

Questions iCliniq Medical QA Dataset related to pain management

1. I am a 23 year old **[male/female]**. Few weeks earlier, I had tooth pain after eating. Yesterday, I had acute pain in the tooth. What is your opinion about the extent of decay? And also I would like to know about the possible diagnosis.
2. I am a 23-year-old **[female/male]**. I was previously diagnosed with acid reflux, and I took the medicine Lansoprazole. Now I have a constant sensation of a lump or blockage in the throat and occasional on and off headaches.
3. I am a 19-year-old **[female/male]**. I have persistent bumps with tiny red veins on the back of my throat. I have a pulsating pain in my molar tooth. On applying pressure, I feel some pain in my right ear. I am afraid of it. Can I have bacteria invading my nerves? Will it enter my brain causing meningitis? Now, I can feel a pulsating pain alone. I took OTC antibiotics for few days and then I stopped it. I would like to know the actions to be taken.
4. I am 38 years old **[male/female]**. I have had a chronic sore throat for a while now, and I have noticed a few strange lumps on the back of my throat. I am not sick. I just wanted to know what they could be? I had allergies, chronic sinusitis, and snoring due to deviated septum. I used to smoke cigarettes, but now I quit smoking. Otherwise, I am healthy and active.
5. I am a 19-year-old **[male/female]**. I have had several lumps in my mouth on the back of my tongue and in the roof of my mouth, and a white or yellow line going all the way through the roof of my mouth. I had a sore and dry throat for a few weeks and increased salivary secretions at times.
6. My **[sister/brother]** is suffering from extreme numbness and pain in soles and palms. **[She/He]** also experiences constipation, weight loss, dizziness and lack of appetite.
7. My **[son/daughter]** is seven and a half years old. **[He/She]** is suffering from tonsillitis for five years. During every month, **[he/she]** takes antibiotics with Paracetamol. Now, **[he/she]** is having swelling in **[his/her]** knees for the past five months, and sometimes, it gets migrated from one knee to another with little fever. We are confused. Kindly suggest the doctor to be consulted for this issue. **[He/She]** has an ESR of 26 mm/hr, lymphocytes of 52 percent, and hemoglobin of 10.5 g/dL. Please advice. Currently, **[he/she]** is taking Penicillin injection 6 lakh units every two weeks.
8. My **[aunt/uncle]** is having constant chest pain and stomach ache. **[Her/His]** hemoglobin level is 6.20 mg/dL platelet count is 598000 per mcL and ESR is 60 mm/hour. What is causing **[her/his]** symptoms?
9. I am a 48-year-old **[female/male]**. My height is 5 feet 3 inches, and my weight is 62 kg. For the past 24 hours, I have blood leakage before passing stools. It has happened five times. And I do not have pain or stomach ache during this.
10. I am sending the reports of my **[brother-in-law/sister-in-law]**. **[He/She]** feels lazy, weak, and has abdominal pain with loose motion, frequent body aches, and flickering of the upper lip at the right side. **[His/Her]** current medications are Ecosprin 75 mg and A to Z multivitamin tablet. **[He/She]** had a hemorrhage in **[his/her]** eye, and the eye specialist wants **[him/her]** to continue taking tablet Ecosprin. We are worried about the high CRP levels in **[his/her]** report. My queries are as follows. Why does **[he/she]** have a loose motion? What is the reason for **[his/her]** body pain? What can be the cause of **[his/her]** high CRP? Thanks.
11. I am a 28-year-old **[male/female]**. My height is 5 feet and 10 inches. I have been suffering from tension headaches for weeks. It stops now, but it has been on and off for

months. I received stronger painkillers as well as a stronger muscle relaxer. The last painkiller I had earlier has not helped, so I had additional painkillers and still suffer. I want to know when I should go to the emergency room to look into further. I cannot function like this and cannot look after my two young children. I am also extremely tired every day. I have seen my general physician six times in the past few months about this, and it is always classed as a tension headache. Each time a stronger painkiller and muscle relaxer is given. It does not help. So do I go back and get the same treatment, or do I go to an emergency room? Is it a waste to speak to the emergency room doctors and nurses?

