A.E.Co Employees Welfare Swimming Pool  Awarded for drawing, patining and craft work by Ahdavad ni gufa, Rifle training association,ASIA school, union bank  Awarded for Rangoli in youth festival  Acted as an anchor for cultural festiv in youth festival in baroda |
| UNDERTAKING | I am confidend that I’II do justice to the job entrusted to me with great sense of professional |
| PROFILE | N enthusiastic and highly motivated individual with a responsible approach towards work |
| REFERENCE | On demand |