

Robert J. Moore

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Plurima enim super sensum hominum ostensa sunt tibi

Scholastic Record

- 2018-2024 **Bachelor of Psychology**, *Dalhousie University*, Halifax, Nova Scotia, Canada
Graduated with distinction, with a minor in Creative Writing.
- 2015-2024 **Continuing Education**, *Athabasca University*, Athabasca, Alberta, Canada
Supplemental education, and singular courses.
- 2015-2016 **Diploma in Primary Care Paramedicine**, *Medavie Health Education*, Nova Scotia, Dartmouth, Canada
Graduated top ten in an accelerated program to award a diploma in Primary Care Paramedicine.

Employment History

- 2016-2018 **Primary Care Paramedic**, *Emergency Medical Care Inc.*, Halifax, Nova Scotia, Canada
- Delivering care ranging from palliative to emergency, with special event coverage and operations in hazardous terrain.
 - Administered tests and medication to stabilize patients in field or in transit.
 - Assessed patient condition through physical and verbal exams and by collecting information from others at scene.
 - Adapted treatment plans quickly and effectively based on changing patient conditions and reactions.
 - Communicated with lucid patients to gather incident and medical history information.
 - Developed and maintained rapport with coworkers and local hospital staff to facilitate efficient patient care.
 - Assessed situation severity of emergent medical incidents and provided care accordingly.
 - Executed well-informed critical decision making in high-pressure situations.
 - Stayed in constant communication with patients to continuously maintain care and comfort during transportation.
 - Prioritized tasks to provide effective care for over daily patients.
 - Communicated with medical professionals in medical terms to relay patient needs and maintain accuracy.
 - Demonstrated strong commitment to quality care through continuous training and development.
 - Provided rescue and emergency medical assistance for fire patients.
 - Monitored patient status during ambulance transport and transfer.
 - Worked en-route to hospital to prepare patients for arrival or surgery and control wounds.
 - Monitored patient status during ambulance transport and transfer.

- Evaluated patient vital signs and status to determine care needs.
 - Conducted equipment and vehicle checks to maintain continuous and safe operation.
- 2013-2014 **Combat Engineer**, *5th Division, Canadian Armed Forces*, Sydney, Nova Scotia, Canada
- Constructed and camouflaged infantry positions and equipment to prevent detection.
 - Performed as fire team member during situational training exercises and all infantry dismounted battle drills.
 - Led basic reconnaissance operations and reported enemy movements to commanding officers.
 - Trained in use of CS gas, passive ordnance and explosives.
 - Placed explosives and performed mine-sweeping activities on land.
 - Patrolled designated coverage areas and evaluated terrain for defensive use.
 - Taught personnel to mitigate environmental hazards and properly use personal protective equipment such as CBRNE gear for fire-fight scenarios.

Volunteer Commitments

- 2021-Current **Researcher, Consultant**, *Canadian Federal Political Party*, Halifax, Nova Scotia
Persuasive writing, data analysis, and technology infrastructure research with deployments.
- 2011–2022 **Logistics, and Assistant**, *Sgt. James Patrick MacNeil Mixed Softball Tournament*, Glace Bay, Nova Scotia
Raising funds for local graduates, in honour of a Canadian soldier who died while serving in Afghanistan.
- 2016-2020 **Research Appraiser**, *Pre-hospital Evidence Based Practice: Dalhousie's Division of EMS Research*, Halifax, Nova Scotia
Appraised emerging research for altering current practices.
- 2015-Current **Private Tutor**, *Dalhousie University*, Halifax, Nova Scotia
Free instruction to students at Dalhousie University.
- 2017 **Food Bank Packaging**, *Feed Nova Scotia*, Halifax, Nova Scotia
Packaged food donations for sending delivery.
- 2017 **Toy Drive**, *Salvation Army*, Halifax, Nova Scotia
Collected donations for children who otherwise cannot afford Christmas presents.
- 2017 **Presenter**, *Youth Exposition*, Brookfield, Nova Scotia
Introduce youth to medical equipment and unique roles of Nova Scotia paramedics.
- 2017 **Presenter**, *Police Week*, Amherst, Nova Scotia
Participated in public relations building with police, and firefighters.
- 2017 **Presenter**, *Safe Graduation*, Alma, Nova Scotia
Performed mock medical extrication for youth awareness surrounding impaired driving.
- 2017 **Decorator**, *Christmas Parade*, Amherst, Nova Scotia
Decorated an off-duty ambulance for a Christmas parade.
- 2015 **Medical Volunteer**, *Light the Night*, Halifax, Nova Scotia
First-aid coverage for a cancer fundraiser.
- 2015 **Dog Walker**, *Homeward Bound*, Dartmouth, Nova Scotia
Walked dogs that have not been adopted yet from the local dog shelter.
- 2015 **Cook**, *Christmas Daddies*, Dartmouth, Nova Scotia
Raising funds for children in poverty several months preceding Christmas.

