

We don't do passive, we don't do boring. Workforce safety is too important.

Vivid creates content in cooperation with subject matter experts and each course involves relevant storytelling and creative knowledge building exercises. We offer different types of training assets to help you tailor the delivery of information to your audiences. Our core offering is available in a mobile ready format appropriate for your [tablet-enabled workforce](#).

While developing your [annual safety-training plan](#) as discussed in [4 Pillars of Safety](#), consider Vivid's 3 types of content. Increase the efficiency of your program by using a variety of training assets.

Vivid offers 3 types of training content:



20-minute online refresher courses engage the student through stories and interactivity; Vivid's online safety courses are memorable and influence safe working behaviors.



Online Overview courses are Courses 5-9 minutes in length and pack a lot of training into a tight timeframe. They are perfect for supplemental instruction after near-miss incidents, safety orientation, or whenever emphasis is needed on a particular safety topic. Each course contains a brief posttest.



Supplemental Materials available for download and offline distribution include a:

- Course Summary with visuals from the course, a
- Discussion Guide to facilitate valuable discussion of the safety topic, and a
- Checklist that may be appropriate for workers or supervisors, depending on your industry.

Ready to review our Course Offering?

Beginning on Page 3, you will see our standard course offering with **Orange** headings, and our Additional fee offerings with **Blue** headings. Please consult with your Account Manager if you have questions about what content package you purchased.

Things to remember when making decisions about what content to use


- Overview lessons are a shorter version of the refresher course. If you assign the refresher version, do not assign the overview lesson in the same training cycle.
- If a safety topic requires training every other year, we recommend alternating the refresher course with the overview course.
- See "When to use each content type" on page 2 for more information.

Additional Resources

Not sure which OSHA Training Requirements apply to you? Find out [here](#) on the OSHA Required vs. Best Practices Checklist, or complete the [Train for Compliance Survey](#) and receive a customized list for your company. Need to organize your Safety Budget? Our [Budget Worksheet](#) can help!

We invite you to subscribe to our [Safety Tooltips](#) and other resources to arrive in your Inbox weekly. If you are already a subscriber and enjoying the great tips, keep an eye out for Jill's next webcast!

When to use each content type

- **Annual refresher training** =  + **your company P & P**

Audience: Workers already trained on how to perform their job duties safely and have moved into the knowledge maintenance and retention stage of those topics.

Recommendation: **Online courses** combined with updated policies and procedures (available as [OrgCourse Attachments](#)) and **Supplemental Materials** work well to support this learning objective. **Supplemental Materials** can be convenient to transfer knowledge and reference to the worksite as soon as possible after training.

E.g. Workers complete their online Emergency & Fire Preparedness training, along with reviewing your company's Evacuation Route Map and Emergency Response Plan. Two weeks later, a supervisor or manager may use the Discussion Guide and Course Summary in a team meeting to support learning retention and answer in worksite specific Emergency Response questions.

- **New Hire/Newly assigned training** =  + **site specific, your company P & P, any required certifications**

Audience: Workers that are newly hired and workers to be/recently assigned to new job responsibilities involving new job hazards, in need of initial "how-to" training.

Recommendation: New Hire training is often provided by instructors/supervisors/managers on site. Our Safety Training System can help you track your Instructor led training with our [Live Event module](#) and by augmenting your Instructor led training with online **Refresher Courses** and **Overview Courses**.

- **Top of mind awareness initiatives** =  **in a Group** + 

Audience: Safety meeting attendees or other safety awareness initiatives to keep safety top of mind.

Recommendation: Company safety initiatives may involve safety posters, email campaigns, safety content posted on the company intranet, and safety topics highlighted in company meetings. Any gathering of workers where you want to feature a safety topic are great times to leverage the **Overview Courses** and the **Supplemental Materials**. In addition, **online courses** may be displayed on a conference room monitor/projector and reviewed in a group setting. The discussion guide can then assist you in facilitating a valuable discussion. After the meeting, you may grant completion credit to those in attendance, using the [Offline Credit](#) feature.

