



COLORADO
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Colorado Results First Prevention Findings



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Results First Overview

Colorado Results First is part of the Pew-MacArthur Results First Initiative. The Initiative, a project of the Pew Charitable Trusts and the John D. and Catherine T. MacArthur Foundation, supports jurisdictions with the implementation of an innovative benefit-cost model. Using Colorado-specific inputs along with data derived from the best available research, the benefit-cost model helps Colorado estimate the net long-term benefits of evidence-based program investments. Additionally, the Results First process allows Colorado to systematically inventory state programs according to their level of evidence.

Colorado's Executive Branch and the General Assembly began participating in the Pew-MacArthur Results First Initiative in July 2014. To implement the project, the Colorado Results First team works collaboratively with the General Assembly's Joint Budget Committee, the Judicial Branch, state departments, and local jurisdictions. To date, Colorado Results First has reviewed programs in the adult criminal justice, juvenile justice, child welfare, behavioral health, and prevention policy areas.

Prevention Programs

This report covers general, substance abuse, and mental illness prevention programs in the state. The prevention system in Colorado is resource rich, but operates disparately across the state. There are 108 prevention programs in the state that were reported to Colorado Results First, delivered by several different departments, counties and service providers. Each of these programs are discussed in more detail in this report.

Despite the current disparate system, there is a strong case for investing in well-researched prevention programs, as investment in programs that are effective and cost-effective will likely help individuals achieve better life outcomes. Of the 108 programs included in the prevention report, seventeen are evidence-based and twenty-two are promising practices that have preliminary research indicating efficacy. Sixty-nine programs, however, need additional research, as formal research is not available about their efficacy. This does not mean that the programs are not effective or carefully planned. Rather, it indicates that additional research on effectiveness, as well as support for proper program implementation, will be beneficial for the state to understand the impact of the programs the state funds and delivers.

Based on expenditure data provided by the departments that deliver these programs, approximately \$14.2 million was spent on prevention programs in FY 2015-16. Of this, approximately \$6.4 million was spent on evidence-based programs, \$2.0 million was spent on promising practices and \$5.8 million was spent on sixty-nine programs that lack formal research on their effectiveness. *It should be noted, however, that these numbers may underrepresent actual expenditures as some programs that provide grants to service providers and agencies do not collect expenditure data for these programs.*

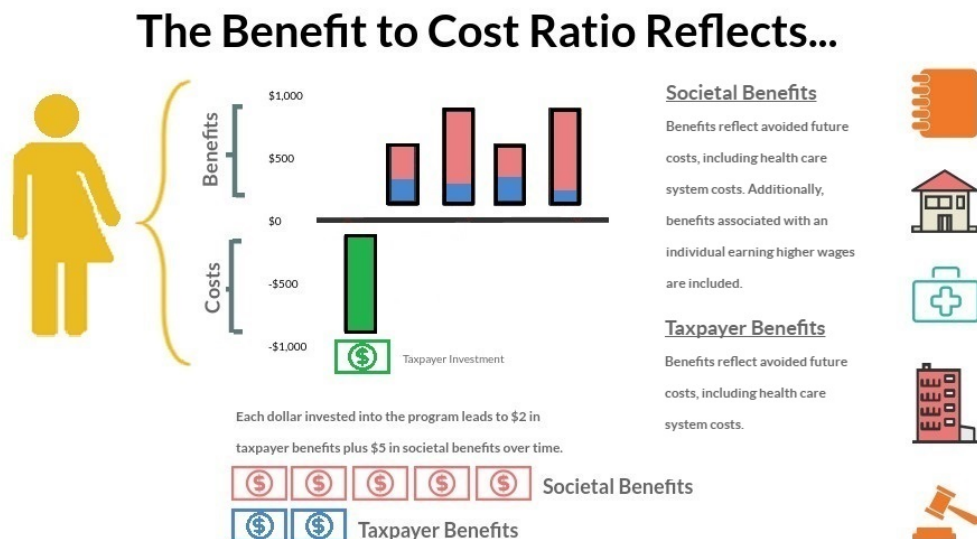
All but one of the evidence-based programs in the prevention report have a positive return on investment. Participants in these effective evidence-based programs are more likely to have better life outcomes and typically earn higher wages throughout their lifetime. Therefore, they typically pay more in state, local, and federal taxes and have less interaction with public systems such as social services. Given this, the effective, evidence-based programs are projected to produce a positive return on investment.

Benefit-Cost Analysis

Benefit-cost analysis is the systematic process of calculating and comparing benefits and costs of a program to determine if it is a sound investment and to provide a method for comparing alternative programs. Dividing program benefits by the program cost reflects how much money may be avoided in future costs for every dollar invested into a program. For example, if a program produces \$1,730 in benefits as a result of the participant successfully completing the program, and it costs \$240 dollars to have the participant in the program, the benefit to cost ratio would equal \$7.21 ($\$1,730 / \$240 = \7.21). The \$7.21 amount reflects how much can be avoided in the future for every dollar invested into the program (\$1 invested = \$7.21 avoided, or a \$6.21 net benefit).

Prevention program benefits are monetized over the lifetime of the participant, starting at the age the participant receives the program. For example, if a participant begins a prevention program at age 16, benefits of the program are estimated from age 16 onward. Benefits of prevention programs may include future health care cost avoidance and benefits associated with a participant earning higher wages over their lifetime.

Program costs for the Results First model were estimated collaboratively by Colorado Results First and participating state departments. In most cases, program costs reflect the marginal cost, or the incremental cost, of providing the program to an additional participant.



Considerations

This report presents programmatic details about prevention programs¹ that were operational in Colorado during FY 2015-16 and received state funding. Prevention programs refer to substance use, mental illness, and general prevention programs, along with early intervention programs that target youth. These programs are intended to affect various aspects of an individual's life, such as behavior, substance use, and healthy thinking and decision-making, with the goal of preventing an individual from engaging in risky or dangerous behaviors.

Programs in this report are categorized by level of evidence (evidence-based, promising, and needs additional research) and by prevention area (substance use, mental health, and general prevention). Evidence-based programs are those that have had rigorous research evaluations completed on them that demonstrate that program activities lead to measurable outcomes. The standards for evidence-based programs included in the Results First benefit-cost model are set by the Washington State Institute for Public Policy and the Pew-MacArthur Results First Initiative.

It is assumed that the evidence-based programs included in this report are operating with fidelity to the program's original design. Fidelity is an important consideration because programs can only produce expected outcomes if they are being delivered the way they were designed and researched. In order for the state to fully understand how programs are being implemented, and whether they are achieving their intended outcomes, evaluation studies and fidelity monitoring must be performed. It is important to understand that this report does not present evaluations of evidence-based programs, but rather estimates about their cost-effectiveness.

Some evidence-based programs listed in this report are supported by grant funds and limited information was available from departments about how much funding went to direct program activities (versus overhead, administration, and other programming).² As a result, Colorado Results First only includes benefit-cost analyses for programs with complete budgetary data. The Colorado Results First team will continue to work with departments to collect the information that is needed to run benefit-cost analyses.

This report includes FY 2015-16 prevention program expenditures for most programs. This data was reported by departments. Some departments reported difficulty in providing expenditure data given how funding has been distributed via grants and contracts. As a result, some of the programs listed in this report actually refer to grantees or contractors that provide a menu of programs to youth. Specifically, Tony Grampsas Youth Services grantees and the Office of Behavioral Health contractors are listed as programs in this report because they often support several programs with their awards. In the "Program Expenditures" sections, tables show the award amounts to these programs/service providers.

Additionally, though Colorado Results First has categorized several Tony Grampsas Youth Services programs as "needs additional research," it is worth noting that Tony Grampsas Youth

¹ The term "program" refers to a program, service, strategy, or tool that has an effect on discrete outcome(s).

² Information on grants can be found on page [143](#).

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Services partners with Colorado State University to conduct pre-post evaluations of grantees' programming. Though these evaluations are not rigorous enough to include in the Results First benefit-cost model, they are an important part of building a research base. The most recent Tony Grampas Youth Services Annual Report for FY 2015-16 can be found at the following link: <https://sites.google.com/a/state.co.us/cdhs-dcw/home/programs/TGYS>.

Furthermore, the Results First model is capable of analyzing programs in a variety of policy areas and sometimes a program can be categorized into more than one policy area. In this report we present information about tutoring and afterschool programs that focus on substance use, mental health, and/or general prevention. There may be additional tutoring and afterschool programs that focus on educational attainment that are not represented. Additionally, some of the programs listed in this report may even be considered evidence-based when assessing educational outcomes solely.

Lastly, though every effort was made to ensure that this report is comprehensive, there may be additional programs operating in Colorado that receive state funds. Colorado Results First is working with stakeholders throughout the state to ensure that reports are as inclusive as possible.

Section 1: Evidence-Based Programs

Evidence-based programs are those with a high-level of research on effectiveness for an intended population, determined as a result of multiple rigorous evaluations, such as randomized controlled trials, evaluations that incorporate strong comparison group designs, or a single large multi-site randomized study. Research standards for evidence-based programs included in this report are set by the Washington State Institute for Public Policy and the Pew-MacArthur Results First Initiative.

Due to the fact that the programs in this section are considered evidence-based, most of them have been run through the Results First benefit-cost model and when available, benefit-cost analyses are presented in this section. Benefit-cost analysis is the systematic process of calculating and comparing benefits and costs of a program to determine if it is a sound investment and to provide a method for comparing alternative programs. Please see page [2](#) of this report for additional information regarding these analyses.

Table: Benefit-Cost Results of Evidence-Based Programs

Benefits and program costs are rounded to the nearest dollar.

Program Name	Page #	Department/ Organization	Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 16)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio	Washington State Institute for Public Policy Total Benefits to Cost Ratio ³
General Prevention Programs										
One-to-One Mentoring: Community-Based	10	Department of Human Services	\$11,077	\$3,005	\$8,072	\$2,742	\$8,335	\$1.10	\$4.04	\$10.23
Positive Behavioral Interventions and Supports (PBIS)	16	School Health Professional Grant ⁴	\$6,452	\$1,343	\$5,109	\$67	\$6,385	\$20.05	\$96.29	\$13.49
Mental Health Prevention Programs										
The Incredible Years®: Parent Training	24	Invest in Kids ⁵	\$2,603	\$717	\$1,886	\$631	\$1,972	\$1.14	\$4.13	\$1.65
The Incredible Years®: Parent and Child Training	26	Invest in Kids ⁵	\$1,016	\$277	\$740	\$678	\$338	\$0.41	\$1.50	\$0.20
Substance Use Prevention Programs										
Botvin LifeSkills® Training	31	School Health Professional Grant ⁴	\$1,015	\$165.50	\$850	\$45	\$970	\$3.68	\$22.56	\$17.25
Project ALERT	37	School Health Professional Grant ⁴	\$748	\$202	\$546	\$14	\$734	\$14.44	\$53.41	\$3.15
Project SUCCESS™	39	School Health Professional Grant ⁴	\$(16)	\$(1)	\$ (15)	\$111	\$(127)	\$(0.01)	\$ (0.14)	\$(1.23)
Project Towards No Drug Abuse	41	School Health Professional Grant ⁴	\$495	\$126	\$370	\$22	\$473	\$5.72	\$22.52	\$6.54
Too Good For Drugs	43	School Health Professional Grant ⁴	\$419	\$88	\$331	\$30	\$389	\$2.93	\$13.98	\$9.45

³ The Washington State Institute for Public Policy's benefit to cost ratios are provided for illustrative purposes only. Although the program information used to estimate program benefits is typically the same for all states participating in the Results First Initiative, Colorado's program costs, system costs, and populations are unique –making a comparison of states' benefit to cost ratios difficult.

⁴ The Department of Education issues School Health Professional Grant awards to select school districts and has no input into school districts' curricula choices.

⁵ Invest in Kids is a nonprofit that currently does not receive state funding. Colorado Results First included cost information from Invest in Kids because their estimates reflect statewide implementation of these evidence-based programs.

Evidence-Based General Prevention Programs

The evidence-based general prevention programs included in this report have been rigorously evaluated and have evidence showing an effect on one, or various, outcome(s). Outcomes associated with general prevention may include substance use and mental health outcomes, in addition to education outcomes and/or outcomes associated with positive youth development. Programs that are considered general prevention either target several risk factors, or target factors other than substance use or mental illness specifically. Outcomes that programs intend to impact are listed for each program and additional research can be found by following the website links provided.

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Evidence-Based General Prevention Programs

Communities That Care

Program Description

Communities That Care is a coalition-based community prevention program that aims to prevent youth problem behaviors including underage drinking, tobacco use, violence, delinquency, school dropout, and substance abuse. Communities That Care works through a community board to assess risk and protective factors among the youth in their community using a population-based survey of young people. The board works to implement tested and effective programs to address the issues and needs that are identified.

Where Program is Offered in Colorado

Communities That Care is supported by the Office of Behavioral Health in the Department of Human Services through Substance Abuse Block Grant Funds in Costilla County, Hinsdale County, and Mineral County and through Persistent Drunk Driver Grant Funds in Chaffee County. The Office of Children, Youth, and Families in the Department of Human Services also identified the program as being supported by Tony Grampsas Youth Services through TEENS Inc., serving Boulder County, Denver County, and Gilpin County.

Communities That Care received funding from the 2016 Legislature, to begin operating in 2017, with oversight from the Department of Public Health and Environment.

Program Outcomes⁶

- To reduce crime
- To reduce alcohol use in high school
- To reduce smoking in high school
- To reduce cannabis use in high school
- To reduce illicit drug use in high school

Benefit-Cost Analysis

Colorado Results First has not yet run a benefit-cost analysis on Communities That Care. The program will be evaluated over the next several years. As the program expands, and evaluation efforts have been completed, it is the goal of Colorado Results First to examine the return on investment.

Program Expenditures

The 2016 Legislature passed the Long Bill providing the Department of Public Health and Environment \$9.4 million dollars on an annual basis to implement the Communities That Care framework. Costs cover training, technical assistance, FTE and ongoing oversight and support. It is expected that this funding will be distributed to 45 counties in the state. Additionally, Communities That Care has been operating in select counties throughout the state. The table on the next page presents the FY 2015-16 contract awards, as reported by the Office of Behavioral Health, to Chaffee County, Costilla County, and Hinsdale County. Teens, Inc. received a

⁶ These outcomes are specific to the Communities That Care framework. Depending on the evidence-based programs and strategies selected through the Communities That Care process, additional outcomes, with different levels of effectiveness, may be measured.

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Evidence-Based General Prevention Programs

contract award from the Office of Behavioral Health and a grant award from Tony Grampsas Youth Services.

Communities That Care Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Chafee County (OBH)	\$100,000	-	-	-	-	\$100,000
Costilla County (OBH)	\$100,000	-	-	-	-	\$100,000
Hinsdale County (OBH)	\$68,233	-	-	-	-	\$68,233
Teens, Inc (OBH)	\$99,884	-	-	-	-	\$99,884
Teens, Inc. (TGYS)	\$87,553	\$17,218	-	\$70,335	-	-
Total	\$455,670	\$17,218	-	\$70,335	-	\$368,117

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/115>.

One-to-One Mentoring for Students: Community-Based

Program Description

In general, one-to-one community-based mentoring programs pair volunteer adults with at-risk middle and high school students to meet weekly at locations of their choosing for relationship building and guidance. One-to-one community-based organizations provide the adult mentors with training and oversight.

Where Program is Offered in Colorado

The Department of Human Services identified one-to-one mentoring programs as being supported Tony Grampsas Youth Services. Programming is available through multiple sites including: Asian Pacific Development Center of Colorado, Aurora Comprehensive Community Mental Health Center, Inc., Big Brothers Big Sisters Colorado, Boys and Girls Club Colorado of Metro Denver Inc., Chaffee County Department of Human Services, Colorado Youth at Risk Inc., Denver Urban Scholars, Denver Youth Program doing business as Metro Denver Partners, Full Circle of Lake County, Gunnison-Hinsdale Youth Services, I Have a Dream Foundation, Live the Victory, Inc. doing business as Matthews House, Partners in Routt County, Riverside Educational Center, Summit County Youth and Family Services, The African Community Center of Denver, The Bridge Project, The Bright Future Foundation of Eagle County, The Center for Family Outreach, The Piñon Project, and Victim Offender Reconciliation Program of Denver, Inc..

