Team on a Cob Sprint 4 Goals

Robert:

- Update rolling average lines on chart according to client
- Update data dump based on new fields in database
- Move some areas of myworkouts.pug to a different file (it's way too big)

Andrew:

- Finalize additions of remaining pages (if any are required)
- Add dynamic selection menus for added convenience
- Fix bugs
- Finalize color scheme and layout of pages for final result

Peter:

- Clean our routes file code base
 - Remove/comment debugging code i.e console.log() commands
 - Remove any routes that are no longer needed
- Bug Fix

Brent:

- Bug fixes, clean code base

Lucas: Finalize coaches page, fix bugs