- **Industry certification training tracking** = **Live Event tracking module**

Audience: Some industries require workers to maintain certification to be qualified to do certain jobs such as forklift operators, etc.

Recommendation: Employers need a convenient way to track those certifications and when they expire. Our [Live Event module](#) can help you accomplish just that.

Still have questions? Please reach out to us, we want to help! CustomerService@learnatvivid.com

Occupational Safety & Health

• Aerial and Scissor Lift Safety †	20 min
• Asbestos Hazard Awareness †	20 min
• Back Safety and Injury Prevention †	20 min
• Behavior-Based Safety †	25 min
• Bloodborne Pathogens (BBP) †	30 min
• Cardiopulmonary Resuscitation (CPR) †	15 min
• Chemical Safety †	42 min
• Chlorine Safety	25 min
• Cold Stress †	15 min
• Cold, Flu, and Transmissible Illness Prevention 🚰	8 min
• Compressed Gas Safety †	21 min
• Confined Spaces Entry - Permit Required †	28 min
• Confined Spaces †	22 min
• Criticality Safety	10 min
• Distracted Driving	5 min
• Driver Safety †	20 min
• Electrical Safety †	17 min
• Emergency and Fire Preparedness †	25 min
• Earthquake Preparedness 🚰	9 min
• Hurricane Preparedness 🚰	
• Tornado Preparedness 🚰	8 min
• Excavation, Trenching and Shoring Safety	20 min
• Eye Washes and Safety Showers 🚰	7 min
• Fall Protection – Construction †	30 min
• Fatigue and Stress Awareness 🚰	7 min
• Flammable Liquid Safety	40 min
• Formaldehyde Safety	10 min
• Hand and Power Tool Safety †	20 min
• Hand Safety	25 min
• Hazard Communication †	20 min
• Hearing Conservation	20 min
• Heat Stress	25 min
• Hot Work with Arc Welding	30 min
• Hydrogen Sulfide Safety	10 min
• Incident Investigation	40 min
• Indoor Air Quality †	20 min
• Industrial Ergonomics †	20 min
• Intro to Ammonia Hazards 🚰	5 min
• Intro to Benzene Hazards 🚰	9 min
• Intro to Combustible Dust Hazards 🚰	5 min
• Intro to Hexavalent Chromium Hazards 🚰	7 min
• Intro to Loading Dock Safety 🚰	6 min
• Intro to Mold and Mildew Hazards 🚰	6 min
• Intro to Pallet Jack Safety 🚰	8 min
• Intro to Personal Safety 🚰	7 min
• Intro to Safe Material Storage 🚰	7 min
• Intro to Site Security 🚰	
• Intro to Spray Finishing Hazards 🚰	7 min
• Intro to Utility Cart Safety 🚰	8 min
• Laboratory Safety	35 min
• Ladder Safety †	16 min

Occupational Safety & Health (continued)

• Lead Awareness	35 min
• Lock and Tag †	20 min
• Machine Guarding	25 min
• Mosquito, Tick, and Vector-Borne Illnesses	25 min
• Office Ergonomics	35 min
• OSHA Work-Related Injury and Illness Recordkeeping	20 min
• Overhead and Gantry Crane Safety	30 min
• Personal Fall Arrest Systems	25 min
• Portable Fire Extinguisher	20 min
• Powered Industrial Truck Safety	30 min
• Process Safety Management †	25 min
• Radio Communications	20 min
• Respiratory Protection †	25 min
• Safe Driving Behaviors for Comm. Motor Vehicles (CMVs)	35 min
• Safety Audits	25 min
• Scaffold Safety †	25 min
• Silica Hazards †	20 min
• Slips, Trips, and Falls †	20 min
• Traffic Control (Flagger)	45 min
• Winter Weather Driving †	12 min
• Workspace Cleanliness †	5 min

