

# Results Tables

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*12 February 2020*

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Table 1: Scenario 1 Every person walks an additional 10 mins daily

Country	Annual Deaths Averted per 100,000		Net Monetary Benefit in 2016 USD	
	non-linear response	linear dose response	non-linear response	linear dose response
Andorra	29.27	28.53	733.91	715.28
Armenia	17.94	31.32	82.91	144.73
Austria	21.59	17.07	810.71	640.97
Belarus	10.62	48.36	82.55	375.83
Belgium	26.69	18.91	951.53	674.18
Bosnia and Herzegovina	20.35	25.05	98.69	121.45
Bulgaria	29.41	32.49	207.97	229.73
Croatia	24.60	24.80	290.86	293.19
Cyprus	33.34	12.99	714.93	278.59
Czech Republic	25.34	23.61	438.23	408.27
Denmark	22.50	18.89	1022.52	858.76
Estonia	23.88	29.11	358.19	436.63
Finland	12.84	18.12	464.94	655.75
France	21.13	17.15	678.57	550.81
Georgia	13.63	31.88	57.98	135.66
Germany	31.15	17.47	1099.32	616.74
Greece	29.37	16.27	542.15	300.39
Hungary	29.35	32.95	366.59	411.55
Ireland	25.95	17.01	1318.18	864.12
Italy	30.79	14.29	852.26	395.54
Kazakhstan	23.37	47.19	164.24	331.59
Kyrgyzstan	10.66	41.04	15.26	58.77
Latvia	22.06	35.94	285.88	465.75
Lithuania	20.84	36.64	280.21	492.81
Luxembourg	20.36	15.32	1415.29	1065.27
Malta	30.14	15.76	603.62	315.61
Moldova	8.56	45.45	18.67	99.17
Netherlands	21.61	15.98	843.45	623.84
Norway	24.12	15.16	1275.83	801.92
Poland	25.86	28.29	312.35	341.71
Portugal	32.59	17.57	595.90	321.20
Romania	27.67	31.98	211.10	243.95
Russia	12.85	48.22	99.85	374.79
Serbia	30.41	30.96	178.31	181.51
Slovakia	26.74	29.83	458.24	511.07
Slovenia	23.25	20.16	453.34	393.05
Spain	20.23	14.51	507.16	363.73
Sweden	16.46	14.41	656.95	575.09
Switzerland	19.00	13.70	1226.82	884.69
Tajikistan	22.46	7.59	32.17	10.87
Turkey	24.18	22.89	278.40	263.62
UK	26.74	17.85	1079.49	720.33
Ukraine	16.85	43.87	31.50	82.00
Uzbekistan	14.80	46.51	21.19	66.60

