

ABHISHEK MASIH

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Mobile No - +91-9713906036

POSITION APPLIED FOR – FITNESS
EXECUTIVE.

CAREER OBJECTIVE

**TO BE A SUCCESSFUL AND RESPONSIBLE
PROFESSIONAL THORUGHT DILIGENCE AND
DEDICATION**

EDUCATIONAL BACKGROUND

QUALIFICATION	INSTITUTION
Fitness Course + C P R	K11 Institute
H.S.C. (12 th)	M.P Board
10 th	M.P Board
MUSIC CERTIFICATE	PRAYAG SANGEET SAMITI, ALLAHABAD
MEDIFIT BIOLOGICAL	ADVANCED ANABOLIC STEROID

MEDIFIT BIOLOGICAL	GROWTH HORMONE
IFSA CERTIFIED	NUTRITION COUNSELOR

EXPERIENCE AND EMPLOYMENT DETAIL

	Employer	Designation	Period
1.	RADISSON BLU HOTEL	FITNESS TRAINER	1 YEAR 3 MONTHS
2.	THE RED MAPLE HILL HOTEL	CLUB SENIOR SUPERVISOR	4 YEAR
3.	BARBARIAN POWER GYM	FITNESS COUNSELOR	1 YEAR 4 MONTHS
4.	YFC FINESS CULB	FITNESS TRAINER	2 YEAR
5.	LA SAGESSE SCHOOL	MUSIC AND SPORTS TEACHER	10 MONTH
6.	IRON MAN GYM, MHOW	WORK AS A FITNESS TRAINER	3 YEAR
7.	DSOI, GOLF CLUB	MARKER	4 YEAR

EXTRA CURRICULAR ACTIVITIES

- Playing Billiards.
- Played Golf at State Level.
- Knowledge of Classical Music.
- National arm wrestling player
- Cross country runner

COMPUTER SKILLS

- Microsoft Word
- PowerPoint
- Excel
- Internet Savvy

PERSONAL DETAILS

Address : B.No.136 Dhar Road
Mhow, Dist – Indore (M.P)
Pin Code– 453441

- Father's name : Late. Mr. Mangal Mashih
- Birth Date : 14th Dec 1988
- Sex : Male
- Religion : Christian
- Languages : English, Hindi.
- Hobbies : Playing sports, Music.
- Strengths : Optimistic, Dedicated, Passionate, Confident
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DECLARATION

I hereby declare that the above information is true to the best of my knowledge and belief.

Abhishek Masih, 136,Dhar Road, Mhow, abhishek70300@gmail.com

If still any other detail/information is sought after, same would be provided at the earliest possible.

DATE: / /

ABHISHEK MASIH