

CHIRAG PARMAR

**52 DIPRA DARWAJA NAVO VANKAR VAS
VISNAGAR MEHSANA GUJARAT INDIA 384315
MOB NO 9558723927
Gmail: Chirag@29@gmail.com**

EDUCATION

2014 – 2016 Master Of Physiotherapy In Rehabilitation

Ahmedabad Physiotherapy College Bopal, Ahmedabad, Gujarat, India

Achievements

Score 455 marks from 800 marks

2009 – 2013 Bachelor of Physiotherapy

Ahmedabad Physiotherapy college Bopal, AHMEDABAD, Gujrat

Achievements

Score 553 marks from 900 marks

2008 HSC GSEB

K P Patel Secondary & S U Patel Uchchatar Madhyamik Shala ,
Mehsana, Gujarat

Achievements

Score 421 marks from 650 marks

2006 SSC GSEB

Shri H B Vidhyalaya School, Mehsana, Gujarat

Achievements

Score marks 537 from 700 marks

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Key skills

Communication: Highly developed communication skills gained from participating in university group assignments and presentations, hospitality and work experience. Ability to deal with patients effectively, tactfully and efficiently. Worked at various **camp** which is organized at Sanand, Gujarat on 19/2/2015 and 25/12/2015 as well as camp at R J Trivedi OLD Age Home on 12/2/2016 and 8/9/2016 .

Teamwork: Strong ability to work as part of team, evidenced by organizing number of camp at our college.

CLINICAL PLACEMENTS

2014 2016

3 month in rotatory internship in following department

HCG Hospital(Ahmedabad) Cardiac and I.C.U ward	Assess and design rehabilitation program for cardiac patient. The most common types of PT that would be performed on these critically ill patients were functional mobility retraining, chest physiotherapy.
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Hope Neuro
Hospital(Ahmedabad)
(Physiotherapy OPD and
Neuro ward)

Observed and assisted critically ill patients especially those that require mechanical ventilation, commonly develop acute neuromuscular weakness. The most common types of PT that would be performed were functional mobility retraining and therapeutic exercise.

Sainath Hospital
(Ahmedabad)
Physiotherapy OPD

Patients belonged to all age groups and diverse conditions including joint trauma, degenerative conditions, spinal infections, nerve injuries, fractures and amputations. Paediatric exposure included developmental deformities, corrective splinting and exercises. Evaluated, planned and administered treatments for individuals through collaboration with other Physical therapists

MUNI SEVA Arogya
Dham (Ahmedabad)
Physiotherapy OPD

Responsible for treating variety of outpatients with modalities such as massage, exercise, paraffin, joint mobilization, mechanical traction and low/high voltage electrotherapeutic devices and ultrasound.

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2011-2013

One month Rotatory posting

Sainath Hospital

Laxmi Hospital

Polio

Foundation(Physiotherapy
OPD)

Samved Hospital

Assisted the doctors and physical therapist with paediatric patient care. Performed modalities such as electrical stimulation, ultrasound, myofascial release and spot massages to improve patients movement and functions.
Instructed patients with home care exercises to promote the patient's ROM and overall health.

Reshambai Hospital

Cooperated with other Doctors and Physical therapist assisted them to assess indoor patient with different surgeries (colostomy, hysterectomy, LSCS etc) and assisted them during pre and post treatment program of such patient

EMPLOYMENT HISTORY

2017 - till now

Clinical Therapist

**EX-SERVICEMEN CONTRIBUTORY HEALTH
SCHEME POLYCLINIC, AHMEDABAD.**

Responsibilities

- **Design core strength, rehabilitation and conditioning programs**
- **Perform fitness evaluations and orientations**
- **Ensure proper equipment maintenance**
- **Develop and maintain individualised fitness program**
- **Work with patients who have a range of conditions, including neurological, neuromusculoskeletal, cardiovascular and respiratory, sometimes over a period of weeks;**
- **Diagnose, assess and treat their physical problem/condition;**
- **Develop and review treatment programmes that encourage exercise and movement by the use of a range of techniques;**

