Before 100 metres- try to accelerate till you reach the hairpin turn(ideally before the braking point)

1. As soon as you reach the curve, you should apply brakes.
2. Before you turn into the corner you'll usually need to change down.(Gear down)
3. Steer left until apex and unwinding after.(no acceleration or brakes should be applied)
4. After the turn, gear shift up and throttle it to max(accelerate)