Several of these grantees may offer additional programming, and/or grantees may provide other types of mentoring, such as group mentoring. However, these grantees deliver one-to-one mentoring in some capacity. Adaptations to the one-to-one mentoring model are not necessarily supported by research, however. Only programs delivered with fidelity to this model are projected to achieve these results.

Program Outcomes

- To increase grade point average
- To increase school attendance (*Research demonstrates that one-to-one community-based mentoring does not effectively increase school attendance.*)
- To increase the likelihood of on-time high school graduation
- To reduce crime (*Research demonstrates that one-to-one community-based mentoring does not effectively reduce crime.*)
- To reduce the use of alcohol before the end of middle school
- To reduce the use of cannabis before the end of middle school
- To reduce the use of illicit drugs before the end of middle school
- To reduce smoking in high school
- To reduce illicit drug use in high school
- To reduce major depressive disorder

Program Cost

Colorado Results First chose to utilize costs specific to Big Brothers Big Sisters of Colorado because of their reach throughout the state and the belief that their costs are representative of one-to-one community mentoring programs. Additionally, the Big Brothers Big Sisters model is

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Evidence-Based General Prevention Programs

part of the evidence-based research literature in the Results First model. Although of Colorado Results First utilized Big Brothers Big Sisters Colorado cost data to project the return on investment, the program outcomes listed above are for one-to-one community mentoring programs, overall.

The program cost reflects the cost of matching a youth to a mentor and sustaining their relationship for approximately 2.25 years. Although it is believed that benefits may be greater the longer a mentor-mentee relationship is maintained, the research literature is limited to evaluating programs that match mentors and mentees for up to 3 years.

The program cost includes the cost of employee salaries and benefits, insurance, staff development, office administration costs (e.g. copies and postage), travel expenses, and general program supplies. It does not include administrative or utility costs, as the cost reflects the incremental cost of providing mentoring services to one additional youth. The nonprofit Big Brothers Big Sisters offers one-to-one, community-based mentoring in Colorado. Colorado Results First utilized cost data from Big Brothers Big Sisters to estimate the program cost for one-to-one community-based mentoring, and the cost takes into account the variability of costs among program sites.

Benefit-Cost Analysis

One-to-one community-based mentoring for students is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$4.04 can be avoided in future costs, \$1.10 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that one-to-one community-based mentoring programs will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for One-to-One Mentoring for Students: Community-Based						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$11,077	\$3,005	\$8,072	\$2,742	\$8,335	\$1.10	\$4.04

Program Expenditures

The table on the next two pages presents Tony Grampas Youth Services awards to grantees that offer one-to-one mentoring for students in the community.

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Evidence-Based General Prevention Programs

One-to-One Mentoring for Students: Community-Based Providers' FY 2015-16 Award Amounts						
Grantee	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Asian Pacific Development Center of Colorado	\$41,527	\$8,167	-	\$33,360	-	-
Aurora Comprehensive Community Mental Health Center, Inc.	\$117,304	\$10,917	-	\$106,387	-	-
Big Brothers Big Sisters Colorado	\$371,982	\$25,168	-	\$346,814	-	-
Boys and Girls Club Colorado of Metro Denver Inc.	\$528,835	\$104,000	-	\$424,835	-	-
Chaffee County Department of Human Services	\$114,638	\$17,482	-	\$97,156	-	-
Colorado Youth at Risk Inc.	\$115,417	\$16,538	-	\$98,879	-	-
Denver Urban Scholars	\$219,229	\$15,273	-	\$203,956	-	-
Full Circle of Lake County	\$91,953	\$13,970	-	\$77,983	-	-
Gunnison-Hinsdale Youth Services	\$168,985	\$12,219	-	\$156,766	-	-
I Have a Dream Foundation	\$54,650	-	-	\$54,650	-	-
Matthews House	\$140,033	\$23,089	-	\$116,944	-	-
Metro Denver Partners	\$106,934	\$12,480	-	\$94,454	-	-
Partners in Routt County	\$74,237	\$5,636	-	\$68,601	-	-
Riverside Educational Center	\$49,919	-	-	\$49,919	-	-
Summit County Youth and Family Services	\$136,082	\$13,412	-	\$122,670	-	-

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Evidence-Based General Prevention Programs

One-to-One Mentoring for Students: Community-Based Providers' FY 2015-16 Award Amounts (Continued)						
Grantee	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
The African Community Center	\$255,616	\$50,269	-	\$205,347	-	-
The Bridge Project	\$80,322	\$15,796	-	\$64,526	-	-
The Bright Future Foundation of Eagle County	\$121,259	\$12,874	-	\$108,385	-	-
The Center for Family Outreach	\$54,312	-	-	\$54,312	-	-
The Piñon Project	\$59,573	-	-	\$59,573	-	-
Victim Offender Reconciliation Program of Denver, Inc.	\$92,966	\$15,628	-	\$77,338	-	-
Total	\$2,995,773	\$372,918	-	\$2,622,855	-	-

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/368>.

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Positive Action®

Program Description

Positive Action® is a school-wide positive behavior program, aimed at improving social and emotional learning and school climate. Positive Action® consists of a detailed curriculum of approximately 140 short lessons throughout the school year in K-6 grades and 82 lessons in seventh and eighth grades. School climate components of the program reinforce the classroom curriculum and include training and professional development for teachers, resource coordination, and incentives for positive behavior.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Persistent Drunk Driver Grant Funds in Cheyenne County.

Program Outcomes:

- To reduce smoking before the end of middle school
- To reduce alcohol use before the end of middle school
- To reduce illicit drug use before the end of middle school
- To reduce cannabis use before the end of middle school
- To reduce the initiation of sexual activity
- To increase test scores
- To increase school attendance
- To reduce suspensions/expulsions
- To reduce K-12 grade repetition
- To reduce obesity (*Research demonstrates that Positive Action® does not effectively reduce obesity.*)
- To reduce major depressive disorder (*Research demonstrates that Positive Action® does not effectively reduce major depressive disorder.*)
- To reduce anxiety disorder (*Research demonstrates that Positive Action® does not effectively reduce anxiety disorder.*)

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is necessary to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Department of Human Services to collect data for future analysis.

Program Expenditures

The table on the next page presents the FY 2015-16 contract award to Cheyenne County as reported by the Office of Behavioral Health.

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Evidence-Based General Prevention Programs

Cheyenne County FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$30,410	-	-	\$30,410	-	-

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/538>.

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Evidence-Based General Prevention Programs

Positive Behavioral Interventions and Supports (PBIS)

Program Description

Positive Behavioral Interventions and Supports encourage pro-social behavior for all students rather than using discipline to control problem behaviors among students. The school-wide behavior program includes a specialized curriculum focusing on behavior expectations developed by school staff; professional development for teachers and staff; encouragement of and rewards for positive behaviors such as being on time and listening in the classroom; a consistent approach across classrooms to behavioral violations; and consistent collection of student discipline data.

Where Program is Offered in Colorado

This program is delivered through the Department of Education.

Program Outcomes:

- To increase test scores

Program Cost

The program cost reflects the per student cost of establishing Positive Behavioral Interventions and Supports within an elementary school. It includes the cost of staff meetings, coordination, the School-wide Information System, visibility materials (e.g. fliers and website). It does not include school administrative or utility costs, as the cost reflects the incremental cost of establishing Positive Behavioral Interventions and Supports for one additional student. The program cost takes into account the variability of costs among program sites.

Benefit-Cost Analysis

Positive Behavioral Interventions and Supports is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$96.29 can be avoided in future costs, \$20.05 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for Positive Behavioral Interventions and Supports (PBIS)						
Total Benefits	Taxpayer Benefits	Non- Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$6,452	\$1,343	\$4,929	\$67	\$6,385	\$20.05	\$96.29

Program Expenditures

The Department of Education does not collect this information.

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Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/540>.

Reconnecting Youth: A Peer Group Approach to Building Life Skills

Program Description

Reconnecting Youth: A Peer Group Approach to Building Life Skills is a school-based prevention program for students ages 14-19 that teaches skills to build resiliency against risk factors and control early signs of substance use and emotional distress. Reconnecting Youth targets individuals who demonstrate poor school achievement and have a high potential for school dropout.

Where Program is Offered in Colorado

The Office of Behavioral Health in the Department of Human Services identified the program as being supported by Substance Abuse Block Grant Funds in Lake County and by Persistent Drunk Driver Grant Funds in Summit County and Teller County. The program was also identified by the Office of Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampasas Youth Services, and is available through The Chaffee County Department of Human Services Youth at Crossroads, serving Chaffee County.

Program Outcomes:

- To reduce alcohol use in high school (*Research demonstrates that Reconnecting Youth does not effectively reduce alcohol use in high school.*)
- To reduce smoking in high school (*Research demonstrates that Reconnecting Youth does not effectively reduce smoking in high school.*)

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is needed to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Department of Human Services to collect data for future analysis.

Program Expenditures

The table on the next page presents the FY 2015-16 contract awards to Full Circle, Summit County, and Teller County as reported by the Office of Behavioral Health, and the Tony Grampasas Youth Services grant award to Chaffee County Human Services.

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Reconnecting Youth: A Peer Group Approach to Building Life Skills Providers’ FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Full Circle (OBH)	\$51,000	-	-	\$51,000	-	-
Summit County (OBH)	\$45,500	-	-	\$45,500	-	-
Teller County (OBH)	\$44,885	-	-	\$44,885	-	-
Chaffee County (TGYS)	\$114,638	\$17,482	-	\$97,156	-	-
Total	\$256,023	-	-	\$238,541	-	-

Research

Please see the Washington State Institute for Public Policy’s program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/411>.

Strengthening Families for Parents and Youth 10-14

Program Description

Strengthening Families for Parents and Youth 10-14 is a 7-session group parenting and youth skills program for youths ages 10-14. The program includes separate weekly parent effectiveness training and child skills-building components, followed by a family session to promote good parenting skills and positive family relationships. This program is proven to reduce aggressive and hostile behavior, substance abuse in adolescence, and improve family relationships.

Where Program is Offered in Colorado

The Office of Behavioral Health in the Department of Human Services identified the program as being supported by Substance Abuse Block Grant Funds in Denver, Fort Collins, and Piñon County. The program was also identified by the Office of Children, Youth, and Families in the Department of Human Services, as being supported by Tony Grampsas Youth services, available through North Range Behavioral Health, serving Weld County.

Program Outcomes:

- To reduce alcohol use before the end of middle school
- To reduce disruptive behavior disorder symptoms
- To reduce alcohol use in middle school
- To reduce smoking in high school
- To reduce cannabis use in high school
- To reduce illicit drug use in high school
- To reduce internalizing symptoms

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is needed to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Department of Human Services to collect data for future analysis.

Program Expenditures

The table on the next page presents the FY 2015-16 contract awards to the City and County of Denver, Metro Denver Partners, The Piñon Project, and Team Fort Collins as reported by the Office of Behavioral Health, and the Tony Grampsas Youth Services grant award to North Range Behavioral Health.

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Strengthening Families for Parents and Youth 10-14 Providers’ FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
City and County of Denver (OBH)	\$97,270	-	-	-	-	\$97,270
Metro Denver Partners (OBH)	\$100,000	-	-	-	-	\$100,000
The Piñon Project (OBH)	\$99,056	-	-	-	-	\$99,056
Team Fort Collins (OBH)	\$100,000	-	-	-	-	\$100,000
North Range Behavioral Health (TGYS)	\$96,101	\$19,989	-	\$76,112	-	-
Total	\$492,427	\$19,989	-	\$76,112	-	\$396,326

Research

Please see the Washington State Institute for Public Policy’s program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/138>.

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Wyman's Teen Outreach Program®

Program Description

Wyman's Teen Outreach Program® is a nine month program that engages high school students in a minimum of 20 hours of community service learning annually and weekly meetings using Teen Outreach Program's Changing Scenes curriculum, with a goal of reducing rates of teen pregnancy, course failure, and academic suspension.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Colorado Youth Matter and partner agencies, serving Adams County and Denver County.

Program Outcomes:

- To reduce teen pregnancy (under 18)
- To reduce suspensions/expulsions

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is needed to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Department of Human Services to collect data for future analysis.

Program Expenditures

The table reflects the FY 2015-16 Tony Grampsas Youth Services grant award to Colorado Youth Matter.

Colorado Youth Matter FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$142,043	\$27,934	-	\$114,109	-	-

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/61>.

Evidence-Based Mental Illness Prevention Programs

The evidence-based mental health prevention programs included in this report have been rigorously evaluated and demonstrate an effect on one, or various, outcomes(s) related to mental health. Outcomes associated with mental illness prevention programs typically relate to reducing the incidence or symptoms of mental illness, including: anxiety disorder, attention-deficit/hyperactivity disorder, depression, disruptive behavior (which includes oppositional defiant disorder and conduct disorder), serious mental illness (which includes major depression, schizophrenia, and bipolar disorder), and post-traumatic stress disorder. The specific outcomes that a program is intended to impact are listed for each program. Furthermore, additional research on each program can be found by following the website links provided.

The Incredible Years® Preface

The Incredible Years® offers a series of programming, including Parent Training, Child Training, and Teacher Training; however, rigorous research has only been completed on the standalone Parent Training and the combined Parent and Child Training, allowing their inclusion in the Results First model. Other evaluations have been completed on the Child Training and the Teacher Training components (these are included in this report in the Mental Health Promising Practices section), as well as evaluations on the effectiveness of combined programming, but data from these evaluations are currently not included in the Results First model.

It is important to note that the Parent Training research includes outcomes for both the parent and the child, and that the Parent and Child Training only includes outcomes for the child. As a result, more benefits are monetized for the Parent Training than the combined Parent and Child Training. This is due to the way in which the research was conducted for these trainings.

All three components of The Incredible Years® are operational in Colorado: The Incredible Years® Child Training Program (also referred to as Dinosaur School), a preschool school and kindergarten age curriculum that takes place 2-3 times per week for 60 total sessions; The Incredible Years® Preschool Basic Parenting Program, a weekly parenting skills class that takes place over the course of 14 weeks; and the Teacher Classroom Management class, which instructs teachers on positive teaching strategies. As mentioned, though these programs have been researched independently, and can be offered independently, it is assumed that they are most effective when offered in a series.

The Incredible Years® is available statewide. If you would like additional information on The Incredible Years® in Colorado, please visit Invest in Kids at <http://www.iik.org>.

The Incredible Years® Parent Training

Program Description

The Incredible Years® Parent Training is a group, skills-based program aimed at strengthening parenting competencies. The curriculum focuses on strengthening parenting skills (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences in order to promote children's academic, social, and emotional competencies and reduce conduct problems.

Where Program is Offered in Colorado

The Incredible Years® is implemented by the Colorado nonprofit Invest in Kids. The program is currently offered in Adams County, Alamosa County, Arapahoe County, Archuleta County, Boulder County, Denver County, Eagle County, El Paso County, Grand County, La Plata County, Logan County, Mesa County, and Moffat County.

Program Outcomes:

- To reduce disruptive behavior disorder symptoms
- To reduce attention deficit hyperactivity disorder symptoms

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- To reduce internalizing symptoms
- To reduce major depressive disorder
- To reduce parental stress⁷

Program Cost⁸

The program cost reflects the cost of providing parent training to one family. It includes the cost of program delivery, travel, logistics, oversight, design, and support. It does not include administrative or utility costs, as the cost reflects the incremental cost of teaching the curriculum to one additional family. Additionally, the program cost takes into account the variability of costs among program sites. The Incredible Years® programs in Colorado are funded primarily by private funders through the nonprofit Invest in Kids, with additional funding provided by local communities.

Benefit-Cost Analysis

The Incredible Years® Parent Training is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$4.13 can be avoided in future costs, \$1.14 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to both the parent and the child involved in the program, which are derived from increased labor market earnings. The Results First model shows mixed confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for The Incredible Years® Parent Training						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$2,603	\$717	\$1,886	\$631	\$1,972	\$1.14	\$4.13

Program Expenditures

The program is not state funded.

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/158>.

⁷ Although the program reduces parental stress, the Results First model does not monetize benefits associated with this outcome.

⁸ Incredible Years program costs are based on FY 2014-15 data.

The Incredible Years® Parent and Child Training

Program Description

The Incredible Years® series is a set of training programs that simultaneously trains parents, teachers and children in social-emotional functioning skills and life/parenting skills. Although the series has aspects of both prevention and intervention, the primary focus of Colorado's implementation of the program has been on prevention. The goals of The Incredible Years® series are to improve parent-child relations, improve parental functioning, improve student-teacher relations, prevent the early onset of conduct behaviors and emotional problems, and to promote emotional regulation and academic readiness among children.

