

# Reducing socioeconomic inequalities in access to and participation in community-based running and walking activities: a longitudinal ecological study of parkrun events 2010 to 2019

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Access & participation in parkrun in England improved every year from 2010 to 2019.

However, the rate of improvement slowed down, especially after 2013.

New events improved access in high deprivation areas more than low deprivation areas.

Socioeconomic inequalities in participation fell from 2010-2013 and stabilised after.