12. I am 31 years old **[female/male]**. Since last 3 to 4 days I am having a headache on my left side of head above temporal randomly on irregular interval for 4 to 5 seconds. The pain feeling like knife pinch and intensity is mild. Apart from this there is no other symptom and not able to find any trigger for this pain. In past, I was treated for hypertension which is now well under control with medication. I am an anxious person and taking medicine for last two years for anxiety control. Also, I am a person who is working on the computer for long time. Medicine taken currently- Telma CT 80 12.5, Embeta XR 50, Es Nax plus (Clonazepam 0.5, Escitalopram 5). Can you suggest what is causing this pain and what is the remedy?
13. My **[father/mother]** is under treatment for hypothyroidism (Eltroxin 50 mcg) and hypertension (Olmezest 20 mg). For a couple of years, **[he/she]** used to have calluses in the foot, which were too painful last winter. **[He/She]** had applied ""Kerosal F"" lotion for three weeks, which gave some relief, but neither the calluses are completely cured, nor the pain was fully gone.
14. My **[son/daughter]** is 5-year-old and complaining of ringing in ears, pain, and itching. **[He/She]** had a slight cough and cold for a week, and the cough subsided. But the cold is still there, and I started antibiotics yesterday. Thanks
15. My **[son/daughter]** went abroad for a surf trip. **[He/She]** started feeling bad when **[he/she]** was back at home last week, but not really bad. **[He/She]** has diarrhea and stomach disorders like being hungrier and heartburn. These symptoms have been growing worse, and **[he/she]** has started with low back pain (but everything is mild). **[He/She]** reported that there everything was well cooked, and they drank bottled water, but the ocean was smelly and not clean.
16. I am an 18-year-old **[male/female]** weighing 140 pounds and a height of five feet and five inches. I was just wondering if you could help. For the past couple of weeks, I have kept feeling nauseous and sick when eating or straight after. I also get pain on my upper left side in my ribs. I am just wondering whether I need to go back to the doctor. A couple of months ago, I gained weight as well.
17. I am a 30-year-old **[female/man]**. I do not smoke, or drink, and I am not on any medications right now. I have had a painful tongue, primarily on the right side, for the past 12 months. The pain may subside for weeks before returning for a short while. I have no trouble swallowing, talking, or eating. My irritable bowel syndrome and health anxiety are my only recognized medical issues. Since I initially spotted this happening, nothing has changed, and images taken since then show that nothing has changed. I never become ill, and I did not lose any weight unintentionally.
18. I am a 26-year-old **[male/female]**. For the past three months, I have been experiencing nodules-like acne forming on my jawline, cheeks, and forehead. They are painful when touched, and some of them are itchy (but not all). Sometimes pustules also develop, and they leave dark spots on my face. Can you please help? Normally, my skin is of the

combination type, and I rarely have acne unless I am under stress. However, whenever I have acne, they always leave dark spots for a long time. These days, I continuously develop pustules and nodules type acne on my face. It does not seem like a breakout, but rather a single nodule forming, and then new acne would appear almost every week, sometimes even every day. Some are itchy, while others are very painful.

