

Table Ideas	Description	Relationship	Reasoning
users	holds user data		
recipes	holds recipe data		
ingredients	holds ingredient data		
occasions	holds occasion data		
password	holds the password (hash)	one-to-one	one user has one password
quantities	connects recipes to ingredients	many-to-many	recipes have many ingredients, ingredients may be used in many recipes
recipes-occasions	connects recipes to occasions	many-to-many	occasions have many recipes, recipes may be used in many occasions
prepping	connects users to their favorited recipes	many-to-many	users have many recipes they plan to make, a recipe may be made by many users
grocery	connects prepping to quantities	many-to-many	users may have many items, items may be on the list of many users