Acceptance test

Workout

Create your own workout.
Create a new workout and enter the name of it. Selects which exercises you want in it then save it. Verify that it appears in the list with exercises.

Edit your exercises
Select to edit your workout (in either way), check exercises you want and uncheck those you don't want and click save, and when you see the list of workouts click on your workout name. Verify that the correct exercises appear in the list.

Perform a workout
Click on a workout in the list of workouts. Press "Start" to start doing the workout. Verify that you can enter repetitions and weight for dynamic exercises, time (min and sec) and weight for static exercises and finally time and distance for cardio exercises.

See last sets from last time
Select to perform the same workout, verify that your result from last time is visible when you register your new results for each exercise.

Exercise

Add new exercise
Select to add a new exercise, enter any information about type/muscle, information etc and then save it.
Verify that the exercise is in the list with all exercises.

Edit exercises
Select to edit your exercise, change the information you want to change and save it. Select to edit it again and verify that the information has been saved.

Misc.

See your history
Select to view the history, verify that the workouts you just performed is visible in the list (recently performed is at the top).

Change desired units
Go to the settings menu and change the weight and distance units. Select to perform a workout and register exercise results, verify that the correct units is used when displaying distance and weight.