Where Program is Offered in Colorado

The Incredible Years® Parent Training is implemented by the Colorado nonprofit Invest in Kids. The program is currently offered in Adams County, Alamosa County, Arapahoe County, Archuleta County, Boulder County, Delta County, Denver County, Dolores County, Eagle County, El Paso County, Grand County, Huerfano County, Jackson County, La Plata County, Logan County, Mesa County, Moffat County, Montezuma County, Montrose County, Morgan County, Pueblo County, Summit County, and Weld County.

Program Outcomes:

- To reduce disruptive behavior disorder symptoms
- To reduce attention deficit hyperactivity disorder symptoms
- To reduce internalizing symptoms
- To reduce parental stress⁹

Program Cost¹⁰

The program cost reflects the cost of providing parent and child training to one family. It includes the cost of program delivery, travel, logistics, oversight, design, and support. It does not include administrative or utility costs, as the cost reflects the incremental cost of teaching the curricula to one additional family. Additionally, the program cost takes into account the variability of costs among program sites. The Incredible Years® programs in Colorado are funded primarily by private funders through the nonprofit Invest in Kids, with additional funding provided by local communities.

Benefit-Cost Analysis

The table on the next page presents the benefit-cost results for The Incredible Years® Parent and Child Training. The program is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$1.50 can be avoided in future costs, \$0.41 of which is specific to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the child, which are derived from increased labor market earnings. The Results

⁹ Although the program reduces parental stress, the Results First model does not monetize benefits associated with this outcome.

¹⁰ Incredible Years program costs are based on FY 2014-15 data.

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First model shows mixed confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for The Incredible Years® Parent and Child Training						
Total Benefits	Taxpayer Benefits	Non- Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$1,016	\$277	\$740	\$678	\$338	\$0.41	\$1.50

Program Expenditures

The table reflects the FY 2015-16 Tony Grampsas Youth Services grant award to The Piñon Project. This site is currently not supported by Invest in Kids and the award amount is used to support teacher and child trainings.

The Piñon Project FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$59,573	-	-	\$59,573	-	-

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/117>.

Evidence-Based Substance Use Prevention Programs

The evidence-based substance use prevention programs included in this report have been rigorously evaluated and demonstrate an effect on one, or various, outcome(s) related to substance use. Outcomes associated with substance use prevention programs typically relate to reducing the age of onset for the use of tobacco, alcohol, cannabis, and/or illicit drugs. The specific outcomes that a program is intended to impact are listed for each program. Furthermore, additional research on each program can be found by following the website links provided.

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All Stars

Program Description

All Stars is a school-based program for adolescents ages 11-14. The program is designed to prevent substance abuse and other high-risk behaviors, as well as promote healthy and positive behaviors. All Stars "Core" includes thirteen 45-minute class sessions delivered on a weekly basis by teachers. All Stars "Plus" includes twelve 45-minute lessons designed to expand instruction on "Core" on decision-making, goal setting, and peer pressure resistance skills training.

Where Program is Offered in Colorado

All Stars was identified by the Office of Behavioral Health in the Department of Human Services. The program is supported by Substance Abuse Block Grant Funds in Ouray County, Persistent Drunk Driver Grant Funds in Routt County, and by Law Enforcement Assistance Funds in Summit County.

Program Outcomes

- To reduce smoking before the end of middle school
- To reduce cannabis use before the end of middle school
- To reduce alcohol use before the end of middle school

Program Cost

The Office of Behavioral Health was unable to provide specific implementation costs because grantees do not submit this level of budgetary detail to the Office.

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is needed to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Office of Behavioral Health to collect data for future analysis.

Program Expenditures

The table on the next page presents the FY 2015-16 contract awards to Grand Futures, Ouray County Schools, and Summit County, as reported by the Office of Behavioral Health.

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All Stars Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Grand Futures	\$93,920	-	-	-	-	\$93,920
Ouray Schools	\$96,223	-	-	-	-	\$96,223
Summit County	\$45,500	-	-	\$45,500	-	-
Total	\$235,643	-	-	\$45,500	-	\$190,143

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/405>.

Botvin LifeSkills® Training

Program Description

Botvin LifeSkills® Training is a school-based universal prevention program designed to reduce the risks of alcohol, tobacco, drugs, and violence by targeting social and psychological factors associated with the initiation of risky behaviors. The program is delivered to middle/junior high school students over three years. Participants in the program are taught general self-management, social skills, and resistance skills.

Where Program is Offered in Colorado

Botvin LifeSkills® Training was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Dolores County and Yuma County. The program was also identified by the Department of Education as being supported by the School Health Professional Grant and Expelled and At-Risk Student Services in Alamosa School District, Fountain-Fort Carson School District 8, Jefferson County School District R-1, Montezuma-Cortez R-1 School District, New America Charter Schools, Poudre School District, Sierra Grande No. R-30 School District, Thompson School District R2-J, and select New America Schools.

Program Outcomes

- To reduce internalizing behavior symptoms
- To reduce alcohol use in high school (*Research demonstrates that Botvin LifeSkills® Training does not effectively reduce alcohol use in high school.*)
- To reduce smoking in high school
- To reduce alcohol use before end of middle school
- To reduce cannabis use before end of middle school
- To reduce smoking before end of middle school
- To reduce youth binge drinking

Program Cost

The program cost reflects the cost of providing Botvin LifeSkills® Training to one student in a middle school that serves sixth, seventh, and eighth graders. It includes the cost of the teacher's manual, training, and student guide. It does not include school administrative costs, as the cost reflects the incremental cost of providing Botvin LifeSkills® Training to one additional student. Standard material and training costs were used for the estimate.¹¹ Additionally, salary and benefits for the time a School Counselor spends implementing the program is included. The salary and benefits data used reflects the variability of School Counselors' salaries and benefits among a sample of 2015-2016 School Health Professional Grant sites. Botvin LifeSkills® Training can be funded by various sources in Colorado, but in a school setting the program is typically supported in part by School Health Professional Grant funds and/or the Expelled and At-Risk Student Services grant funds. The program cost assumes that one School Counselor is

¹¹ The program developer's website is accessible via the following link:
https://www.lifeskillstraining.com/lst_middle.php. Website accessed by Colorado Results First in October 2016.

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going to administer the program to 359 middle school students over the course of one year,¹² and that the average class size is 27 students. If a School Counselor uses their training to implement the program over multiple years, cost efficiencies may be achieved.

Benefit-Cost Analysis

The table shows the benefit-cost analysis results for Botvin LifeSkills® Training. The program is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$22.56 can be avoided in future costs, \$3.68 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for Botvin LifeSkills® Training						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$1,015	\$165.50	\$850	\$45	\$970	\$3.68	\$22.56

Program Expenditures

The table on the next page presents the FY 2015-16 contract awards to Crossroads, The City and County of Denver, Eagle River Youth Coalition, The Piñon Project, Rocky Mountain Youth Corps, and Rural Communities Resource Center as reported by the Office of Behavioral Health. The table does not reflect the Department of Education's data because this level of budgetary detail is not currently collected by the Department.

¹² 2015-2016 pupil membership data from the Colorado Department Education was used to estimate the average number of students per middle school.

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Botvin LifeSkills® Training Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Crossroads	\$82,966	-	-	-	-	\$82,966
The City and County of Denver	\$97,270	-	-	-	-	\$97,270
Eagle River Youth Coalition	\$100,000	-	-	-	-	\$100,000
The Piñon Project	\$99,056	-	-	-	-	\$99,056
Rocky Mountain Youth Corps	\$100,000	-	-	-	-	\$100,000
Rural Communities Resource Center.	\$45,500	-	-	\$45,500	-	-
Total	\$524,792	-	-	\$45,500	-	\$479,292

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/37>.

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Compliance Checks for Tobacco and Alcohol

Program Description

Compliance checks provide retail outlets feedback about their compliance with minimum age laws and are intended to reduce the supply of tobacco and alcohol to youth. There are multiple consequences for retail outlets caught selling tobacco to minors, including warnings, fines, and threat of license revocation. Compliance check campaigns typically include retailer education and media coverage to enhance retailers' perception of enforcement.

Where Program is Offered in Colorado

Compliance checks are completed statewide. The Department of Revenue oversees compliance checks.

Program Outcomes

- To reduce smoking in high school (*Research demonstrates that compliance checks for tobacco do not effectively reduce smoking in high school.*)
- To reduce tobacco sales to minors
- To reduce alcohol use in high school
- To reduce youth binge drinking
- To reduce alcohol sales to minors

Program Costs

Colorado Results First worked with the Department of Revenue to calculate costs for completing compliance checks for tobacco; however, the model at this time does not monetize all the benefits associated with compliance checks for tobacco. Additionally, compliance checks for alcohol were added to Washington State Institute for Public Policy's site after Colorado Results First's initial review of compliance checks for tobacco, and the model at this time does not monetize all the benefits associated with compliance checks for alcohol. Because of these limitations, these programs were not run in the model.

Benefit-Cost Analysis

Benefit cost-analyses were not performed on these programs. Although compliance checks have an evidence-base and they are included in the Washington State Institute for Public Policy's meta-analyses, the program is not available in the Results First model at this time for review.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Revenue.

Compliance Checks for Tobacco and Alcohol FY 2015-16 Expenditures						
Program	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Tobacco	\$231,650	\$74,128	-	\$157,522	-	-
Alcohol	\$345,459	-	-	\$345,459	-	-
Total	\$577,109	\$74,128		\$502,981	-	-

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Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/640> and <http://www.wsipp.wa.gov/BenefitCost/Program/641>.

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keepin' it REAL (Refuse, Explain, Avoid, and Leave)

Program Description

keepin' it REAL (Refuse, Explain, Avoid, and Leave) is a school-based universal prevention program designed for middle school students. The curriculum is taught in 45-minute sessions once per week for 10 weeks. Classroom sessions include group discussions, role-playing, games, and five videos produced by youth designed to teach students drug resistance skills.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by the Substance Abuse Block Grant in Denver.

Program Outcomes

- To reduce smoking before the end of middle school
- To reduce alcohol use before the end of middle school
- To reduce cannabis use before the end of middle school

Program Cost

The Office of Behavioral Health was unable to provide specific implementation costs because grantees do not submit this level of budgetary detail to the Office. Colorado Results First will continue to work with the Department of Human Services to collect this information.

Benefit-Cost Analysis

A benefit-cost analysis was not performed on this program because grantees do not submit the level of budgetary detail that is needed to accurately determine costs for the benefit-cost model. The Colorado Results First team will continue to work with the Department of Human Services to collect data for future analysis.

Program Expenditures

The table presents the FY 2015-16 contract award to Mile High Council as reported by the Office of Behavioral Health.

Mile High Council FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$75,732	-	-	-	-	\$75,732

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/379>.

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Project ALERT

Program Description

Project ALERT is a school-based alcohol, tobacco, and marijuana prevention program targeted at middle/junior high school students. The program is delivered in seventh grade, with booster sessions in eighth grade. The program teaches participants to identify and resist the internal and social pressures that encourage substance use.

Where Program is Offered in Colorado

Project ALERT was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Law Enforcement Assistance Funds in Eagle County. The program was also identified by the Department of Education as being supported by the School Health Professional Grant in Douglas County School District's HOPE Online Learning Center.¹³

Program Outcomes

- To reduce alcohol use in high school
- To reduce smoking in high school
- To reduce cannabis use in high school

Program Cost

The program cost reflects the cost of providing Project ALERT to one youth. Since teacher training resources and the program curriculum are provided by the program developer free of charge,¹⁴ the program cost only includes the value of a health professional's salary and benefits for the time they spend training and implementing the program. The value of training and implementation time reflects the variability of health professionals' salaries and benefits throughout the state. The program cost does not include administrative or utility costs, as the cost reflects the incremental cost of providing the Project ALERT curriculum to one additional youth. Project ALERT can be funded by various sources in Colorado, but in a school setting the program is typically supported in part by School Health Professional Grant funds. The program cost assumes that one health professional is going to administer the program to 83 seventh graders over the course of the first year of the program and 80 eighth graders over the course of the second year of the program.¹⁵ It also assumes that the average class size is 27 students. If a health professional uses their training to implement the program over multiple years, cost efficiencies may be achieved.

Benefit-Cost Analysis

The table on the next page presents the benefit-cost results for Project ALERT. This program is projected to yield a positive return on investment in Colorado. For every dollar invested into the program, it is projected that \$110.98 can be avoided in future costs, \$26.19 of which is specific

¹³ HOPE is a non-profit, free, public charter school of the Douglas County School District. Though the program is web-based, the program cost estimate included in this report is based on program implementation in a brick and mortar middle school due to data limitations around online schools' costs.

¹⁴ The program developer's website is accessible via the following link: <https://www.projectalert.com/>. Website accessed by Colorado Results First in October 2016.

¹⁵ 2015-2016 pupil membership data from the Colorado Department Education was used to estimate the average number of students in seventh and eighth grades.

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benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for Project ALERT						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$748	\$202	\$546	\$14	\$734	\$14.44	\$53.41

Program Expenditure

The table presents the FY 2015-16 contract awards to Eagle River Youth Coalition, Grand Futures, and Gunnison Hinsdale Youth Services as reported by the Office of Behavioral Health. The table does not reflect the Department of Education's data because this level of budgetary detail is not currently collected by the Department.

Project ALERT Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Eagle River Youth Coalition	\$100,000	-	-	-	-	\$100,000
Grand Futures	\$93,920	-	-	-	-	\$93,920
Gunnison Hinsdale Youth Services	\$100,000	-	-	-	-	\$100,000
Total	\$293,920	-	-	-	-	\$293,920

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/136>.

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Evidence-Based Substance Use Prevention Programs

Project SUCCESS™

Program Description

Project SUCCESS™ (Schools Using Coordinated Community Efforts to Strengthen Students) is a multilevel substance use intervention targeted at students 12 to 18 years of age. School-wide activities, parent programming, and individual/group counseling are paired with an eight session Prevention Education Series that teaches students to resist pressure to use substances, corrects students' misconceptions about substance use, and helps students comprehend the consequences of substance use.

Where Program is Offered in Colorado

Project SUCCESS™ was identified as being delivered in one school district in the state.

Program Outcomes

- To reduce smoking in high school
- To reduce regular smoking (*Research demonstrates that Project SUCCESS™ does not effectively reduce regular smoking.*)
- To reduce alcohol use in high school (*Research demonstrates that Project SUCCESS™ does not effectively reduce alcohol use in high school.*)
- To reduce illicit drug use in high school (*Research demonstrates that Project SUCCESS™ does not effectively reduce illicit drug use in high school.*)
- To reduce cannabis use in high school (*Research demonstrates that Project SUCCESS™ does not effectively reduce cannabis use in high school.*)

Program Cost

The program cost reflects the cost of providing Project SUCCESS™ to one youth in a high school that serves grades 9-12. It includes the cost of the teacher's implementation manual, training, and data collection log. It does not include administrative or utility costs, as the cost reflects the incremental cost of providing the Project SUCCESS™ to one additional youth. Since Project SUCCESS™ works by placing a highly trained professional (Project SUCCESS™ counselor) in a school to provide a full range of substance abuse prevention and early intervention services, the program cost reflects the per student cost of the professional's salary and benefits. The salary and benefits data used reflects the variability of School Counselors' salaries and benefits among a sample of 2015-2016 School Health Professional Grant sites. Standard material and training costs were used for the estimate.¹⁶ Project SUCCESS™ can be funded by various sources in Colorado, but in a school setting the program is typically supported in part by School Health Professional Grant funds. The program cost assumes that one School Counselor is going to administer the program to 592 high school students over the course of one year.¹⁷ If a School Counselor uses their training to implement the program over multiple years, cost efficiencies may be achieved.

¹⁶ The materials purchasing form can be on Student Assistant Service's website via the following link: <http://www.sascorp.org/success.html>. Website accessed by Colorado Results First in October 2016.

¹⁷ 2015-2016 pupil membership data from the Colorado Department Education was used to estimate the average number of students per high school.

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Benefit-Cost Analysis

Project SUCCESS™ is projected to yield a negative return on investment in Colorado. For every dollar invested into the program, it is projected that we will lose money on our initial investment and future costs are projected to increase by \$0.14, based on costs associated with increased crime costs. The Results First model shows mixed confidence that this program will continually project a negative return on investment.