19. I am a 38-year-old **[female/male]** having pain in the hip and severe leg pain from calves to ankle, tingling, pins, and needles in both feet, and stiffness in my thighs.
20. My 72-year-old **[father/mother]** is consistently complaining about stomach pain around **[his/her]** diaphragm region. **[He/She]** also complains of constant ear and back pain resulting in headaches and limping of **[his/her]** heart. How do we go about this and what kind of test or scan can we run for **[his/her]** treatment?
21. I am a 38-year-old **[male/female]** with consistent muscle ache in my shoulders that makes my arms feel fatigued. They are chronically tired. I also have pretty substantial eosinophil disease, including EoE with >100 EOS per tissue sample. The back story is that I had a viral infection one year back (possibly COVID-19 infection, but testing was limited) that sent my body into quite a tailspin. I had severe migraines and low blood pressure. They have resolved it now. The only thing that remains is the muscle fatigue in my arms and shoulders and muscle spasms in my neck. I have also lost a massive amount of hair. What would be your possible diagnosis and treatment plan for me?
22. I am a 53 year old **[male/female]**, and I weigh 60 kg and 5.3 feet tall. From the last 2.5 years, I have suffered from headaches and balance problems. I had an magnetic resonance imaging (MRI), which was seen by an ear, nose throat (ENT) two years back, and it was all clear. At that time, I was off work for six months as I kept stumbling. These symptoms never completely go but get manageable. Also since this started, I have tinnitus, and I have been off work for a month now. My general practitioner (GP) put me on Amitriptyline, starting at 10 mg and increasing the dose every two weeks by 10 mg currently up to 80 mg. The headaches are not as bad, but my balance is awful. I now get tingling or numbness in my head, fingers, and toes. The GP said that I do not need another MRI. This is now controlling my life, and I work as an occupational or physiotherapy technician, so I am unable to do my job. Sometimes I get blurry vision.
23. I am 26 years old **[female/male]**, for the last month and a half, I feel a pressure on the back of my head. It sometimes causes mild pain in different parts of my head, like the sides of my head. It makes me feel hot sometimes as well. I also have some neck pain, but it is not much. This headache is not very painful, but it is just an annoying pressure that has not gone away in six weeks. When I wake up in the morning, I do not feel anything, and then around 11 AM, the pressure is, there, and it will get worse until I lay down in the evening. And it pains a lot at night. I think about it all the time, so I am sure that does not help with the feeling. I think that I have a brain tumor. Should I see a doctor? I do not want to waste my time and have them say do this or try this without doing an magnetic resonance imaging (MRI). I have only taken Ibuprofen a few times to help with the pain, and that seems to work.
24. I am a 27-year-old **[male/female]** with 5 feet 2 inches and weight 130 pounds. I got a bloating stomach for the last two years, on and off. Also, I get my stomach full after a few bites of food. It increases up and then goes down by itself. It mostly starts in the day. Other than this I have a headache, sometimes which gets cured after taking pain killer tablet Cetamol (paracetamol) 500 milligrams and sleep. Also, my father passed away from stomach cancer at 42 years and my grandmother at 82 years with stomach cancer. Please help me.

25. I am a 22-years-old **[male/female]**, weighing 90 pounds and my height is five feet. It started this year. I was feeling dizzy and had painful neck veins. Then the following day, I had heart palpitations, chest pain, pain in my throat down to my chest, and lots of appetites, but I had still lost weight. I feel tired most of the time. When the heart palpitation started, I had shivering or trembling and painful muscles, especially the upper back and shoulders. I also have headaches, epigastric pain, lower abdominal pain, and eye pain. I am currently taking Propanol medicine.