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- **Involve parents and carers in the treatment, review and rehabilitation of patients;**
- **Keep up to date with new techniques and technologies available for treating patients;**
- **Educate patients and their carers about how to prevent and/or improve conditions;**
- **Write patient case notes and reports and collect statistics;**

PROJECTS UNDERTAKEN:

M.P.T Research Project:

Dissertation work on title “Effects of balance training in geriatric population utilizing visual feedback. ” under the guidance of Dr.Gira thakrar (M.P.T Rehabilitation Sr. lecturer Ahmedabad Physiotherapy college) was submitted at Gujarat University.

Scientific paper titled “A study to isolate radial tunnel syndrome from lateral elbow pain patient” was presented in "ICRE on 5th and 6th January 2016 AT RK UNIVERSITY.

Scientific poster titled “Effect of slump stretching in non specific low back pain ” was presented in "ICRE on 5th and 6th January 2016 AT RK UNIVERSITY.

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CERTIFICATES

Certificate of Excellence for securing FIRST PRIZE IN MIME COMPETITION on Seventh Annual Function 2010 organized by Parul Group of Institutes, Waghodia, Vadodara.

Certificate of Excellence for securing SECOND PRIZE IN RELAY RACE on Seventh Annual Function 2010 organized by Parul group of Institutes, Waghodia, Vadodara.

I have Attended "5th GUJSTATE CONPHYCS-2011" organized by S. B. B college of Physiotherapy, Ahmedabad.

Certificate of Excellence for securing FIRST PRIZE IN MIME COMPETITION in Annual Function 2013 organized by Parul group of Institutes, Waghodia, Vadodara ,

Certificate of Participation for three day seminar on "CARDIOPULMONARY INVESTIGATION" PROCEDURE & IN PHYSIOTHERAPY" on 1st ,2nd and 3rd March 2013 with total credit hours 24 and organized by Parul Group of Institutes, Waghodia, Vadodara

Certificate of Participation for two day seminar on "INTEGRATED APPROACH IN CV STROKE REHABILITATION" on 19th, 20th November 2013 with total credit hours 16 and organized by Parul Group of Institutes, Waghodia, Vadodara

Certificate of Participation for one day seminar on "SOFT TISSUE RELEASE" on 21st November 2013 with total credit hours 8 and organized by Parul Group of Institutes, Waghodia, Vadodara

I have Attended "PHYSIO SUMMIT CONFERENCE-2013" held at Parul group of Institutes, Waghodia, Vadodara.

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Certificate of Participation for two day seminar on "NEURAL TISSUE MOBILIZATION-" on 17th and 18th December 2014 with total credit hours 16 and organized by Parul Group of Institutes, Waghodia, Vadodara

I have Attended 8th Gujstat-Conphyics'14 organised Ahmedabad Institute of Medical Sciences at Gujarat university convention centre, Ahmadabad. .

I have Attended Physio Summit conference -2014 held on 19 and 20th December at Parul institute.

Certificate of Participation for one day seminar on "CHIROPRACTIC AND PHYSIOTHERAPY: A COMBINED APPROACH TO THE MANAGEMENT OF SPINAL DISORDERS" on 18th September 2015 and organized by S.B.B college of Physiotherapy, Ahmedabad

Certificate of Participation for one day seminar on "RESEARCH METHODOLOGY AND BIOSTATISTICS" on 12th December 2015 with total credit hours 8 and organized by Parul University Campus,Ahmedabad

I have Attended "9 GUJ STATE CONPHYCS AT PARUL UNIVERSITY" held on 30th and 31st October 2015, Vadodara.

I have Attended "International Conference On Research and Entrepreneurship" held on 5th and 6th January 2016, at RK University Rajkot.

MEMBERSHIPS

**Gujarat state council of physiotherapy
Indian Association of physiotherapy**

**Reg. number GPC 1772
Reg. number L 39183**

DR CHIRAG PARMAR (PT)

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