## Supplementary Table 1

*Mean arousal ratings (SD) and paired-sample t-tests for all time point contrasts.*

**Arousal**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Time points contrasts | First contrast (SD) | Second contrast (SD) | *df* | |*t*| | *p* | *p* corrected | *d* | *d* 95% CI |
| 1-2 | 0.86 (1.47) | 1.35 (1.38) | 116 | 4.19 | < .001 | < .001 | -0.34 | -0.60, -0.08 |
| 1-3 | 0.86 (1.47) | 1.03 (1.32) | 116 | 1.46 | .148 | 1 | -0.12 | -0.38, 0.14 |
| 1-4 | 0.86 (1.47) | 0.58 (1.86) | 116 | 1.56 | .122 | 1 | 0.17 | -0.09, 0.43 |
| 1-5 | 0.86 (1.47) | 0.85 (1.48) | 116 | 0.06 | .955 | 1 | 0.01 | -0.25, 0.26 |
| 1-6 | 0.86 (1.47) | 1.22 (1.35) | 116 | 2.41 | .017 | .170 | -0.25 | -0.51, 0.00 |
| 2-3 | 1.35 (1.38) | 1.03 (1.32) | 116 | 3.66 | < .001 | < .001 | 0.23 | -0.02, 0.49 |
| 2-4 | 1.35 (1.38) | 0.58 (1.86) | 116 | 4.15 | < .001 | < .001 | 0.47 | 0.21, 0.73 |
| 2-5 | 1.35 (1.38) | 0.85 (1.48) | 116 | 3.38 | .001 | .016 | 0.35 | 0.09, 0.61 |
| 2-6 | 1.35 (1.38) | 1.22 (1.35) | 116 | 1.04 | .301 | 1 | 0.09 | -0.16, 0.35 |
| 3-4 | 1.03 (1.32) | 0.58 (1.86) | 116 | 2.51 | .013 | .143 | 0.28 | 0.02, 0.54 |
| 3-5 | 1.03 (1.32) | 0.85 (1.48) | 116 | 1.22 | .226 | 1 | 0.13 | -0.13, 0.39 |
| 3-6 | 1.03 (1.32) | 1.22 (1.35) | 116 | 1.41 | .162 | 1 | -0.14 | -0.40, 0.12 |
| 4-5 | 0.58 (1.86) | 0.85 (1.48) | 116 | 2.78 | .006 | .078 | -0.16 | -0.42, 0.10 |
| 4-6 | 0.58 (1.86) | 1.22 (1.35) | 116 | 3.98 | < .001 | < .001 | -0.39 | -0.65, -0.13 |
| 5-6 | 0.85 (1.48) | 1.22 (1.35) | 116 | 2.79 | .006 | .078 | -0.26 | -0.52, -0.00 |

*Note*: both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.

## Supplementary Table 2

*Mean valence ratings (SD) and paired-sample t-tests for all time point contrasts.*

