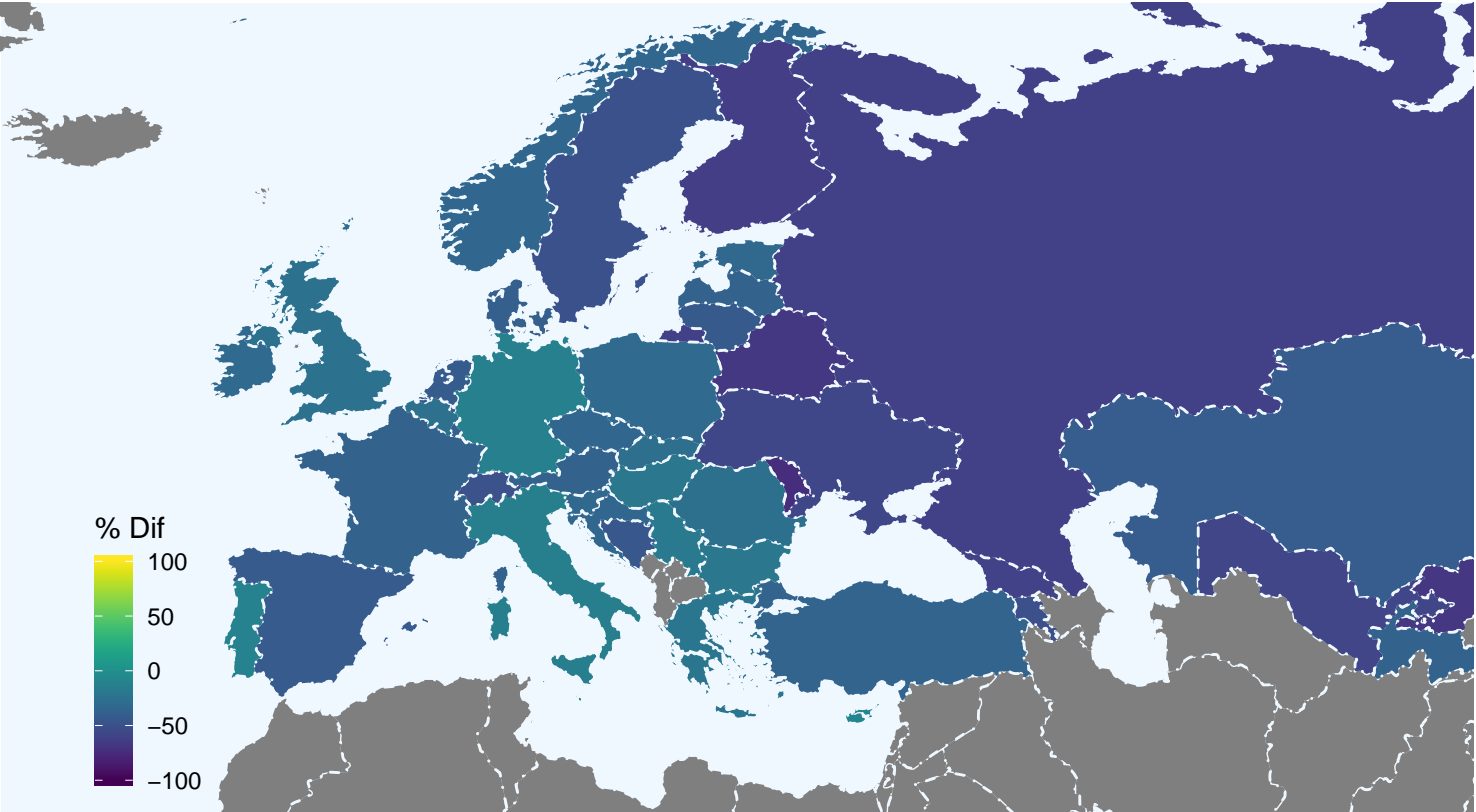


Scenario 1: Additional 10 mins daily walking

% difference in NMB between non-linear relationship & linear relationship, Europe (2016)



Sources: WHO (2019); OECD (2012)