

$$E_{snake}^* = \int_0^1 \left[ \underbrace{E_{int}(v(s))}_{\text{internal}} + \underbrace{E_{ext}(v(s))}_{\text{external}} \right] ds$$

$$= \int_0^1 \left[ \underbrace{\frac{\alpha(s)}{2} |v_s(s)|^2}_{\text{membrane}} + \underbrace{\frac{\beta(s)}{2} |v_{ss}(s)|^2}_{\text{thin plate}} - \underbrace{\nabla I(x(s), y(s))}_{\text{gradient}} \right] ds$$

$$= \int_0^1 \left[ \frac{\alpha(s)}{2} (x_s^2 + y_s^2) + \frac{\beta(s)}{2} (x_{ss}^2 + y_{ss}^2) - \sqrt{\left(\frac{\partial I}{\partial x}\right)^2 + \left(\frac{\partial I}{\partial y}\right)^2} \right] ds$$