Scenario 1: Additional 10 mins daily walking

Annual deaths averted per 100,000: Non-linear relationship vs linear relationship Equality 40 Romania Slovakia Lithuania 30 Uzbekistan Non-linear relationship Ukraine **IPAP** Russia 40 30 20 Belarus Bosnia and Herzegovina Kyrgyzstan 20 Moldova Georgia Denmark Luxem Netherlands Finland 10 Switzerland 50 10 20 40 Linear relationship

IPAP: Insufficient Physical Activity Prevalence; Data Sources: WHO (2018), GBD (2017), OECD(2015)