First Aid

• First Aid Fundamentals	26 min
• First Aid - Choking	10 min
• First Aid - Environmental Emergencies	13 min
• First Aid - Medical Emergencies	15 min
• First Aid - Musculoskeletal Injuries	11 min
• First Aid - Soft Tissue Injuries	20 min

Forklift Operator

• Forklift - Fundamentals	19 min
• Forklift - Inspection and Maintenance	20 min
• Forklift - Load Handling	15 min
• Forklift - Safe Driving	20 min
• Forklift - Stability and Capacity	15 min

Personal Protective Equipment

• Fundamentals – PPE	10 min
• Eye and Face Protection – PPE	8 min
• Foot Protection – PPE	10 min
• Hand Protection – PPE	10 min
• Head Protection – PPE	10 min
• Hearing Protection – PPE	9 min
• Respiratory Protection – PPE	8 min

Environmental Management

• Air Emissions Management	35 min
• Emergency Planning & Community Right-to-Know Act (EPCRA)	30 min
• Environmental Management Fundamentals	20 min
• Hazardous Waste Management	20 min
• Spill Prevention, Control and Countermeasures	25 min
• Storm Water Management	25 min
• Wastewater Management	35 min

Employment Law

- Absences from the Workplace 35 min
- Active Shooter Response 24 min
- Computer Security † 25 min
- Discrimination-Free Workplace 35 min
- Drug- and Alcohol-Free Workplace † 20 min
- Ethics 20 min
- Reporting Sexual Harassment 7 min
- Violence in the Workplace † 30 min

Sexual Harassment

- Reporting Sexual Harassment 7 min
- Sexual Harassment for Employees 30 min
- Sexual Harassment for Managers 90 min
- CA – Sexual Harassment for Managers (2 hr) 9 min
- Reporting Sexual Harassment in NY 30 min
- Sexual Harassment for Employees in NY 90 min
- Sexual Harassment for Managers in NY 90 min

Healthcare

Medical Mandatory

- Abuse, Neglect and Exploitation* 40 min
- Back Care Ergonomics 30 min
- Fire Safety: Patient Evacuation 20 min
- HIPAA for Covered Entities 40 min
- Medical Hazard Communication 40 min
- Personal Protective Equipment for Healthcare* 20 min
- Restraint and Seclusion* 25 min

Food Safety

- Food Safety for Food Handlers 65 min

NFPA 70E Arc Flash

- Electrical Safety Work Practices and Standards † 50 min

Transportation Safety

Department of Transportation (DOT) for HAZMAT

- Driver and Carrier Responsibilities 25 min
- Fundamentals of Hazardous Materials 25 min
- Identifying Hazardous Materials 28 min
- Incident Response and Transport Security 20 min
- Packaging Hazardous Materials 25 min

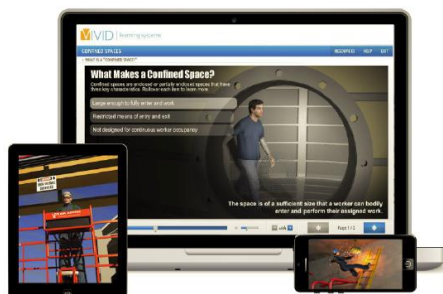
Electrical Worker Training (1910.269)

Electrical Worker Training

- Communications Facilities 11 min
- Electrical Clearances 20 min
- Enclosed Spaces 20 min
- Excavations 30 min
- General Concepts 25 min
- Grounding 20 min
- Hand and Portable Power Tools 20 min
- Hazardous Energy Control Procedures 25 min
- Ladders, Platforms, Step Bolts, and Manholes 20 min
- Line Clearance Tree Trimming 15 min
- Mechanical Equipment 20 min
- Medical Services and First Aid 25 min
- Overhead Lines 30 min
- Overhead Lines with Live-Line Bar-Hand Work 15 min
- Personal Protective Equipment 25 min
- Power Generation 25 min
- Special Conditions and Material Handling 20 min
- Substations 15 min
- Testing and Test Facilities 20 min
- Underground Electrical Installations 19 min
- Vault and Pole-Top Rescue 20 min
- Working On or Near Exposed, Energized Parts 15 min

Utility Safety

- Bucket Rescue 20 min
- Dog-Attack Prevention 17 min
- Sling Safety 25 min



With our content, workers get a more engaging experience and learn critical concepts in 20 minutes or less.

