



Smita Mathew (Qualified Physiotherapist)

Committed, Skilled and Patient - Focused

Certified Physiotherapist with 12+ years of extensive experience in both IP & OP department. Possess a genuine passion for delivering accurate and compassionate patient care and helping diverse profile within the MDT, organised, focussed and ADEPT at managing multiple responsibilities in a fast-paced and high stressing environment.

smitaphysio.grace@gmail.com

Mob: +91 8469705424

Nr. Fire Station, DIU (362520)
Daman & Diu (UT)

Work Experience

1. Presently working as an **Autonomous Practitioner** in Grace Physiotherapy clinic DIU (UT) since 2019

Job Responsibilities

- Treating direct and referral cases (neuro, ortho, musculoskeletal, sports, paediatric, respiratory and cardiac conditions)
- Training internship students & junior staff
- Regular meetings & discussions with primary consultants, associated doctors and team members
- Record maintenance and documentation

Reference : Dr. Hardik Kapopara (MS Ortho)
Mob: 09725329329

2. As a **Honorary visiting Physiotherapist** in Community Health Centre, Ghoghla, Diu (October 2014 to April 2019)

Job Responsibilities

- Treating both OPD & IPD patients on a rotational basis with different ailments like cervical & lumbar pathologies, OA & RA cases, TKR, THR, Disectomy, Post CABG, Pain management etc.

References : Dr. Kasim Sultan (Health officer CHC- Ghoghla)
Mob: +91 9978930867

3. **Physiotherapist** in Apollo International Hospitals Bhat - Gandhinagar (May 2009 - June 2013)

Job Responsibilities :

- Treating mainly IPD
- Patients in ICU's (medical, surgical, CCU, CT Post, Burns Unit, NICU, Post organ transplant) and wards.

Reference :

Dr. Harita Patel (MPT) (HOD Apollo Hospitals)
Mob: 09558051321

Educational Background

Bachelor's of Physiotherapy (2004-2008)

Rajiv Gandhi University, Bangalore

Certificates

- HCPC - PH13494
- IAP - L25350
- Kinesiology taping-OMT (2023)
- IELTS Academic - 7 Band (2022)
- Types of Sports Injuries - Allison (2023)
- Pilates - Allison (2023)
- Post Graduation Diploma in Orthopaedic Rehabilitation (March 2013 - March 2014)
- NABH Training : Apollo Hospital 2010
- Prevention & control of Infection : 2011
- All India Physiotherapy Student Conference - 2007

Skills and Proficiencies

- Clinical Reasoning
- Communication
- Organization Skills
- Counselling
- Evidence based practise
- Teamwork
- Physical stamina
- Observation skills

Awards

- A Star Award in Patient Care Services : (July 2012) Apollo International Hospitals

Languages

- English, Hindi, Gujarati , Malayalam