

Echoes of Economic Downturn: Investigating the Persistent Impact of the Great Recession on Birth Rates Among Young Americans*

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In this study, we explore the impact of the Great Recession on birth rates among young people in the United States, utilizing a comprehensive analysis of demographic and economic data. Our findings reveal a significant decline in birth rates within this group during and following the economic downturn, highlighting the intricate relationship between economic stability and reproductive decisions. This research contributes to our understanding of how macroeconomic factors can have profound effects on personal life choices, emphasizing the need for supportive policies targeting young individuals during economic crises.

Table of contents

1	Introduction	2
2	Data	3
2.1	Source	3
2.2	Methodology	3
2.3	Variables	3
2.4	Measurements	3
3	Results	4
4	Discussion	6
4.1	Findings	6

*Code and data are available at: <https://github.com/leoyliu/Analyzing-the-Great-Recession-s-Impact-on-Young-Americans-Birth-Rates/tree/main>. A replication of various aspects in this paper are available at: <https://doi.org/10.48152/ssrp-srs6-t802>

4.2	Economic Impact Insights	6
4.3	Societal and Technological Influences	6
4.4	Weaknesses	6
4.5	Future Research Directions	6
5	References	7

1 Introduction

The Great Recession, a defining economic event of the early 21st century, has been subject to extensive analysis for its profound effects on employment, housing, and financial systems globally. However, its impact on demographic trends, particularly birth rates among young people in the United States, has not been thoroughly explored. This paper aims to fill this gap by examining how the economic downturn influenced reproductive decisions among this demographic.

Utilizing a blend of quantitative data analysis and demographic research, we investigated birth rate trends among young adults during and following the recessionary period. Our methodology involved analyzing birth rate data in conjunction with economic indicators such as unemployment rates, income levels, and housing market trends to draw correlations and insights.

Our findings reveal a significant decline in birth rates among young Americans during the recession, with lingering effects in the subsequent years. This trend suggests that economic instability has a profound impact on personal life choices, including the decision to have children. The implications of these findings are far-reaching, affecting not only demographic forecasting but also social policy and economic recovery strategies.

The paper is structured to facilitate a comprehensive understanding of the study and its implications. Following Section 1, Section 2 presents the data, detailing the data sources, analytical techniques, and the rationale behind the chosen methods. Section 3 discusses the results, elaborating on the observed trends and patterns in birth rate data. Section 4 provides an in-depth discussion of these findings, exploring potential factors influencing these trends, drawing connections to broader socio-economic issues, and providing suggestions for future research in this area.

2 Data

This section aims to offer an insightful understanding of the dataset utilized in our analysis, focusing on its content, origin, and the methods applied for data manipulation and visualization.

2.1 Source

// TODO: Add explanation for source

Although alternative datasets were considered, this specific dataset was selected for its detailed year-wise breakdown and diversity. Other datasets either lacked the temporal detail or variety present in our chosen dataset.

2.2 Methodology

// TODO: Add methodology for cleaning data The data was processed and cleaned using R(R Core Team 2020), a powerful statistical programming language. For key operations, please refer to the [?@sec-appendix](#).

2.3 Variables

To better understand the data, the `summary_table` dataset was developed to offer a more structured and aggregated view of the birth rate data. By transforming and summarizing the data into a format that displays birth rate against years, this dataset simplifies the task of identifying and analyzing trends over time.

TODO: Add a table here to better understand the data.

// Visualization of the data for intuition

Figure 1, reflecting the trend in birth rates in America over time, captures a significant decline in birth rates commencing around the onset of the Great Recession in 2007-2008. According to Kearney et al. (2022), the economic stress associated with the Great Recession contributed to a marked downturn in birth rates, with a 7.2 percent drop from 68.1 to 63.2 births per 1,000 women observed between 2008 and 2011. This visual representation is particularly striking as it indicates a sharp and sustained decrease in birth rates coinciding with and following the Great Recession, without a subsequent recovery to pre-recession levels.