2009-2011 **Assistant Coach, Women's Hockey**, Glace Bay, Nova Scotia
Assisted coaching, organizing, and teaching a woman's hockey team.

Computer Skills

OS	Unix Systems Expert	Administration	Databases, Encrypted Files, Networking, Security, IT
Photo Editing	GIMP, Light Room	Video Editing	KDenLive
Scientific	BORIS, Spreadsheet, R	Typography	Markdown, LaTeX
Web design	HTML, CSS, PHP	Languages	Bash, Docker, Lua, R, PHP, Caddy

Medical Competencies

- Basic Life Support (BLS-HCP)
- Medical reporting
- Dispatch protocol knowledge
- Medical records management
- Direct patient care
- Patient assessments
- Patient privacy
- Diabetes and nutrition education
- Policy and program development
- Data collection and management
- Multidisciplinary team collaboration
- Diagnostic tools
- Student evaluations
- Patient and family advocacy
- Precepting
- IV, IM, IO, etc, drug delivery
- Physical assessments
- Palliative care
- External cardiac defibrillation
- Autonomous decision making
- Non-Violent Crisis Intervention
- Stehoscope use
- Suturing
- Advanced Cardiac Life Support
- Emergency team communication
- Medical equipment operation
- Canadian Triage Acuity Scale (CTAS)
- Emergency vehicle operation
- Infection control, aseptic procedures
- Patient management
- Delivering babies
- Life skills development
- Strategic decision-making
- Confidential case documentation
- Acute care expertise
- Professional bedside manner
- Ear, nose and throat care
- Dosage calculation
- CPAP
- Electrocardiogram expertise
- Medical directive revision
- Pediatric recussitation
- Various drug therapies
- Stehoscope use
- Placing supraglottic airway
- Placing OPA and NPAs

Interests

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| Music | My interest in music began young, and the guitar and singing lessons were self taught. I've performed live for a few hundred people, and I've spent time teaching neighbourhood children to play. |
| Prose | Writing has always been pleasurable, and expressive. I've written several manuscripts, and have completed professional ghost writing. |
| Cooking | A passion of mine for years that is self-taught and I frequently make fine culinary dishes for visiting company, often French or Italian. |
| Hunting | Growing up in the country exposed me to hunting culture, which I've always held on to, but in my adulthood hunting has taken a back seat. |

Combat Sports	Fighting sports were apart of my childhood, then I returned to training when I was 15 at a mixed martial arts center. Later, I left my MMA gym to join a Brazilian Jiu-Jitsu gym for several years.
Team Sports	Competitive hockey was the center-point sport I attended over my life, and the team building, communication and leadership skills has translated well into my career life.
Solo Sports	A family member taught me snowboarding, and since those lessons I've become proficient. Also, weight lifting has been a long-term hobby until I suffered an injury.
Travelling	I've been to Iceland most recently, and during my High School years I visited London, Paris, Rome, Assisi, and the Vatican. A highlight from the trip was being present during Pope Francais' election.
Outdoors	Before I joined the army I enjoyed the outdoors, and spent a significant amount of time in the deep woods from K-12. I still normaly camp, hike, shoot, and bushcraft. I enjoy feeding wild birds, and visiting Nova Scotia's hundreds of hidden waterfalls.
Languages	French is taught in all Canadian schools, but I never enjoyed it. In adulthood, I began studying German and Latin.
Technology	UNIX system administration, and managing Free Open-Source Software on a server has been my newest hobby. What I've learned over these short years was enough to offer a local political party with managing their cyber-security, and information, communication technology for various use cases.
Videography	Editing photos, or videos started in High School, and has developed with me over the years.

