

ALCOHOL RESOURCES

Last Updated:
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■ Intensive Outpatient Drug & Alcohol Treatment by ADAPT

- Outpatient program involving counseling, relapse prevention, discharge planning, etc.
- Eligibility: Any individual/family affected by substance abuse
- Call **855-862-3278** for next steps
- Open MWTh 8am - 5pm; locations in Houston, Manvel, Angleton

■ Online Alcohol Treatment by Monument

- Physician consultations via telehealth, virtual therapy, medication options
- Eligibility: Must be 17 years or older
- Go to <https://joinmonument.com> to register and schedule services
- Available 24/7

■ Substance Use Disorder Program

- Outpatient and residential treatment options for veterans struggling with substance use
- Eligibility: Veterans of active military, naval or air service (specific requirements for Reserves and National Guard)
- Call **800-273-8255** for next steps or apply at <https://www.va.gov/health-care/how-to-apply/>
- Houston location open 24/7

■ Alternative Substance Abuse Treatment Program

- Involves **free** counseling, educational + medical referrals, support groups (gender-specific groups + Spanish groups available)
- Eligibility: Anyone attempting to recover from substance use disorders
- Call **713-754-7010** to schedule an appointment
- Open M-F 8am - 5pm; locations in Houston, Brookshire, Hempstead

■ Residential Drug Treatment Program

- Residential treatment for 30 or 60 day periods
- Eligibility: Must be at least 18yo, medically stable, and must desire treatment
- Call **855-862-3278** for next steps
- Open M-F 8am - 5pm; location in Freeport

■ 12 Step Recovery by Lambda Center Houston

- 12 step daily or weekly recovery services for LGBTQ+ individuals and allies struggling with addiction; \$20/month membership fee
- Eligibility: Must be LGBTQ+ or an ally
- Call **713-521-1243** for more info or visit <https://lambdahouston.com>
- Open all week; hours vary by day



For more resources, please consult
<https://harrishealthcares.org/>

