

“ The pattern of the Hero’s Journey is universal, occurring in every culture, in every time.”



It is incredible that humanity feels connected to the Hero's Journey. It sounds like we as a human race share the same collective unconscious concept of the Hero's Journey.

We all feel related to the story as if it was a memory that was established before our existence. This metafore makes us think about the major questions of our life. Who I am? Where did I come from? Where am I going after this life? A hero is probably inside of us when we move from the comfort zone to an unpredictable journey that demands many risks. The hero learns lessons that helps him to grow up and become a better person.

“The hero is presented with a problem, challenge, or adventure”.



There is no other way to change our routine of life without accepting new challenges or adventures. In this reading, the hero has to be called to the adventure, and have the option to deny. However, there is an inner voice that is more strong than calls him to explore the unknown world. The hero receives strength and optimism in his decision. This emotional conflict of excitement and fear is common in the first step of a delightful adventure of the hero. Nevertheless, the adventure will come with many struggles that the hero will be forced to face his deepest fears.

“The hero comes at last to the edge of a dangerous place, sometimes deep underground.”



During the journey of the hero, there is a moment where he goes to the edge of danger. The hero is facing challenges that he never faced before. This is the moment when the hero felt completely down and hopeless. Many people may relate because there is the paradigm when they have passed a tough moment at least once. There is the idea that maybe the hero won't be able to come back from his downside situation.