Courses are interactive, use short films, animations, and real scenarios, so the content is relevant to the job.

Hazardous Waste Operations and Emergency Response

by Summit Training Source

- HAZWOPER 8-Hour Course 8 hr

OSHA 10/30

by Summit Training Source

- OSHA 10hr General 10 hr
- OSHA 10hr Construction 10 hr
- OSHA 30hr Construction 30 hr
- OSHA 30hr General Industry 30 hr

Spanish Course List

Occupational Safety & Health

- Sp - Aerial and Scissor Lift Safety 20 min
- Sp - Asbestos Hazard Awareness † 20 min
- Sp - Back Safety and Injury Prevention † 20 min
- Sp - Behavior Based Safety † 25 min
- Sp - Bloodborne Pathogens (BBP) † 30 min
- Sp - Cardiopulmonary Resuscitation (CPR) † 15 min
- Sp - Cold Stress † 15 min
- Sp - Confined Space Entry - Permit Req. † 28 min
- Sp - Confined Spaces † 22 min
- Sp - Distracted Driving 5 min
- Sp - Driver Safety † 20 min
- Sp - Electrical Safety † 17 min
- Sp - Emergency and Fire Preparedness † 25 min
- Sp - Fall Protection – Construction † 30 min
- Sp - Flammable Liquid Safety † 40 min
- Sp - Hand and Power Tool Safety † 20 min
- Sp - Hand Safety † 25 min
- Sp - Hazard Communication † 20 min
- Sp - Hearing Conservation 20 min
- Sp - Heat Stress 25 min
- Sp - Hot Work with Arc Welding 30 min
- Sp - Hydrogen Sulfide Safety 30 min
- Sp - Industrial Ergonomics 30 min
- Sp - Ladder Safety † 16 min
- Sp - Lead Awareness 35 min
- Sp - Lock and Tag† 20 min
- Sp - Machine Guarding 25 min
- Sp - Office Ergonomics † 20 min
- Sp - Overhead and Gantry Crane Safety 30 min
- Sp - Personal Fall Arrest Systems 25 min
- Sp - Portable Fire Extinguisher Safety 20 min
- Sp - Respiratory Protection † 25 min
- Sp - Safe Driving Behavior for CMVs 25 min
- Sp - Slips, Trips, and Falls † 20 min

First Aid

- Sp - First Aid Fundamentals 26 min
- Sp - First Aid - Choking 10 min
- Sp - First Aid - Environmental Emergencies 10 min
- Sp - First Aid - Medical Emergencies 17 min
- Sp - First Aid - Musculoskeletal Injuries 11 min
- Sp - First Aid - Soft Tissue Injuries 20 min

Forklift Safety

- Sp - Forklift - Fundamentals 15 min
- Sp - Forklift - Inspection and Maintenance 20 min
- Sp - Forklift - Load Handling 15 min
- Sp - Forklift - Safe Driving 20 min
- Sp - Forklift - Stability and Capacity 20 min

Personal Protective Equipment

- Sp - PPE - Fundamentals 10 min
- Sp - PPE - Eye and Face Protection 15 min
- Sp - PPE - Foot Protection 10 min
- Sp - PPE - Hand Protection 10 min
- Sp - PPE - Head Protection 15 min
- Sp - PPE - Hearing Protection 9 min
- Sp - PPE - Respiratory Protection 8 min

Employment Law

- Sp - Drug- and Alcohol-Free Workplace † 20 min
- Sp - Sexual Harassment for Employees 30 min

Food Safety

- Sp - Food Safety for Food Handlers 65 min