Colorado's Benefit-Cost Analysis Results for Project SUCCESS™						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2015)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$(16)	\$(1)	\$ (15)	\$111	\$(127)	\$(0.01)	\$ (0.14)

Program Expenditures

The Department of Education does not collect this information because grantees do not submit this level of budgetary detail to the Department.

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/391>.

Although this program is rated highly by the Substance Abuse and Mental Health Services Administration National Registry of Evidence-Based Programs and Practices for targeting alcohol, tobacco, drugs, family relationships, and mental health, additional research as cited in the Washington State Institute for Public Policy meta-analyses of program studies demonstrates that, overall, this program has a relatively weak impact on its targeted outcomes. The meta-analytic research demonstrates that the program does not effectively reduce alcohol use in high school, illicit drug use in high school, or cannabis use in high school.

Project Towards No Drug Abuse

Program Description

Project Towards No Drug Abuse is a substance use prevention program for youth in regular and alternative high schools. The curriculum includes 12 lessons implemented in classroom settings by teachers or health educators. Project Towards No Drug Abuse aims to increase self-control, communication, decision-making, and motivation to not use substances.

Where Program is Offered in Colorado

Project Towards No Drug Abuse was identified by the Office of Behavioral Health in the Department of Human Services as being supported by the Law Enforcement Assistance Fund in Eagle County, the Persistent Drunk Driver fund in Chaffee County, and the Substance Abuse Block Grant in Garfield County, Ouray County, Pitkin County, Routt County, and Summit County. The program was also identified by the Department of Education as being supported by the School Health Professional Grant in Sierra Grande No. R-30 School District.

Program Outcomes

- To reduce alcohol use in high school
- To reduce illicit drug use in high school
- To reduce cannabis use in high school
- To reduce smoking in high school
- To reduce externalizing behavior symptoms (*Research demonstrates that Project Towards No Drug Abuse does not effectively reduce externalizing behavior symptoms.*)

Program Cost

The program cost reflects the cost of providing Project Towards No Drug Abuse to one youth in a high school that serves grades 9-12. It includes the cost of the teacher's manual, training, student workbook and game board. It does not include administrative or utility costs, as the cost reflects the incremental cost of providing the Project Towards No Drug Abuse to one additional youth. Standard material and training costs were used for the estimate.¹⁸ Additionally, salary and benefits for the time a health professional spends implementing the program is included. The salary and benefits data used reflects the variability of health professionals' salaries and benefits among a sample of 2015-2016 School Health Professional Grant sites. Project Towards No Drug Abuse can be funded by various sources in Colorado, but in a school setting the program is typically supported in part by School Health Professional Grant funds. The program cost assumes that one health professional is going to administer the program to 592 high school students over the course of one year,¹⁹ and that the average class size is 30 students. If a health professional uses their training to implement the program over multiple years, cost efficiencies may be achieved.

¹⁸ The program developer's website is accessible via the following link: <http://tnd.usc.edu/index.php>. Website accessed by Colorado Results First in October 2016.

¹⁹ 2015-2016 pupil membership data from the Colorado Department Education was used to estimate the average number of students per high school.

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Evidence-Based Substance Use Prevention Programs

Benefit-Cost Analysis

Project Towards No Drug Abuse is projected to yield a positive return on investment. For every dollar that is invested into the program, it is projected that \$22.52 can be avoided in future costs, \$5.72 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that this program will continually project a positive return on investment.

Colorado's Benefit-Cost Analysis Results for Project Towards No Drug Abuse						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$495	\$126	\$370	\$22	\$473	\$5.72	\$22.52

Program Expenditures

The table presents the FY 2015-16 contract awards to Chaffee County, Crossroads, Eagle River Youth Coalition, Ouray Schools, and Rocky Mountain Youth Corps as reported by the Office of Behavioral Health. The table does not reflect the Department of Education's data because this level of budgetary detail is not currently collected by the Department.

Project Towards No Drug Abuse Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Chaffee County	\$45,482	-	-	\$45,482	-	-
Crossroads	\$82,966	-	-	-	-	\$82,966
Eagle River Youth Coalition	\$51,000	-	-	\$51,000	-	-
Ouray Schools	\$96,223	-	-	-	-	\$96,223
Rocky Mountain Youth Corps	\$100,000	-	-	-	-	\$100,000
Total	\$375,671	-	-	\$96,482	-	\$279,189

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/125>.

Too Good For Drugs

Program Description

Too Good For Drugs is a school-based prevention program for K–12 students. It is designed to increase social competencies and diminish risk factors associated with alcohol, tobacco, and other drug use. The program consists of ten classroom interactive lessons tailored for different grade levels.

Where Program is Offered in Colorado

Too Good For Drugs was identified by the Department of Education as being supported by the School Health Professional Grant in Thompson School District R2-J.

Program Outcomes

- To reduce smoking before the end of middle school
- To reduce cannabis use before the end of middle school
- To reduce alcohol use before the end of middle school

Program Cost

The program cost reflects the cost of providing a sixth grader the Too Good For Drugs curriculum. It includes the cost of the 6th Grade Too Good For Drugs Program Kit and teacher training. It does not include administrative or utility costs, as the cost reflects the incremental cost of providing the Too Good For Drugs curriculum to one additional youth. Standard material and training costs were used for the estimate.²⁰ Additionally, salary and benefits for the time a health professional spends implementing the program is included. The salary and benefits data used reflects the variability of health professionals' salaries and benefits among a sample of 2015-2016 School Health Professional Grant sites. The Too Good For Drugs program can be funded by various sources in Colorado, but in a school setting the program is typically supported in part by School Health Professional Grant funds. The program cost assumes that one health professional is going to administer the program to 96 sixth graders in a middle school over the course of one year,²¹ and that the average class size is 27 students. If a health professional uses their training to implement the program over multiple years, cost efficiencies may be achieved.

Benefit-Cost Analysis

Too Good for Drugs is projected to yield a positive return on investment. For every dollar that is invested into the program, it is projected that \$13.98 can be avoided in future costs, \$2.93 of which is specific benefits to the taxpayer. Taxpayer benefits are associated with increased labor market earnings and reduced health care costs. The majority of non-taxpayer benefits are direct benefits to the participant of the program, which are derived from increased labor market earnings. The Results First model shows high confidence that this program will continually project a positive return on investment.

²⁰ The program developer's website is accessible via the following link: <http://www.toogoodprograms.org/>. Website accessed by Colorado Results First in October 2016.

²¹ 2015-2016 pupil membership data from the Colorado Department Education was used to estimate the average number of sixth graders per middle school.

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Colorado's Benefit-Cost Analysis Results for Too Good For Drugs						
Total Benefits	Taxpayer Benefits	Non-Taxpayer Benefits	Program Cost (FY 2016)	Benefits Minus Costs (Net Present Value)	Taxpayer Benefits to Cost Ratio	Total Benefits to Cost Ratio
\$419	\$88	\$331	\$30	\$389	\$2.93	\$13.98

Program Expenditures

The Department of Education does not collect this information.

Research

Please see the Washington State Institute for Public Policy's program write-up that lists the research citations for this program: <http://www.wsipp.wa.gov/BenefitCost/Program/413>.

Section 2: Promising Practices

Promising practices are programs with some research that demonstrates effectiveness, such as a single randomized controlled trial or evaluation with a comparison group design; however, these programs do not meet the research standards defined for evidence-based. Colorado Results First considers a promising practice to be any program that has been rated for effectiveness by any of the eight clearinghouse databases that comprise the Results First Clearinghouse Database,²² but does not have a robust enough research base by the Washington State Institute for Public Policy standards to be assigned a specific effect size. The database is comprised of information from eight separate national clearinghouses, all of which perform systematic reviews of the relevant research on programs. This means that a program currently listed as a promising practice may be able to achieve evidence-based status following more rigorous research.

²² The Results First Clearinghouse Database can be found at the following link:
<http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>

Table: Promising Practices		
Program Name	Page #	Department/Organization
General Prevention Programs		
Active Parenting™	48	Department of Human Services
Active Parenting™ of Teens	49	Department of Human Services
Bully-Proofing Your School	50	Department of Education
DARE to be You	51	Department of Human Services
Juvenile Assessment Center Community Program	52	Department of Human Services
Nurturing Parenting™ Program	53	Department of Human Services
Olweus® Bullying Prevention Program	54	Department of Human Services
Peer Assistance and Leadership (PAL)	55	Department of Human Services
Project Venture	56	Department of Human Services
Pyramid Model	57	Department of Human Services
Safe Dates	58	Department of Human Services
Mental Health Prevention Programs		
The Incredible Years® Child Training and Teacher Training	60	Invest In Kids
Question Persuade and Refer Gatekeeper Training for Suicide Prevention	62	Department of Public Health and Environment
Sources of Strength	63	Department of Public Health and Environment
Substance Use Prevention Programs		
Class Action	65	Department of Human Services
InShape© Prevention Plus Wellness	66	Department of Human Services
Media Ready	67	Department of Human Services
Prime for Life®	68	Department of Human Services
SPORT© Prevention Plus Wellness	69	Department of Human Services
TIPS® Training	70	Department of Human Services

General Prevention Promising Practices

A general prevention program is a program intended to impact substance use and mental health outcomes, in addition to education outcomes and/or outcomes associated with positive youth development. Programs are considered general prevention when they either target several risk factors, or target something other than substance use or mental illness specifically. A program is considered a promising practice if it has some research surrounding its implementation; however, the research does not meet the evidence-based standard of rigor.

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General Prevention Promising Practices

Active Parenting™

Program Description

Active Parenting™ is a video-based education program targeted to parents of 2- to 12-year-olds who want to improve their parenting skills. It is based on the application of Adlerian parenting theory, which is defined by mutual respect among family members within an authoritatively run family. The program teaches parents how to raise a child by using encouragement, building the child's self-esteem, and creating a relationship with the child based upon active listening, effective communication, and problem solving. It also teaches parents to use natural and logical consequences and other positive discipline skills to reduce irresponsible and unacceptable behaviors.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Lake County and San Juan County.

Program Expenditures

The table presents the FY 2015-16 contract awards to Full Circle of Lake County and San Juan Basin as reported by the Office of Behavioral Health.

Active Parenting™ Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Full Circle	\$100,000	-	-	-	-	\$100,000
San Juan Basin	\$99,999	-	-	-	-	\$99,999
Total	\$199,999	-	-	-	-	\$199,999

Research

Please search for the term “Active Parenting” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Active Parenting™ of Teens

Program Description

Active Parenting™ of Teens is a curriculum aimed at supporting parents/guardians in understanding the issues their teens face and to improve communication between adults and teens so that participants are fully supported at home and in school throughout the program.

Where Program is Offered in Colorado

The program was identified by the Office of Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampas Youth Services. The program is available through Friends First, Inc., serving Boulder County and Denver County, and through Gunnison County Substance Abuse Prevention Project, serving Gunnison County.

Program Expenditures

The table reflects the FY 2015-16 Tony Grampas Youth Services grant awards to Friends First, Inc. and Gunnison County Substance Abuse Prevention Project.

Active Parenting™ of Teens Providers' FY 2015-16 Award Amount						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Friends First, Inc.	\$158,651	\$31,200	-	\$127,451	-	-
Gunnison County Substance Abuse Prevention Project	\$52,864	\$10,396	-	\$42,468	-	-
Total	\$211,515	\$41,596	-	\$169,919	-	-

Research

Please search for the term “Active Parenting of Teens” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Bully-Proofing Your School

Program Description: Bully-Proofing Your Schools is a school-based intervention program designed to reduce bullying and school violence. Implementation occurs in three phases, beginning with a definition of bullying, a discussion of its impact, and establishment of classroom rules regarding bullying. The second phase involves developing skills and techniques for dealing with bullying and increasing resilience to victimization. In the third phase, emphasis is placed on change in school culture through converting children who are neither bullies nor victims of bullying — the silent majority — into the "caring majority."

Where Program is Offered in Colorado

The program was identified by the Department of Education as being offered in the Cherry Creek School District.

Program Expenditures

The Department of Education does not collect this information.

Research

Please search for the term "Bully-proofing" in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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DARE to be You

Program Description

DARE to be You is a multilevel prevention program aimed at high-risk families with children ages 2–5. The program is designed to lower children’s risk of future substance abuse and other high-risk activities by improving aspects of parenting that contribute to children’s resiliency. The program combines three supporting aspects: educational activities for children, strategies for the parents or teachers, and environmental structures, to enable program participants to learn and practice the desired skills. DARE is an acronym for the key constructs of the program: Decision-making, reasoning skills, and solving problems; Assertive communication and social skills; Responsibility (internal locus of control/attributions) and role models; Esteem, efficacy, and empathy.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Lake County.

Program Expenditures

The table presents the FY 2015-16 contract award to Full Circle of Lake County as reported by the Office of Behavioral Health.

Full Circle of Lake County FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-	-	-	\$100,000

Research

Please search for the term “Dare to be You” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Juvenile Assessment Center Community Program

Program Description

The Juvenile Assessment Center Community Program streamlines access to services by providing a single access point for immediate and timely services. The program provides interventions to produce positive changes in youth by identifying the underlying family, school, peer group, and individual risks and strengths. Youth are referred by parents as well as collaborative partners including but not limited to schools, treatment providers, social workers, law enforcement, probation officers, courts, and other community organizations. The program uses screening and assessment tools as well Motivational Interviewing. Though this program contains components beyond Motivational Interviewing, this program was categorized as promising because of its use of this technique. Motivational Interviewing is a non-confrontational technique used in early treatment to help clients increase their motivation and commitment to change.

Where Program is Offered in Colorado

The Department of Human Services identified the program as being supported by Tony Grampas Youth Services. Programming is available through The Juvenile Assessment Center, serving Adams County, Arapahoe County, Denver County, Douglas County, Elbert County, Jefferson County, and Lincoln County.

Program Expenditures

The table reflects the FY 2015-16 Tony Grampas Youth Services grant award to The Juvenile Assessment Center.

The Juvenile Assessment Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$29,801	-	-	\$29,801	-	-

Research

Please search for the term “Motivational Interviewing” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Nurturing Parenting™ Programs

Program Description

The Nurturing Parenting™ Programs are family-based programs for the prevention and treatment of child abuse and neglect. The programs were developed to help families who have been identified by child welfare agencies for past child abuse and neglect or who are at high-risk for child abuse and neglect. The goals of the Nurturing Parenting Program are to: increase parents' sense of self-worth, personal empowerment, empathy, bonding, and attachment; increase the use of alternative strategies to harsh and abusive disciplinary practices; increase parents' knowledge of age-appropriate developmental expectations; and reduce abuse and neglect rates.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Boulder County and Chaffee County.

Program Expenditures

The table presents the FY 2015-16 contract awards to Boulder County and Chaffee County as reported by the Office of Behavioral Health.

Nurturing Parenting™ Programs Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Boulder County	\$100,000	-	-	-	-	\$100,000
Chaffee County	\$100,000	-	-	-	-	\$100,000
Total	\$200,000	-	-	-	-	\$200,000

Research

Please search for the term “Nurturing Parenting” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Olweus® Bullying Prevention Program

Program Description

Olweus® Bullying Prevention Program is a universal program offering activities designed for use in elementary, middle, junior and high schools. It is a multi-level, multi-component program designed to reduce and prevent school bullying in elementary and middle schools.

Where Program is Offered in Colorado

The program was identified by The Office of Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampas Youth Services. The program is available through the San Miguel Resource Center, serving San Miguel County and Montrose County.

Program Expenditures

The table reflects the FY 2015-16 Tony Grampas Youth Services grant award to San Miguel Resource Center.

San Miguel Resource Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$42,150	\$8,289	-	\$33,861	-	-

Research

Please search for the term “Olweus” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Peer Assistance and Leadership (PAL)

Program Description

Peer Assistance and Leadership (PAL) is a peer helping program that seeks to build resiliency in youth by pairing youth with peer helpers who receive training and support from teachers participating in the program. The peer-based assistance provided through Peer Assistance and Leadership is designed to help youth avoid risk factors for substance use as well as other problems, such as low achievement in school, dropout, absenteeism, violence, teen pregnancy, and suicide.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Persistent Drunk Driver Grant Funds in Yuma County.

Program Expenditures

The table presents the FY 2015-16 contract award to Rural Communities Resource Center as reported by the Office of Behavioral Health.

