

# JAY SHAH

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## OBJECTIVE

Licensed Clinical Psychologist with vast experience in providing advanced and effective treatment programs to patients from diverse backgrounds and age groups. Adept in assessing mental and behavioral health of children, keeping progress records and helping them to reinforce positive feelings and behaviors in their lives. Experienced in collaborating with parents and other providers to adopt a holistic approach while delivering patient care.

## LICENSES

Clinical Psychologist (Associate): Rehabilitation Council of India (RCI)  
License No: A74071 (Valid through: 14/11/2026)

## WORK EXPERIENCE

### **Psychologist, GIPS Hospital**

10/2021 – 12/2021

*Ahmedabad, Gujarat*

- Provided professional mental health services to patients through the professional staff at the medical center.
- Worked with patients in one on one and group settings and provided behavioral health services after proper assessment.
- Coordinated care with parents while counseling children undergoing behavioral and reinforcement therapy to achieve the best outcome.
- Provided optimal parental support for behavioral treatment and mentored parents and family members during times of intervention.
- Counseled couples undergoing psychosexual problems and guided them towards a healthy relationship through appropriate therapy.

### **Intern, Shanti Clinic & B.M. Institute of Mental Health**

07/2021-09/2021

*Ahmedabad, Gujarat*

- Worked with Dr. Tejas Patel and assisted in providing behavioral therapy and psychotherapy to patients.
- Managed patient records and visit summary after each patient.
- Provided support and knowledge to patients and family members regarding various psychological ailments like Clinical Depression, Anxiety disorders, Eating Disorders, Post-Traumatic Stress Disorder (PTSD), Psychosis, Paranoia and Sexual Dysfunction.

- Conducted workshops at B.M. Institute of Mental Health to educate parents and children regarding various psychological aspects of child development and psychological behavior.

**Intern, Government Mental Hospital**

04/2019 – 05/2019

*Ahmedabad, Gujarat*

- Counseled and managed 8-10 patients daily covering a wide range of patients from pediatric to geriatric age groups.
- Took detailed history and discussed various differential diagnosis with the attending psychologist and delivered appropriate individualized therapy.
- Managed a wide range of patients including Attention Deficit Hyperactivity Disorder (ADHD), Major Depressive Disorder, Obsessive Compulsive Disorder (OCD), Bipolar Disorder, Personality Disorders, Substance Abuse, Psychosexual Disorders, Gender Identity Disorder and Schizophrenia.

EDUCATION

**Professional Diploma in Clinical Psychology – B.M. Institute of Mental Health, Ahmedabad (December 2020-June 2021)**

**Master of Arts (M.A.) – School of Psychology, Philosophy and Education (Gujarat University), Ahmedabad (June 2018-August 2020)**

**Bachelor of Arts (B.A.) – L.D. Arts College (Gujarat University), Ahmedabad (June 2018-August 2020)**

CONFERENCES:

- National Conference on Psychological Testing: Recent Research, Trends and Challenges
- Don't Worry, Be Happy: An Interactive Session on Stress Management
- Suicide Prevention Awareness Seminar: Organized by Gujarat University and Jeevan Aastha Helpline Gandhinagar Police
- ICIAHP- 2019 5<sup>th</sup> International Conference of Indian Academy of Health Psychology
- National Seminar: Pedagogy as a requisite to make "Counseling Psychology" a Promising Profession in India

RESEARCH

- Quality of Work Life Among Students of the Medical Profession doing Internship in the Hospital Wards-March 2019

STRENGTHS

- Microsoft Office
- Data and Records Management
- Excellent team-work abilities
- Efficient Patient Interaction
- Strong Work Ethic
- Engaged Listener

#### LANGUAGES

- English - Advanced
- Gujarati - Advanced
- Hindi - Advanced

#### REFERENCES

**Dr. Tejas Patel**

*Shanti Clinic*

Psychiatrist M.D.

**Dr. Punita Grover**

*GIPS Hospital*

Psychiatrist M.D.

**Dr. Suhas Doshi**

*GIPS Hospital*

Psychiatrist M.D.