

**Twinkle Thakkar**

**Female, DOB: 11/09/93**

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Objective

A Psychology honors graduate with liberal science background, having master’s in child/adolescent mental health and holding a qualification in counselling psychology is seeking for an opportunity, where in, I can grow professionally and further enhance my skills, knowledge and experience towards clinical and counselling psychology. I am Detail oriented individual with strong working skills and the ability to learn concepts quickly. I am looking forward to apply my education and experience to a job.

Education

Mount Carmel High school, where in I completed my school education along with qualified certificate and 2:1 results in both **HSC** and **SSC**, Gujarat, India (2011).

Pandit Deendayal Petroleum University, **Bachelors of Psychology (Hons)**, Gandhinagar, Gujarat (2011-15) with **diploma in liberal sciences.**

University of Edinburgh, **Masters of science in children and young people’s mental health and psychological practice**, Edinburgh, UK (2015-16).

St. Xavier’s college Mumbai, **Post Graduate diploma in counselling psychology**, Mumbai, Maharashtra (2017-18)

My subjects include:

* Child development in practice
* Attachment theory in clinical settings
* Discovering development
* Parenting theory and practices
* Evidence based psychological interventions
* Counselling skills and practice
* Career counselling/psychology
* Personality psychology and psychotherapies
* Introduction to psychology
* Industrial/organizational psychology
* Cognitive psychology
* Psychopathology
* Applied psychology
* Research methodology and statistics
* Psychological testing
* Biological basis of behavior
* Social psychology
* Developmental psychology
* Experimental psychology
* Theories of mass communication
* Print media
* New media
* Electronic media
* Basic economics
* Theatrical arts
* Leadership
* Soft skills
* World classics
* Introduction to international relations
* Principles of public administration
* English communication
* Exploration of Literary Forms
* Introduction to Environmental Laws
* Principles of Management

Dissertation research project

* Evaluating Exam anxiety and aggression in school children: An Empirical Study
* Role of childhood emotional abuse and disordered eating behaviors: A Systematic Review
* A Quantitative and Qualitative Study: Barriers and Facilitators to Engagement in Psychotherapies from Clients’ Perspective

Projects

* Made a successful model of spring balance at science fair (2010-11)
* Volunteered and worked for Ahmadabad marathon(2011-12)
* Successfully completed a detailed research on dress for success(2012)
* Successfully Completed a research paper on peer pressure amongst college students(2013)
* Successfully completed a research paper on emotional stability amongst college going students which got selected for publication in Canadian journal of social science and education as well as for presentation at university of Toronto by Canadian research centre (2013-14). Also accepted for presentation at international conference of Indian academy of applied psychology(2013-14)
* Successful publication of research on ‘empirical study: evaluating exam anxiety and aggression in school children’ in journal called personality, work and wellbeing: collection of research findings in Indian context (2017).

Skills

* Computers: Microsoft excel, Microsoft word , Microsoft PowerPoint, in design
* Communication: fluent with English language, Hindi language and Gujarati language having written and oral command in all of them.
* Personal attributes: Leader, excellent soft skills, good with design, creativity and writing.
* Micro skills of counselling and psychotherapy: behavior therapy, REBT, Gestalt, CBT and family therapy, client centered therapy and psychodynamic.
* Career testing and counselling: personality test, interest test and aptitude testing
* Research experience

Work Experience and exposure

* Worked as an intern in urban renewal mission internship in Ahmadabad Municipal Corporation.
* Worked as an intern at Delhi Public School carlox prerna for kids with learning disabilities.
* Worked as an intern in an event at kankaria carnival Ahmadabad
* Got selected and received scholarship for international exposure program at Seneca College Toronto Canada where I was enrolled into following courses; academic research and writing, college English, advance mathematics, critical thinking and sociology.
* Presented a research paper at university of Toronto, Canada
* Organized an event of psychology for college cultural festival (SLSence)
* Member of yuva unstoppable Gandhinagar PDPU
* Successfully completed a training workshop on innovations, patents and trade secrets organized by Intel at Gujarat national law university.
* Worked as a residential counselor for DUKE TIP India (May 2014) where I was assisting group of 16 exceptionally talented 7th and 8th grader kids. The program is an initiative by Duke University US and is organized in India at reputed universities during summer breaks.
* Worked as an intern for human foundation in Ahmadabad, Gujarat under a clinical psychologist.
* Worked as an intern for better we child and adult psychiatry clinic in Ahmadabad, India under Dr. Ratna bilwani.
* Worked as a counselor at YourDost, online help for emotional and mental well-being (2016).
* Worked full time as a special educator in Zebar School for children, Ahmedabad, India to support kids with learning challenges (2016-17).
* Worked as visiting school counselor at young ladies high school Fort, Mumbai Maharashtra (2017-18).
* Working as school counsellor at Delhi Public School, Ahmedabad Gujarat (2018)

Co-curricular Activities

* Badminton
* Avid traveler
* Amateur photographer
* A reader

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