Rural Communities Resource Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$45,500	-	-	\$45,500	-	-

Research

Please search for the term “Peer Assistance” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Project Venture

Program Description

Project Venture is an outdoor experiential youth development program designed primarily for American Indian youth in grades 5-8. The program aims to develop the social and emotional competence that facilitates youths' resistance to alcohol, tobacco, and other drug use. Based on traditional American Indian values such as family, learning from the natural world, spiritual awareness, service to others, and respect, Project Venture's approach is positive and strengths based.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Southern Ute.

Program Expenditures

The table presents the FY 2015-16 contract award to Southern Ute as reported by the Office of Behavioral Health.

Southern Ute FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$99,513	-	-	-	-	\$99,513

Research

Please search for the term “Project Venture” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

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General Prevention Promising Practices

Pyramid Model

Program Description

The Pyramid model includes training, assessments, and coaching to improve early childhood program quality, children's social and emotional development, and program staff's ability to address challenging behavior in order to prevent youth crime and violence.

Where Program is Offered in Colorado

The program was identified by the Office of Children, Youth, And Families in the Department of Human Services as being supported by Tony Grampsas Youth Services. The program is offered through the Early Childhood Council of Larimer County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Early Childhood Council of Larimer County.

Early Childhood Council of Larimer County FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$52,872	-	-	\$52,872	-	-

Research

The Pyramid Model was reviewed by the Washington State Institute for Public Policy in July 2015. Though this program is currently not listed in the Results First Clearinghouse Database, the program meets the criteria for a promising program. See the report available at the following link for more information: http://www.wsipp.wa.gov/ReportFile/1609/Wsipp_Updated-Inventory-of-Evidence-based-Research-based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf.

Prevention Findings — February 2017
General Prevention Promising Practices

Safe Dates

Program Description

Safe Dates is a school-based prevention program for middle and high school students designed to stop or prevent the initiation of dating violence victimization and perpetration.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through the San Miguel Resource Center, serving San Miguel County and Montrose County

Program Expenditures

The table reflects the FY 2015-16 Tony Grampsas Youth Services grant award to San Miguel Resource Center.

San Miguel Resource Center FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$42,150	\$8,289	-	\$33,861	-	-

Research

Please search for the term “Safe Dates” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Mental Illness Prevention Promising Practices

A mental illness prevention program is a program intended to reduce the incidence or symptoms of mental illness, including: anxiety disorder, attention-deficit/hyperactivity disorder, depression, disruptive behavior (which includes oppositional defiant disorder and conduct disorder), serious mental illness (which includes major depression, schizophrenia, and bipolar disorder), and post-traumatic stress disorder. A program is considered a promising practice if it has some research surrounding its implementation; however, the research does not meet the evidence-based standard of rigor.

The Incredible Years® Child Training and Teacher Training

Program Description

The Incredible Years® Child Training program (Dinosaur School) consists of more than 60 classroom lesson plans for three age levels, beginning in preschool through second grade (3-8 years). Lesson plans are delivered by the teacher at least twice weekly over consecutive years. The Child Training program consists of 18-22 weekly sessions, offered in conjunction with the Parent Training programs for parents of preschoolers or school-age children. The child program aims to strengthen children's social and emotional competencies, such as understanding and communicating feelings, using effective problem-solving strategies, managing anger, practicing friendship and conversational skills, and behaving appropriately in the classroom.

The Incredible Years® Teacher Training program is delivered to early childhood and elementary school teachers of young children (3-8 years) and consists of monthly workshops delivered by a trained facilitator. The program focuses on strengthening teachers' classroom management strategies; promoting children's prosocial behavior, emotional self-regulation, and school readiness; and reducing children's classroom aggression and noncooperation with peers and teachers. The training also helps teachers collaborate with parents to support parents' school involvement and promote consistency between home and school.

As mentioned in the evidence-based mental health program section, The Incredible Years® Parent Training and the combined Parent and Child Training have been rigorously evaluated and are included in the Results First model. The stand-alone Child Training (Dinosaur School) and Teacher Training are not included in the Results First model, but both programs are included in the Results First Clearinghouse Database and are considered promising practices by Results First standards.

Where Program is Offered in Colorado

Invest in Kids serves as an intermediary supporting The Incredible Years® components statewide. Implementations of components are underway throughout Colorado and communities interested in the program are encouraged to contact Invest in Kids. Separate from Invest in Kids' efforts, The Incredible Years® Child Training and Teacher Training is also offered by the Piñon Project in Dolores County, Montezuma County, and the Ute Mountain Ute Reservation.

Program Expenditures

The table on the next page presents the FY 2015-16 Tony Grampas Youth Services grant award to the Piñon Project.

Prevention Findings — February 2017
Mental Illness Prevention Promising Practices

The Piñon Project FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$59,573			\$59,573		

Research

Please search for the term “Incredible Years” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Mental Illness Prevention Promising Practices

Question, Persuade, and Refer (QPR) Gatekeeper Training for Suicide Prevention

Program Description

Question, Persuade, and Refer (QPR) Gatekeeper Training is a 1-2 hour long educational program designed to teach “gatekeepers” how to identify a suicide crisis and respond. A gatekeeper is defined as anyone who may be strategically positioned to recognize a suicide risk, with teachers, parents, coaches and police officers being a few examples. Question, Persuade, and Refer teaches gatekeepers to follow a three step process once a risk has been identified. The first step is to question the individual experiencing the crisis’s intent regarding suicide. The second step is to persuade the individual to seek out and accept help. The third step is to refer the individual to the appropriate resources (in most cases, a mental health professional.)

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Pubic Heath and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$1,000	\$1,000	-	-	-	-

Research

Please search for the term “QPR” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Mental Illness Prevention Promising Practices

Sources of Strength

Program Description

Sources of Strength is a universal suicide prevention program. The program trains students as peer leaders and connects them with adult advisors at school and in the community. With support from the advisors, the peer leaders conduct well-defined messaging activities intended to change peer group norms influencing coping practices and problem behaviors such as self-harm, drug use, and unhealthy sexual practices.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment. The program was also identified by the Office Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampsas Youth Services, available in Mesa Valley County School District 51.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment and the Tony Grampsas Youth Services grant award to Mesa Valley County School District 51.

Sources of Strength Providers' FY 2015-16 Expenditure and Award Amounts						
Source	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Department of Public Health and Environment	\$43,606	\$43,606	-	-	-	-
Tony Grampsas Youth Services	\$155,533	\$32,351	-	\$123,182	-	-
Total	\$199,139	\$75,957	-	\$123,182	-	-

Research

Please search for the term “Sources of Strength” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Substance Use Prevention Promising Practices

A substance use prevention program is a program intended to prevent individuals from using tobacco, alcohol, cannabis, and/or illicit drugs. A program is considered a promising practice if it has some research surrounding its implementation; however, the research does not meet the evidence-based standard of rigor.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

Class Action

Program Description

Class Action is the second phase of the Project Northland alcohol-use prevention curriculum series. Class Action (for grades 9-12) and Project Northland (for grades 6-8) are designed to delay the onset of alcohol use, reduce use among youths who have already tried alcohol, and limit the number of alcohol-related problems experienced by young drinkers. Class Action draws upon the social influence theory of behavior change, using interactive, peer-led sessions to explore the real-world legal and social consequences of substance abuse. The curriculum consists of 8-10 group sessions in which students divide into teams to research, prepare, and present mock civil cases involving hypothetical persons harmed as a result of underage drinking. Using a casebook along with taped affidavits and depositions, teens review relevant statutes and case law to build legal cases they then present to a jury of their peers. Case topics include drinking and driving, fetal alcohol syndrome, drinking and violence, date rape, drinking and vandalism, and school alcohol policies. Students also research community issues around alcohol use and become involved in local events to support community awareness of the problem of underage drinking. Class Action can be used as a booster session for the Project Northland series or as a stand-alone program.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Law Enforcement Assistance Funds in Denver.

Program Expenditures

The table presents the FY 2015-16 contract award to Denver Health as reported by the Office of Behavioral Health.

Denver Health FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$50,053	-	-	\$50,053	-	-

Research

Please search for the term “Class Action” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

InShape© Prevention Plus Wellness

Program Description

InShape© Prevention Plus Wellness is based on the Behavior-Image Model (BIM) which states that positive social images and future self-images can be used to link and simultaneously motivate multiple different health risk habits of college students. InShape© emphasizes the positive image benefits of setting goals to increase physical activity and exercise, healthy eating, sleep, and stress management, while avoiding alcohol, cigarette and illicit drug use to achieve and maintain a fit and active lifestyle. The main program components include a self-administered behavior image survey, a brief talk about fitness and health with a designated Fitness Specialist, and a set of fitness recommendations and goal plan to improve fitness behaviors and future image.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Denver.

Program Expenditures

The table presents the FY 2015-16 contract award to Young People in Recovery as reported by the Office of Behavioral Health.

Young People in Recovery FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$72,513	-	-	-	-	\$72,513

Research

Please search for the term “InShape©” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

Media Ready

Program Description

Media Ready is a media literacy education and substance use prevention program for middle school students grades 6-8. The goal of the program is to prevent or delay the onset of underage alcohol and tobacco use by increasing students' critical thinking skills about media messages, particularly those related to alcohol and tobacco products, and to encourage healthy beliefs and attitudes about abstaining from substance use.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds through the Piñon Project. The program was also identified by the Office of Children Youth and Families in the Department of Human Services as being supported by Tony Grampsas Youth Services, available through Onward! A Legacy Foundation, serving Dolores County, Montezuma County, and Ute Mountain Ute Reservation.

Program Expenditure

The table presents the FY 2015-16 contract award to The Piñon Project as reported by the Office of Behavioral Health and the Tony Grampsas Youth Services grant award to Onward! A Legacy Foundation.

Media Ready Providers' FY 2015-16 Award Amounts						
Contractor/Grantee	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
The Piñon Project (OBH)	\$99,056	-	-	-	-	\$99,056
Onward! A Legacy Foundation (TGYS)	\$43,666	\$8,587	-	\$35,079	-	-
Total	\$142,722	\$8,587	-	\$35,079	-	\$99,056

Research

Please search for the term "Media Ready" in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

Prime for Life®

Program Description

Prime for Life® is a motivational intervention used in group settings to prevent alcohol and drug problems. The program can also be used as an early intervention. Prime for Life® has been used primarily among court-referred impaired driving offenders. It also has been adapted for use with military personnel, college students, middle and high school students, and parents. Different versions of the program, ranging from 4.5 to 20 hours in duration, and optional activities, are available to impact various populations.

Based on the Lifestyle Risk Reduction Model, the Transtheoretical Model, and Persuasion Theory, Prime for Life® emphasizes changing participants' perceptions of the risks of drug and alcohol use and related attitudes and beliefs. Instructors use empathy and collaboration (methods consistent with motivational interviewing) to increase participants' motivation to change behaviors and protect what they value most in life. Participants are guided in self-assessing their dependence or addiction. Prime for Life® also assists participants in developing a detailed plan for successfully following through with behavior change.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health as being supported by Substance Abuse Block Grant Funds in Denver.

Program Expenditures

The table presents the FY 2015-16 contract award to Mile High Council as reported by the Office of Behavioral Health.

Mile High Council FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$72,732	-	-	-	-	\$72,732

Research

Please search for the term “Prime for Life®” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

SPORT© Prevention Plus Wellness

Program Description:

SPORT© Prevention Plus Wellness is a health promotion program for high school adolescents to improve their physical fitness, nutrition and sleep habits, and avoid alcohol, tobacco and drug use. SPORT© Prevention Plus Wellness content highlights the positive image benefits of an active lifestyle by showing youth as active and fit, and emphasizes substance abuse as counterproductive to achieving positive image and behavior goals. The program consists of an in-person health behavior screen, a one-to-one consultation with the teens, a take-home fitness prescription targeting adolescent health promoting behaviors and alcohol use along with its risk and protective factors, and a flyer reinforcing key content of the consultation mailed to the home. The brief seven-item Health and Fitness Screen provides tailored feedback on six health behavior related areas, and is administered to participants individually during regularly scheduled school hours just prior to implementing the fitness consultation.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Archuleta County.

Program Expenditure

The table presents the FY 2015-16 contract award to Archuleta School District as reported by the Office of Behavioral Health.

Archuleta School District FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-	-	-	\$100,000

Research

Please search for the term “Sport Prevention” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Prevention Findings — February 2017
Substance Use Prevention Promising Practices

TIPS® Training

Program Description

TIPS® (Training for Intervention ProcedureS) is training designed to help college students make safe and sound decisions regarding their own high-risk drinking behavior (e.g., underage drinking, drinking to intoxication, drunk driving, etc.) and to enable them to intervene to prevent this high-risk behavior among their peers and friends. Because these students may be in the best position to understand peer culture related to college drinking, they are encouraged to act as change agents for their peers, both on and off campus. TIPS® also has trainings for servers and sellers of alcohol.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds, Persistent Drunk Driver Grant Funds, and Law Enforcement Assistance Funds in Costilla County, Garfield County, and Gunnison County.

Program Expenditures

The table presents the FY 2015-16 contract awards to Community Health Initiatives, Costilla County, and Gunnison Hinsdale Youth Services as reported by the Office of Behavioral Health.

TIPS® Training Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Community Health Initiatives	\$136,499	-	-	\$136,499	-	-
Costilla County	\$100,000	-	-	-	-	\$100,000
Gunnison Hinsdale Youth Services	\$100,000	-	-	-	-	\$100,000
Total	\$336,499	-	-	\$136,499	-	\$200,000

Research

Please search for the term “Training for Intervention” in the Results First Clearinghouse Database, accessible at <http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>, to view research on this program.

Section 3: Needs Additional Research

Needs Additional Research programs or practices are those that have no research completed on them, and may not have a theory of change. Theory-based programs or practices have been tested using less rigorous research designs that do not meet the evidence-based or promising standards. These programs and practices typically have a well-constructed logic model or theory of change, but they have not been evaluated to demonstrate cause and effect.

For additional information on the programs included in this section, please contact a member of Colorado Results First.²³

²³ The Colorado Results First team can be contacted by visiting the Colorado Results First website at the following link: <https://sites.google.com/state.co.us/rfpfs/team-memberscontact-us>.

Table: Needs Additional Research Programs

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Needs Additional Research Programs (*Continued*)

Program Name	Page #	Department/Organization
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Needs Additional Research General Prevention Programs

Ability Connection Colorado's Power Start Initiative

Program Description

Ability Connection Colorado's Power Start Initiative promotes social-emotional learning through interactive parent-child reading strategies. As an expansion of Creative Options' Language and Literacy Program, this initiative implements a standards based Learning and Teaching Plan for parents, which integrates objectives from the Creative Curriculum System²⁴ for specific teaching of early language and literacy skills, English as a Second Language cross-language strategies and social-emotional development into daily work with children and parents. Expected outcomes are that parents will provide continuous emergent literacy and social emotional support, so children experience long term school readiness.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in Department of Human Services identified the program as being supported by Tony Gramscas Youth Services. The program is available through Ability Connection Colorado, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Gramscas Youth Services grant award to Ability Connection Colorado.

Ability Connection Colorado FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$55,770	-	-	\$55,770	-	-

²⁴The Creative Curriculum for Preschoolers is included in the Pew Clearinghouse database, identified through the What Works Clearinghouse, but is demonstrated to have no discernible effects.

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Access After School's SecondShift

Program Description

Access After School's SecondShift program offers afterschool enrichment and academic classes for students in grades 5-8 that are focused on: exposure to the arts; health and safety; outdoor experiences; homework assistance; and a variety of other life skills. Core academic concepts are woven throughout the classes. Access Roaring Fork's yearlong program provides intensive academic assistance for middle school students who are at a high-risk of failing to meet required reading and math proficiency levels to move on to high school. Access' coaches provide one-to-one tutoring to help develop the academic and social skills the students need to enter and be successful in high school.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Access After School, serving Eagle County, Garfield County, and Pitkin County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Access After School.

Access After School FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$66,104	\$13,000	-	\$53,104	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Alive at 25

Program Description

Alive at 25 is a 4 and a half hour driver's awareness course designed by the National Safety Council for young drivers ages 15 to 24 which includes defensive driving, decision making, and responsibility taking.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Persistent Drunk Driver Grant Funds in Grand County, Moffat County, and Routt County.

Program Expenditures

The table presents the FY 2015-16 contact awards to Grand Futures and Steamboat as reported by the Office of Behavioral Health. These contractors support additional programming and the awards are not specific to implementing Alive at 25.

