

# UNIVERSIDAD AUTÓNOMA DE YUCATÁN

Anxiety and stress in university students



## REASON

Stress and anxiety in university students has always existed, but the arrival of a pandemic, plus the fact that classes are remote, has caused an increase of stress and anxiety in the student population.

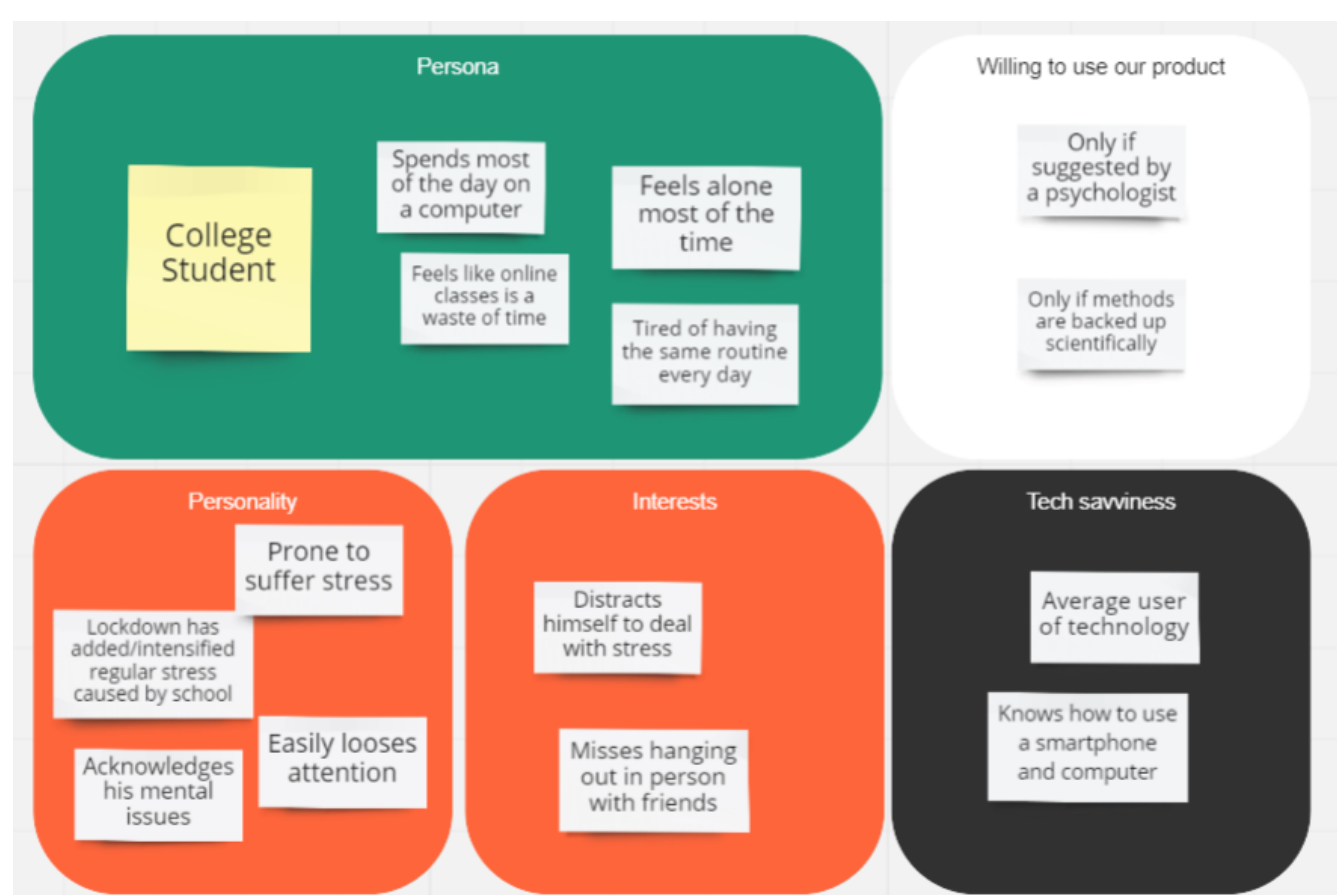
## DCU

## METHODOLOGY

In the early stages of development, the "persona" method was applied, to have a better idea of our users needs.

A first low fidelity design was made, based on the color psychology and select a preliminar color palletes.

With a better approach, the first high-fidelity design is realized and the prototype for the first usability tests. Now, with the analyses of the results, we expect an improvement of the design.



## CURRENT STATUS

The first usability test was made it, with a positive results and few feedback about the design. Now, we are working in the improvement of the design.

The design of the application is in testing stages, but being high fidelity models, the prototype is almost the final result.

