Supplementary Table 1

Mean arousal ratings (*SD*) and t-tests for all time point contrasts.

Arousal

Time points contrasts	First contrast (SD)	Second contrast (SD)	df	$|t|$	p	p corrected	d	d 95% CI
1-2	0.86 (1.47)	1.35 (1.38)	232	2.61	.010	.170	-0.34	-0.60, -0.08
1-3	0.86 (1.47)	1.03 (1.32)	232	0.93	.351	1	-0.12	-0.38, 0.14
1-4	0.86 (1.47)	0.58 (1.86)	232	1.28	.200	1	0.17	-0.09, 0.43
1-5	0.86 (1.47)	0.85 (1.48)	232	0.04	.965	1	0.01	-0.25, 0.26
1-6	0.86 (1.47)	1.22 (1.35)	232	1.94	.053	.742	-0.25	-0.51, 0.00
2-3	1.35 (1.38)	1.03 (1.32)	232	1.79	.074	.962	0.23	-0.02, 0.49
2-4	1.35 (1.38)	0.58 (1.86)	232	3.59	< .001	< .001	0.47	0.21, 0.73
2-5	1.35 (1.38)	0.85 (1.48)	232	2.65	.008	.152	0.35	0.09, 0.61
2-6	1.35 (1.38)	1.22 (1.35)	232	0.72	.474	1	0.09	-0.16, 0.35
3-4	1.03 (1.32)	0.58 (1.86)	232	2.15	.033	.528	0.28	0.02, 0.54
3-5	1.03 (1.32)	0.85 (1.48)	232	0.98	.328	1	0.13	-0.13, 0.39
3-6	1.03 (1.32)	1.22 (1.35)	232	1.08	.283	1	-0.14	-0.40, 0.12
4-5	0.58 (1.86)	0.85 (1.48)	232	1.24	.214	1	-0.16	-0.42, 0.10
4-6	0.58 (1.86)	1.22 (1.35)	232	3.01	.003	.063	-0.39	-0.65, -0.13
5-6	0.85 (1.48)	1.22 (1.35)	232	1.99	.048	.720	-0.26	-0.52, -0.00

Note: *Df*-values were corrected (Welch's approximation) due to a violation of the assumption of homogeneity of variances. Both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.

Supplementary Table 2

Mean valence ratings (*SD*) and t-tests for all time point contrasts.

Valence

Time points contrasts	First contrast (SD)	Second contrast (SD)	df	$|t|$	p	p corrected	d	d 95% CI
1-2	1.95 (1.04)	1.86 (1.22)	232	0.58	.566	1	0.08	-0.18, 0.33
1-3	1.95 (1.04)	1.92 (0.96)	232	0.2	.845	1	0.03	-0.23, 0.28
1-4	1.95 (1.04)	0.63 (2.44)	232	5.36	< .001	< .001	0.70	0.44, 0.97
1-5	1.95 (1.04)	1.03 (1.99)	232	4.4	< .001	< .001	0.58	0.31, 0.84
1-6	1.95 (1.04)	1.39 (1.51)	232	3.28	.001	.023	0.43	0.17, 0.69
2-3	1.86 (1.22)	1.92 (0.96)	232	0.42	.677	1	-0.05	-0.31, 0.20
2-4	1.86 (1.22)	0.63 (2.44)	232	4.87	< .001	< .001	0.64	0.37, 0.90
2-5	1.86 (1.22)	1.03 (1.99)	232	3.84	< .001	< .001	0.50	0.24, 0.76
2-6	1.86 (1.22)	1.39 (1.51)	232	2.62	.009	.162	0.34	0.08, 0.60
3-4	1.92 (0.96)	0.63 (2.44)	232	5.32	< .001	< .001	0.70	0.43, 0.96
3-5	1.92 (0.96)	1.03 (1.99)	232	4.35	< .001	< .001	0.57	0.31, 0.83
3-6	1.92 (0.96)	1.39 (1.51)	232	3.21	.002	.044	0.42	0.16, 0.68
4-5	0.63 (2.44)	1.03 (1.99)	232	1.38	.169	1	-0.18	-0.44, 0.08
4-6	0.63 (2.44)	1.39 (1.51)	232	2.86	.005	.100	-0.37	-0.63, -0.11
5-6	1.03 (1.99)	1.39 (1.51)	232	1.55	.121	1	-0.20	-0.46, 0.06

Note: *Df*-values were corrected (Welch's approximation) due to a violation of the assumption of homogeneity of variances. Both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.

Supplementary Table 3

Mean arousal and valence ratings (*SD*) and associated between-subject t-tests for all time points.

Arousal

Time point	Excited (SD)	Sad (SD)	df	$|t|$	p	p corrected	d	d 95% CI
1	1.09 (1.38)	0.65 (1.54)	115	1.62	.054	.162	0.30	-0.07, 0.67
2	1.47 (1.36)	1.23 (1.39)	115	0.94	.174	.324	0.17	-0.19, 0.54
3	1.16 (1.37)	0.92 (1.27)	115	0.99	.162	.324	0.18	-0.18, 0.55
4	1.82 (1.59)	-0.60 (1.22)	115	9.26	< .001	< .001	1.71	1.28, 2.14
5	1.74 (1.28)	0.02 (1.13)	115	7.74	< .001	< .001	1.43	1.02, 1.84
6	1.54 (1.27)	0.92 (1.37)	115	2.57	.006	.024	0.47	0.10, 0.85

Valence

Time point	Excited (SD)	Sad (SD)	df	$|t|$	p	p corrected	d	d 95% CI
1	2.00 (1.00)	1.90 (1.08)	114.9	0.52	.302	.906	0.10	-0.27, 0.46
2	1.86 (1.14)	1.87 (1.31)	114.2	0.03	.512	.940	-0.01	-0.37, 0.36
3	1.93 (0.88)	1.92 (1.03)	113.8	0.07	.470	.940	0.01	-0.35, 0.38
4	2.79 (0.77)	-1.42 (1.55)	87.47	18.67	< .001	< .001	3.40	2.83, 3.97
5	2.56 (0.85)	-0.42 (1.65)	88.97	12.38	< .001	< .001	2.25	1.79, 2.72
6	2.30 (0.94)	0.53 (1.44)	102.3	7.86	< .001	< .001	1.44	1.03, 1.85

Note: *Df*-values were corrected (Welch's approximation) in case of a violation of the assumption of homogeneity of variances. Moreover, both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.