1st

* Open the repo you want to add people on it to collaborate.
* From **Settings** go to Collaborators in Access section.
* Then search by username or email address of the person you want to add.

2nd

* Create a personal fork of the repository you want to contribute.
* Edit the fork to make the changes you want to contribute.
* Create a pull request from the fork to propose your changes to the repository owner for merging.