Alive at 25 Providers' FY 2015-16 Award Amounts						
Contractor	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
Grand Futures	\$93,920	-	-	-	-	\$93,920
Steamboat	\$40,708	-	-	\$40,708	-	-
Total	\$134,628	-	-	\$40,708	-	\$93,920

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

America SCORES Denver

Program Description

America SCORES Denver provides elementary school students in west Denver's low-income communities with afterschool athletic and academic activities. America SCORES Denver provides programming in Denver Public Schools elementary schools, employs teachers as writing and soccer coaches, and coaches student-athletes afterschool.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. Programming is available through America SCORES, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to America SCORES Denver.

America SCORES Denver FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$64,079	\$12,602	-	\$51,477	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Assets for a Healthy Adolescence

Program Description

Rocky Mountain Youth Corps programs provide a 24/7 job training experience where youth complete priority service projects for public benefit while gaining positive life skills, self-efficacy, healthy lifestyles, and job and career success. The Assets for a Healthy Adolescence program instills long-term behavioral and positive lifestyle changes in youth participants through a three-tiered experiential program model that is incorporated into the corps model. The program aims to reduce crime and violence in youth, and impact healthy and productive transitions from adolescence to adulthood.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Rocky Mountain Youth Corps, serving Clear Creek County, Eagle County, Garfield County, Gilpin County, Grand County, Jackson County, Lake County, Moffat County, Pitkin County, Rio Blanco County, Routt County, and Summit County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Rocky Mountain Youth Corps.

Rocky Mountain Youth Corps FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$67,062	\$13,188	-	\$53,874	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Aurora Community Connection

Program Description

Aurora Community Connection provides services for low-income, second language learners, primarily Latinos. Most participants are challenged by poverty as well as language barriers. A primary component of the program is a year-round academic tutoring program for elementary school children. At-risk youth from the community, who are low-income and 1st or 2nd generation immigrants, will tutor the children, as part of their participation in Aurora Community Connection's Service Learning program. Workshops, meetings and social events are offered for youth once per month. The program includes a parent education component including training for parents related to supporting academic achievement, high school graduation, college readiness, and prevention of drug and alcohol use. Parents attend English classes throughout the year incorporating specific skills and knowledge related to supporting children's education.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampasas Youth Services. Programming is available through Aurora Community Connection, serving Adams County and Arapahoe County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampasas Youth Services grant award to Aurora Community Connection.

Aurora Community Connection FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$95,311	\$17,033	-	\$78,278	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Career Discovery

Program Description

Participants in Career Discovery meet monthly for career discovery and planning discussions, take training programs related to specific job skills development, apply for relevant education programs, pursue jobs of choice, and create education and career plans supported by their peers. Career Discovery also educates youth on marijuana laws and the impact of substance use on successful employment. With skilled Job Developers, Career Counselors, and hundreds of employer partners, the program is committed to helping interested refugee youth obtain employment within three months of beginning career exploration.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the African Community Center of Denver, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the African Community Center.

African Community Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$255,616	\$50,269	-	\$205,347	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Child and Family Advocacy Program

Program Description

The Child and Family Advocacy Program focuses on prevention education to third grade students, their parents and caregivers, and teachers in elementary schools in the Boulder Valley School District and St. Vrain Valley School District. The goal is to empower children to have control over their bodies and employ strategies to keep themselves safe. Parents learn how to talk to their children about their bodies, identify behavior that might indicate abuse, and employ strategies to keep their children safe. Teachers will learn how to identify and report child abuse and work with kids in their classrooms who have been abused.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Blue Sky Bridge, serving Boulder County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Blue Sky Bridge.

Blue Sky Bridge FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$20,000	-	-	\$20,000	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

cityWILD

Program Description

cityWILD provides tuition-free, comprehensive experiential education programs for youth 11-18 years old from areas considered “high-risk” (due to the low academic achievement, economic deprivation, and availability and experimentation with drugs/alcohol evident there). Using the outdoors as a classroom, cityWILD addresses community risk factors associated with youth crime, violence, and other delinquent behaviors to meet its organizational goals of helping students to: 1) develop leadership, social skills, and self-concept, 2) promote environmental awareness and a community ethic through service learning, 3) increase academic achievement, and 4) decrease and/or prevent their usage of alcohol, drugs, and tobacco.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through cityWILD, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to cityWILD.

cityWILD FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$58,236	\$11,453	-	\$46,783	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Collaborative for Advancing Relationship Education in Schools (CARES) Project

Program Description

The Collaborative for Advancing Relationship Education in Schools (CARES) Project aims to increase awareness and use of skills in the areas of managing and communicating emotions, understanding and practicing positive decision making, challenging gender-role stereotypes, raising awareness about resources, promoting services for victims and perpetrators of teen dating violence, improving teens' peer-to-peer support skills, and practicing healthy communication and relationship skills.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through The Conflict Center, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to The Conflict Center.

The Conflict Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$132,027	\$25,964	-	\$106,063	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Colorado UpLift's After School and Adventure

Program Description

Colorado UpLift implements two out-of-school prevention programs for urban, at-risk youth ages 9-21. These two programs are called simply After School and Adventure. The After School program offers targeted mentoring, leadership development, and service learning led by full-time mentors with similar backgrounds as the youth served. The Adventure program builds resiliency using an outdoor classroom to engage youth in healthy activities that keep them away from other risky behaviors. Youth are enrolled in these two programs – which work in tandem - through their participation in Colorado UpLift. Together, the Adventure and After School programs deliver year-round, wraparound services and activities that are relational in nature and proven to help youth at risk of violent and criminal behaviors demonstrate leadership, develop positive character traits, and make constructive decisions towards becoming healthy, productive contributors in the community.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Colorado UpLift, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Colorado UpLift.

Colorado UpLift FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$132,738	\$26,104	-	\$106,634	-	-

Prevention Findings – February 2017
Needs Additional Research General Prevention Programs

Community of Many Providing After School Success (COMPASS)

Program Description

Community of Many Providing After School Success (COMPASS) serves middle school students with enrichment activities (such as music, sports, cooking), environmental education, arts programming, technology skill building, and academic support during the afterschool hours and summer break. The afterschool activities keep youth safe during the high crime hours of 3PM-6PM and help students develop problem solving, conflict resolution, creativity, responsibility, technology literacy and academic proficiency so they stay in school and avoid high-risk behaviors.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the City of Aurora Office of Youth Development, serving Adams County and Arapahoe County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to The City of Aurora Office of Youth Development.

The City of Aurora Office of Youth Development FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$218,461	\$42,962	-	\$175,499	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Crisis Intervention Services

Program Description

The Crisis Intervention Program provides a multi-faceted approach to meeting the needs of a broad target population. Using a case-management model, the program provides a 24-hour hotline, assessment and referral, individual and family advocacy, life skills curricula, substance use education and intervention, and alternatives to suspensions and expulsions.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Turning Point Center for Youth and Family Development Inc., serving Larimer County and Weld County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Turning Point Center for Youth and Family Development, Inc.

Turning Point Center for Youth and Family Development, Inc.					
FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$246,429	\$48,270	-	\$198,159	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Daily Advocacy

Program Description

Daily Advocacy classes, a critical component of the Generation Schools Network educational model, are designed to foster students' social and emotional growth as well as their academic success. Through Daily Advocacy, teacher mentors called "Advocates" help students cultivate protective factors that empower them to create happy, healthy, and successful futures and avoid violence, substance abuse, and crime.

Where Program is Offered in Colorado

The program was identified by the Office of Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampsas Youth Services. The program is available through Generation Schools Network, serving Arapahoe County and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Generations Schools Network.

Generations Schools Network FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$52,884	\$9,186	-	\$43,698	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Educational Intervention Program

Program Description

The Educational Intervention Program helps high school students move to the next grade, on-time, by credit. Services include case management, school resource assessment, and one-to-one tutoring.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Colorado Youth for a Change, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Colorado Youth for a Change.

Colorado Youth for a Change FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$105,767	\$20,800	-	\$84,967	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

El Joven Nobel

Program Description

El Joven Nobel is a comprehensive, indigenous-based, youth leadership development program that supports and guides young men through their manhood “rites of passage” process while focusing on the prevention of substance use, teen pregnancy, relationship violence, gang violence, and school failure.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department Human Services as being supported by Substance Abuse Block Grant Funds in Denver.

Program Expenditures

The table presents the FY 2015-16 contract award to Metro Denver Partners as reported by the Office of Behavioral Health.

Metro Denver Partners FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-		-	\$100,000

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Empowering Youth, Strengthening Families, and Building Community

Program Description

Empowering Youth, Strengthening Families and Building Community Programs serve low-income male and female youth, ages 14-21, and families with children ages 0-18. The Empowering Youth Program empowers at-risk youth to take control of their lives, decrease risk taking behaviors, shape positive futures for themselves and become healthy, self-sufficient adults. The Strengthening Families Program reduces the number of families entering the child welfare system and provides the necessary services for those already involved to regain custody of their children. The Building Community Program provides early prevention services for families, and reduces poverty and child abuse and neglect. All programs include transition facilitation (case management), one-to-one mentoring/family coaching, experiential education/activities, leadership development, social activities, afterschool academic and non-academic activities, early childhood activities and parenting classes.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through The Matthews House, serving Larimer County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Matthews House.

Matthews House FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$140,033	\$23,089	-	\$116,944	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

EmpowerMENT Program

Program Description

The EmpowerMENT program provides high contact/high exposure trainings to middle school male students and helps them to create bullying prevention programs for elementary schools and mentor younger students.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. The program is available through the Bright Futures Foundation, serving Eagle County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to the Bright Futures Foundation.

Bright Futures Foundation FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$121,259	\$12,874	-	\$108,385	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

**Environmental Learning for Kids’ Denver Youth Naturally (DYN)
and Youth in Natural Resources (YNR)**

Program Description

The Environmental Learning for Kids’ Denver Youth Naturally (DYN) program is a year-round, multi- year learning experience for youth ages 9-13 that immerses students in science education and leadership development. Environmental Learning for Kids’ Youth in Natural Resources (YNR) program, prepares youth ages 14-25 to graduate high school and enter college and the workplace by using a combination of environmental education, career development, mentorship, and leadership training. Youth in Natural Resources provides hand-tailored college campus visits, helps to facilitate summer employment for youth through graduation, and assists with the college and financial aid application process.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Environmental Learning for Kids, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Environmental Learning for Kids.

Environmental Learning for Kids FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$79,325	\$15,600	-	\$63,725	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Family Engagement and Empowerment Project

Program Description

Catholic Charities of the Diocese of Pueblo partners with Children First and Spanish Peaks Outreach Clinic to continue and extend the Family Education and Empowerment Project, serving vulnerable families with children ages 0-8 years that live at or below poverty level to reduce or prevent child abuse. Program strategy is based on the premise that prevention is a proactive process and must begin in the earliest stages of life to have a positive outcome. Services are provided through home visitation, parenting classes, play groups, parent meetings, childcare settings and community meetings and presentations.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Catholic Charities of the Diocese of Pueblo, serving Crowley County, Huerfano County, Las Animas County, and Pueblo County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Catholic Charities of the Diocese of Pueblo.

Catholic Charities of the Diocese of Pueblo FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$185,060	\$36,412	-	\$148,648	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Family, Friend, and Neighbor Providers Advancing School Outcomes (PASO)

Program Description

Family, Friend, and Neighbor Providers Advancing School Outcomes (PASO) addresses the school readiness deficiency for Hispanic children by training home-based, unlicensed child care providers in early childhood care and education principles and practices. During this 18-month program, Latina, Spanish-only speaking child care providers who care for the children of their family, friends, and neighbors complete 120 hours of training that follows the Child Development Associate curriculum, covering topics including child development principles (cognitive, language/literacy, social-emotional, physical/motor), school readiness, first aid, child safety, nutrition, learning environment, and other aspects of delivering a high-quality early care and education experience. Trainings are supplemented by bi-monthly in home visits by program staff, community-building events, and other professional development opportunities.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the United Way of Weld County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to United Way of Weld County.

United Way of Weld County FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$99,875	-	-	\$99,875	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Families OverComing Under Stress (FOCUS)

Program Description

Families OverComing Under Stress (FOCUS) provides resiliency training to military children and their families. It teaches practical skills to help families overcome common challenges related to a parent's military services, to communicate and solve problems effectively, and to successfully set goals together and create a shared family story.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department Human Services as being supported by Substance Abuse Block Grant Funds in Pitkin County.

Program Expenditures

The table presents the FY 2015-16 contract award to Community Health Initiatives as reported by the Office of Behavioral Health.

Community Health Initiatives FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-	-	-	\$100,000

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Florence Crittenton Services

Program Description

Florence Crittenton Services provides a multi-generational strategy that positively impacts youth attitudes towards and/or use of alcohol, tobacco, and other drugs, including marijuana, through two core programs: (1) Florence Crittenton High School and (2) Student and Family Support Program. The academic setting provides a unique opportunity for students at the highest risk of dropout to remain on track academically. The Theory of Change states that strength-based, comprehensive, and holistic approaches are most effective for creating positive change with vulnerable youth. Hence, academics and wraparound are core programs for youth success.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Florence Crittenton Services, serving Adams County, Arapahoe County, Denver County, and Jefferson County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Florence Crittenton Services.

Florence Crittenton Services FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$153,759	\$30,238	-	\$123,521	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Gang Rescue and Support Project (GRASP)

Program Description

Gang Rescue and Support Project (GRASP) provides gang-involved youth intervention services including: peer support/intervention group meetings; individual case management services; tattoo removal; access to pro-social recreational, community service and cultural activities; gang-related trainings for staff from other agencies and nonprofits; community outreach/education; and gang-related crisis intervention services.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through The Denver Youth Program, serving Adams County, Arapahoe County, Denver County, Jefferson County, and Weld County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Denver Youth Program.

Denver Youth Program FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$106,934	\$12,480	-	\$94,454	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Goodwill Industries Youth Career Development Programs

Program Description

Goodwill Industries of Denver's Youth Career Development Programs aim to decrease youth crime and violence by increasing students' connection to school. Goodwill Youth Programs connect approximately 3,400 students to their school and community, aiming to increase graduation rates and preparing at-risk youth for self-sufficiency through a classroom-based career and life skills curriculum, mentoring, and individualized case management.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Goodwill Industries, serving 13 Denver metro area and Northern Colorado high schools.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Goodwill Industries.

Goodwill Industries FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$79,325	\$15,600	-	\$63,725	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Green Team

Program Description

Green Team is a positive youth development program built on the platform of youth employment. The program, which is focused in Denver's lowest-income neighborhoods, includes a service learning program (12-13 year olds), a teen leadership program (14-17 year olds), and a career path program (18-22 year olds). The services provided include both hard and soft job skills training, nutrition and exercise education, leadership training, financial literacy training, and career and post-secondary education exploration and support, all in a positive youth development framework. The expected long-term outcomes include youth who are engaged citizens; youth who are prepared for educational and career success; youth who are ambassadors for healthy eating and active living; and youth who understand and take action to address issues in their communities, all of which build the protective factors to prevent youth crime and violence.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Groundwork Denver, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Groundwork Denver.

Groundwork Denver FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$38,520	\$7,587	-	\$30,933	-	-

Prevention Findings – February 2017
Needs Additional Research General Prevention Programs

International CITY

Program Description

International CITY is an after-school program that has goals of helping refugee youth connect with their peers, develop confidence, improve academic success, and overcome challenges faced as they enter the U.S. in order to lead healthy lives in their new community. The program integrates male and female specific programming, tutoring support, enrichment activities (physical activities, music creation, and meditation), bullying and violence prevention, and field trips. International CITY engages youth in developing healthy habits and lifestyle choices through healthy enrichment activities and will introduce curriculum related to the prevention of substance use.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available the African Community Center of Denver, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the African Community Center of Denver.

African Community Center of Denver FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$255,616	\$50,269	-	\$205,347	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

It's All About Being a Teen

Program Description

It's All About Being a Teen is a 99 lesson, competency based curriculum, to address the needs and complexities of adolescence.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Chaffee County Human Services, The Youth at Crossroads, serving Chaffee County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Chaffee County Department of Human Services.

