Scenario 1: Additional 10 mins daily walking

Annual deaths averted per 100,000: Non-linear relationship vs linear relationship 40 Equality 30 Kazakhstan Hungary Non-linear relationship **IPAP** Romania 40 Latvia 30 20 Uzbekistan Ukraine Belarus zech Republic Armenia Bosnia and Herzegovina Kyrgyzstan Moldova Georgia 10 Netherlands Switzerland Finland Tajikistan 50 10 20 40 Linear relationship

IPAP: Insufficient Physical Activity Prevalence; Data Sources: WHO (2018), GBD (2017), OECD(2015)