Scenario 1: Additional 10 mins daily walking Annual deaths averted per 100,000: Non-linear relationship vs linear relationship 40 Equality 30 **IPAP** Kazakhstan 40 Hungary 30 Bulgaria 20 Uzbekistan Estonia Ukraine Russia Belarus zech Republic Kyrgyzstan Bosnia and Herzegovina Moldova 10

Non-linear relationship

Spain

Finland

20

Switzerland

10

Tajikistan

IPAP: Insufficient Physical Activity Prevalence; Data Sources: WHO (2018), GBD (2017), OECD(2015)

Linear relationship

40

50