Table 2: Scenario 2 Every person meets WHO Guidelines

Country	Annual Deaths Averted per 100,000		Net Monetary Benefit in 2016 USD	
	non-linear response	linear dose response	non-linear response	linear dose response
Andorra	36.10	19.01	904.97	476.65
Armenia	21.29	20.87	98.38	96.44
Austria	26.08	11.38	979.19	427.13
Belarus	11.68	32.22	90.75	250.45
Belgium	32.62	12.60	1163.17	449.27
Bosnia and Herzegovina	24.56	16.69	119.10	80.93
Bulgaria	36.07	21.65	255.06	153.09
Croatia	29.93	16.53	353.83	195.38
Cyprus	41.42	8.66	888.36	185.65
Czech Republic	30.96	15.73	535.44	272.06
Denmark	27.22	12.59	1237.32	572.26
Estonia	28.97	19.40	434.50	290.96
Finland	14.71	12.07	532.50	436.98
France	25.36	11.43	814.48	367.05
Georgia	15.73	21.25	66.95	90.40
Germany	38.36	11.64	1354.09	410.99
Greece	36.11	10.84	666.64	200.17
Hungary	35.98	21.96	449.46	274.25
Ireland	31.71	11.34	1610.61	575.84
Italy	38.01	9.52	1052.19	263.58
Kazakhstan	28.26	31.45	198.56	220.97
Kyrgyzstan	11.61	27.35	16.62	39.16
Latvia	26.56	23.95	344.26	310.37
Lithuania	25.12	24.42	337.83	328.40
Luxembourg	24.40	10.21	1695.98	709.88
Malta	37.01	10.50	741.29	210.32
Moldova	8.92	30.29	19.46	66.08
Netherlands	26.14	10.65	1020.49	415.72
Norway	29.36	10.10	1553.22	534.39
Poland	31.58	18.85	381.45	227.71
Portugal	40.43	11.71	739.23	214.04
Romania	34.24	21.31	261.24	162.57
Russia	14.59	32.14	113.40	249.75
Serbia	37.51	20.63	219.95	120.95
Slovakia	32.63	19.88	559.10	340.57
Slovenia	28.35	13.43	552.87	261.92
Spain	24.01	9.67	601.90	242.38
Sweden	19.27	9.60	769.10	383.23
Switzerland	22.85	9.13	1475.25	589.55
Tajikistan	27.22	5.06	38.99	7.24
Turkey	29.35	15.26	337.98	175.67
UK	32.62	11.89	1316.75	480.02
Ukraine	20.27	29.24	37.88	54.64
Uzbekistan	17.29	30.99	24.76	44.38

Table 3: Scenario 3 10 percent increase in activity for every person

Country	Annual Deaths Averted per 100,000		Net Monetary Benefit in 2016 USD	
	non-linear response	linear dose response	non-linear response	linear dose response
Andorra	4.23	52.44	106.00	1314.63
Armenia	5.53	57.57	25.55	266.00
Austria	4.99	31.37	187.55	1178.05
Belarus	6.23	88.88	48.42	690.75
Belgium	4.38	34.75	156.28	1239.10
Bosnia and Herzegovina	5.28	46.03	25.61	223.21
Bulgaria	4.11	59.71	29.08	422.22
Croatia	4.89	45.58	57.78	538.86
Cyprus	3.66	23.87	78.43	512.03
Czech Republic	4.81	43.39	83.19	750.37
Denmark	5.00	34.73	227.31	1578.33
Estonia	4.77	53.50	71.54	802.49
Finland	6.03	33.30	218.41	1205.22
France	5.06	31.52	162.38	1012.35
Georgia	5.91	58.60	25.14	249.33
Germany	3.89	32.11	137.37	1133.52
Greece	4.31	29.90	79.58	552.09
Hungary	4.12	60.55	51.47	756.40
Ireland	4.75	31.27	241.19	1588.19
Italy	3.88	26.26	107.43	726.97
Kazakhstan	5.07	86.73	35.64	609.44
Kyrgyzstan	6.22	75.43	8.91	108.02
Latvia	4.98	66.05	64.48	856.02
Lithuania	5.22	67.35	70.15	905.75
Luxembourg	5.13	28.16	356.77	1957.87
Malta	4.06	28.96	81.29	580.06
Moldova	6.35	83.54	13.85	182.26
Netherlands	5.15	29.37	200.91	1146.57
Norway	4.68	27.86	247.66	1473.87
Poland	4.76	52.00	57.53	628.03
Portugal	3.73	32.28	68.13	590.33
Romania	4.50	58.77	34.32	448.37
Russia	5.97	88.63	46.40	688.83
Serbia	4.13	56.89	24.20	333.59
Slovakia	4.55	54.82	78.01	939.32
Slovenia	4.82	37.04	93.99	722.39
Spain	5.20	26.66	130.43	668.50
Sweden	5.43	26.48	216.87	1056.97
Switzerland	5.43	25.18	350.68	1626.00
Tajikistan	4.86	13.95	6.97	19.98
Turkey	4.93	42.08	56.76	484.52
UK	4.31	32.80	173.94	1323.91
Ukraine	5.73	80.64	10.71	150.71
Uzbekistan	5.78	85.48	8.28	122.41