2.4 Measurements

// TODO: Add a summary table to show measurements

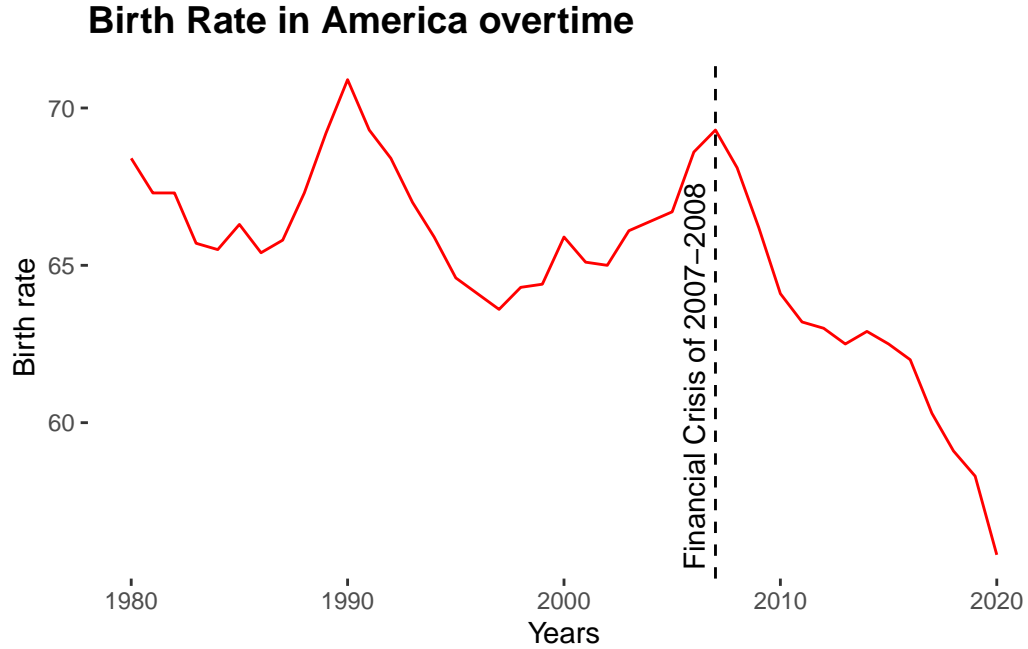


Figure 1: Trends in Birth Rate in US

3 Results

In this section, we delve into the core findings of our study, shedding light on the intricate patterns and trends of birth rate in US.

Figure 2 displays the birth rates segmented by age groups in the US from 1980 to 2020. Each line represents a different age bracket, showing distinct trends over time. The age groups range from 15-19 up to 40-44 years old. It is evident that the younger age groups experienced a decline in birth rates after 2007, the year marked as the beginning of the Great Recession. Notably, the youngest age group, 15-19, had a significant decrease from rates that were once the highest among the groups. In contrast, the 40-44 age group maintained the lowest birth rates throughout and saw a steady slow increase.

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Figure 3 portrays the change in birth rates by state across the United States over the period from 2004–2008 to 2015–2019, avoiding the immediate effects of the Great Recession by focusing on the periods before and after its main impact. The map’s color gradient, which darkens with more significant decreases in birth rates, shows substantial variation across states. While the decline is widespread, some states, notably in the South, West, and in certain Southwestern and Mountain states, exhibit more significant decreases.