**Valence**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Time points contrasts | First contrast (SD) | Second contrast (SD) | *df* | |*t*| | *p* | *p* corrected | *d* | *d* 95% CI |
| 1-2 | 1.95 (1.04) | 1.86 (1.22) | 116 | 0.74 | .458 | 1 | 0.08 | -0.18, 0.33 |
| 1-3 | 1.95 (1.04) | 1.92 (0.96) | 116 | 0.28 | .777 | 1 | 0.03 | -0.23, 0.28 |
| 1-4 | 1.95 (1.04) | 0.63 (2.44) | 116 | 5.77 | < .001 | < .001 | 0.70 | 0.44, 0.97 |
| 1-5 | 1.95 (1.04) | 1.03 (1.99) | 116 | 4.98 | < .001 | < .001 | 0.58 | 0.31, 0.84 |
| 1-6 | 1.95 (1.04) | 1.39 (1.51) | 116 | 3.92 | < .001 | < .001 | 0.43 | 0.17, 0.69 |
| 2-3 | 1.86 (1.22) | 1.92 (0.96) | 116 | 0.72 | .470 | 1 | -0.05 | -0.31, 0.20 |
| 2-4 | 1.86 (1.22) | 0.63 (2.44) | 116 | 5.21 | < .001 | < .001 | 0.64 | 0.37, 0.90 |
| 2-5 | 1.86 (1.22) | 1.03 (1.99) | 116 | 4.31 | < .001 | < .001 | 0.50 | 0.24, 0.76 |
| 2-6 | 1.86 (1.22) | 1.39 (1.51) | 116 | 3.03 | .003 | .042 | 0.34 | 0.08, 0.60 |
| 3-4 | 1.92 (0.96) | 0.63 (2.44) | 116 | 5.6 | < .001 | < .001 | 0.70 | 0.43, 0.96 |
| 3-5 | 1.92 (0.96) | 1.03 (1.99) | 116 | 4.81 | < .001 | < .001 | 0.57 | 0.31, 0.83 |
| 3-6 | 1.92 (0.96) | 1.39 (1.51) | 116 | 3.64 | < .001 | < .001 | 0.42 | 0.16, 0.68 |
| 4-5 | 0.63 (2.44) | 1.03 (1.99) | 116 | 3.68 | < .001 | < .001 | -0.18 | -0.44, 0.08 |
| 4-6 | 0.63 (2.44) | 1.39 (1.51) | 116 | 4.47 | < .001 | < .001 | -0.37 | -0.63, -0.11 |
| 5-6 | 1.03 (1.99) | 1.39 (1.51) | 116 | 3.13 | .002 | .030 | -0.20 | -0.46, 0.06 |

*Note*: both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.

## Supplementary Table 3

*Mean arousal and valence ratings (SD) and associated between-subject t-tests for all time points.*

**Arousal**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Time point | Excited (SD) | Sad (SD) | *df* | |*t*| | *p* | *p* corrected | *d* | *d* 95% CI |
| 1 | 1.09 (1.38) | 0.65 (1.54) | 115 | 1.62 | .054 | .162 | 0.30 | -0.07, 0.67 |
| 2 | 1.47 (1.36) | 1.23 (1.39) | 115 | 0.94 | .174 | .324 | 0.17 | -0.19, 0.54 |
| 3 | 1.16 (1.37) | 0.92 (1.27) | 115 | 0.99 | .162 | .324 | 0.18 | -0.18, 0.55 |
| 4 | 1.82 (1.59) | -0.60 (1.22) | 115 | 9.26 | < .001 | < .001 | 1.71 | 1.28, 2.14 |
| 5 | 1.74 (1.28) | 0.02 (1.13) | 115 | 7.74 | < .001 | < .001 | 1.43 | 1.02, 1.84 |
| 6 | 1.54 (1.27) | 0.92 (1.37) | 115 | 2.57 | .006 | .024 | 0.47 | 0.10, 0.85 |

**Valence**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Time point | Excited (SD) | Sad (SD) | *df* | |*t*| | *p* | *p* corrected | *d* | *d* 95% CI |
| 1 | 2.00 (1.00) | 1.90 (1.08) | 114.9 | 0.52 | .302 | .906 | 0.10 | -0.27, 0.46 |
| 2 | 1.86 (1.14) | 1.87 (1.31) | 114.2 | 0.03 | .512 | .940 | -0.01 | -0.37, 0.36 |
| 3 | 1.93 (0.88) | 1.92 (1.03) | 113.8 | 0.07 | .470 | .940 | 0.01 | -0.35, 0.38 |
| 4 | 2.79 (0.77) | -1.42 (1.55) | 87.47 | 18.67 | < .001 | < .001 | 3.40 | 2.83, 3.97 |
| 5 | 2.56 (0.85) | -0.42 (1.65) | 88.97 | 12.38 | < .001 | < .001 | 2.25 | 1.79, 2.72 |
| 6 | 2.30 (0.94) | 0.53 (1.44) | 102.3 | 7.86 | < .001 | < .001 | 1.44 | 1.03, 1.85 |

*Note*: *df*-values were corrected (Welch’s approximation) in case of a violation of the assumption of homogeneity of variances. Moreover, both uncorrected and Holm-corrected (for multiple comparisons) *p*-values are reported.