

Unit 6 → Simple Harmonic Motion

Period of a simple harmonic motion

- Definitions
 - Simple Harmonic Motion
 - A repeated constant motion around a single point
 - Oscillation
 - A type of simple harmonic motion
 - Regular, repeated, variation in a position around a singular point
 - Equilibrium Position
 - The central point about which an object oscillates
 - Frequency
 - Number of waves, cycles, oscillations, or disturbances per unit of time
 - $f = \frac{\text{\# of waves, oscillations, or disturbances}}{\text{time}}$
 - Units: *cps, Hz, s⁻¹*
 - Period
 - Time for one complete wave, cycle, oscillation, or disturbance
 - $T = \frac{\text{time}}{\text{\# of waves, oscillations, or disturbances}}$
 - Linear restoring force
 - The F_{net} that forces the object back to its equilibrium position
- Reference Table
 - General period
 - $T = \frac{2\pi}{\omega} = \frac{1}{f}$
 - $T = \text{period}$
 - $\omega = \text{angular speed/angular frequency (rad/s)}$
 - $\omega = 2\pi f$
 - $f = \text{frequency (Hz)}$
 - Period of a pendulum
 - $T_P = 2\pi\sqrt{\frac{\ell}{g}}$
 - $T_P = \text{period of the pendulum (s)}$
 - $\ell = \text{length of the string (m)}$
 - $g = \text{acceleration due to gravity } (\frac{m}{s^2})$
 - Period of a spring
 - $T_S = 2\pi\sqrt{\frac{m}{k}}$
 - $T_S = \text{period of the spring (s)}$
 - $k = \text{spring constant } (\frac{N}{m})$
 - $m = \text{mass (kg)}$

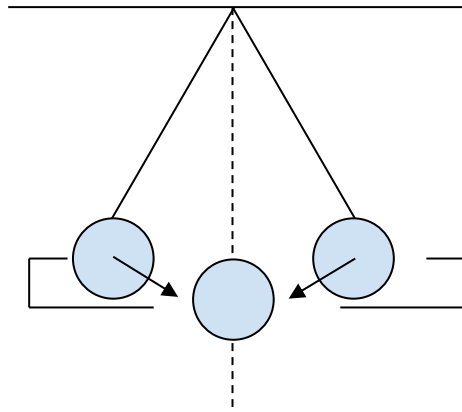
- What's happening, where?
 - At maximum displacement from equilibrium
 - Amplitude = maximum
 - F_{net} = maximum
 - Acceleration = maximum
 - Velocity = zero
 - At equilibrium
 - Amplitude = zero
 - F_{net} = zero
 - Acceleration = zero
 - Velocity = maximum
- Reference Table
 - *THESE EQUATIONS MUST BE IN **RADIAN MODE***
 - Position of an object
 - $x = A\cos(2\pi ft)$
 - x = position (m)
 - A = amplitude (m)
 - f = frequency (Hz)
 - t = time (s)
 - Velocity and acceleration
 - Base
 - $v(x) = 2\pi f x$
 - $a(x) = (2\pi f)^2 x$
 - $a(x) = \omega^2 x$
 - At maximum
 - $v(max) = 2\pi f A$
 - $a(max) = (2\pi f)^2 A$
 - $a(max) = \omega^2 A$

Energy of a simple harmonic motion

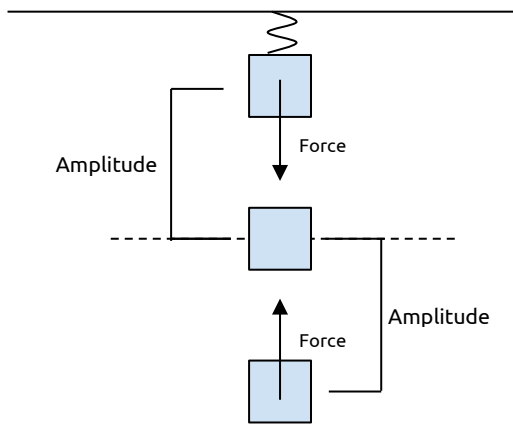
- Energy in a simple harmonic motion
 - Only applies to springs
 - Potential energy is based on position
 - The greater the distance from equilibrium, the greater the stored energy
 - Kinetic energy is based on speed
 - The greater the speed, the greater the kinetic energy
- Reference Table
 - At base
 - $K = \frac{1}{2}mv^2$
 - $U_s = \frac{1}{2}kx^2$
 - At maximum
 - $K_{max} = \frac{1}{2}mv_{max}^2$
 - $U_{s_{max}} = \frac{1}{2}kA^2$

Scenarios at Equilibrium

Pendulum



Vertical Spring



Horizontal Spring

