MPL Experiment 4

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AIM-To apply navigation, routing and gestures in Flutter App

THEORY-

Navigation in Flutter allows users to move between different screens (or pages) in the app. Flutter uses the Navigator widget to handle navigation between routes (screens).

Types of Navigation

- Push Navigation (Forward Navigation) → Moves to a new screen.
- Pop Navigation (Backward Navigation) → Moves back to the previous screen.
- PushReplacement \rightarrow Replaces the current screen with a new one.
- PushAndRemoveUntil → Moves to a new screen and removes previous screens from the stack.

Routing in Flutter manages different screens in the app. It helps organize and structure navigation efficiently.

Types of Routing

- 1. Direct Route Navigation (MaterialPageRoute)-Used for simple page-topage navigation.
- 2. Named Routes (Predefined Routes in main.dart)-Defined in the MaterialApp widget and used throughout the app.

Flutter uses the GestureDetector widget to detect user interactions like taps, swipes, pinches, and long presses. This is essential for making an app interactive.

Common Gestures & Their Uses:

- Tap \rightarrow Detects simple taps on a widget.
- Double Tap → Recognizes double-clicking.
- Long Press \rightarrow Triggers an action when the user presses and holds.
- Swipe (Drag) → Detects horizontal or vertical dragging.
- Pinch (Zoom In/Out) → Detects two-finger pinch for zooming.

SYNTAX Navigator Navigator.push(context, MaterialPageRoute(builder: (context) => SecondPage()),); Navigator.pushReplacement(context, MaterialPageRoute(builder: (context) => NewPage()),); Routing void main() { runApp(MaterialApp(initialRoute: '/', routes: { '/': (context) => HomePage(), '/profile': (context) => ProfilePage(), **}**,));

```
Gestures
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```
GestureDetector( onTap:
      print("Widget
() {
Tapped!");
 },
 child:
           Container(
width: 100,
               height:
100,
                color:
Colors.blue,
 ),
);
Widget Properties Navigator context \rightarrow The current
build context for navigation.
MaterialPageRoute → Creates a transition animation between pages.
builder \rightarrow Defines the widget to navigate to.
Navigator.push() \rightarrow Pushes a new screen on top of the stack.
Navigator.pop() \rightarrow Removes the top screen and goes back.
Navigator.pushReplacement() → Replaces the current screen with a new one.
Routing initialRoute → Sets the first screen when the
app starts.
routes → Defines a map of route names and corresponding widgets.
Navigator.pushNamed() → Navigates using a predefined route.
Navigator.pop() \rightarrow Closes the current screen and returns to the previous one.
```

Gestures on Double Tap \rightarrow Detects a double tap.

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onLongPress → Detects when the user presses and holds.

onHorizontalDragStart → Detects when a horizontal drag begins.

onHorizontalDragUpdate → Detects movement during a horizontal drag.

onHorizontalDragEnd → Detects when a horizontal drag stops.
```

CODE

},

OUTPUT

← Chest

Select Level V







← Bench Press



Bench Press

- Lie back on a flat bench. Using a medium width grip, lift the bar from the rack and hold it straight over you with your arms locked. This will be your starting position.
- From the starting position, breathe in and begin coming down slowly until the bar touches your middle chest.
- 3) After a brief pause, push the bar back to the starting position as you breathe out.

Equipment Required

Barbell, Bench , Plate, Lock

Target Muscle

Chest, Shoulder, Triceps



When clicked on introduction of widget

CODE

OUTPUT:



