(Last Updated: 10/4/2024

MENTAL HEALTH



Counseling by Healthcare for the Homeless Houston

Provides:

· Individual counseling

Eligibility: All ages, Homeless or near

homeless **Cost**: FREE

CONTACT INFO/LOCATION:

CALL 713-286-6000

1934 Caroline St Houston, TX 77002

https://www.homelesshealthcare.org/shelter-clinics

Project Shalom

Provides:

- Individual/Group/family counseling
- Support groups
- Meals and recreation

Eligibility: Teens, Adults, Seniors

Cost: FREE

CONTACT INFO/LOCATION:

CALL 713-667-9336

4131 S BRAESWOOD BOULEVARD HOUSTON, TX 77025 (M-F 8AM-5PM)

https://www.alexanderjfs.org

Texas Mental Health Program for Veterans

Provides:

- Mental health care
- Counseling
- Substance abuse counseling

Eligibility: Must be a veteran

Cost: Free

CONTACT INFO/LOCATION:

CALL 832-203-1626

1418 PRESTON ST HOUSTON, TX

77002

https://usvets.org

Counseling Services by Houston Area Women's Center

Provides:

- · Individual counseling
- Group counseling and support groups
- Accompaniment to law enforcement

Eligibility: All ages, domestic violence or sexual

assault survivors

Cost: FREE

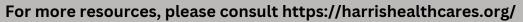
CONTACT INFO/LOCATION:

CALL 713-528-2121

1010 WAUGH DRIVE HOUSTON, TX 77019

https://hawc.org/counseling/





Resources curated by Baylor College of Medicine -Patient Discharge Initiative (BCM-PDI) Volunteers