References

Dr. Jennifer Stamp, *Dalhousie University*, **Department of Neuroscience and Psychology**

Dr. Rebecca Babcock, *Dalhousie University*, **Department of Creative Writing**

Dr. Erin Sparks, *Dalhousie University*, **Department of Neuroscience and Psychology**

Mr. Phillip Falcone, Paramedic, [wherever he's working at the time]

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Medical School
Admissions Committee
123 somestreet
some city

January 01, 1984

Dear Admissions Committee,

Through many highs and lows, I've been working tirelessly towards this moment. My interest in medicine began when I was eighteen years old and completed my paramedic training in Nova Scotia, Canada. As my introduction to emergency medicine, it ignited a fire inside of me that would lead to a long road of learning and growth.

In 2015, I moved from my hometown in Nova Scotia to our provincial capital, where I began my training to become a Primary Care Paramedic. Initially, I felt overwhelmed and nervous about my competency in the course, as the passing grade was 80%, with only three chances of rewriting before you were removed from class. I continued with my training, becoming profoundly engaged and active in work both inside and outside of the classroom. As I progressed in my career, and through writing a novel, I developed the technical skills required to provide emergency medical care, as well as the skills to communicate with clarity and precision. After convocating from my paramedic college, I joined a platoon in Northern Nova Scotia, which has been a life-changing experience, filled with enthusiasm, empathy and sadness — some saved, and some lost.

Throughout my career, I have developed strong leadership skills and the ability to obtain and maintain control in situations when required. I have exceptional critical thinking skills and the ability to analyze and synthesize responses to life and death situations quickly. I also discovered that as necessary as the technical skills are, compassion and empathy are a large part of patient care. I have a history of being a strong advocate for people with complex life histories including: neglect, trauma, mental illness, abuse, and addiction. I feel it is incredibly important to treat every person with the same compassion and respect you would give to your parents. In our discipline of medicine and patient care, we all make life-changing differences in people's lives, not just through providing for their medical needs, but how we treat and care for them as a person. I continued to be determined to my work in a way that balances a holistic and allopathic approach, taking into account their life story and the impact of their experiences that brought them to where they are today.

The longer I have practiced as a paramedic, the more I felt compelled to become a physician. From interacting with physicians who I've worked closely with over the years, I became allured to expanding my knowledge and scope to better my patient's lives. Shortly before I started my continuing education, I became apart of the Dalhousie EMS-PEP group, where we revise current peer-reviewed research so that we can edit our clinical guidelines to treat our patients best. In 2018, my studies became more serious, attaining the necessary prerequisites for medical school initially through distance learning, and ultimately committing to university full-time, while still contributing to our clinical research. Having the privilege to advocate and improve the quality of life for the people I see further inspired my desire to become a physician. As the physician's eyes and ears, we work together to provide a care plan for the patient, often collaborating during complex scenarios. Some of these scenarios include pre-hospital palliative care, cardiac thrombolysis reperfusion therapy, and episiotomies in the case of a breech delivery. I am continually impressed and in awe of their wisdom, and their actions inspire me every day to pursue the path of becoming a physician myself.

This year marks my 5th anniversary as a paramedic. My consistent progress towards clinical

knowledge has increased my interest in all aspects of patient care. Working in multidisciplinary teams has given me first-hand experience of how health care professionals and community services contribute, both individually and as a team. I want to advance my clinical skills and medical knowledge, which will enable me to help my patients over the long term. I want to have the knowledge and ability to advocate for my patients as much as possible, to save lives, increase their quality of life, and reduce their suffering.

As a student with previous experience in the medical field, I will contribute to my student community by helping and leading others from the expertise I have developed in my career. I have precepted and mentored students throughout my career, and enjoy working collaboratively in a team environment. I have spent years working toward this moment; I am ready to take the next step in Ireland.

Thank you for your time and consideration.

Robert J. Moore

Attached: curriculum vitae