Chaffee County Department of Human Services FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$114,638	\$17,482	-	\$97,156	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Latina Achievement Support (LAS)

Program Description

The Latina Achievement Support (LAS) program provides positive youth development through dropout intervention services to Latina girls in grades 9-12. The program aims to improve school performance, increase adult bonding, increase self-esteem and self-efficacy, and increase life skills through academic tutoring, adult and peer mentoring, community service, technical education, test preparation, career exploration and preparation, field trips, retreats and leadership training opportunities.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the YMCA of Boulder County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the YMCA of Boulder County.

Boulder County FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$75,360	\$14,820	-	\$60,540	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Media Smart Youth: Eat, Think, Be Active!

Program Description

Media-Smart Youth: Eat, Think, and Be Active! is an interactive after-school education program for youth ages 11-13 that helps young people understand the complex media world around them and how it can influence their health, especially in regard to nutrition and physical activity.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds, and is available statewide.

Program Expenditures

The table presents the FY 2015-16 contract award to Rise Above as reported by the Office of Behavioral Health.

Rise Above FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$225,000	-	-		-	\$225,000

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Mi Casa's Youth and Family Development Programs

Program Description

Mi Casa's Youth & Family Development Programs provide comprehensive out-of-school time programs to promote protective factors and reduce delinquent behaviors among middle and high school youth. Programs focus on academic enrichment, leadership, technology, career and college exploration, entrepreneurship, arts/culture, recreation and parent and family engagement programs. For the middle school youth most at-risk for substance use, academic failure, and other negative behaviors, Mi Casa offers life skills training and preventative case management services.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the Mi Casa Resource Center, serving Northwest Denver.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Mi Casa Resource Center.

Mi Casa Resource Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$89,902	\$17,680	-	\$72,222	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Mile High Youth Corps' YouthBuild and Land Conservation

Program Description

Mile High Youth Corps' YouthBuild and Land Conservation programs provide youth with job-readiness training and life skills classes to ensure young adults gain meaningful employment and/or pursue higher education upon program completion and earn an AmeriCorps education award that can be used for postsecondary education. The program engages youth in learning construction skills and building homes for low-income families while also engaging in GED courses, life skills classes, and job readiness training.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. Programming is available through Mile High Youth Corps, serving Adams County, Arapahoe County, Broomfield County, Denver County, Douglas County, El Paso County, Fremont County, Gunnison County, Jefferson County, La Plata County, Larimer County, Pueblo County, Teller County, and Weld County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to Mile High Youth Corps.

Mile High Youth Corps FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$52,884	\$10,400	-	\$42,484	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Mountain Resource Center Family Education

Program Description

Mountain Resource Center's Family Education goals are to prevent child abuse, to foster safe, nurturing families where children are healthy and thriving, and to prepare children for starting school ready to learn. Goals are accomplished through early childhood parent/child classes, parenting workshops, a home visitation program that includes developmental and health screenings, emergency assistance and family development self-sufficiency plans, and resources for families that need additional support.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. Programming is available through the Mountain Resource Center, serving Clear Creek County, Jefferson County, and Park County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to the Mountain Resource Center.

Mountain Resource Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$64,357	\$12,656	-	\$51,701	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

National Police Activities League (PAL) Modeled Program

Program Description

The City of Commerce City, Parks and Recreation Department and Police Department provide free and low cost recreational and educational prevention programs for the youth and teens of Commerce City. Through positive adult interaction and teaching personal safety and life skills, these programs reduce crime and violence. Services are provided throughout the city to ensure those with transportation issues have opportunities to participate. Services include structured safety classes, hands on activities, overnight camps, outdoor experiences, and youth- and teen-specific drop in events. This program is structured after the National Police Activities League (PAL) and stresses the importance of positive adult role models and recreation services to reduce youth crime and violence.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services, through The City of Commerce City, Parks and Recreation Department, serving Adams County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to The City of Commerce City.

The City of Commerce City FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$83,584	\$16,457	-	\$67,127	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Natural High

Program Description

Natural High works with youth, parents, educators, and other supporters to teach youth to love life and live their Natural High so they can say “yes to life” and no to an artificial high. Natural High arms youth with crucial life skills to help them thrive. The curriculum is rooted in the Resiliency Model of Prevention, Development Assets Framework, Center for Disease Control, Common Core Standard and the Search Institute research.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department Human Services as being supported by Substance Abuse Block Grant Funds in Boulder County.

Program Expenditures

The table presents the FY 2015-16 contract award to I Have a Dream as reported by the Office of Behavioral Health.

I Have a Dream FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-		-	\$100,000

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

On TRAC! (Training for Refugees Accessing College)

Program Description

On TRAC! (Training for Refugees Accessing College) focuses on refugee youth financial, career, and educational planning, leadership and character development, and service learning. Activities include trips to universities, parent support, service learning placements, and program collaboration with area youth leadership programs. The On TRAC! curriculum focuses on making healthy choices today for a successful tomorrow and specifically addresses the impact of alcohol, tobacco, and marijuana use on the students' futures.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through the African Community Center of Denver, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the African Community Center of Denver.

African Community Center of Denver FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$255,616	\$50,269	-	\$205,347	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Peers Building Justice

Program Description

The Peers Building Justice Program is a collaborative youth leadership development and violence prevention project. The program integrates a Positive Youth Development approach to engaging youth in activities that promote protective factors and reduce risk factors related to teen dating violence.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through the Safehouse Progressive Alliance for Nonviolence, Inc., serving Boulder County and Broomfield County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Safehouse Progressive Alliance for Nonviolence, Inc.

Safehouse Progressive Alliance for Nonviolence, Inc. FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$83,582	\$16,437	-	\$67,145	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Phoenix Rising

Program Description

The Phoenix Rising poetry and spoken word program creates supportive opportunities for youth in underserved, vulnerable neighborhoods throughout Colorado to move past their limitations and discover hope, humanity and self-determination through the power of language.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. The program is available at Art from Ashes, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to Art from Ashes.

Art from Ashes FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$27,324	\$5,373	-	\$21,951	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Photo Voice

Program Description

Photo voice is a program that supports cameras in the hands of community people so that they may visually represent and communicate to others their lived experiences in order to elicit emotions, feelings, and insights about topics that may be shrouded in silence.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Substance Abuse Block Grant Funds in Denver.

Program Expenditures

The table presents FY 2015-16 contract award to Denver Health as reported by the Office of Behavioral Health.

Denver Health FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$50,053	-	-	\$50,053	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Play and Learn

Program Description

The Play and Learn program assists low-income families, mostly Latino immigrant parents of children 3 years old and younger, as well as caregivers in a parenting role, to understand child development and take an active role in supporting their children's learning.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Clayton Early Learning, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Clayton Early Learning.

Clayton Early Learning FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$105,480	\$20,744	-	\$84,736	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Playworks and the Junior Coach Leadership Program

Program Description

The Playworks program aims to decrease bullying and violence in schools. Playworks places a well-trained adult coach in one school to run the program each day for the entire school year. The Junior Coach Leadership program trains youth to become youth leaders.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Playworks Education Energized, serving Adams County, Arapahoe County, and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Playworks Education Energized.

Playworks Education Energized FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$211,534	\$41,600	-	\$169,934	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Pyramid Plus Model

Program Description

The Pyramid Plus model provides training to infant and toddler teachers and parents on the social and emotional development of children. Pyramid Plus is integrated with the SpecialQuest Birth-Five approach to early childhood inclusion of children with or at risk for disabilities.

Where Program is Offered in Colorado

The program was identified by the Office of Children, Youth, and Families in the Department of Human Services as being supported by Tony Grampas Youth Services. The program is available through Mile High Montessori Early Learning Centers, serving Adams County, Arapahoe County, Denver County, and Jefferson County.

Program Expenditures

The table presents the Tony Grampas Youth Services grant award to Mile High Montessori Early Learning Centers.

Mile High Montessori Early Learning Centers FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$25,000	-	-	\$25,000	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Safe from the Start

Program Description

Safe from the Start is a bilingual, bicultural school-based program designed to prevent child abuse and neglect and promote school readiness. The program educates parents, teachers, and children; equipping parents and teachers with the knowledge and resources to nurture and protect children in their care, while also providing children with basic self-protective skills.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Denver Children's Advocacy Center, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Denver Children's Advocacy Center.

Denver Children's Advocacy Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$80,303	\$15,792	-	\$64,511	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Scholars Unlimited

Program Description

Scholars Unlimited provides comprehensive summer and after-school learning programs to assist at-risk young learners attending elementary schools located within disadvantaged neighborhoods. Scholars Unlimited provides rigorous literacy instruction, tailored to meet the individual needs of each child, a variety of enrichment activities, and recreational programs to give students a well-rounded out-of-school time experience that is educational, engaging, and effective.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Scholars Unlimited, serving Montrose County and San Miguel County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Scholars Unlimited.

Scholars Unlimited FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$137,694	\$27,079	-	\$110,615	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

STARS Peer Mentoring

Program Description

STARS Peer Mentoring is a model that engages teen mentors in leadership, positive youth development, and relationship building. Teen mentors receive training and support from Friends First program coordinators and then serve as mentors to younger teens that are at risk of engaging in high-risk and anti-social behaviors, such as tobacco, alcohol, and substance use, as well as truancy, bullying and violence.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Friends First, Inc., serving Boulder County and Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Friends First, Inc.

Friends First, Inc. FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$158,651	\$31,200	-	\$127,451	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Su Teatro Cultural and Performing Arts Theater Program

Program Description

Su Teatro Cultural and Performing Arts Center provides a culturally relevant out-of-school theater program for Latino youth. The program aims to increase self-esteem and self-efficacy, improve school performance, and increase positive relationships. The program involves 8 hours per week of theatrical training, traditional academic assessments, and public performances.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Su Teatro Performing Arts Center, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Su Teatro Cultural and Performing Arts Center.

Su Teatro Cultural and Performing Arts Center FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$40,985	\$8,060	-	\$32,925	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

The Bridge Project's Building a Path for Success

Program Description

The Bridge Project's Building a Path for Success program allows high school students to reach their potential and leave high school prepared for post-secondary opportunities or employment. The program engages families and volunteers and provides the resources to build a foundation of support for students in Denver's public housing neighborhoods.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Colorado Seminary at the University of Denver, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to the Colorado Seminary at the University of Denver.

Colorado Seminary at the University of Denver FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$80,322	\$15,796	-	\$64,526	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

The Center for Family Outreach

Program Description

The Center for Family Outreach aims to decrease juvenile delinquency and violence by reducing youth involvement with alcohol, tobacco and drugs. The Center provides four levels of programming; three for DA-referred youth and their parents, and one for self-enrolled youth and their parents. While enrolled at The Center, youth are expected to remain sober, drug free and law abiding, improve school performance, strengthen family dynamics, improve life skills, serve the community, and decrease bullying. Parents are expected to increase positive parenting skills and practices and to strengthen family dynamics.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available The Center for Family Outreach, serving Larimer County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to The Center for Family Outreach.

The Center for Family Outreach FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$54,312	-	-	\$54,312	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

The Check Your Head Program

Program Description

The Check Your Head Program uses the arts associated with hip hop (poetry, dancing, spoken word, and singing) to build protective factors against suicide and other violence-related issues via creative self-expression and relationship building in a safe environment. Check Your Head is an in-school enrichment course for 6 weeks at partner organizations that serve at-risk youth. Additionally, Check Your Head provides trainings to organization personnel and primary caregivers to give them tools to work with youth.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available through Mental Health America of Colorado, serving Denver County and Pueblo County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Mental Health America of Colorado.

Mental Health America of Colorado FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$53,898	\$10,599	-	\$43,299	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

The Choice Pass Program

Program Description

The Choice Pass Program engages and educates youth in grades 6-12 in positive youth development activities. Upon completion of an initial drug screen and a pledge to remain alcohol and drug free, participants are enrolled in Choice Pass. Choice Pass community events and multiple community incentives support students in upholding their pledge and creates positive culture.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. The program is available in Gunnison County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Gunnison County Substance Abuse Prevention Project.

Gunnison County Substance Abuse Prevention Project FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$52,864	\$10,396	-	\$42,468	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

The Great Body Shop

Program Description

The Great Body Shop is a comprehensive health, substance use, and violence prevention education program for youth in grades K-6.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department Human Services as being supported by Substance Abuse Block Grant Funds in Archuleta County.

Program Expenditures

The table presents the FY 2015-16 contract award to Archuleta School District as reported by the Office of Behavioral Health.

Archuleta School District FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-	-	-	\$100,000

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Whiz Kids

Program Description

Whiz Kids serves students ages 7-14 who receive Free and/or Reduced Lunch and who have been identified by their classroom teachers as needing literacy support. Whiz Kids operates 52 tutoring sites in urban churches and schools located near students' homes. Whiz Kids offers tutoring sessions one hour per week for 25 weeks, two all-day enrichment events that bring youth, families, and tutors together to promote literacy and positive youth development, and a weekend camp for middle school students in the spring. The curriculum focuses on improving students' core literacy skills through reading and math activities and homework.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Whiz Kids Tutoring, serving Adams County, Arapahoe County, Boulder County, Broomfield County, Denver County, Douglas County, Jefferson County, and Montrose County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Whiz Kids Tutoring.

Whiz Kids Tutoring FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$61,234	\$12,042	-	\$49,192	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Wiggins' Afterschool Program

Program Description

Wiggins School District provides an afterschool program for youth in grades K-5. The program provides tutoring accessibility (with an intentional math enrichment component) and activity based programs which are both fun and educational. The target population are those students who score below proficient on district assessment, are at risk for dropping out of school, have negative contact with law enforcement and English Language Learners.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampas Youth Services. Programming is available through Wiggins School District RE 50J, serving Adams County, Morgan County, and Weld County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampas Youth Services grant award to Wiggins School District RE 50J.

Wiggins School District RE 50J FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$39,562	-	-	\$39,562	-	-

Prevention Findings – February 2017
Needs Additional Research General Prevention Programs

YESS Institute

Program Description

The YESS Institute supports dropout prevention and peer mentoring. Program goals include: increasing the school connectedness of students at-risk for dropping out of school; improving the academic performance of mentees; enhancing the social emotional skills of mentees; and enhancing the leadership skills of mentors. Program activities include: extensive and ongoing training and supervision of mentors; matching of mentors/mentees based on a shared cultural zip code; weekly academic tutoring sessions; weekly academic skill building trainings; weekly peer mentoring sessions; weekly check-ins with mentees and their parents to report progress. *This program reports that they are conducting a rigorous quasi-experimental, cross-site evaluation.*

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through the YESS Institute, serving Denver County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to YESS Institute.

YESS Institute FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$84,614	\$16,640	-	\$67,974	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

YMCA of Boulder Valley Middle School Program

Program Description

YMCA of Boulder Valley's Middle School Program decreases engagement in risk behaviors of youth aged 11-14 by providing educational and recreational before and after-school activities and social and emotional support. All programs are strength-based and grounded in the Search Institutes 40 Developmental Assets with activities that foster leadership, social responsibility, self-confidence, resiliency, character, and building the “soft” skills needed to succeed as adults. Specific activities include leadership development, social skills, homework help, performing and visual arts, team sports, cycling and skateboarding. Through this program, youth will become healthy, successful in school, and have the skills necessary for self-sufficiency and success as an adult.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human Services identified the program as being supported by Tony Grampsas Youth Services, available at YMCA of Boulder Valley, Serving Boulder County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to YMCA of Boulder Valley.

YMCA of Boulder Valley FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$70,900	\$13,943	-	\$56,957	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Youth Adult Partnership

Program Description

The Youth Adult Partnership training matches youth with community agency boards and councils who are interested in having youth voice on their leadership team.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Onward! A Legacy Foundation, serving Dolores County, Montezuma County, and Ute Mountain Ute Reservation.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Onward! A Legacy Foundation.

Onward! A Legacy Foundation FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$43,666	\$8,587	-	\$35,079	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Youth Leadership Council

Program Description

The Youth Leadership Council program is a high school youth-directed afterschool program that advocates for change to improve the lives of people in the community. As a team, students design a plan of action to organize and implement a community service project or event using their leadership skills to impact change in their community.

Where Program is Offered in Colorado

The Office of Children, Youth, and Families in the Department of Human services identified the program as being supported by Tony Grampsas Youth Services. Programming is available through Onward! A Legacy Foundation, serving Dolores County, Montezuma County, and Ute Mountain Ute Reservation.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Onward! A Legacy Foundation.