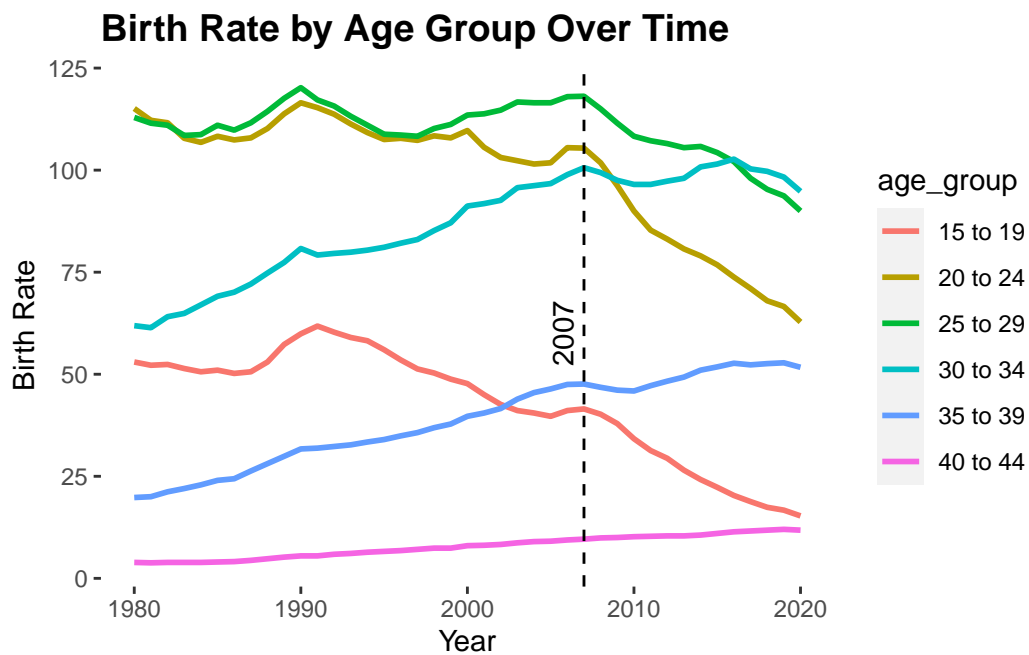


Figure 2: Trends in Birth Rate Among Young People in US

Change in Birth Rate by State Over Time

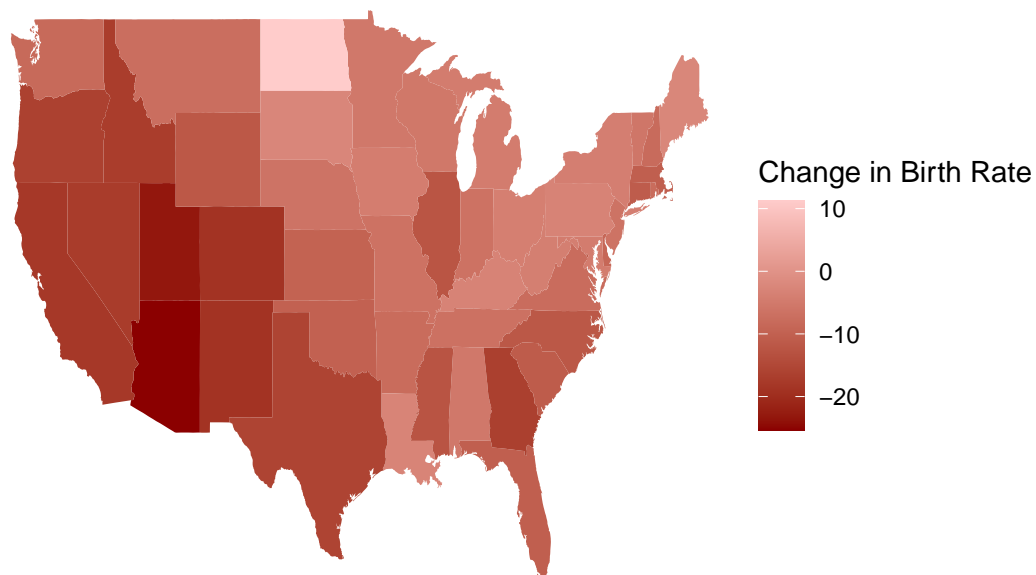


Figure 3: Demograph

4 Discussion

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4.1 Findings

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4.2 Economic Impact Insights

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4.3 Societal and Technological Influences

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4.4 Weaknesses

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4.5 Future Research Directions

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5 References

R Core Team. 2020. *R: A Language and Environment for Statistical Computing*. Vienna, Austria: R Foundation for Statistical Computing. <https://www.R-project.org/>.