

COVID-19

MINIMIZING RISK WHEN TRAVELING



TRAVELING BY AIR OR RAIL

- Public terminals, check-in lines, shuttles, and trams present very high risk.
 Remain vigilant in applying all "General" reminders.
- When you board:
 - o Sanitize your seat, tray table, armrest, etc.
 - Avoid or limit eating or drinking on board



TRAVELING BY CAR

- Plan your route in advance with consideration to:
 - Toll booths, ferries, refueling
 - Consider how to limit in-person contact
- Anticipate unexpected roadside needs, such as a mechanical problem. Be prepared with additional personal protective equipment.
- Avoid driving when tired.



STAYING OVERNIGHT IN A HOTEL

- Sanitize all surfaces when entering the room
- If possible, open windows to increase fresh air
- To the degree possible, limit in-person contact with hotel staff



GENERAL REMINDERS

- Wear an N95 type mask
- Pack extra masks, sanitizing wipes, and hand sanitizer
- Avoid public spaces and in-person contact to the extent possible
- When public spaces and in-person contact cannot be avoided:
 - Wear a facemask
 - Practice physical distancing
 - o Increase your distance from anyone displaying symptoms of illness
- Wash your hands often, using soap and water, or use hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Minimize use of public restrooms

ACTIVITY GUIDELINES WHEN TRAVELING



The chart below can be used to determine what activities you may choose to participate in <u>when taking</u> <u>personal time away</u> and the risks associated with them. It lists activities from highest to lowest risk and those not permitted.

Example of Activities	Risk Level	Mask Requirements	
Going to a gym, theater, concert, sporting event, amusement park, fair, crowded outdoor event, cruise	High Risk	Not Permitted	
Dining indoors at a restaurant (Not recommended. Only permitted in levels 1 and 2 locations)	Significant Risk	Wear a Mask (Except when eating)	
Using Air travel	Significant Risk	Wear a Mask	
Attending a small gathering with both vaccinated and unvaccinated friends and family	Significant Risk	Wear a Mask (Less risk outdoors)	
Staying in a hotel	Medium Risk	Wear a Mask (Except in room)	
Dining outdoors at a restaurant	Medium Risk	Wear a Mask (Except when eating)	
Going to a barber or hair salon	Medium Risk	Wear a Mask	
Going to an uncrowded, indoor shopping center or museum	Medium Risk	Wear a Mask	
Using drive-thrus and curbside services	Medium Risk	Wear a Mask	
Getting gas	Medium Risk	Wear a Mask	
Attending a small <u>indoor</u> gathering with fully vaccinated friends and family	Low Risk	No Mask	
Attending a small <u>outdoor</u> gathering with fully vaccinated friends and family	Low Risk	No Mask	
Going on isolated walks and drives	Low Risk	No Mask	