Onward! A Legacy Foundation FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$43,666	\$8,587	-	\$35,079	-	-

Prevention Findings — February 2017
Needs Additional Research General Prevention Programs

Xinachtli

Program Description

Xinachtli is a comprehensive, indigenous-based, youth leadership development program that supports and guides young women through their female “rites of passage” process while focusing on the prevention of substance use, teen pregnancy, relationship violence, gang violence, and school failure.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department Human Services as being supported by Substance Abuse Block Grant Funds in Denver.

Program Expenditures

The table presents the FY 2015-16 contract award to Metro Denver Partners as reported by the Office of Behavioral Health.

Metro Denver Partners FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$100,000	-	-		-	\$100,000

Needs Additional Research Mental Illness Prevention Programs

Applied Suicide Intervention Skills Training (ASIST) and SafeTALK

Program Description

Applied Suicide Intervention Skills Training (ASIST) is a two-day workshop designed for caregivers and community members and provides professional development and suicide first-aid. The emphasis of suicide first-aid is to keep people safe and encourage at-risk individuals to seek further mental health assistance. Participants are taught how to identify a person with thoughts of suicide, how to understand that person's predicament, how to develop a safe plan based on the perceived risk of the person in question, and to provide follow up with professional mental health resources. SafeTALK is a half-day training developed as a shortened version of the Applied Suicide Intervention Skills Training workshop.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures						
Program	Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
ASIST	\$9,509	\$9,509	-	-	-	-
SafeTALK	\$1,700	\$1,700	-	-	-	-
Total	\$11,209	\$11,209	-	-	-	-

Prevention Findings — February 2017
Needs Additional Research Mental Illness Prevention Programs

Assessing and Managing Suicide Risk (AMSR)

Program Description

Assessing and Managing Suicide Risk (AMSR) is a one-day workshop for mental health professionals. The workshop provides participants with materials that will help them better assess suicide risk, plan treatment, and manage the treatment of patients with an ongoing risk of suicide.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$11,315	\$11,315	-	-	-	-

Prevention Findings — February 2017
Needs Additional Research Mental Illness Prevention Programs

Colorado Gun Shop Program

Program Description

The Colorado Gun Shop Project is an education and awareness campaign that focuses on promoting firearm safety and suicide prevention messages among gun shops, firearm advocates, pawn shops, firing ranges, and firearm safety course instructors. The core message is that restricting a suicidal individual's access to firearms is a critical aspect of firearm safety. *This program is currently in pilot stage and undergoing evaluation.*

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$16,434	\$16,434	-	-	-	-

Prevention Findings — February 2017
Needs Additional Research Mental Illness Prevention Programs

Man Therapy

Program Description

Man Therapy (<https://mantherapy.org/>) is a website designed to reach and connect to working-age men, offering a platform that encourages men to take control of their mental health. It aims to break down the stigma among men surrounding suicide and mental health, and encourages them to reach out for professional help. The program is being evaluated by the University of Maryland School of Social Work to test the additive effect of Man Therapy when offered in combination with Screening for Mental Health online screening and referrals, as compared to online screening and referrals only.²⁵

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$23,000	\$23,000	-	-	-	-

²⁵ Additional information about the evaluation can be found at: <https://www.umaryland.edu/news/archived-news/december-2016/newspressreleaseshottopics/studying-suicide-prevention-in-middle-aged-men.php>.

Prevention Findings — February 2017
Needs Additional Research Mental Illness Prevention Programs

The Fire Within

Program Description

The Fire Within is a 30-hour classroom-based program for high school students. The program applies entrepreneurial strategies to suicide prevention. Participants learn facts about teen suicide, research the root causes of suicidal thoughts, explore prevention strategies, and develop a business plan to help prevent suicide within their communities. Participants compete against each other in the design of their business plans, with the competition encouraging the best ideas and results.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$15,000	\$15,000	-	-	-	-

Prevention Findings — February 2017
Needs Additional Research Mental Illness Prevention Programs

Zero Suicide Framework for Health Systems

Program Description

The Zero Suicide Framework is a “commitment to suicide prevention in health and behavioral health care systems.” The program aims to create cultures committed to drastically reducing suicide among people under the care of the healthcare system, include suicide-attempt survivors in planning roles, develop competent and caring workforces, create the capacity to systematically identify suicide risk among patients, engage with individuals and provide them a pathway to treatment, and to provide continuous support for suicidal individuals.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$25,000	\$25,000	-	-	-	-

Needs Additional Research Substance Use Prevention Programs

Community Trials Intervention

Program Description

Community Trials Intervention is an environmental prevention strategy to reduce high-risk drinking. It is a multi-component, community-based program developed to alter alcohol use patterns of people of all ages and related problems.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services and is available in Garfield County and Pitkin County.

Program Expenditure

The table presents the FY 2015-16 contract award to Community Health Initiatives as reported by the Office of Behavioral Health.

Community Health Initiatives FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$136,499	-	-	\$136,499	-	-

Prevention Findings — February 2017
Needs Additional Research Substance Use Prevention Programs

Drug Impairment Training for Education Professionals

Program Description

To help combat student drug use, at least three states -Arizona, Kansas and New York- have independently developed training to address problem drug use in academic environments. In cooperation with the International Association of Chiefs of Police and the National Highway Traffic Safety Association, the strengths from the three programs were combined to form the Drug Impairment Training for Educational Professionals. This training is intended to provide school administrators and nurses with a systematic approach to recognizing and evaluating individuals in the academic environment who are abusing and impaired by drugs, both legal and illegal, in order to provide early recognition and intervention.

Where Program is Offered in Colorado

The program was identified by the Office of Behavioral Health in the Department of Human Services as being supported by Law Enforcement Assistance Funds in Eagle County.

Program Expenditures

The table presents the FY 2015-16 contract award to Eagle River Youth Coalition as reported by the Office of Behavioral Health.

Eagle River Youth Coalition FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$51,000	-	-	\$51,000	-	-

Prevention Findings — February 2017
Needs Additional Research Substance Use Prevention Programs

Second Chance

Program Description

Second Chance is a web-based tobacco education program for middle and high school youth who have violated a tobacco policy at school or a law in the community. It is a free online, interactive, and self-directed program intended to be used as an alternative to suspension. The program may also be helpful for teens that are experimenting with tobacco, but have not violated a tobacco policy. Second Chance is an educational program designed help students think about the role that tobacco plays in their lives and move them towards quitting. Second Chance is not a cessation program.

Where Program is Offered in Colorado

The program was identified by the Department of Public Health and Environment and is available statewide.

Program Expenditures

The table presents FY 2015-16 expenditures by the Department of Public Health and Environment.

Department of Public Health and Environment FY 2015-16 Expenditures					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$280,577	-	-	\$280,577	-	-

Prevention Findings — February 2017
Needs Additional Research Substance Use Prevention Programs

Youth Leadership Society

Program Description

Youth Leadership Societies promote middle school and high school students to be informed on best practices in the prevention of youth substance use, to possess leadership skills for effectively engaging in existing systems, and to affect policies that are related to youth substance use.

Where Program is Offered in Colorado

The program was identified by the Office of Children Youth and Families in the Department of Human Services as being supported by Tony Grampsas Youth Services. The program is available through Team Fort Collins, serving Larimer County.

Program Expenditures

The table presents the FY 2015-16 Tony Grampsas Youth Services grant award to Team Fort Collins.

Team Fort Collins FY 2015-16 Award Amount					
Total Fund	General Fund	General Fund Exempt	Cash Fund	Reappropriated Funds	Federal Funds
\$72,708	-	-	\$72,708	-	-

Grant and Other Funding Information

Several grants in the state exist to support prevention programming. Presented below are the grants/funding sources identified during the Results First inventory process.

The Expelled and At-Risk Student Services (EARSS) Program

Expelled and At-Risk Student Services is authorized by Colorado Revised Statute 22-33-205 to fund competitive grant proposals for which the purposes are to provide education services and support services to expelled students, students at risk of being expelled, or students at risk of being declared, or already are, habitually truant. The program exists to assist school districts in meeting their statutory obligations to:

- Identify students at risk of suspension or expulsion and provide them with a plan to provide the necessary support services to help them avoid expulsion, and work with parents or guardians to provide the services. The district may provide services through agreements with appropriate local and state governmental agencies, community-based organizations, and institutions of higher education.
- Provide alternative educational services, agreed to by parents, to expelled students which may be provided directly or in cooperation with one or more other school districts, boards of cooperative services, charter schools, and non public, non-parochial schools, and
- Develop plans to assist habitual truants to remain in school and to work with families regarding their child's attendance.

The Law Enforcement Assistance Fund (LEAF)

The Law Enforcement Assistance Fund is state funds financed from DUI offenses for community substance abuse prevention programs and projects. Monies allocated to the Office of Behavioral Health Prevention are used to establish a statewide program for the prevention of driving after drinking, training of teachers, health professionals, and law enforcement in the dangers of driving after drinking, preparing and disseminating educational materials dealing with the effects of alcohol and other drugs on driving behavior, and preparing disseminating education curriculum materials for use at all levels of school.

Persistent Drunk Driver Fund

Pursuant to legislation passed in 1998 penalties were increased for high BAC and repeat DUI offenders. Referred to as the Persistent Drunk Driver Act of 1998, this legislation defined the PDD and created the PDD Cash Fund, which is funded by a surcharge imposed on convicted DWAI/DUI offenders. Monies in the PDD fund are subject to annual appropriation by the general assembly with the scope of their use stipulated by statute. Overall, the primary purpose of the fund is to support programs that are intended to deter persistent drunk driving or intended to education the public, with particular emphasis on the education of young drivers, regarding the dangers of persistent drunk driving. In recent years the scope of the fund was expanded to include assisting indigent DUI offenders with the cost for required treatment or intervention services.

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The School Health Professional Grant (SHPG)

The School Health Professional program is designed to provide funds to eligible education providers to enhance the presence of school health professionals in their secondary schools. School Health Professionals are defined as School Nurses, School Psychologists, School Social Workers and School Counselors. This grant program intends to:

- Increase the presence of school health professionals in secondary schools to provide substance abuse and mental/behavioral health care to students who have substance abuse or other mental/behavioral health needs
- Implement substance abuse prevention education and provide evidence based resources to school staff, students and families
- Reduce barriers for enrolled secondary students, who are at risk for substance abuse, to access services provided by community-based organizations for treatment and counseling.

Substance Abuse Block Grant (SABG)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA provides Block Grants to States to allow States to address their unique behavioral health issues. The Block Grant is designed to provide states with the flexibility to design and implement activities and services to address the complex needs of individuals, families and communities impacted by mental illness and substance use disorders. States will use the Block Grant program for prevention, treatment, recovery supports and other services that will supplement services covered by Medicaid, Medicare and private insurance.

Block Grant Programs' Goals - The components of a healthy life are the dimensions of recovery:

- A physically and emotionally healthy lifestyle (health).
- A stable, safe and supportive place to live (a home).
- Meaningful daily activities such as a job, school, volunteerism, family caretaking, or creative endeavors and the independence, income, and resources to participate in society (a purpose).
- Relationships and social networks that provide support, friendship, love, and hope (a community).

The Tony Grampsas Youth Services (TGYS) Program

Tony Grampsas Youth Services is a statutory program providing funding to local organizations that work with children, youth and their families through prevention, intervention, and education programs designed to prevent and reduce youth crime and violence, youth marijuana use, and child abuse and neglect. Tony Grampsas Youth Services is defined and guided by Colorado Revised Statutes (C.R.S.) 26-6.8-101 through 106. Funds for the 2015-16 state fiscal year are allocated to Tony Grampsas Youth Services from the tobacco Master Settlement Agreement, the State of Colorado General Fund, and the Marijuana Tax Cash Fund. Of these funds, Master Settlement Agreement funds comprised 50.6 percent, State of Colorado General Fund comprised 20.8 percent, and Marijuana Tax Cash Fund comprised 28.6 percent. Additionally, some Tony

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Grampsas Youth Services grantees received an additional award amount comprised of 100 percent Marijuana Tax Cash Fund.

Levels of Evidence

Programs are categorized in the report by level of evidence. Programs in this report have been categorized as either evidence-based, promising, or needs additional research. Below, the criteria for each level of evidence are described.

Evidence-Based Programs

The standards for evidence-based programs included in this report are based on the Washington State Institute for Public Policy and the Pew-MacArthur Results First Initiative's standards. The Washington State Institute for Public Policy and Pew-MacArthur Results First Initiative only designate a program as evidence-based if studies on a program's effectiveness meet their standard of rigor for research design and if an effect size is calculable. An effect size describes the extent to which a program affects a particular outcome. For prevention, outcomes are typically associated with substance use and mental health disorders. The Washington State Institute for Public Policy's definition of evidence-based encompasses a wide range of acceptable research designs, including randomized control trial and quasi-experimental. Further, a program's effectiveness is weighed against a predetermined set of outcomes that must be realized for the program to gain designation as evidence-based. The Washington State Institute for Public Policy also requires that a study be conducted either on a heterogeneous population, or on a specifically selected intended population. This step guards against a possible skewing of the results based on the varying tendencies of different socioeconomic populations. Indeed, in all steps of the designation process, great care is taken to ensure that any program receiving the label of "evidence-based" could produce similar outcomes if implemented with fidelity.

Promising Practice

A "promising practice" is a program that has some research surrounding its implementation; however, the research does not meet the evidence-based standard of rigor. Colorado Results First considers a promising practice to be any program that has been rated for effectiveness by any of the eight clearinghouse databases that comprise the Results First Clearinghouse Database,²⁶ but does not have a robust enough research base by the Washington State Institute for Public Policy standards to be assigned a specific effect size. The database is comprised of information from eight separate national clearinghouses, all of which perform systematic reviews of the relevant research on programs. This means that a program currently listed as a promising practice may be able to achieve evidence-based status following more rigorous research.

Programs that Need Additional Research

A program that does not qualify as either evidence-based or a promising practice is considered in need of additional research. More specifically, if a program has not been evaluated and proven effective by either the Washington State Institute for Public Policy or any of the eight national

²⁶ The Results First Clearinghouse Database can be found at the following link:
<http://www.pewtrusts.org/en/multimedia/data-visualizations/2015/results-first-clearinghouse-database>

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clearinghouses that comprise the Results First Clearinghouse Database, it is categorized as “needs additional research.” This designation does not mean that the program is ineffective or unworthy of funding; it means that more research is needed to measure the program’s effectiveness.

Glossary

Benefit-Cost Analysis: An economic tool that allows relevant stakeholders to make informed budgetary decisions using information about the cost-effectiveness of programs, services, and/or policies by comparing benefits against costs.

Benefit-Cost Ratio: The ratio of the total benefits of a program expressed in monetary terms, relative to its costs. It represents the potential future costs avoided for every dollar invested in the program.

Net Present Value (Benefits minus Costs): The difference between the present value of cash inflows (benefits) from a given program and the present value of cash outflows (costs). The model adjusts cost estimates for years earlier than 2014 by the general inflation index calculated by the U.S. Department of Commerce's Chain-Weighted Implicit Price Deflator for Personal Consumption Expenditures.

Non-Taxpayer Benefits: These are benefits for the participant in the program and others in society. The majority of the benefits come from increased labor market earnings for the individual. Additionally, benefits include the value of a statistical life.²⁷

Program Cost/Costs FY 2015-16: Costs refer to the incremental cost of providing a program, service or policy to an additional client, participant or specific population. Program costs typically do not include fixed costs, such as rents or utilities. Costs typically include staff time, including salaries and benefits, and supplies, such as program manuals and materials. Colorado Results First estimated program costs using primarily FY 2015-16 budgetary data.²⁸

Taxpayer Benefits: These are benefits directly gained by the taxpayer. The majority of taxpayer benefits come from increased labor market earnings from the participant and the taxes collected on their earnings (based on the total effective tax rate). Taxpayer benefits may also include avoided health care costs and avoided future costs based on linkages to other outcomes, such as crime, as applicable.²⁹

Total Benefits: The sum of taxpayer and non-taxpayer benefits; denoting potential avoided costs.

²⁷ For additional information on the value of a statistical life, please reference the Colorado Results First Behavioral Health Model Documentation.

²⁸ FY 2014-15 data was used to estimate the program costs for The Incredible Years® Parent Training and The Incredible Years® Parent and Child Training.

²⁹ Crime is defined as a new or first time conviction in the Results First model. For additional information on the crime model and crime benefits, please reference the 2015 Colorado Results First High-Level Model Documentation, which can be found on Colorado Results First's website: <https://sites.google.com/state.co.us/rfpfs/colorado-results-first/reports>.