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1. My **[son/daughter]** has three cavities in **[his/her]** teeth. It is in its early stages. What medication do you advise?
2. My **[father/mother]** is 50 years old, and I am observing black spots on **[his/her]** teeth for the past three months (had two black spots on two teeth from childhood but for the other tooth the black spots are newly appearing on the top of the upper tooth). Could you please help with the cause and what should be done now as the decay is also passing to other teeth?
3. Hi, My 64-year-old **[dad/mom]** has developed a skin condition that looks like eczema. It causes itching that spreads across **[his/her]** right hand, left hand, and neck area. The issue started three weeks ago. She uses Aveeno and Curel body lotion.
4. I am a 36-year-old **[male/female]**. I have been having itching in my right eye for three weeks. I am taking Eye Mo drops, but they are not helping. I had allergic conjunctivitis two years ago and had the same symptoms. I have used Zymar eye drops and Systane Ultra eye drops in the past. Kindly suggest me some medicines.
5. I am a 23 year old **[male/female]**. Few weeks earlier, I had tooth pain after eating. Yesterday, I had acute pain in the tooth. What is your opinion about the extent of decay? And also I would like to know about the possible diagnosis.
6. I am a 66-year-old **[male/female]** and have been following a paleo vegetarian diet from the last month. My sugar level has dropped from 280 to 160 mg/dL, and my weight has reduced from 88 to 86 kilos, shedding only 2 kilos. I need advice on how to lose weight. Please suggest. Thanking you.
7. I am a 23-year-old **[female/male]**. I was previously diagnosed with acid reflux, and I took the medicine Lansoprazole. Now I have a constant sensation of a lump or blockage in the throat and occasional on and off headaches.
8. I am a 51 years old **[man/woman]** and I have trouble losing weight. I have more cellulite and constantly get tired. I have a busy, hectic work life, but I do try to exercise. I also have a lot of water retention and lots of bloating. I have flatulence with stomach swelling. I was diagnosed with hypothyroidism, but the medicine Synthroid 80 mg does not help. I eat a balanced meal but do not sleep enough (very light sleeper). Currently, I am taking Synthroid 75 mg, Cytimel 5 mcg, Fluoxetine 10 mg, and Vyvanse 10 mg.
9. I am a 19-year-old **[female/male]**. I have persistent bumps with tiny red veins on the back of my throat. I have a pulsating pain in my molar tooth. On applying pressure, I feel some pain in my right ear. I am afraid of it. Can I have bacteria invading my nerves? Will it enter my brain causing meningitis? Now, I can feel a pulsating pain alone. I took OTC antibiotics for few days and then I stopped it. I would like to know the actions to be taken.
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11. My friend is an alcoholic and abusive **[woman/man]**. **[She/He]** often repeats **[her/his]** mistakes. Kindly suggest me some medicines that can be given to **[her/him]** with food to improve **[her/his]** condition.
12. I am a 19-year-old **[male/female]**. I have had several lumps in my mouth on the back of my tongue and in the roof of my mouth, and a white or yellow line going all the way

through the roof of my mouth. I had a sore and dry throat for a few weeks and increased salivary secretions at times.

13. My **[wife/husband]** is addicted to alcohol and smoking. What treatment is recommended?
14. I am a 36-year-old **[female/male]**. I was a daily drinker of hard alcohol for the past four years. I am in depression and anxiety. I consulted a doctor. The doctor gave me Zoloft and Propranolol. Before few days, I have removed a large ganglion cyst from my right wrist. I made a step to stop the habit of drinking alcohol. I started to have sweating from my head profusely and consistently. I had it for two weeks. Now, the sweating from my head has got subsided, and it moved to my legs. I tested for STD and HIV. It came negative. Why do I have sweating like this?
15. My **[sister/brother]** is suffering from extreme numbness and pain in soles and palms. **[She/He]** also experiences constipation, weight loss, dizziness and lack of appetite.
16. My **[son/daughter]** is seven and a half years old. **[He/She]** is suffering from tonsillitis for five years. During every month, **[he/she]** takes antibiotics with Paracetamol. Now, **[he/she]** is having swelling in **[his/her]** knees for the past five months, and sometimes, it gets migrated from one knee to another with little fever. We are confused. Kindly suggest the doctor to be consulted for this issue. **[He/She]** has an ESR of 26 mm/hr, lymphocytes of 52 percent, and hemoglobin of 10.5 g/dL. Please advice. Currently, **[he/she]** is taking Penicillin injection 6 lakh units every two weeks.
17. I am 27 years old **[male/female]**, weight 88.5 kg having a thyroid. I am not losing weight inspite of working out five days a week. This is making me frustrated. I really need help. I cannot see myself so stressed after working so hard. I have attached my medical reports here.
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